#### Where the Mountains Meet the Plains ~ Colorado, USA



Dan Himelspach, District Governor 2013-2014

### September 2013 Number 3

#### **NEW GENERATIONS** MONTH

#### What's inside

- 1 Interact District Council
- 2 Message from Your Governor
- 3 Flood Donations -Give Now!
- 4 Global Health and Water Symposium 2013
- 5 Englewood Rotary's "Big Fat Dream"
- **6** Uplift Internationale
- 6 New Satellite Club established
- 7 Literacy Conference
- 8 Membership
- 8
- 9 Mobility Devices gathered in Kansas City
- 9 Artists, Art and Clean Water
- **10** Keep Those Stories Comina



### Interact District Council: Three years old and growing strong!

by Isabella Kent, Interact District 5450 Governor, bellaboo818@gmail.com

he Interact District 5450 Council was founded 3 years ago. Our main goal is to unite Interacters, with each other, and with Rotarians to form a stronger bond and create a better relationship between the two. By integrating these groups we will ensure that further generations of Rotarians

of the Interact District council because I have been an active member of the council since its foundation in 2010 and I want to continue all of our efforts to unify Interact and create a better community. My goals for this year are to host a Fall Leadership Conference, a Winter Retreat, and a Spring



Mountain Ridge and Mountain Vista Interact Clubs shown with all of the food they collected through donation and shelved for Interfaith Food Bank.

will thrive. We serve to advance peace and understanding through unification.

We have BIG plans for the 2013-2014 year including projects with the Wildlands Restoration Volunteers, Project Cure, Water for Life, and Brent's Place. We are hosting our 3rd Annual Fall Leadership Conference on Sunday, October 6, from 1-5 pm. We encourage all Interact Officers and their sponsors to attend. We will have team building activities, presentations, and workshops. A formal invitation will be sent out from our email address: interactdistrict5450@gmail.com I decided to accept the role as Governor

Sendoff, as well as to support any clubs willing to work with the council or need our help. We are very proud of our role in supporting thriving and new clubs. One example of a startup club we are working with is the Interact Club of Mountain Vista High School. Two of the District Council's current board members started this club last year.

The following comments by Sarah Solnet and Sarah Olson, Interact District 5450 Local and International Projects Coordinators say it all. "Right from the start we had a great base of excited members and

### A Message from your Governor

by District Governor Dan Himelspach DG13-14@disputemanagementinc.com

#### **AREA ASSEMBLIES HAVE BEGUN!**

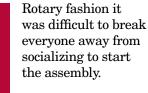
The first Area Assembly was held with Areas 5 and 6 on September 12. By all accounts it was a roaring success! In spite of a 100 year rain 136 Rotarians and friends arrived at The Wildlife Experience in the Denver Tech Center to experience the first organized Assistant Governor Area Assembly in Rotary. The Blue Bear even made an appearance to encourage attendance at the District Conference on May 2-4, 2014.

The fellowship hour before the assembly was abuzz with Rotarians getting to know each other. I overheard several very favorable comments about the Club displays, which were outstanding. In typical

#### Interact contd. from page 1

sponsors. Most of our members were a part of the Mountain Ridge Middle School Club the year before. They were all very interested in helping with the startup of the club so they could continue with Interact in high school. There were four teachers that volunteered to be school sponsors of the club. One of which became completely involved and supportive of everything our club did. The Rotary Club of Highlands Ranch sponsored the Interact Club at the middle school and was more than happy to take on another club. This support from Rotary has helped our club accomplish numerous goals."

"During our first year we volunteered with Panther Pantry, a local food bank that helps feed families in



AG Bob Martin started the meeting with a bang and gave all of us an idea what to expect. Our Master of Ceremony AG Lin

Miklas did a masterful job of keeping everything entertaining and on time. I then gave my rendition of how Rotary is changing and did my best to look and act like a District Governor.

Each Club President made a short insightful presentation focusing on the accomplishments and needs of their Clubs. I was astounded by the breadth and variety of projects in which the Clubs are involved. Until you venture outside your own Rotary Club it is very difficult to fully appreciate how active our Rotary Clubs are with meaningful projects that truly address those in need and make the world a better place. It made me proud to be a Rotarian. At the same time it made me humble to be part of an organization that gives

Douglas County, did many activities with Bessie's Hope, an organization that connects youth to elderly in nursing homes that don't get many visits. Another food bank that we volunteered with was Interfaith. They feed many families in the Englewood area. We have had food drives and shelved the food there, helped with the distribution of Thanksgiving meals to over 600 families, and helped with their Christmas box deliveries. We also assisted with the mailing to potential donors for Friends of Gueoul, a small non-profit that sends girls in Africa to school. In our first year we were awarded the Presidential Citation for both the Mountain Ridge and Mountain Vista Interact clubs. We had a wonderful first year and look forward to doing even more this year."

so much to help others and asks so little in return.

It was clear that something was said that piqued the interest of every Rotarian. I feel confident in reporting that everyone at the assembly learned new and useful information. There were new ideas for projects and service, new ways to do activities, new techniques to enhance membership, new approaches to fund raising with fun, new ways to conduct weekly meetings, and a host of other ideas on how to conduct Rotary business. It appears that membership issues can be conquered if you just loosen up and have fun at the meetings. A fertile foundation was laid for Club collaboration and cooperation.

I want to give my heartfelt thanks and congratulations for a job well done to AG Patricia Fiske, AG Lin Miklas, AG Bob Martin, and the leadership and members of the Rotary Clubs in AG Areas 5 and 6.

the Dan

### **Dear Readers**

Did you like something you read in the newsletter?

- ✓ Did it hit home?
- ✔ Did it make you smile?
- Did you learn something?

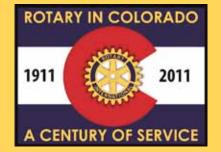
Take a moment and let the author know you read their story. A quick comment, hello or thank you means more than you will ever know.

#### Page 2 September 2013

# Wondering how you can help? Colorado Rotary Flood Disaster Relief Fund

NOV

GIVE



During the last few days, Colorado has been hit by unprecedented rain producing deadly and destructive floods, mud slides and high water. The flooding has covered 4500 square miles - equal to the entire State of Connecticut – isolating several communities. So far six people have lost their lives and over 18,000 homes have been destroyed or damaged. The cost estimates are approaching 20 billion dollars.

Rotarians are asking how they can help the Colorado flood victims. The answer: Give NOW!

The Denver Rotary Club Foundation has agreed to serve as the repository for donations to the Colorado Rotary Flood Disaster Relief Fund. The money raised will be dispersed to national or local foundations or to Rotary Clubs in a position to quickly and effectively assist victims of this disaster along the entire Colorado Front Range.

We are especially pleased to report The Denver Rotary Club Foundation will generously match the first \$5,000 donated to the Fund. We encourage other Rotary Clubs to consider matching member donations.

A Committee comprised of members of District 5450 and The Denver Rotary Club Foundation will determine the beneficiaries of the funds. Our intent is to quickly place the money in the hands of national or local foundations and other credible organizations including Rotary Clubs in a position to provide maximum benefit to the victims.

We respectfully ask you to please make your donation online at Denver Rotary Club Foundation. A Relief Fund donation link can also be found on their website at www.drcf.denverrotary.org. Online donations will provide you with an instant tax receipt, as well as allow us to report back to our Clubs total giving by their club members, if desired.

If you need to send a check, please make it payable to the Denver Rotary Club Foundation with "Flood Disaster Relief Fund" in the memo line. Mail to:

Colorado Rotary Flood Disaster Relief Fund c/o The Denver Rotary Club Foundation 1900 Grant Street, Suite 850, Denver, CO 80203

If your contribution is less than \$250.00, your cancelled check is your receipt. No goods or services were provided in exchange for this donation. The Denver Rotary Club Foundation is a 501(c)(3) not for profit organization; Federal Tax ID is # 23-7154562.

### Page 3 September 2013

## Global Health & Water Symposium 2013

by Peter Hughes, Chair, D5450 Water & Sanitation Task Force (DTC Rotary Club), <u>phughes@polsinelli.com</u> This year's Global Health & Water Symposium will be held on Saturday, September 28, at St. Cajetan's on the Auraria Campus in Denver. Put it on your calendar TODAY!

The Symposium is jointly sponsored by the District 5450 Water & Sanitation Task Force (Peter Hughes, DTC Rotary Club) and Global Health Connections (Blair Gifford, Denver Mile High).

The Symposium begins with Registration and a continental breakfast from 7:30-8:30 a.m. The introduction will be given by Mark Goodman, CEO of Boyers Coffee, a premier Colorado-based roaster and distributor of fine coffees.

The program for the Symposium itself will consist of three plenary sessions interspersed with three breakout tracks, dealing respectively with water issues, health issues, and a common "social" issues track.

- The plenary sessions begin with Justice Gregory Hobbs of the Colorado Supreme Court, speaking on Colorado River water issues. The two later plenary speakers will be Dr. Ruth Berggren of the University of Texas, San Antonio, speaking on "Ethics in Disasters", and Vanessa Tobin, Director of Water & Sanitation for Catholic Relief Services (and former Chief of Water, Environment & Sanitation for UNICEF), speaking on "Solve the water issue – save 80% of the hospital beds."
- The Water breakout track will begin with Ken & Ruth Wright of Wright Water Engineers offering "Andes & Himalaya Water Projects: Lessons from Machu Picchu." The second session will be "Participatory Health – Fresh Water Project", with Dr. Mayling Simpson, formerly of Catholic Relief Services and Senior

Technical Officer for Community Water Supply and Sanitation with the World Health Organization. The third session will be "Reinventing the Toilet", with Karl Linden, Rita Klees, Jamie Nelson, and Ryan Mahonney, who are engaged in the Bill & Melinda Gates Foundation Challenge.

• The Health breakout track

Registration is \$60 general and \$30 for students. Parking is in the nearby Tivoli parking garage on campus. A box lunch will be provided. To register, go to the District website, and under "Upcoming Events", click on "2013 Global Health & Water Symposium".

begins with Edwin Asterius (pediatrician) and John Brett (anthropologist) on "Child & Maternity Health – the CU Guatemala Project." This will be followed by "Medical Missions" with Ted Ning of Starfish Oneby-One, Dr. Gretchen Berggren on Haiti missions, and Greg Hodgson of Century. The third session will be "Health Systems Development", with Blair Gifford, Arlen Meyers, and Maria Todd.

• The "Social" breakout track will begin with "Cultural Sensitivities on International Projects", by Reza Kazemian of Denver Wastewater and Dr. Melinda Cain of CU. The second session will be "Bribery, Corruption, and Violence: Humanitarian Projects in Dangerous Places" with Doug Jackson of Project C.U.R.E. and Prof. Peter Van Arsdale of DU. The final session will be of particular significance to Rotarians engaged in Future Vision, on "Monitoring and Evaluation for Sustainability", led by Prof. Dan Wessner of Regis University, with Cathy Leslie, Executive Director of Engineers without Borders-USA, Prof. Melinda Laituri of CSU, and Charlie Ferguson of UC-Denver.

The program will end by 4:00 p.m.

Please register early, and encourage your fellow Rotarians to register and attend this important Symposium.

### **Get Noticed!**

Keep your camera handy and take some photos of your event. Whether your club has a festival, coat drive, house painting, gleaning, apple picking, haunted house, barnraising, signature dance, road cleanup, bake sale – be sure to take photos and write about it.

Send your photos and articles to Marge Mercurio at <u>rotary-</u> <u>marge@gmail.com</u> by October 6, and we'll help you shine a spotlight on your club.

## Englewood Rotary's "Big Fat Dream"

by Judy Beggs, (Englewood), gueoul@mindspring.com

A few years ago, Englewood Rotary in a Visioning retreat dreamed of building a post-high school training school of some kind in Guéoul, Sénégal. We had already funded a computer classroom with a RI Grant and with funding from six Rotary clubs. The computers were delivered to the classroom on donkey-drawn carts in 2010, out there at the edge of the Sahara Desert.

That good ole-fashioned Rotary magic started rolling. Peter Jeschofnig (PDG, 5470) joined several of us to make a call on Mary Teuw Niane, President of the University at Saint Louis, Sénégal, in November 2011. We asked the general question – how would they like a collaboration to establish a post-high school training of some kind at Guéoul.

President Niane looked surprised and said his top staff had decided 3 weeks ago to establish a branch of their university in the Guéoul region. We struck a handshake deal on the spot – we'd help build it, they'd administer it. Site visits, conferences, and organizational papers followed over the next year and a half. President Niane was promoted to Minister of Higher Education, and now he could push even more effectively for the project.

The University promised 50% enrollment of girls (mostly Muslim). The areas of study:

- Renewable energy
- Arts and Culture
- Agriculture
- Computer science
- Business administration, including women's entrepreneurship

A leading US architect, Jerry Spencer, volunteered to design the entire campus as his retirement project. His February 2013 visit established an understanding of Sénégal's resources



Architect Jerry Spencer presenting campus design June 29 2013.



This is a 2000+ year old baobab tree right at the edge of the campus. The campus is beyond the bushes at the far horizon of the picture.

and dreams. He presented the full campus design in his June visit. The town of Guéoul donated 250 acres. Sénégal agreed to build Phase I, and committed \$10 million. Construction is scheduled to begin in early winter 2014. The aim is for the first freshman class to enter in October 2016.

Our task now begins to search for funding and collaborations for Phase II. RI has expressed an interest in receiving a grant application. We now begin the search for additional funding from granting organizations, individuals, universities, lottery tickets. Several US universities have already expressed preliminary interest in collaborations. District 7610 is tracking the project, potentially to participate in an RI grant.

This project needs talented people with a lot of experience and knowledge. If your club would like to participate with additional funding, expertise and everyday support – we are here with our arms open! CALL Judy Beggs at 303-788-1716. To learn more about the project, visit **gueoul.org/auniversity-in-gueoul/** 

PLAN TO ATTEND Friends of Guéoul Annual Celebration September 28, 2013 Join us for heavy hors d'oeuvres "banquet du pied" (an endless delicious procession of fantastic hors d'oeuvres, guaranteed to fill you up!); Join in the ART SALE including originals from Sénégal artists, contributions by leading local and African artists.

Where: First Divine Science Church, 1400 Williams St, Denver, CO 80218

When: Saturday, September 28- 6:00pm

What: Friends of Guéoul Annual Celebration

Tickets: \$35 suggested price, Pay more or Pay less, but COME!

Call Judy TODAY: 303-788-1716

#### Page 5 September 2013

# Uplift Internationale and Rotarians celebrate 25th Medical Mission

by Assistant Governor Dan Hershberger, dmhershberger@comcast.net

Wheat Ridge Rotarian, Dr. Jaime Yrastorza, has been going back to his homeland, the Philippines at least once a year for the last 24 years. His passion, as a Rotarian and an Oral and Maxillofacial Surgeon, has been to surgically repair those children in the Philippines who have been born with cleft of the lip and/or palate. After practicing oro-facial surgery in Wheat Ridge for 35 years, Dr. Yrastorza decided in 1989 to take likeminded surgeons, anesthesiologists, pediatricians, dentists, nurses, and outreach groups on a week of mission activity, annually, to provide free mending care of the children. He has not stopped since that time.

Next February will be the 25th annual mission for Uplift Internationale, the name of the organization Dr. Yrastorza founded in 1989. There will be two sites on the island of Leyte. One team will be at the Leyte Provincial Hospital in Tacloban-Palo and the other team will be on the other side of the island at Ormoc Sugar Planters Association Medical Center (OSPAMC). Ormoc is the site where the first mission took place and is also where Dr. Yrastorza grew up until he left for college in the United States.

Many Rotary clubs in the Philippines and in the U.S. are now involved in helping these surgi-medical personnel to accomplish their missions. This year, a Rotary Matching Grant has been approved to obtain medical equipment such as anesthesia machines and PACU monitors. These grant-funded devices will assure that the surgical teams provide for the safety of patients both pre-op, during surgery an post-op convalescence.

The Cebu Ft. San Pedro Rotary Club is the host club of this grant and

the Wheat Ridge Rotary Club the international partner. Also contributors of the grant are the Rotary Clubs of Makati, Forbes Park, Central Iloilo City, Bocolod North, Tagbilaran and Ormoc. These Philippine Rotary Clubs have collaborated with the Rotary Clubs of Wheat Ridge, Arvada, Arvada Sunrise, Westminster 7:10, Commerce City, Denver Mile High plus an individual donation from PP Martin Postma of Westminster 7:10 that topped the Rotary Matching Grant altogether.

The vision that Dr. Jaime Yrastorza had over the years has helped thousands of children live a normal life instead of a future burdened by disfigurement and introversion. His mission project named "Operation Taghoy" which means whistle in the Philippine dialect. The vision of promoting a Taghoy Facial Cleft Clinics (TFCC) in many provinces has long been a dream. As planned, there is a TFCC in Ormoc managed and conducted by Filipino surgeons and their support team to care for the children year-round.

This year, on October 12, at the Marriott West Hotel, there will be a Gala fundraiser to honor those medical personnel who give their time and skills to help their fellow man. The Gala also raises funds for expenses of missions by Uplift Internationale. There will be silent auctions and a live auction. It promises to be a fun evening. Rotarians of District #5450 are cordially invited to this wonderful celebration.

For more information, call Beth Shepherd at 303-707-1361, or e-mail **info@upliftinternationale.org**. Read more on the web at <u>/www.</u> **upliftinternationale.org** 

### Stellar News! New Satellite Club is created

by Katie Ehlis, Katie.ehlis@gmail.com

he Denver Southeast Rotary Club is very excited about a new initiative they kicked off in September.

The DSE Rotary Club decided to start a satellite club geared towards younger professionals in the south Denver area as a way to promote the Rotary brand, grow membership and inspire a new generation of Rotarian. Satellite clubs, a pilot program established by Rotary International, are an extension from an already established club. The DSE Rotary Club currently meets every Thursday morning for breakfast but the new satellite club will be an evening's group meeting every other Wednesday.

After five months of planning, the first introductory meeting for the new DSE Evenings Rotary Club was held and had a fantastic turnout! Over 30 people attended the first meeting which had a vibrant happy hour style meet and greet and then focused on sharing the basics of Rotary and the structure for this new club.

The word is spreading fast about the new DSE Evenings Rotary Club as more than 50 people have shown interest. Although this is very exciting for the DSE Rotary Club, it is also a positive indication for our District, Zone and beyond that there is a large population of younger professionals who would make ideal Rotarians as they are eager to get involved and passionate about service.

The next meeting will be another introductory type meeting, will be held on Wednesday September 25 at 6:30pm. For more information on the new club please visit **www.dseevenings. wordpress.com** or contact John Hughes (**j.hugh63@gmail.com**), Craig Sargent (**csargent26@hotmail.com**) and/or Katie Ehlis (**Katie.ehlis@gmail. com**).

## Literacy Conference Get Them While They Are Young Increased awareness and new ideas!

Increased awareness of the current needs in "literacy and education" – one of the six Rotary Areas of Focus – and new ideas of how we could help meet those needs. There will be an emphasis on quality early childhood learning but expect plenty of opportunity for interaction and exchange of ideas on many other literacy topics.

Speakers at the conference will include:

District Governor, Dan Himelspach

<u>Mike Hayes</u> (Westminster Club): Through Dollywood's Imagination Library program, children under five are getting books mailed to them from Rotary clubs.

<u>Linda Smith</u> (Boulder): A Reading Village promotes reading in several Mayan villages. Her teenage "reading promoters" are granted tuition and in return, they work with the local pre-school to develop a love of reading in the young children and the community as well.

To be announced: a speaker from the state department of education will speak on how Rotary can connect and cooperate with programs developed by state educators for early childhood educational awareness.

Most importantly, there will be ample time to break into small groups to discuss various topics like adult literacy and e-readers, and learn how to cooperate on the many projects that Rotarians have been involved with to improve the levels of literacy in our state and the world.

The cost of the conference is \$20. Registration can be done at www.district5450.org or at the door (check or cash).

The program begins at 8:00am with breakfast served at 7:30am and will end at noon.

WHEN? Saturday October 5, Red Rocks Community College (Lakewood campus, west end, downstairs Community room)

Questions? Contact Co – chairs - Brenda Hagerman at <u>b hagerman@msn.com</u> or Joan Spalding at <u>JLspalding@aol.com</u>.

### Page 7 September 2013

# Membership: It's about community and connecting with others

by Debi Bush, D5450 Membership Chair, (Denver Cherry Creek), membership @D5450.org



n addition to The Rotarian magazine, I also receive the national monthly magazine as a result of membership

at my synagogue. It's odd how the main article not only spoke to me about synagogue life and membership, but how it directly applies to Rotary and membership in 2013. We are not alone in our quest to engage and involve our existing members while bringing new members into the fold of our Rotary clubs and places of worship.

Wherever you go there are Rotarians who are sad that Rotary is not the same as it used to be. Going back only 25 years when my club was chartered, women were new to the Rotary scene in that they were in their first year of being able to be a Rotarian. In today's worlds (Rotary, work and personal), we all have to learn and adapt to new ways of connecting with others in the different communities (groups) in which we are members. It's a Must to be open to change in how we attract prospective members and engage our existing members. 100% attendance is not as common nor does it have its place on the pedestal like it used to. I firmly believe that consistent attendance at meetings and participation in projects trumps having perfect attendance. Give out the gold stars to members for their positive energy and contributions to your club.

As for connecting with others in our Rotary and other communities, the article I read had the title of "Synagogue Life – The Next Paradigm: **Opportunities to engage** and inspire Jews exist, but they're different than before. The real question is, how can congregations do what it takes?" (Rabbi Charlie Savnor). Regardless of what faith you were raised in or practice or don't practice now, this same question should be poised to Rotarians in D5450 and across North America where membership has declined year over year for the eight years that I have been in Rotary.

#### How can each Rotary club and each member of every club do what it takes to maintain energy, to grow and to thrive?

The daunting question arises: How do we place importance on **dedicating our energy and time to creating connections** with others in order to be able to nurture the relationships in the future that will help strengthen and vitalize our clubs?

- Do you (and I am including myself in the "you") have the focus and determination to create and solidify connections within your Rotary community and communities outside of Rotary where there are Rotarians at Heart?
- Future Rotarians need to be asked to check out our clubs even if they are heavily involved in other communities/groups.

The communities in which I am grounded and therefore steadily involved (family, friends, CMIT and the greater IT industry, Rotary, synagogue, kids' school) have been mutually beneficial in that I give and receive. Can one stretch themselves too thin in the attempt to be über connected in multiple communities? Anyone reading this article knows how easy it is to be "sucked" into doing more and more for Rotary. It's not a bad thing to get sucked in as long as your other communities don't suffer.

Does something have to give and what will it be? Giving up a focus on a community and wearing yourself so thin that you suffer? Yes, questions beget more questions that will not be answered in a single sitting.

Lisa Earle McLeod, a business consultant and author who has worked with my CMIT system for several years, might throw out the "novel" concept that you can't be everything to everyone at all times which includes yourself. And, from what I have learned so far while reading her book, *Forget Perfect*, is that it's not realistic nor wise to aim for perfection in one's personal and work lives. This means that you have to make choices—tough choices at times.

Thanks to all of my communities and connections for giving me opportunities to contribute and help to **make a difference**.

### Mobility devices gathered in Kansas City

The Rotary Club of Lenexa and the Theater in the Park teamed up with their community to collect crutches and mobility devices for Crutches4Africa (C4A). This collection was spearheaded by Rotarian and PDG John Binder and stored in his garage.

The Kansas City Rotary clubs have expressed an interest and desire to collect

mobility devices for C4A. The hope is that the word spread from club to communities to schools and businesses. Mobility devices just take up space in our lives when we no longer need them.

How wonderful to hand them off to people who need them so desperately and treat them like gold!



The loading pictures are of District Governor Gary Duggan and his wife along with PDG John Binder and wife Jean and the Binders neighbors who helped us load the 261 mobility devices that had been collected over the summer at the outdoor theater. These devices have been hauled back to Colorado and will be included in the next shipment to Africa.



Photo of mobility devices collected from Kansas City citizens for Crutches4Africa.

### Artists, Art, and Clean Water

by Adams Price, (Mile High Club), adams.price@forbesma.com

ave you ever heard of Artists of the World, AOW? It's a re-invention of the Artists of America art show and sale. AOW is a social entrepreneurial endeavor designed to link the beauty and collectability of fine art with the serious cause of clean water and sanitation needs that threaten a major portion of the world's population.

AOW is a Rotary endeavor that is structured as a non-profit, receiving its 501c3 status earlier this year. With that designation AOW looks to launch its mission locally, and to Rotary Clubs worldwide, with a live ArtWalk in the Denver Golden Triangle District on September 27, 2013, from 5:30 to 8:30 PM. Art will be for sale in the six galleries participating that evening, as well as online beginning September 14, 2013. Ten percent of the sale proceeds will go to AOW and the buyer can take that portion of the sales as a tax donation. The event is free admission.

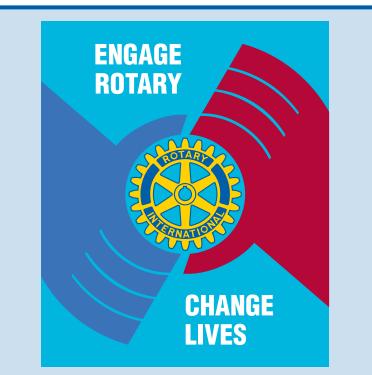
Proceeds from the event will help expand AOW in its drive to become a self-sustaining endeavor, with subsequent proceeds going to the Rotary International Foundation for utilization in clean water projects with WASRAG as a partner. As the ArtWalk concept expands to other cities and markets, Denver and District 5450 along with individual clubs can participate.

Want to know more? If so, contact Adams Price (Mile High Club) at **adams.price@forbesma.com** or call 303-770-6017

### Keep those stories coming!

Get Double Exposure on your stories! If you have a story about District-related events please send them to Marge Mercurio at rotarymarge@gmail.com by Sunday, October 6. Please send your word document (about 400 words) along with photos and captions to rotarymarge@gmail.com.

Get even more exposure and send news about your events, fundraisers, celebrations, anniversaries, parties, milestones and other successes to Valerie Hopkins at rotarypr5450@gmail.com to be posted on the Bits & Bites Rotary Blog. Send your stories and photos (with captions) Valerie at rotarypr5450@gmail.com.



"If we really want to take Rotary service forward, then we must make sure that every single Rotarian has the same feeling about Rotary that each one of us here has today. We need to make sure that every Rotarian has a meaningful role to play, that they're all making a contribution, and that their contribution is valued." RI President Elect Ron Burton

### The Rotary District 5450 Governor's Newsletter is published monthly by Rotary District 5450, **Colorado USA**

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### **DISTRICT 5450 LEADERSHIP**

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**District Office Manger Beverly Mendel (Carbon Valley)** 

#### **ASSISTANT GOVERNORS**

Sandy Algermissen (Golden) Rose Chamberlain (Longmont St. Vrain) Rolo Cuadrado (Summit County) **Bill Downes (Mtn Foothills)** Dan Green (Golden) Dan Hershberger (Arvada) LaDonna Jurgensen (Littleton) Ross King (Denver Southeast) Jo Kirkenaer (Niwot) Mark Lund (Winter Park) Bob Martin (Highlands Ranch) Steve Mast (Denver) Doug McLemore (Denver) Lin Miklas (Castle Rock High Noon)