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NOVEMBER 2019

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The Rotary Foundation Is our Best Partner

Rotary Friends,

November is Rotary Foundation Month. Our foundation is our best partner in helping all Rotary clubs and Rotarians do good in the world.

The resources of the Rotary Foundation make it possible for each of us to connect and change the world for the better.

Think of clean water projects, literacy initiatives, local projects for economic development, health improvement and disease prevention, building peace, and of course, ridding the world of polio.

Each of these areas of work are made possible through the generous resources of our Rotary Foundation. Those resources come from the outstanding support of Rotarians around the world. Because we give, our resources are pooled, managed and shared on countless projects everywhere that make the world a better place.

This month we celebrate the achievements of our Foundation, and the work we do as Rotarians and Rotoractors. We are justly proud of what we do.

But this month we also remember the need to keep giving and supporting our Foundation so the work can continue.

Our challenge in District 5440 is for every Rotarian to become a sustaining member of the Rotary Foundation. That means that each of you will give at least \$100 to our Rotary Foundation. Of course, we hope you will continue to support your local club fundraisers and local club foundations. All we are asking is that you give at least \$8 per month to the Rotary Foundation this year. Your gift will connect you to people in need around the world. You will make a difference.

I would love nothing more than to help present you with your Paul Harris recognition. Make giving to our Foundation part of your annual charity giving. It will be an honor to shake your hand and thank you for your support of the Rotary Foundation.

It is a joy to serve as your District Governor this year. Thank you.

Chris Woodruff, District Governor (2019-2020)
Rotary District 5440
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Greeley Centennial Rotary



Cheyenne After Hours Rotary Club

Helping 100s of Veterans in the Cheyenne, WY, Community

by Judy Fossum Mathern, Cheyenne After Hours Rotary Club President

Rotary helping veterans, veterans helping fellow veterans, community helping veterans. For the fourth consecutive year, Cheyenne Rotary After Hours (CRAH), has spearheaded the VA Produce Project. During the 2019 season, 100s of veterans in the Cheyenne, WY, community received FREE fresh veggies (and some fruit) through the club's efforts.



The project is conducted over the ten Saturdays of the Cheyenne Farmers' Market (the first Saturday in August through the first Saturday in October). In cooperation with the Cheyenne VA Center and Miller Family Farms, each Saturday members of CRAH along with volunteers from around the community, help Miller Farms clean up their booth space (sweep, break down boxes, take down tents and tables, reload their semi trailer, and re-crate produce). Joe Miller, of Miller Farms, is a very generous person, donating the majority of what he doesn't sell at the farmers market to our project. We have not weighed the produce, but it is easily 100s if not 1000s of pounds of fresh produce he has donated to the project over the past four years! Once the donated produce is re-crated, we load it into trucks, SUVs, and trailers (whatever the volunteers have), and take it to the

Cheyenne VA Center, where we load it into an air-conditioned trailer, which was donated new this year by C&J Energy in Cheyenne. Additional produce is added on Sunday. Veterans then come to pick up their FREE veggies and fruit on the following Monday.

Over the past four years, the project has grown in many respects. First, Miller Family Farms continues to be incredibly generous with all they donate to the program. Second, veteran participation (in awareness of the program) has increased greatly as the word has gotten out about the program through social media and greater visibility with the trailer in the front of the VA Center. In fact, Thomas Redding, who works with the VA and a great deal with the produce project, has mentioned that on at least one Monday, they ran out of produce. He has also stated that on some Mondays there can be as many as 300-400 people waiting to pick up the free nourishing produce. We have found that there is definitely a need for this program in our community. Third, community involvement with the project has increased. As stated, C&J Energy of Cheyenne donated a trailer with AC so that that veggies and fruit can stay crisp and fresh before the veterans pick them up on Monday.



This is very much a "hands on" project. It is not a project that requires any funding or money on our club's part, but it does require volunteers to help with their labor. CRAH heads the project, but it is so much more and so much bigger than our club. A representative (or two, sometimes three) from CRAH is there each Saturday, along with a group of volunteers. This has

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Cheyenne After Hours Rotary Club

grown to not just a Rotary project, but to a whole community effort. This season, ALL of the Rotary Clubs in Cheyenne have helped provide volunteers (After Hours, Sunrise, Noon), as have LCCC Rotaract, and all of the Interact clubs (we have four interact clubs in Cheyenne, one at each high school, including the Triumph HS Interact Club which CRAH helped found and is a sponsor of). Here though is the cool thing, this project is now much bigger than just Rotary. Our volunteers for the 2019 season have also come from two veterans groups, Boy Scouts, club member's families, High Plains FFA, Z Club (Zonta high school club), members of a local wine group, and members of the community who found out about the project and just wanted to help. Over the 10 weeks in 2019, this project had 76 total volunteers, which equaled about 105 volunteer hours!



Cheyenne Rotary After Hours is very happy to be a part of this project and is extremely grateful to all of the community volunteers who have pitched in to help make this another extremely successful season!



Estes Park Rotary Club

The Rotary Club of Estes Park

P. O. Box 1365



October 22, 2019

For Immediate Release

Questions? Call Rita DuChateau (630) 207-5297

Delivering pumpkins and smiles to students Rotary Club of Estes Park continues tradition

Hundreds of elementary and preschool students came home from school last Friday with pumpkins, courtesy of the Rotary Club of Estes Park and the Safeway Foundation. The tradition, which began in 1936, is one of the many local service projects of the 93-year old club.

This year's event organizer was Sue Fereday, Rotary club's Youth and New Generations director. She was especially grateful for the help provided by the Estes Park Interact Club . Interact is a service club for youth ages 12 to 18 who want to connect with other young people and have fun while serving their communities and learning about the world. Clubs are sponsored by local Rotary clubs.

Fereday applied for a grant from the Safeway Foundation, which generously donated 560 large pumpkins. She picked up 14 crates of pumpkins at Safeway and delivered them to Estes Park Elementary School and Mountaintop Preschool, where she and volunteers unloaded them and helped the students select the perfect prize. Fereday is thankful for the support of several Estes Park Safeway employees, including Store Manager Elise Rowton, Assistant Grocery Manager Eric Gruber and Assistant Produce Manager Laura Madigan.

"They are wonderful people to work with," Fereday said Oct. 21.

Rotary volunteers included Jim Austin, Barb Bibler, Mike Connolly, Kris and Gary Hazelton and Virgil Holtgrewe.

"It's exciting to watch Rotarians carry on an Estes Park tradition that has been in place for over 80 years now," said Rotary Club President Doug Mann. "Some of the parents of these children even received pumpkins



What fun it is to tiptoe through the pumpkins!

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Estes Park Rotary Club

from this club when they were in school! We're thrilled to have been able to continue this wonderful community project this year."

The 83rd Annual Pumpkin Distribution Day began in 1936 with Ron Brodie, former Estes Park mayor and Rotary Club of Estes Park president, according to 42-year club member Tom Maher. Brodie owned Brodie's Supermarket and provided pumpkins for elementary students for many years. Following Brodie's death, Rotary Club took over the pumpkin project, with the support of Brodie's family and friends. The tradition continues.



Rotary Club members from left: Jim Austin, Barb Bibler, Virgil Holtgrewe, and Mike Connolly take a smile break!



Rotarian Mike Connolly hands off to an Interact Club member as the truck is unloaded.



Could he be working on his Pumpkin Badge?



My choice, my pumpkin!

Rotary Pumpkins



560 pumpkins made their way to students' homes.



Rotary Exchange Student helps with a delivery.

Fort Collins Rotary Clubs

Rotary Clubs of Fort Collins – Making a Difference

By PDG Bill Emslie, President Rotary Club of Fort Collins, After Work

On Saturday, October 19, 2019, several Rotary Clubs in Fort Collins came together to help start a community project, Renovation of the Eastside Community Park.

The Eastside Community Park needs revitalization to transform the area into a safe and meaningful community space. The adjacent Laurel Elementary school went into 'lock-out' mode five times during the past school year because of unsafe and threatening behavior in the park. In the past, the park has seen sexual assaults, drug use and other negative behavior causing both elementary students and neighbors to feel unsafe. To address the issue, the oldest and first church in Fort Collins (First United Methodist Church - 1869) is spearheading a partnership with the City of Fort Collins and the local community to re-design and upgrade the park. The four Rotary Clubs of Fort Collins have joined with 17 other local businesses and organizations to help the church and city bring this project to fruition.

The four Fort Collins Rotary Clubs will support of the project both with hands on service and financially. On October 19 approximately 15 Rotarians from several Fort Collins clubs started the official park renovation by assisting in the removal of an old T-Ball backstop and benches. This was done in just a few hours. The photos below show this work.

Rotary also supports the project financially. Past District Governor Bill Emslie led the four clubs in receiving approval for a District Governors Grant totaling \$6,000. Proceeds of this grant will fund specific improvements such as new park benches, game tables and bicycle racks in the park. The Rotary contribution is part of the \$245,000 budget for park renovation which is funded by individuals, businesses and community organizations.



Rotarians from Fort Collins and other community volunteers gather around the backstop to be removed as part of the renovation of the Eastside Community Park.

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Fort Collins Rotary Clubs

Leadership and a champion for the Eastside Community Park renovation is Rotarian Stacy Plemmons, who has coordinated fundraising for the project city wide. Stacy is member of the Rotary Club of Fort Collins. Thank you, Stacy and the Rotarians of Fort Collins, for your support of this worthwhile community effort.



Rotarian Ralph Smith from the Rotary Club of Fort Collins; 1918, removing backstop fence.

All eyes on one man!



Rotarians and volunteers in action!



Rotarian Stacy Plemmons (on ladder), who organized the Rotary workday, readies backstop



Rotary coordinator Stacy Plemmons celebrates with Pastor Melanie Rosa from First United Methodist Church and Fort Collins Mayor Wade Troxell.



Mission accomplished. Backstop removed.

Global Grant Scholarships - Investing in the Future

By Jim Epstein, District Grants Chair

Scholarships are an excellent way to invest in the future. By supporting outstanding students who have a strong interest in one of Rotary's six areas of focus, we are at the same time building goodwill with future leaders while also promoting Rotary's causes. There are many scholarship programs in the district and one of them is the global grant scholarship program. A global grant scholarship is a \$30,000 award to study for a graduate degree at a university abroad in one of Rotary's focus areas. Each year we will feature the awardee in an article in the district newsletter.

We have three universities in our district with graduate level studies that provide us candidates; Colorado State University, University of Wyoming and the University of Northern Colorado, and we select one student each year for a global grant scholarship. In addition, three clubs in the district have agreed to be hosts for these students, RC Laramie, RC Loveland, and RC Greeley After Hours. As a host club they will select one student from a list provided by these universities by conducting interviews, often by Skype since many applicants are already working or studying abroad. The host club also applies for the global grant to fund the scholarship and sets up a bank account to administer the grant funds. There is no cost to the host club since the district contributes \$15,000 and The Rotary Foundation contributes the other \$15,000.

During the global grant application process an international partner club in the country where the student will be studying is found. This club will invite the student to Rotary meetings and help the student adjust to the new location. Students learn a lot about Rotary from these interactions.

Our previous awardees have been:

Kenneth Brenneman, University of Wyoming, to study economic development in developing countries at The Pforzheim Hochschule in Pforzheim Germany

Matthew Schneider, University of Wyoming, to study the architecture of refugee community housing at the Migration Research Center at Koc University, Turkey

Lindsey Pointer, Colorado College, to study restorative justice at Victoria University of Wellington, New Zealand (we previously accepted students from other universities).

I'd like to introduce you to Rebecca Hermann from Colorado State University, our global grant scholarship winner for this

year. Her area of focus is disease prevention and treatment.



Rebecca Hermann grew up in Nederland, Colorado and is a graduate of both the Environmental Health and Spanish programs at Colorado State University. During her time as an undergraduate student, she worked as a research assistant in Honduras to gather data on indoor air pollution and cardiovascular health outcomes resulting from cookstove use. There, she learned how to combine her passion for public health with her skills in Spanish and cultural competency.

Following these experiences, Rebecca was motivated to delve deeper into Latin American culture and pursued a Fulbright English Teaching Assistant grant in Colombia. The cultural exchange she was immersed in as a Fulbrighter inspired her to pursue further education abroad in her chosen field of public health.

Rebecca will now use her Rotary Global Grant Scholarship to study a Master of Science degree in Control of Infectious Diseases at the London School of Hygiene and Tropical Medicine. This program combines public health, epidemiology, and laboratory science and will prepare her to work in an interdisciplinary capacity in the field of disease prevention and control. She is especially interested in diseases that are emerging and expanding due to climate change, such as vector-borne diseases. She hopes this degree will supplement her cultural experience in Latin America with the technical skills that will enable her to return to the region in a public health role.

In the future, she wants to implement disease prevention and control that will affect the global spread of diseases. She envisions herself working for a public health NGO in Latin America and planning education campaigns, vector-control programs, and field surveillance to monitor disease, especially in underserved communities. Eventually, she wants to transition into an international organization such as the Centers for Disease Control and Prevention, the Pan-American Health Organization, or the World Health Organization where she can contribute to the policy behind disease control measures.

As you can see, we have been able to find some outstanding students that will help Rotary advance our six areas of focus in the world. We think that these global grant scholarships are a great investment in the future.

Triple Crown Donor Recognition



District 5440 Announces a new level of Donor Recognition

The Triple Crown Donor

Recognizing Rotary Foundation Contributors who are

Paul Harris Society Members

Major Donors

and

Bequest society Members

District 5440 is fortunate to have among its membership many Rotarians who have made significant contributions to the Rotary Foundation. As part of Rotary's Foundation Month, we are pleased to extend special recognition to those who are not only Major Donors but also continue to support the Foundation with a significant annual gift and, in addition, have made provisions to support the Foundation in their estate plans.

Requirements for each level of giving are:

Paul Harris Society – By electing to contribute \$1,000 or more annually to the Annual Fund, PolioPlus, or an approved Foundation Grant, one can become a member of the Paul Harris Society.

Major Donor – When cumulative donations reach \$10,000, Major Donor recognition is bestowed. Choose to receive a crystal recognition piece and a major donor lapel pin or pendent.

Bequest Society – By making a planned gift of \$10,000 or more via your estate plans, you become a member of the Bequest Society and are recognized with an engraved crystal recognition piece and a Bequest Society pin.

Each Triple Crown Donor will receive a donor pin pictured above to wear proudly at Rotary events. Please take the time to thank Triple Crown Donors for their significant donations to the work of Rotary International.

For more information, please contact Chuck Rutenberg, D5440 Foundation Chair at chuck-rotary@hotmail.com.



Triple Crown Donors recognized at the Fall Assembly

Interested in Being a District Governor?

Have you heard?
DG apps are being
accepted!

If you are interested
in taking the next
step in Rotary ser-
vice & becoming a
District Governor
please visit our
[DGND information](#)
[page](#) today!



Click [HERE](#) for the DGND information on the District 5440 website.

Upcoming District Events

- [Rotary Leadership Institute](#)

Nov. 8, 2019, 5:00 PM - Nov. 9, 2019, 4:00 PM , The Lyric, Casper, WY

- [Rotary World Peace Conference](#)

Jan. 17, 2020, 8:00 AM - Jan. 18, 2020, 8:00 PM, Ontario Convention Center

- [Rotary High Country PETS](#)

Feb. 28 - Mar. 1, 2020, Denver Renaissance Stapleton Hotel

- [Rotary District 5440 - Spring Assembly in Casper](#)

Mar. 28, 2020, 9:00 AM - 3:00 PM, TBD

- [Rotary District 5440 - Spring Assembly in Windsor](#)

Apr. 4, 2020, 9:00 AM - 3:00 PM, TBD

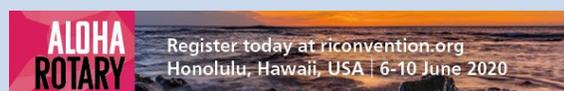
- [Rotary District 5440 Conference - 2020](#)

A Rotary Unexpected Blast on May 29-30, 2020

This will be one day conference at the new Doubletree Conference Hotel at Lincoln Park in Greeley. Plans include national speakers, fun, preconference activities awards, and an exchange student reunion. Much more to come!

May 28, 2020 : Rotary Foundation Recognition Dinner at the Poudre Learning Center in Greeley. This will be held in conjunction with, but is separate from the District Conference. More to follow.

- [RI Convention - June 6-10, 2020](#)



Aloha, Rotary! Discover the true spirit of aloha and Rotary with your family, friends, and fellow Rotarians in Honolulu. It's the perfect setting for the entire family of Rotary to celebrate, collaborate, and connect while experiencing the warmth and welcome of Honolulu. The convention is one of the only times when people of action from around the world gather in one place to celebrate Rotary. Our engaging speakers will boost your passion for service and provide new perspectives on our work in the world. Make new friends and connect with old ones while you explore all that Honolulu and the convention has to offer. You'll return from our convention refreshed and inspired to continue your service and community leadership. Don't miss your chance to find and share aloha at the 2020 Rotary Convention in Honolulu, Hawaii, USA, 6-10 June. Register now and save To take advantage of early registration savings, register before 15 December at riconvention.org.

- [Rotary District 5440 Conference - 2021](#)

May 20, 2021 5:00 PM – May 22, 2021 9:00 PM

<https://rotary5440.org/>

District Governor—Chris Woodruff



Service Above Self

