



**Katie Spatz** is an endurance athlete, author, and humanitarian whose challenges have helped bring clean water to communities around the world. Once a self-described “benchwarmer,” Katie discovered that ordinary people can achieve extraordinary things — and she’s been proving it ever since. Her mission: to make sure everyone has access to clean, safe drinking water.

Katie’s challenges are more than physical tests - they’re fundraising missions. Her efforts have already helped provide clean water to more than 50,000 people. Her boldest mission yet is the Pacific Row, a 10,000-mile world record attempt to bring clean water to 100,000 people. She aims to become the 1<sup>st</sup> American woman and fastest woman to row solo across the whole Pacific, and to complete the longest non-stop ocean row attempt in history by a woman.

Highlights from her adventures, Katie is:

- Youngest person to row an ocean solo (Atlantic)
- First person to swim the entire 325-mile Allegheny River
- Ran 11 ultra marathons in 11 days across 11 states (world record)
- Completed a 3,300-mile human-powered crossing of South America
- US Coast Guard Elite Athlete of the Year
- Glamour Magazine Woman of the Year
- Featured in The New York Times, CNN, ABC, NPR, Joe Rogan Podcast, and more



For more information about Katie and the Pacific Row, visit <https://katiespotz.com/>