



30th Anniversary Youth Adventure Voyages 2017

Prepared for **John Pohl** Rotary District 9500

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The start of a journey of discovery...



".....Imagine being at the wheel of a tall ship, under a night sky, the ship surging over the waves and wind in the sails. Join the crew in the workings of the ship, keeping watches at sea, handling sails and much more. No sailing experience is necessary, as we will teach you the "ropes". Packed with adventure so you can push your limits and gain the rewards in over coming the challenges, create new friendships and fun!"



The ship, STV One And All, will be in her 30th year of service to the community in 2017. Commissioned on 5th April 1987, she has been actively providing opportunities for all levels in the community, with approx 10,000 students that have experienced the unique youth development programs to date.

In celebration of the ship's significant milestone of service we have specially created voyages where each youth between the ages of 15 - 23 will experience a challenging and rewarding life changing adventure. The aim is to bring together these youth that come from individual locations and backgrounds, that will have the opportunity to forge new friendships, teamwork, learn life skills and be challenged at their own boundaries.

All social media and personal devices will take a break from their daily lives, so that the skills of looking, listening, and communicating to their fellow adventurer become central. This will become very important in the survival and teamwork needed to get the ship moving and respecting "Mother Nature" at work on the high seas.

Get Involved

We are offering to interested community groups and individuals that would like to sponsor one, two or more youth, or even a whole voyage that will give an opportunity of a lifetime. While there are programs for youth at risk, there is a gap in community programs for youth that need a confidence boost, need "some growing up", needing some direction in life, live in remote locations, financially not able, or would like the opportunity to join as individual but become part of a team. The program allows for a true mix of youth so there is the rewarding experience of meeting many in the same age group from different backgrounds.

Youth Nomination

Age Event 15-23 years Never sailed on STV One And All

Voyage Inclusions

All meals and accommodation on board
Voyage handbook
Sail handling, navigation & ship husbandry
Team activities & challenges
Heavy wet weather clothing protection and safety harnesses
Event polo shirt
Award certificate
Team photo at end of the voyage

The presentation will be on deck of the ship after each voyage and all sponsors are welcome to be part of this occasion.

Voyage Events & Costs

Opportunity to sponsor youth(s) or a total voyage

February 2017 (25 February – 3 March)

Depart: Melbourne/ Geelong Return: Port Adelaide

7 day voyage sponsorship \$42,000

Or Per youth \$1,750 (maximum 24 youth per voyage)

April & May 2017 (3 voyage events - start dates 5 April, 8 May, 23 May)

Depart: Port Adelaide Return: Port Adelaide

5 day voyage sponsorship \$30,000

Or Per youth \$1,250 (maximum 24 youth per voyage)

Corporate and sponsor packages can be created in recognition of investment value to each voyage

Note: prices include GST, excludes travel to and from departing locations, and subject to change.



The Organization behind STV One And All

The Friends of the One And All Sailing Ship Inc is a registered not-for-profit community organization whose members are dedicated to the operation of South Australia's sailing tall ship, STV One And All. Our aim is to support the continued activities of the ship and maximize the benefits the ship brings to people of South Australia, and across the wider Australian community. The biggest impact the ship can bring is from our youth adventure voyage programs.

The STV One And All was built from 1982 to 1987 and is specifically designed for personal development. Being at sea is not just teaching the youth how to sail a square-rigged ship. In our voyages we aim to develop and enhance teamwork, motivation, goal seeking and leadership skills, consideration for others, confidence and increased self esteem. Some of these qualities may already be present, some may be developed and become apparent during the voyage, while other youth may find that these life skills are not realised until after they leave the ship and continue life on the land.

Our Involvement

While we employ a "Challenge by Choice" philosophy and at no time do we force anyone into doing an activity they do not wish to do. We simply encourage people to step outside their comfort zone so that they may enjoy the rewards.

Safety is our priority at all times. Each participant is provided with a state of the art harness and safety gear, and will receive a full safety induction when first boarded and divided into their watch groups.

All our maritime crew are fully qualified and trained to meet and exceed the AMSA Australian Standards. Both the maritime crew and volunteers are First Aid and CPR qualified, and have their Working with Children and Police Clearances. We handle all the booking, medical and dietary requirements for all on each voyage.

The Extra Benefits...

Duke of Edinburgh Award

A benefit to any youth that if they undertake a Duke of Edinburgh Award, any of our youth voyages can be used towards the program. Duke of Edinburgh Award also has the combined opportunity to be used for SACE credits in a schooling year. The Award is nationally & internationally recognised by employers as an indicator of a young person's commitment to the activities, the community and their attention to detail.

Life after a Voyage

We encourage all youth to reinvest their experiences on our voyages by inviting then to become volunteers. This is a great way to pass on what they have learnt onto others in their age group. We have regular training days for them to build up extra skills, step up to be assistant watch leaders and record their sea time should they look for a career in the maritime industry. Added benefit to volunteering on STV One And All is that it looks great on a CV when applying for schools, colleges, universities and future jobs!





Personal Accounts from the Oysterfest Youth Adventure Voyage Ceduna to Adelaide

(October $5^{th} - 9^{th}$ 2015)

Teagan wrote:

It was on the Tuesday the last week of term 3, I was asked to join 21 other people on an adventure of a lifetime sailing from Ceduna to Adelaide on the One & All. I was unsure at first because of year 12 commitments, but I thought it was too good of an opportunity to miss out on and what an experience it would be

Finally, the hot, windy, 40°C Monday October 5th arrived and my nerves were uncontrollable. We arrived at Thevenard wharf ready to begin our adventure. We said our goodbyes and were boated out to the One & All from the wharf. Once on the ship we were assigned our watch groups, either being in Port Watch, Middle Watch or Starboard Watch. We harnessed up ready to set sail. As we sailed Thevenard became the horizon in the distance. Our first activity of the day was to climb the main mast. What a magnificent view from the very top.

It was mid-afternoon and the sea sickness began. People leaning over the edge and looking a bit green in the gills. As the days passed, seas became rougher with more people falling victim of the sea sickness. The wind changed to a South East direction yet wind was still coming from the South West causing 6 metre swell. The boat getting pounded by the waves rocking side to side, making the sea sickness uncontrollable. Wednesday, being the roughest of all. Sea sickness is the most horrible, unenjoyable thing anyone could experience.

Thursday arrived and everyone began to get over the sickness, with only a few people still not feeling well. Sailing along the coast of Kangaroo Island people's faces lit up with grins from ear to ear, all in excitement that we could see land again. Seas became calmer and people were back to life. We began mid-morning with fun games with Iollies being the winning prize. The games consisted of tug of war, card whispers and human slinkie. All games were played with many laughs and great team efforts.

The sun began to shine and dolphins began to surf the waves of the ship. This would have been the highlight of the trip. We began to practice our knot tying each having to learn the reef knot, sheet bend, clove hitch and bow line, which we would use on board the ship.

Each watch group was assigned times of the day and night for their watches throughout the week. Each watch was four hours with 2 two hour 'dog watches' which included sail handling, helming, bow lookout and fire and flood checks.

Its Friday 3:30am and my watch group Starboard Watch is gearing up ready for watch and I am assigned bow watch with another watch member. It was 4am and we could see the coast of Adelaide all lit up with bright lights, what a spectacular view. The dolphins returned surfing the waves again, however this time was more amazing as the phosphorescence in the water lit up the dolphins. This was something special to see. As daylight broke we were getting close to the port which was exciting.

As we sailed up the port to where we would stop, it was exciting to be welcomed by friendly faces. Everyone was excited to get back on land but first we were awarded with our achievement certificates, sailing shirts and photographed. Finally, we walked up the ladder from the ship and onto dry land. It was a good feeling to be back on dry solid land.

Overall, sailing on the One & All was an interesting, exciting and challenging experience but overall extremely rewarding. The voyage allowed me to be part of a team, communicate with new people, gain confidence and develop skills. This adventure will be something I will treasure and remember for lifetime.



Reception Speech in Ceduna by Tara:

....I am in Year 10 at Ceduna Area School and was a participant on the One and All that sailed from Ceduna to Adelaide in October. I was fortunate enough to see the advertisement on the Ceduna Community event page on Facebook about the opportunity to gain a passage on the Sailing ship called the One and All.

I am someone who is passionate about my sailing, although tall ship sailing is definitely not what I am familiar with. I have experience on smaller sailing vessels such as passers and 420s. I knew this was going to be a brand new experience for me, as well as a lot of other young people. I applied immediately and once I was notified that I had been selected to be part of the crew on the One and All I have to admit that the nerves did kick in.

The fact that a group of teenagers were up before dawn and ready should speaks volumes about just how excited we really were, as you know teenagers don't usually like to wake before midday. Nerves had well and truly kicked in and the weather had decided to blow up just to add to the atmosphere.

I think the butterflies in my stomach stayed with me until half way through the first day. Until I realised that I did know some things about sailing and knowing the other teenagers on board helped a lot too.

Some of the highlights of the trip were:

- Friendships. I personally made some amazing friendships that I will value and continue to respect throughout my life. It was an opportunity to see people in very different ways, away from our community and having to rely on each other.
- One of the other things I was really nervous about was climbing to the top of the ship. Up until now I never realised that I had a fear of heights, what a great time to realise when you are half way up the mast.
- Between the swaying and the fact that it felt like it was growing like Jacks Magic Beanstalk I wasn't sure I would ever reach the top. But I did it!! To the others who did it also, well done!!
- Teamwork was another highlight for me, being able to get to know other people who I hadn't known well previously in a way like the One and All allows, was a huge positive.
- The skills and knowledge that I was able to learn while performing my duties and participating in the games and activities were valuable, not rubbing it in but our team did win most of the games.
- On a lighter note, a personal highlight for me was the fact that I got to enjoy the sea breeze, while not hanging over the edge of the One and All hurling into the ocean 24/7.
- I felt for those of you who suffered on board the ship, seasickness is cruel and I most definitely know the smell is something I will never forget.
- Participating in this experience has provided me with some valuable lessons and insights that I
 would like to share.
- Everyone has the opportunity to be good at something, whether it is physical or mental, everyone has a strength.
- There are times in life that you need to get along with people, this means putting aside personality differences for the benefit of the whole group/team.
- Opportunities come along in life that you need to jump at, because they might just be a chance to surprise yourself with what you can truly do.
- Also it was an opportunity to understand how difficult transport was when these tall ships were used commonly in years passed.

In conclusion, on behalf of the students who made up the crew of the One and All, I would like to sincerely thank the Sponsors who assisted with this opportunity being available to students in our area.

To the organisers, the selectors, and the crew of the One and All, thankyou for providing this once in a lifetime opportunity, and for understanding the value it would have to those of us who were fortunate to be selected.



Thankyou also goes to all the parents and caregivers who supported our decision to participate in the trip from Ceduna to Adelaide on the One and All. No doubt packing bags over Oysterfest weekend was a highlight for everyone. Thankyou and Happy Sailing.



What's Next?

Your investment towards a youth, or sponsorship of a youth voyage, has the power to change a life and create better citizens of tomorrow in our community. Contact us for sponsorship arrangements and we will guide you through this amazing journey!

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