## Your Ideas Needed for a Youth Monthly Forum Rotary District 7910

## Calling all Interact, RYLA attendees, Rotaract and Exchange Students! We need your ideas!

## Topics for Youth to discuss in an online guided format:

- How has COVID affected your plans and your goals?
- How have you dealt with the stress and continued to stay positive?
- How did COVID affect your summer?
- When would be a good time to start the Forum and at what time of day?

Please send your ideas to Sharon Spaulding at ses@spauldingco.com

(Sharon will provide the information to DG Diana Nestorova)

HOTE

Moving through a challenge



Skills to keep with you forever

RESILIENCE