









Amy Kapostasy District Governor

ROTARY DISTRICT 6630 NEWS

Mike Johns, Jr Editor

January 2018

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Governor's Letter

Dear Rotary Family,

It is hard to believe six months have past as being District Governor!

There is a point in our lives when we must decide what we want our legacy to be. What do each of us want to be known for?

Do we want to be remembered for the material things we pursued or the relationships we have nurtured? Do we want others to only recall the cars we drove, our jobs we have had when they think of us?

In Rotary, we know what legacy we are leaving for the world. When as Rotarians we see a need, we extend our hands and hearts and we meet it. When there is conflict, we strive for peace. We work together every day to make the world a better place.

We all are Rotarians for different reasons, but we stay in Rotary because it brings out the best in each and everyone of us! It shows us the value of integrity, dedication, compassion and in Rotary we have family and friends around eh world. We are people who want to make a difference, and we do!

We get closer than ever to the eradication of polio. Through our service projects, we have met the needs of local and global communities. WE have developed strategic partnerships that allow us to make a larger impact globally.

Now is the time to do more. We need to share and capitalize on our successes and continue to move Rotary forward and be the largest force of good in the world. To do this we will need to work together.

Remember to day is the first day of the rest of your life, and how and what you do with it is up to you.

As Rotarians I know we can accomplish great things by continuing to "Make a Difference."

In Rotary,

Amy Kapostasy DG

Starting 2018 Off on a Good Note in Solon

The Rotary Club of Solon is hosting a winter concert. They are the sponsor of the Solon Community Band concert at 3:00 PM on February 18th at the Solon Center for the Arts. It is a ticketed event that is free and open to the public. The Solon Rotary club played an integral role in this musical organization founded in 2015 as an inaugural sponsor. The band's board also has Solon Rotary members. Since inception the band has been featured in many concerts around Solon during the year. The concert preceding the Solon Fireworks has the largest audiences. This year July's patriotic celebration concert will be held on July 3rd.

This band is 50 members strong and counting. They welcome musicians from all parts of the district to come and play with them. Solon **Community Band President** Jody Halley states that "The mission of the Solon Community Band is to use music to partner with its patrons and audience by providing a musical contribution to the culture of our community... enriching lives through musical excellence with the hope of giving back to our community the joy of

music." For more information about supporting or playing in the band they can email soloncommunitybandohio@gmail.com

To reserve free tickets for the upcoming concert see https://app.arts-people.com/ index.php?actions=10&p=1.

For a taste of what to expect see the YouTube link below.

Solon Community Band 2-12-2017 - YouTube

Rotary Learns about Workplace Culture From Akhia Founder

The Rotary Club of Hudson was recently entertained by Jan Gusich, Founder and CEO of Akhia, a Hudsonbased strategic communications firm serving major corporate clients in the Cleveland area and internationally. Founded in 1996, Akhia boasts record lengths of client relationships and has been recognized as one of the Top 100 places to work.

Employing a lot of millennials, Gusich explained that workplace culture is critical to hiring and retaining the best and the brightest. Their cultures includes open, honest communication, flexibility for work-life balance, and events that help to create a fun and dynamic workplace. "With Millennials, it's important to them that they understand the company's purpose, and their individual role in

driving that purpose. They are also interested in both professional and personal development." Gusich said that an employer has to provide leadership in every endeavor, not just the running of the business. It's about setting an example and living the company's values. "These things are required because hiring and retaining good people is the lifeblood of an agency and top task of management," she said.

Gusich listed the 7 common traits of leaders and entrepreneurs as:

- 1.Putting others first and living a humbleness that is inspiring
- 2.Fostering integrity and honesty
- 3.Having a capacity for compassion, sensitivity and understanding



APRIL 7, 2018 **AURORA HIGH SCHOOL** 8:30 AM TO 2:30 PM



Dear Rotarian,

BE THE INSPIRATION !

Please consider giving your time and expertise to help young students develop leadership and public speaking skills, by serving as a Judge or Timer at the District Contest. Please see Judging Guidelines.

Interested in serving as a Judge or Timer?

Please send an e-mail to Head Judge, Dave McCleffan:dmcclellan@tinkerscreek.com

Thank You,

Peter DeSouza District Contest Chair

330-671-8582 • peter@violetorthodontics.com

- 4. Ability to bridge big vision and the smallest details
- 5. Taking responsibility for your own behavior
- 6.Inspiring others to go beyond their preconceived limits
- 7.Mental toughness and resilience, especially under pressure

Having built Akhia starting with herself and one other employee, Gusich offered the following five rules of entrepreneurship:

- 1.It requires passion and purpose about problems that you can solve
- 2. The harder you work the luckier you get
- 3.You must be willing to do things that no one else is willing to do
- 4.Realize that education doesn't ensure success.

though constant learning is a necessity

5.Recognizing that simple is hard

Gusich is planning to transfer majority ownership of the company at the end of this month, but will stay on with the organization in a strategic role. In her new semi-retired role, she will devote her energies to the community and charitable organizations that she has helped guide for many years.

Rotary members are People of Action applying leadership to solve social issues, tackle community challenges and find lasting solutions to the world's systemic problems.



Judging Guideline

Content (35%) Practical Application of the 4 Way Test (20%)

The central idea of the speech is to solve an ethical problem using the principles of Rotary's 4 Way Test. Ask yourself questions like: Was the purpose of the speech clear? Did the speech relate to that purpose? Did the speaker cover all points of the 4 Way Test effectively?

Speech Value (10%)

A good speech makes a contribution to the listeners thinking. Was the speech meaningful? Did the speaker use relevant examples and experiences? (Judges do not have to agree with the speaker).

Clarity and expressiveness of language and vocabulary (5%)

Did the speaker's choice and arrangement of words promote a clear understanding of ideas? Was mastery of words demonstrated through correct pronunciation and proper use of grammar?

Organization (15%) Introduction (5%)

How well did the speaker capture audience attention and establish the major theme of the speech? Development (5%)

Were ideas presented, supported and explained in a logical order with smooth transitions? Conclusion (5%)

Did the speaker emphasize the major theme of the speech? Was the audience left with a clear, concise message or point of application?

Delivery (50%)

Eye Contact (15%)

Good eye contact indicates practice and preparation. It should be sustained and personal. Did the speaker engage the audience as individuals and establish good rapport?

Energy/Passion (10%)

The speaker should exhibit appropriate emotion and conviction. This is evidence that he/she cares about the subject. Did the speaker demo nstrate 'fire in the belly" and hold the audience's interest

Body Language (10%)

Movement and gestures should be natural and unforced without any nervous pacing or standing stock still in one place. Did the speakers' appearance help communicate the message and achieve the purpose of the speech? Voice (10%)

Voice should be loud, clear and easily understood by the audience. Did the speaker have good vocal projection, voice expressiveness, appropriate tone, pitch and pace? Did it add meaning or enhance the message? Fluency (5%)

Verbal fillers like 'um', 'Ah' or 'like' are to be kept to a minimum so they don't become a distraction. Did the speech flow smoothly without feeling overly stiff or memorized?

Shoe Box Project Update

To: All District 6630 Rotarians and Rotary Clubs Subject: Shoe Boxes for the Children of the Dump will continue in 2018 By: PDG Jack Young and Rotarian Marsha Pappalardo

As indicated in the October 2017 issues of our District 6630 Newsletter. Marsha and I decided that we must step aside as the co chairs for sending Shoe Boxes, Layette Bags, school supplies, medical equipment and fire equipment to the Children of the Dump, teachers and Fire Fighters Chinandega, Nicarain After 12 years in gua. working with Rotary Clubs and making sure these totaling items over



1,080,000 dollars were collected from our District and sent to Nicaragua. Over the years, we joined Rotary Clubs and Rotary Districts in Ohio, Michigan, lowa Texas and even Georgia.

During the past several years and especially during the last 3 months of 2017, we had 3-4 individuals who indicated they a possible interest in taking over this International Process. However, in talking with them and explaining the entire process and responsibility, no one officially stepped forward to take on this process for 2018. UPDATE 2018:

At the end of December 2017, I received a call from Andrew Mangels from the

Rotary Club of Westlake Bay Village who indicated that his club may want to undertake this responsibility and process as a club so that the Children of the Dump could continue to be supported by our District Districts and other in Ohio. Andrew said he needed to discuss further with the club to confirm that

they would be willing to take on this International Project as a club.

On January 10, 2018, he called me and said his club of Westlake Bay Village

agreed

continue the shoe boxes on behalf of our District in 2018.

to

BELOW ARE COMMENTS FROM THE CLUB and their message to the District, Interact Clubs and others:

"After 12 years of running the Shoe Box program for the Children of the Dump for our district. PDG Jack Young, RC of Conneaut and Marsha Pappalardo, Past President and Past AG from Medina Cluster and RC of Brunswick, are turning over the reins of this process over to the Rotary Club of Westlake Bay Village for 2018. With the help of many other Rotary Clubs, Rotarians and friends of Rotary, Jack and Marsha ensured that thousands of children in Chinandega, Nicaragua received a shoe boxes filled with items such as school supplies, ball caps, tooth brushes, toys that they would otherwise not have a Christmas Time."

"Further, with the criteria set forth by the teachers in Nicaragua, in order for a child to received a Christmas Shoe Box, the child must have good grades, good attendance and be recommended by their teacher.. The whole phi-

> losophy of this process was that children must strive to get an education so that they can work their wav out of extreme poverty," "The Rotary Club of Westlake Bay Village, gives

our sincere thanks to Marsha and Jack for their hard work and dedication in building this great International Project involving our district over the past 12 years. We also thank PDG Larry Wright from Michigan for asking Jack to join him on a trip to Nicaragua in 2006 to see what was involved in the Children of the Dump" "HOW YOU CAN NOW THE ROTARY HELP!!! CLUB OF WESTLAKE BAY VILLAGE WOULD NOW LIKE YOU AND YOUR CLUB TO JOIN US IN CONTINUING THE GREAT WORK THEY HAVE STARTED FOR OUR DISTRICT." "IN ORDER TO MAKE THE preliminary arrangements for the number of Shoe Boxes that will be available to the children this year, we need to know the names and contact information for those

clubs who are willing to help with this International Project so that we can have members of our club come and speak to your club. (It should be noted that Jack and Marsha have agreed to work with us behind the scenes to help make 2018 another successful year."



"To express your interest for further information, please contact Andrew Mangels of the RC of Westlake Bay Village within the next several weeks. 440-250-5450 or an-

drew.mangels@westlakelib rary.org."

And finally, on a special note, Marsha and I (and mostly the children in Nicaragua in Nicaragua thank the Rotary Club of Westlake Bay Village for stepping forward to insure the Shoe Boxes will continue in 2018.

Yours in Rotary Spirit and Friendship,

Jack and Marsha

News From TRC Wadsworth

Holly Christini and her young charge, Ainata, from Burkina Faso joined the Wadsworth Rotary Club for their breakfast meeting at the Comfort Inn. Holly has started her own program "Into the Heart Into the Home" a 501C3 activity, where she finds African children in need of surgery, locates and coordinates the surgery,

recovery, and physical therapy, entirely free to the recipient and his or her family. She flies to Africa to bring the child to the United States, if the surgery and other needs are not in northeast Ohio, coordinates to find a good home for the child while in the other state, and then flies the child back home. As if that is not enough, Holly

recognized that after a child has spent a year in the United States drinking safe water, it would not be safe to send that child straight back to Africa without a program to assure the child has safe water. So, she also takes the necessary gear for safe water for another year for the entire family, when she returns the child to Africa. Because of this problem, Holly is attempting to get a well dug for Ainata's village in Burkina

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Faso. It will cost at least \$10,000 just to dig the well and that does not guarantee a water strike.

The children Holly is rescuing would most likely not achieve adulthood without this surgery. These children are shunned and shut out of most of life in Africa as many of the cultures there consider these children prod-

> ucts of evil spirits. Sometimes even the entire family is blamed for the child's condition and therefore shunned. Holly is in many ways saving the entire family. In Ainata's situation, she was already a five year old walking on her in-step, not the soles of her feet. Now, she can walk and even run a little. Now when she walks, you

cannot tell she ever had a problem. She has also learned American English. She is totally delightful.

To achieve all of this Holly Christini realized that her salary as a registered nurse was inadequate. So she took on another job of selling cosmetics to help support this program. You can find out more about this program at: https://www.facebook.com/Intothe-Heart-Into-the-Home-nonprofit-501c3-1050106561672823/

Protecting Our Kids From Human Trafficking

Community Forum

Please join Nordonia Hills Rotary in welcoming Survivor & Speaker, THE-RESA FLORES on Thursday, February 15, at 6:30 at the Nordonia High School (8006 S. Bedford, Macedonia, OH). Light refreshments provided

Diana Colavecchio Nordonia Hills Rotary Club

RAM is Coming to Ashtabula County! April 20-22, 2018

Ram is an acronym for Remote Area Medical...a non-profit founded in 1985 by Stan Brock. Remote Area Medical's mission to prevent pain and alleviate suffering is fueled by donors and volunteers who support the operation of mobile medical clinics that deliver free, high-quality vision, dental, and medical services to children, individuals, and families who do not have access or cannot afford a visit to a doctor.

Initially designed to serve the populations of the impoverished in third world countries, RAM operates primarily throughout the United States now due to the overwhelming needs of the uninsured or under insured in many communities and areas. Please click HERE or copy and paste this link https://www.youtube.com/watch? v=n78uVW7S7As to find out more.

The overwhelming need for the April Clinic in Ashtabula is twofold: 1) volunteers for everything from crowd control, to patient registration, to administrative paperwork for the patients served and (2) Professional volunteers such as dentists and dental assistants, physicians, optometrists etc. You can register to help by going to http:// www.ramusa.org and clicking on the "volunteer" tab found in the upper right corner of the page. After completing the required information, be certain to click on the appropriate clinic from the drop down menu of upcoming events. Please help spread the word to your

personal physicians and other health care providers about this unique opportunity and need. The amount of care provided will be directly proportionate to the number of professionals that can serve. A volunteer can serve for 1 day, part of a day or the entire clinic.

The Rotary Club of Ashtabula has provided a grant of \$2,000 to help with the expenses of this RAM clinic. In addition, many of our club members as well as family and friends have signed up as volunteers. District 6630 Rotarians...this is our chance to put "Service Above Self" in action. Please join us in this worthwhile event. Thank you.

Bruce M. Schlosser Rotary Club of Ashtabula President



Grants Seminar Dates

Mike - The dates and locations of the Management Grant Seminars (GMSs) for district and global grant projects to be done in the 2018/2019 Rotary year are as follows:

GMS 1

Thursday Feb. 1st. Parma Public Library - Snow Rd. Branch 2121 Snow Rd. - Parma, OH 44134 6:00 PM to 8:30 PM 216-661-4240

GMS 2

Tuesday Feb. 6th Fairview Park Public Library

21255 Lorain Rd. Fairview Park, OH 44126

440-333-4700 6:00 PM to 8:30 PM

GMS 3

Sat. Feb. 24th. Mayfield Hts. Public Library - 500 Som Center Rd. (Rt. 91) Mayfield Hts., OH 44143 440-473-0350 9:30 AM to Noon

Any club in District 6630 planning on doing a matching grant project, either District (local) or Global (international), in the 2018/2019 Rotary year must have two (2) members attend one of the above sessions. They may each attend different sessions if necessary as they are all the same. It is strongly suggested that the club president for the 2018/2019 Rotary year be one of the attendees as they will need to sign off on paperwork to qualify Robert "Bob" Johnson District 6630 Rotary Fndn Chair goracerbob@aol.com 440-384-7574.



THE LAKEWOOD/ROCKY RIVER SUNRISE ROTARY CLUB

HELP US MAKE A DIFFERENCE FEBRUARY 9TH, 2018 6:00PM UMERLEY HALL IN THE ROCKY RIVER CIVIC CENTER COMPLEX DINNER, SILENT AND LIVE AUCTIONS, RAFFLES, FUN AND FELLOWSHIP

The Lakewood/Rocky River Sunrise Rotary was established in 2007 and continues to make a difference in the Community and Internationally by

- pporting: Lakewood Charitable Assistance Program Rocky River Assistance program Scholarships for Students to the American Youth Foundation Leadership

- Camp Coordination of interact Youth Service Organizations in Lakewood and Lutherant West High Schools Support of the Robary Youth Exchange Program that brings students from around the world to Lakewood High School to experience our culture Distribution of 3⁴ Grade Dictomaries to students in diadvantaged areas in Applicable.

- Appalacita Purchasing and packing of boxes of school, toys and clothing items for Children of the Dump in Nicaragua Clean-up angiests at Back Center Provide bread for monthly community meals Support Harrison school by suppling items for teachers, students and feeding the immigrant population Internationally support of the Rotary International program to eradicate polio in the World.



Akron Rotary's 28th Annual Chili Open Honors Akron Rotarian, Sandy Naragon with **Ambassador of Service Award**

Congratulations to our own, Sandy Naragon that will be honored on February 3, 2018 at Akron Rotary's 28th Annual Chili Open Golf Classic as the 2018 Chili Open's Ambassador of Service. The Chili Open Ambassador of Service award was established in 1991 in recognition of a community leader who has gone above and beyond in support of the Rotary Club of Akron, Akron Rotary Camp and the

Akron Community. In addition, they have made significant efforts to improve and established relationships between community leaders and the Akron Rotary Camp.

Sandy's civic involvement centers around building neighborhoods, serving the elderly and disabled, fighting homeless-

ness and encouraging diversity!

She has been a Rotarian since 1999 and served as the Rotary Club of Akron's President in 2015-16. She is a member of Rotary International's Paul Harris Society. Sandy is honored to be a member of Akron Rotarv's Centennial Society. Over her 18 years as a Rotarian, she has been active in Rotary's many community and international service projects. She currently serves as the Chair of the Grants and Four Way Speech Test Committees. She coordinates Rotary Cares outreach.

Beginning in 2000, she served 14 years as a Director for the Rotary Camp for Special Needs Children including serving as President in 2004. Sandy served during the critical planning phase of the capital campaign. She remains committed to camp, most recently by participating in its strategic planning sessions. In 2018, she will return to the Board of Directors.

In addition to Rotary, Sandy's volunteerism includes Rebuilding Together Northeast Ohio. She is a Past President of the organization and currently serves as a member of its Cuyahoga County Advisory Council. Rebuilding Together provides repairs to keep the elderly and disabled in homes that are warm, safe and dry.

Sandy earned a Bachelor of Arts in



Business & Organizational Communication at the University of Akron. Her other professional development accomplishments include being a graduate of Leadership Akron's Class 20 and earning the prestigious REALTORS Certified Executive designation. This past December, she completed Rotary's Leadership 6630 program.

As the CEO of the Akron Cleveland Association of REALTORS, Sandy leads a staff of 10 to serve over 5,500 **REALTORS** in Summit and Cuyahoga County. She serves on the Executive Committee for Ohio REALTORS and on the Research Committee of the National Association of REALTORS.

Sandy and her husband Jeff will celebrate their 25th wedding anniversary in February 2018. She loves spending time with stepdaughter Stacie and sonin-law Matt, along with grandchildren Matthew, Jordan, Courtney and Cindy. Four years ago, she fell in love with German Shepherds Zeus and Zena.

Thank you Sandy, for all you do for Akron Rotary Camp, Akron Rotary Club and the Akron community!

Submitted by: Amanda Warner Rotary Club of Akron

Rotary Youth Exchange update: It's all about the kids ... and our clubs!

By Beth Mlady

As inbound Rotary Youth Exchange students in District 6630 reach the half-way point of their year-long cultural journey, it is a good time to recall all the local Rotary-sponsored activities and events they have experienced so far. Now is also the time to consider sponsoring and/or hosting a student in your club for the next school year.

Inbound students arrived last summer and spent an August weekend getting to know each other at Akron Rotary Camp. They formed an immediate bond and learned what to expect while adjusting to an American home away from home. They paddled canoes in September during Canoe Day in Hiram, and they also cheered on the Cleveland Indians while attending a game at Progressive Field. An October tour of several downtown Cleveland landmarks was another unique highlight for students,



Training sessions assisted inbound students with adjusting to their American culture.

Niklas from Germany came prepared head to

Ashtabula Cluster & Trevor Sprague

53150

Trevor is a young and active member of the Ashtabula Rotary Club and the Director of the Ashtabula YMCA. In 2000, he was diagnosed with IgA Nephropathy, a slow deterioration of the kidneys. In September of 2014, he entered end-stage kidney failure and by January 2015 was approved for kidney transplant with the Cleveland Clinic. Initially, his sister was an exact match but after completing all the testing to donate to Trevor, she was diagnosed with the same disease and was unable to do so. He began dialysis in June 2015 and has been on dialysis ever since, awaiting a donor.

In order to maintain a near normal lifestyle, three times a week, Trevor as well as a Fall Fun Day on Oct. 29 that included numerous autumnthemed activities.

They attended District Interact Conference in November, joining with a large crowd of service-minded youth. Inbounders, potential outbounders and a few rebounders (previous outbounders) attended in December another overnighter at Akron Rotary Camp. Training sessions, outbounder interviews, recaps of inbounders'



RYE students enjoyed time on the water at Akron Rotary Camp.



toe for a chilly day on the toboggans.

week for 9.5 hours each night.

that the donation is for Trevor.

The potential donor should – during the

Please help a fellow Rotarian, a com-

munity leader, and a good person by

discussing this at your Board meetings

Trevor may be reached at: 440-997-

5321 Cleveland Clinic Living Donor

Program (kidney): 800-223-2273 Ext.

as well as at your Club meetings.

cases identical to Trevor's.

is required to have home dialysis. Each dialysis is from late evening until District 6630 early morning with limited comfort or **Newsletter Policy** sleep; he is now dialyzing six nights a

Submit story suggestions to Mike Johns, Jr. Rotary has a history of stepping up in

at stonecut@sbcglobal.net. We accept article ideas about club and district successes, including initial contact with the Clinic – mention *fundraisers, publicity efforts, service* projects, and membership drives. Please include descriptions, highresolution photos, and contact information in your email. Due to the high volume of submissions. we cannot promise to feature your story. PLEASE USE "ARTICLE FOR DISTRICT NEWSLETTER" IN THE SUBJECT LINE

American experiences up to that point, and even a Saturday night party and Sunday breakfast with special needs kids at camp that weekend, were included in the fun.

Students recently attended Toboggan



Youth exchange students bundled up for a day of fun at the toboggan chutes.

Day at the Strongsville Chalet in the Cleveland Metroparks. There was nothing more heartwarming than seeing a fun-filled snowball fight spontaneously break out among the kids, some of whom had not experienced snow before.

There's no better way to build goodwill and better friendships than to engage in conversation and camaraderie with a youth exchange student. If you or your club would like more information about hosting an exchange student or about the Rotary High School Foreign Studies Scholarship outbound program, contact District Chairman Bob Heydorn at ryebobheydorn1@gmail.com. For a schedule of remaining youth exchange events, go to the Youth Exchange link on the District 6630 website at rotarydistrict6630.com.

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News From TRC Chagrin Highlands

As the deep freeze of Winter 2018 is upon us it is nice to reflect on the Warmer Days of Summer

Tuesday August 15, 2017 Chagrin Highlands Rotary Club teamed with Cleveland's Jewish War Veterans and the Louis Stokes VA Hospital Domiciliary to take 66 recovering Veterans and their VA support staff, on a Nautica Queen Lunch Cruise Outing. Counting Rotarians and Jewish War veterans brought this total up to 112.



Of special note 2017-2018 District 6630 Governor Amy Kapostasy, her husband Bob, and Current Chagrin Highlands Club President Robert Slanina were on the cruise to meet and greet the Veterans.



Joining them were club members Larry Coven, Bruce DeBerry and wife Wendy Shugarman, Roman <u>and wife</u> Elaine Frayman, Harold and wife Sandy Levine, Gayle Schwarz, as well as President Elect Stephen and wife Joan Werber.







More photo's have been compiled into a short video of this event can be seen at: <u>https://www.youtube.com/</u> watch?v=DxZkngwNksg

In past years we have taken Veterans on other cruises and to Indians Games. Many videos of these events and other club projects can be

Cavs Night with Exchange Students

Join the Exchange Students for the CAVS game against the Detroit Pistons on March 21, 2018.

All Rotarians and friends are welcome for the pregame reception and CAVS game on the 21st.

The reception with the students includes a light supper at the Clevelander on Prospect Street

beginning at 5:00pm and the CAVS game at 7:00pm.

In addition, we will have free door prizes and a raffle for the exchange students and all who attend.

This has always been a fun night, a chance to see LeBron and the CAVS and great fellowship.

Please see the flyer attached to order tickets. Any questions, call Stew at 330-607-1442.

GO CAVS!!!!!!

found on our YouTube Channel: <u>https://www.youtube.com/results?</u> <u>search_query=chagrin+highlands+rotar</u> ¥

Read more about Chagrin Highlands Rotary activities on our club Face Book Page: <u>https://www.facebook.com/</u> <u>Chagrin-Highlands-Rotary-</u> <u>708298722632827/</u> and websites <u>http://chagrinhighlandsrotary.org/</u> and <u>http://</u> <u>chagrinhighlandsrotarycharity.org/</u>

As the short days and frigid temperatures of winter remind us of happier days from last summer, we also looking forward to July 2018 when we are planning another cruise to honor our veterans and give them a small measure of thanks for their service to our nation and community.

Bruce DeBerry, Chagrin Highlands Past President and 2017-2018 District 6630 Assistant Governor for Cuyahoga County Southeast-Summit Clubs.

EDITOR'S NOTE

BE SURE TO MOVE YOUR CURSOR

OVER THE GRAPHICS OR PIC-

TURES FOUND IN THIS DOCU-

MENT ... MANY OF THEM ARE LINKS

TO VIDEOS, WEBSITES, PICTURES

OR OTHER GOODIES



Veterans Hospital - Can You Help Our Veterans ???

By Jack Young, PDG and Air Force Veteran

Would you or your Rotary Club be willing to help Veterans at the Cleveland Wade Park VA Hospital?

Since October 2017, I have been a resident for over 11 weeks at the Cleveland Wade Park Veterans Hospital as they are preparing me for Open Heart Surgery. Unfortunately, there were several issues that developed which has placed me a position for an extended stay at the VA.

With that opportunity, I have had a chance to see what the volunteers and staff do for the veterans to help build morale before and or after their stay. Therefore, I am asking Rotarians, Rotary Clubs and friends of Rotary to help those who have served our country and are facing some medical issues and challenging times in their life.

Option 1: One of the things that volunteers and others do is to provide Veterans a number of activities like playing various games, which help them keep their minds active. They ask various questions and when the veteran answers a questions correctly they are given some type of Since many of the male/ prize. female veterans have very little, the gifts that are given are something practical like a sport or long sleeve shirt, gloves, various types of baseball hats, sweat pants, etc. These are the basic every day items that we often take for granted.

Therefore, if you know of someone (like a clothing or other type of store who has these types of items, the VA volunteers and staff indicated that Veterans would cherish these types of items. They need to be new (not used) that would be given to the veterans as a reward for answering a historical questions and facts or winning a game.

Option 2: The second area in which Rotarians and Rotary Clubs could reach out to our Veterans is to provide thanks like the following to be used as an activity or craft exercise.

A. Plastic Models such as Airplanes, Cars, Boats and other military items that could be put together. B. Crafts that use blank block tile that you would use on the walls of a kitchen or bathroom. The blocks are used for having the veteran to paint various designs on the tiles that could be given to others. Maybe a building contractor you know has partial boxes of tiles that could be given to the activity department on the floor I was assigned in CARES Tower.

They could use new leather craft kits in which the staff could work with the veteran to make various items.

C. Board Games: New board games such as those that require some critical thinking like Monopoly or Life type games.

D. Nintendo Wii items such as controllers, accessories and other games. (They really enjoy games that challenge the mind.)

E. CD Players and CD's that have

60/70/80 music. Also a record player with records would also be used.

Option 3: As a final option, they would also accept cash/check donations in which the staff and volunteers could purchase these items to help with the activities of our veterans.

As I look back on my recent experiences, I reflect on just how the little things in life are to veterans who basically have no family and are in the hospital.

If you would like to help, I have the DETAILS as to how you, your Rotary Club or friends of Rotary could help these Veterans who have served our country. All you or your club needs to do is contact me so that we can start this process to help our Veterans. THANK YOU TO ALL OF THE VETERANS AND FAMILIES WHO HAVE SERVED TO PROTECT OUR FREEDOM.



Send our Military your Valentines appreciation

Carlson Funeral Homes & Cremation Services is once again celebrating our Operation Valentine.

The project is simple and meaningful, according to Dr. Michael E. Carlson. "Students and individuals throughout the community write messages to the troops on Valentine Cards, Cut-Out Hearts, or whatever they like and we make sure that they are delivered to our brave men and women serving overseas."

Cards cannot include glitter, food or candy, but there are still many ways to personalize a handmade card. Write a message on them and say "Thank You", tell them about yourself and wish them a Happy Valentine Day! Our troops are away from their loved ones and friends so they really want to know that people back home appreciate them. Please feel free to share this with everyone you know!! We know our service men and women appreciate receiving the cards each year!

Valentine cards may be dropped off from now thru Friday February 2nd between 9am and 4pm Monday - Friday at either of our funeral homes.

Carlson Funeral Home & Cremation Services 1642 Pearl Road Brunswick, OH 44212 Carlson Funeral Home & Cremation Services 3477 Medina Road Medina, OH 44256

Celebrating Leadership, Life, Success, The World and Rotary

September 26th through the 30th Rotarv Zones 28 and 29 will be coming together in Erie, Pennsylvania for a time of leadership development, inspiration, and fellowship. The 26th and 27th will primarily be for District Governors, District Governors Elect and their District Leadership Team, and the District Governor Nominees. Friday begins what is called the Zone Institute and we will begin by celebrating Leadership. We have a wonderful speaker who founded First Book and has some very insightful comments about leadership and serving a community in need. Her presentation will be followed by several workshops on leadership topics of interest.

Saturday the 29th will begin in the morning with a Celebration of Life. Rob Raylman, the Chief Executive Officer of Gift of Life International, will be our keynote speaker. Again we will follow his presentation with some workshops on life saving projects that have been successful and can be repeated in other districts. These are intended to provide a take away for people in the 28 districts who will be in attendance to consider implementing in their home district.

If your club has a project you would like to highlight and share either with a display in the House of Friendship or as part of a workshop please contact me and let me know a little about the project. I will get back to you for additional information so I can recommend it to the group organizing the institute program

This will be a fun and informative event in a wonderful location looking out over the bay toward Presque Isle. Check out the website, http://celebrationzone.org/, and register for the event.

Steve Zabor, PDG and Vice Chair of Celebration Zone Rotary Club of Mantua ZABORSL@gmail.com 330-569-4936

Rotary Club of Nordonia Hills (Northfield) is proud to announce the formation of Interact Club of Nordonia Middle School (Club No. 217536) on October 1, 2017. Nine members strong, this is only the second Interact Club established at the middle school

News From TRC Chagrin Valley

The Christmas holidays have come and gone with members spreading their good cheer to those in need. Ringing the Salvation Army Red Kettle Bell with Interact Club students or feeding the less fortunate, we were out in force sharing our good fortune with our neighbors.



We cancelled our normal Tuesday morning meetings scheduled for the Tuesday after Christmas and the Tuesday after New Year's Day for informal meetings at the local Panera. Members were able to get out of the house and share stories about how they spend the holidays.

Back on the normal schedule of Tuesday morning meetings saw us being briefed by Chagrin Falls Police Chief Amber Dacek. Chief Dacek, a graduate of Youngstown State University with a degree in criminal justice, spoke about the changes she has seen in crime and personal behavior over her fifteen-year career. Starting as a school resource officer and quickly moving through the ranks to become chief, Chief Dacek stressed how individual responsibility seems to be on the decline, even in a quiet community like Chagrin Falls.

We have learned to never under estimate the value of the weekly twentyminute speaker who attends a Rotary meeting to promote their cause or

New Interact Club in Nordonia Hills

level in Northeast Ohio. Our club has initiated two service projects for 2018: 1) a veteran's garden to recognize the service members of the Nordonia Hills community, and 2) a school drive to collect personal care products (shampoo, soap, tootheducate members on an issue. Three years ago, representatives from the Flying Horse Farm spoke about their work with seriously ill children. Sponsored by the Paul Newman Foundation, The Flying Horse Farm is always looking for adult volunteers to help the campers. Rotarian and future president Charlie McGibony, along with his registered nurse and wife Jan, have volunteered for the past two years as counselors. Charlie and Jan recently spoke at our regular Tuesday morning meeting about their experiences as



counselors. Their moving stories of how they were able to make a difference in the lives of the campers brought tears to the eyes of the Rotarians. However, there were two sides of the camp experience. You can see in the picture attached Charlie and Jan in their camper outfits, making the camp something kids and counselors will never forget.

paste, etc) for world-wide disaster relief. The club advisors are excited to build this Interact Club from the ground up, and make valuable community contributions to make the Rotary Club of Nordonia Hills proud!

News From TRC Solon

By Glenn Gable

The Solon Rotary Club is excited to announce the approval of our grant for our water project in El Salvador. Our water project will supply fresh water to over 200 people, and water to a sustainable farm project that teaches El Salvadorians how to grow fresh vegetables and fruits. This is a very special day in the history of our club, and another one of our significant contributions of service.



Soon the El Salvadorian families will not be traveling three hours in dry season to get their daily supply of water. Soon they will have plentiful potable water for cooking, cleaning and general hygiene. The sustainable farm will be growing Papaya's and all kind of other foods that require more water. The water project is a game changer for this small region of Chiltiupan, El Salvador. We are proud to have been part of it, and we will see the project all the way through.



We would like to offer special thanks to Jodie Bowers and the congregation of St. Dominic's Church for all their efforts; thanks to Bud Thomas for his tedious work on the grant and always keeping us on track; thanks to the entire Rotary Club of Solon for all their efforts; thanks to the local support of Santa Tecla Rotary Club; and thanks to Xenia Pereira of El Basalmo, El Salvador for his patience and efforts.

A Letter From an Exchange Student

Dear Marsha, dear members of the Rotary Club Brunswick!

Five years passed since I left the US. When does a Rotary exchange end? When I was in Brunswick, I thought it would be ending at the point, where I board the plane and head back to Germany.

But I was proven wrong about four weeks ago, when I got a message from Brazil: "Hey Ole, what's up man? I texted you cause I'm coming to Germany in the end of the year! Thought maybe we could meet."

It was Vitor, my Brazilian friend I got to know during my year in Brunswick. He stayed at the rotary club of North Royalton, that's why we met often during our exchange and became close friends.

Unfortunately we lost contact while we got back home. Every one was busy working on his future.

I had to go 3 more years to high school and I finally graduated in summer 2016. I qualified for college and I started law school in August 2016. That's what I am currently working on. The German law school

is set for 5 years in college. After college graduation, you have to go through a practical training for 2 years in court and you'll eventually become finally a lawyer after 7 years. So far I passed all exams and it is a hell lot of fun.

After my college exam I am planning on going either to British or an American college to get a master degree in maritime law.

Back to the Message I got from Vitor :)

He texted me and we arranged a meeting in Munich. So I took the train and we met up on January 10th. I showed Vitor and his family the city and we ended up in the "Brauhaus" drinking beers.

We got to catch up on the years we didn't stay in contact. We were remembering the great time in Ohio and our trips we went on throughout the entire US.

And that is the greatest point about being an exchange student: First of all you are having a great year in whole different country learning a new language and culture. But even better, you become friends

with students from around the world. And it takes you just a text like: "hey, I'll be in your home country, how about meeting up?" to get together with your international friends.

It is such an important factor for the understanding among nations and for mutual interest.

And now I am sitting here in Germany working hard on my exam and if I need a brake, I just text Vitor from Brazil or Mizuki from Japan or Andreas from Ecuador or Alex from Russia, the list goes on and on.

That's why I just learned that a Rotary exchange doesn't end if you board the plane, it goes on throughout a lifetime. I really grateful that you made these friendships possible and I still want to thank each of you for your work!

My dear friends, I hope you are all doing well. Please tell me who the current club president is and where you are doing your meetings.

I am hoping that you are doing your meetings back at the Mapleside Farms (they had the best breakfast ;))

Best wishes

yours Ole

PS: I would be more than happy, if you Marsha, could read out my email to the Rotarians, in a way like I was doing my little speech in the beginning of our meetings :)

Rotary Club of Solon Honors Our First Responders

By Bridget McQuaid

On January 17th, we had the great honor of awarding the City of Solon, Ohio Police Department Government and Solon Fire Rescue Service Awards to three deserving and noble public servants. Their dedication to their city, to justice, and to the safety of us all is unwavering and we are grateful to have such honorable individuals in our community. They exemplify Service Above Self each and every day and we can't thank them enough!



Thanks also goes out to Signature of Solon Country Club for hosting us and to Eddy Kraus, Mayor of Solon and the rest of the Solon City Council for attending last night's ceremony and supporting the hard work of the Police and Fire Departments in our city!