

# Welcome Package RYLA 2019 LEADERSHIP CAMP

**Potary Youth Leadership Awards** 



Camp Hinds – Raymond ME

Sunday, June 23, 2019 To Wednesday, June 26, 2019



### Welcome to RYLA 2019!

Congratulations on being selected by your local Rotary Club to attend this year's Rotary Youth Leadership Awards (RYLA) conference. You are among a candidate pool filled with some of the most promising young leaders of your generation. You and your family should be very proud. Receiving this package means that your scholarship to RYLA has been paid for and granted by your local Rotary Club.

All the information you need is in this digital packet. If for some reason there is a question that you cannot find the answer to, below are some places you can look:

- ◆ Check out our website <a href="https://www.ryla7780.org">www.ryla7780.org</a>.
- ♦ You can always contact us (director@ryla7790.org) We are happy to answer any of your questions.

### A little bit about our program

This conference is 100% funded and sponsored by Rotary District 7780. The district is made up of over 40 clubs from across Maine and New Hampshire. Local Rotary Clubs bear the brunt of the expense by funding the participant fee for each of the 144 students and 50 + Alumni Student Facilitators. That means that the program is at absolutely no cost to the participants.

The conference is a leadership program that is grounded in a rigorous outdoor experience. Each participant is assigned to one of the **12 Leadership Exploration Groups (LEG)**. Each LEG will is comprised of individuals from different schools in our district with a team of experienced peer facilitators.

Details for this year's program: Rotary rents the Boy Scout camp at Camp Hinds in Raymond, Maine. Camp Hinds is a facility owned and operated by the Boy Scouts of America, but RYLA is not a scouting program. RYLA will run from Sunday, June 23, 2019, through Wednesday, June 26, 2019 *Registration is at 8:30 AM on Sunday morning.* RYLA will conclude with a ceremony and BBQ starting at 5:15 PM Wednesday, June 26<sup>th</sup> and ending around 6:30 pm. Included in this are some important documents. Refer to the document checklist for an understanding what each document is and what to do with it.

Once again, congratulations on being selected to attend this year's conference. You are about to take part in an experience unlike anything else in your life. I look forward to meeting you and your family on registration day.

Warm Regards.

Phil Giordano

**Executive Director** 



### **RYLA 2019**

### What you will find in this Package to prepare for Rotary Youth Leadership Awards—Conference 2018

Welcome Letter
Directions to Camp Hinds
Frequently Asked Questions—A must read
Suggested Equipment List
Registration and Medical Forms—

The medical and photo release form should be filled out and sent to us as soon as possible but June 1<sup>st,</sup> 2019 is the deadline. Medical Forms need a Doctors Signature or attached Doctors note with a signature on it. Please mail all forms to us at RYLA attn: Phil Giordano at P.O. Box 124 Kennebunk, ME 04043- You cannot participate without this form. If you already had a physical from your physician, you may attach a note from your physician, but we still need a completed BSA form. Part A&B should be filled out by the participant, and part C is for your health care provider or note. The emailed package has the form as an additional attachment.

Deadline for this form is June 1, 2019, at the very latest. If we get past this date, please contact us at <a href="mailto:director@ryla7780.org">director@ryla7780.org</a> or call Phil Giordano directly at call 207-636-6500 to make arrangements.



### Welcome to RYLA 2019!

### **Check List & Due Dates:**

Medical Forms & Video Release forms are due to RYLA office by June 1, 2019

- 1. First Set of Forms: the Annual Health and Medical Record: We are required to use the Boy Scouts of America form because we are using their facility at Camp Hinds in Raymond Maine. You Cannot participate without this form.
  - Part A: General information with a copy of your family insurance card.
  - Part B: Consent Agreement: Please note section on who is authorized to pick up the RYLA participant at the end of camp. Signature of Parent or Guardian Required.
  - Part C: Filled out and signed by your physician: NOTE: If you already had a physical from your physician, you may use a form your physician has provided you, but it must be attached to the BSA form.

Because of HIPPA requirements, this form needs to be mailed to RYLA P.O. Box 124 Kennebunk, ME 04043 we do not have a Fax

- 2. Video Release Form—Attached, Please mail in with Medical Form Due June 1st
- 3. BBQ ticket purchase. Please send in by June 1st. Pre-purchased Tickets in your registration package and give to you at registration. Tickets can be purchased at registration, however, by sending in before we can keep registration moving faster and know how much food to order.
- 4. Medication Form: If you have medications that you will need to take during camp, this includes over the counter medication, please bring this form with you to registration and pass in with your medications.

Notes: Enclosed you will find a list of what to bring to Camp.

Questions Please Contact RYLA Executive Director—Phil Giordano

Remember that your participation fee was paid by Rotary



### Suggested Equipment List

This equipment list is designed to help you prepare for four days and three nights. Prepare for rain, as well as heat and/or cool evenings, possibly even cold. RYLA is an OUTDOOR program and will continue regardless of weather. It is best to dress in layers so you can peel off and add as needed. Having too many clothes is much better than not having enough. Tents are supplied with camping cot.

Note: Mosquitoes and Black flies are attracted to perfume, makeup, deodorant and dark colored clothing.

### What TO Bring to RYLA

- ♦ Clothes for 4 Days and 3 Nights
- ◆ Shorts & Pants (Long Pants and Long Sleeves needed for ◆ Cell Phones Electronics high ropes course)
- ♦ 6+ Pair of Socks
- ♦ Shirts, including long sleeve shirt
- ♦ 1 Sweat shirt or 1 outer jacket
- ♦ Sleepwear or Pajamas
- ♦ 4+ Pair of Underwear
- ♦ 2 Pair of Shoes (Hiking Boots and or Running Shoes) NO open-toed footwear
- ♦ Rain Gear (Poncho, Raincoat, etc)
- ♦ Sleeping Bag & Pillow
- ◆ Ground Cloth and/or foam pad for Cot in Tent
- ♦ Bathing suit and 2+ Towels
- ◆ Flashlight with Extra Batteries
- ♦ Toiletries (Soap, toothpaste, toothbrush, shampoo, comb/brush)
- ♦ Insect Repellent (NO AEROSOLS)
- ♦ Hat/ Sunglasses
- ◆ Cameras: Cameras are allowed at camp but we strongly discourage bringing valuable or expensive camera equipment. Disposable or low cost cameras are preferred.

### What NOT to Bring to RYLA

- Vehicles
- ◆ FOOD -
- ◆ Electronics of any kind (including MP# players, IPads, smart phones, video games, etc.)
- Pets
- ♦ Illegal Drugs or Alcohol
- Aerosol Insect Repellent
- Fireworks or sparklers
- Firearms
- Ammunition
- Sheath Knives
- ♦ Bows & Arrows
- All valuables should be left at home



### FREQUENTLY ASKED QUESTIONS ABOUT RYLA:

### A MUST READ

Q; When is RYLA 2019

A: Sunday, June 23—Wednesday, June 26, 2019

Q: What time should I arrive?

A: All participants are expected to arrive at 8:30 am on Sunday, June 23th, 2019

### Q: I have other plans on Sunday morning, May I arrive late?

A: Unfortunately, the answer is no. In the past we have allowed participants to arrive late, they never really seem to catch up. RYLA is a fast-paced conference. It's also not fair to the rest of your group who will depend on you.

### Q: What time is RYLA over?

A: Closing ceremony for RYLA begins on Wednesday, June 26th at 5:15 PM. Parents are invited to attend and encouraged to arrive at 5:00 or slightly before to have time to walk to the waterfront about a 3/4 mile walk. The closing ceremony will be followed by a Barbecue at 5:45. Parents may attend the barbecue by purchasing a ticket for \$12.00 or \$20.00 for two at registration on the first day of camp. There is no charge for RYLA participants. Participants are released to parents after the closing ceremony so estimated leaving at 6:30 pm at the earliest.

### Q: What should I bring?

### A:

- ♦ Consult the Equipment list for personal belongings and necessities.
- ♦ Parents who plan on attending Wednesday Night BBQ should bring cash on registration day for tickets.
- ♦ Students need the following for registration
- 1. Medical Form (Either BSA form by itself or accompanied by a doctor's form). You should have already submitted this form by June 1st, but if you have not, bring it with you. (exception process)
- 2. Any medications required during the week. Do not pack medication in your luggage.
- 3. Any updated information that has changed since your application. Students will not be permitted to travel with anybody other than a parent or guardian unless their names are on the registration forms that were submitted for registration to RYLA.
- 4. Photo Release Form



### Q: How should I dress at the conference?

**A:** The equipment list is designed to help you prepare for four days and three nights. Prepare for rain, as well as heat and/or cool evenings—possibly even cold. RYLA is an **OUTDOOR** program and will continue regardless of weather. It is best to dress in layers so you can peel off and add as needed. Having too many clothes is much better than not having enough. *Students should dress appropriately for a coed camping environment.* A good rule of thumb is: if your school wouldn't permit you to wear it to Phys Ed class, don't wear it to RYLA.

### : Is there a telephone at the conference site?

**A:** Yes, there is a phone available to participants to contact their parents/guardians only. **DO NOT BRING CELL PHONES.** They will not be protected from the elements, and you will not be permitted to use them at camp. Facilitators will have their cell phones for emergencies.

### Q: One of my friends is going, can we share a tent / be in the same group?

**A:** No, the LEG's are compilied so that there will be no two people from the same school together. LEGs and campsites are arranged in random order. Our policy gives everyone a chance to start fresh and at the same level.

### Q: Can I bring my cell phone/radio/tablet/laptop/hairdryer/curling iron?

**A:** No. RYLA is intentionally built to be an outdoor, electronic free camp. Electricity is limited to the dining hall, camp offices, and bathroom facilities. There will be no use for electronic devices at camp. There will also be no protection from theft or weather damage so please do not bring anything electronic with you.

### Q: Do I need money?

**A:** No Rotary District 7780 and your local Rotary Clubs have taken care of all expenses (a \$750.00 value) for your week at camp by providing you with a scholarship. The RYLA staff highly encourages you to formally thank the Rotary Club that provided the scholarship for you to attend, upon your return from camp. Many clubs invite you back sometime in the fall to speak at one of their meetings.

### Q: How do I arrange transportation?

**A:** Participants are responsible for their travel arrangements. Students are NOT allowed to drive themselves or their friends to RYLA. You may contact your sponsoring Rotary Club to assist you with transportation.

### Q: What is Rotary?

R: Rotary is a way to make a difference and make your life matter. Rotary is one of the largest international service organization in the world with more than 28,000 clubs in 160 counties. District 7780 consists of 40 clubs in Maine and New Hampshire. Rotarians are dedicated to humanitarian service, high ethical standards in business and their professions and the promotion of world understanding and peace.



### Q: Why RYLA (Rotary Youth Leadership Awards)?

**A:** Strong leaders are made, not born. Leadership skills and principles are learned, not inherited. Rotary clubs around the world are dedicated to helping young people develop their skills to the fullest. We believe that RYLA will assist young people to realize their potential and to adapt to experiences within their life and their communities. RYLA enables participants to join other young people from across our District. RYLA participants come together to exchange ideas, plans and opinions with other talented and energetic people like yourself in a supportive atmosphere, free from pressure and distractions.

### Q: What type of advice would give to a student attending?

**A:** Show up and be open to the experience. RYLA curriculum expands on positive youth development (PYD) that empowers leaders to find their voice, actively listen, and build on their unique strengths.

### Q: What do we do for fun?

A: We build fun into every day we are out in nature and enjoy a good smore's at the campfire and have time for enjoying the waterfront of Panther Pond.

### Q: What if my parents or I have more questions before RYLA?

**A:** Contact District 7780 RYLA Chair and Camp Executive Director: Phil Giordano via email at philtastic7780@gmail.com or visit the RYLA website <a href="https://www.ryla7780.org">www.ryla7780.org</a>



### **DIRECTIONS TO CAMP HINDS**

146 Plains Road Raymond, ME 04071

Plains Road is between Route 85 and 121 both of which intersect Routes 302 and 11.

### From the South:

- ◆ Take exit 48 Westbrook of the Maine Turnpike
- Turn right onto Riverside Street
- Turn left at the third traffic light onto Route 302 West
- ◆ Go 15 miles and turn right at the traffic light onto Route 85
- Drive 6 miles on Route 85 past the Jordan Small School
- Turn left onto Plains Road at the bottom of the hill
- Camp is 0.3 miles on left

### From the North:

- ◆ Take exit 63 Gray off the Maine Turnpike
- ◆ Turn left onto Route 202, go 0.5 miles
- Turn right onto Route 26a Go 3 miles and turn left onto North Raymond Road (by Dry Mills Store)
- ◆ Go 1.0 mile and turn left onto Egypt Road
- ◆ Go 4.0 miles, at end of Egypt Road, take right onto route 85
- Go 1.8 miles, past schools and down a large hill
- ◆ Turn left onto Plains Road
- ◆ Camp is 0.3 miles on left





### 2019 Represents the 29th Annual RYLA in District 7780

### **Contact Information**

**Phil Giordano** 

District 7780—RYLA co-chair

Email: Philtastic7780@gmail.com

Cell Phone: 207-636-6500

www.ryla7780.org

Sam Klemarczyk—Exeter Rotary

**Programs Director** 

Email: director@ryla7780.org

Phone: 603-793-8896



### **US Mail Address:**

RYLA
C/O Phil Giordano
P.O. Box 124
Kennebunk ME 04043-0124



## Final BBQ & Camp Wrap Up June 26, 2019 Begins at 5:15 waterfront

Parents and Guardians: please plan on attending the camp wrap-up and stay for the final BBQ. You will have the opportunity to hear what the students experienced and join in for some final fellowship with a BBQ.



We do charge family members for the BBQ to help with the cost of the final meal. The cost is \$12.00 per person or \$20.00 for two, \$30.00 for three etc.

You can purchase tickets at Registration or send in a check payable to Rotary District 7780 to RYLA Address.

Please print this page and send with your form.

Student Name	
Number of Tickets	
Amount Enclosed:	

We will give you the tickets at Registration

RYLA
C/O Phil Giordano
P.O. Box 124
Kennebunk ME 04043-0124



### Photo/Video Release Form

**EVENT:** Rotary International District 7780

**Rotary Youth Leadership Awards Conference** 

Sunday June 23, 2019 to Wednesday June 26, 2019

Camp Hinds, - Raymond Maine

### **Permission to Use Photograph:**

I herby give consent for Rotary International to use my photograph / video and likeness to be used in its publications, including it's website, Facebook, and Twitter. I release them from any expectation of confidentiality for the undersigned minor child and myself and attest that I am the parent or legal guardian of the children listed below.

I grant Rotary International, the right to take photographs /video of me and my family in connection with the above-identified event. I authorize Rotary International, its assigns and transferees to copyright, use and publish the same in print and /or electronically.

I agree that Rotary International may use such photographs of me with or without my name and for any lawful purpose, including for example such purpose as publicity, illustration, advertising, and Web content.

I have read and understand the above:

Participant's Name Printed:			
Address:			
City:	State:	Zip	<del> </del>
Participant's Signature:		Date:	
Parent/Guardian's Signature:		Date:	
RYLA Staff USE:			OTAB
LEG Student Assigned		Potary	
Consent Form Signed		Rotary	AUGENATION!



### ROTARY YOUTH LEADERSHIP AWARD'S CONFERENCE Rotary District 7780 MEDICATION POLICY

### Bring Form with Medication to Registration when you Arrive at Camp Hinds

RYLA leadership will develop procedures that maintain security of individual RYLA participant's medications while attending the RYLA program and will guarantee the medical privacy of all participants.

- 1. RYLA will assign a single staff member (BSA qualified medical professional) to manage the medication program.
- 2. All RYLA participants are required to turn in their medications upon registration.
- 3. All medication prescriptions will be logged with the type of medication, frequency of consumption, and any special considerations such as food intake, etc.
- 4. Each day, RYLA staff will announce the medication time, usually corresponding with meals (AM, Noon, PM) and ensure that participants take their prescribed medications.
- 5. RYLA staff will log the participants' compliance with their medication program.
- 6. At noon on Wednesday, RYLA participants must pick up their medications. Those that have not will be notified to do so.
- 7. Over the Counter or as needed medications must also be turned in to RYLA staff for distribution during camp. RYLA policies strictly prohibit any medications being kept in camp sites. RYLA / BSA staff have basic pain, stomach, and allergy medications as needed (medical form must indicate that the student can receive these meds).
- 8. Emergency medications such as "inhalers" or "epi-pens" may be kept with the student during the program. RYLA staff must be informed if students have these items.
- 9. Logs will be destroyed after the close of the event.

RYLA Staff assigned:
Medications (list):
I have read the above policy and understand how my child's medication will be handled and distributed throughout this conference. I further understand that if I have any questions regarding this or any other camp policy, I may contact the camp director at any time during the conference.  Parent/Legal Guardian Signature  Date
To be signed at conclusion of conference: I ACKNOWLEDGE RECEIPT OF MY MEDICATIONS:
RYLA Participant Signature Date