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*Annual four week visit of 2 senior anaesthetic registrars  
from Surabaya to Ballarat Health Services*

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Most Rotarians are aware of the great work that Interplast does surgically, changing children's lives with the exhibition of plastic surgical skills. But the truth is that by using these techniques to help develop our neighbour's health system, not only are there opportunities for compassionate surgery, but real gains in the development of capacity follow. We have been working with the Anaesthetic department of Dr Soetomo Hospital in Surabaya to provide an annual four-week program of Continual Professional Development of two of their most senior registrars each year since 2004

Dr Rieza and Dr Rinanti are senior anaesthetic registrars at the Dr Soetomo Hospital, the second largest city in Indonesia. They have just spent four weeks working in theatres in Ballarat and Melbourne.

Surabaya is at the eastern end of Java, just a stone's throw from Bali. Dr Soetomo hospital (1500 beds and 150 anaesthetic registrars), is responsible for the acute management of health in the entire eastern half of Indonesia, involving around 100,000,00 people.



*Dr Rieza*

Rieza and Rinanti are the 23<sup>rd</sup> and 24<sup>th</sup> registrars from Surabaya to be involved in this annual CPD program, set up originally in 2004 when Interplast was regularly visiting Balikpapan in East Kalimantan.

All alumni of this training program have achieved a high level of professional success in Indonesian Anaesthesia, with many now on the

staff of Dr Soetomo Hospital. This enhancement of skills of the anaesthetic staff at Dr Soetomo is a great reward for the Head of the Anaesthetic Department at Dr Soetomo, Professor Edi Rahardjo, who has been selecting trainees since the start of the program in 2004.

Rieza and Rinanti are in the fourth year of their training.

They began their Australian program attending the four-day Australian Society of Anaesthetists National Scientific Congress (ASA NSC 2016) in Melbourne. They were particularly impressed with the demonstrations of cardiac ultrasound and description of the Enhanced Recovery after Surgery techniques. They will take this information back to Indonesia with them.

They then spent the next three weeks at Ballarat Health Services, working in the Anaesthetic and Intensive Care Unit departments, exploring the management of post-operative pain, the assessment and management of frail patients, and many facets of Australian anaesthesia.



*Dr Rinanti*



*Drs Rinanti and Rieza working with Dr Alex Zehnwith  
in theatre at Ballarat Health Services*



*Figure 1 Rieza and Rinanti with Dr Mick Shaw and Mr Bruce Stewart at the Day Procedure Centre Ballarat.*

In the fourth week, they visited St John of God Hospital in Ballarat, the Royal Melbourne and Royal Children's Hospitals, and the Ballarat Day Procedure centre. They also attended four clinical meetings of the department of Anaesthesia, and four teaching sessions for our own ANZCA trainees.

They made presentations to the Rotary Clubs of Kerang, Swan Hill, Swan Hill Sunrise and Ballarat West

in District 9780

This program is funded and supported by Interplast, the Australian & NZ College of Anaesthetists (ANZCA), Ballarat Health Services and the Rotary Club of Ballarat West

Rieza and Rinanti will take home with them many observations of enhancements to practice and equipment that have occurred in Australian Anaesthesia. They, Prof. Eddy Rahardjo and the previous 22 trainees, are very appreciative of the opportunities extended to them by Interplast, by ANZCA, by Rotary, and by Ballarat Health Services.

John Oswald  
Consultant Anaesthetist Ballarat Health Services  
Chairman Interplast Committee Rotary D9780 2016-17  
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