



Outbound Student Orientation

April 6-7, 2024

Casper College UU322

Saturday, April 6, 2024			
8:15	Arrival and Registration		
8:30	<ul style="list-style-type: none"> ● District Committee, and Inbound introductions ● Ice Breaker: Speed Date A Rotarian 	Michelle	
8:50	Outline for the day-agenda	Michelle	
9:00	Expectations for the weekend	Lynda and Dirk	
9:15	Introduction of students and their parents, where you are going, what you are excited about, in your host language.	Terry	
Rotary and District 5440			
9:30	The structure of Rotary and What Makes Rotary Youth Exchange Unique?	Richard	6-8
9:40	The Four-Way-Test, Avenues of Service, and Areas of Focus		
10:00	Service Above Self-Introduction and leaving a Legacy Assignment (intro)	Michelle	
Culture Shock			
10:10	Introduction to the Wave Simulation	Dave, JP	30-37
10:30	Outsourced Presentation	Pat	30-37
Language			
11:00	Return Student Survey	Beth	
	The Offensive Translator		
	30 Hours of Practice		30
Nuts and Bolts			
11:15	Packing	Beth & inbounds	49-51
11:30	Budgeting, Money, and Insurance	Steph, JP and inbounds	
11:50	First Night Questionnaire Simulation	Lynda & Connie	41-43

Lunch with Country Reps and Inbounds			
12:10	Banners, Pins, Contact Cards, Gifts and Souvenirs, Monthly Reports	Country Reps	51-52 40-41

Student Safety and Protection			
	Inbound students released for Service Project		
1:15	Youth Protection Policy and Crisis Management Plan	Dirk and Beth	22-27
1:30	The 6 D's: Absolute Rules and Guidelines	Terry, JP	18-20
1:50	Bright Line Exercise	Stephanie, Connie	
2:10	Interactive Chain of Command Simulation	Dirk & Committee	23
	BREAK		

Rotary Ambassadorship			
2:40	Introduction to the B's: Basket Activity	Beth (Rich&Pat)	10-12
3:00	What is an Ambassador?	Richard (Beth&Pat)	10-15
3:20	Controversial Issue Practice	Pat (Beth&Rich)	13-15

Family Values and Letter Writing			
3:40	Leaving a Legacy Assignment	Terry, Michelle	10-12,55
3:50	Letter Writing Exercise	Terry	
5:00	Adjourn for the Evening		

Evening Activities			
5:15-7:30	Students: <ul style="list-style-type: none"> ● Dinner ● My Word activity ● Getting to Know your Country 	Michelle & Beth	
5:30-7:30	Parents dinner on your own		
7:30	Students picked up by parents at TBird Nest in the UU Building		

Sunday, April 7, 2024

8:00	Morning Check in and review of the day	Michelle	
Introverts and Extroverts: Know Thyself			
8:10	Grit and Resilience	Michelle & Connie	
8:40	Introverts and Extroverts: Coping Strategies and how a host country changes us	Dave and Lynda	
Communicating with Home and Friends			
9:00	Technology Use and Abuse, the “Never Leave Home Syndrome: Simon Senich”	Dirk	40
9:15	Country Visits from Family and Friends	Dirk	49
9:30	Recording Your Year	Steph & inbounds	52
Q & A: Parent and Student Breakouts			
9:45	Boy Breakout	Mikkel Richard Dave JP Pat	
	Girl Breakout	Lucia, Ko, Dana Beth Steph Michelle Connie	
	Parent Breakout	Inga, Irene, Ange, Dirk John Terry Lynda	
Reverse Culture Shock and Rebound			
10:30	End of My Exchange Year	Beth & Steph	38
10:40	The Third Year of Exchange	Terry & Connie	35-36, 56
10:50	Rebound Weekend	Michelle	
11:00	Review of Weekend Expectations Review/Check for Understanding	Lynda & Dirk	
11:15	Evaluations		
11:25	Wrap up-words, goals, projects, letters, evaluations, business card forms turned in	Michelle	
Conclusion			
11:30	Blazer Video	Dirk	
11:35	Blazer Ceremony and Photos		
12:00	Adjourn		