

# Rotarian Review

*Build the future with action and vision*



Volume 6

Craig S. Wellman, District 7780 Governor

December, 1996



## *The Governor's Message*

At our Presidents' Meeting on December 5th I introduced to all Club Presidents in attendance our 1996-97 District Community Service Project. We will help Camp Sunshine in Casco, Maine build a permanent home. Camp Sunshine is a one-week-long camp experience for terminally ill children and their families, designed as a respite or retreat for the entire family. It currently serves fifty families each week of operation with medical and counseling staff volunteering from all over the country. At present, the Camp can only run in the spring and fall. Their building plan will allow year-round participation so that children, who are desperately ill, and their families may attend when their health will allow for their maximum participation. District 7780 Rotarians will not only build their new activity center, but our involvement will create a major media event which will help to cascade their overall project towards completion.

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## International Executive Service Corps

In 1964 President Lyndon B. Johnson announced the establishment of the International Executive Service Corps (IESC), a non-profit volunteer organization. IESC volunteers are typically retired American business or professional people with extensive managerial experience, and a strong commitment to IESC goals. For 31 years IESC has sent volunteers to the developing world to stimulate and accelerate economic growth through private enterprise. Since 1989, IESC's volunteers have also traveled to the republics of the former Soviet Union and the new, emerging democracies of Central and Eastern Europe to help in the transition from a command to a free market economy.

The goals of IESC are to:

- \* Help stimulate and accelerate economic growth through private enterprise.
- \* Strengthen the role of small business and enhance partnerships with American enterprises.
- \* Generate a market for American goods and services.

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## The Montserrat Project

Our District has embarked on an exciting journey with the Caribbean island of Montserrat, a place of plenty *and* poverty, which has been devastated since July of 1995 by its ancient volcano spewing ash, lava, terror and devastation. Thousands of residents have either been forced off the island or into shelters. The capital city, Plymouth, has essentially become a ghost town, while Montserrat's two major industries, tourism and shipping, have almost become extinct.

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## The DGN's News Corner

This Rotary year is half over and in six months we will be busy starting the new Rotary year! I have been busy getting my Governor's Reps in place. In January, all the President-elects will hear from their Governor's Rep about attending a meeting sometime during the month. Bruce and I will attend all eight area meetings so we have the opportunity to meet and get to know each of you before we officially start working together on July 1, 1997! I am really looking forward to these meetings. As I said last month, these will be informal discussion meetings.

I would like to remind everyone about a very important event happening in our District on March 1, 1997. Raja Saboo, Past President of Rotary International and the current Chairman of the Rotary Foundation, will be the featured speaker at the World Peace and Understanding Dinner being held at Yokens Restaurant in Portsmouth, New Hampshire. We are very fortunate to have Raja and his wife joining us for the evening. Bruce and I met them in October at the Rotary Institute and they are truly wonderful people. I hope you all plan on attending this great event. Each Club President will receive a registration form for the dinner around the first of the year. Please plan on attending and register early. It is going to be a wonderful evening!

Bruce, our family, and I want to wish each and everyone of you the best of Holiday Seasons and a very Happy New Year! Don't forget to take the time to enjoy the season and spend some time with your families. They are the greatest gift!

Yours in Rotary, until next year!!

Marie

***May all District 7780 Rotarians and their families have a delightful holiday season, and a happy, healthy, and prosperous 1997!***

## The Importance of Immunization

The importance of immunizing our children is clearly outlined in Donna Shalala's, secretary of health and human services, letter to Ann Landers.

### Dear Ann Landers:

I am writing in the hope that, together, we can influence more Americans to protect our young children against infectious childhood diseases like polio and measles.

Almost 2 million 2-year-olds still need some shots to be properly immunized against nine preventable diseases. As recently as three years ago, a measles epidemic swept the country. Eighty children died, and thousands were hospitalized. These tragedies were preventable.

Children need at least 11 shots before their second birthday. We cannot wait until they enroll in school to protect them. It is during infancy that they are most vulnerable. This means that health professionals must take every opportunity to vaccinate children during office visits and parents must take responsibility for bringing in their children for shots. Parents should also keep a record of their children's immunizations and specifically ask the doctor if the shots are up to date.

To boost our vaccination rates, President Clinton has launched the most ambitious immunization campaign in U.S. history. We've teamed up with parents, doctors,

*(continued on page 7)*

## How to Improve Singing at Your Club!

One of the most frequent inquiries from Club song leaders (or potential song leaders) is: "There is no piano in our meeting room. How can I lead singing without piano accompaniment?"

The above statement comes from PDG Paul Bordeleau, District 7870, Vice Chairman of the International Fellowship of Rotarians in Music (IFR, Music). And now IFR, Music has an answer for that dilemma: an audio tape, a song sheet and "Guidelines for Starting/Improving Singing in Your Club" - not for sale, but available free with your Club's donation of \$8.00. The tape includes the piano accompaniment to 21 of the most sing-able songs selected by some of the top Rotary song leaders in America, plus the national anthems of England, Australia, Canada, and the USA. The tape was prepared by Paul, well known for his years of service to District, Zone and International meetings as "official organist/pianist". The song sheet has words to the 25 songs, and the Guidelines will tell you how to use the tape and song sheet. The songs recorded on the tape are as follows:

1. All Hail to Rotary
2. America the Beautiful
3. Auld Lang Syne
4. Be a Friend (1994 Theme)
5. Down by the Old Mill Stream
6. Home on the Range
7. In the Good Old Summertime
8. Let Me Call You Sweetheart
9. Red River Valley
10. Rotary, My Rotary
11. R-O-T-A-R-Y
12. Sing Everyone Sing
13. Smile, Sing a Song
14. Take Me Out to the Ball Game
15. That Rotary Wheel
16. Vive Le Rotary
17. Waltzing Matilda
18. When the Saints Go Marching In
19. The Star Spangled Banner
20. O, Canada
21. God Save the Queen
22. Advance, Australia Fair
23. The Band Played On
24. I've Been Working on the Railroad
25. The Battle Hymn of the Republic

To order your set please make your check payable in US\$ to - IFR, Music Trust Fund and mail it to:

PDG Paul Bordeleau, VC, IFR-Music  
48 Maple Drive  
Bedford, NH 03110-6112 USA

What better way to start your Club on its way to song!

*(IESC Continued)*

At its headquarters in Stamford, Connecticut, IESC maintains a Skills Bank with the names and qualifications of more than 13,000 American men and women who have indicated their willingness to serve as volunteers, and share their experience and knowledge with people who need it so desperately.

Expenses, including travel and living costs are paid by IESC, including a spouse's travel expenses when projects are one month or longer in duration.

International language capabilities are helpful but not essential. Overseas clients are asked to provide an English-speaking counterpart, or an interpreter.

IESC is funded by grants from the U.S. Trade and Development Agency, and by gifts from U.S. corporations, foundations, and individuals, as well as from contributions from overseas clients.

For further information write to:

Recruiting Department  
IESC  
P.O. Box 10005  
Stamford, CT 06904

*(Tom Foley, Kennebunk Rotary Club and IESC Volunteer)*

## Around the District

**Donna Coombs** from the **Bridgton-Lake Region Club** is pleased to report that the Club achieved 100% attendance for the month of November! Way to go! Other newsworthy items are:

Kelly Jordan of Sebago was recognized by the Club as its November "School Citizen of the Month". Kelly and her parents, Barry and Christine Jordan, joined the Club at one of its breakfast meetings. Some of Kelly's many academic activities include National Honor Society, Students Helping in Education, AFS Club, and she is president of the local chapter of Health Occupations Students of America. She also manages to find time to serve her community in the following capacities: an American Red Cross volunteer, at the Bridgton Health Care Center, and is a scorekeeper for the Sebago Babe Ruth!

Area Rotarians donated teddy bear's of all sizes to the Bridgton Police Department during its annual Hug-A-Bear campaign. The bears were held and hugged during the morning Pledge of Allegiance before **Tom Harriman, D.A.R.E. officer**, delivered them to the police department.

**Fund raising Chair, Ron Hall, and Rotary Foundation Chair, PP Gary Wheeler**, held mini-auctions for Club members and visitors during weekly meetings to raise money for the Rotary Foundation. Everyone had fun, received exceptional items, and raised a substantial amount for the Foundation.

The Club participated in the annual Christmas Adopt-A-Child project in Bridgton, Naples and Harrison by making donations to towns represented by the Club.

Several Rotarians recently gathered at the Bridgton Health Care Center to sing Christmas carols and distribute Christmas cards to the center's residents.

## GSE

### Getting the Welcome Mat Ready!

Now that the outbound team has been selected it's time to make plans for the inbound team. The Foundation would like to receive their itinerary from the GSE Committee by January 31st.

The team will be here March 30th - April 27th. If this seems earlier than usual - it is! The team will start at the southern end of the District and work their way up the coast during their first two weeks. After a weekend of R&R they will visit the Oxford County Clubs then head over to the eastern end of the District before concluding their stay in the Portland area.

We have received information regarding the vocations of the team but not their biographies. The team leader is a dentist, and members include an English teacher, journalist, obstetrician and air traffic controller.

When developing their itineraries, Clubs are strongly encouraged to communicate with other area Clubs, and to provide vocational experiences if available. Since it's always a challenge not to make the team's schedule too hectic here are some tips to help your planning:

- \* Consider joint meetings or activities with other area Clubs.
- \* Enjoy fellowship while taking a walk or relaxing over coffee (a welcome breather in their schedule).
- \* A long leisurely lunch with interesting individuals in your community provides a comfortable forum for conversation.

Please don't feel that you have to plan a jam-packed day, and remember that even the most mundane activities (grocery shopping, gas station, dry cleaners, etc.) can be a learning experience for a foreigner!

*(Nancy Hawes, GSE Committee Member)*

*(Governor's Message Continued)*

We also discussed the status of the many World Community Service Projects that are currently in process in our District. We still have in excess of \$15,000 available for matching grants to Clubs who would like to participate in a World Community Service Project this year. The eye clinic project with District 4900 in Argentina - the District with which our District 7780 had its Group Study Exchange last spring - has been satisfactorily completed. A much needed mammography machine has been found and is currently in storage in District 7780 awaiting transport to District 4880 in Argentina. The Montserrat project which was organized by several of our District Clubs has also been completed. In addition, there are several other projects being considered in Peru, Brazil, Argentina, and other locations around the world. You can be very proud of what District 7780 has accomplished to date, and of its plans for the future. We are indeed a very active District.

We have started the planning for our New Generations Seminar this spring, and DGD Bill Skinner is off and running as the Seminar Chair. I hope you will all find a way to help Bill because by sharing opportunities with our young people we will help to have peace in our homes, peace in our communities, peace in our country, and peace in the world. Remember, "It takes a village to raise a child".

As you read this, our attendance contest will be over, but the final numbers will not be in. However, the early indicators are better than we anticipated. Since Clubs focused on this "contest" during the month of November we saw a tremendous improvement in our overall attendance figures - a *great* benefit to our Clubs and our District. I would like to thank you all for your many efforts towards this endeavor. You were creative, cooperative, competitive and proactive. Be ready for our new focus in January - a real push to get new members. Membership, as well as attendance, is the key to any successful Rotary Club or Rotary District.

We have accomplished so much already this Rotary year, but we still have much to do. I hope you will all continue to give of yourselves and your time to make this Rotary year the best one ever.

Jane, Chris, John, and I wish all District 7780 Rotarians and their families a *wonderful holiday season and an outstanding new year!*

Until next month,

Craig

*(The Montserrat Project Continued)*

The Boothbay Harbor Club, along with the Bath, Bath Sunrise, and Damariscotta-Newcastle Clubs, began the push for Donations-In-Kind, primarily medical equipment, supplies, and board games, to assist the beleaguered British island. Waterville, in neighboring District 7790, and Windham of our District, pitched in with the lion's share of medical equipment and supplies. Jack Schraeter, our Donations-In-Kind Chairman, estimated the retail value to be about \$1,000,000 - \$2,000,000! District Governor Craig Wellman corralled another valuable shipment of medical supplies and equipment from District 7210 in New York which was transported on October 18th, from New York to Montserrat, free of charge by the New York Guard via the Denton Program, a federal humanitarian program.

The Boothbay Harbor Club is now leading a district-wide matching grant project planned by Rotarians in Montserrat. Damariscotta-Newcastle, Bath Sunrise, and the Boothbay Harbor Clubs have each pledged at least \$1,000. Other contributions have been received from Hampton (\$500), Fryeburg (\$500), and Oxford Hills (\$194.50). Other Clubs are encouraged to join the effort by directing questions or mailing checks, payable to the Boothbay Harbor Rotary Club, to:

Chip Griffin, Project Coordinator  
P.O. Box 456  
Boothbay Harbor, ME 04538  
207-633-6300

## Support Recycling and Buy Recycled

What do many Maine and New Hampshire business and organizations, public and private, have in common with Coca-Cola, Anheuser-Busch, DuPont, Rubbermaid, UPS of America, and McDonald's? They are members of The Buy Recycled Business Alliance. The Alliance consists of companies and organizations from across the country committed to increasing their purchases of recycled content products. Founded in 1992, the National Buy Recycled Alliance (NBRA) has grown from 25 charter members to over 1,600. When your business or organization joins the affiliated organization in its state, it becomes a member of the NBRA. In Maine, the affiliated organization is The Maine Buy Recycled Alliance, supported by the Maine Chamber and Business Alliance, and in New Hampshire it's The New Hampshire Buy Recycled Challenge, located in the Governor's office. Both the Maine and New Hampshire organizations hope to enhance economic growth by encouraging companies and organizations to purchase recycled products.

Under Rotary's Planet Earth Program, District Governor Craig Wellman, wants to focus 1996-97 on recycling with the theme being "Support Recycling and Buy Recycled", and hopes that all district clubs join their state's Buy Recycled Alliance. He also hopes that clubs include presentations on recycling and buying recycled products at their meetings. The many benefits of recycling include, but are in no way limited to:

**Saving Natural Resources** - Products made from recycled materials instead of virgin materials reduces the need to cut down trees, dig for minerals and drill for oil.

**Saving Energy** - It usually takes less energy to make recycled products, For example, it takes 95% less energy for recycled aluminum.

**Saving Landfill Space and Disposal Costs** - Materials that are collected and recycled into products don't go to landfills or incinerators, and conserve valuable landfill space.

**Saving Money and Creating Jobs** - The recycling industry in Maine employs more than 2,000 people and adds nearly \$300 million to the state's economy.

Buying recycled products is just as important as recycling or collecting materials. Creating a demand for products made from recycled materials "closes the loop" and is critical if recycling programs are going to work.

**How does a club or business become a Buy Recycled Alliance member?** There is no cost in joining either the Maine Buy Recycled Alliance or the New Hampshire Buy Recycled Challenge. All that is

required is a commitment to voluntarily increase the purchase of products with recycled content (paper, envelopes, computer disks, toner cartridges, etc.). Once a year members complete a simple 1 page survey about current usage of recycled content products. Members receive The Buy Recycled Guidebook, a step-by-step guide for establishing or expanding a buy recycled program, and a quarterly newsletter with tips and technical assistance.

**For information about Maine's Buy Recycled Alliance or to become a member, contact:**

Gayle Briggs, MBRA, Maine Chamber & Business Alliance,  
207-774-1001.

**For information about New Hampshire's Buy Recycled Challenge or to become a member, contact:**

Elizabeth Bedard, NHBRC,  
603-271-1098.

Both the MBRA and NHBRC will provide speakers for club presentations, as well as Sandy Thompson, District Chair of the Planet Earth Committee. Sandy can be reached at 207-865-9459.

*(Sandy Thompson, Portland Rotary Club & District Chair of the Planet Earth Committee)*

## Club Attendance Figures

Attendance	Club	Member 11/30/96	Current Members	+/-
82.64%	Bath	60	62	2
86.13%	Bath Sunrise	28	25	-2
96.2%	Bethel	44	41	-3
100%	Biddeford/Saco	103	91	-12
96.65%	Boothbay Harbor	46	49	3
100%	Bridgton/Lake Region	34	35	1
80%	Brunswick	126	146	20
100%	Brunswick Coastal	18	16	-2
N/A	Casco Bay Sunrise	28	---	---
78.59%	Damariscotta-Newcastle	40	45	5
97.75%	Dover	79	84	6
95.6%	Durham Great Bay	53	48	-5
N/A	Exeter	46	---	---
90%	Freeport	44	40	-4
N/A	Fryeburg Area	27	---	---
70.37%	Hampton	64	52	-12
N/A	Kennebunk	102	---	---
98%	Kennebunk Portside	50	45	-5
98%	Kittery	29	27	-2
N/A	Newburyport	77	---	---
78.8%	Ogunquit	50	47	-3
92.58%	Oxford Hills	56	64	8
66.70%	Portland	232	235	3
74.30%	Portsmouth	270	277	7
86.03%	Rochester	70	74	4
90.28%	Rumford	47	48	1
102.90%	Saco Bay	74	69	-5
67.71%	Sanford/Springvale	58	58	0
76.8%	Scarborough	19	19	0
N/A	Seabrook-Hampton Falls	37	---	---
N/A	Somersworth	28	---	---
N/A	South Berwick	---	---	---
100%	S. Portland/Cape Elizabeth	50	49	-1
N/A	Wells	44	---	---
73.3%	Westbrook-Gorham	46	46	0
100%	Windham	34	34	0
87.3%	Yarmouth	28	37	9
99.99%	York	59	59	0
	<b>TOTALS:</b>	<b>2,300</b>	<b>1,923</b>	

*(The Importance of Immunization  
Continued)*

public health officials, community leaders and the private sector to spread the message that children need all the shots recommended in the first two years of life.

I urge your readers to get the word out to family, friends, and neighbors. Parents who don't know where to go for shots, or which shots their baby needs, can call our toll-free number, 800-232-2522. For Spanish speakers, the number is 800-232-0233. Sincerely - Donna E. Shalala, secretary of health and human services, Washington.

**Dear Donna Shalala:**

Thank you for helping me save a lot of young lives today.

*(Reprinted from The Washington Post, December 15, 1994)*

## Welcome New Members

### Bath Club

Dennis Belanger  
Thomas Edwards

### Bridgton - Lake Region Club

Susan Hathaway

### Oxford Hills Club

Suzanne B. Pinto

### Portland Club

David Coppersmith  
Richard Sawyer

# Disaster Relief Opportunity

For additional information contact:

Juan Francisco Perez  
Calle 26 No. 17-61  
Monteria, Cordoba  
Columbia

Tel: 947-832147-836921

## Colombia - District 4270

Severe winter flooding in July and August caused extensive damage to homes, crops, and has spawned epidemics in Northern Colombia. Total damage costs are estimated at close to US\$2,000,000. The governor of District 4270 has requested relief funds, medicine, cooking utensils, and furniture. To support relief efforts please make checks payable to:

Rotary District Fund  
Account #197-28640-4

Earmark the funds for Disaster Relief and send them to:

Banco Ganadero  
Carrera 18 No. 35-27  
Piso 3  
Bucaramanga, Santander  
Colombia

## District 7780 Officers 1996 - 1997

**Governor:** Craig S. Wellman \* RR 1, Box 1916, Kennebunk, ME 04043  
(H) 207-985-4079, (W) 207-985-6029, (F) 207-985-1674

**Secretary:** Alan Shepard \* 56 Portland Road, Kennebunk, ME 04043  
(H) 207-985-7423, (W) 207-985-6184, (F) 207-985-3325

**Treasurer:** Richard Thompson \* 6 Whippoorwill Circle, Kennebunk, ME 04043  
(H) 207-985-2992, (W) 207-985-2325, (F) 207-985-2325

**Immediate Past Governor:** George Rice \* P.O. Box 8, Norway, ME 04268  
(H) 207-527-2320, (W) 207-743-6389, (F) 207-743-0764

**Governor Nominee:** Marie Williams \* P.O. Box 142, Kittery Point, ME 03905  
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**Historian:** James McAdams \* 7 Riverside Drive, Dover, NH 03820  
(H) 603-742-6338

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*+ Alex Galygin*



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