



Rotary

People of Action



October 2018

THE NEWSLETTER OF ROTARY DISTRICT 7300

Including Allegheny, Beaver and Parts of Westmoreland Counties, Pennsylvania



Dear fellow Rotarians:

In a week following the tragedy of the murders at the Tree of Life Synagogue, all Rotarians think alike: how can I help; what can I do; where can I go to try to alleviate suffering of our community?

As Rotarians, this is how we start the process-- then we convert thoughts into ACTION.

Here are some ways to help.

You can donate blood at the Central Blood Bank (call 866-366-6771).

The Tree of Life Synagogue is accepting donations to help victims' families and to rebuild their place of worship. Details on how to contribute are listed on the Synagogue website, tolols.org.

As Rotarians and People of Action, we rise to the call of Occasion--to support and to unite.

Yours in Rotary Service,

S. Singh Ajmani

POLIO UPDATE

By PDG Walt Sickles

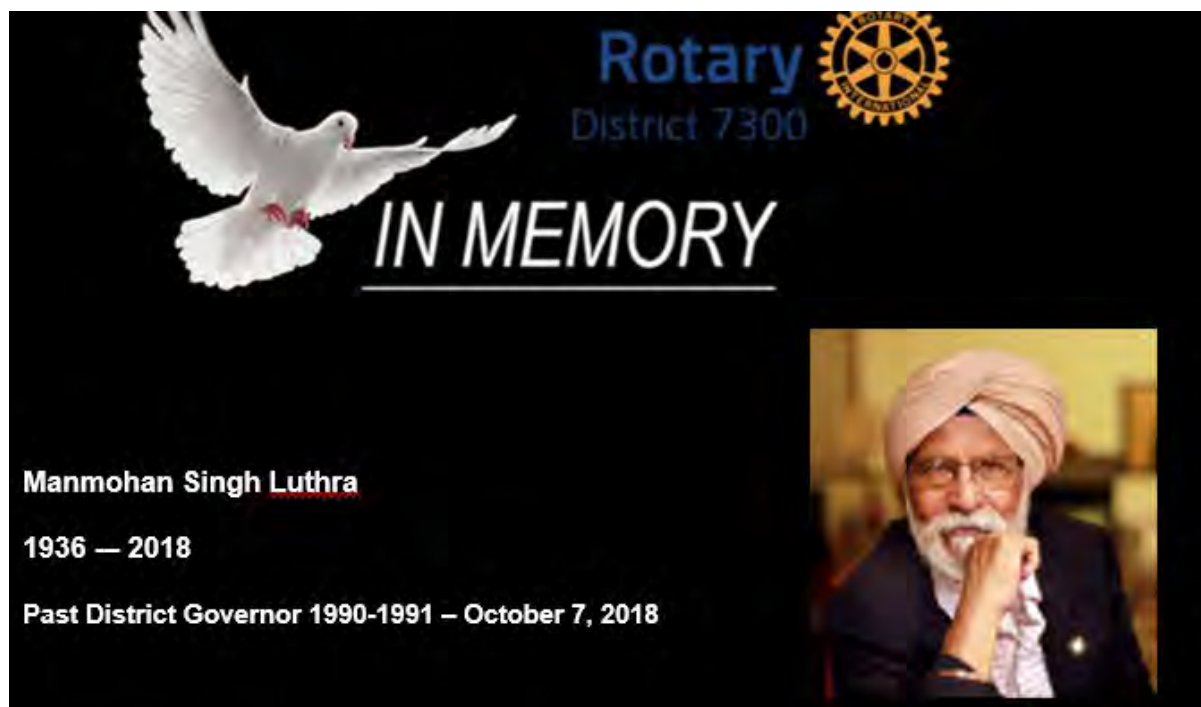
As of October 27 there have been only 21 new cases of the Wild Polio Virus reported in the world this year. That, of course, is

21 too many; so we must keep up the fight to completely eradicate this horrible disease.

Actually, that is 4 more new cases than occurred by that date last year. This means that we MUST continue the inoculation campaign so that we really get rid of Polio ASAP.

Another problem, one which scientists are working very hard to solve, is that some additional new polio cases are being caused by the vaccine itself. Let's hope and pray that this problem will be solved very soon.





A ROTARY MOMENT, by PDG Walt and Harriet Sickles

A year and a half ago, the day after the RI convention had ended in Lisbon, Portugal, eight of us who were travelling together decided to hire a sightseeing van for the day, to visit parts of the area around Lisbon. We toured a village, then a castle, had lunch, and then looked around, checking out different shops.

One of the couples in our group was standing on a corner talking with another couple who, according to the man's Rotary shirt with the country name CANADA prominently featured on the back, were from Canada. A young man approached and asked, "I see you are a Rotarian and that you are from Canada--what city do you live in? The man replied that he lived in Toronto. "Really," said the young man, "I'm from India and ten years ago I was a Rotary Long Term Exchange Student to Toronto!"

The man replied, "That is something. Do you know who you stayed with while you were in Toronto?"

The young man replied, "I do remember that one of my host mothers' name was Bev."

After a short pause, the man said to the young fellow, "Son, you stayed with us. This is Bev, my wife, standing right here next to me."

Amazing coincidence ... or just an example of things that can take place within our huge, worldwide Rotary family, that we will never forget?

White Oak Rotary Builds Ramp for Disabled Veteran

White Oak Rotarians partnered with local businesses to build a ramp for a local disabled veteran. He walks with a walker, and cannot properly bend his legs. There were several steps to get into and out of his



Dan Kravetz and Veteran Tom
Dan Lyons in background

house, so in order for him to navigate the steps, he would throw his walker down the steps, and then struggle with the steps, painfully, moving at a snail's pace.



Bob Petty, Dan Lyons, Dan Kravetz, Dave Balmert,
Steve Scheirer, Jim Sikorsky, Craig Anlauf, Larry Anlauf

Rotarians to the rescue! Securing supplies from local businesses, they built a sturdy ramp on the house, so that now the disabled veteran can walk in and out of his house using his walker.



Jim Sikorsky
and White Oak Members

White Oak Rotarians have built several ramps in the past few years for people who are disabled.

White Oak is a very active club, with many projects and activities; but building ramps for the disabled seems to be their specialty.



The club meets on Thursdays at 6:45 PM at the Twin Oaks Restaurant in White Oak.



Front Row: Elaine Nowak, Marge Tedesco, Barb Bennett

Back Row: Steve Burkett, Bill and Shelby Gracey, Sandy Grimes, Rick Porach, Sandra Rebholz, Del McBane, Dan Riegner

Rotary Club of Green Tree Packs Medical Supplies

From time to time, members of the Rotary Club of Green Tree volunteer to package medical supplies at Global Links on Trumbull Drive in Green Tree.

Global Links is a medical relief and development organization dedicated to supporting health improvement initiatives in resource-poor communities and promoting environmental stewardship in the US healthcare system.

Since 1989 Global Links has been working to redirect still-useful materials from local hospitals and medical facilities away from US landfills to support public health programs in targeted communities throughout the Western Hemisphere. Their experience and technical knowledge is shared with international and domestic partners and educate volunteers, donors and the community on issues of global health and environmental stewardship.

The Green Tree Rotary Club is very active in the Green Tree Community, with interests and projects in the United States and internationally as well.

Fox Chapel Tree Planting at Beechwood Farms Nature Reserve

by Charlie Skinner

We had a great turnout and fabulous fall weather (thanks, meteorologist member Rob Wilson) for our tree planting at the Audubon Society of Western Pennsylvania's Beechwood Farms Nature Reserve in Fox Chapel on Thursday afternoon, October 18.

Special thanks to (1) the ASWP for organizing all the materials, (2) club members who showed up and helped, (3) our trusty photographer Tom Benic, who posted many more photos than these here on our Facebook page, and (4) hands-on organizer George Dull, for putting together such a great event – our contribution to RI President Ian Riseley's worldwide tree-planting project!



Remember the fifth of our "Four-Way Test" – will it be fun? I think the answer is obvious from the pictures!





Oakmont-Verona Rotary Official Visit Presentations

During District Governor Singh Ajmani's official visit to Oakmont-Verona Rotary Club October 2, 2018, PDG Bill Kern and DG Singh, presented Paul Harris Awards to Fran Edwards and Arlene Loeffler. President Jada Donato commented that the members are so lucky to have such a great club.



Pittsburgh E-Club and Green Tree Rotary Rotarians in Service to the Pennsylvania Council for the Blind

Attendees from all over Pennsylvania congregated at the DoubleTree Hotel in Green Tree October 18 through 21, 2018. Rotarians from the Pittsburgh E-Club and Green Tree Rotary were on hand to make their experience more pleasant and comfortable during their conference.

Sandra Rebholz met attendees who arrived by Amtrak train and Greyhound bus. "It was tricky," she said, "with several people arriving at one time, with dogs and others with wheelchairs, and busses and trains not arriving on time."



Gigi Beatty, Tom Burgunder, George Holliday and Sandra Rebholz

After so many hours on the train or bus, some of the dogs were hoping to find a patch of grass on arrival; but there is very little grass in the city, and ironically, *none* at the Greyhound bus terminal, even though their icon is a dog!

At the hotel on Thursday, the Pittsburgh E-Club assisted the attendees in navigating their way around the hotel, taking their dogs outside, and stepping in wherever needed. Most attendees were quite independent. At registration, they were given a Braille layout of the hotel, but with so many people there milling about and the long, zig-zagging hallways in the hotel, the Rotarians proved to be quite helpful.



Bob Schuler, Tim Young, Lori Garner, Vanessa Dodds and John Herington



Rick Porach

On Saturday, Green Tree Rotarians Steve Burkett and Barb Bennett



Steve Burkett and Barb Bennett

reported to the hotel at 8:00 AM, followed by Rick Porach through the afternoon, and Sandra Rebholz, who returned for the evening shift.

Tom Burgunder, the Conference Coordinator, and Gigi Beatty, Conference Planning Team (both pictured above), thanked the Rotarians over and over for their help in making the conference more relaxing and enjoyable for the attendees. For the Rotarians, it was a pleasure to serve.

The Times

Entertainment & Life

Beaver Rotary provides beds for kids in need

By Marsha Keefer

Posted Aug 20, 2018 at 5:00 PM

A good night's sleep in one's own, comfortable bed is merely a dream for many kids who rest weary heads on floors, couches or share beds with siblings and parents.

It's one of the most poignant moments from the 2009 movie "The Blind Side," a biographical drama about the early life of NFL football player Michael Oher, who as a teenager bounced from foster home to foster home because of a drug-addicted mother.

Wealthy entrepreneurs Leigh Anne Tuohy (played by Sandra Bullock) and husband Sean (Tim McGraw) take Oher (Quinton Aaron) off the streets and into their Memphis, Tenn., mansion and eventually adopt him as their son.

Leigh Anne shows Oher his room — desk, chest of drawers, nightstand, light, alarm, bed.

"It's mine?" he asks.

"Yes, sir," she replies.

Oher stares in amazement.

"What?" Leigh Anne says.

"Never had one before," Oher responds.

"What, a room to yourself?

"A bed," says Oher.

District Tech News: *by Dennis Piper*

Great Resources:

- **Rotary International Web Site:** www.rotary.org

Please visit the new and improved RI website. The new webmaster left Microsoft to join the Rotary cause. There are great resources from the Rotary Citation to easy-to-create brochures. You can even get 40% off ***Kennywood and Sandcastle tickets.***

- **District 7300 Web Site:** www.rotarydistrict7300.org

We have done some significant work on the District website. We just added photos from the 2017 Atlanta International Conference and the 2018 District Conference. Check out the videos on the home page and in the news section. If you have some District event photos, we would love to post them. Please email any event and activities to the District Secretary.

PLEASE NOTE: All member, officer and club information must be entered on the ***CLUBRUNNER DISTRICT WEBSITE, NOT the RI website.*** By ****
entering information on the District site, the RI site will be updated as well.

- **Club Runner App:** [Available for all Smart Phones](#)

If you would like a list of your members and all their information, download this free app. The new version is awesome.

- **Presidents and Presidents Elect:** www.rotary.org

It is very important to fill in your goals and volunteer hours on the RI website. If you need help, please let me know. It is not that painful and will benefit Rotary more than you know. Thank you for all your hard work.

- The Presidential Citation is now called the *Rotary Citation*

- Check out the new and improved *Rotary Club Central*. Record your goals & service activities. Quick link: <https://rcc.rotary.org>

- **Assistant Governors:** Technology also comes in the form of people who want to help you
... AGs are a great resource.

If you need assistance with any of these technologies and or would like to schedule a club training session, please feel free to email dennis@deptechnet.net or call me: 412.292.7109



Please Use the ClubRunner Site

Member, Officer and Club information MUST be entered on the ClubRunner site, NOT the RI site. The two sites are integrated, but information only flows one way – from the District to RI. So information entered on the ClubRunner site will update the RI site; but information entered on the RI site will NOT flow back to the District site. So, to keep the two sites in sync, please use the ClubRunner site for Member, Officer and Club information.

Here's an anagram to help you remember:



M – Member information

O – Officer information

C – Club information

K – Keep using the ClubRunner site

PS – Johnny Mock loves this anagram!

Also, from time to time, it's good to check that both sites remain in sync. Club officers can access the RI Member Synchronization function on the ClubRunner Administration page, bottom, right. It is particularly a good idea to perform this function in June and December, in preparation for the July and January SARs.

Should you need assist, please contact District Technology Chairman Dennis Piper dennis@deptech.net or District Secretary Sandra Rebholz district.secretariat@comcast.net .





Nationwide 'Pink Lemonade Challenge' raises money for breast cancer

Sep 30, 2018 - 6:25 PM—reprinted courtesy of the Pittsburgh Post-Gazette

There was a sea of pink at Bic's Pub and Grill in Trafford on Sunday. Dozens came out to buy pink lemonade and other treats to raise money for breast cancer research.

The "Pink Lemonade Challenge" was launched last spring by 9-year-old Brynne Rhoades after her mom was diagnosed with breast cancer. The campaign has reached 15 states.

"Breast cancer is a subject that's touched all of us. My mother's a 14-year survivor of breast cancer. Everybody here has somebody that has suffered from breast cancer or passed away from breast cancer and just cancer in general," said Mike Wargo, of the Turtle Creek Rotary Satellite Club.

Sunday's fundraiser was hosted by the Kennelly family and the Turtle Creek Rotary Satellite Club.

Is Your Club looking for a Terrific Community Service Project that will benefit folks of all ages but will cost you very little, if anything? About a month ago the Turtle Creek Valley Club started this same project and we would love to have several other clubs (ideally one in the North Hills and another in the South Hills) do the same so that we can efficiently serve the entire District with these items. You can't know without seeing it, how grateful the folks are that receive such equipment. Their smiles and their gratitude are unforgettable!

AMBRIDGE ROTARY CLUB MEDICAL EQUIPMENT FREE LOAN SERVICE

- Started more than 25 years ago after a suggestion from our member, Donna Durick McFadden
- First, locate a place to store such equipment when you receive it
- Next, publicize the need for such items that are stored away and not being used
- Expect to possibly receive many varied items which could include the following:
Wheelchairs, Walkers with or without seats, Potty Chairs, Tub/ Shower Benches or Chairs, Toilet Seat Risers, Crutches, Canes or Quad Canes, Small Item Grabbers, Transport Chairs, Battery Operated Power Scooters or Wheelchairs, Electric Stair Chair Gliders, Electric Hospital Beds, Adjustable Bedside Tables, Inflatable Mattresses, Hoyer Lifts, etc.
- Once you have some items, publicize that they are available for loan at no charge for as long as they are needed.
- Be prepared, financially, for the possible need to replace the batteries in an electric wheelchair or scooter. If they have been sitting unused for an extended period of time, the batteries will die. Such batteries can cost \$250-\$300 per set of two. (THIS HAS BEEN OUR ONLY CLUB EXPENSE IN ALL THESE YEARS- REPLACED 3 SETS)
- Have a "Release Form" (example available) customized for your club to have equipment recipient's sign when they get items.
- Ideally, have several club members act as the committee that will be the contacts and will handle the receipt or delivery of items.
- If/When you have more items than you will need, contact The Brother's Brother Foundation in the North Side of Pittsburgh under the direction of Rotarian, Luke Hingson, and they will arrange to have them sent to a country in need of such items.
- Great contacts to get equipment and to find needy folks are Rehab Centers, Senior Care Centers, Hospitals and the like. The general public is also a great source.
- Give good contact information for responders such as the following:

Contact for more Information

Walt Sickles-724-266-9060, Felicia Mycyk-724-264-5846, Donna Durick-724-266-5920

www.ambridgerotaryclub.org



BE THE INSPIRATION

Be the inspiration to others and donate your gently used clothing to be delivered to Appalachia

Any questions please contact PDG Herm Dieckmann 412-443-2922 or herm2794@gmail.com



District Governor Singh Ajmani



INVITATION

Please join

ROTARY INTERNATIONAL DISTRICT 7300

with the annual

“Rotary Peace Float”

in the

Pittsburgh WPXI Holiday Parade

Saturday, November 24, 2018

Sign up now: *Send form to:* District.Secretary@RotaryDistrict7300.org

Name _____ **Sponsoring Club** _____

Telephone _____ **Cell Phone** _____

E-Mail _____

We meet at 26th and Smallman Streets in the Strip District at 7:30AM parade day. Look for the “Rotary Peace Float”... Interact, Rotaract, Rotary Youth Exchange students and others will be walking alongside the float in the parade, carrying flags of various countries. The parade will be televised live by WPXI-TV, Channel 11.

Day of Parade Contact: **Walt Sickles, Past District Governor** **724 462-6929**
 Sandra Rebholz, District Secretary **412 915-6569**



You're invited to a
roaring good time!

The New Kensington Rotary Club's 20th

ROTARAMA

MARCH 23, 2019

Hill Crest
Country Club
Lower Burrell,
PA

Sponsorship
& Advertising
Opportunities,
as well as Tickets
for Attendance
Available

*Voted 2018 Best
Wedding Venue by
Pittsburgh Magazine*



THE FUN BEGINS AT 5 P.M.

CONTACT: MIKE NEWELL
MNEWELL@VPFYMCA.ORG

20th Anniversary Event Features:

This event's going to be the bee's knees!

 Famous Reverse Raffle - \$4,000 Grand Prize

 Live Music with Neon Swing X-perience
Voted a Best of Pittsburgh winner by Pittsburgh City Paper

 Dinner and Speakeasy
Includes beer, wine and soft drinks


 Table Games and Raffles

 Photo Opportunities and Selfie Station

All gents and dolls are invited to put on the ritz in their best attire as we party like Gatsby & raise a glass of giggle water to benefit the Rotary's community grant program.



*PROCEEDS BENEFIT WHITE OAK ROTARY
SERVICE PROJECTS AND MANY CHARITABLE VENTURES*

PITTSBURGH PENGUINS

2 SEATS - 10 HOME PENGUINS GAMES

**PLUS \$1000 IN
RESTAURANT
GIFT CARDS**



**LOCATION:
SECTION 201, ROW E, SEATS 17 & 18**

Winning Number taken from PA Daily Lottery Pick 3, first number drawn at 7:00 PM

SUNDAY, DECEMBER 23RD, 2018

SELLER OF WINNING TICKET \$200

**ONLY 500 TICKETS SOLD
DONATION: \$20/TICKET**



Not responsible for typographic errors. ALL UNSOLD TICKETS PROPERTY OF WHITE OAK ROTARY.
Winning Ticket rules/details found on www.whiteoakrotary.com or call (412) 500-5314 for more info.

ROTARY CLUB
OF MONROEVILLE



WINE & DINE

Join us for an evening of wining & dining with

The Legendary Smokey Robinson

Saturday, November 10, 2018
at the Omni William Penn Hotel Downtown

530 William Penn Place, Pittsburgh, PA 15219

Tickets @ \$125 each tinyurl.com/RotaryGala2018

Make checks payable to: Rotary Club of Monroeville or Rotary District 7300 Foundation (a 501c3) and mail to:
PO Box 368, Monroeville, PA 15146



Reception 6:00 pm

Dinner & Entertainment 7:00 pm

Sample some of Smokey Robinson's
delicious wine with dinner,
while helping us raise money
for our numerous local and global causes.

Music and Entertainment by Finesse Band

Ballroom Attire, Black Tie Optional

Dessert Auction

Smokey Robinson Wine Auction

Sponsored by:

S&T Bank
MEMBER FDIC

YOU CAN WIN...

- **2 Tickets to the NFL's BIGGEST GAME on Feb. 3, 2019, at Mercedes-Benz Stadium in Atlanta, GA.**
- **4 NIGHTS LODGING for 2 in Atlanta**
- **\$1,000 Cash**

ALL OF THIS FOR ONLY

\$5 per chance – 5 chances for \$20

- **2nd Prize - \$1,000 Cash**
- **3rd Prize - \$500 Cash**
- **4th Prize - \$300 Cash**
- **5th Prize - \$200 Cash**

The Grand Prize Drawings will take place at 5:30 PM on Sunday, Dec. 9, 2018, in Indian Rocks Beach, FL. The winners will be notified by telephone.

TICKET PURCHASE DEADLINE - WEDNESDAY, NOV. 21, 2018

Raffle proceeds to benefit the Ambridge Rotary Club Service Projects in cooperation with the Indian Rocks Beach, FL., Rotary Club.

Ambridge Rotary Club Contacts:

Walt & Harriet Sickles - 724-266-9060

YOU'RE INVITED



The Chuck Tanner Awards Banquet has hosted **SOME PRETTY BIG NAMES**

JOE TORRE • JOE MADDON • RON GARDENHIRE • CHARLIE MANUEL
JIM LEYLAND • DAVEY JOHNSON • BOB MELVIN • CLINT HURDLE
BUCK SHOWALTER • JEFF BANISTER • DUSTY BAKER • TERRY FRANCONA

May we add your name to the list this year?



Longtime Pittsburgh Pirate announcer
Lanny Frattare will be on hand to accept the
Chuck Tanner Lifetime Achievement Award.

SAVE THE DATE

Saturday, November 10, 2018

The Rivers Club
One Oxford Centre
Downtown Pittsburgh

Rotary
Club of Pittsburgh



For tickets and details, visit:
www.pittsburghrotary.org

Proceeds benefit Rotary Club of Pittsburgh Foundation service projects and our 2018 partner YouthWorks!



SECOND ANNUAL

ROTARY UNCORKED

An evening of fine wine, excellent food & music

*In Memory of Fellow Rotarian and Great Friend,
Dr. Michael Parniak*



**Sponsored by the Churchill-Wilkins
Rotary Club**

*All net proceeds are used to benefit local community programs
such as Scholarships, School Lunches, Summer Camps, Food
Pantries, Meals on Wheels, and Special Needs Projects*

**Saturday,
November 3, 2018**

5:30 PM

***Grand View Golf
Club***

***1000 Clubhouse
Drive***

***North Braddock,
PA 15104***

\$100 per person

Music by *Just Us*

**SILENT AUCTION
FEATURING:**

WINE

PENGUINS TICKETS

GOLF OUTINGS

DESIGNER JEWELRY

FINE ART

AND MORE!

PLUS BASKET RAFFLE

& 50/50 DRAWING



The 2018 INDOOR RIDE TO END POLIO

Join the District 7300 Team



In 9 years the Ride to End Polio has raised more than \$47 million¹ toward polio eradication. Help us make it past \$50 million this year without leaving home.



- Each rider chooses the number of minutes to ride and seeks donations to PolioPlus in support of the ride.
- Enjoy fun, fitness and fellowship with other Rotarians and friends in our District
- Support Polio Eradication Efforts

Important Date

Team Ride: November 17th at Arsenal Strength from 3:30-5:00pm

For more information and to register, e-mail Danielle Staresinic :danielle.staresinic@gmail.com

¹ Including the match from the Bill and Melinda Gates Foundation.