

SALAD DRESSING

1 small Persian cucumber, diced
1½ tbsp plant-based milk or water
1/4 ripe avocado, sliced
3 tbsp assorted chopped fresh herbs
1 stalk scallion
1 clove garlic
1/8 tsp white pepper
1/2 fresh or 2 Tbsp. bottled lemon juice

Instructions:

In a small blender add the diced cucumber, milk, avocado, herbs, scallion garlic, pepper and lemon juice. Process until smooth. Keep aside to serve with salad. (Keep left over dressing in refrigerator in a sealed container).

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