

Independence Through Hygiene



Rotary District 5170 Foundation



Girls who can't afford hygiene products skip school during their cycle. Unable to keep up, they drop out at age 12 or 13. An arranged marriage or sale into the sex trade is a common tragic outcome.

“A period should not be a full stop for a girl’s education!”
— 2022-23 District Governor Savita Vaidhyanathan

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As part of Rotary International’s **#EmpoweringGirls** initiative, you can help [Rotary District 5170](#) improve girls’ lives. Three Rotary clubs, two in India and one in Africa, with District 5170’s help, will provide a local NGO with sewing machines and capital to purchase leftover material from clothing manufacturers and provide training, workspace, and wages for local women. The employed women will sew washable, reusable sanitary pads. The local Rotary clubs will team with area schools to distribute the finished product (pictured above) to schoolgirls. **Every \$6 of your tax-deductible donation to Rotary District 5170 Foundation (a 501(c)(3) charity) will allow one 13-year-old girl to complete high school.** You will also help employ local women and divert fabric scrap to productive use.



Hygiene products sewn by women like these can keep girls in school.



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