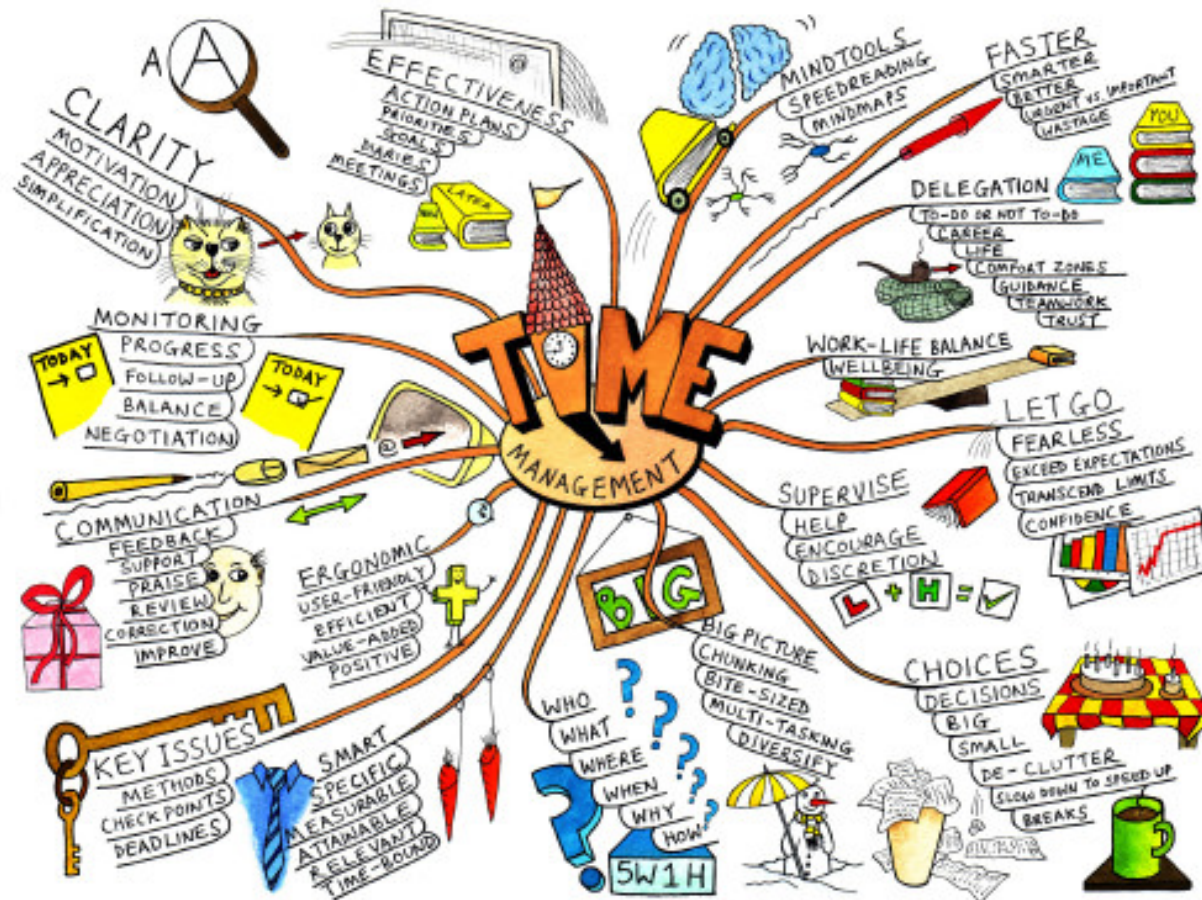




# Walden Woods Leadership Inc.

## Organizational Development

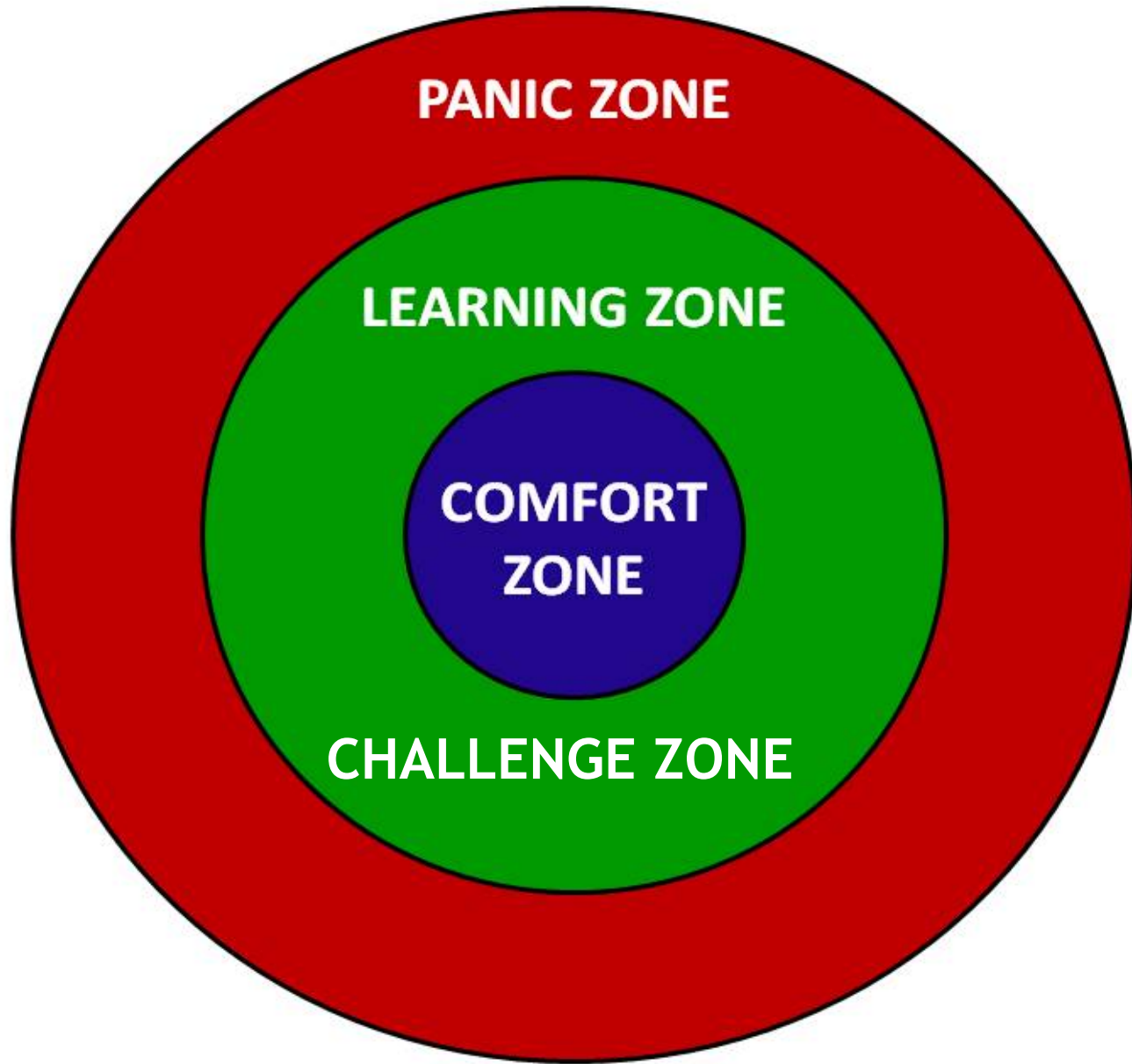
# GOAL: Reduce Stress - Increase Effectiveness



# Process:

- Be Present
- Know you have Resources
- Take away 3 ideas





*When we give ourselves permission to be a learner and be at the beginning we open possibility.*

*This means we give ourselves permission to enter the challenge zone and recognize we hit the panic zone.*



## Numbers:

- 

168

10,080

604,800



# Different Paradigm

- ▶ 3 SKILLS
- ▶ 3 PRINCIPLES
- ▶ 3 TECHNIQUES
- ▶ 3 COROLLARIES



## 3 SKILLS

- ▶ 1. Planning
- ▶ 2. Effective Delegation
- ▶ 3. Technical Competency



# What of the three Skills do you need to focus on the most! - PICK ONE

- ▶ Planning - The Path to Follow
- ▶ Delegation - Finding Followers who act
- ▶ Technical Competency - Mastery over process and knowledge





## 3. Principles



- ▶ 1. The Pareto Principle - 80% results come from 20% of Effort
- ▶ 2. Parkinson's Constant - The job expands to fill the time allowed
- ▶ 3. Pearson's Constant - Results that are recorded Improve

# Parkinson's Constant - Job Expands to Fill the Time Allowed

- ▶ How does this come into your organization?
- ▶ What can you do to combat this?



# 3 TECHNIQUES



- ▶ 1. The Time Log
- ▶ 2. Block Time / Focus Time
- ▶ 3. The “to-do” list disproved and replaced with - Schedule Incompletes

# Schedule “To Do’s”



- ▶ What is the benefit of scheduling your ‘to do’ List?
- ▶ Brain psychology allows for 5 to 7 pieces of info to be retained at any given moment.

# 3 Corollaries - Something that goes along side.



- ▶ 1. Environmental Stability Corollary: (Political, Economic, Social)
- ▶ 2. Relationship Corollary: The quality of your life is measured by the quality of your relationships. Conflict Management and Communication Skills.
- ▶ 3. Dominguez Corollary: Your money has to be in order before you have peace of mind - Related to Maslow.

# Take Away - 3 pieces



- ▶ 1. Improve one Skill - Planning, Delegation, Technical Competency
- ▶ 2. Parkinson's Constant - Job expands to fill the time allowed - the enemy of efficiency for a non-profit / volunteer organization.
- ▶ 3. Schedule 'To-Do' List -

# Walden Woods Contact Information



## Social Media

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- ▶ Instagram: @waldenwoods
- ▶ LinkedIn: WaldenWoodsLeadership
- ▶ FB: Walden Woods Leadership

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