



The Latest News Australian Rotary Health

PhD Scholarship Applications Closing Soon



Our Funding Partner PhD Scholarship applications are closing this **Friday December 1**.

25 scholarships advertised in a range of health areas, including mental health of young Australians, migraines, Parkinson's disease, dementia, heart muscle research, PTSD, and more.

Don't miss out on this amazing opportunity!

Apply Today

All Ready To Muster With Avida!



[Avida](#) has been kind enough to loan us a Birdsville motorhome C7436 for our Tasmanian Muster adventures!

Join us from **Sunday February 4 to Sunday February 25** around Tasmania for #MusterDrive8, as we create awareness of youth mental health issues in local communities and raise money for vital research.

You are also invited to come along to a BBQ at Avida Hobart on **Saturday February 17** between 11am-2pm. For further details contact Terry Davies on **(02) 8837 1900** or terry@arh.org.au

ABOUT MUSTER 4 MENTAL HEALTH

The Muster for Mental Health is an initiative of Australian Rotary Health focussing on mental health and emphasising youth issues.

- Enjoy three weeks of spectacular scenery, great fun and fellowship travelling for a great cause.
- Join with friends or make new friends as you discover the hidden beauty of Tasmania.
- Take the opportunity to learn more about mental health by attending some of the forums to be held in different regions of Tasmania.
- Any funds raised will be used for mental health research through Australian Rotary Health.



SCHEDULE & EVENTS

*FORUM #5 HELD IN QUEENSTOWN

DAY	DATE	TRAVEL FROM	TRAVEL TO	EVENT	MUSTER POINT	CARAVAN SITE
1	SUNDAY 4 TH FEBRUARY 2018	-	DELORAINÉ	-	DELORAINÉ	DELORAINÉ
2	MONDAY 5 TH FEBRUARY 2018	-	-	FORUM #1	-	DELORAINÉ
3	TUESDAY 6 TH FEBRUARY 2018	DELORAINÉ	BEAUTY POINT	-	BEAUTY POINT	BEAUTY POINT
4	WEDNESDAY 7 TH FEBRUARY 2018	-	-	-	-	BEAUTY POINT
5	THURSDAY 8 TH FEBRUARY 2018	-	-	FORUM #2	-	BEAUTY POINT
6	FRIDAY 9 TH FEBRUARY 2018	BEAUTY POINT	ST HELENS	-	ST HELENS	ST HELENS
7	SATURDAY 10 TH FEBRUARY 2018	-	-	FORUM #3	-	ST HELENS
8	SUNDAY 11 TH FEBRUARY 2018	ST HELENS	ORFORD	-	ORFORD	ORFORD
9	MONDAY 12 TH FEBRUARY 2018	ORFORD	PORT ARTHUR	-	PORT ARTHUR	PORT ARTHUR
10	TUESDAY 13 TH FEBRUARY 2018	-	-	-	-	PORT ARTHUR
11	WEDNESDAY 14 TH FEBRUARY 2018	PORT ARTHUR	CAMBRIDGE	-	CAMBRIDGE	HOBART AIRPORT
12	THURSDAY 15 TH FEBRUARY 2018	-	-	-	-	HOBART AIRPORT
13	FRIDAY 16 TH FEBRUARY 2018	-	-	-	HUON	RANELAGH
14	SATURDAY 17 TH FEBRUARY 2018	-	-	FORUM #4	DU POINT	DU POINT (MARGATE)
15	SUNDAY 18 TH FEBRUARY 2018	-	-	-	-	DU POINT (MARGATE)
16	MONDAY 19 TH FEBRUARY 2018	HUON	STRAHAN	FORUM #5*	STRAHAN	STRAHAN
17	TUESDAY 20 TH FEBRUARY 2018	-	-	-	-	STRAHAN
18	WEDNESDAY 21 ST FEBRUARY 2018	STRAHAN	SMITHTON	-	SMITHTON	SMITHTON
19	THURSDAY 22 ND FEBRUARY 2018	-	-	FORUM #6	-	SMITHTON
20	FRIDAY 23 RD FEBRUARY 2018	SMITHTON	ULVERSTONE	FORUM #7	ULVERSTONE	ULVERSTONE
21	SATURDAY 24 TH FEBRUARY 2018	-	-	FAREWELL	-	ULVERSTONE
22	SUNDAY 25 TH FEBRUARY 2018	-	-	BREAKFAST	-	ULVERSTONE

Plan Your Trip

**Encouraging Rotarians to Use Humanitix for
Online Event Bookings**



Rotarians can receive a special offer if they use [Humanitix](#) for online event bookings. The fees you pay will also be donated to Australian Rotary Health, if you nominate us as your chosen charity!

[Find Out More](#)

Check Out Our 2016-2017 Annual Report



In case you missed it, here is what Australian Rotary Health has been doing over the past year to support healthier minds, bodies and communities through research, awareness and education.

To request a hard copy of the 2016-2017 Annual Report, contact the ARH office on **(02) 8837 1900** or admin@arh.org.au.

[Digital Copy Here](#)

Wakerley Carols 2017



Wakerley Carols 2017 is on this **Saturday December 2** in Brisbane.

Organised by Port of Brisbane Rotary Club, the free community event will include tasty treats, live music, arts & crafts and rides, leading into an evening of Christmas carols and a fireworks finale.

Funds raised from the event will be donated to research through Australian Rotary Health.



Wakerley Carols 2015. Photo by Mark Button Photography

Find Out More

Rural Nursing Scholar Spotlight



Annie Banks is one of our Rotary Club of Sale Rural Nursing Scholarship recipients.

"The diversity I am sure to experience, the opportunities for autonomy whilst working within a supportive community and the focus on patient education are all aspects that led me to pursue a career in rural nursing."

[Read Annie's Story](#)

ANZAC Centenary Tribute Show Receives Community Support



Concert-goers were taken back to World War 1 on **Sunday November 19**, when the Rotary Club of Seymour and Seymour RSL Club put on an ANZAC Centenary Tribute Show at the local Community Arts Centre.

Almost \$4,000 was raised for PTSD research through Australian Rotary Health.

[Read More](#)

Rotary Bowelscan Program Ends



A shout out to the [Rotary Club of Taree](#) who have done some fantastic work through their Bowelscan program over 32 years.

Through the Bowelscan Committee, a total of \$416,881 was donated to Australian Rotary Health to provide 12 PhD research scholarships into bowel cancer.

[Article Here](#)

ADOPT
A SCIENTIST



Adopt a Scientist is part of our Lift the Lid on Mental Illness campaign. Individuals can Adopt a Scientist from a number of areas of mental health research – from depression and anxiety to eating disorders and everything in between.

Contributions go into a total research fund that then gets allocated to grants across the spectrum of mental health issues.

[Learn More](#)

Any ARH Fundraising Events Coming up in 2018?



Do you have plans to support Australian Rotary Health in 2018? We would love to hear all about your upcoming events so we can help promote them!

We are very appreciative of all the hard work of our Rotarians and members of the wider community, and would love to acknowledge this in our promotions.

Please don't hesitate to contact us if anything comes up.

Send your tips to: news@arh.org.au.

We would also love to feature Rotarians in a new Australian Rotary Health video. Contact the email address above to find out more.



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You're receiving this email because you are keen to see recent research and programs Australian Rotary Health is making happen in the area of Mental Health and other General Health issues, including Rural and Indigenous Health.

Our mailing address is:
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