



*"The one who
wants to do something
finds a way;
the one who doesn't,
finds an excuse."*
— Sudanese proverb

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District 7780 News

"From the Mountains to the Sea"

Ann Lee Hussey, District Governor

www.district7780.org

November 1, 2010

How Many Lives Will You Change Today?

Ann Lee Hussey, District Governor

I recently spent an afternoon with our Group Study Exchange Team, learning more about them, telling them about Rotary and sharing their excitement to be traveling to Hong Kong to represent our District. I am satisfied that the future of our world is secure, filled with such competent young professionals as they.

I am also confident that as we transition into Future Visions, sending Vocational Training Teams, that Rotary and the world will continue to benefit. I am reminded of **President Ray Klingensmith's words, "Rotary is the best in the world at linking people of goodwill around the globe and then gaining their cooperation and support to make the world a much better place to live and work."**

With our Rotary Foundation we do make the world a better place, through Polio-Plus, Humanitarian grants home and away, Peace Fellows or GSE. Rotary makes a difference because of individual Rotarians who care.

As I write this, the chill is in the air, and leaves are rapidly falling. I gaze out my window at the barren starkness of the ash and maple and draw strength from the mighty oak with its unwavering hold on its leaves. It conjures images of the many far less fortunate than we who stand steadfastly against the challenges of a world where their only water brings disease; against challenges of a world without a medical facility to cure their many ailments or mend their suffer-

ing bodies. And of those whose only meal is no more than a fraction of what we had for dinner today. Children without parents, yearning minds without a school, tired bones without a bed, and yet they persevere. To me the mighty oaks are like those mothers and fathers holding fast to the hope of a brighter future for their children, holding fast just to life itself.

November is a time of reflection and giving thanks for all that we enjoy. In the Rotary world, November is Foundation month. It is a time when we are asked as individuals to make a contribution to support our Rotary Foundation in an effort to create positive changes in our world.

I am personally asking each of you to give from your blessings so that others can be thankful too. I hope you remember my story of Mrs. Woodbury, her \$2 in every greeting card – each time thinking of the change she would create for the person on the other end, not thinking of herself.

We cannot change the world overnight but we can make a difference, one life at a time. One less dinner out, one less movie ticket,

one less cup of coffee – if we all do this little bit every day this holiday season we can bring hope to those in need and bring the world a bit closer to the peace all of us wish for in our holiday prayers.

How many lives will you change? How

many lives will you save? I continue to ask you to join me as we share our blessings with those who have nothing, extending our hands and our hearts, leaving our fingerprints and our heart prints over mountains and across the seas. Thank you.



Save the Date! Save the Date! Save the Date!

NOVEMBER

November 1-7 — World Interact Week.



Saturday, November 6 — Rotary Day at the United Nations in NYC. Enroll online at www.riunday.org.



Saturday, November 6 — Rotary Leadership Institute in Rutland, VT. Details at www.rlinea.com

November 11 - 13 — Rotary Zone Institute in London, Ontario for past, present and future governors.

Tuesday, November 16 — Club Visioning Process for Kennebunk Portside Club.

Wednesday, November 17 — Club Visioning Process for Exeter Club.

Saturday, November 20 — Multidistrict preplanning meeting for PETS, Nashua, NH.

November 23 – December 5 -- District 7780 National Immunization Day trip to Nigeria. See page 13.



DECEMBER

Wednesday, December 8 — Club Visioning Process for Westbrook-Gorham Club.

Saturday, December 11 — Multidistrict preplanning meeting for PETS, Nashua, NH.

Wednesday, December 15 — District Finance Committee meeting, 5:30 p.m., Cumberland Club, Portland.



JANUARY

January 3 - 8 — Outbound Friendship Exchange to India. Contact Sue Christ sue.christ@juno.com for information.



Saturday, January 8 — Multidistrict preplanning PETS meeting, Nashua, NH.

Saturday, January 15 — Deadline for nominations for 2013-14 District Governor and Finance Committee to be received by DG Ann Lee. See article, page 10.

Thursday, January 20 — World Community Service committee meeting, Biddeford, ME. Contact Roland Gagne: service-above.self@roadrunner.com

Monday, January 31 — Deadline for clubs to submit application to District to participate in Four Way Speech Contest speakoff. Contact Penny Jett: pennyjett@comcast.net for more information.

FEBRUARY

Friday, February 4 — District mid-year Leadership Dinner for all current club presidents, president-elects and vice presidents, place TBA.

February 20-26 — Rotary's Polio Awareness Week. District 7780 will spread the word via a Rotary PR grant. See article this page for details!

Tuesday, February 22 — World Peace and Understanding Dinner with extra-special guest RI President Ray Klinginsmith will be held at the Wyndham Hotel in South Portland.



Feb. 25 to March 26 — Outbound Group Study Exchange team spends a month in Hong Kong and Macao.

7780 Wins PR Grant

This just in: Our District has won a Rotary International public relations grant! These grants are highly competitive and ours was awarded for the full amount requested: \$10,000, which, as part of the grant requirements, will be supplemented with another \$4,744 from District Designated Funds (Foundation dollars).

The campaign calls for the District to promote polio eradication in all available media — electronic, newspaper advertising throughout the District, bus signage in Portland and Portsmouth. Press release templates will be available to all clubs for community coverage and, oh, yes, we will even light a building in Portland with the End Polio Now message (see article, page 6).

All this activity will take place the end of February, timed to coincide with Rotary's Polio Awareness Week and Rotary International president Ray Klinginsmith's visit to our District for World Peace and Understanding Day on February 22.

The grant also calls for us to take best use of Governor Ann Lee's persuasive speaking abilities; she and President Ray will be on the media circuit during his visit to our District.

The goal of the campaign is to remind Rotarians and educate the general public about the incredible work Rotary has done over the past 25 years to eradicate polio — as well as the work still to be done.

Congratulations to District PR chair Deb Nelson for her awesome work in shepherding the grant thus far — as well as her continued good work to implement the projects contemplated!





Why I Am a Rotarian

My Rotary connection began almost 20 years ago, when I was a member of a Group Study Exchange to England. It was the first women's GSE team that the district had sponsored, and we were quite a novelty in the potteries district of England. Upon returning to the US, I did the speaker circuit of local clubs to share my experiences. One club had a new membership committee and I was reeled in.

I have had the opportunity to travel, make business connections, serve on the ambassador scholarship award committee, provide community service, host international students, and make lifelong friends.

It is educational, fun, and rewarding to bring a teenager here for a year. With youth exchange, *everyone* in the club has the opportunity to get to know someone from another country. It also gives the club an opportunity to share our culture and traditions — and did I mention that it is fun!

But the one thing that keeps me connected is the underlying work of Rotary worldwide and at home, to make our world a better place to live. I feel a sense of pride knowing I am part of a worldwide network that is working to eradicate polio, bring clean water and a better quality of life to do many.

—Martha Netsch
Seacoast Rotary Club

www.rotary7780.org

Save the Date! Save the Date! (continued)

Sunday, February 27

— Rotary and Red Claws Basketball. Enjoy District fellowship and a fundraiser for polio eradication at Portland Expo, 5:00 p.m.



MARCH

Saturday, March 5 — District-wide Interact Conference in York, place TBA.

Saturday, March 5 — Rotary Leadership Institute in Wells.

March 10 – 12 — Multi-district President-Elect Training Seminar, Nashua, NH for all president-elects.

Saturday, March 26 — Rotary Leadership Institute in Lincoln, RI.

APRIL

Saturday, April 2 — Rotary Leadership Institute in Lebanon, NH.

Wednesday, April 6 — Finance Committee meeting, 5:30 p.m., Cumberland Club.

Saturday, April 9 — District Assembly at Westbrook Middle School, 471 Stroudwater Street, Westbrook, ME.

April 18 – May 17 — Inbound Group

Study Exchange team arrives from Hong Kong for four week stay in our District.

April 25–May 6 — District Rotaplast mission to Quintana Roo, Mexico. Contact Bill Dunn wdunn@sunsetpoint.biz for more information.

Thursday, April 28 — World Community Service Committee meeting. Contact Roland Gagne: serviceaboveseelf@roadrunner.com

MAY

May 1-16 — Inbound Friendship exchange team here from India.

May 13-14 — 7780 District Conference, Portland Marriott Sable Oaks.



May 21-25 — Rotary International Convention in New Orleans. FMI contact Billy Hobbs, whobbs@maine.rr.com “Laisser les bon temps rouler ... encore!”



JUNE

Wednesday, June 15 — District Finance Committee meeting, 5:30 p.m., Cumberland Club, Portland.

Late June, date TBA — District Change-over dinner, place TBA.

Polio Plus Giving Jumps with Special Incentive

In late October, Rotary promoted individual giving to Polio Plus with a two-for-one deal on Paul Harris Fellow recognition points. The results surpassed expectations: Although the data are not yet final, we know that:

- Polio contributions totaling over US\$2.8 million were received on-line in one week.
- At least 1,600 Rotarians registered on the Member Access Portal for the first time.
- Rotarians in more than 60 countries contributed on-line.
- The average gift was over \$300.

Thank you, Rotarians! Together we will *End Polio Now!*



Rotary Lights the World To Raise Awareness of Polio

What do the Pyramids, Houses of Parliament and Sydney's Opera House have in common? They are all landmarks that have been lit with the "End Polio Now" logo to help spread the word about what Rotary is doing to eliminate this disease.

And now the Ferry Building in San Francisco can be added to the list.

In recognition of World Polio Day, Bay Area Rotarians came together on Sunday, **Oct. 24**, to mark Rotary's 25-year fight to eradicate this crippling childhood disease. Events culminated in dramatic fashion at dusk, when the exterior of the San Francisco Ferry Building was illuminated with Rotary's pledge to "End Polio Now."



Clockwise from above:
Houses of Parliament,
London; Eileen Donan
Castle, Scotland; Sydney
Opera House; Cathedral
de Santiago de Compostela
in Galicia, Spain;
Rome Coliseum.

This year, significant progress has been made against polio in the remaining four polio-endemic countries, particularly in Nigeria and India. Nigeria, until recently the global epicenter of polio, has reported only eight cases in 2010, compared with nearly 400 at this point last year. India has also seen major progress, with an 80-percent reduction in polio cases since last year.

"We have come a long way," said Carl-Wilhelm Stenhammar, chair of The Rotary Foundation. "We have reduced the number of polio cases by over 99 percent. But we can't let up now. The remaining one percent is proving to be the most challenging, since the poliovirus persists in the most intractable parts of the world. We have the tools to eradicate this devastating disease. It's up to us to make sure we have the resources needed to reach every child."

Fast Facts

Rotary has raised more than \$900 million, and is currently nearing its goal of raising an additional \$200 million to match a \$355 million challenge grant from the Bill & Melinda Gates Foundation.

Since 1985, Rotary has immunized more than 2 billion children and reduced the

amount of polio cases by 99 percent.

Rotary has reduced the incidence of polio cases from 350,000 in 1988 to less than 1,700 in 2009.

Nigeria has experienced tremendous progress against polio this year with only eight cases compared to 379 at this point last year.



**END
POLIO
NOW**

*Ending Polio Starts
with YOU*

Purple pinkie days .. Race for the cure ... educating your community about polio survivors right here at home ... there's so much that clubs can do to inform and raise money to fight polio.

I have sent Club PolioPlus chairs information to help facilitate individual and club PolioPlus fund raising. Please let me know about your club's fundraisers and polio projects so that we can continue to enrich one another.

Don't forget: YOU can join the PolioPlus Society and join the District 7780 PolioPlus leadership group!

To do so, check out page 16 of this newsletter OR go to the District website: www.rotary7780.org. Click on "Rotary Foundation" on the left side; Click on "PolioPlus" on the left side; Download "PolioPlus Society." And become a leader to help rid the world of this crippling disease.

—Ted Trainer

Can We Really Succeed In Eliminating Polio?

Ted Trainer, District PolioPlus Chair

One of the most-asked questions I received at the Foundation seminar held recently at Migis Lodge was, "Are we really going to succeed in eradicating polio?" The insiders are quite convinced we will succeed, not just because we are too close to the finish line to stop now, but for very sound technical reasons: we have the product (vaccine), strategy, commitment, and personnel to complete the job. We are closing in on the money, if Rotary can meet the Gates Challenge and our governmental partners contribute as they say they will and have been doing.

There are many currently ongoing research and program initiatives that, taken together, provide the basis for the insiders' confidence. These are regularly described in a quarterly publication of the Global Polio Eradication Initiative called "The Polio Pipeline." If

you want to subscribe, send an email to polioresearch@who.int. I excerpt below from one article in the latest issue.

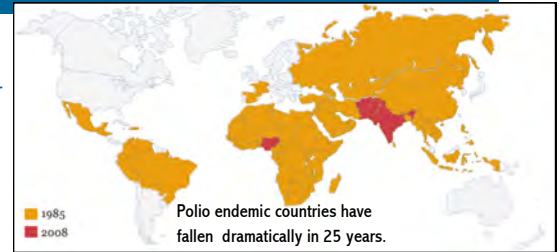


As part of the Polio Eradication Strategic Plan 2010-2012, the research agenda has been accelerated to develop and evaluate new tools and approaches that facilitate a swifter, more thorough outbreak response and limit renewed international spread of polio. For example, a game-changing new

bivalent oral polio vaccine was developed in record time; a new Short Interval Additional Dose (SIAD) strategy was introduced in conflict-affected and outbreak settings; social research was conducted to tailor social mobilization strategies in India, Nigeria and Pakistan; clinical trials were held to more clearly assess vaccine efficacy in multiple settings; mathematical modeling was employed to more clearly highlight areas at particular risk of outbreaks; new methods to monitor Supplemental Immunization Activities were pioneered to help guide mid-course corrections; new strategies were examined to boost the efficacy of the vaccine; and, finally, supplemental surveillance strategies – including expanding environmental surveillance to key urban reservoir areas – were explored to ensure maximally rapid response to outbreaks.

We are also closing in on the money to support all this work: By the end of September, Rotary had raised \$147 million toward its goal of \$200 million to meet the Gates Challenge. Remember, our District's 2010-2011 goal includes \$2000 from each club.

There are many thousands of highly qualified, experienced and committed people working full time to meet our goal of certified global polio eradication by 2015. We Rotarians should be proud to be part of the team.



Clubs Engage in Long-Term Planning Via Visioning

Breakwater Daybreak was the first 7780 club to undergo the Visioning process. In these photos, club members envision their future and map out plans to get there, while the District facilitation team works to capture all the club members' ideas and suggestions.



Preparing for Your Club's Future

The first Visioning sessions were conducted in the District in October, with Breakwater Daybreak, Bethel and Boothbay Harbor all embarking on the process.

Visioning — designed to give club members the opportunity to come together to think about where they would like their club to be in five years and then to develop the steps to get them there — is especially



critical in an organization like Rotary in which leadership changes each year. To learn more, and to sign your club up for its Visioning facilitation, contact John Rainone, jrainone@maine.rr.com.

Remember: The future of *your* Rotary club is in your hands!

Foundation Retreat at Lake Sebago

Imagine: Rotary Fireside Chats with great speakers, sumptuous food, and, oh, yes, working fireplaces!

The District Foundation Retreat offered all that and more at Migis Lodge on Lake Sebago during the height of a gorgeous New England leaf-peeping season.

Over 100 District 7780 Rotarians enjoyed great fellowship and great food at the Retreat. It was headlined by Rotary International Director John Smarge (top inset, with Ann Lee). He shared his passion for Rotary and for service — he has been to Haiti seven times on relief missions since the earthquake — and described the changes underway at the Rotary Foundation under the Future Vision plan.

Throughout the afternoon, informal chats offered Rotarians a chance to learn the latest from the Foundation and to discuss issues with one another and with the speakers in an informal setting.

The important thing is for EREY — Every Rotarian Every Year — to give to the Foundation at a level that is appropriate for them. While all Rotarians were thanked for their giving, a special reception was held for Major Donors and Plus 5 Paul Harris Fellows. Later, after supper, the District's newest Major Donors — Frank and Marty Helman — were applauded for reaching that goal.

FOUNDATION RETREAT

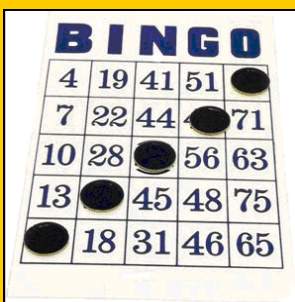
Guest Speakers Share Insights and Latest From the Foundation



FOUNDATION RETREAT



Dinner was delicious! And the conversation at the Rotary Foundation Retreat was both informal and informative. Rotary International director John challenged us to do more, always remembering that the goal of the Foundation is to change the world, one life at a time, and that that goal will always be before us.



Do Something!

Activities to raise funds and awareness for Polio right here in our District:

The Prom for Polio is being sponsored by the Fryeburg Academy Interact Club.

Polio Toll Booth day and a Walk for Polio sponsored by Oxford Hills.

Pies for Polio coming soon from RC Bath and Kennebunk Portside.

PolioPlus Bingo organized by Biddeford Saco.

Purple Pinkie Project - RC Scarborough held one at a public festival and plans to involve the schools this winter in a repeat event.

And outside the District:

Music for Life Concerts: evening combinations of music and awareness building.

Movie Nights: Work with local cinemas to organize a movie night where the admission is donated to Polio.

Movie nights showing the polio documentary *Final Inch*, or *Warm Springs*, an inspirational tale from HBO Films.

Pedal Away Polio bike rides; Paddle for Polio canoe rides, or ping-pong tournaments

Walk-a-Thons, Bike-a-Thons, or Skate-a-Thons! And don't forget Pucks for Polio hockey events.

THE ROTARY FOUNDATION

Annual Giving Provides the Fuel To Keep the Foundation Running



By Stephanie Kuta, Rotary Foundation Annual Giving Officer

It is no accident that November is Foundation Month at Rotary. November traditionally is a time for reflection, and as the calendar year winds down to a close, Rotarians often find themselves asking, "Have I done enough? What more can I do to help?"

Your personal gift to the Annual Programs Fund provides hope and opportunity to people worldwide, in nations where little hope and opportunity exist. If by your birth, you were born in a shanty, sent at the age of three to forage in the garbage dump for food to help feed the family, and even so were lucky to live past childhood drinking

Congratulations! These clubs inked the highest per capita Foundation Annual Giving in 2009-10:

Yarmouth: \$346 per capita;
Casco Bay Sunrise: \$269 per capita;
South Portland-Cape Elizabeth: \$216 per capita.

Our District per capita giving in 2009-10 was: \$80



contaminated water and eating filth, what kind of a life could you expect to lead? Without an opportunity for basic education, how would you even know that another world existed outside of your community?

UNICEF, one of Rotary's partners in the global eradication of polio, publishes the fact that over one-half of the world's population (three billion people) live on less than US\$2.50 a day. Too, we often hear in Rotary that most of us are quick to spend more than that on a cup of Starbucks coffee every day or we spend our money on something else that we really don't need. Maybe we should think about that in light of question number four on the Four-Way Test, "*Is it beneficial to all concerned?*"

The Rotary Foundation's mission is to do good in the world. You can do just that by making your gift to the Annual Programs Fund before 2010 comes to a close. By simply writing a check, you will provide a source of funding from which all Rotarians can work together to save lives and change lives through our Rotary Foundation.

A bigger, better, bolder world is only possible if all of us act. Today, this minute, we have in us the power to save the life of someone in need. Concern yourself with being bigger and better by being bolder this year. ***Make your annual gift today.***

Rotary Needs YOU to Help Create Our District's Future

PDG Bob Laux, Nominating Committee Chair

One of our responsibilities as Rotarians is to get involved in leadership positions within our clubs and the District. As many of you know, I am a firm believer that every job in Rotary should have someone in training for that job. Your experience as a leader within your club — perhaps as a committee chair, club officer or even club president — requires a special commitment to the ideals and values of Rotary service.



It's time to take your club leadership as President to another level. Perhaps you've thought about it, undertaken the pleas of a past or current District Governor to become an Assistant Governor or served on a District Committee — all truly admirable roles of service beyond the club. Well, this is the call to become a true leader within the District and our Rotary world — it is time to consider becoming a District Governor!

Annually, all 530 Districts within our Rotary world solicit candidates for consideration as District Governor. Qualified candidates will be selected in the coming months to serve in Rotary year 2013-14, and to be considered, you will need the following:

- A written club resolution indicating that you are a past president and a **current member in "good standing" of your Rotary club, signed by the current President and Club Secretary;**
- A commitment to the ideals of Rotary service, perhaps further assuming a demonstrated leadership role at the club or district level;
- A willingness to experience Rotary in a way others seldom see ready to enjoy the experience of your lifetime!

To be considered, your written Club Resolution along with a resume or curriculum vitae should be sent to District Governor Ann Lee no later than January 15, 2011. It is the responsibility of the District Governor to verify that the candidate is qualified as described above and then forward the information on all candidates to the District Nominating Committee for interview.

Annually, the Nominating Committee also selects a qualified past president to serve a three-year term on the District Finance Committee, rotating annually from our three Rotary Divisions (see sidebar). This year the expiring term is from Division B, so clubs in that Division are urged to place the name of a past president in nomination to be considered by the Nominating Committee.

Our District is blessed with many, many qualified candidates for both District Governor and the Finance Committee. Interested Rotarians are encouraged to explore the resources available via the rotary.org website on established policies concerning **"Rotary Elections"** and **"Guidelines for District Elections"** containing guidelines for elections. As Chair of the District Nominating Committee, I stand ready to welcome successfully endorsed candidates willing to enhance our leadership in future years. Should anyone have any questions, please get in touch with me.

The Future is Yours

Participants in the Rotary Leadership Institute know that leadership requires knowledge about the many facets of our great Rotary world and skills to carry our efforts forward. Clubs embracing the Club Leadership Plan know that everyone in Rotary should have a role in structuring their club's future. And our new "Club Visioning" process seeks to carve out a participatory role for everyone within a club.

All of which suggests that District leadership starts with YOU! And even if you are not ready — yet — to run for District Governor, it may be appropriate to hone the skills you will need when that time comes. That probably includes volunteering for a position at the District level, getting involved in different aspects of Rotary, and making sure that you have the Rotary experiences you will need for successful District leadership!



Since you asked: Our District is divided into three Divisions, as follows:

Division A: New Hampshire and Massachusetts clubs.

Division B: Clubs in York and Oxford Counties in Maine.

Division C: Clubs in Cumberland, Lincoln and Sagadahoc Counties in Maine.

Our GSE Team

Team Leader:

Burt Dibble, M.D.
Rotary Club of Exeter
Urgent Care Physician, U.S.
Veteran's Administration
Previously in private practice in
NH as Family Practitioner for
over 25 years. Past President,
NH Academy of Family Physi-
cians; Past Member, Board of
Directors, American Academy of
Family Physicians; Past Member,
Board of Trustees, NH Hospital
Association.

Alternate: Sue Christ

Rotary Club of Newburyport
Registered Nurse
Managed private physician
practices and hospital owned
physician practices.

Team Members:

Maria D'Andrea
Medical/Surgical Registered
Nurse
Southern Maine Medical Center
Biddeford, ME
Sponsored by Kennebunk Port-
side

Erin Frances Regan
CCT and Registered Nurse in
Intensive Care Unit
Frisbee Memorial Hospital,
Rochester, NH
Sponsored by Rochester, NH

Tracey Merrill
Physical Therapist,
Back in Motion Physical Ther-
apy, South Portland
Sponsored by Breakwater Day-
break

Darren Guy, D.O.
Physician, Manager of Clinical &
Quality Informatics
Core Physicians, LLC, Exeter, NH
Sponsored by Exeter

Karen Abendroth
Social Worker on Mental Health
Unit
Southern Maine Medical Center,
Biddeford, ME
Sponsored by Biddeford Saco

VOCATIONAL SERVICE

Group Study Exchange Team Preps for Hong Kong



Our Group Study Exchange team met for the first time in late October at the home of Exeter Club team leader Burt Dibble. The team is the first hosted by our District to share a common profes- sion: in this case, health care (see bios at left).

The team will represent our District in Hong Kong in February, and a medical team from Hong Kong will visit our District later in the spring. Shown here, left to right, are Daren Guy, Karen Abendroth, Maria D'An- drea, Tracey Merrill, Erin Regan and Burt Dibble.

NH Clubs Recruit New Members At Chamber of Commerce Event



The Exeter, Portsmouth and Seacoast clubs were recently represented at a Six Chambers of Commerce Business Expo designed to educate the community about Rotary and to re- cruit new members. All three clubs generated quite a bit of interest. Briana Marshall, Exeter's president-elect, holds the "End Polio Now" pumpkin at right. Above, Chris McMahon, Seacoast's president-elect, is the pumpkin-keeper.



Rotarians Unite to Assist AIDS Orphans in Africa

By Sarah MacGillivray, District Rotary Action Group Coordinator

Do you have a specific interest that you would like to serve through Rotary? Want to find other Rotarians who share your passion? Then a Rotary Action Group may be for you! I find the work of the Rotarians for Fighting AIDS, Inc. (RFFA) very impressive. **Here's what they do:**

RFFA was founded by Marion Bunch, a Rotarian from Atlanta, GA. Marion brought a personal perspective to the battle against AIDS when she lost her son, Jerry, to the disease. Her action began with an AIDS education project in 1997. Gaining a reputation as a passionate speaker on the subject of HIV/AIDS throughout the world of Rotary, Marion was invited to Africa in 2001 to learn more about AIDS problems. In 2002, Past RI President Bhichai Rattakul heard her speak and requested assistance for a plan to **"help the victims of AIDS, especially children."**

Responding, Marion formed a public/private partnership called ANCHOR (Africa Network for Children Orphaned and at Risk) which provides care and support for thousands of orphans and vulnerable children in six African nations. Care-



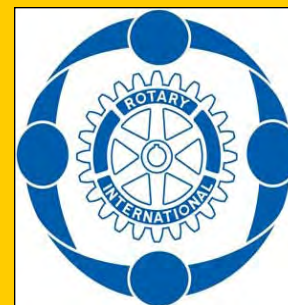
givers are found for the children and they are connected to medical and legal services.

RFFA also pulls together Matching Grants and mobilizes Rotary

Clubs to get involved. This has resulted in \$250,000 donated to pay for school fees, uniforms, supplies, food, and work is ongoing. Through the ANCHOR partnership, 118,000 orphans and vulnerable children have been provided care and support.

The AIDS Action Group also promotes Orphan Rescue. For only \$450 your donation supports one at-risk child in an African community for an entire year. During that time, the children attend school, study, learn. The funds pay school fees, school uniform and shoes, school supplies, a mosquito net, some nutritional support, and other incidentals that are necessary to attend school. Without this support, these children would not be able to attend school or learn to read.

Rotarians For Fighting AIDS is filling a vital, necessary gap in the one of the primary needs for these orphan children.



Did You Know?

Rotary Action Groups are groups of Rotarians interested in a particular topic or area of service.

There are lots of Rotary Action Groups (RAGs), ranging from Disaster Relief to Microcredit to Polio Survivors and Associates. What they have in common is a passion for service and membership that spans a minimum of 10 countries and three Rotary zones.

A complete list of RAGs can be found on rotary.org ... just click on "service and fellowship" and follow the prompts.

Joining a RAG is a great way to get in touch with like-minded Rotarians who are passionate about service. Through a RAG, you can find out about Matching Grants that are under way to help in a specific area of need, you can find out how you can volunteer or help with fundraising; you can really get involved!

For more information, contact Sarah MacGillivray, District RAG coordinator, boxoffice@fryeburgacademy.org.



Used Walkers Change Lives

"Our best source is our dump," Bethel Rotarian Cynthia Laux reports. Perhaps in anticipation, the Ogunquit club has set up an official collection point at its dump!

Rotarians in at least nine clubs throughout the District are collecting used but serviceable walkers, canes and chairs to be distributed to people in Africa who currently get by with a stick or by crawling along the ground.

First destination: the Portland Armory, where Rotarians from Saco Bay, Breakwater Day-break and South Portland-Cape Elizabeth, joined by two Boy Scouts, recently met to inventory and band those crutches already collected.

Come spring, and once a container-ful are collected, Crutches4Africa founder Dave Talbot and DG Ann Lee plan to lead a trip to Nigeria to distribute them directly to people in need.

Dennis Robillard, District Crutches4Africa chair, is eager to share how clubs are most successfully collecting crutches and to welcome more clubs to the effort. He also can provide a DVD that describes the lives changed by this project. Reach Dennis at risc@gwi.net.

INTERNATIONAL



Dave Talbot (above) is determined to help Africans who need crutches and walkers. At right, Saco Bay's Dennis Robillard and Dru Laduke inventory the 1000 crutches plus walkers and other mobility devices already collected.



Crutches 4 Africa Founder Visits Clubs, Spurs Collecting

Dave Talbot, founder of Crutches4Africa, visited the District last month. He addressed six clubs, speaking passionately that mobility is a human right, not something that should be determined by nationality or economics. His goal: To collect and distribute 1 million mobility devices to people in need in Africa.

District 7780 Team Readies for Nigeria Immunization Trip

Eleven District 7780 Rotarians travel to Nigeria this month to spend inoculate children against polio, visit the wheelchair construction facility in Jos paid for with two Matching Grants supported by clubs in our District, and, on their "free" day, to paint a school building. They will work alongside Nigerian Rotarians and visit their clubs.



Showing off their new team NID shirts are: Dave Reid and Jim Waddell (Hampton); Kirsten Kirchner (Scarborough); Mary Rennie (Fryeburg); Erin Murphy (a Rotaractor whose father Dave is a member of the Bethel Club); Marty Helman (Boothbay Harbor); Marilyn Berry (Rochester); Michelle Perejda (Bethel); George Crockett (Portsmouth), and District Governor Ann Lee Hussey. Not pictured here: Nancie Griswold (Exeter club.)

Thanksgiving Brings Home The Meaning of Service



Portsmouth serves over 125 people for a full course, sit down, homemade, gourmet dinner with entertainment and take-home bags with yummy leftovers. We also deliver another 75 dinners to shut-ins. Last year our amazing committee set up a Turkey hotline that was busy 7/24, had a budget of \$1,000 and used only \$52 of it, thanks to our generous community sponsors.

—Diane Foley, Portsmouth



Last year, Seacoast started a Turkey Trot which drew over 1,000 runners and walkers, plus, it raised over \$28,000 last year, which we donated to non-profits! A lot of people ran in costumes. Our second annual Turkey Trot is scheduled, and with the help of the Seacoast Food Pantry, we are asking runners to donate food items as well this year. Also, both on the race registration form and at the event we will be accepting donations towards our Operation Warm project that helps out local kids. We plan to buy 400 new winter jackets for needy youth.

—Midge Nelson, Seacoast

The Bridgton Lakes Region club will assist with the Thanksgiving Dinner for senior citizens at the Bridgton Community Center. This will provide a full formal Thanksgiving feast for 60 to 70 area seniors. Rotarians bake the pies, roast the turkeys, carve them and clean up.

—Carmen Lone, Bridgton Lakes

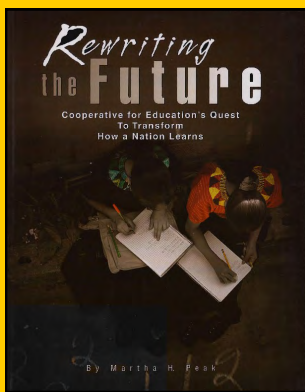


On The Move

Rochester Rotary Club is changing its meeting location! It is moving to The Governor's Inn, 78 Wakefield Street, Rochester. The club meets Mondays at 12:30 for lunch and the first meeting in the new location will be Nov. 1.

Rumford Rotary Club is changing both its meeting place and time! Starting November 23, it will move to a Tuesday breakfast meeting. Join club members at 7:30 a.m. at 49 Franklin Street, a meeting venue located at that address in Rumford. The club also has a social on third Wednesdays from 4:00 to 5:00 p.m. each month. Join the club beginning November 16 at the same address.

Do a makeup! The attendance credit is nice, but the real advantage is that you meet like-minded people, learn more about Rotary, and usually get a good meal at a good price. Plus: You don't have to volunteer when that signup sheet inevitably comes around!



Author! Author!

Marty Peak Helman's book, "Rewriting the Future," which describes the problems surrounding education in Guatemala and what the Guatemala Literacy Project is doing to combat the situation, received mention in the *Rotarian* magazine's November issue.

District Governor Nominee Marty took part in a Rotary Foundation grant in 2009 to help underwrite the costs of researching the book. She subsequently turned over all author's rights to Cooperative for Education, the parent organization of the Guatemala Literacy Project.

Copies can be ordered for \$25 from www.coeduc.org, and all monies go toward the organization's projects in Guatemala. A Spanish translation is set to be published in a few months.

Since 2005, Marty has volunteered and fundraised for the Guatemala Literacy Project and Safe Passage, both of which are Rotary-sponsored literacy programs that support Guatemala's poorest.

CLUB NEWS

Kennebunk Portside Celebrates by the Numbers

Kennebunk Portside celebrated its 20th anniversary last month, and took the opportunity to reflect on all that it has accomplished over the years.

- Over the past decade the club has raised \$313,779, or almost one-third of \$1 million (not including in-kind donations) in general fundraising.
- Over the past seven years, \$57,989 has been invested in Community Service, \$56,566 in International Service, and \$37,816 in Vocational Service.
- Part of that is the \$24,195 that has gone toward scholarships and teacher grants.
- Thanks to the club's work, 1500 children in South Africa now have three wells, which account for an estimated 4.6 million drinks of water annually.
- The club is also responsible for recycling 223,423 bottles and cans over the past four years, and serving 1,393 meals over the past six years.
- And since its inception, club members have donated \$80,419 to the Rotary Foundation, and the club has named 50 Paul Harris Fellows!



Apples and Scarecrow Raise Dollars for Scholars



The Exeter Rotary Club's annual "Dollars for Scholars" apple sale involved selling apples, apple pies, cider and apple crisps for two days to coincide with the Chamber's Fall Festival.

All of the apple-based goodies were provided by the Loaf and Ladle Restaurant on Water Street and local grower Applecrest Orchards in Hampton Falls.

All proceeds go to fund scholarships for Exeter High School, Seacoast School of Technology as well as Exeter Adult Education students.

This year, the Rotary Club of Dover lent their two apple costumes, and club members and Interact students took turns wearing them. The club also entered the scarecrow contest as part of the Chambers Children's Fund fundraiser to raise money to provide warm clothing and blankets for the needy children in the area.



Seacoast Rotary Club Presents
THE

2nd ANNUAL 5K TURKEY TROT

November 25th, 2010 • Thanksgiving Morning, 8:30am

Families
and walkers
welcome!

Free
t-shirt and goody
bags to the first
300 registrants!

The Turkey Trot offered by Seacoast Rotary Club is one of five races that are part of the Portsmouth Community Road Race Series. Special prizes will be awarded to runners who participate in 4 out of 5 races.

PRIZES FOR THE TOP THREE FINISHERS IN EACH CATEGORY AND FOR BEST COSTUME!

Top 3 finishers eligible for drawing for 1 RED SOX 2011 SEASON GREEN MONSTER SEATS!

Benefits local non-profits; our featured beneficiary is New Heights (www.newheightsonline.org).

Checks only —
Please make payable to:
Seacoast Rotary Club

Mail to: Seacoast Rotary Club
PO Box 6674,
Portsmouth, NH 03802



The
TURKEY TROT "T"
ADDITIONAL SHIRTS \$15

Top-quality long-sleeved
runners' t-shirts—gobble gobble!
(must order by 10/25/10)

For complete
details, go to
www.pcrs.org

To register
online, go to
seacoastrotary.org

Cut and mail with entrance fee(s):



ENTRY FEES (includes goody bag & shirt*)

- Adults (13 and above) prior to Race Day \$20 (\$25 on Race Day)
- Youths (12 and under) \$10 prior to Race Day (\$15 on Race Day)
- Family Rate prior to Race Day \$45 (\$55 on Race Day) for up to six family members (Please complete a form for each family member and have a waiver signed for each member. Family rate limited to 1 shirt and 1 goody bag*)

First Name: _____ Last Name: _____

Address: _____

City/Town: _____

State (Prov./County/Parish): _____

Postal/Zip Code: _____

Country: (optional) _____

Gender: M F • Age on day of race: _____

Phone(day) _____ Phone(eve) _____

Email: _____

Please circle your shirt size* Youth: S M L Adult: S M L XL XXL

Please Indicate:

- ☐ I am a Rotarian ☐ Clydesdale (male 220lbs or more)
- ☐ Wheel Chair ☐ Athena (female 160lbs or more)

☐ Get an extra shirt for \$15! Youth: S M L Adult: S M L XL XXL
or Must order by 10/25/09

* Free t-shirts & goody bags available to the first 300 registrants.

WAIVER MUST BE SIGNED TO ENTER

RELEASE AND WAIVER: I acknowledge that I voluntarily apply to run/walk at the Seacoast Rotary Club 1st Annual 5K Turkey Trot. I know that running road race is a potentially hazardous activity. I should use care and run within my own ability and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to, falls, contact with other participants, the effects of the weather, including cold, snow and/or ice, high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of my accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Rotary Club of Seacoast Portsmouth/Seacoast Rotary Club, Seacoast Rotary Charitable Corp., its directors, officers, and staff, the City of Portsmouth and its employees, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the person named in this waiver.

I grant permission to all the foregoing to use any photographs, motion pictures, recordings or any other record of this event for any legitimate purpose.

PARTICIPANT SIGNATURE & DATE:

PARTICIPANT PRINTED NAME:

LEGAL GUARDIAN SIGNATURE FOR MINOR & DATE:

PRINTED NAME OF LEGAL GUARDIAN:

Want to publicize
your fundraiser to
clubs around the
District? Email
your flyer to martyrotary@gmail.com by
the 20th of the
month for inclu-
sion in the next
newsletter!





BOUNTIFUL HARVEST
FUNDING COMMUNITY PROJECTS & SCHOLARSHIPS

JOIN US FOR OUR
5TH ANNUAL
SILENT & LIVE AUCTION

THE EVENING INCLUDES
HORS D'OEUVRES AND LIGHT DINNER FARE
WINE AND BEER
LIVE MUSIC BY HEATHER SHEEHAN

**SATURDAY, NOVEMBER 6, 2010
5:30 – 9:00 PM**

FRYEBURG FAIRGROUNDS DINING HALL
MAIN STREET, FRYEBURG, MAINE

\$25.00 PER TICKET
FOR TICKETS: CALL 935-3733

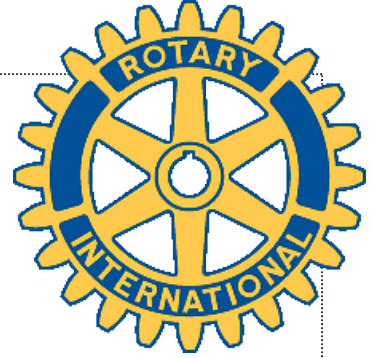





SPONSORED BY THE ROTARY CLUB OF THE FRYEBURG AREA

POLIO PLUS SOCIETY

Membership Form



To: Polio Plus and the Rotary Foundation

From: Concerned Rotarian

Subject: My Personal Commitment

As a member of a District 7780 Rotary Club, I recognize my personal privilege to be able to share in Rotary's effort to stamp out Polio worldwide.

I hereby commit, by signing below, to make a yearly donation of at least \$100 to the Polio Plus program of The Rotary Foundation.

This I pledge to do each year until Polio is officially pronounced as eradicated from all mankind. As such, I will be designated as a member of the "Polio Plus Society."



***Until the last child is immunized,
polio is just a plane ride away
from me, my friends and my family.***

Date: _____

Name & Signature: _____

Email address: _____

Club Name : _____

Provide a copy to your Club Foundation Chair AND Fax or email completed forms to Ted Trainer, District 7780 Polio Plus Committee Chair, at Fax 207-883-8249; email tedtrainer@roadrunner.com