

# The Toolb



April 2020

Barb Wyllie ~ Editor

Distribution 1,113

Please send submissions to Barb at: [THETOOLBOX7190@GMAIL.COM](mailto:THETOOLBOX7190@GMAIL.COM) Deadline: 20<sup>th</sup> of the

## From the Governor's Desk

Rotary: Now More Than Ever

In just the last few weeks, we've all added new phrases to our everyday language; Flatten the Curve, Social Distancing, and High-Risk Behavior (like NOT staying at home!). Our society is in upheaval, but for now we all seem to be taking things in stride. Our attitude toward our own health drives every decision we make.

Our Rotary Clubs have stopped meeting everywhere – except online. For those clubs that have figured out how to use tools like Zoom, you have found out that it is possible to stay connected. And that's the best path to pursue to keep our clubs together. Our Rotary International Director, Jeff Cadorette, has one simple theme as we move through the next few months: Don't Let Rotary Go Dark!

This special edition of the Toolbox contains information on how clubs can respond, and adapting to our new reality. If your club was hesitant to adopt online meetings and the use of social media, you don't really have a lot of choice. Paul Harris, the Founder of Rotary, said often that Rotary must evolve to stay relevant – and I hope you embrace that!

You all received an email about our District wide session on Saturday morning. I hope you will be able to join, or find out about the meeting from others in your club.

If you are considering using Zoom for your meetings, please be aware that Rotary Global Rewards offers a 20% discount to all Rotarians. Your District Leadership, and members of some of our clubs will help you learn about how to effectively conduct meetings in this way. Already, we have had some people reconnect with their clubs who have been unable to attend meetings!

Please send along information about what your club is doing, and how you are staying connected. You can send it directly to me, [dglarry2019@gmail.com](mailto:dglarry2019@gmail.com). If

you would like information about your virtual club meetings posted on the District website, please forward that to me as well.

Together, we can keep Rotary relevant in our communities. Please reach out to other clubs in your area and consider joint meetings and projects that will help your communities!

Yours in Rotary Service,  
Governor Larry

## DISTRICT EVENTS AT A GLANCE

- **April 4: District Training Assembly:**  
(10 am Saturday via Zoom)
- **April 8-16: Passover**
- **April 12: Easter**
- **May 16: District Conference**  
(On hold/watch for updates)
- **June 6-10: Rotary International Convention**  
Hawaii - Cancelled
- **June 20: District Change**  
(Over Watch for details.)
- **September 21: Gift of Life Golf Tournament**

## CLUB EVENTS AT A GLANCE

- **NOW: Toy Drive** Capital Region Rotary p 3
- **June 6: Annual Winery Tour** by Glenville Rotary p 4

## Member Called to a Higher Service:

District 7190 bids a heartfelt farewell with prayers and very fond memories.

**Shenendehowa Rotary Club**

**David Tomney**

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## A Note from Our Rotary International President

Dear Rotarians,

In every corner of the world, it seems that not a single person or community is unaffected by COVID-19. You may be wondering how to stay focused on our work eradicating polio when we are dealing with a pandemic caused by a virus for which there is not yet a vaccine — a situation similar to what the world faced with the poliovirus not so long ago.

The COVID-19 pandemic response requires worldwide solidarity and an urgent global effort. The Global Polio Eradication Initiative (GPEI), with thousands of polio workers and an extensive laboratory and surveillance network, has a moral imperative to ensure that these resources are used to support countries in their preparedness and response.

We can be proud that in the ever-connected world of global health, the polio infrastructure that Rotarians have helped build is already being used to address — and stop the spread of — the new coronavirus, in addition to serving countless other health needs. In Nigeria, Pakistan, and Afghanistan, where polio personnel and assets have a significant presence, workers from all GPEI partners are engaged in surveillance, health worker training, contact tracing, and more. In 13 countries, polio volunteers have been deployed to address COVID-19 preparations and response.

We recognize that the COVID-19 emergency means that some aspects of the polio eradication program will be affected. While addressing the new challenges of today, the most important thing that Rotary members can do to continue the fight to end polio is to sustain our commitment. We are aiming to reach our fundraising goal of \$50 million this year so we can work to safely reach all children with the polio vaccine. In the midst of a global pandemic, we understand that attention to polio eradication will be diverted, and this makes it all the more vital for Rotarians to remain strongly committed to fighting polio and not let our progress be eroded.

*It is imperative that we remain committed to our work eradicating polio. [Learn more](#) about how our work fighting polio is supporting the COVID-19*

*response and consider [making a contribution](#) to PolioPlus.*

Kindest regards,

Mark Daniel Maloney

2019-2020 President, Rotary International

Gary C.K. Huang

2019-2020 Chair, The Rotary Foundation

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## A Note from Your Editor

Greetings All,

About 13 years ago as I took on the challenge of editing this newsletter, I never imagined the challenge would include the likes of the world events that we are being presented with today...yet here we are. Without a doubt we will emerge victorious against this current enemy. We always have and we always will. It's who we are as a country and it's who we are as Rotarians! Will we go back to who we were? Not a chance! We will be stronger, more resilient, more determined and better suited to succeed in whatever lies ahead! This is not the first enemy to try to take away what we've worked so hard to achieve and probably not the last, but as with past enemies, this too will be defeated. So, as our Clubs face new challenges to continue the good we do in our communities and in the world, to continue to spread the love and concern we have for others, and to find new members while retaining the old...how we proceed now may be exactly what this organization needs to find renewed life in the face of a world-gripping and deadly enemy. Now, more than ever, Rotary can be a changing force in this questionable time! To start, follow the edicts that come our way: stay apart, sanitize...you know the drill. Next, find a safe way to connect with your Club to determine your next courses of action. Our clubs are full of creative leaders that will rise to the challenge. We always do.

So, it's with an encouraging heart that I present to you the April 2020 Toolbox. An edition filled with resolve, encouragement and a touch of humor. Let me know what you think.

With much love!

Barb Wyllie, Editor

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## Attention All Clubs:

Every month, kindly submit the names of your new members, and the names of your members who have passed on to higher service, to [thetoolbox7190@gmail.com](mailto:thetoolbox7190@gmail.com).

Thank You

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## Looking for NEW ROTARIANS

We are starting a new club in Troy, so if you know someone working or living in the Troy area who would make a good Rotarian please send contact info to Bruce McConnelee @ [Barrelbackbuilder@gmail.com](mailto:Barrelbackbuilder@gmail.com).

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The first  
**Vietnam Veterans Recognition Day**  
is being postponed until the  
**Veterans Day Breakfast**  
**on November 7**

Vietnam Veterans Day is a National Observance for all Veterans who served in the military during the Vietnam War.

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## CRITICAL ADVISORY

8pm is now the official time to remove your day pajamas and to put your night pajamas on

@womenafter50.com

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Capital Region Rotary presents its annual

## Bins of Fun Toy Drive

They need your help! They are collecting new toys, gift cards, movies and entertainment for ages newborn -18.

All toys donated will be delivered to the Bernard and Millie Duker Children's Hospital at Albany Medical Center.

All donations can be mailed to CRRC c/o John Mariani 848 Warner Road Schenectady, NY 12309

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***Before you can see the light,  
you must deal with the darkness.***

~ Anonymous

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## Save the Date!!!

Glenville Rotary  
presents its  
**11<sup>th</sup> Annual  
Winery Tour**  
**Saturday, June  
6<sup>th</sup>**  
**(Revised Date!)**  
Details to follow!



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## Avoiding Risky Behavior

(...by using face masks, etc.)

## How to use Zoom to stay Connected

In today's current environment, it is very we stay connected to each other and our Rotary Clubs. Staying connected to your Rotary Club can help lift your spirits if you are feeling isolated. You can also plan stay at home Rotary projects like:

- Writing note cards for nursing home patients
- Cleaning out the closets and donating old towels to the humane society
- Conduct a virtual food drive
- Create a phone call chain to check on members, neighbors and loved ones
- Sew masks
- (what's your idea?)

Several Rotary Clubs have moved on online meetings. Most of those meetings are being hosted on a platform called Zoom.

If your club is considering a zoom account, you have several account options to choose from. Zoom offers a free account that is limited but allows for meetings up to 45 minutes and 25 people. It is a great option to experiment with and see if Zoom is right for your club. Should you want to purchase an annual subscription, the Rotary Awards Program has a 20% off coupon "ZOOMROTARY" to save you some money. If your club has a foundation and is a registered 501C3, you can use the TechSoup.org website to purchase Zoom at 50% off.

**Zoom can be used from a computer or mobile device.**

Zoom can be used with or without video. If you are not inclined attend a video chat, Zoom accounts also come with a call in number so people without computers, or are not "tech savvy" can participate in meetings. Should you set up a club meeting via Zoom,

be sure to send out the call-in number to all members, so everyone can participate.

There are numerous tutorials to help you navigate zoom.

- One of the best how to videos I've seen is on YouTube. <https://youtu.be/fMUxzrgZvZQ>.
- Zoom also has a YouTube channel that covers a lot of its functionality: <https://www.youtube.com/user/ZoomMeetings>,
- A list is all "how-to's" [https://www.youtube.com/playlist?list=PLKpRxBfeD1kEM\\_I1Id3N\\_XI77fKDzSxe](https://www.youtube.com/playlist?list=PLKpRxBfeD1kEM_I1Id3N_XI77fKDzSxe)
- If you are not running a meeting, but have been invited to one, view this video <https://youtu.be/hlkCmbvAHQQ>.

If anyone wants a one on one tutorial on Zoom, please contact me anytime [Melissa@Rotary7190.org](mailto:Melissa@Rotary7190.org).  
PDG Melissa Ward

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*Continued...*



Social.....

.....Distancing

# RotaryResponse to COVID-19

Volume 1, No. 4

*News from your Regional Rotary Foundation Team*

## Our Rotary...Doing Good in the World

### *This is indeed a time when Rotary Connects the World!*

#### Grant options to respond to COVID-19

As people of action, Rotary members want to find ways to respond to COVID-19, which is now a global pandemic, and to help people affected by it. The Rotary Foundation offers several options that Rotarians can use to help care for and protect people in their own communities and others [district grant](#) around the world.

#### District grants

Districts can use [district grant](#) funds to support local activities, like purchasing thermometers, protective medical gear, or other items to donate to medical professionals who need them. Districts can also use contingency funds from an open district grant or repurpose previously planned activities as a COVID-19 response. As districts prepare to submit new district grant applications for 2020-21, we encourage you to designate funds for COVID-19 responses. As a one-time exception, the Foundation will allow expenses related to COVID-19 that were incurred since 15 March 2020 to be reimbursed through 2020-21 district grants.

#### Disaster Response Grants and Rotary's Disaster Response Fund

Rotary's [disaster response grants](#) provide a fast and effective way to respond to local events. The Rotary Foundation recently added COVID-19 projects to its list of eligible activities for these grants. Each district can apply for one grant (of up to \$25,000) to address COVID-19, depending on the availability funds. Disaster response grants are funded by the [Rotary Disaster Response Fund](#) to help districts around the world respond to disasters. The fund accepts online contributions and DDF. Districts may designate that their DDF contributions to the Disaster Response Fund be used exclusively for COVID-19 grant activities. Cash contributions will be used for general disaster response, including response to COVID-19.

#### Global Grants

[Global grants](#) remain an excellent way to make a transformative impact in a community. If medical equipment is needed in order to respond effectively to COVID-19, global grants can help pay for these items. The Foundation is waiving the 30 percent foreign financing requirement for any new global grant that addresses COVID-19. Note that these grants still require both a host and international partner.

For additional information, contact your [regional grants officer](#).



# Preparing for the 2020-21 Rotary Year – Rotary Open Opportunities

**Staying Connected** *Rotarians across the world are encouraged to stay connected during this unprecedented time. Please take advantage of online tools such as Zoom, GoToMeeting, Skype and WhatsApp. It is fun and so valuable to stay in touch. Rotary Global Rewards is currently offering a 20% discount for Zoom memberships: <https://my.rotary.org/en/member-center/rotary-global-rewards/offers?#/offers/featured>*

With many of our club, district and multi-district training events cancelled this spring, it is necessary to utilize creative and alternative methods to engage our incoming leaders to prepare for the 2020- 21 Rotary year.

Incoming Rotary International President Holger Knaack has asked us to spread the word that Rotary Opens Opportunities. “Rotary isn’t just a club for people to join, but rather “an invitation to endless opportunities,” said Knaack, who becomes president on 1 July. He emphasized that Rotary creates pathways for members to improve their lives and the lives of those they help through service projects. “We believe that our acts of service, big and small, create opportunities for people who need our help,” Knaack said. He added that Rotary creates leadership opportunities and gives members the chance to travel the world to put their service ideas into action and make lifelong connections. “Everything we do opens another opportunity for someone, somewhere,” said Knaack.

Let us all continue to inspire and assist our incoming leaders in preparing for the 2020-21 Rotary year. Your Regional Leader Team is here to assist with resources and online training. In addition, the Learning Center at <http://www.rotary.org> has online courses for all of your club and district leaders. To access these courses, sign into My Rotary, click on Learning & Reference, and then click on the Learning Center. We are happy to assist, just let us know. We are here to serve and schedule a Zoom call or a webinar.

## Your Rotary Foundation Team

Teresa Brandell - [teresa.m.brandell@gmail.com](mailto:teresa.m.brandell@gmail.com): 6290, 6310, 6360, 6380, 6400

Julie West – [jwest@ameritech.net](mailto:jwest@ameritech.net) : 6600, 6630, 6650

Lee Dyer – [ondusleedyerjr@gmail.com](mailto:ondusleedyerjr@gmail.com) : 7280, 7305, 7360

Tammy Heckenberg – [tammyheckenberg@yahoo.com](mailto:tammyheckenberg@yahoo.com) : 7120, 7150, 7170, 7190 Chris Etienne – [cetienne@bayharbor.com](mailto:cetienne@bayharbor.com)

<https://www.rotary.org/en/about-rotary/rotary-foundation>



## Helping Enable Young Women in Third World Countries

If your club would like to hold a video meeting (Zoom, Facebook live), a proposed program is **THE MOONCATCHER PROJECT**. The MoonCatcher Project provides durable, washable menstrual kits that help girls stay in school. Scotia Rotary is in the final stages of submitting a Global Grant to provide 10,000 kits to schoolgirls in Uganda. Climate scientists place the importance of educating women higher than solar panels and electric cars. Educated women tend to uplift their families and thus to uplift their entire communities in all of Rotary's Areas of Focus. The links to a 5-minute self-advancing slideshow and a 5-minute video demonstration of the MoonCatcher kit are and [https://drive.google.com/file/d/12HLSvvG7d2zESckvc0a9nZV3trs7X6J/view?usp=drive\\_web](https://drive.google.com/file/d/12HLSvvG7d2zESckvc0a9nZV3trs7X6J/view?usp=drive_web). Clubs are welcome to view these at their leisure, or to contact Helen Penna <518-858-1333; [helen\\_penna@yahoo.com](mailto:helen_penna@yahoo.com)> to schedule a time for a club-wide video meeting. Helen will arrange a speaker(s), which could include Ellie von Wellsheim, the MoonCatcher Founder or Alice Marcus, an American citizen, who would be glad to share her personal story of dealing with menstruation as a poor girl in Nigeria. Here are some photos of D7190 Rotarians helping to make MoonCatchers.

### MoonCatcher's Mantra: "We Keep Girls in School"



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## Shifting Gears

The MoonCatcher Project is shifting gears to address the shortage of face masks in our community. We are asking all of our sewers and non-sewers to join us as we construct these masks for local hospitals and health care organizations. Can you think of a better way to be at home during this global crisis?



### Let's Get to Work!

#### For Local Volunteers:

- **If you sew**, and have materials, please start working on the masks using these [instructions](#).
- We can get materials to you if you don't have them. Just send an [email](#) to make arrangements.  
If you want us to pick up completed masks and coordinate donation please email us.
- **Don't sew?** We need cutters! Fabric must be 100% cotton. Please make a [pattern](#) out of cardboard or paper -- cutting rectangles of exactly 9" X 6" for adult masks or 7.5" X 5" for children. (No guesswork please!)
- Each mask terial, please [email](#) us and we will get it to you for requires 2 matching rectangles. If you need macutting.
- Please assemble cut rectangles in groups of 50 (25 sets of 2 matching rectangles) and [email](#) us to make a plan for pick up.

#### For Volunteers who live more than 50 miles from Schenectady:

- If you sew and are interested in receiving kits to sew at least 25 masks please [email](#) us and please include your mailing address.

### QUESTIONS? Please send an [email](#)!

Thanks to so many of you, we are busy delivering all of the menstrual supplies you donated to local shelters and food pantries.

### Thank you to the many heroes out there!

"I think a hero is any person really intent on making this a better place for all people." *Maya Angelou*

MoonCatcher Project PO Box 9443 Schenectady, NY 12309

[www.mooncatcher.org](http://www.mooncatcher.org)

Email not displaying correctly? [View it in your browser](#)



## The #518 Rainbow Movement:

Some superheroes wear scrubs...



*Healthcare workers at the Eddy*



DG Larry's granddaughters Liliana and Rosemary.

...others create heartfelt artwork!



GLENS FALLS — Clarisse Courtoy dreamed about going to an American prom. She said it was one of her main reasons for deciding to leave her home in France to become a Rotary exchange student in Queensbury during this school year, other than learning English.

However, that dream almost did not happen because of the COVID-19 pandemic. Queensbury's prom was originally scheduled for April 4 and she was going to take her American boyfriend Oliver Burlett. However, the prom was postponed until May 23.

Courtoy was scheduled to return home to Nice on May 10 so she could take her college entrance exams. Her departure date was moved up with the rapidly changing world and would have to miss the prom.

"I was feeling really bad, that was awful. (At) the same time, my mom was telling me that I will maybe have to leave really soon," she said in an email on Friday back in France after returning home the previous day.

Liz Mulshine, who just a week prior took Courtoy as an exchange student after she had to change families, saw how upset she was.

"It was one of the things she was really looking forward to," Mulshine said.

Oliver's mother, Val Burlett, wanted to throw together an event.

"We'll put something on in the backyard — have food, dancing," she said.

The plans for a house party changed after the Mulshines happened to be having dinner on March 14 at Farmacy in downtown Glens Falls. The Mulshines had reached out to the owners of Farmacy, Christina and A.J. Richards and asked them if they could host a group of eight youths for dinner the following day.

The owners did them one better and offered the students their two unused upstairs rooms for dinner and dancing. They even came up with a fixed price menu. A local disc jockey provided lighting and a local baker supplied cupcakes. The Queensbury Hotel let them take prom pictures in their lobby. All they had to do was clean out the rooms and decorate the space. Mulshine, her daughter Nora, Courtoy and Burlett worked hard and by 3 p.m., the rooms were ready.

Oliver said he had a really good time. "I feel like it was perfect and I'd take that over the actual prom in Queensbury because the people there were super

nice. You had great food. There was a local DJ that brought over lights and we had a room to ourselves," he said.

Courtoy said having the prom at the restaurant worked out even better than trying to transform one of their houses into a dance room. She said it was an "American romantic story" that touched her deeply.

Courtoy said she arrived back in France to see closed restaurants and public places. "When I came home this Thursday, that was really weird. Paris airport was empty! That's not normal and it's surprising," she said.

She had wanted to travel and see the world but it was a really hard decision to leave her home. "But I'm really happy that I took it because I met a lot of awesome people, like people who decided to organize a prom in less than 24 hours," she said.

## Students Hold Their Own Prom Before French Exchange Student Leaves for Home

By Michael Goot

Reprinted from Glens Falls Post-Star



**And, some inspiration to see you through this month until we meet again in the May Toolbox...**

***With gratitude, Barb***

### Do It Anyway By Mother Teresa

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People are often unreasonable, illogical and self-centered;  
 Forgive them anyway.  
 If you are kind, people may accuse you of selfish, ulterior motives;  
 Be kind anyway.  
 If you are successful, you will win some false friends and some true enemies;  
 Succeed anyway.  
 If you are honest and frank, people may cheat you;  
 Be honest and frank anyway.  
 What you spend years building, someone could destroy overnight;  
 Build anyway.  
 If you find serenity and happiness, they may be jealous;  
 Be happy anyway.  
 The good you do today, people will often forget tomorrow;  
 Do good anyway.  
 Give the world the best you have, and it may never be enough;  
 Give the world the best you've got anyway.  
 You see, in the final analysis, it is between you and your God;  
 It was never between you and them anyway.

### Thinking By Walter D. Wintle

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If you think you are beaten, you are  
 If you think you dare not, you don't,  
 If you like to win, but you think you can't  
 It is almost certain you won't.  
 If you think you'll lose, you're lost  
 For out of the world we find,  
 Success begins with a fellow's will  
 It's all in the state of mind.  
 If you think you are outclassed, you are  
 You've got to think high to rise,  
 You've got to be sure of yourself before  
 You can ever win a prize.  
 Life's battles don't always go  
 To the stronger or faster man,  
 But soon or late the man who wins  
 Is the man WHO THINKS HE CAN!

### Dreams By Langston Hughes

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Hold fast to dreams  
 For if dreams die  
 Life is a broken-winged bird  
 That cannot fly.  
 Hold fast to dreams  
 For when dreams go  
 Life is a barren field  
 Frozen with snow.

## Desiderata

By Max Ehrmann

Go placidly amid the noise and haste,  
and remember what peace there may be in silence.  
As far as possible without surrender  
be on good terms with all persons.  
Speak your truth quietly and clearly;  
and listen to others,  
even the dull and the ignorant;  
they too have their story.  
Avoid loud and aggressive persons,  
they are vexations to the spirit.  
If you compare yourself with others,  
you may become vain and bitter;  
for always there will be greater and lesser persons than yourself.  
Enjoy your achievements as well as your plans.  
Keep interested in your own career, however humble;  
it is a real possession in the changing fortunes of time.  
Exercise caution in your business affairs;  
for the world is full of trickery.  
But let this not blind you to what virtue there is;  
many persons strive for high ideals;  
and everywhere life is full of heroism.  
Be yourself.  
Especially, do not feign affection.  
Neither be cynical about love;  
for in the face of all aridity and disenchantment  
it is as perennial as the grass.  
Take kindly the counsel of the years,  
gracefully surrendering the things of youth.  
Nurture strength of spirit to shield you in sudden misfortune.



But do not distress yourself with dark imaginings.  
Many fears are born of fatigue and loneliness.  
Beyond a wholesome discipline,  
be gentle with yourself.  
You are a child of the universe,  
no less than the trees and the stars;  
you have a right to be here.  
And whether or not it is clear to you,  
no doubt the universe is unfolding as it should.  
Therefore be at peace with God,  
whatever you conceive Him to be,  
and whatever your labors and aspirations,  
in the noisy confusion of life keep peace with your soul.  
With all its sham, drudgery, and broken dreams,  
it is still a beautiful world.  
Be cheerful.  
Strive to be happy.

(1952)



**Stay well all, and take good care of yourselves!**  
**The world needs YOU!!!**