

August 2018

Barb Wyllie ~ Editor
Distribution 1,113

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM Deadline: 20th of the month

From the Governor's Desk

As I travel around District 7190 visiting clubs, I am amazed at each clubs' uniqueness. Each club has their own way they are comfortable doing things. At the beginning of the new Rotary year, Club changeovers are celebrated by many. Some are very formal with sit down dinners and speakers. Others are more casual with cook outs, swimming, outdoor movies with adult beverages at the ready. I was pleasantly surprised to see many honoring our Foundation by giving out Paul Harris Fellowships to exemplary club members and community leaders who are Making a Difference (borrowing your theme Fred) in the world we live in.

Club meetings also show our diversity. Some club's sing, some recite the 4 Way Test, some say a prayer, some salute our flag...others don't. Many have inspiring speakers. Our E-club meets on-line. I am inspired by our differences and celebrate our commonalities. At the end of the day, we all serve under the Rotary wheel and We Are People of Action!

August is Membership and New Club Development month on our Rotary calendar. Have you ever thought we are missing an opportunity in a particular community and thought, we should have a Rotary club here? The good news is that any one of us can charter a new Rotary Club. Jennifer Hendricks-Fogg wanted to join Rotary so she visited several clubs to see what club she liked the best for her. No particular club felt like a good fit. What did she do? She chartered Capital Region Rotary. You, too, can do the same thing.

Membership....how do we get new members and keep the Rotarians we have? We have a district Membership Team under the masterful direction of Terry Brewer and his coaches ready and willing to help you. Reach out if you want fresh, vibrant ideas on how to attract and retain members. When is the last time you personally brought in a new member or had a conversation with a discouraged Rotarian? Have you invited someone to your club meeting, service project or mixer? If your club wasn't right for the potential Rotarian, did you recommend one of our other clubs? Look around the people that you interact with and ask yourself if you think this person or that would be a good Rotarian. Get your "ASK" in gear! Look around your place of worship or other organizations you belong to. Busy people usually make engaged Rotary members...they already know how to juggle busy schedules. Are you retiring soon? Have you asked the person stepping into your shoes to join a club? We are notorious for helping people at the beginning of their careers. Have you asked the young person mowing your lawn if they have any interest in Interact or RYLA?

Please look at everyone you meet with new eyes. Think of the incredible gift you would be giving by asking that special person to join our wonderful organization. If we all brought in just one new member this year...WOW, the possibilities are endless!

Be the Inspiration!
DG Tammy

DISTRICT EVENTS AT A GLANCE

- **NOW:** Conference Raffle Tix available *p 3*
- **NOW: GoL \$200 Promotion** *pp 3, 12, 13*
- July 30-Aug 3: Swim to End Polio p 4, 10
- **September 17: GoL Golf & Bocce Tournament** *pp 3,14,15*
- **October 20: Rotary Leadership Institute**
- October 24: World Polio Day p 4
- **December 8: Rotary End Polio Now Night** at the Adirondack Thunder
- **January 1: Polio Plunge**
- May 3-5: District Conference pp 4, 11

CLUB EVENTS AT A GLANCE

- August 3: Movie Night in the Park by Northville Rotary p 2
- August 30: Rotary Rocks by Rotary Clubs of Albany, Delmar and Capital District p 2
- **September 21:** by Twin Bridges Rotary p *3*

Rotarians Called to a Higher Service

Saratoga Springs Rotary Club has lost the following two Rotarians:

Amy Raimo on June 30th. Amy was one of their newest members and passed away unexpectedly.

Vic Cinquino on July 14th. Vic had left Rotary due to his health but many still regarded him as an instrumental member.

NEW MEETING LOCATION for Capital Region Rotary

EFFECTIVE IMMEDIATELY, Capital Region Rotary will now meet at Warehouse Grill and BBQ located on Wolf Road in Albany.

~ ~ ~ Attention All Clubs:

DG Tammy has requested that every month all clubs kindly submit the names of their NEW members to thetoolbox7190@gmail.com for District recognition.

Attention All Clubs:

DG Tammy has also requested that every month all clubs kindly submit the names of their members who have passed on to higher service to

> thetoolbox7190@gmail.com for remembrance.

Northville Rotary in conjunction with the District Membership Team presents

Movie Night in the Park!! featuring

"The Greatest Showman" with **Hugh Jackman**

Friday August 3rd

7 pm: pay for Barbecue

8 pm: Pre-Movie 8:30 pm: Movie

Northville Waterfront Park

162 S. Main St. Northville NY 12134 Just bring a chair or blanket and get ready for a GREAT TIME!!!

You are also allowed to bring adult beverages for yourself in your own cooler.

The Rotary Clubs of Albany, Delmar and the Capital District bring you

> **Rotary Rocks An Evening of Music from Two Great Bands**

GB-five Band - Stockbridge Band

60's classics and Motown and R&B

Thursday, August 30th 8:00 to 11:00 pm

Under the tent at...

Swifty's Pub

Delaware Ave, Delmar

50/50 Raffle: proceeds to benefit the charitable projects of Rotary

Gift of Life Golf & Bocce Tournament

Monday September 17 Pinehaven Country Club See flyers on pages 14 & 15.

Gift of Life \$200 Promotion

Have an American Clothing bin placed and receive \$200 from Gift of Life 7190.

Clubs can use this as a FUNDRAISER and feel free to divide the \$200 as they see fit.

(It can all go to the club's coffers or split between

the club and person securing the location, etc.)

This is open to everyone: Rotarians, friends, neighbors, etc. Just complete and return the agreement found on page 13. You'll find a photo of the box (pg 12) & a description of the cause to help you close the deal. The Club securing the location will have its logo on the box with GoL's logo.

Viable territory: Plattsburgh-Northern Columbia Co, the Berkshires-Amsterdam and most of Vermont. **For added information** call me, Barb Wyllie, at 518/370-2214 and leave a message.

Twin Bridges Rotary Club presents its 14th Annual **Karaoke Contest Friday September 21st 6PM-10PM The American Legion**

275 Grooms Road, Clifton Park

Tickets \$35 includes buffet & contest entry. (\$45 after 9/10)

www.TwinBridgesRotary.com

Rotary Leadership Institute (RLI)
Saturday October 20th
Registration & Breakfast 7:30am
Classes 8am – 3:30pm
\$75 per person
UAlbany/East Campus/George Ed Center
1 University Place Rensselaer, NY

See flyer on page 9.

2019 Conference of Clubs Raffle Tickets Available Now

Win a chance to spend a weekend for two at the 2019 Conference of Clubs, May 3 – 5, 2019 at the Essex Resort and Spa in Essex Junction, Vermont.

Winner receives registration for two including all meals (Friday dinner, Saturday breakfast, lunch, reception, dinner and Sunday breakfast) all materials and two Peace Love Rotary official T-Shirts* AND a beautiful suite for Friday and Saturday nights.

Winning ticket will be selected at the Foundation Dinner event on November 8, 2018. Limited number of tickets available at \$20.00 each.

Already registered? No problem! We will immediately credit your payment.

Contact *Whitney Pangburn* (518-542-2672 <u>Whitney.pangburn@gmail.com</u>) or *Pepi Noble* (518-373-8574 <u>hnoble@nycap.rr.com</u>) or any Conference committee member for your ticket, **but HURRY!!**

You can also purchase a Raffle Ticket online when you register for the 2019 Conference of Clubs on the District website http://rotary7190.org/

Remember to book your Hotel reservation by:

Phone 877-684-1123

Online at https://bit.ly/2rXLGNg
Group Name: Rotary District 7190





Essex Junction, Vermont May 3rd-5th, 2019





A Salute to 50th Anniversary of Woodstock & Sesame Street Time for Service Above Self Friendship Lounge Inspiration Café with Open Mic Peace Cash Rotary Business Recreation and Tours Hippie Party Cookie Monster Challenge Remembering Rotarians Tammy's Hugs From the Heart

http://rotary7190.info/ConferenceOfClubs

Ballston Spa Rotary Bids Farewell to Their Exchange Student

It's a bit of a sad time for us as our wonderful exchange student, Reka Vass, will be leaving to return home to Romania. She has learned many things about our country and community and has said she will miss us very much. It has been an experience of a lifetime for her and we will all miss her.

On the bright side, we are always searching out ways to earn money that helps finance our many projects in our community and elsewhere and we were able to raise \$850 at the recent Hot Air Balloon Festival at the Saratoga County Fairgrounds. Many of our members donated their time to work at the Festival and it worked out well for us. More money means more we can do for those in need.



Save the Dates

Week of July 30th - August 3rd Swim to **End Polio**

We need your help...The Swim to End Polio information flyer is attached.

Please share via your personal and club various social medias to help us let the world know of this historical event.

- 10/24/2018 World Polio Day
- 12/8/2018 Rotary End Polio Now Night at Adirondack Thunder
- 1/1/2019 Polio Plunge

Our thanks to the following clubs for 2018 – 2018 for contributions to the Rotary Foundation for Polio of \$1,000 or more:

/	
Ballston Spa	\$3,739.00
Southern Rensselaer	\$3,320.00
Cobleskill	\$2,339.25
Burnt Hills-Ballston Lake	\$1,510.00
Saratoga Springs	\$1,366.00
Albany	\$1,305.00
Middleburgh	\$1,160.30
Schenectady	\$1,005.00
Amsterdam	\$1,000.00

Along with the Bill and Melinda Gates Foundation (\$2 for \$1) match these donations total \$50,233.65. This will provide 77,283 children immunizations.

Thank you for your continued support!

World Peace Fellow Report

Grace Dunne Class of XVI Sponsored by Rotary Club of Albany

It has been an incredible opportunity and experience to be a part of Rotary Peace fellow class XVI. My first semester at the University of Queensland (UQ) was fairly busy and filled with excitements such as class induction and participating as a support role in Peace seminar led by class XV. The transitioning process to a new country and a new culture is also fairly smooth because of the incredible supports I receive from my sponsoring club and district (Albany, 7190), the Rotary International headquarter staff, Rotary host counselor from hosting club of Loganholme, and the Rotary Peace center director and staff at UQ. While I am adjusting changes, I also have opportunities to explore the beauty of Australia which is filled with nature and history.

In terms of academic, I have been learning a lot about deep-seated conflicts across and within the world borders. Our cohort is being prepared theoretically and practically by professors and researchers who are also working in the conflict resolution field. Every day I have been expending my knowledge about how to prevent and resolve complex conflicts and building positive peace. One unique experience I learn from studying in Australia is that the awareness and effort of reconciliation with the native land owners and the citizens and government is remarkably inspiration. As I continue to learn, I am very much looking forward to becoming expert in this field and go out into the world to serve. I would like to take this opportunity to thank each and every one from my sponsoring club and district for your encouragement and support to me during and after the application process and your contribution to the peace fellowship program.

The following picture was taken at the tree planting ceremony at UQ Peace Park on March 20th, 2018 with Rotary International president Ian Riseley. It was attended by Rotarians, Counselors for Peace Fellows, Peace Fellows classes 15 and 16, UQ Officials, and Professors.



Looking for Speakers?

Gift of Life will be glad to arrange for a member to address your club about their life saving mission.

Please contact Pat Herman at phpherman@gmail.com.

Support Gift of Life as You Shop!

Go to smile.amazon.com/ch/22-2704726 and Amazon will donate to Rotary District 7190 Gift of Life Inc. Please share this link and information with your family, friends, and social media contacts. GoL appreciates your support in the mission to save young lives around the world.

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Rotary District 7190 2017-2018

In-bound and Out-bound EXCHANGE STUDENTS

It has been our honor and privilege to host 10 In-Bound Exchange Students this year in Rotary District 7190. They have brought great joy, memories and experiences to not only our Rotarians, but to our Host Families, our schools and our local communities. The in-bound exchange student's lives have been changed forever. Our great hope is they will take home with them experience and wisdom that will help shape and change the world. Every one of them has a bright future. Thank you to all the volunteers that supported them this year. Thank you to each of the clubs that hosted an exchange student.

Orientation – September 2017



Igor, Charles, Dhavan, Mariel, Lorenzo, Maggie, Reka, Emilie, Sarina, and Leire

Continued on next page...

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Great Escape Weekend – June 2018



Sarina Switzerland Niskayuna Leire Spain Salem Reka Romania Ballston Spa Maggie Taiwan Delmar

Emilie Denmark Turning Point – Schuylerville

Charles France Glens Falls Lorenzo Italy Glens Falls

Dominic Friend from Cohoes

Missing from the picture

IgorBelgiumMiddleburghMarielBrazilCohoesDhavanIndiaCobleskill

Continued on next page...

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Returning to us this June and July are the 7 Out-Bound Students that our District sent out around the world. We welcome them home and anxiously await to hear about their year abroad. Our hope is their experience has been just as incredible as our In-Bounds. May the blessings of their year in another country intimately influence their futures.

Abigail Toomey	Argentina	Salem
Delaney Brown	Bolivia	Glens Falls
Emma Dillon	Bolivia	Ballston Spa

Jane Lebowitz Estonia Turning Point – Schuylerville

Matthew Galasso Cobleskill Middleburgh
Olivia DeRagon Belgium Ballston Spa

Siddhant Chaturvedi Hungary Shen

Appreciation is also expressed to those in our Rotary District who work with the Exchange Program to make it happen.

Suzanna Brend	Chair	In-Bound	Glens Falls
Kevin Markham	Co-Chair	In-Bound	Corinth
Tom Rogers	Co-Chair	In-Bound	Salem
Melissa Lescault	Chair	Out-Bound	Glens Falls
David Walsh	Co-Chair	Out-Bound	Glenville

~ ~ ~

CORRECTION: The recent 2018 Capital Region Scholar Celebration mentioned in last month's Toolbox was actually the work of Capital Region Sponsor-a-Scholar. This is a program affiliated with United Way, not Rotary District 7190. I have no idea how their news item found its way to our dedicated Toolbox email address, but I have since removed them.

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DG TAMMY HECKENBERG INVITES YOU TO ATTEND ROTARY LEADERSHIP INSTITUTE

NEW LOCATION!!......NEW LOWER COST!!

LOCATION:
GEORGE EDUCATION CENTER
UNIVERSITY OF ALBANY

EAST CAMPUS 1 UNIVERSITY PLACE RENSSELAER, NY DATE: SATURDAY, OCTOBER 2O, 2018 REGISTRATION and BREAKFAST 7:30am, CLASSES FROM 8:00am to 3:30pm

COST: \$75.00 PER PERSON



WHY ATTEND RLI:

ATTENDANCE AT RLI IS A GREAT START FOR PRESIDENT-ELECT TRAINING. IT IS RECOMMENDED AS WELL FOR CLUB VICE-PRESIDENTS AND OTHERS WHO WANT TO BECOME MORE INVOLVED

YOUR YEAR AS CLUB PRESIDENT WILL BE ONE OF THE BEST YEARS IN YOUR LIFE, PREPARATION WILL MAKE IT FANTASTIC!

YOUR LEADERSHIP WILL MAKE A DIFFERENCE IN THE LIVES OF OTHERS, BOTH NEAR AND FAR

AS A CLUB PRESIDENT YOU'LL HAVE THE OPPORTUNITY TO EXPAND YOUR CIRCLE OF FRIENDS IN ROTARY AND THE COMMUNITY THAT WILL STAY WITH YOU FOR THE REST OF YOUR LIFE

RLI IS A THREE-PART PROGRAM CULMINATING IN GRADUATION AT PART III. YOU'LL BE SHARING IDEAS FOR NEW AND BETTER PROJECTS FOR YOUR CLUB, AND LEARNING FROM CERTIFIED ROTARY FACILITATORS ABOUT WHAT IT TAKES TO MAKE A SUCCESSFUL CLUB

MEET ROTARIANS FROM AROUND THE DISTRICT AND DISCUSS WHAT THEIR CLUBS ARE DOING ABOUT MEMBERSHIP, ATTENDANCE AND OTHER CLUB ISSUES

DEVELOP LEADERSHIP SKIILS THAT APPLY IN ANY ORGANIZATION OR BUSINESS, AND IN PEOPLE'S DAILY LIVES

CATCH THE PASSION OF ROTARY!

REGISTRATION AND MORE INFORMATION AT www.rlinea.org
Other questions? Contact PDG Bill Nathan at 518-489-4499 or bbnathan@outlook.com

Directions on next page !!!

DIRECTIONS TO GEORGE EDUCATION CENTER WHEN TRAVELING ON I-90 EAST

- Take I-90 East to Exit 6A, I-787 South (approx. 6.3 miles from NYS Thruway Exit 24.)
- Take I-787 South and go approx. 1.5 miles to Exit 3A.

CAREFUL: As you approach Exit 3A, follow signs for US-20 East/US-9 South.

• Stay on ramp to Exit US-20 East/US-9 South. Once on US-20 East/US-9 South you will see the University buildings, one mile away at the top of the hill.

At the top of the hill, turn left at the University's "Health Sciences Campus" sign.

Rotary banners will be in place, leading you to the George Education Center.

Swim for Polio



As we go to print tonight, these two inspirational women are swimming the length of Lake George to join in our District's Polio efforts to raise awareness and funds to End Polio Now! Much more of their incredible story to come. ~ DG Tammy

PEACE, LOVE, ROTARY INFORMATION The 2019 Conference of Clubs

Dates: Friday, May 3 – Sunday May 5, 2019

Location: The Essex Resort and Spa, Essex Junction, Vermont

www.essexresortspa.com

Conference Registration:

Register for the 2019 Conference of Clubs at http://rotary7190.info/ConferenceOfClubs Registration includes conference materials, meals Friday Dinner, Saturday Breakfast, Lunch and Dinner, Sunday Breakfast.

\$187.00 by December 31, 2018 \$207.00 beginning January 1, 2019

Questions? Contact Registrar Sari Medick at 518-248-9584 or by email CapDJSariSparks@gmail.com

Hotel Room Block Rates:

\$159.00 per night plus Vermont taxes & fees
Rate is the same for suites and rooms
Rate valid 3 days prior to conference start and
3 days after conference end
3rd adult or more in room/suite \$20.00 each
Resort Fee Waived

To Reserve Hotel:

CALL 877-684-1123

ONLINE https://bit.ly/2rXLGNg

Group Name - Rotary Distr<mark>ict 7190</mark>

2019 District Governor, Tammy Hunter Heckenberg

2019 Conference Chair, Harriet "Pepi" Noble

Help District 7190 Gift of Life



By placing a clothing drop box in your parking lot District 7190 Gift of Life works with Rotaries and other organizations to save the lives of children worldwide diagnosed with congenital heart defects. Working together with American Clothing of Glens Falls, NY your donations aid in contributions to District 7190 Gift of Life programs.

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Location Name:
Address:
Contact Name:
Phone Number:
Placed by:
(Club Name)
Rotary Club Website:
Rotary/GOL Member's Name:
Rotary/GOL Member's Phone/Cell Number:

Scan and return completed forms to me, Barb Wyllie, at thetoolbox7190@gmail.com, or mail them to me at 1799 Randolph Road, Schenectady, NY 12308. You can direct questions to me at the Toolbox email address above, or call 518/370-2214 and leave me a message. Thank you.

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SAVE THE DATE

WHEN: 10:30 AM

MONDAY, SEPTEMBER 17, 2018

WHERE: PINEHAVEN COUNTRY CLUB

GUILDELAND, NEW YORK

SUPPORT THE GIFT OF LIFE

OR PLAY BOCCE BALL

OPEN TO ROTARIANS, GUESTS & PUBLIC
PUT A FOURSOME TOGETHER
MANY DOOR PRIZES, RAFFLES & MORE

DELICIOUS FOOD, WITH LUNCH & DINNER

JOIN THE FUN!!!

ENTRY FORMS AVAILABLE IN JUNE

Rotary District 7190



20th Annual Golf & Bocce Tournament

Monday, September 17 2018 Pinehaven Country Club 1151 Siver Road Guilderland, NY 12084

The Tournament this year will be played In Memory of True Rotarians And Distinguished Gift of Life Board Members:



David Rey Richard Hodge

10:30 AM Golf Registration 11-12:30 Lunch on the Patio 12:30 PM Shotgun Start 2:00 PM Bocce Registration 5:00 PM Happy Hour 6:00PM Awards Dinner & Raffle

For more information contact: Tournament Chairman, Dennis McGlauflin (518) 495-4712

Continued on next page...

Rotary District 7190 Gift of Life Golf and Bocce Tournament

IRCLE the appropri	ram would not be able orld without your gene ate Fees, Sponsorship	erous support. Ple s, and Advertisem	ents. >	\$540 \$65 I	Foursome ndividual Boo	nt Fees olfer # cce # r Only #
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layer 3:					Tee Sign Spo	
	Email:					pportunities
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Host Club Sponsor Golf package for four golfers Two tee signs Full-page ad in awards program Reserved table at awards dinner	Golf Cart Sponsor Golf package for four golfers Two tee signs Full-page ad in awards program Reserved table at awards dinner Golf Cart Sponsor	r four golfers n all carts awards progra at awards din	Happy Hour Sponsor Golf package for four golfers Two tee signs	Half-page ad in awards program Reserved table at awards dinner	vo players awards prog ognition	Lunch Package Sponsor Golf package for two players Quarter page ad in awards program Awards dinner recognition

District 7190 Change Over Brunch

Welcome District Governor Tammy Heckenberg

~ ~ ~

Thank You Past District Governor Fred Daniels



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