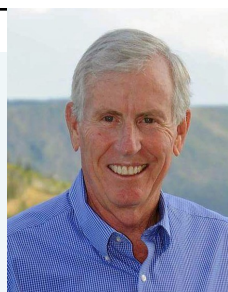




District Governor Steve Sehnert

Thanks to all who attended the Fall Assembly in Cheyenne on Oct 7. Our keynote speaker was Jennifer Cox, a national trainer with the National Council for Wellbeing. She encouraged us to seek out training for the Mental Health First Aid. This program will help us all to achieve the RI President's challenge to "Create Hope in the World". There were breakout sessions on Membership, Grants, Public Image, Facilitating Training, and on Rotary basics.



The DG Line of Steve, Julie, and Karen have completed all our Club Visits for this Rotary year and we appreciate the efforts of the clubs to welcome us and to arrange meetings with club leaders. There are so many great clubs in this District and it was wonderful to hear about their projects and fundraisers, membership, and contributions to The Rotary Foundation. An exciting development is new After Hours and Satellite clubs that give members alternative times to meet and continue to be active Rotarians.

Thanks for your service and dedication to Rotary and making a positive impact in our communities.

Steve Sehnert, District Governor 2023-24



November, 2023

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The 4-Way Test of things we do and say:

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

Sterling Rotary Club Brought Iron Lung and ShelterBox to Duck Race

The Rotary Club of Sterling just finished its 4th Annual Duck Race on September 20th. This year the Club converted its four-year-old Running of the Ducks to a Pluck-a-Duck event. 891 ducks were sold and instead of “running” in a canal, the ducks were dumped into a pool and plucked out by some VIPs, including Mayor Brenda Desormeau, Fire Chief Lavon Ritter, NJC President Mike White and of course our famous “Lame Duck” – Denny

The race consisted of eight heats and 10 ducks plucked from each heat, so the Final heat featured 80 ducks swimming in the pool. Sheila Worley helped the ducks along with an oar that she used to swirl the water. Ten winners were again plucked, and prizes given. The first prize winner received \$500, 2nd \$250 and 3rd \$100. The remaining 7 winners received gift baskets donated by local businesses and individuals. We ended the event with a great taco bar enjoyed by Rotarians and their special guests.

The group has been working hard on this year’s fundraiser since the first of August when members were given their duck packets. Rotary had a booth at the Logan County Fair the first week of August and ducks were sold for several days during the fair. They also had a booth at Sugar Beet Days the week-end of Sept 16 – 17th.

This year, the club wanted to help raise awareness of two important issues, polio, and worldwide disasters. An iron lung was on display reminding us that polio is still not eradicated around the world. Also on display was a ShelterBox, showing how much-needed shelter can be provided to families

worldwide who have lost everything due to disaster. Club President, Patty Vandebark and member, Sheila Worley, drove to Broken Bow, NE to get the trailer with the Iron Lung and ShelterBox from the Broken Bow Area Rotary Club in District 5630. Both displays created a lot of interest, and many visitors thanked us for bringing them to Sterling. The event has grown each year since the race started in 2020. The first event involved 530 ducks and this year the club sold 891 ducks. “Our members work really hard on this project every year and it has grown a little each year,” Vandebark remarked. “It’s really gratifying to see the community’s response to our duck race and how supportive people are for Rotary’s projects, both in Sterling and around the world”. Thank you also to our 15 corporate sponsors who generously donated money to the race. We couldn’t have done it without your support.

The Sterling Rotary Club is always looking for ways to help in our community. This year’s duck race raised over \$9,000. Proceeds from the duck race will go toward funding local scholarships, dic-

tionaries for third graders, our youth golf event and other community projects. This year we will also donate \$1000 to Polio Plus and \$1000 to ShelterBox.

Thank you to everyone that helped make this year’s duck race a huge success!





Solar and Wind Powered SunSpring™ Hybrid water purification system

Estes Valley Sunrise Rotary Club Raises \$40,000 at Labor Day Event

By Jean Rissmiller, President, Estes Valley Sunrise Rotary Club

The Estes Park Labor Day Weekend Arts & Crafts Show took place for 3 days over the Labor Day weekend in Bond Park and is sponsored by the Estes Valley Sunrise Rotary Club of Estes Park, Colorado. This long-running Estes Park favorite featured 91 artisans, from 14 States, offering one-of-a-kind handcrafted items including jewelry, paintings, art glass, wood furniture, photography, ceramics, sculpture, fiber, and more.

To differentiate this Arts & Crafts Show from many similar shows in Estes Park throughout the summer, Sunrise Rotarians brought a Solar and Wind Powered SunSpring™ Hybrid water purification system to the show to raise awareness of the fundamental importance of clean water as well as promote one of the seven Rotary International areas of focus. This system provides enough safe drinking water (up to 5000 gals daily) for developing communities around the world, reducing the risk of debilitating water-borne diseases. The SunSpring Hybrid system was invented in Colorado by Innovative Water Technologies™, IWT. It has global applications for helping solve the world's clean water crisis. IWT, along with Rotary and other non-profit organizations, have served 38 countries to date.

Past District Governor, Lee Varra-Nelson and Catherine Varra-Nelson brought their Club's ShelterBox Tent to the 3-day event. They were instrumental in promoting ShelterBox and its many applications and benefits. Thank you Lee and Catherine!



Musicians entertained the crowds every day and the children's Arts and Crafts tent let kids show their creative side and work on their own artistic creations.

The ever-popular silent auction took place all three days. All but a few artists donated pieces to be auctioned. The auction raised over \$2700 in three days. The Labor Day Weekend Arts & Crafts Show brought in nearly \$385,000 in vendor sales with over \$30 in sales tax revenue collected (state and local). Proceeds from this fundraiser cleared \$40K and will benefit youth and non-profits in the Estes Valley as well as water projects internationally.

For more information about this popular event, go to <https://estesparkartscrafts.com> or follow the event on Facebook.

CHEYNNE ROTARY AFTER HOURS

PRESENTS



**A TUBULAR NIGHT
OF MYSTERY,
MAYHEM, &
MURDER ON THE
DANCE FLOOR**

KILLER 80's PROM

NOVEMBER 10, 2023

5:30-9:00PM

**LARAMIE COUNTY COMMUNITY COLLEGE-
CLAY PATHFINDER BUILDING**

**IT'S A PROM LIKE NO
OTHER... WHERE BIG
HAIR, BOLD COLORS,
& UNFORGETTABLE
TUNES COLLIDE
WITH SPINE-
CHILLING SUSPENSE!**

TICKETS:

\$65- TOTALLY RAD INDIVIDUAL

\$600-TUBULAR RETRO SPONSOR TABLE (6 SEATS)

**TICKET/TABLE INCLUDES A GNARLY 80S
PROM BUFFET DINNER WITH CASH BAR
PLUS!! 50/50 RAFFLE, SILENT AUCTION, & MORE!**

**WITH YOUR SUPPORT, THE PROCEEDS GO DIRECTLY
TOWARDS THE DEVELOPMENT OF CHEYENNE'S NEW ROTARY
PARK, ENRICHING OUR COMMUNITY FOR YEARS TO COME.**



TO PURCHASE TICKETS



Cheyenne
Rotary After Hours
7th Annual
Jingle Bell
Jaunt 5K

Saturday December 2, 2023

8:30 registration/9:00 run/walk begins

Starts & ends at

Lions Park

Paul Smith Children's Village

Registration by November 1st includes long sleeved t-shirt

Register on-line at:

<https://www.raceentry.com/races/jingle-bell-jaunt/2023/register>

For more information contact

Dr. Michelle Aldrich at 307-760-6213

Three District 5440 Rotary Clubs provide homes for Juarez, Mexico

Should your club have interest in participating in a future home for Juarez, please contact Ted Cluett at tedcluett@msn.com and the Rotary club of Fort Collins, After Work rotaryafterwork@yahoo.com. More information can be found of this project at: <http://www.matchinggrants.org/district/project3688.html>. To see a video showing final assembly in Juarez please click here <https://www.youtube.com/watch?v=fX1bUnkrqfk>.

Local Students constructing home in Juarez.



The Rotary Club of Fort Collins, After Work recently completed District Grant P-3688, Homes for Juarez. This project is a collaboration between three District 5440 Clubs; including the Rotary Club of Fort Collins, After Work, the Rotary Club of Estes Valley, Sunrise and the Rotary Club of Cheyenne. Funds from these clubs were used to construct modular houses as a local education project for students from the Colorado Early College High School in Fort Collins. These modular houses were then shipped to Juárez, Mexico where our Sister Club, the all-female Rotary Club Rotario Campestre coordinated final placement and assembly.

Completion of this house marks the fiftieth home that has been sent to Juarez by Rotary Clubs in Colorado. In recognition of this milestone, Mr. Ted Cluett, who managed this project as a member of the Rotary Club of Fort Collins, After Work traveled to Juarez to commemorate the gifting of this 50th home. He was welcomed by sister club Rotario Campestre for the home final

assembly. Ted also presented the keys to the home to its new owners. Recipients of these homes are families in Juarez in need of housing who have few alternatives for adequate housing.

Construction of homes for Juarez has been an ongoing project for eighteen years, beginning thorough the efforts of Denver area Rotary Clubs in District 5450. Over this period, approximately 800 high school students have participated in the construction of the fifty

homes, providing these students experience and education in the construction trades. Both Interact and Rotaract members have also been involved.



Photo of completed home with recipient family and members of the Rotary Club Rotario Campestre



Rotary Club of Fort Collins, After Work President Chris Terry (left) with Ted Cluett holding award from Club Rotario Campestre.

Weld County Food Bank Baby Food Drive by The Rotary Clubs of Greeley



Pictured above left to right : Theresa Meyers, Greeley Redeye, Fatima Groom, Greeley, Ryan Roth, Greeley Satellite, Kellie Kegerreis, Greeley After Hours, Stewart Abbot, Co-President, Greeley Centennial, Bob O'Connor, Chief Exec Officer Food Bank, and Rudy Santos, Co-President, Greeley Centennial.

This joint club project netted 428 pounds of baby food, and other canned goods, to benefit the Weld County Food Bank. All five local club presidents presented the food along with \$116 in donated cash to Bob O'Connor, Chief Executive Officer for the Food Bank, on Monday, October 30th.

Thank you to the volunteers who braved the cold on Saturday for this project!!



Pictured at left is PP/PDG Bryan & Carolyn Cooke, Brian & Betty Fowler, Greeley After Hours. Pictured right is President Ryan Roth with Greeley club member Brenda Campos-Spitze & daughter.



Pictured above is Greeley Centennial Co-President Stewart Abbot accepting food donations.



Pictured left: Jessica & Rene Hernandez with their children. Jessica is a member of Greeley Centennial.

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**CREATE HOPE
in the WORLD**

Upcoming Events

March 1-3, 2024 - High Country Presidents Elect Training Seminar (PETS), Westminster, CO

April 13, 2024 - District 5440 Virtual Assembly

May 4, 2024 - District 5440 Foundation Dinner Celebration, Casper, WY

May 16 - 18, 2024 - Rotary District 5440 Conference, Steamboat Springs, CO

May 25 - 29, 2024 - Rotary International Convention, Singapore

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WITH THE WORLD**

SINGAPORE | 25-29 MAY 2024
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