

LOCAL AUTHOR/SPEAKER



DAVID GREENWOOD

Author of "Overcoming Distractions - thriving with Adult ADHD"

Successful businesspeople and entrepreneurs with ADHD stay successful in business and in life and thrive, even using their ADHD to their advantage.

One can learn to develop a solid foundation to live by with ways to implement these core strategies in their life, whether having ADHD or not.

Tuesday, December 6, 2016

6:00 PM, at the Portuguese Club, 13 Port Street, Hudson, MA

Rotary



"Sponsored by the Hudson Rotary Club"

The general public is welcome to attend all weekly meetings of the Hudson Rotary Club to hear our speakers at no charge (meals & beverages extra - reservations highly recommended)

ABOUT DAVID GREENWOOD

DAVID GREENWOOD lives in Hudson Mass. with his wife and son and is the author of the new book, "*Overcoming Distractions, thriving with Adult ADHD*". As a kid, David was hyperactive, unfocused and faced many academic challenges in school; flunking out freshman year at a vocational high school- a clear case of ADHD.

An entrepreneur at heart, he owns Street Smart PR/Video, a small public relations and video marketing firm. And if you ever wanted to write your own book but didn't have the time, David can also serve as your ghostwriter as he has been involved in hundreds of writing projects. Over the years, David has owned other small businesses including a karate school, as well as a popular restaurant in suburban Boston. With the exception of 12 years, he has always been self-employed.

David interviewed several entrepreneurs and professionals that have ADHD and gained valuable insight and tips on what it takes to lead a fulfilling life as an adult with ADHD. In writing "*Overcoming Distractions*", he set out to find others who also felt that ADHD was in fact a gift if managed properly. David has always been driven to create his own path to success and he wanted to tell the stories of other successful people with ADHD. *For more info, go to www.davidagreenwood.com.*

The Hudson Rotary Club meets weekly on Tuesdays from 6:00-7:15 pm at The Portuguese Club at 13 Port Street in Hudson. Meetings are open to the general public (free of charge - meals & beverages extra-reservations recommended).

Check us out on Facebook for a list of upcoming speakers at www.facebook.com/HudsonRotaryClub.

For more information regarding being a speaker, membership, or our upcoming projects, contact club PR chair Justin Provencher at (978) 618-4382 or jprovencher25@gmail.com.



Rotary brings together a global network of 1.2 million members from more than 200 countries and geographical areas who dedicate their time and talent to tackle the world's most pressing humanitarian challenges. Their work impacts lives at both the local and international levels, from helping families in need in their own communities to working toward a polio-free world. Rotarians contribute their time, energy and passion to sustainable, long-term projects in local communities across the globe. Projects focus on important issues like peace and conflict resolution, disease prevention and treatment, water and sanitation, maternal and child health, basic education and literacy and economic and community development. Find more information about Rotary International online at www.rotary.org.

