

## ROTARY YOUTH EXCHANGE

### Self Assessment

The following is a self assessment that you can take to see if Rotary Youth Exchange is the right thing for you:

Do you enjoy experiencing new situations and adapt to them quickly?

Are different foods something you enjoy?

When you go to a new place, do new friendships start almost immediately?

Do you view the world from an optimistic perspective?

Is being around new people much more enjoyable for you than being alone?

When you meet someone, do you listen carefully to learn about them?

Can you follow the appropriate rules when faced with a different situation?

Are you able to think through problem situations and make your own decisions?

Have your grades been in the upper third of your class?

Do you want to learn or improve your proficiency in a foreign language?

Will you be age 15 to 18 1/2 at the beginning of the next school year?

Are you in good health?

Do you enjoy service to others through school and community activities?

Would you enjoy representing your community, state, country and culture as a youth ambassador in a foreign country?

Are you interested in learning about other countries and cultures?

Do you enjoy being with others who have very different customs and beliefs?

Would following the Rotary 4-Way Test to make decisions for everything you think, say and do be easy for you?

#### The Rotary 4-Way Test

- Is it the Truth?
- Is it Fair to All Concerned?
- Will it Build Goodwill and Better Friendships?
- Will it be Beneficial to All Concerned?

If you sincerely answered YES to all of the above, CONGRATULATIONS, you probably have the right stuff to be a Rotary International Youth Ambassador in the Rotary Youth Exchange Program!