

# The Toolb



**November 2017**

**Barb Wyllie ~ Editor**

Distribution 1,113

**Please send submissions to Barb at: [THETOOLBOX7190@GMAIL.COM](mailto:THETOOLBOX7190@GMAIL.COM) Deadline: 20<sup>th</sup> of the month**

## **From the Governor's Desk**

### **November is Rotary Foundation Month**

Each year the world of Rotary can be tracked monthly by various themes. Each month is different, and November is Rotary Foundation month. And so, we hold our annual Foundation Dinner event in November, and this year the People of Action Foundation Dinner will be on November 16<sup>th</sup>. All are invited to attend!

I recently was able to hear Sushil Gupta speak about the Rotary Foundation. Sushil is a Rotary Foundation Trustee, and he spoke at some length about the future of the Foundation. He noted that an endowment of \$1 billion has been achieved, so that the foundation will be forever stable going into the future. He spoke about the incredible generosity of Rotarians, including an amazing \$16 million dollars that was donated last year by the Districts (including ours) in Zones 28 and 29.

But Sushil spent the most time talking about what *can* happen after Polio is eradicated. Rotarians have been in the Polio fight for more than 30 years, and we all need to be reminded that even when Polio is eradicated (after 3 years of no new cases) we will still need to engage comprehensive vaccination for another decade. Even so, the dialogue at the highest levels of RI is turning to how we can define and make plans for the next major Rotary and Rotary Foundation goal.

He referenced the 6 Areas of Focus, but his emphasis was on the goals. World peace. The end of disease. Clean water for everyone. Safety

and health for every mother and child. Education. Prosperity.

Three decades ago the leaders of RI thought it would take only a few years to eradicate Polio, with this incredible new vaccine and the energy of Rotarians around the world. I doubt that anyone thinks that world peace or clean water for all can happen in just a few years. But it drives home the point:

There is no other organization in the world which can even lay claim to the privilege of dreaming that such things might be possible. None other than Rotary, which is about to do the near impossible – to eliminate a disease from the face of the earth forever.

And it is your support of the Rotary Foundation, through the annual fund-raising dinner, through your commitment to Polio, your contribution to annual giving, and your support of Rotary overall, which makes these dreams even possible to consider.

I encourage you to attend the People of Action Foundation Dinner on November 16. I urge you to make room in your charitable giving for a donation to the Rotary Foundation this year. I ask you to step up your current commitment to Rotary by increasing your annual gift.

Without you there would be no Foundation. Without the Foundation there could be no such dreams. Make a generous gift to make a generous difference.

Thank you for all you do for Rotary and the Rotary Foundation.

DG Fred

## DISTRICT EVENTS AT A GLANCE

- **November 12: Youth Peace Summit** pp2,3
- **November 16: Foundation Dinner** pp2,5,9
- **December 9: Adirondack Thunder Hockey vs Admirals** Glens Falls 50/50 and Chuck a Puck to benefit End Polio Now Campaign
- **January 1: Polio Plunge** pp 10, 12, 13
- **June 23-27: RI Convention/Toronto** p 11

## CLUB EVENTS AT A GLANCE

- **November 4: Pancake Festival** Sponsored by Scotia Rotary p 2
- **December 6: Holiday Auction** Sponsored by Albany Rotary pp 2,4

## DISTRICT POSITION AVAILABLE **ASSISTANT TREASURER**

Salary non-negotiable (*because there isn't any.*)

Time spent is very rewarding! The District and clubs appreciate your service.

Work with the current treasurer, and eventually take over position.

Anyone interested please contact DG Fred Daniels or District Treasurer Rich Griesche.

Thank you!

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Scotia Rotary sponsors its annual

**Pancake Festival**  
**Saturday, November 4<sup>th</sup>**  
**7am-1pm**  
**\$10/Adults \$5/Children**  
**(Kids 5 and under free)**  
**Glenville Senior Center**  
 32 Worden Rd, Glenville, NY

**Tickets available at the door or from Scotia Rotary members**

For further information, contact  
 scotiarotaryclub@gmail.com

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District 7190 is sponsoring its annual  
**Peace Summit for Youth**  
**Saturday, November 12<sup>th</sup>**  
**Mechanicville**  
 Details on page 3.

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**Foundation Dinner**  
**Thursday, November 16<sup>th</sup>**  
**\$100/pp**  
**6pm Cocktails**  
**7pm Dinner**  
**90 State Street**  
 Albany, NY  
 Details on pages 5 & 9.

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The Rotary Club of Albany is sponsoring its annual

**Holiday Auction**  
**Wednesday, December 6<sup>th</sup>**  
**12 noon – 2pm**  
**American Legion Post**

4 Everett Road, Albany, New York  
 Auction proceeds to benefit Gift of Life (GOL).  
 ALL District Rotarians are invited to join this event to raise funds to provide lifesaving procedures to otherwise terminally ill children due to lack of access to such medical services.  
 Thank you in advance for your attendance!!!!

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## Current GoL Child, Chingunne



Healthy, happy and active following recent heart surgery at Albany Medical Center.  
 Thank you, Gift of Life 7190!

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On November 12, 2017, District 7190 Rotarians will host a **Peace Summit for Youth** in Mechanicville.

For more than 110 years, Rotary members have been addressing challenges around the world and acting as ambassadors for peace. In today's global climate, our youth are anxious. Anxious about international relations, terrorism, America's position in the world, their personal future, and how they fit in. The Peace Summit for Youth will provide a forum to express their concerns and work collaboratively to consider pathways to peace – peace in their schools, on their streets, and in the world.

The District 7190 Peace Summit for Youth, organized using the World Café Model, will encourage our youth to explore deeper thought and awareness regarding the issues affecting peace worldwide. The objective is to create an environment where the youth generate all the content and develop the relevant outcomes for the day. Our keynote speaker will be Anne Kjaer Riechert, a Rotary Peace Scholar. Riechert is owner and managing director of an IT training school for Syrian refugees in Berlin, West Germany.

The Summit is open to high school students throughout the greater Capital Region, including our nine Interact clubs, Youth Exchange, and Rotary Youth Leadership. The intent is to reach into every high school where there is a Rotary club in the community. This not only provides students the ability to participate through Rotary sponsorship but also affords a learning opportunity about Rotary.

Funds are being raised and volunteers are being recruited. If you are interested in knowing more, please contact DG Fred at [dghfred2017@gmail.com](mailto:dghfred2017@gmail.com).

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## Ballston Spa Rotary

What a great turnout at the Car Show Rain Date as well as the Curtis Lumber Community Day. We had lots of fun serving our tasty delights to the folks there and made a good amount of money to be used on many of our projects.

One of those projects involved our Club President Steve Williams presenting a check for the Haiti Water Project in partnership with the Schenectady Rotary Club. Pictured are Steve with Rotarian Brian Merriam and Schenectady Club President Deneen Palmateer. We also had a visit from a group of French Exchange Students. They had lunch with our group and presented residents of the Saratoga Center for Nursing Jack- O -Lanterns they had carved. They learned a bit about our town and we learned a lot about them. A Great Day.

Ray Otten



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## Keeping the Arterial Clean

If you were driving on the Arterial this Tuesday and saw people on the side of the road picking up garbage – It was our local Glove Cities Rotary Club! Twice a year the club braves the traffic and the weather to keep our section of the arterial clean and garbage free!

After all that fresh air, Rotarians are treated to lunch by the Johnstown Pizza Hut which always ensures a good turnout of Rotarians!

The Glove Cities Rotary took the District Governor Fred Daniels' message seriously and invited perspective members to join us in this community service event! This IS a great way to meet new people in the community and have a bit of fun while doing community service! We will invite more potential members in the Spring!

We also did our first Facebook Live Video – which you view at our Facebook Page (@glovecitiesrotary)

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## 2017 Albany Rotary Club Holiday Auction

**Wednesday, December 6 at Noon**

The annual Rotary Club of Albany Holiday Auction will take place on Wednesday, December 6, 2017 noon – 2 pm at the American Legion Hall, Everett Road, Albany. All proceeds from the holiday auction will benefit Rotary's Gift of Life program, which provides life-saving heart surgery for children around the world with congenital heart disease.

The event features a live auction, silent auction and raffle all donated by Rotary members and community supporters of the Gift of Life program. It's a fun afternoon of good food, Rotary fellowship and an opportunity to support one of Rotary's finest philanthropic endeavors. And, it's a great chance to find some unique holiday gifts including hand-made items, theatre and music tickets, gift baskets, and much more.

We would love to have you join us. The cost to attend the luncheon is \$25 per person and lunch reservations are required. Please contact me at [terry.tyson49@gmail.com](mailto:terry.tyson49@gmail.com) or 783-5348 to reserve your spot.

Yours in Rotary,

Terry Tyson, Holiday Auction Chair

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## Rotary Foundation: A Tax-Saving Way to Help the Rotary Foundation

### See Your Generosity in Action

If you are 70½ years old or older, you can take advantage of a simple way to benefit The Rotary Foundation and receive tax benefits in return. You can give up to \$100,000 from your IRA directly to a qualified charity such as ours without having to pay income taxes on the money.

This law no longer has an expiration date so you are free to make annual gifts to our organization this year and well into the future.

### Why Consider This Gift?

- Your gift will be put to use today, allowing you to see the difference your donation is making.
- You pay no income taxes on the gift. The transfer generates neither taxable income nor a tax deduction, so you benefit even if you do not itemize your deductions.
- If you have not yet taken your required minimum distribution for the year, your IRA charitable rollover gift can satisfy all or part of that requirement.

To learn more about making a planned gift to the Foundation, contact your District Rotary Foundation Sub-chair at [KateToombs@gmail.com](mailto:KateToombs@gmail.com) or (518) 688-2846.

Sue Austin, Chair


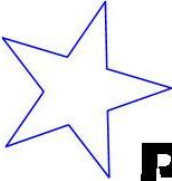


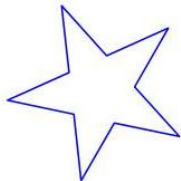
Kate Toombs, Sub-chair

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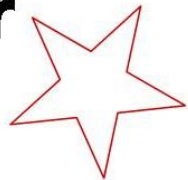
**ROTARY:  
MAKING A  
DIFFERENCE**



# The Rotary Foundation

## People of Action Foundation Dinner District 7190



**Thursday, November 16, from 6pm to 9pm**  
**90 State Street, Albany ~ Valet Parking is free**


On November 16th Rotarians from around the region will celebrate the People of Action in District 7190! Throughout our district each day hundreds of Rotarians are taking action to make a difference in our communities and this world. Whether backpacks are being stuffed, or roads are cleaned of trash, DARE projects are being reinvigorated, or simple acts of kindness are being offered, your friends in your clubs are all People of Action.

And so, we will come together on the 16th to celebrate *what we do*, to be inspired by *what we can do*, and to applaud those *who have taken already taken action*.


Tickets are \$100 each, and you can purchase your tickets online at the District website ([www.rotary7190.org](http://www.rotary7190.org)). In addition to fabulous food in a fantastic setting, you'll have a chance to bid on dozens of silent auction items and enjoy entertainment while you dine.


Plus you'll hear the incredible story of Anne Kjaer Riechert, a Rotary Peace Scholar who will join us from Western Germany, as she tells about the waves of Syrian refugees which swept across Europe a few years back. Truly a Person of Action, Anne's story will inspire you to engage your passion for Rotary and make a difference in this world.

We will also honor several People of Action with special stories of their own - from the Albany community and from our own District 7190. Plus Foundation awards and recognitions for those people who give to the Rotary Foundation



Silent Auction items!





Win a week in Kiissimmee, FL - 2BR with RT air!

## Is Polio Relevant?

I was on my own at the district meeting this Spring when I ran into a Rotarian from a neighboring club, and we got into a spirited discussion about the Millennials and asked the question "Is Polio Relevant?" I thought about it, and really besides the fact that my Uncle Marc had it and I had to get a shot, it was kind of an historical myth.

We had the distinct pleasure of listening to Dr. Martha Lepow, M.D., a professor of Pediatrics, Albany Medical College & former Chief of Division of Infectious Diseases speak about polio and her role in developing the polio vaccine. The Southern Rensselaer County Rotary had put together a video "Club Making Polio History – A Pioneer's Story" (<https://youtu.be/-8902ksDXM4>), which took polio from an abstract concept and made it a real disease with real children who were suffering through



powerful imagery. And I really think I saw a photo of my Uncle in the hospital.

So, I decided to ask my mom...

I am going to turn the narrative over to my mother (Rotary Club of College Station, TX) who was really just a baby while my Uncle Mark was going through his battle with the disease.



"My brother, Mark, contracted polio before I was a year old and he had just turned four. It took my Mother four hours by bus to visit Mark at Sunnyview Hospital in

Schenectady, New York while neighbors watched me. He was there for about eleven months with part of the time spent in an iron lung to help him breathe

When Mark came home he had heavy encumbering braces on both legs. He received daily physical therapy to strengthen the paralyzed muscles and those muscles which had atrophied to aid him in relearning how to walk again. My Mother had to learn how to perform the daily therapy and diligently spent the entire morning every day performing the necessary physical therapy.

Daily Mom would hoist Mark up onto the dining room table and perform the therapy. The dividend was that Mark was ultimately able to walk with the aid of a heavy brace on his left leg and special shoes of different sizes. He walked with a very pronounced limp, because of the effects of the paralysis on his left leg. His right leg became very strong due to compensating for the loss of muscle strength on the left side.

Whenever Mark needed new shoes we had to visit the orthopedic Doctor and get the new specifications for a new brace. Then we went off to Grinders Shoes in Columbus, Ohio where Mark would be fitted with the two different size shoes and the brace would then be installed on the shoe according to the prescription. That would take hours. Then we would return for the fitting of the shoes and the brace and again. It took a great deal of time to get it just right.

The brace on Mark's left leg made Mark different from the other kids and the bus ride to school became a nightmare. Bullies had fun kicking Mark's brace and he would fall and have a very difficult time standing up. In all fairness, the bullies had no way of knowing all that Mark had endured to get to the point he was at, the hard work, the pain, the tears, the discouragement, but I knew.



At the age of five I was finally able to ride the bus and go to school with Mark. When I saw what was happening something inside me blew and I kicked the bullies in the shins just like they did to Mark. I was protecting my brother who was unable to defend himself. I got in trouble with the school authorities. Mom was called to school and she had to calm me down. I

was still angry at the bullies for kicking Mark's legs out from under him. At the age of five after seeing how much harder Mark had to work to walk again I could not understand the (Continued on next page.)

lack of feeling and meanness of those bullies! Ultimately, I was not in trouble and the bullies never messed with me or my brother ever again.

During Mark's teen years he understandably did not want to wear the brace and did not, but upon high school graduation he needed surgery to help his left foot straighten out. It had atrophied. He had extensive orthopedic surgery and got the final cast off right before college.

One of his dreams was always to take ROTC in College. Unfortunately, he had not had physical therapy and was not able to participate in the program. This emotionally crushed him and seemed to have magnified all the issues with having a disability.

One of his dreams was always to take ROTC in College. Unfortunately, he had not had physical therapy and was not able to participate in the program. This emotionally crushed him and seemed to have magnified all the issues with having a disability. He did work productively for many years and then later in his life he was stricken with what was referred to as "post-polio syndrome." It was like the polio virus had returned. And after hearing Dr. Lepow's talk it apparently had returned. He needed to be revaccinated for the polio virus!



This point had never been stressed. Mark spent nearly the last year of his life on a ventilator in one of the two hospitals in Florida with the Mark contracted MRSA from the hospital. It went to his heart and that was the end of his life.

Polio is a terrible, debilitating disease that causes paralysis and life- long symptoms. All of this can now be prevented by the polios that have been developed. I have been a Rotarian for over 28 years and have always been a spokesperson for stamping out polio. **Let's get this job done so children do not have to live with the after effects of paralysis for their entire lives! Help Rotary stamp out polio forever."**

So, in answer to my own question "Is Polio Relevant?" ... Well it most certainly was to my family. I am proud to be part of the organization that created a world where polio is NOT so relevant to others. I cannot wait to see what we do next!!!

By Betsy Emery / Glove Cities Rotary ~ ~ ~

## Help Rotary Win the Fight Against Polio

### Here are the top 5 reasons to **END POLIO NOW!**

1. **The human cost:** If we choose to control polio rather than eradicate it, polio could rebound to 10 million cases in the next 40 years.
2. **Its achievable:** We have the tools to end polio and the means to reach all children. The new bivalent vaccine successfully target the two remaining strains of polio in one dose.
3. **It's a good investment:** An independent study published in the medical journal estimates that the \$9 billion global investment in a polio-free world will net an economic benefit of \$40 to \$50 billion over the next 20 years.
4. **It strengthens the system:** Our polio eradication efforts have established an active disease surveillance network in all countries that is being used for other health interventions such as measles vaccinations, deworming tablets, and mosquito bed nets.
5. **It sets the stage:** The ability to reach all children with the polio vaccine is proof of concept that we can succeed on our next major global health initiative.

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## Why History Matters

"This will make history."

*RI President Walter Head December, 1939*

On December 8, 1939 three Rotary clubs were tied together by a relatively new invention referred to as "the sister of radio." That evening, Rotarians from Schenectady, Albany and Troy, New York gathered at their respective meeting places, to sit before a small 9 inch TV screen encased in an ornate wooden cabinet. The audience of several hundred members smoked their cigars and finished their meals waiting for the enchanting hour of 7 p.m. when the General Electric Company planned the first public test of a new transmitter for station W2XB which later became WRGB, named for its founder Walter Ransom Gail Baker. Although the station had been experimenting with TV broadcasting since 1928, in 1939 it was one of a handful of stations approved for commercial operations.

Sitting in a small hot studio at GE's headquarters in Schenectady were several nervous Rotarians including Paul Harris, Rotary's founder, Ches Perry, the RI general secretary and Walter Head, the RI president. They were going to be the first Rotarians to use the new medium in an attempt to spread their message to the waiting crowd. If successful, the screening would unite the three distant cities into one continuous network. It was also a great opportunity to demonstrate the capabilities of television before a group of business and community leaders that the Rotary clubs represented. Salesmen were posted at each site to explain the mystery of the latest electronic marvel and perhaps sell a couple of sets.

For roughly one hour, the Rotarians were amused by feats of magic, music and the, "hope that together Rotary and radio and television may help to develop this world neighborhood into a world brotherhood."

Today, the sister of radio has become a worldwide communications and entertainment powerhouse touching almost every individual on earth. There aren't many areas of interest, political views, or personal preferences not covered by a TV station, channel or program somewhere. And these different tastes include Rotary.

Rotary's involvement with television did not end in 1939. Although it took many decades before the full potential of the small screen was understood and utilized by Rotary. Today a large number of clubs use the media to promote our motto of "Service Above Self."

Both in the United States and around the world programs about Rotary and the good works the clubs do

are aired. Mostly on public access channels everything from fishing derbies to fund raising auctions are presented to local communities, introducing them to our organization. One Rotary club in Canada has run a bingo game on local television generating several thousands of dollars in revenue that are given back in the form of service. There are quite literally hundreds and hundreds of subjects that can and are being addressed through the use of television.

But the experiment doesn't end here. Televisions step-child, the Internet, through Facebook, YouTube, and a host of other "social media" systems have opened up new horizons in getting the ideas of Rotary to new people. Rotary International has a site on YouTube that offers hundreds of videos suitable for use on local TV.

Perhaps one of the best applications of the information highway is a site developed by Rotary District 5240 called We Are Rotary (Wearerotary.tv). Under the auspices of Past District Governor Wade Nomura there are several professionally produced programs dealing with a diverse range of Rotary topics. What I find amazing is they are using this format to save different club histories.

Recently (June 2017) they devoted 30 minutes interviewing Sylvia Whitlock, the first woman Rotary Club president of the Duarte, California club. She described some of the 11 year struggle of the Duarte Club's efforts to allow women into Rotary that resulted in the historic U.S. Supreme Court's decision in 1987. It was a unique way to save the actual thoughts and words of a person who was instrumental in that action. I highly recommend visiting the site to see for yourself how the power of the internet can be harnessed. The sad news is only 37 visits were registered at the site before me.

In 1905, when Rotary was formed there was no radio. By 1939, Paul Harris and a few other visionaries understood that in order to foster Rotary's ideals they needed to grasp the means of communication. Television was a novelty in 1939, just as the internet (*Continued on next page.*)

was 20 or 30 years ago. This all has changed. With so many conflicting concepts available we need to fight for our beliefs of fellowship and service in a world that often has forgotten what those words mean. We need to go forward into the future, while remembering the past.

Fred Carvin VP- RGHF

Author, "Paul Harris and the Birth of Rotary"

If you have questions, comments or need further info, please contact Fred Carvin at Qbyfred@verizon.net. ~ ~



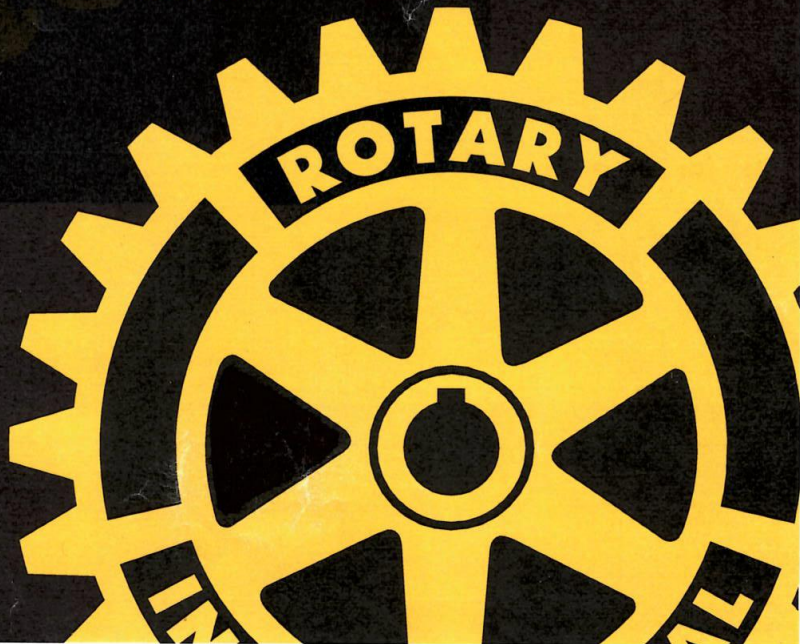
# PEOPLE OF ACTION

Celebrate the  
**2017 Rotary Foundation Dinner**

**November 16, 2017**

**at**

**90 State Street  
Albany, NY**



**Free Valet Parking Only**  
(tip encouraged)

Cocktails 6:00 \*\*\* Dinner 7:00 pm  
Cocktail Dress Admired

**Menu**  
Sliced Bistro Sirloin of Beef

**Rotary Foundation Donations**  
Contact PDG Sue Austin, Foundation Chair [bankr736@nycap.rr.com](mailto:bankr736@nycap.rr.com)

**Dinner Reservations**  
Club Runner

**Live Auction**  
Rivers Casino Package and  
Saratoga National Golf Package

**Silent Auction**  
Contact Sue Owens  
[Sowens26@gmail.com](mailto:Sowens26@gmail.com)

**Raffle**  
**WESTGATE TOWN CENTER and AIRFARE for TWO**  
2 Bedroom, Kitchen and Livingroom Villa, Kissimmee, Florida (Orlando Airport)  
**1 ticket \$20    3 tickets \$50    10 for \$100    All proceeds to The Rotary Foundation**

Guest Speaker, Anne Kjaer Riechert

Electric City Chorus Barbershop Quartet

**We NEED you.**  
**Can you HELP?**



The Polio Committee is looking for team members who are passionate about ways to assist our clubs and the district with our Polio efforts.

#### Events

- Polar Plunge
- Bowling for Polio
- Night at Thunder

#### Fundraising assistance for Rotary clubs

- Hannaford Clynk Program
- Quarter holders

If you are interested in joining this team-please contact either-

Doug Ford at [ford@curtislumber.com](mailto:ford@curtislumber.com) & 518-490-1434

Sandy McAlonie at [smrotary1213@gmail.com](mailto:smrotary1213@gmail.com) & 518-339-9904

# REGISTER EARLY AND SAVE!

Our convenient online system makes registering easy for all Rotary members, Rotaractors, and Rotary club and district employees.

**Register today at [riconvention.org](http://riconvention.org).**

## Deadlines

Deadline	Fee (US\$)	
	Rotarians	Rotaractors
15 December 2017	\$345	\$70
31 March 2018	\$420	\$100
After 31 March 2018 until the convention closes	\$495	\$130

Cancellation deadline: 30 April 2018

**New this year!** Receive \$10 off your full adult registration fee if you register online by 31 March 2018.







**Support the Insanity | Join the fun**

**District 7190 Family Polio Plunge**

**January 1<sup>st</sup>, 2018**

Shepard's Park Lake George NY

Pre-register with Sandy McAlonie (518-339-9907)

or email [smrotary1213@gmail.com](mailto:smrotary1213@gmail.com)

Breakfast at 10:00 am at Lake George Bowl, then Lake George  
Rotarians will take us to the beach for the plunge at 12:30 pm

Doug Ford, District 7190 Polio Co-Chair

Sandy McAlonie, District 7190 Polio Co-Chair

## POLIO PLUNGE | January 1, 2018



Name	Club/Address	Phone Number	Pledge Amount

Sandy McAlonie, PO Box 523 Clifton Park, NY 12065

[smrotary1213@gmail.com](mailto:smrotary1213@gmail.com) 518-339-9904

Checks payable to: Rotary International/Polio

1413 Clifton Park Road  
Schenectady, NY 12309

## Current Gift of Life Vocational Training Team

Recently, Gift of Life 7190 sent off their medical team from Albany Medical Center for a VTT to Romania.  
Oct. 27, 2017

