

# Suggested Equipment List



This equipment list is designed to help you prepare for 4 days and 3 nights. Prepare for rain, as well as heat and/or cool evenings, possibly even cold. RYLA is an OUTDOOR program and will continue regardless of weather. It is best to dress in layers so you can peel off and add as needed. Having too many clothes is much better than not having enough.

**Note:** Mosquitoes and Black flies are attracted to perfume, makeup, deodorant and dark colored clothing.

## What **TO** Bring to RYLA

- ◆ Clothes for 4 Days and 3 Nights
- ◆ Shorts & Pants (Long Pants and Long Sleeves needed for high ropes course)
- ◆ 6+ Pair of Socks
- ◆ Shirts, including long sleeve shirt
- ◆ 1 Sweat shirt or 1 outer jacket
- ◆ Sleepwear or Pajamas
- ◆ 4+ Pair of Underwear
- ◆ 2 Pair of Shoes (Hiking Boots and or Running Shoes) NO open-toed footwear
- ◆ Rain Gear (Poncho, Raincoat, etc)
- ◆ Sleeping Bag & Pillow
- ◆ Ground Cloth and/or foam pad
- ◆ Bathing suit and 2+ Towels
- ◆ Flashlight with Extra Batteries
- ◆ Toiletries (Soap, toothpaste, toothbrush, shampoo, comb/brush)
- ◆ Insect Repellent (NO AEROSOLS)
- ◆ Hat/ Sunglasses
- ◆ Cameras: Cameras are allowed at camp but we strongly discourage bringing valuable or expensive camera equipment. Disposable or low cost cameras are preferred.

## What **NOT** to Bring to RYLA

- ◆ Vehicles
- ◆ Cell Phones
- ◆ FOOD
- ◆ Electronics of any kind (including MP# players, iPads, smart phones, video games, etc.)
- ◆ Pets
- ◆ Illegal Drugs or Alcohol
- ◆ Aerosol Insect Repellent
- ◆ Fireworks or sparklers
- ◆ Firearms
- ◆ Ammunition
- ◆ Sheath Knives
- ◆ Bows & Arrows
- ◆ All valuables should be left at home