

# District 5450 Interact Conference of 2017- 2018



Interact Presidents, Club Sponsors and Interactors,

Adams City High School (ACHS) Interact Club would like the opportunity to continue to spread the Rotary motto, "Service above Self", with other young adults. We're EXCITED to be the host club of this year's District 5450 Interact Conference on **Saturday, November 4th, 2017**, during "World Interact Week"!! This event is open to all Interact Club members, as well as potential club members, school and Rotary advisors and anyone interested in "Service above Self." ACHS address is **7200 Quebec Pkwy, Commerce City, CO 80022** . The conference will begin at 9 am until 3:30 pm, with check-in beginning at 8:30 am.

We are asking for a **\$10 per person fee** to cover our expenses, with \$2 going to go to District 5450 to help with our recent hurricane disasters. Fees can be paid at the door or send a check payable to the *Commerce City Rotary Club* via mail to *Commerce City Rotary, P.O. Box 1882, Commerce City, CO 80037-1882*. All attendees will receive lunch, t-shirts, backpacks, and water bottles. Please have your Interact Club **RSVP by October 27th** or have any questions to [micheller196@gmail.com](mailto:micheller196@gmail.com).

As part of this year's conference, **we want to hear from you** and the fantastic service projects your Interact Club is currently doing or are on track to do this year. We want to shout it to the world and let other Interact clubs join in your success and build momentum within D5450. Additionally, we will be rolling out a three year plan for a true Interact District 5450 with collaboration and friendly competition among the Interact Clubs with District 5450. We want all Interact Clubs to earn recognition from their peers and conferees and have fun, build leadership skills and network with your fellow Interactors.

We are looking for three other Interact Clubs to present their service projects to conferees at this District Interact Conference. After each presentation is completed, we will then give you the opportunity to discuss and to ask questions of each group and find out how they met their goals. At the end, we want to collaborate to find the service project all clubs can participate in, at the same time.

If you have any ideas, **we want to hear from you!** If you're interested in submitting your service project, please email Michelle at [micheller196@gmail.com](mailto:micheller196@gmail.com). We'll need you to tell us a little bit about the project and what goals do you wish to accomplish, so that your service project can be considered for the agenda.

ACHS Interact will be highlighting our signature project, the Mental Health Initiative. Our club produced a video depicting serious mental issues in our youth, including suicide. We implemented a Mental Health Initiative program within our school to help. As a result, our club won the District 5450 Ron Prascher Interact Service Award for 2016-2017.

ACHS Interact Club President  
Viri Varela

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## **AGENDA**

8:30 Check-In

9:00 Welcome and Icebreakers (recognition of each the attending Interact Clubs)

10:30-10:40 District Governor Abbas Rajabi

10:50 - 11:50 Interact Leadership Training -Lee Mulberry (All Interactors)

10:50 - 11:50 Interact Training for Adults-P.J. Dyon (All Sponsors & Advisors )

### Noon - 12:50 pm Lunch

Keynote Speaker-TBD during Lunch - 25 min

PJ to talk about RYLA & Youth Exchange - 5 min

Lee to talk about Rotaract and RotarAction - 5 min

Highlight ACHS Interact Club Mental Health Video

1:00 pm - 3:00 pm-Highlight 3 Service Projects of Interact Clubs from within our District

-Discussions about Service Projects

-Discussions and choosing of District 5450 I-Zone Projects

Interact Olympics

3:15-3:30 Closing

*\*Agenda will be updated and will be sent at a later time.*

*We hope to have an informative and FUN leadership conference!*

Sincerely,  
Viri Varela  
ACHS Interact President

Rene' Bullock  
Interact Liaison

Rhonda Hathaway  
Commerce City Rotary President