



Newsletter
July 2016

ANNOUNCEMENT

After ten years at the helm of the Dreamin Foundation, I have decided that it is time for a change in leadership. I'd like to announce that my recommendation to the Board that Suren Krishnan be appointed Chairman has been unanimously accepted. I will continue to serve the Board as an ordinary Board Member.

The Foundation has grown from humble beginnings supporting singular projects to now having successful projects such as Project Vietnam and is embarking on the major undertaking of supporting the Faith Hope Charity group's dream to build a holiday respite house for breast cancer sufferers and their family.

I am very proud of what we have achieved and look forward to new directions from the new leadership and will continue to support them in my role as a member of the Dreamin Foundation Board.

Jim Katsaros.

Message from the Incoming Chairman

It is a pleasure and a great privilege to lead the Board of Dreamin and continue the vision of supporting South Australians providing great service to those in need overseas. Jim Katsaros has been a mentor since I was his intern in 1983 and continues to provide inspiration and guidance as we bring into reality the dream of assisting the many underprivileged in need of medical assistance. These include patients overseas who need surgical as well as medical and allied health expertise, and local South Australian patients whose needs are not being met in a timely fashion by our current health systems.

I look forward to working with our current Board comprising Arch Boonen as Vice Chairman, Doug Layng as Treasurer, Carol Walsh, Mary Tarzia, Giri Krishnan and of course Jim Katsaros.

We will continue to support our existing projects in Vietnam, Uganda, Cambodia and the local projects assisting children in need of surgery. We are excited by the major commitment to be Faith Hope Charity's vision to build a respite home and look forward to assisting Mary Tarzia.

We hope you will join us in this journey to realise these dreams and look forward to your attendance and support at our fundraising functions. Please save the dates for these upcoming events,

- Faith Hope Charity Gala Ball Saturday 12 November 2016
- Test Match Sausage Sizzle Saturday 26 November 2016
- Adelaide Cup Garden Party Monday 13 March 2017.

Suren Krishnan
Chairman
Dreamin Board.

FAITH.HOPE.CHARITY

It is with great pleasure that we announce that Mary Tarzia, Founder of Faith Hope Charity has been Knighted as a "Dame of Grace" through the Sovereign Order of St. John of Jerusalem, Knights Hospitaller on 4 June 2016. It is a well deserved recognition of all the voluntary work and effort that Mary has contributed to help breast cancer sufferers.

Save the Date

The next Faith · Hope · Charity Gala Ball will be held on

Saturday 12 November 2016

again at the InterContinental on North Terrace. More details soon, but put the date in your diary now!

Details for the ball are:

Tables of 10

Cost \$160

Please email Mary for reservations: mary@tarzia.com.au
or you can contact her on 0419 197 771



Adelaide Cup

The Adelaide Cup Garden Party of March 2016 was another huge success! A large number of devotees attend this event every year, as it never fails to be an entertaining and fun day for all. Thanks once again to the Padman Family, for providing such an exquisite venue for this annual charity fundraiser. Advance Notice – The event will next be held on Monday 13 March 2017.



Test Match Sausage Sizzle

Will the Test Match between Australia and the Proteas this November be a Pink Ball Test? Australia is keen, however the South Africans are hesitant. Either way, the Dreamin Foundation will hold its annual Test Match Sausage Sizzle on Saturday 26 November 2016, so SAVE THE DATE 😊

Anyone that has attended this event in the past already knows how enjoyable it is!



Maranatha Health – Project Uganda

The Maranatha Health Service provided by Michael and Kim Findlay has recommenced at Fort Portal in Uganda. Some of you may be aware that Dr Michael Findlay and his wife Kim setup the original project site at Kamwenge. This unfortunately encountered some hurdles with the local council and had to be closed. Michael and Kim were able to lease land just outside Fort Portal and have developed a paediatric clinic. The clinic has been a great success providing services to an immediate catchment of 500,000 and a wider catchment of nearly 2 million people. The clinic numbers have steadily climbed and a need for specialist paediatric services has been identified. There is a plan to re-establish the operating theatre and provide minor surgical services such as basic ear nose & throat procedures, basic eye surgery and plastics and burns surgery. The Dreamin Foundation plans to support this both in kind and in funds. Dr Suren Krishnan visited the facility in May 2016 and will be taking a team of ENT surgeons from the United Kingdom to Fort Portal in October 2016.



Project Cambodia

EARLY CHILDHOOD PHYSIOTHERAPY PROJECT IN SIEM REAP, CAMBODIA

We are receiving positive feedback from the in-country Manager of SafeHaven.

Through the paediatric specific training we are providing, their physiotherapist is achieving better outcomes for the children. The client base is growing and a physio assistant has been employed to help with delivery of the therapy programs.

During our last support visit we spent a considerable amount of time teaching staff how to adjust wheelchairs to better suit the children. The wheelchairs are donated from an Australian organisation but are quite complex to adjust so we found the children were not positioned in a manner to support them either comfortably or sufficiently. By viewing photos sent to us periodically, we believe that problem has now been resolved. Correct positioning can reduce risk of pressure areas developing and assist a child to be involved in activities of daily living.

The group therapy sessions are working well. Sue and I worked hard to encourage staff to consider the benefits of group sessions. We view it as a holistic approach to the services provided at SafeHaven's Rehabilitation Centre. Children are selected based on their level of function for these groups. Parents are encouraged to work with the physiotherapist to learn new techniques to help their children at home. A healthy morning tea is provided at the end of the session. Opportunity is also provided for the parents to receive support from each other and the Allied Health staff at the Centre. While the children learn new skills and develop social skills, the parents can talk with a Registered Nurse, Occupational Therapist and Social Worker. The Centre's staff can check medication is being dispensed correctly, a general health and wellbeing check provided, nutrition and hydration discussed, issues of concern at home and in the environment that may impact on the children can be discussed and strategies put into place to help the child and parents. The first few sessions were so successful they are now a regular part of the services offered by SafeHaven.

We consider ourselves as fortunate to have the opportunity to work with such a well run facility as SafeHaven which is a U.S.A. based organisation.

Denise Palmer & Sue Durand



Project Vietnam

EARLY CHILDHOOD PHYSIOTHERAPY PROJECT IN VIETNAM

Two paediatric physiotherapists have recently returned from Hue where they were assisting the lecturers from the University's School of Physiotherapy & Rehabilitation. Our consultants provided support in delivery of the lectures and practical components of the Bachelor of Physiotherapy course. We are pleased to receive feedback from our therapists that the Vietnamese lecturers, through our support over the past 5 years, displayed sound understanding of the course material and ran the practical workshops in an efficient manner. During a debrief session, our therapists offered suggestions to the Vietnamese lecturers to enable them to modify some of the assessment tools to better suit their culture and learning methods. Our therapists also provided advice to the two therapists who deliver the therapy treatments through the community outreach program, at Future School, two orphanages and the rehabilitation centre which we support through the Office of Genetic Counselling & Disabled Children. Hiep and Sang are managing their client base very well which is reflected in the positive outcomes for the children they see.

The Special Education Teachers, working with children with Autism Spectrum Disorder are managing their students in much better manner. Through implementing the behavioural management strategies they acquired through training provided by a U.S. Paediatric Psychologist & Behavioural Consultant, funded by DREAMIN, the students are receiving a better education and the teachers are enjoying their work more.

This has been a very successful outcome for all.

Denise Palmer & Sue Durand.

