



# STUDENT INFORMATION

for the

## 5-Day 2018 Rotary Youth Development Voyage

**Commencing Sun 30<sup>th</sup> Sept returning Thurs 4<sup>th</sup> Oct**

The One and All will depart from Port Adelaide on Sunday morning on a 5 day training voyage .The vessel will sail down Gulf St Vincent into Investigator Strait and along some of the northern coast of Kangaroo Island. Weather permitting the vessel's zodiacs will take the students ashore for a beach visit before the return trip to Port Adelaide. The vessel will probably take a somewhat different route returning to Port Adelaide on Thursday afternoon. (Exact departure and return times and locations will be given closer to the time of the voyage as they are dependent on the Port River Expressway Bridge opening schedule)

All Rotary students will be allocated a Rotary club and a Rotarian to be their mentor. The Club mentor will meet and get to know their student and be at the wharf to see them depart on the Sunday morning and greet them on their return Thursday afternoon. Some students beside their Rotary Club attachment will also be connected to a corporate Rotary sponsor, a business which sees the value to the community and the individual student participating in a *One & All* training voyage and is assisting Rotary with the program.

On returning the student will be expected to make a 20 minute presentation to their Rotary Club at one of the club's meetings about their experiences and what they gained from the voyage. If applicable this student may also be asked to give a similar presentation to their corporate sponsor.

**ROTARY YOUTH SAILING**



**ONE & ALL PROGRAM**

**The start of a journey of discovery...**



*".....Imagine being at the wheel of a tall ship, under a night sky, the ship surging over the waves and wind in the sails. Join the crew in the workings of the ship, keeping watches at sea, handling sails and much more. No sailing experience is necessary, as the crew will teach you the "ropes". A **youth development voyage** is packed with adventure so you can push your limits and gain rewards in overcoming the challenges, create new friendships and fun!"*



## **What is a Rotary Youth Development Voyage?**

Sailing aboard the sail training vessel *One & All* on a 5-day training voyage is a dynamic personal development experience during which lifelong skills are learnt through challenge and adventure. It is an intensive work and social experience, where trainees are presented with the challenge of acquiring skills needed to operate a Tall Ship, safely, at sea. Meeting these challenges conveys a sense of achievement and self-worth.

The program's objectives are to develop:

- self-esteem through confidence and a healthier respect for one's self
- sensitivity to others as well as the physical environment
- team skills through an awareness of the inter-dependent nature of a community at sea under sail
- maturity gained by a positive attitude, self-discipline and the setting and achieving of goals
- a respect for the power of the sea and nature and the understanding this is power we cannot master but must work with.

Key elements one cannot walk away from are the challenges presented by the sea. Meeting these challenges is a highly motivating experience.

The trainees selected for each voyage reflect a broad cross section of the community. Trainees become part of the crew, joining one of the three watches tasked with keeping the ship operational 24 hours a day.

A STV *One & All* Officer and a Watch Leader lead each watch; their objective is to enable the trainees to learn the skills necessary to sail and safely operate the ship. These skills include sail handling, basic navigation, cleaning, assisting with cooking, steering the ship, standing watches, setting sails and going aloft to unfurl sails, amongst many others. These skills are passed on by the creation of a learning environment where the leadership skills and example of the training crew can be safely passed on.

The Training Crew's ultimate objective for the last two days at sea is to pass on to the trainees the responsibility of operating the ship and taking command of the ship while the permanent crew keep a watchful eye but only step in if really necessary. Safety is paramount on board and this is reflected in the ship's excellent record. Full body harnesses are worn whenever the trainees are on watch, and they are clipped onto a safety system whenever there is rough weather or they leave the deck. Wet weather gear is also provided.

## **About The *One & All***

The STV *One & All* carries a Class 1A Certificate of Survey issued by the Australian Maritime Safety Authority and instruction is provided by our professional crew, including Captain, Chief Officer, Second Officer, Engineer, three Watch Leaders, Bosun and Cook supplemented with experienced volunteers.



## **About The One & All continued**

The *One & All* is owned and maintained by the South Australian government and operated by the Friends of the *One & All* Sailing Ship Inc. This is a registered not-for-profit community organization whose members are dedicated to the operation of South Australia's sailing tall ship, STV *One & All*. Their aim is to support the continued activities of the ship and maximize the benefits the ship brings to people of South Australia, and across the wider Australian community. The biggest impact the ship can bring is from our youth development voyage programs.

Catherine Rogers BBSoc. recently completed a thesis evaluating Youth Development Sail Training aboard the *One & All*, for her Honors Degree in Behavioural Science at Flinders University. This is an extract from her Summary:

*"It was found that the Program provided the framework for personal development through participant interaction with the sailing environment. Participants were responsible not only for themselves, but for the care and safety of others; thus the intensity of the interdependent community led to a strong social experience. Key elements in the success of the Programme included the restricted physical environment and hence the inability to walk away, the development of the learning environment by the crew, and specifically the recruitment of crew through the volunteer association, thereby selecting for enthusiastic, committed people with the personality types most suited to facilitation and guidance."*

Rotary Youth Development Voyages are available to all students who are 15 to under 19 years of age. Youth Development Voyages have proven to be of great benefit to students whose schooling is affected because they are low in self-confidence and/or have a tendency to be shy and retiring.

**Note: a youth on the ship is referred to a trainee**

## **The Extra Benefits...**

### **Duke of Edinburgh Award**

The successful completion of a 5-day youth development voyage on the *One & All* will count towards a Duke of Edinburgh Award. This Award will gain SACE credits in a schooling year. The Duke of Edinburgh Award is nationally & internationally recognised by employers as an indicator of a young person's commitment to the activities undertaken, the community and their thorough and conscientious approach to tasks.



## **Life after a Voyage**

The *One & All* invites and encourages all trainee graduates to utilize their experiences and the skills they have gained by becoming volunteer crew themselves. This is a great way to pass on what they have learnt to others in their age group. We have regular training days to enable graduate trainees to gain extra skills to step up to be an assistant watch leader. Their sea time will be recorded and count should they later look for a career in the maritime industry. An added benefit to volunteering on the *One & All* is that it looks great on a CV when applying to schools, colleges and universities and in the future for jobs.

Rotary will pay all of the voyage costs for selected students. All applicants, however, are required to pay a \$25 applications fee (refundable if you are not selected). In addition to the cost of the actual voyage, Rotary sponsorship also includes the cost of

- all meals and accommodation on board
- *STV One and All* Voyage Handbook
- sail handling, navigation & ship husbandry training
- use of heavy wet weather clothing protection and safety harnesses
- event shirt
- Achievement Award certificate presented on the deck of ship at end of voyage

## **Are you up to the Challenge?**

Rotary is looking to sponsor young people 15 to under 19 years of age who on the recommendation of someone who knows them well, e.g. a teacher, a sporting coach, a scout or similar leader believes they are

- ) a young person who will benefit significantly from the challenging experience
- ) someone who without sponsorship would not have been able to participate
- ) a young person who has not previously been on a *One & All* development voyage.

## **What is the Next Step?**

If you feel you comply with the requirements –

- ) approach a person who knows you well and ask them to recommend you.
- ) Then either
  - if you know of someone in a Rotary Club in your area, ask them to see if their club will consider sponsoring you.
  - If the club agrees they will want to interview you, so do a little preparation.
  - If after the interview, the club confirms they will sponsor you, proceed to fill in the Student Application form





### **What is the Next Step? continued**

- The application form may look a little daunting but if you work through it gradually but carefully you will find it is not hard. Get a nice smiling head and shoulders photo of yourself. You may wonder why there is so much detail on the medical form but remember you will be at sea for several days cut off from doctors and hospitals. Of course in a real emergency, you could be airlifted off but if the crew and captain know all of your medical history, they will be in the best position to see you receive the most appropriate care.

Or alternatively

- if you have no contact with a Rotary Club or have been unable to secure club sponsorship, you may proceed directly to filling out the application form and tick the box asking the committee to find a club to sponsor you if they feel you are a suitable candidate.
- When the form is fully completed and signed where required, preferably have it scanned and emailed to the email address given. If you cannot find any way to scan the form, it is permissible to mail it.
- Be as early as possible submitting your application No form can be accepted after the closing date – 30 August 2018.





## **ROTARY CLUB INFORMATION AND SPONSORSHIP FORM**

for

### **Clubs Sponsoring *One & All* Youth Sailing Programs**

To be read along with STUDENT INFORMATION October 2018 Voyage

- ) **The Unique challenges and rewards a *One & All* voyage gives young people**
- ) **How the program started and what it does**
- ) **Rotarians getting an appreciation of a trainee's life on the *One & All***
- ) **In what ways can clubs become involved in this very worthwhile program?**
- ) **How best does a club connect and continue connecting with their trainee?**
- ) **Club Sponsorship Form**

**If after reading this information your club wishes to become involved, fill out and submit the Club Sponsorship Form.**

#### **For further information Contact**

**David Binks 0438 221 937**

**Bill Walsh 0427 396 258**

**Peter Hammond 0412 434 012**

**or for the RYWELL sail, Peter Gapp 08 8355 1693**

**Or use our common email address: [youthsailingexperience@gmail.com](mailto:youthsailingexperience@gmail.com)**

**The unique challenges and rewards a *One & All* voyage gives young people**

Students join the ship as trainees and are divided into watches under the guidance of an officer and a watch leader. They are required to operate the vessel safely 24 hours a day and are taught by guidance and example all of the many tasks which must be learnt to do this.

Since everything on board is done without mechanical assistance, it can only be done by teams working together. The size and power of the sails are such that in order to set and trim them, a group of trainees must work together simultaneously when a command is given. By doing this trainees not only learn to obey orders but also understand the reasons the orders are given. Discipline and teamwork -- wonderful life lessons.

There are numerous other challenges and rewards the trainees will face on the voyage. One challenge is getting out of their warm bunks in the middle of the night to go on watch. At times the deck will be bucking violently with solid sheets of spray coming across drenching them. Maintaining balance will be difficult. Countering this is the exhilaration of steering a 200 ton live sailing ship under a night sky – a sky at times brighter with billions of stars than most of them will have ever seen before -- the sight of glowing, flickering phosphorescence in the wake the vessel leaves behind as she surges forward, dolphins leaping out of the water alongside the ship as they follow her - these are some of many awe-inspiring sights the trainees will witness.

Another challenge is that of climbing the rigging to go aloft to furl sails, standing on a foot rope beneath a swaying spar some 80 feet above the sometimes turbulent ocean. Many students are afraid of heights when they come on board but peer pressure is such that all trainees on most voyages are able to conquer this fear and before the voyage is finished are able to climb to the highest point on the mast.

For many students the work of keeping the vessel clean, tidy and ship shape is a challenge they have to meet to operate the ship efficiently and safely. Sea sickness is another challenge that many will have to face. There is no more debilitating experience than seasickness but they all work through it and by the end of the voyage it is forgotten and they are keen to sail again.

On the last two days of the voyage the crew step aside and although ready to assist if necessary have the trainees sail the vessel. This involves navigating, plotting courses, deciding which sails to set and adjusting them to the wind. These challenging tasks are amongst many others they will be forced to face on board where there is no opportunity to walk away. The trainees gain an immense amount of self-confidence from their achievements during the voyage. As well, they learn teamwork, self-discipline, organisational skills and how to get along with other people — both their peers and their supervisors. Without mobile phones, the internet and many of the gadgets we have in our modern life, the marine environment brings the trainees closer to and gives them a better appreciation of the natural world. In addition to the life skills they have learned, the trainees gain the skills needed to sail a tall ship safely and in spite of working hard, they have a huge amount of fun and form close friendships. These friendships formed when young people



have to work hard together under challenging and confined conditions are often some of the strongest and most lasting they will make. The wonderful friendships made generally seem to be a highlight uppermost in many returning trainees' memories. The exercise in most instances is a life changing experience more powerful than the students could get any other way.

### **How the program started and what it does.**

The program came into being after the author Trevor Gill wrote a book, ***CASTING OFF TRADITION, Setting sail with visionary boat builder David Binks***, published by Wakefield Press. Shortly before the launch of the book by Sir James Hardy in June 2017, the author and publisher offered a percentage of the price of books sold to go to a charity of David's choice. Having spent his life involved with yachts and the sea and also being heavily connected for many years with Rotary youth programs, it was fitting that David chose to organise for Rotary to send young people on 5 day youth development voyages on South Australia's tall ship the *One & All*. David felt passionately that 5 days sailing a square rigged sailing vessel would be of immense benefit to many young people.

The program caught the imagination of Rotarians and within 5 months of the book launch a small committee of Rotarians David set up had raised some \$16,000 sufficient to send 12 students on a voyage from Adelaide to Port Lincoln in January 2018.

It costs \$1,100 to send a student on a 5 day training voyage; however book sales and other incidental income has enabled the committee to subsidise clubs. They are being asked to pay \$900 similar to the cost of RYLA and some other youth programs. Clubs are also encouraged to sell copies of the highly acclaimed book.

Interest in the program has now spread to District 9500. One of their members has joined the committee and 9500 clubs are sponsoring students along with 9520 clubs.

Corporate sponsors are now being invited to contribute funds so a greater number of Rotary students can participate in this Rotary program.

Students at risk (state wards) supported by RYWELL are unable to go on 5 day development voyages. It is, however, practical for them to go on the *One & All* for a day sail accompanied by their department carers and a number of the RYWELL committee. During this sail they are required to assist the crew operating the ship. The first RYWELL student day sail occurred late in 2017 and proved to be very successful. The cost of the day is \$300 per student including carers. In addition to sponsoring the five day voyages, the *One & All* committee is also inviting clubs to support this RYWELL initiative. The date of the next RYWELL day sail will be scheduled after sponsorships are received. Clubs will then be given full details.

### **Rotarians getting an appreciation of a trainee's life on the *One & All***

During the 2017-18 Rotary year the committee organised a Day Sail and a Twilight Cruise for Rotarians, their partners and friends to experience a little of what sailing on the *One & All* is about. These sails were a great success. The ship's cook baked continuously, plying the attendees with delicious finger food.

Some Rotary trainees from the January youth development sail were on board on each of these Rotarian cruises, working with the permanent crew, showing some of the skills they had learnt. Those who had come on board for these cruises were in awe of our trainees when they climbed aloft to furl sails. After effortlessly climbing the rigging to the height of about a 7 story building the trainees walked out on the foot ropes strung beneath the

swaying spars way up above the sea. They then grabbed handfuls of canvas and securely lashed them to the spars. Some of the Rotarians were given the opportunity to try climbing a small way up the rigging. It brought home to them just how skilful the trainees had become. When not needed to work the ship, our trainees joined some of the permanent crew handing around food and drinks and talking of their experience. The Rotarians were enthralled by stories of the fun the trainees had, the challenges they faced and the things they had learnt.

Watch for notification of more Rotarian day sails following the coming October Youth Development Sail. The announcement will be in the Herald

### **In what ways can clubs become involved in this very worthwhile program?**

There are a number of ways clubs can assist.

1. The maximum benefit a club can give a young person is to sponsor and mentor them for a 5 day development voyage on the *One & All* at a cost to the club of \$900 per student.
  - a. Ideally this can be done by a club selecting their own student. This is best done by approaching a teacher at a school the club works with or the coach of a local youth sporting team or the leader of a group like scouts and asking if they have any students they can recommend.
  - b. The criteria for students to participate in a voyage are
    - ) they are 15 to under 19 years of age
    - ) their teacher or group leader feels they will gain considerable benefit from a voyage on the *One & All*
    - ) without sponsorship it would be unlikely the student would be able to go on a *One & All* voyage
    - ) the student has not previously been on a *One & All* 5 day training voyage.
  - c. If a teacher or group leader recommends a student as being suitable, it is recommended the club interviews the student. This gives club officials the opportunity to make sure the club itself is really happy with their student and it also gives the club an opportunity to get to know the student a little better.
  - d. Once the club has selected a student, the next step is to appoint a club member as a mentor to keep in touch with and assist the student
2. Some clubs may be enthusiastic and keen to be involved in the program but are not able to find a suitable student to sponsor. These clubs can fill out the appropriate sections of the application form and the committee along with Friends of the *One & All* Inc. through contacts they have with schools will endeavour to and probably can find a suitable student. They will aim to locate a student who is living or going to school in an area not too far from the club.
  - a. Once the committee has sourced a student for the club, the club should interview the student to satisfy themselves they have a good candidate and then proceed in the same way as clubs who found their own student
3. If a club would really like to support the program but does not have sufficient funds for a full sponsorship they might like to join with another club in a similar situation and share a student and contribute \$450 each.
  - a. In this case it is important both clubs jointly interview the student to ensure they are both happy they have a suitable candidate and again both clubs get to know the student.

- b. If a club is in the situation of wanting to share with another club but has not found such a club they can apply to the committee who may be able to match them with a partner club. See appropriate section on the Club Application Form
  - c. Each club should appoint a member as a mentor to enable both clubs to assist and keep in touch with the shared student.
- 4. Another way clubs can assist is by selling copies of the book about David's life **CASTING OFF TRADITION**. Seventeen dollars from each book sold helps to fund the program. Besides this benefit everybody who has read the book has found it most interesting and enjoyable
- 5. Clubs who are supporters of the wonderful work RYWELL does in assisting students at risk may like to contribute \$300. This will cover the cost of sending one of these students along with their support staff on a day training voyage on the *One & All*. The timing of the next day sail will be advised.

### **How best does a club connect and continue connecting with their trainee?**

Once the student and their mentor have been selected we suggest the following:

- 1. the mentor introduces themselves to the student
- 2. the mentor assists the student to complete the student application form if the student has not already done so
- 3. the club invites the student to one of its meeting so the members get to know the student before the voyage
- 4. the mentor and if possible other club members go to the wharf to see the student off on the *One & All* the day the voyage begins
- 5. at the completion of the 5-day voyage the mentor goes down to the wharf to see the *One & All* return and greet their excited returning student
- 6. have your student come as a guest speaker to a club meeting to talk about their experience and the benefits they gained. This is generally an amazing and inspiring talk.
- 7. keep in touch with your student and involve them in other Rotary youth programs such as RYLA and RYPEN. They may also be enthusiastic to help in some of the club's projects.


**CLUB SPONSORSHIP FORM**
**Various Options**

Club Name		District		Name of organising club officer	
Officer's Address Street		Town/Suburb		Post Code	
Officer's email		Home Phone		Mobile Phone	
Officer's email		Home Phone		Position in club	
Club will sponsor student Cost \$900 Yes <input type="checkbox"/> No <input type="checkbox"/>		Name of Club Mentor		Mobile Phone	
Name of Club Mentor		Mobile Phone		Email	
We have sourced a student Yes <input type="checkbox"/> No <input type="checkbox"/>		We are looking & will find a student Yes <input type="checkbox"/> No <input type="checkbox"/>		We request the committee source us a student Yes <input type="checkbox"/> No <input type="checkbox"/>	
Student's name if known		Student's email		Mobile Phone	
Student's name if known		Student's email		Home phone	
Student's address Street		Town/Suburb		Post Code	
Student's address Street		Town/Suburb		Post Code	
Name of student's parent or guardian		Parent/guardian's permission given Yes <input type="checkbox"/> No <input type="checkbox"/>		Student has submitted an application Yes <input type="checkbox"/> No <input type="checkbox"/>	
Name of student's parent or guardian		Parent/guardian's permission given Yes <input type="checkbox"/> No <input type="checkbox"/>		If submitted — Date ...../...../.....	
We wish to pay \$450 and partner with Club name		Student has submitted an application Yes <input type="checkbox"/> No <input type="checkbox"/>		We have not found a partner and request committee's help if possible Yes <input type="checkbox"/> No <input type="checkbox"/>	
We wish to pay \$450 and partner with Club name		Student has submitted an application Yes <input type="checkbox"/> No <input type="checkbox"/>		We have not found a partner and request committee's help if possible Yes <input type="checkbox"/> No <input type="checkbox"/>	
Name of Mentor in Partnering Club		Mobile		Email	
Name of Mentor in Partnering Club		Mobile		Email	
Our club will assist in selling books knowing \$17 from each book sold supports the program.				Money submitted	
We will purchase number of books .....x \$40=.....				...../...../.....	
We will support a RYWELL student on a day sail on the One & All		No of students ..... X \$300 = .....		Do not submit funds until voyage date is finalised	
The above application approved by — President's name				Date of authorisation ...../...../.....	

**SUBMITTING APPLICATION**

Transfer all sponsorship and book money to Rotary Club of Glenelg Inc. One and All account

**BSB 105-015 Account no 135288440**

Then email completed form to [youthsailingexperience@gmail.com](mailto:youthsailingexperience@gmail.com) with details of payment. If you do not yet have a student or are still looking for a partner club, submit form but withhold sponsorship payment until these matters are resolved. Book money should be paid when submitting form.

**LATEST DATE FOR SPONSORSHIP PAYMENT 6 WEEKS BEFORE VOYAGE COMMENCES**

# **Rotary Youth Development Voyage Application**



## **5-Day Voyage**

**30<sup>th</sup> September to 4<sup>th</sup> October 2018**

**Sponsorship from Rotary Clubs in Districts 9500 and 9520**

**THE OPPORTUNITY OF A LIFETIME**

Applicant's Name: .....

**THIS APPLICATION FORM MUST BE COMPLETED IN NEAT HANDWRITING**

Pages 1–10 to preferably be scanned and emailed to [youthsailingexperience@gmail.com](mailto:youthsailingexperience@gmail.com) ,  
or alternatively posted to: Rotary Youth Sailing, 23 Torr Avenue, Brighton SA 5048.

Please submit your application form as soon as possible but it must be received  
before 30 August 2018




**STUDENT APPLICATION FORM**
**Personal Information**
**Applicant Information**

Full Legal Name			<p style="text-align: center;">Smiling Head and shoulders Applicant Photo Attach here</p>
Date of Birth	Age	Gender Tick MALE <input type="checkbox"/> FEMALE <input type="checkbox"/>	
Home Address	Street	Suburb/Town	
Post Code			
Postal Address if different from above			
Email	Home Phone	Mobile	
School Attended	Name of Teacher who knows you	Contact Phone Number	
Did school recommend you  YES <input type="checkbox"/> NO <input type="checkbox"/>	If recommended by another organisation or a Rotary club, give details		

**Parent or Legal Guardian Details**

Name		Description FATHER <input type="checkbox"/> MOTHER <input type="checkbox"/> LEGAL GUARDIAN <input type="checkbox"/>	
Home Address	Street	Suburb/Town	Post Code
Email	Home Phone	Work Phone	Mobile

**Sponsoring Rotary Club(s) if known**

Club Name	District Number	Name of Contact in Club	
Email	Home Phone	Work Phone	Mobile
If second club is sharing sponsorship – Club Name	District Number	Name of Contact in 2 <sup>nd</sup> Club	
Email	Home Phone	Work Phone	Mobile

## STUDENT APPLICATION FORM

In your own hand writing in 100 words or more, tell us why you would like to be selected to join the next Rotary Youth Training Voyage on the tall ship *STV One & All*.

This image shows a full page of white paper with horizontal blue dotted lines, resembling notebook paper. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings present.



**STUDENT APPLICATION FORM**

**Medical Information**

**Details where applicable**

Applicant's Name: ..... Date of Birth: .....

Gender: Male ☐ Female ☐ Age: .....

Address: .....

Suburb: ..... Post Code: .....

Email: ..... Contact Number: .....

Parent or legal guardian's details for us in an emergency

Name: ..... Relationship: .....

Contact Phone No: .....

Email: .....

Alternative Emergency Contact: ..... Relationship: .....

Contact Phone No: .....

**Tee Shirt Size where applicable** Small ☐ Medium ☐ Large ☐ X Large ☐

**Which school do you attend?** .....

**General Information where applicable**

1. Do you have any special dietary requirements?

(i.e. vegetarian (IF SO PLEASE SPECIFY WHAT YOU ARE ABLE TO EAT), halal, gluten intolerant, food allergies etc.) ..... **Yes** ☐ **No** ☐

Details: .....  
.....

2. Do you drink alcohol? ..... **Yes** ☐ **No** ☐

Do you smoke? ..... **Yes** ☐ **No** ☐

Do you take recreational drugs? **Yes** ☐ **No** ☐

The One & All is a dry, non-smoking vessel and a non-recreational drug zone,

Do you agree to abide by the no drinking, no smoking and no recreational drug policy?

..... **Yes** ☐ **No** ☐

3. Swimming ability:

Not at all ☐

Poor ☐

Fair ☐

Good ☐

4. Are you covered by medical benefits? ..... **Yes** ☐ **No** ☐

If so, what is the name of your fund? .....

### Medical Information Continued

5. Are you covered by an ambulance subscription? ..... **Yes** ☐ **No** ☐

6. Medicare No:.....

7. What is your blood type? ..... (don't panic if you don't know this ☺)

8. Do you suffer from asthma?..... **Yes** ☐ **No** ☐

Severity: .....

Prevention: .....

Treatment:.....

Action Plan Attached: ..... **Yes** ☐ **No** ☐

9. Do you suffer from allergies? ..... **Yes** ☐ **No** ☐

Please specify:.....

Severity: .....

Reaction: .....

Treatment:.....

Action Plan Attached:..... **Yes** ☐ **No** ☐

10. Do you take any prescribed or over-the-counter medication? ..... **Yes** ☐ **No** ☐

Please list each one and what they are taken for: .....

.....

.....

.....

.....

.....

Will seasickness affect any of the above medication?..... **Yes** ☐ **No** ☐

Details: .....

.....

11. Do you have or have you ever had any of the following conditions? Yes ☐ No ☐

**where applicable**

☐ Diabetes

☐ Blood Disorders

☐ Impaired hearing

☐ Hepatitis

☐ Behavioural  
problems/ADD/ADHD

☐ Autism

☐ Epilepsy/fits/convulsions

☐ Anaemia

☐ Mental illness

☐ Weight control problems

☐ Physical disability

☐ Haemophilia/ bleeding  
problem

☐ Spinal injury/ disorder

☐ Fainting/ blackouts

☐ Speech difficulty

☐ Impaired movement

☐ Kidney/ Bladder problems

☐ Memory/ attention problems

☐ Learning difficulties

☐ Hernia

### Medical Information Continued

- |   |   |
|---|---|
| <input type="checkbox"/> Heart/ Circulatory disorder    | <input type="checkbox"/> Abnormal response to heat/cold |
| <input type="checkbox"/> Tuberculosis                   | <input type="checkbox"/> Mental disability              |
| <input type="checkbox"/> Eye disease/ visual impairment | <input type="checkbox"/> Vertigo/ Claustrophobia        |
| <input type="checkbox"/> Cerebral Palsy                 | <input type="checkbox"/> Bone/ Joint injury             |
| <input type="checkbox"/> Osteomyelitis                  | <input type="checkbox"/> Other, e.g.: pregnant          |
| <input type="checkbox"/> Thyroid disorders              |   |

If you answered yes to one or more of the above questions, or if you have previously had any medical ailments, surgical procedures or psychiatric incidents that are not noted above,

Please give details:

.....

.....

.....

.....

.....

.....

.....

.....

If you take medication for any above conditions please list each one and what they are taken for:.....

.....

.....

.....

.....

.....

.....

**For certain medical conditions, we may need to contact your doctor. Please provide the following details:**

Name of Medical GP: .....

Phone number: .....

Address:.....

Suburb:..... State:..... Post Code .....

**YOUR MEDICAL FORMS MAY BE REVIEWED BY A DOCTOR. IN LIMITED CASES, IT MAY BE NECESSARY FOR YOU TO HAVE A MEDICAL EXAMINATION. WE MAY ALSO REQUEST YOU UNDERTAKE A DRUG SCREENING TEST IN A CASE WHERE IT APPEARS NECESSARY. WE ALSO RESERVE THE RIGHT TO REJECT AN APPLICANT IF THEY HAVE A MEDICAL CONDITION THAT CAN NOT BE ACCOMMODATED ON THE VOYAGE.**

I confirm the medical information given is correct and complete

Signature Parent/Guardian ..... Date .... / .... / ....

Signature Applicant ..... Date .... / .... / ....





## **STUDENT APPLICATION FORM**

### **Indemnity Acknowledgement**

The *One & All* is owned by and operated under the control of the South Australian Government by the Friends of the *One & All* Trust. Rotary's risk management expert and its youth protection officer have thoroughly investigated the ship's planning, documentation, checks and training procedures and the many processes that have been put in place to ensure the smooth and safe operation of the *One & All* in all conditions and circumstances. Everything proved to have been covered in meticulous detail. Our risk management expert who has a long involvement in the aircraft industry said, "The presentation of the *One & All* and its crew was akin to that required for a commercial aircraft and I doubt anything further could be done to ensure the safety of those on board."

Having said this, although unlikely, accidents can occur. It is a condition any student selected to participate as a Rotary trainee for a *One & All* youth training voyage (referred to in the balance of this document as "the voyage") and their parent or legal guardian agree to sign this indemnity form.

I, (the student) \_\_\_\_\_  
Please print full name

And

I (parent or legal guardian) \_\_\_\_\_  
Please print full name and relationship to the student

1. Are both aware and acknowledge that though sailing on the tall ship *One & All* has statistically over its thirty years of operation proved to be very safe, sailing on any vessel involves inherent risks including damage to personal property, injury and even death. I, the student confirm I will be participating in this voyage of my own free will and desire and both I and my parent or guardian acknowledge the risks.
2. We are also both aware that a condition of participation in the voyage is that we both agree to release from any liability which may arise the crew of the *One & All*, the Rotary organisers and all officers, agents, employees and volunteers of both organisations who are in any way involved with the voyage (these people are referred to in the balance of this document as "The Organisers").
3. We also both understand the liability referred to in clause 2 related to any claim arising from damage to property or any form of injury to a person whether it be physical, mental or a fatal injury. We further agree it does not matter how the damage or injury occurred, whether it was due to a negligent act, a breach of duty, default or omission or any other error on the part of "The Organisers"
4. We also agree to indemnify "The Organisers" and their solicitor and clients against all loss, damages and expenses which may arise as a result of any claims, actions or demand of any kind which may arise as a result of the student's participation in "The Voyage".

We confirm we agree with all of the requirements in the four points above.

"The Student's" signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent or Guardian's signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_



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**Conditions Relating to Participation**

Before completing this application form for Rotary Sponsorship on the September/October five day student training voyage. It is important you and your parent/guardian read and agree with these rules and conditions.

1. The applicant must be over 15 years and under 19 years of age
2. The applicant must have a recommendation from
  - a. school
  - b. a leader in a sporting group or club, e.g. football, scouts
  - c. a Rotary Club
3. Applicant can only apply if they have never sailed a One and All training voyage.
4. Application must be in hand writing only.
5. An Application Fee of \$25 must be paid by Visa or MasterCard to Try Booking at <https://www.trybooking.com/WQRG>. This must be paid before the application is lodged and the Try Booking receipt attached to page 9. This Application Fee will be refunded if the applicant is unsuccessful.
6. The Selection process of applicants may include an interview.
7. Selected applicants will be expected to speak about their voyage experience to their sponsoring Rotary Club(s) and if applicable also their corporate sponsor.
8. Access to the deck and facilities are down ladders. The ship is traditionally built and toilet and sleeping facilities are located below the main deck area. Applicants must be able to cope.
9. Flat-soled closed shoes to be worn. Bare feet, ugg boots, thongs, high heels will not be allowed on board. Recommended to wear comfortable clothing for ease of climbing and moving about the ship.
10. If selected to join this voyage program, an applicant must be able to travel on the listed dates.
11. Anyone under the influence of alcohol or drugs will be refused entry to the ship.
12. The training voyage cost excludes travel to and from the boarding and departure points programmed for this voyage
13. If a successful applicant is not able join the voyage due to injury, change of mind or any other reason the *One & All* program is such the sponsored placement cannot be redeemed or transferred to another event with One & All. Sponsored placement will be deemed void.
14. Applicants must have all of the parental consent sections of this application completed.
15. I appreciate, though my application is approved, voyage and sponsorship placements are limited and I may not be able to go.
16. The Committee's selection is final.

I agree to abide by or accept all of the above requirements.

Signature Parent/Guardian ..... Date ....../....../....

Signature Applicant ..... Date ....../....../....



**STUDENT APPLICATION FORM**

**Sponsorship Information**

**where applicable**

The Rotary Club of ..... has agreed to sponsor me

President's signature ..... Date ....../....../.....

The Rotary Club of ..... has agreed to jointly sponsor me

President's signature ..... Date ....../....../.....

I do not have a sponsor club and if my application is successful I would appreciate if the Committee would if possible obtain a Rotary or corporate Rotary sponsor for me.

**TryBooking Receipt**

**Attach your \$25 Application  
TryBooking receipt in this space  
and scan with the balance  
of the application**



**STUDENT APPLICATION FORM**

**CHECK LIST**

**To be completed before application is submitted**

- I have read and agree to comply with the instructions and requests (page 8)
- The sponsorship section has been fully completed as applicable (page 9)
- I have attached a smiling head and shoulders photo of myself as requested (page 2)
- All the applicable information boxes have been completed (page 2)
- All of my medical including mental health issues have been disclosed (pages 4, 5.6)
- I have used a Visa or MasterCard and paid the \$25 student application fee (page 8 )
- A copy of the Try Booking \$25 receipt has been attached to this application (page 9)
- The disclaimer statement has been signed by me and my parent/guardian (page 7)
- My one hundred word reason for going on the training voyage is attached (page 3)
- Everything on the form has been completed by me in my handwriting (pages 1-10)
- I have scanned the form and all attachments and will email them to

[youthsailingexperience@gmail.com](mailto:youthsailingexperience@gmail.com)

***Please note if all applicable items on the form are not completed, your application will be rejected.***

Student's signature .....Date .... / .... / ....

Parent/Guardian's signature ..... Date .... / .... / ....