

LIGHT UP ROTARY THROUGH COMMUNITY SERVICE



ROTARY INTERNATIONAL DISTRICT 9685

JANUARY 2015



HELLO AGAIN,

January is Rotary Awareness month. Celebrate in some way with your club members and their partners. My club, as with many others, will hold a family of Rotary BBQ.

One important program which falls under the Community Service “umbrella” is BowelCare (previously BowelScan). Many of us have heard of this and used this test, but very few have heard of Walter Leijten, who began the program in District 9680 in 1990. He always held the position of program Chairman for the Districts which he oversaw – previously D9680, D9690 and D9710, which are now D9685, part of D9675 and D9710. He was very passionate about bowel cancer awareness and was always trying to better the program for the benefit of the community. An email from Prof. Glenn Salkeld (Uni.Sydney) sums up Walter’s work “Walter was a true champion for public health, never wavering in his support of the bowel cancer screening program”. The program that Walter started all those years ago now actively involves 110 Rotary clubs

Walter passed away earlier in December

Vale Walter Leijten

Walter’s work continues. Please read the section regarding BowelCare and the Club Registration Form included in this Newsletter.

Some of you would have been involved with me when I coordinated **volunteers** for the Rotary International Convention in Sydney in June.

Once again I have been asked with a team to recruit and train volunteers to facilitate the ANZAC PARRA-AMBLE raising funds for Australian Rotary Health Research. See more in the last page.

Happy New Year

Marilyn Mercer PDG

Community Service Chairman



DIARY DATES

January

9-28 Beyond Blue Road Show

February

March

7 Peppercorn Candle Lit Dinner

25 RC Roseville Chase Golf Day

April ?

May ?

24 ARH ANZAC Parra-Amble

June

7 Yuendumu Doors

Aboriginal Health and Literacy Programs

Chairman : Shamus Davies

Email: AboriginalHealthLiteracy@rotarydistrict9685.org.au

Yuendumu Doors -

Something **not** to be missed.

Join the Rotary E-Club of Greater Sydney for an inspiring talk by AG Terry Davies at the online meeting on 7 June.

The Yuendumu Doors are among the freshest, most remarkable documents of Aboriginal art. Painted thirty years ago at a remote desert school by artists steeped in ritual knowledge, the Doors survived against the odds.

More news about this later.

Aboriginal Literacy Programs

AIME

"1000 children a week are being taught the Aboriginal language of the district. We will have a full generation of people in Parkes that will grow up knowing Aboriginal culture, knowing Aboriginal words, respecting Aboriginal ground and that's why it will change people's lives." - Geoff Anderson, Wiradjuri Language Coordinator, Parkes NSW.

Pretty powerful stuff from [ABC Open](#).

See video on FaceBook:

<https://www.facebook.com/video.php?v=10153058717631844>

or go to

<https://open.abc.net.au/explore/22207>



The erection of signs is recognition of the cultural importance of the Wiradjuri Community within Parkes Shire. It incorporates Wiradjuri language with English translation and the Wiradjuri totem



A date to save

RC Roseville Chase community Golf Day. 25 March 2015. Noon. Roseville Golf Club.

Rotary earns 2014 Learning! 100 Award

Rotary International was named a 2014 Learning! 100 award winner by Elearning! Media Group, publisher of Elearning! and Government Elearning! Magazines, for our learning and development programs. Says Alfred R. Novas, chief executive officer of Interactyx, whose learning management software is used by Rotary: "We admire Rotary's dedication to training and engaging its membership base through e-learning technology. Rotary is leading by example, and earned the recognition as a Learning! 100 winner."

New course

The following new course is available in the [Learning Center](#) at Rotary.org:

Developing and promoting your service project — You will learn how to use Rotary's online tools to support your service projects: Rotary Ideas to seek resources for developing projects, and Rotary Showcase to share your success stories. You will find this course, available in

English and Spanish, in the [Learning Center](#) under Service Projects.

Literacy

I could not resist sharing this with you all. MMM

In China teachers allow children to sleep in class for 20 minutes to learn better.

How beautiful.

They will need bigger desks next year though.



D9685 Projects by Club

Back in November our AGs asked each club to review the summary of activities for their club on the District website. We were asked to review the activities listed and make them current by adding or deleting. Please start the New Year with this being up to date.

Go to

<http://www.rotarydistrict9685.org.au>

* Club Services > Projects >

Club Projects



BowelCare 2015

Celebrating 25 years!

Pharmacy Sales: Saturday 2 May to Saturday 27 June 2015 (8 weeks)

We are very pleased to announce that BowelCare 2015 – our 25th year of service in the community – will see the introduction of a new bowel screening test kit.

Throughout Australia, Rotary has chosen to update to the latest technology to screen for occult blood using a Faecal Immunochemical Test (FIT).

The Australian made brush-based test is very easy to use, requires no faecal samples, and there are no dietary or medication restrictions. Participants only need to take two samples from two separate days. When participants complete their test they will mail the sample card back to the pathology laboratory in the pre-addressed envelope provided with the kit. Results are received within 14 days.

Sales Period and Cost of Kit:

- With the introduction of our new kit we have extended pharmacy sales from 4 weeks to 8 weeks so as to give participants more time to take up this new program.
- *All Rotary kits throughout Australia will be sold for \$15.00 each. This price covers pathology testing and notification of results to both the participant and their nominated Doctor.*

As in the past, your club's appointed BowelCare coordinator will be responsible for collecting

program stock (from Murray Farm Primary School) and delivering same to your club's nominated pharmacies just prior to commencement of the program.

Again at the end of the program your Coordinator will be required to collect all unsold kits and sale proceeds and return same to BowelCare (Murray Farm Primary).

With this new kit, participating pharmacies will no longer have a pathology collection bin for completed test kits. Consequently your club's BowelCare coordinator will *not, at any time* during the program, be required to take kits for testing to pathology or return them to BowelCare for testing.

At BowelCare we do appreciate your dedication and support and we believe Rotary's decision to adopt a new kit will simplify the program for all involved.

Should your Rotary Club once again wish to participate in our BowelCare Program, *please complete the attached registration form and return immediately so we can finalise our records.*

We look forward to working with you again 2015.

Karen Filby & Pauline Walsh

BowelCare Australia, D9685

Ph: 02 4384 1485

admin.bowelcare@bigpond.com



ROTARY CLUB

REGISTRATION FORM –

BOWELCARE 2015

Please complete this registration form and return immediately.

Either email:

admin.bowelcare@bigpond.com or fax us on: 02

4385 7767

Rotary Club Name:

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BowelCare Coordinator's Name:

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Coordinator's Postal

Address:

.....

Coordinator's Phone No:

.....

Coordinator's Email:

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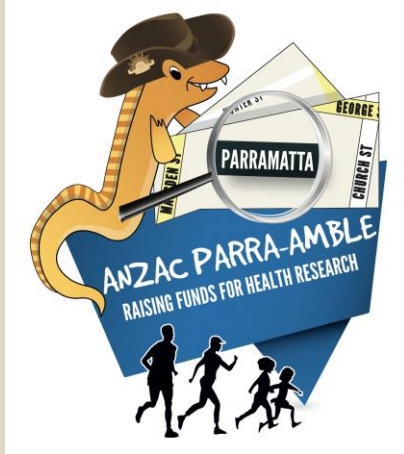
Signature:

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Once again we ask that you please confirm participation now. Thanking you for your assistance in this matter.



Australian Rotary Health ANZAC Parra-Amble



What is ANZAC Parra-Amble?
To be held on **24 May 2015**
It's a discovery walk to answer questions around Parramatta by visiting all sites with reference to 1915 and the aftermath of the Great War in celebration of 100 years of the ANZAC spirit. Parramatta City Council and Australian Rotary Health have the opportunity to celebrate the ANZAC SPIRIT in the MODERN ERA!
VOLUNTEERS will be needed for this community event. I will be giving more information next month.



The Beyond Blue Roadshow Bus will spend the week on the Central Coast from 9th – to 15th January 2015.
This as a fantastic opportunity for all of us to raise awareness and promote both Beyond Blue and local Organisations on the Central Coast that are available to people suffering from depression and other mental illnesses.



Central Coast NSW 9 - 15
January 2015
Northern Sydney 16 - 22
January 2015
Sydney North Shore and
Beaches 23 - 28 January 2015

That is all from me for now. Please pass this Newsletter on to all members of your club.

Send me your photos and items to share
MMM.

If the print is too small please go to **VIEW** on the top line and **ZOOM** to increase the %

And remember:

"It is better to light a single candle, than to sit and curse the darkness"

From the teachings of Chinese philosopher, Confucius

