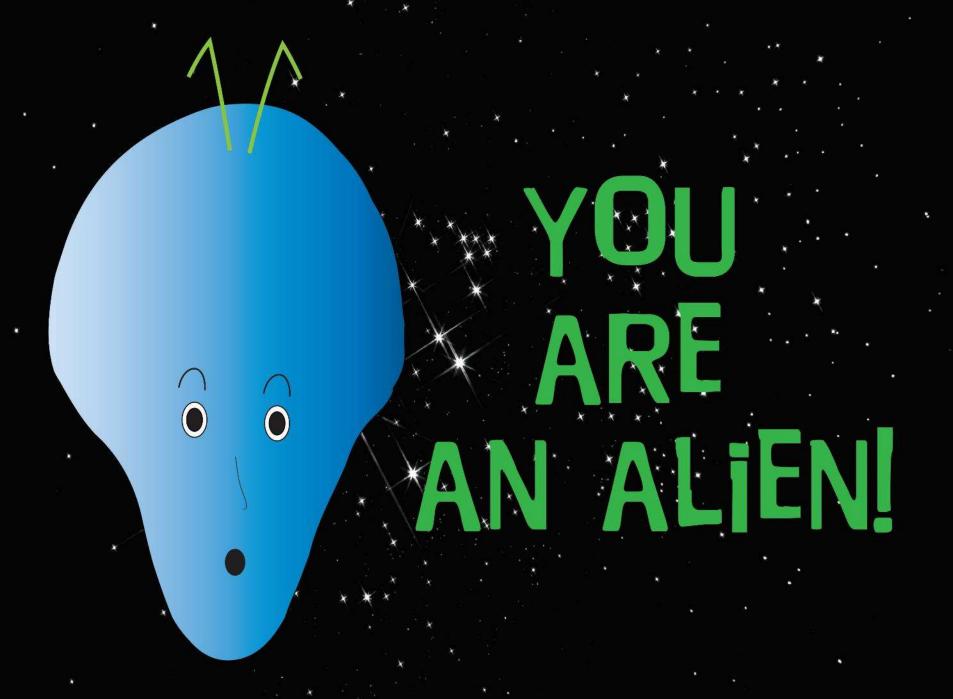
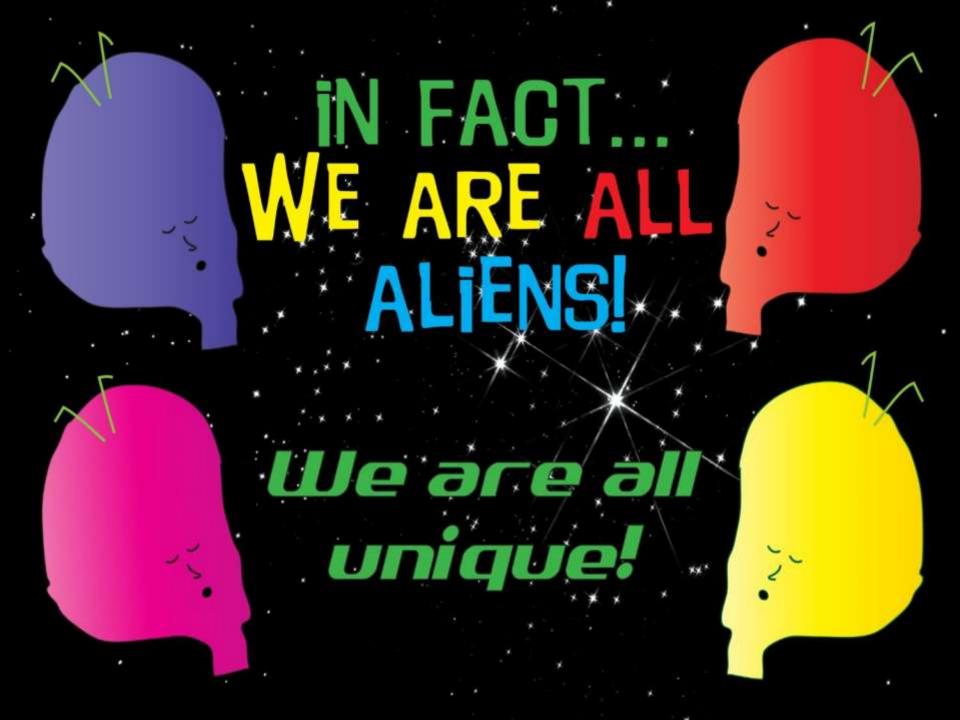
INSIDE THE ALIEN HEAD

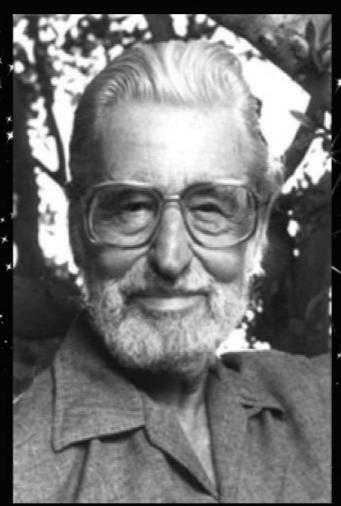
Releasing the Incredible You in YOU!

Francine Bell

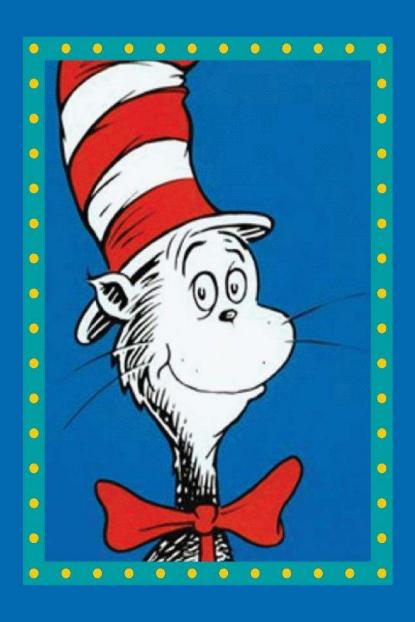




THEODORE SEUSS GEISEL







"Today you are you,
That is truer than true.
There is no one alive
who is You-er
than you!"

Dr. Seuss

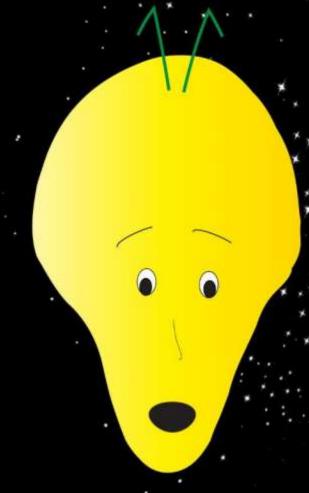


YODA



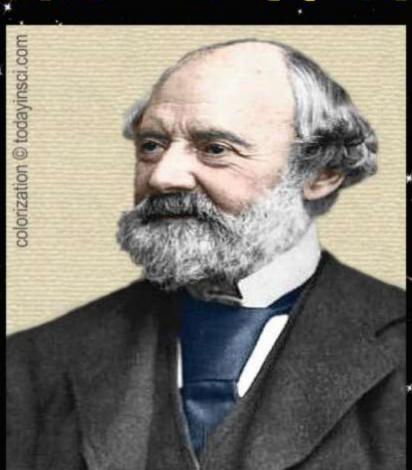
"NAMED MUST YOUR FEAR BE, BEFORE BANISH IT YOU GAN."

Yoda, Star Wars: The Empire Strikes Back

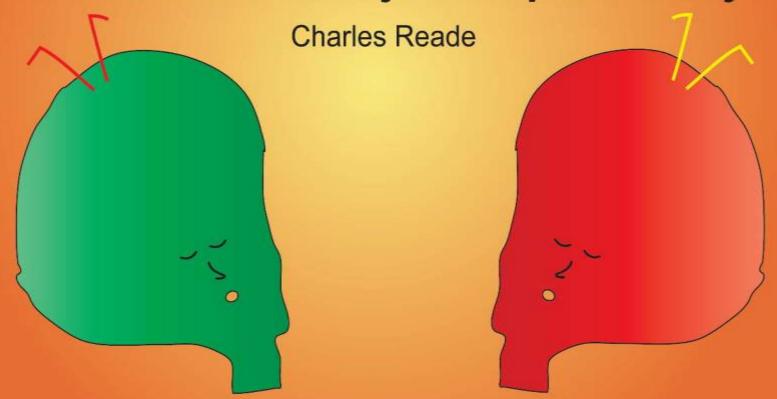


WHERE DOES THE FEAR REGIN?

CHARLES READE

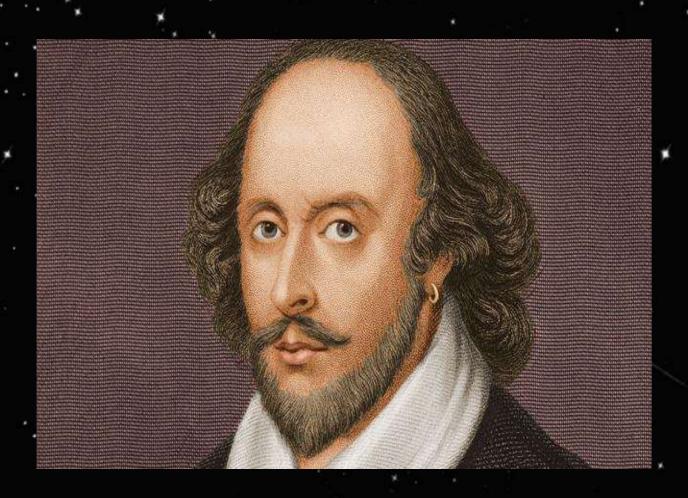


"Sow a thought and you reap an act.
Sow an act and you reap a habit.
Sow a habit and you reap a character.
Sow a character and you reap a destiny."



TSI

William Shakespeare



"Our doubts are traitors and make us lose the good we oft might win by fearing to attempt."

William Shakespeare



WHAT KIND OF PHOBIAS?

AICHMOPHOBIA - Fear of needles or pointed objects

ARACHIBUTYROPHOBIA - Fear of peanut butter sticking

to the roof of your mouth

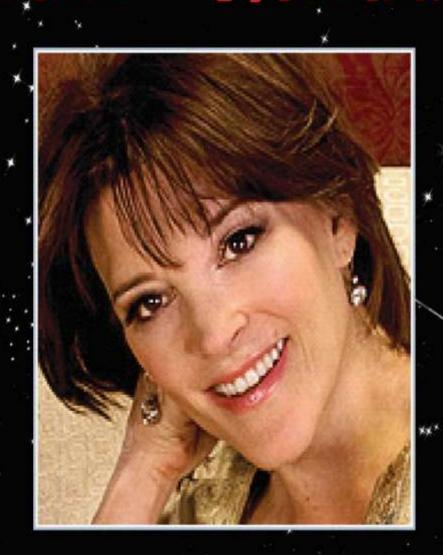
ANUPTAPHOBIA - Fear of staying single

EPHEBIPHOBIA - Fear of teenagers

GENIOPHOBIA - Fear of chins

GELEOPTOPHOBIA - Fear of being laughed at...

MARIANNE WILLIAMSON



"Our deepest fear is not that we are inadequate; our deepest fear is that we are powerful beyond measure. It is our light not our darkness that most frightens us. We ask ourselves,

"Who am I to be brilliant, gorgeous, talented, and fabulous?" Actually...who are we NOT to be?

You are a child of God. Your playing small does not serve the world. There's nothing enlightened about shrinking so that other people won't feel insecure around you.

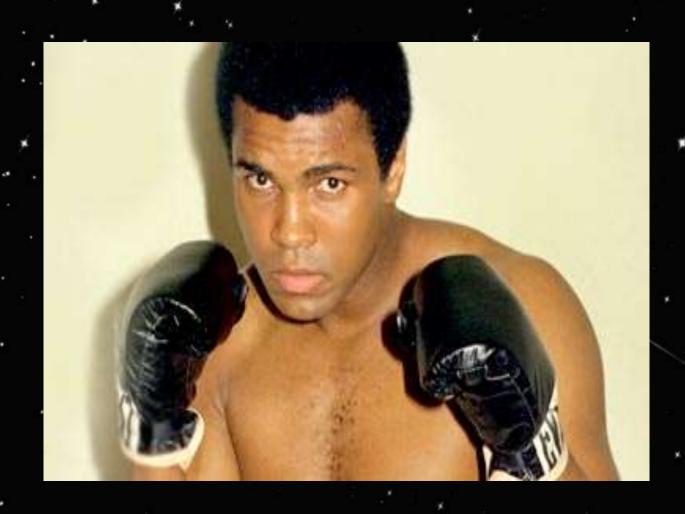
You were born to make manifest the glory of God that is within us.

It is not just in some of us; it is in everyone.

And as we let our own light shine, we unconsciously give other people permission to do the same. As we are liberated from our fear, our presence automatically liberates others."

Marianne Williamson

Muhammad Ali

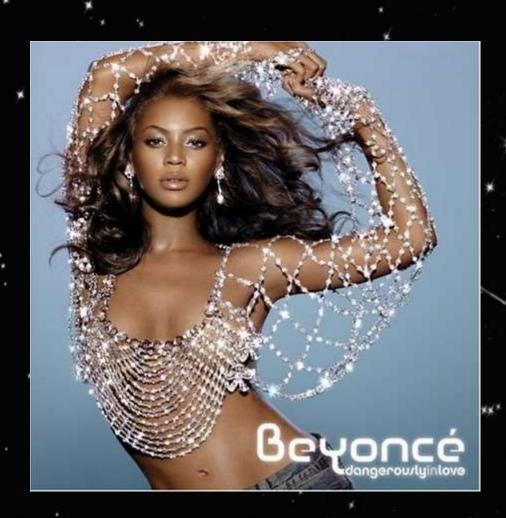




"I am the greatest!
I said that even before
I knew I was."

Muhammad Ali

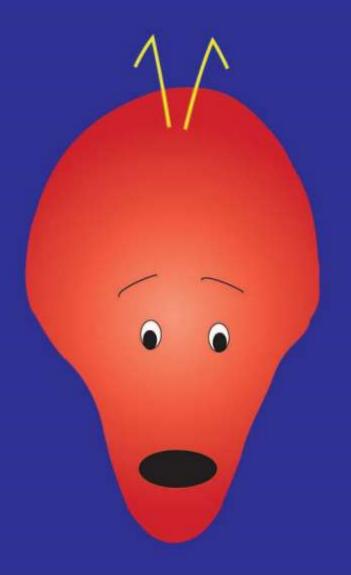
Beyonce



"A legend in the making." Beyoncé



"My favourite music is R & B and I love to dance to Beyoncé."



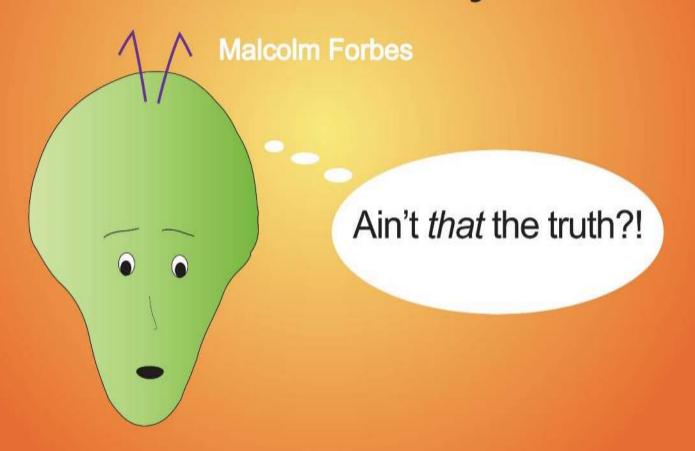
Prince Albert of Monaco



MALCOLM FORBES



"Too many people overvalue what they are NOT and undervalue what they ARE."







"You've got to accentuate the positive! Eliminate the negative! And latch on to the affirmative! Don't mess with Mister In-Between!

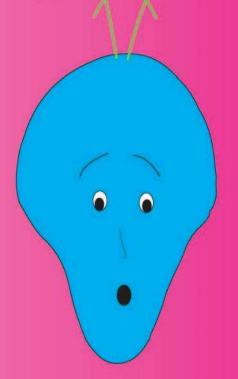
You've got to spread joy up to the maximum!
Bring gloom down to the minimum!
Have faith or pandemonium's
Liable to walk upon the scene."

SING! SING! SING!!!

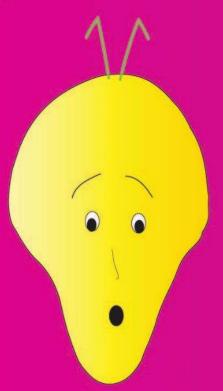
Loretta Young



"Unless some misfortune has made it impossible, everyone can have good posture."



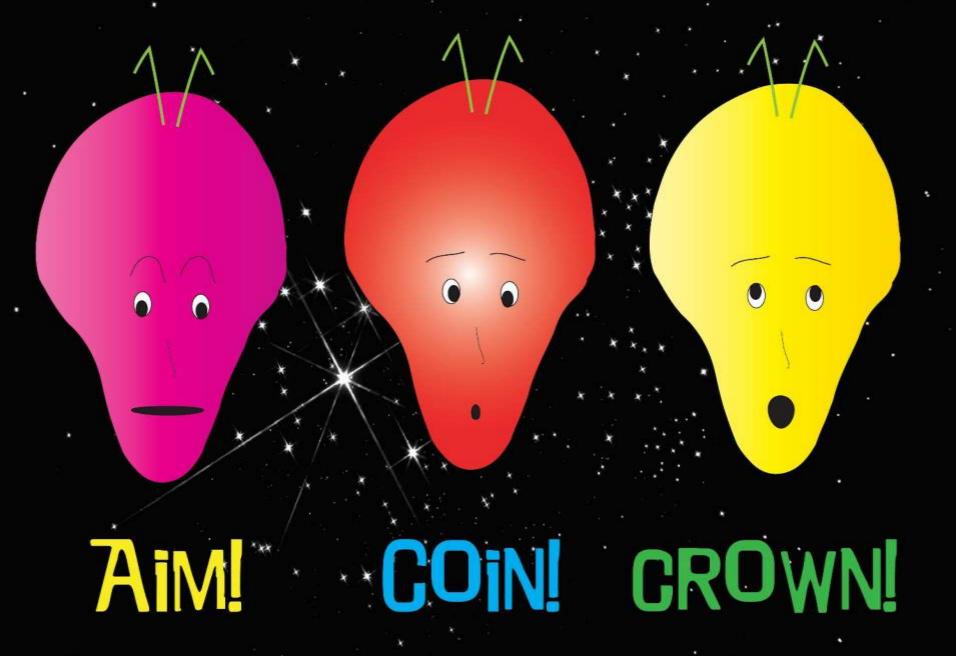
Loretta Young





RETURNS 2006



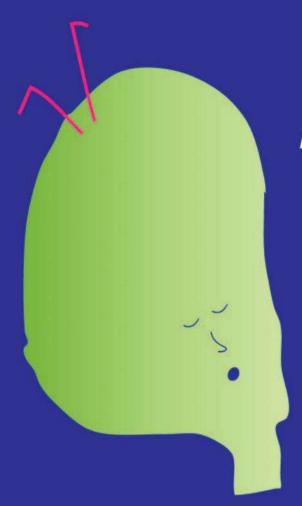




CULTIVATE THE ART DREAMING!

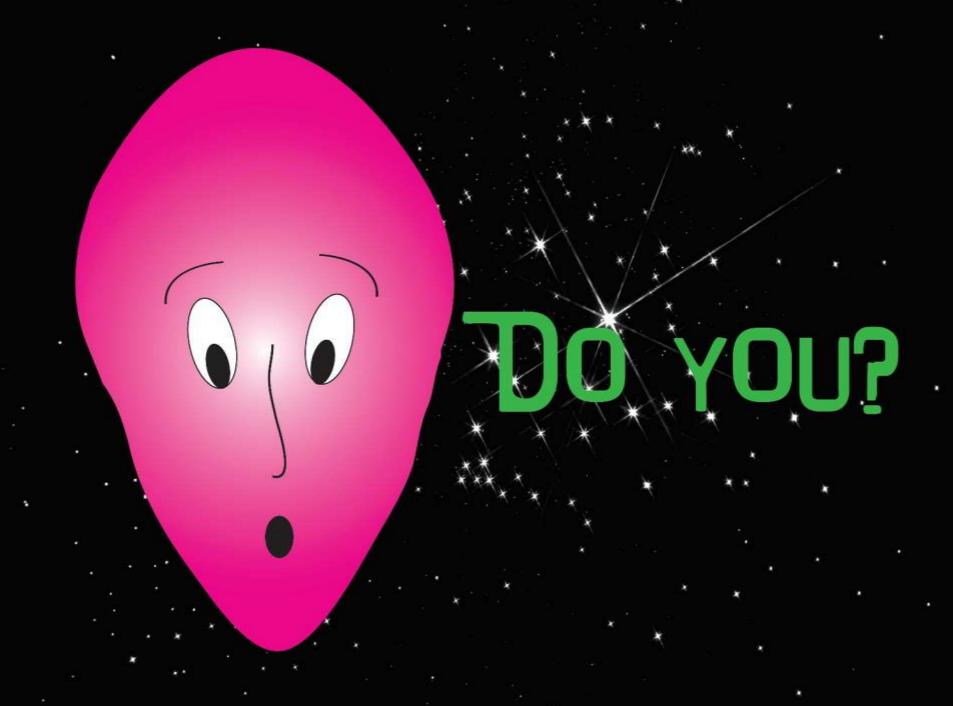
Martin Luther King, Jr.





"I have a dream."

Martin Luther King, Jr.



Tim Ferriss



"The question you should be asking isn't 'What do I want?' or 'What are my goals?' but, 'What would excite me?!"

Tim Ferriss

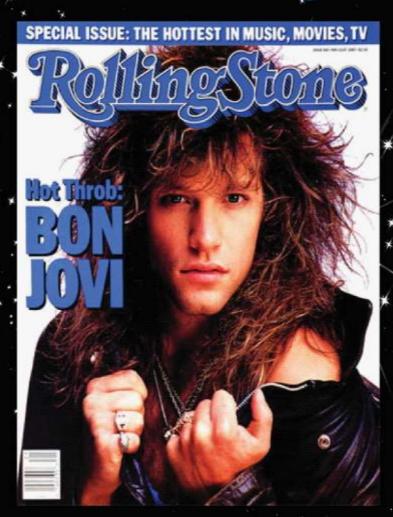
SHELDON GOOPER



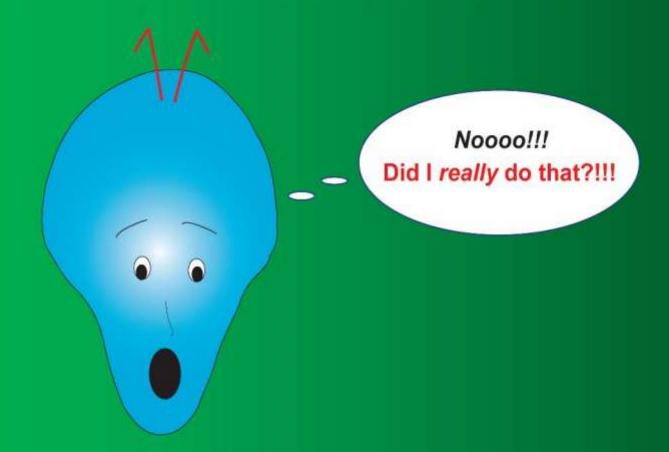
"I'm not insane. My mother had me tested." Sheldon Cooper



JON BON JOVI



"If you wanted to torture me, you'd tie me down and force me to watch our first five videos."



GLORIA GAYNOR



"I WILL SURVIVE!"



"Even if you fall on your face, you're still moving forward."



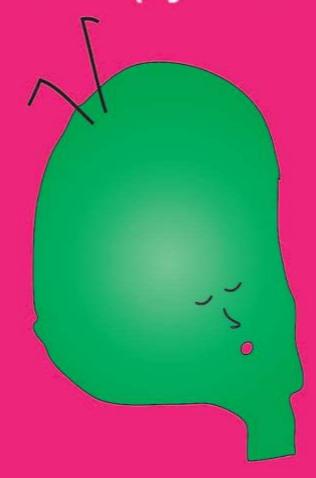
PATTI LABELLE



Tina Turner

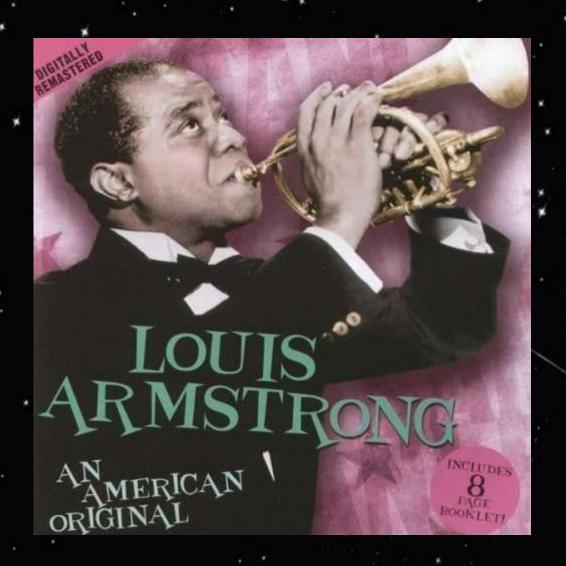


"What's love got to do with it?" Tina Turner (Lyle & Britton)





Louis Armstrong



"The main thing is to live for that audience, 'cause what you're there for, is to please the people."

Louis Armstrong



MARILYN MONROE



"A career is wonderful, But you can't curl up with it on a cold night."

Marilyn Monroe



"Don't take life for granted, because tomorrow isn't promised to any one of us." **Kirby Puckett**

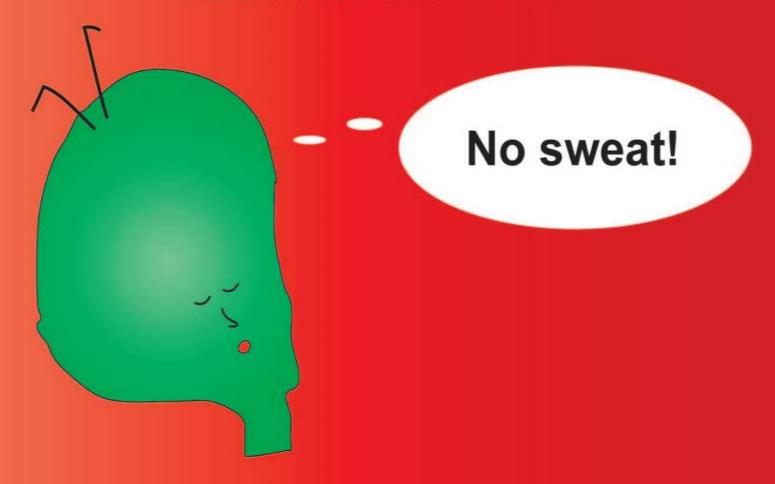


Olivia Newton John



"Don't sweat the small stuff."

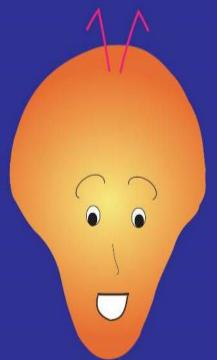
Olivia Newton-John



MAYA ANGELOU



"People will forget what you said; People will forget what you did; But, people will never forget how you made them feel."



Maya Angelou

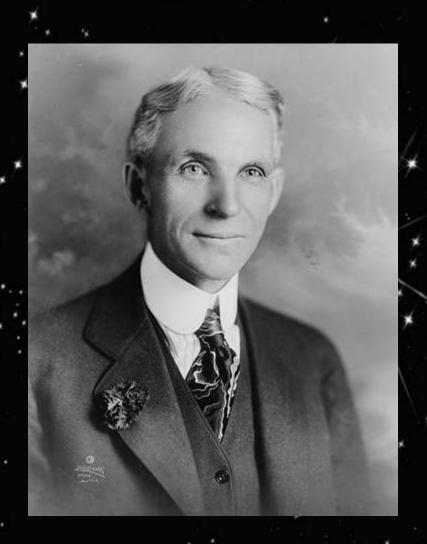


PharrellWilliams





Henry Ford



"Whether you think you can or think you can't...
you're right."
Henry Ford

Success



"SUCCESS COMES IN CAN'TS'!

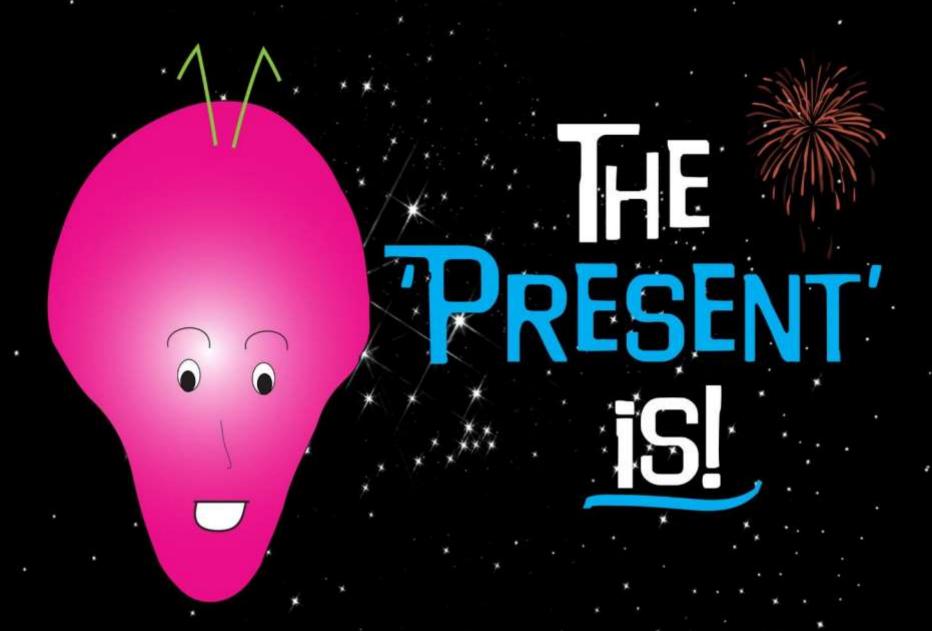


HOWERER









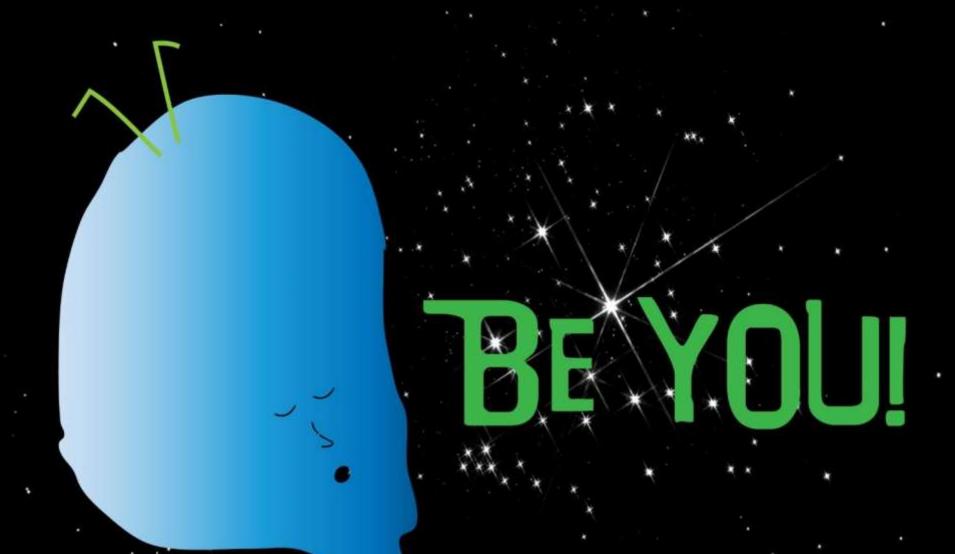
Gary CK Huang



"Light up Rotary... How you light up Rotary is up to you. You know you are strong, you know what your community needs and you know how you can help."

Gary CK Huang

× Δ ×

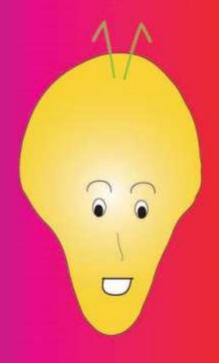


LADY GAGA

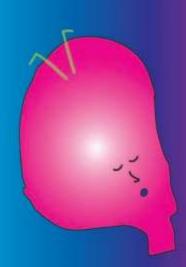




Lady Gaga







ANOTHER ONE?!

"You've got to believe and paint a picture Inside your mind, let it convict you That everything is possible If you will only try."

There's a 'tomorrow' in you growing It's not just a feeling; it's a knowing Your best is yet to come Your victories will be won..."

"Visualizing your creations breaks down your walls of limitations. Just set your sights on where you want to be."

Look ahead and not behind you; There's a power that will guide you; The things that you believe, are the things you will achieve..."

"You can live your dream -There ain't no mountain you can't climb, focussing all of your intentions into the fourth dimension. Where dreams become realities ... Open your eyes today, my friend and see... You can live your dream.

"Once your vision becomes clear, you'll see that it's your fear that has knocked you and mocked you Then nothing's gonna stop you!

Tell your doubts to get away!
Stand up and say, "I can do it!"
"Go through it!"

"C'mon! Lead me to it!"

"Get your mouth into line with the hope you're professing!

Speak of your dreams 'cause they're born of confessing!

Each word you speak sows a harvest you'll reap – So beware!" "Whether you think that you can or can't do it,

Decides your destiny, how you'll go through it:

Cast down your care and see yourself where..."

"You can live your dream -There ain't no mountain you can't climb, focussing all of your intentions into the fourth dimension. Where dreams become realities ... Open your eyes today, my friend and see... You can live your dream.

"Have faith in yourself, have faith in God, too!

Have faith in your brother, then there's nothing you can't do when your hearts all beat in rhythm and you're working as a team -

Seize the opportunity!

Yes! You can live your dream!"

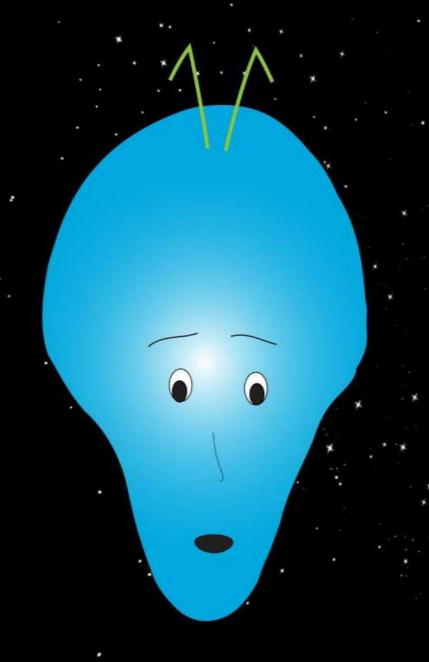
"Dream! Oh, you've got to see it!
It's right there inside of your heart –
All you've got to do is free it!

'Cause dreams become realities...
Open your eyes today my friend
and see...your "Promised Land"

Your dreams become realities...

Open your mouth today my friend and say, "I'm gonna make it!"

"Yes, dreams become realities!
Open your eyes today my friends
and see...
That you can live your dream!"



FRANCINE BELL

