

To the District Interact Committee,

Firstly, thank you for taking the time to review our application. The Interact Club at Golden High School has grown exceedingly over the years and would love to be credited for our hard work. Not only has our club size increased (by 65 members, from 8 to 73), but the involvement in our community and projects has strengthened tremendously as well. With a majority of the board members of the club being a rylarian, strong leadership qualities are demonstrated in the club to promote a friendly and comfortable environment. At Golden High, Interact Club is a place to meet new people all while helping others in our community. Once again, thank you and I hope you consider us.

Sincerely,

GHS Interact Officers: Emily Nguyen, Spencer White, and Shamik Bhat

1. Peach Pick Up(August 2015, before school year)

Interact Club board members volunteered in a Golden Rotary fundraiser involving the distribution of pre-sold peaches to the customers. While also helping the Golden Rotary Club distribute their peaches, we also got acquainted with Rotary's members and further acquainted with the community.

2. Neighborhood Rehab Project-Be a Tool (9/12/15)

Interact volunteered for a local non profit organization, Neighborhood Rehab, to help repair and clean mobile homes around Golden. We mostly did yard work all while connecting with the community and the homeowners we were assisting.



3. Coyote 5K (9/20/15)

10 Interactors helped Shelton Elementary School with the Coyote 5k Classic to raise money for their science and technology program. We did tasks like giving out water, being a course marshal and overall helping the staff manage the race.



4. Twist Tie Tuesdays (every Tuesday)

Five to ten Interact members meet every tuesday to organize recycled grocery bags for the Golden Backpack Program who provide food for underprivileged children who without it would not eat over the weekend. The bags organized help volunteers fill them easier and faster making the overall operation more efficient and helping more kids!

5. Car Wash (9/26/15)

Interact held a carwash to raise money for our international project, Shelter Box. The fundraising event was a huge success and we earned \$1,000, which allowed us to buy one box!



6. Shelterbox(September - October 2015)

In our efforts to raise money to buy two Shelterboxes(\$1000 each), we went around to all the ACE classes(Academic Curriculum Enrichment) to present a video demonstrating Shelterbox's amazing efforts across the world and our efforts to raise money for the cause. In addition, we invited Shelterbox volunteers and set up a Shelterbox in the main lobby, attracting many students and their donations. In fact, this endeavour raised approximately \$800, getting us to our previously stated goal.



7. Run The Rocks(10/11/15)

Run the Rocks is 5k race at Red Rocks Amphitheater that raises money for the American Lung Association in Colorado. We helped out by directing the runners where to go and cheering them on.





#### 8. Leaf Raking (10/24/15)

Since leaves had accumulated in most neighborhoods by the end of October, we decided to go around Golden neighborhoods and ask if people wanted their yards raked. By the end of the day, we had many bags full of dried, dead leaves!



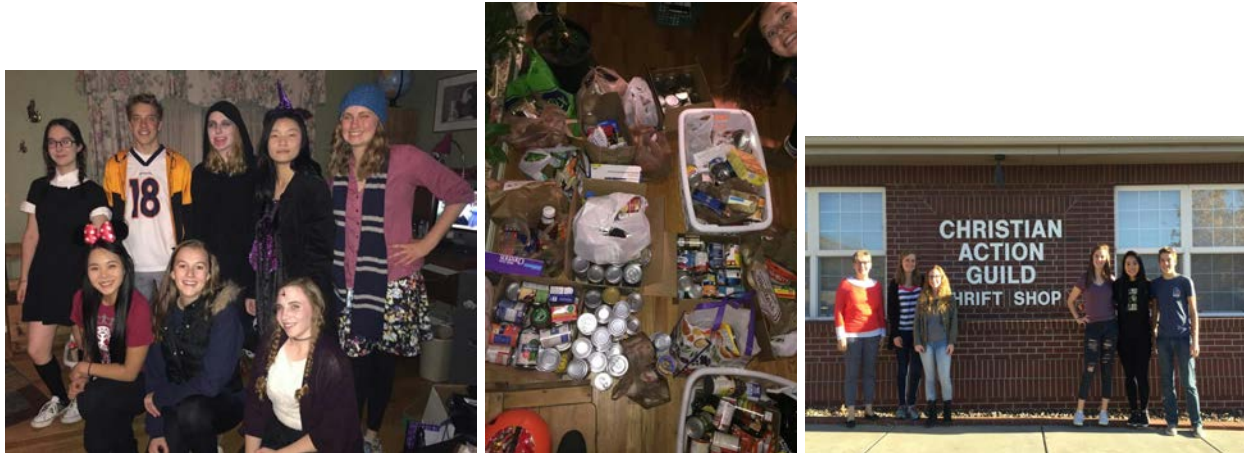
#### 9. Trick or Treat Street

At Trick or Treat Street, 16 interactors dressed up in a costume during the week of Halloween and helped provide a safe environment for young children to trick or treat in the Golden High School cafeteria. We provided fun activities with “spooky” games to enrich the children’s experience.



### 10. Trick or Treat for Cans

On Halloween night, Interactors from our club trick or treated for cans, ultimately donated to the Christian Action Guild. We strove to collect as many cans as possible through making posters beforehand and depositing them at the houses we were planning on trick or treating at.



### 11. Miracle Shop (11/18/15)

During the holiday season, Interact promoted *Miracle Shop* at the high school and to the community. *Miracle shop* is held at the local elementary school, Pleasant View Elementary where they allow lower income parents to buy Christmas gifts at an affordable price. This promotes dignity and pride to the parents and reflects on the season of giving back. Interact participated in this project by asking for toy donations from the school and community, which then would later be sent to the elementary school so they would have toys for their shop.





### 12. Canyon Gate Holiday Lunch (12/3/15)

During the holiday season in December, members from the GHS interact club visited the Canyon Gate apartment complex in Golden to volunteer serving lunch to old folks living there. Talking to the residents was deeply meaningful to them, which made their days! We volunteered for two hours creating a true holiday experience complete with gifts for all residents and live musical entertainment.



### 13. Holiday Food Packing (12/11)

Interact helped the Golden Rotary pack 600 boxes for the upcoming holidays at a local church. The food packed fed about 300 families (1200 people) for a week who couldn't afford the costly price of a Christmas dinner.



#### 14. Flag Making/International day (1/21/16)

Every year, Golden HS hosts a group of foreign exchange students for a day. This year, Interact Club decided to get involved so by welcoming them, we made posters that says “welcome” in various languages. In addition, we **interacted** with them during ACE by playing team activities and mingling.



#### 15. Denver Rescue Mission

Interact Club volunteered at the Denver Rescue Mission to help prepare lunch for the homeless. The Denver Rescue Mission provides a warm shelter and food for those going through adversity. We plan to come back and help out again because of the great experience!



### 16. Card Making (2/11/16)

During lunch on February 11th, 2016, Interactors created Valentines Day cards for residents at the Canyon Gate Apartment Complex in Golden. The cards were then given to the 52 residents during the Valentine lunch on the thirteenth of February!

### 17. Valentine Lunch (2/13/16)

In February, Interactors revisited the Canyon Gate apartment complex in Golden for the second time. This time around, we once again served lunch, but also distributed handmade Valentine cards from members of our club to the low income seniors living there.



### 18. Interact District Conference (2/20/16)

Interact Club participated in a district-wide Interact conference meant to discuss the district's various clubs' ideas and engage in various specific improvement discussions, such as leadership, fundraising, and many more. Through group discussions with Interact Clubs throughout the district, we reinvigorated club members' RYLA ties as well as their ties to other Interact and Rotary members. Overall, this conference allowed our members to bring back the lessons learned from the activities and improve their leadership skills. With such a great experience, Golden Interact plans to host a similar conference next year.





### 19. Chili Cook Off (2/24/16)

At the Chili Cook Off on February 24th, 2016, many interact club members served chili to raise money for the Golden High School parent teacher association (PTA), and entered into a chili competition. This event was part of a school club wide event where every club and sport had a table in the cafeteria and were entered into the competition to make it a fun atmosphere.



### 20. Jeffco Action Center-upcoming (3/5/16)

Interact will soon be helping out at the Jeffco Action Center to pack food at their warehouse.

### 21. Yuda Bands (in progress)

For a second international project, our club is still planning on the logistics of Yuda Bands. Yuda Bands are handmade bracelets from Guatemala which can be sent to the US and sold at a specific price to raise money for underprivileged students to attend college.

### 22. Mentor/Career Day (in progress)

GHS Interact and Golden Rotary are planning on partnering together to create a career day where a Golden student can shadow a Rotarian for a day in their job. This will allow students to experience what the job is like first hand.

### 23. Golden Backpack Program (upcoming)

Starting soon, the GHS Interact Club will be joining other members of the community to pack recycled grocery bags full of food for underprivileged children to take home with them over the weekend when otherwise they would not eat. This usually takes under half an hour per week however, the impact is tremendous serving over 400 school aged kids per week.

#### 24. Habitat for Humanity-upcoming (4/2/16)

In a few months, Interact Club will be working with a non-profit organization, Habitat for Humanity, to help build a house for hard-working people at an affordable price.

Thank you!

