

January 2017

Barb Wyllie ~ Editor
Distribution 1,113

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM Deadline: 20th of the month

From the Governor's Desk

We survived the holidays and had some wonderful Rotary events to help us celebrate. But now it's back to work and back to regular Rotary activities. We have a full schedule planned right up through our District Conference in Lake George May 5-7, the Atlanta International Convention June 10-14 and our District Changeover on Sunday June 25. It will be a great ending for this Rotary year!

Almost 60 Rotarians and friends gathered on New Year's Day for the Polio Plunge in Lake George! Many took the plunge while others took photos and provided much-needed support. This year we were pleased to have the Beekman Boys (Josh and Brent) from Sharon Springs join us for the plunge. They made a great video on the beach, asking their fans to donate to the End Polio cause. At last report, the video was a big hit and we are looking forward to hearing about the dollars they raised. Many thanks to Josh and Brent for taking the plunge. We hope that they will be joining the Sharon Springs Rotary Club soon!

One of our main activities in the second half of the Rotary year is our Presidents-Elect training seminars, otherwise known as PETS. The district training begins on Thursday evening January 26 at the Clifton Park Library on Moe Road. The second session will be on Wednesday evening February 15 at the same location. And the training will conclude with the annual Multi-District PETS training in Syracuse March 17 and 18 where we join with 3 other districts. DGE Fred Daniels and District Trainer Larry Jones, and the entire Training Team, are hard at work on these programs. PETS training is required by Rotary International for all President-Elects. We know it will be very helpful for them as they prepare to become club President.

Finally, please put Friday night February 24 on your calendar. We will celebrate Rotary's Birthday that night with a special party being planned by the

Ballston Spa Rotary Club. Stay tuned for more information.

Here's to 2017 and thanks for all you do for Rotary!

DG John Mucha

DISTRICT EVENTS AT A GLANCE

- January 1: Happy New Year
- January 1: Polio Plunge/Bowling Over Polio

CLUB EVENTS AT A GLANCE

- February 11: Winter Outhouse Races Sponsored by Shenendehowa Rotary p 2
- February 18: Murder Mystery Dinner Theater Sponsored by Schenectady East Rotary pp 2, 3

Happy New Year!!!

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200 Thesauruses Available

Glenville Rotary has about 200 remaining thesauruses they are offering at the discounted price of \$1.75 per copy and plan on using the proceeds for another community project. (These books retail for \$2.50 each.) If you are interested please contact Rick Siciliano at Ras3457@Gmail.com.

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Shenendehowa Rotary presents its **Inaugural Winter Outhouse Races** Saturday February 11, 2017 at Clifton Common, Clifton Park as part of the Town of Clifton Park WinterFest activities

Prizes:

1st Place: \$500 2nd Place: \$400 3rd Place: \$300 Fan Favorite: \$200

Outhouse Race Teams include 5 members; one person rides and the remaining four team members push, pull or drag the decorated outhouses down the racetrack. Each race consists of two teams racing against each other with the winner advancing to the next level. The event is free to the public and should be quite a spectacle. Team themes and costumes are encouraged.

Complete details, rules and entry forms can be found at www.shenrotary.org.

For more information about this event, please contact either Ray Anthony at ray.anthony@prolineappliance.com 804-371-7215 or Ritch Anthony at ranthony@sunmarkfcu.org or 518-391-0149.

Proceeds from the event will benefit CAPTAIN Youth and Family Services.

Schenectady East Rotary presents

Mystery Dinner Theater

Saturday February 18th 6pm \$40 per person \$75 per couple Hibernian Hall 1746 State St Schenectady

See poster on next page for details.

Exchange Student NYC Trip

Last month, 10 of our In-Bound exchange students traveled to NYC for a 3 day trip. The attached pictures were taken outside of Dave & **Busters on 42nd Street, just off Times Square.** Unfortunately, Pit from Bolivia is not in two of the pictures and is barely in the third (on the left) of the crazy picture.

The trip included two other Rotary Districts (7150 and 7120) for a total of 41 In-Bound Exchange Students with 6 chaperones. I was the only one from our district.

We visited Liberty State Park (Statue of Liberty), walked the streets past the NY Stock **Exchange and Wall Street. We visited the World** Trade Center memorials and were whisked to the top of the Freedom Tower for an incredible 360 degree night view of NYS. Here is list of the other places we visited: Fifth Ave, St Patrick's Cathedral, Saks Fifth Ave, Chelsea Markets, Brooklyn Bridge, Thai Restaurant, a performance of STOMP, Dave & Busters and Times Square. This was a very busy and wonderful trip. Our students met and made friends with many other exchange students.



Our students from left to right: Pit (Bolivia-Ballston Spa), Stef (Czech - Niskayuna), Florian (Germany - Cobleskill), Morris (Taiwan -Chestertown), Sofi (Mexico - Middleburgh), Coco (Taiwan - Shen), Amelie (Belgium -Colonie/Guilderland), Ena (Bosnia - Glens Falls) -Front row: Clarissa (Denmark - Wilton), Marielle (Netherlands - Delmar)

Tom Rogers / Salem Rotary Club President Rotary District 7190 In-Bound Co-Chair

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From the Ballston Spa Rotary

Thanks to all of you that supported our Christmas tree sales at Curtis Lumber again this year. It was a complete sellout and one of our best fundraising events ever. All our profits go directly back into our community to help those that need it and into projects that help make our community a better place to live.

Looking forward to making 2017 an even better year for Ballston Spa...

~ Ray Otten

Mystery Dinner Theater

at The Hibernian Hall 1746 State St, Schenectady NY February 18th, 2017 at 6:00

Sponsored by The Schenectady East Rotary

Tickets

\$40 per person \$75 for couple

(Price includes dinner & snow)

Info & Reservations
Call 518-368-8520
Mackeys 976 gmail. as

Menu

- Garden Salad
 with balsamic vinaigrette
- Sliced Sirloin
 - with mushroom Cabernet semi glace
- Parmesan & Truffle Roasted Baby Potatoes
- **Sauteed green beans**

THE ACME MYSTERY CO. LAUGHTER IN THE FIRST DEGREE



A Wee Bit O' Murder

An Interactive Comedy

Holy St. Patrick on a stick! Someone has stolen the pot of gold and now you and all the other leprechauns of Clover Union Local Number 7 have your little tails in a spin. The president of your local, Jimmy Jack Daniels O'Toole, is demanding that you get your wee bottoms over to the pub as fast as your little feet can go. If the International Fellowship of Little Knickers finds out about this, you'll all be turned into garden gnomes!

Rotary Program Instills Confidence in Students

By Krystle S. Morey

Seniors at Granville High School will, in less than eight months, enter the workforce or continue on to higher education.

Thanks to a series of mock interviews, they are more confident and capable to ace their entrance interviews.

Each member of the Class of 2017, nearly 100, sat down for a one-on-one, 24-minute interview with a Rotarian last week.

The goal: to assess students' interview strengths and weaknesses and to help them take steps to improve future interview performances.

Interviewers asked the students about their computer skills, past working experience, leadership positions and more, all while observing their ability to keep eye contact, how they were dressed and how they conducted themselves as far as body language.

Rotarian Steve Williams said he's usually impressed by the students each year.

"...but it's a mix," he added.

The interviews were conducted at individual tables in the library Nov. 8-9. Many of the students are apprehensive going into the interviews, even though they were not actually competing for a job and they were not being graded, other than participation.

"Some are quite nervous in the beginning of the process," Williams said.

Senior Colt Ballard said it best: "After a while, it was better."

Ballard, who was interviewed by Rotarian Peter O'Brien, said the hardest questions he was posed were about his education. He said it was difficult to answer, for example, what percentage he had of getting a job after college.

The interview "got easier," Ballard said, when O'Brien asked him about mechanics – the subject he wants to study in college.

"I want to go to Lincoln Tech for diesel mechanics and after, get a job somewhere, maybe for the state," he said

Ballard works at Emma's Lakeside Market and E-Z Marine, Inc., in Wells, Vermont. He works on boat

Continued on next page...

motors and other marine maintenance. Though he didn't have a formal interview to get his position there, Ballard said the mock interviews helped him feel more confident for the next interview he'll face.

"It gave me an eye-opener for what an interview is going to be like," he said.

Ballard's English teacher, Marc Lambert, said his classes are focused on college- and career-readiness, so the mock interviews fit very well into the curriculum.

"Whether students are going to further their education and maybe have an admissions interview or they are going to go directly into the workplace and have an interview there, it's very important to work on communication skills and to be able to be comfortable speaking to someone you may not be familiar with," he said.

The mock interviews, Lambert said, present students with a "low-stakes" situation, where they are able to get constructive feedback and be able to implement it in real interviewing scenarios.

Students spent time in the classroom, leading up to the mock interviews, talking about dos and don'ts of interviewing — making eye contact and body language — commonly asked questions, and conducting peer interviews.

Some of the students had participated in interviews for part-time jobs before the mock interviews.

"In many cases they have been hired, rather informally, or perhaps they have a family member who is in a position to be able to hire them," Lambert said. "This is kind of the next step."

Each student, with their interviewer, assessed their performance, rating different skills including confidence, ability to answer questions and how well they were dressed.

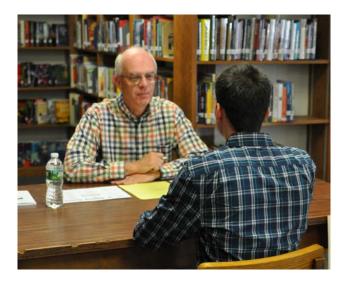
"The idea is that hopefully they buy into this assessment and they walk out with the skills they need," Williams said.

"Interviewing is a skill that transcends in academic settings and workplace settings. We really appreciate the Rotary's willingness to partner with us. It's been a very worthwhile endeavor for us and the Rotarians," Lambert added.

This is the fifth year the school has collaborated with the Rotary Club to host the mock interviews. Rotary is an international service organization of

business leaders and professional men and women who, as volunteers, address the needs of their local communities and the international community at large. Some of the Granville Rotary Club community projects include: Coats for the Children, support for the Boy Scouts, Little League, and school activities including scholarships and recognition of students of the month.





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Happy New Year 2017!!!



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HELP ROTARY WIN THE FIGHT AGAINST POLIO

Here are the top 5 reason to **END POLIO NOW!**

- The human cost: If we choose to control polio rather than eradicate it, polio could rebound to 10 million cases in the next 40 years.
- Its achievable: We have the tools to end polio and the means to reach all children. The new bivalent vaccine successfully target the two remaining strains of polio in one dose.
- It's a good investment: An independent study published in the medical journal estimates that the \$9 billion global investment in a polio-free world will net an economic benefit of \$40 to \$50 billion over the next 20 years.
- 4. It strengthens the system: Our polio eradication efforts have established an active disease surveillance network in all countries that is being used for other health interventions such as measles vaccinations, deworming tablets, and mosquito bed nets.
- It sets the stage: The ability to reach all children with the polio vaccine is proof of concept that we can succeed on our next major global health initiative.



All the Money
Raised goes to
Eradicate Polio!

Each \$1.00 is matched by \$2.00 from the Gates Foundation

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IT Assistance Group Now on District 7190 Web Site

I am pleased to announce that the District 7190 IT Assistance Group has added a portion of to the District 7190 Website for you! Just go to the District 7190 Website - http://www.rotary7190.org/ and click on CLUB TOOLS / IT ASSISTANCE GROUP.





HOME ABOUT US * STORIES * YOUTH PROGRAMS * ROTARY FOUNDATION ~ DONATE CLUB TOOLS * FORMS TOP NEWS DISTRICT INFO CALENDAR Organization Chart Rotary International Convention Seoul IT ASSISTANCE GROUP Organization Chart (Photos) Posted by John Mucha

You will see information about the IT Assistance Group including objective of the Group, the scope of their activities and the services they provide. When you need assistance, contact information is included for area and club level IT Assistance Coordinators. They are there to help you!

IT Assistance Group

WELCOME

Subpages

- » My Rotary Tutorials
- » Club Runner Tutorials
- » Welcome

Links

Files

» IT Assistance Coordinators Meeting Minutes Objective: The objective of the Rotary Information Technology Assistance Group is to assist Rotary clubs in District 7190 in the use of Rotary information and technology resources.

Scope: Assistance will be provided to club officers (presidents, secretaries, and treasurers), board members and committee chairs in utilizing software provided by RI and District 7190. Software provided by RI includes: My Rotary: Club Invoice, Membership Data, Club Data, and Rotary Club Central. Software by District 7190 is Club Runner. This is an on-going service provided to Rotarians in District 7190 each year beginning in 2015-16.

Services:

Click on My Rotary Tutorials to watch a video to learn how to create a My Rotary Account. Club Secretaries - Click on ClubRunner Tutorials and watch videos to learn how to add, edit and delete member contact information; and edit club executive information.

Soon we will be adding additional information about My Rotary, Rotary Club Central and Club Runner. If you have any suggestions, including information that we should add, contact Bob Van Alstine at 885-1024 or at rows.nc.com

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Rotary International District 7190

18 Mohawk Trail Queensbury, NY 12804

Happy New Year 2017!!!



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