



Be a gift to the world



Volume I, Issue 7
January, 2016

Inside this issue:

Cheyenne Sunrise RC 2
says "It's a great day
to be a Rotarian"

Save the Date for
District Conference 2

On the verge of
making History 3

Estes Park Duck Race 3
set for May 7, 2016



Registration is
now open
for PEs and
PENs



Have you sent in
your Foundation
contributions this
Rotary year?

District Governor's Message

by Ken Small, 2015-2016 District 5440 Governor

January is the month that Rotary turns its focus to vocations. There is a relationship between vocation and almost every other area of interest and focus in our lives. Where we live, how we relate to other persons, what we can do for others, and how others perceive Rotarians. Each of these activities is to some extent framed by what vocations we chose.

So how can Rotary serve Rotarians through their vocation. Almost everybody recognizes that Rotary provides an avenue to meet like minded Rotarians who have widely varying vocations, and therefore, will potentially call on each other for service, advice, and support. But there is much more that can be brought from Rotary into our lives.

The Four Way Test is a touchstone for personal and business ethics. Its interpretation and application is conditioned by a Rotarian's vocation. The Four Way Test is the easy guide to good ethics, good human relations, and good long term outcomes. To extend the impact of the Four Way Test, Rotary clubs sponsor essay contests in middle schools and high schools. Through the exercise of writing an essay on the Four Way Test, students understand the structure and guidance of the Four Way Test and are then able to apply it to their lives.

While on the topic of students and education, Rotarians who donate their time and knowledge to seminars, workshops, or one-on-one vocational counseling can contribute greatly to their profession. The world has an endless need for educated and

skilled persons; Rotarians can help fill the void by responding to questions from students or adults who desire to enter a profession that is interesting to them. The trades are becoming more technical. Rotarians as a club or as individuals can contribute to the orientation and enthusiasm of peers and younger generations for their vocation.

Not uncommon is the opportunity for new members to speak to his/her Rotary club soon after becoming a Rotarian. New knowledge comes to the clubs who listen to their new members. The vocation of the new members is important to the capability of any club or its satellite. A club can certainly have a satellite that centers about a particular vocation such as health services, merchandizing, education, and many other industries.

As a Rotarian learns early in his introduction to Rotary, the second objective of Rotary proposes a path for service to the community through the organization and application of the multiple skill sets of Rotarians. Every club should apply the skills that it holds within its members to advance health, education, and well being of all citizens.

Be a Gift to the World!

DG Ken

IT'S A GREAT DAY TO BE A ROTARIAN!

Cheyenne Sunrise Rotary Club says "It's a Great Day to be a Rotarian!"



The Cheyenne Sunrise Rotary Club has been very busy this fall! Our first service project kicked off with the club collecting pillows and blankets for an organization called Holly's Blankets that gives foster children a blanket and pillow of their own. We also spent an evening filling food bags for the Friday Food Bag project which gives food bags to low income students for the week-end. Each one of these events was followed with a meal, conversation and a big dose of laughter thrown in.

October 6, we welcomed District Governor Ken Small and his lovely wife, Joan, to our meeting. Before the meeting, DG rolled up his sleeve and took one for polio by getting his flu shot. One of our major fundraisers is led by Dr. Lakhman Gondalia who donates his time, talent and treasure to do flu shots for Polio Plus AND keeps the club healthy. The flu shot fundraiser netted \$7425 last year. Additionally, our club was honored to include in the meeting with DG Ken Small and Assistant Governor Billie Addleman a White Hat Award celebration which recognized Doc (Lakhman Gondalia) on his major contribution to the Rotary International Foundation. Each member donned a white hat and celebrated right along with our friend Doc.



Did we sit down and wipe our brows after that, nope, we kept on going. We went to the VA on Veteran's Day and handed out cookies and thank you's to our veteran's who are struggling. Their service is what has kept our countries freedom intact. Additionally, we have a pink pig initiative going where we are making a difference for an organization helping homeless high school students. Our fundraiser gave each Sunrise Rotarian a "pink pig" to collect money for "Change for a Cause!" Finally, we joined a new club in Cheyenne called the Gobbler Gang and gave a check for organizations around town to have turkeys to serve to those in need at Thanksgiving.

We are proud to say our membership is growing and we are just hitting our stride for a strong year making sure others know that we too can be "A Gift for the World" in Cheyenne, WY.

SAVE THE DATE!



Be a gift
to the world

MAY 19-21, 2016

Registration for conference will be open in early 2016

Watch rotary5440.org for details



JACKSON LAKE LODGE
IS THE HOST HOTEL
Reservations are now open
307-543-2811
Mention Rotary Conference

ON THE VERGE OF MAKING HISTORY!

By Wayne Heili, Casper 5 Trails club president

With a little thought, you probably would recognize some the many community service projects of your local Rotary clubs. In Casper, Rotarians are well regarded for their efforts like the improvements to Rotary Park and Crossroads Park along with providing dictionaries to every third-grader in Natrona County annually, just to name a few. However, you may not realize that Rotarians worldwide have been playing a leading role in a global human health campaign that is on the verge of making history.

In 1985, with the launch of its flagship PolioPlus program, Rotary became the visionary organization to take on the ambitious goal to end polio worldwide. At that time, polio crippled more than 350,000 children per year in 125 countries. Today, after thirty years of dedication, Rotary's dream of consigning polio to history may soon be realized.

In October we celebrated an exciting milestone on the road to polio eradication. The World Health Organization declared Nigeria polio-free and removed it from the list of polio-endemic countries. This means there are no longer any polio-endemic countries in Africa and only two endemic countries remain in the world, Pakistan and Afghanistan. Although those two remaining countries face security threats which create real challenges to polio eradication efforts within their borders, a roadmap is in place to continue improving the immunization rate of the most vulnerable children in those conflict areas. With a fully funded program and a global commitment to ending this disease, we have the opportunity to interrupt transmission of the wild poliovirus in Pakistan and Afghanistan in 2016, opening the door for the certification of global eradication in 2019.

Polio is a disease that can paralyze and even kill its victims. Fortunately, it is now completely preventable with vaccination. Thanks to our access to advanced health care systems, several generations of US children have now grown up without the risk of contracting polio. In fact, the last documented case of polio in the United States occurred in 1979. In 1952 when Dr. Jonas Salk developed the first polio vaccine, 58,000 Americans had polio. That year, 3,145 US citizens died from the disease and 21,000 were crippled for life. Thanks to the Rotary led global polio eradication efforts, the last case of wild poliovirus in the Americas was recorded in 1991.

It only costs sixty cents to immunize a child for life. As of today, over \$12.2 billion has been spent on Polio eradication. The result has been a 99.9% reduction in polio cases since Rotary made eradication its number one priority in 1985. Three billion children in 122 countries have been immunized. In 2014 there were 359 new cases of polio worldwide. Through August 8th of this year in the two endemic countries there have been only 34 cases recorded. Still, there is a need for an increase in resources of \$1.5 billion to help Rotary and its partners to focus on the last and most challenging areas of Pakistan and Afghanistan while continuing to protect hundreds of millions of children already living in polio-free countries.

Small pox is currently the only human disease that has ever been eradicated. Thirty years ago, Rotary told the world what we believed: that we can achieve the eradication of polio. Our dream is becoming a reality. You can learn more by visiting the ENDPOLIONOW.ORG. I hope you will consider joining Rotary in its historic effort to end polio now and forever.

ESTES PARK ROTARY DUCK RACE SET FOR MAY 7, 2016

By Rita DuChateau



It's time to shake off winter and start planning for the 2016 Estes Park Rotary Duck Race. Set for Saturday, May 7, this year's race will feature expanded activities for the whole family. In addition to the race of thousands of "adopted" rubber ducks in the Fall River, the event will feature a festival in Bond Park with food, beer, games, and live music from 10 a.m. to 3 p.m.

Also planned for race day are a fun run sponsored by the Estes Park Running Club and a scavenger hunt hosted by area merchants. All of these new activities join the traditional Riverside Plaza excitement of waiting for the ducks to finish, scoping out the prize boards, having your face painted and tapping your feet to the sound of live music.

"We have a large committee working to make the 28th Estes Park Rotary Duck Race a quacking good day for everyone," said Rene "Big Duck" Moquin, this year's event chairman. "The race will be surrounded by a festival of family fun."

More than 60 Estes Valley charities and school groups will receive \$19 for every \$20 adoption they sell. Since its inception, the Duck Race has returned \$2.2 million to area charities.

Duck adoptions begin the first week of March. For a \$20 donation, participants "adopt" a duck, which is assigned a number in the race computer database. Over 5,000 yellow rubber ducks will enter the Fall River at 1 p.m. on Saturday, May 7 near Nicky's Steakhouse, 1350 Fall River Rd, in Estes Park.