

The Toolbox



April 2021

Barb Wyllie ~ Editor

Distribution 1,007

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM

Deadline: 20th of the month

From the Governor's Desk

Renewal

Happy Spring! I believe we are all welcoming this season of renewal. It brings an opportunity to be outside more often, being able to visit family members, and maybe even small social gatherings soon. As we just recently completed this year's Empire Multi-District President Elect Training (MDPET's), I'm reflecting on how different this past year has been. Virtual meetings and trainings, wearing face masks, social distancing - all have had an impact on our lives. One constant though is Rotary. Our Rotarians have stayed the course, working in their communities, helping those in need and moving forward to make the world a better place.

We heard such great messages during this year's MDPET's. The highlight of the event was Rotary International President Elect Shehkar Mehta. He joined us live from India on the Saturday session, and his presentation and message were impactful. His primary message this year is "Each One, Bring One." If every Rotarian brings in one new member, we will increase our numbers substantially. We just need to do it!

April is Maternal and Child Health Month on the Rotary calendar. Although this is the focus, I believe worldwide health for everyone is our current concern. Hopefully, many of you have received or will soon be vaccinated for COVID-19. This is important so we can help stop the spread of this virus. I know many clubs look forward to in-person meetings, and I'm hopeful this will happen. Keep in mind that Rotary International has asked all clubs to continue virtual meetings, and if you do meet in-person, that it is a hybrid meeting (you are streaming the live meeting to those that cannot attend). We are working on

providing help to clubs who are eager to move to a hybrid format.

Please remember to attend our District Assembly & Grant Management Training on Saturday, April 10th. Thank you all for what you do!

Service Above Self,

DG Rich

DISTRICT EVENTS AT A GLANCE

- **NOW: Book Reservations being taken** pp 6,12
- **March 27 - April 4: Happy Passover**
- **April 8, May 8 & 22: RYLA Schedule** (Jan TB p 5)
- **April 10: District Assembly** (8am - 12noon) & **Grant Management Training** (1pm - 2:30pm)
- **April 17: Climate Crisis** (Multi District Zoom) p 3
- **April 4: Happy Easter**
- **May 15: District Conference** (8am start): business meeting, remembrance service, recognitions/awards

CLUB EVENTS AT A GLANCE

- **NOW: Spring Flower Fundraiser** by Schenectady Rotary p 2
- **NOW: Food Drive** by BHBL Rotary p 7
- **NOW: Quilt Raffle** by Sharon Springs Rotary p 5
- **NOW: 20/20 Club** by Shenendehowa Rotary p 5
- **NOW: Field of Flags** by Glenville Rotary pp 6,11
- **NOW through June 2021: Hoffman's Car Wash Fundraiser** by Albany Rotary p 6
- **April 7: Brooks BBQ** by Scotia Rotary p 2
- **April 21: Drive Thru Dinner** by BHBL Rotary p 4
- **April 23: Ziti Dinner** by Sch'dy East Rotary p 5
- **June 10: Trivia Night** by Schenectady Rotary p 7

Member Called to a Higher Service

District 7190 bids a heartfelt farewell with prayers and very fond memories to
Chestertown Rotary Club's

Nan Williams

~ ~ ~

Schenectady Rotary Club presents
its annual

Spring Flower Fundraiser

\$22 each
Flowers or Herbs

Pickup Dates

May 7, 8 and 22



Spring Flower Fundraiser

These flowers and herbs are wonderful
Mother's Day or Memorial Day gifts and look
beautiful on your patio all season long!

10" Hanging Baskets:

10" Patio Flower Pots

10" Patio Pots: Assorted Herbs

Cost: \$20 each

Orders will be taken throughout April
and May at:

<https://schenectadyrotary.org/fundraisers>

Pick up orders at

Sch'dy ARC's Maple Ridge Day Center

2999 Hamburg Street, Rotterdam

Order pickup-up dates

For orders placed prior to May 6th:

Friday, May 7: 2-5 pm

Saturday, May 8: 9 am-Noon

For orders placed after May 6 & before May 22:

Saturday, May 22: 9am-Noon

Please drive to the rear of the building where
the outdoor pick-up site will be located.

Social distancing precautions will be observed.

Email: schenectadyrotaryclub@gmail.com with
any questions.

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Scotia Rotary Club will host a

Brooks' Chicken and Ribs BBQ

Wednesday, April 7th

Maalwyck Park

300 Maalwyck Park Rd, Schenectady
(on NY Rt 5, west of the Village of Scotia, in the
Town of Glenville)

**This will be a drive through event.
Only Chicken and Ribs will be available,
not a full meal.**

Chicken \$10, Ribs \$12.

The BBQ will be open from 4 - 7pm.

There will not be an advance sale.

Scotia Rotary will host a full meal BBQ in
September.

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Join Rotarians from Around the World

**Saturday, April 17th,
12pm (noon) ET (New York)**
for a

Multi-District Conversation

“Rotary’s 7th Area of Focus: Supporting The Environment”



Learn More About The Issues!

Share Project Ideas!

Be Challenged!



As Rotarians, we need to be in the forefront of developing and implementing solutions to the challenges facing our environment. Join us for this informative discussion to learn more about the issues, hear several examples of projects clubs are already undertaking, and be challenged to take steps both individually and as a club and/or district to help support our environment.

Register in advance for this meeting:

<https://us02web.zoom.us/join/register/tZUscO-gqjwqGNMwa412jtSILEppMqHMhan>

After registering, you will receive a confirmation email containing information about joining the meeting.

Check out this webpage and watch the video for background information for our discussion.

<https://sdgs.un.org/goals>

Hosted by District 7190



Pre-Order Drive Thru Dinner

Proceeds go toward scholarships & community programs

Event Date: *Wednesday, April 21st 2021 - pick-up between 4:00pm – 6:00pm*

ORDERS DUE BY NOON on MONDAY, APRIL 19th 2021

Pick-Up: Curbside @ Burnt Hills Ballston Lake High School back parking lot
88 Lake Hill Rd Burnt Hills, NY

To Order: Complete this form & email to Gregg.schorr@gexpro.com; OR complete this form and text a photo to 518.258.2906; OR call in your order to 518.258.2906

Payment: Cash, check, credit card, Paypal or Venmo at PICK-UP

QTY	APPETIZERS	QTY	DESSERTS
_____	Italian Wedding Soup (cup) \$4	_____	Cream Puff \$4
_____	Shrimp Cocktail (5 shrimp) \$10	_____	Gluten Free Mini Cheesecake with strawberries \$3
QTY	INDIVIDUAL MEALS – serves 1 person - \$15		
_____	Chicken Parmesan & Penne Pasta - extra sauce, salad, bread		
_____	Chicken Parmesan & Zucchini "Noodles" - extra sauce, salad, bread		
_____	Gluten Free Chicken Parmesan & Zucchini "Noodles" - extra sauce, salad, GF brownie		
_____	Eggplant Parmesan & Penne Pasta - layered w/Ricotta & spinach, extra sauce, salad, bread		
_____	Eggplant Parmesan & Zucchini "Noodles" breaded & layered w/Ricotta & spinach, extra sauce, salad, bread		
_____	Crab Stuffed Shrimp - 5 shrimp with Penne Pasta, salad, bread		
_____	Crab Stuffed Shrimp - 5 shrimp with Zucchini "Noodles", salad, bread		
_____	Shepard's Pie - Guinness braised Ground Beef & vegetables topped w/mashed potatoes and cheese, salad		
QTY	FAMILY MEALS – serves a family of 4 - \$40		
_____	Chicken Parmesan Family Meal with Penne Pasta, extra sauce, salad, bread		
_____	Chicken Parmesan Family Meal with Zucchini "Noodles", extra sauce, salad, bread		
_____	Gluten Free Chicken Parmesan Family Meal with Zucchini "Noodles" extra sauce, salad, GF brownie		
QTY	DONATE!	QTY	
_____	Feed a Hungry Family \$40	_____	Feed a Hungry Neighbor \$15

Please choose your pick-up time: 4:00 – 4:30 4:30 - 5:00 5:00-5:30 5:30-6:00

All safety protocols followed

Name _____ Phone _____ Email _____

ON SITE: Accepting your returnable bottles and cans, as well as non-perishable food items to support Rotary's **OPERATION HUNGER**. Coin drop!

Sharon Springs Rotary presents its

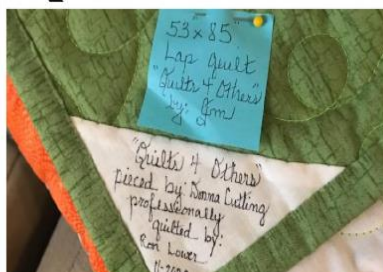
Warm Up with Rotary Handmade Quilt Raffle

Get a chance at being the owner of this beautiful handmade quilt! 53" x 85" (Full, Long) handmade patchwork quilt.

<https://www.jotform.com/assign/210504876935158/210505360928048>



Sharon Springs
Rotary
Club
Quilt Raffle



DONATE TODAY FOR A CHANCE AT THIS BEAUTIFUL QUILT

WARM UP WITH ROTARY QUILT RAFFLE

Donation: \$5/ Chance... 5 Chances / \$20. Scan QR code for entry
Proceeds benefit Peace and Humanity projects

Donation: \$5/chance or 5 for \$20.

Only 500 tickets sold. Proceeds benefit Sharon Springs Rotary peace & humanity projects.

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Schenectady East
Rotary
Club



ZITI DINNER

Includes
Ziti, Meatballs, Salad, Roll
and Dessert

DRIVE-THRU TAKE-OUT ONLY

Ancient Order of Hibernians

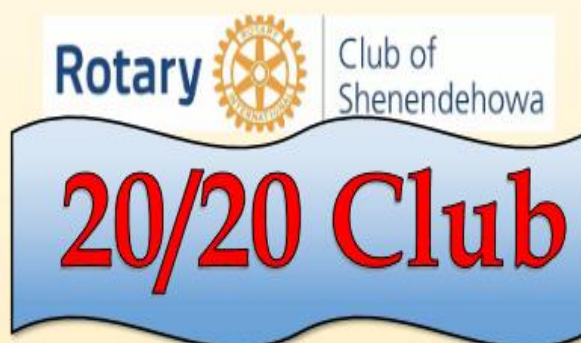
1748 State Street
Schenectady



**Enjoy a delicious meal and support
Schenectady East Rotary's Community Projects!**

Friday, April 23, 2021 4:00 PM - 7:00 PM

\$12.00 CASH ONLY



Only \$20/Ticket

A **One Hundred Dollar** Winning Ticket
will be drawn every Thursday for 20 weeks
starting March 4th, 2021

One ticket gets you entered into
ALL 20 Drawings!

Only 200 Tickets Available

For information contact Mike Popolizio at
(518)461-5520 or mpopoli1@nycap.rr.com

Tickets can be purchased at shenrotary.org

The Field of Flags Program

by Pete Lewis, Andy Tomko, David Walsh

For the past ten years Glenville Rotary proudly posts American flags to honor our Veterans during Memorial Day and Veteran Day weeks at the Schenectady County Veteran Park, Rt 50 and Freeman's Bridge Road in Glenville. You may purchase an American flag in honor of your veteran and have it flown in the park during the two major Veteran observance weeks, and then you may claim it for your own.

(See flyer on page 12 for details.)



Photo by Andy Tomko



Albany Rotary Club presents its

Hoffman's Car Wash Fundraiser

Now through June 2021

Tickets are \$12 or \$42*

(*The full-service package **now** includes extra detailing and interior sanitizing.)

Tickets can be purchased at the link below:

<http://www.hoffmanhelpinghands.com/fundraiser.cfm?id=20486>. Proceeds will help support Albany

Rotary's local projects.

Peter J. Rose
(518) 843-1920

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District 7190 presents

Polio Survivor Louise Rourke Shares Her Inspirational Story in a New Book, *Called by the Water*

Submitted by Doug Ford, End Polio Co-Chair

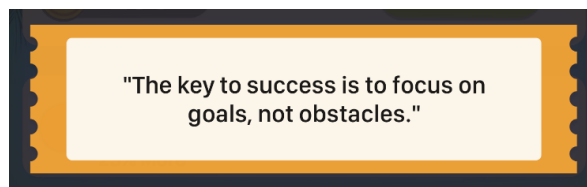
Learn how her life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds!

Cost: \$20 per book, or an autographed copy for \$35. For \$50 you will receive an autographed copy plus an End Polio Now T-Shirt and face mask. Your donation supports the Rotary Foundation Campaign to Eradicate Polio. **See flyer on page ----.**

<https://go.rotary7190gives.org/calledtowater>

Thank you for supporting The End Polio Campaign

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Schenectady Rotary Club presents its annual

Trivia Night Fundraiser

Schenectady Rotary is partnering with

That Trivia Guy New York

to bring you a fun-filled evening of Trivia and Prizes!

June 10th

6 - 9pm

**Hybrid Event with In-Person or
Virtual Options to Participate**

Frog Alley Brewing Co.

108 State St, Schenectady, NY 12305

Tickets: \$30 each for single players or \$100 for a team of 4

<https://schenectadyrotary.org/trivianight2021>

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**BURNT HILLS
BALLSTON LAKE
ROTARY
CLUB**



**Feeding the
Community**

**Food Drive
for Hunger**



**Food
Collection**

Collecting non-perishable food items in cans, jars & boxes. BHBL Rotary Club is providing an "Operation Hunger" collection box at Gill's Garage, [817 Saratoga Rd, Burnt Hills, NY](#).

Ballston Spa Rotary Club Update

Over the last few years, the Ballston Spa Rotary Club has given \$1,000 each year to the Gift of Life program, which pays for a sick child from overseas to come to the United States and have corrective heart surgery at Albany Medical Center. The surgery costs around \$20,000, so our contribution makes a significant difference. In normal times, it is also typical for Albany Med to send a medical team overseas to train local doctors in performing pediatric heart surgeries, but that was suspended last year due to the pandemic, and it's unclear if it will happen in 2021.

Also, our club's "Share the Love" food drive collection effort, spearheaded by member Dan Barner, brought in a large amount of food as well as about \$1,800 in cash donations. It will be split evenly among the 3 Ballston Spa food pantries; the cash being used to buy additional food and supplies. "It's been a really good team effort," Dan said.

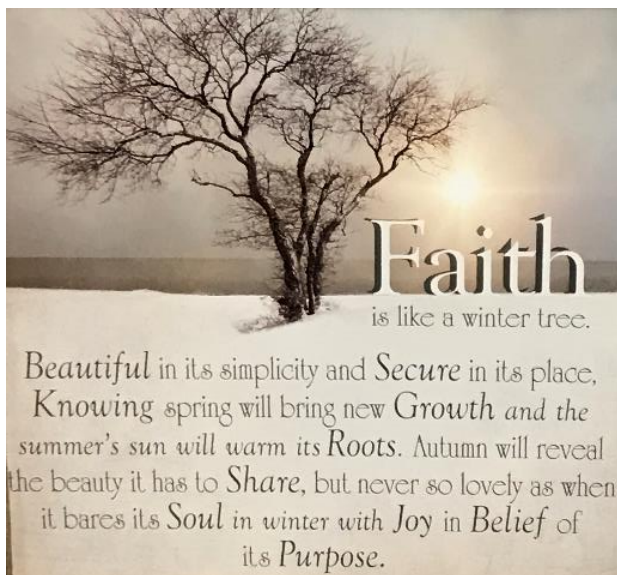
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Attention All Clubs

Every month, please submit the names of your new members and the names of your members who have passed on to higher service to Barb at thetoolbox7190@gmail.com.

Thank You.

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March 29th Marked the 50th Anniversary of the End of the Viet Nam War

by Peter Lewis

The Glenville Rotary Club is one of over 11,000 organizations across the country partnering with the United States of America Vietnam War Commemoration Initiative! So, we hope you will join with us, on behalf of our club, our Scotia-Glenville community and nation, to thank and honor our Vietnam veterans and their families. In addition, it is an opportunity to recognize former POWs and their families and those still listed as missing in action.

Additional recognition should be given to support organizations during the war and a tribute to wartime contributions at home by citizens. We should also highlight technology, science and medical advances that took place during this period: (i.e. crazy glue to close up open wounds). Finally, let's not forget the contributions by our allies: South Korea, Philippines, Australia and Thailand.

At the inaugural event in 2012 of this national initiative to thank Vietnam Veterans, President Barack Obama stated..." And **one of the most painful chapters in our history was Vietnam—most particularly, how we treated our troops who served there. You were often blamed for a war that you didn't start, when you should have been commended for serving your country with valor. You were sometimes blamed for misdeeds of a few, when the honorable service of the many should have been praised. You came home and sometimes denigrated when you should have been celebrated. It was a national shame, a disgrace that should have never happened. And that's why here today we resolve that it will not happen again.**"

Yes, history makes crystal clear the importance of this Commemoration. President Trump stated "To ensure the sacrifices of the 9 million heroes who served during this difficult chapter in our country's history are remembered for generations to come.....so every March 29 we will honor all those who answered our nations' call to duty. We vow never again to confuse personal disapproval of war with prejudice against those who honorably wear the uniform of our Armed Forces."

~ ~ ~

Rotarian Flavors from Around the World

This is an opportunity to continue to experience the tastes of Rotary from around the world. Below, you will find recipes reprinted from the **Rotarian Flavors of the World Cookbook** (Morris Press Cookbooks 2011). Enjoy!

Salad

Lemon Pineapple Salad (page 43)

From the region of District 5000 / USA

- 1 (6-oz.) pkg. lime-flavored gelatin
- 1 cup boiling water
- 1 cup cold water
- 1 (3-oz.) pkg. cream cheese
- 1 cup whipping cream, whipped
- 1 cup miniature marshmallows
- 1 (8-oz.) can crushed pineapple, drained
- 1 cup chopped pecans
- Fresh parsley sprigs (opt.)
- Crabapples (opt.)
- Orange cups (opt.)
- Cranberries (opt.)

Dissolve gelatin in boiling water; stir in cold water. Beat cream cheese until smooth. Gradually add gelatin; beat well. Chill until the consistency of unbeaten egg white. Fold in next 4 ingredients. Pour mixture into a shallow 6-cup mold; cover and chill. Unmold and garnish with parsley, crabapples and orange cups filled with cranberries if desired.

Yield: 12 servings



Appetizer

Baked Mushrooms with Cheese (page 24)

From the region of District 1912 / Slovenia

- 1 container mushrooms (approx. 8-10 oz.)
- ¼ lb. Muenster cheese

Preheat oven to 300 degrees F. Wash the mushroom caps and remove the stems. Dry well. Cut the cheese into squares to fit between two mushroom caps. Make a sandwich of two mushroom caps with one square of sliced cheese between them. Secure this with a toothpick and place in a cookie pan or baking dish and bake for 10 minutes until cheese melts. Serve warm or at room temperature. Makes about 20 snacks (depending on the number of mushrooms in the package.)

Vegetable

Spicy String Beans (page 88)

From the region of District 3220 / Sri Lanka

- 1 lb. frozen or fresh string beans
- 4 T. oil
- 1 tsp. mustard seeds
- 1 tsp. fenugreek seeds
- 2 dry chilies
- 3-4 curry leaves, roughly broken
- 1 ½ tsp. chili powder
- 2 sprigs curry leaves
- 1 onion, sliced
- 1 ½ tsp. salt
- ¼ cup water
- ½ cup milk

If using fresh beans, slice them finely. Heat the oil in a pan and add mustard, fenugreek seeds, curry leaves and dry chilies. Stir and add sliced beans and cook for about 20 minutes on medium heat, stirring occasionally. Add the sliced onion and chili powder and cook for about 10 minutes with an open lid. Add the salt and water and cook for about 15 minutes on low heat with a lid on. When the beans are cooked, add the milk and cook for about 5-10 minutes on low heat until the dish has a dry appearance. Serve with rice.

Continued on next page...

Main Course**Roast Duck** (page 101)

Pacena Patka

From the region of District 1913 / Croatia

- 1 medium duckling
- 3 T. butter
- 1 cup bread crumbs
- 2 eggs, well beaten
- 1 cup mushrooms, sliced
- 1 cup sour cream
- 3 T. chopped green onion
- 1 tsp. chopped parsley
- Salt and pepper to taste

Melt the butter over low heat. Increase the heat and sauté the mushrooms in the butter. Mix together the mushrooms, bread crumbs, parsley, green onion and sour cream. Add the well beaten eggs and season with salt and pepper. Stuff the bird with this mixture. Place dabs of butter on the duckling. Season the outside with salt and pepper. Place the duck in the oven and roast at 350 degrees F. until the duck is golden and the skin is nicely crisped.

**Dessert****Tiramisu** (page 169)**From the region of District 2030 / Italy**

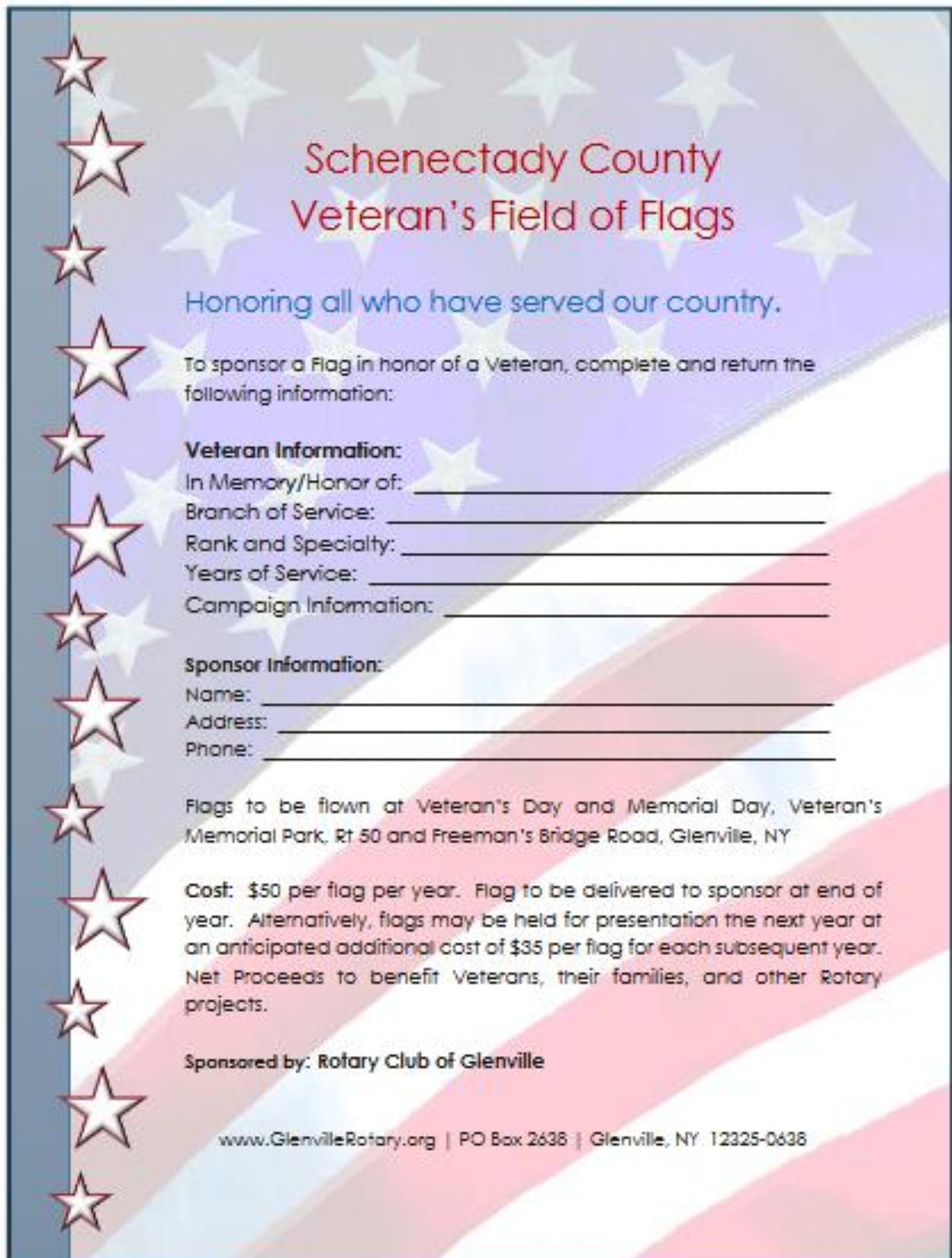
- 6 egg yolks
- ½ cup sugar
- 1 lb. mascarpone cheese
- 1 cup heavy cream
- ½ cup freshly made espresso coffee
- 4 T. rum
- 24 ladyfingers
- ¼ cup cocoa powder

In a large bowl, mix the egg yolks and sugar until light yellow and smooth. Mix in the mascarpone cheese until thoroughly mixed. In a large bowl, whip the heavy cream until stiff peaks form and fold into the cheese mixture. Mix the coffee and rum. Dip the ladyfingers in espresso rum and line a 9 x 13-inch pan. Pour in half the cheese mixture and smooth. Add another layer of the ladyfingers dipped in espresso rum. Pour the remaining cheese mixture on top and smooth. Chill for 2 hours and dust with cocoa powder before serving.

A moment of tension in Vatican.
If the bishop moves forward the
queen can take him.



The ultimate game of chess!



Schenectady County Veteran's Field of Flags

Honoring all who have served our country.

To sponsor a Flag in honor of a Veteran, complete and return the following information:

Veteran Information:
In Memory/Honor of: _____
Branch of Service: _____
Rank and Specialty: _____
Years of Service: _____
Campaign Information: _____

Sponsor Information:
Name: _____
Address: _____
Phone: _____

Flags to be flown at Veteran's Day and Memorial Day, Veteran's Memorial Park, Rt 50 and Freeman's Bridge Road, Glenville, NY

Cost: \$50 per flag per year. Flag to be delivered to sponsor at end of year. Alternatively, flags may be held for presentation the next year at an anticipated additional cost of \$35 per flag for each subsequent year. Net Proceeds to benefit Veterans, their families, and other Rotary projects.

Sponsored by: Rotary Club of Glenville

www.GlenvilleRotary.org | PO Box 2638 | Glenville, NY 12325-0638

ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

Louise Beckerle Rourke is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

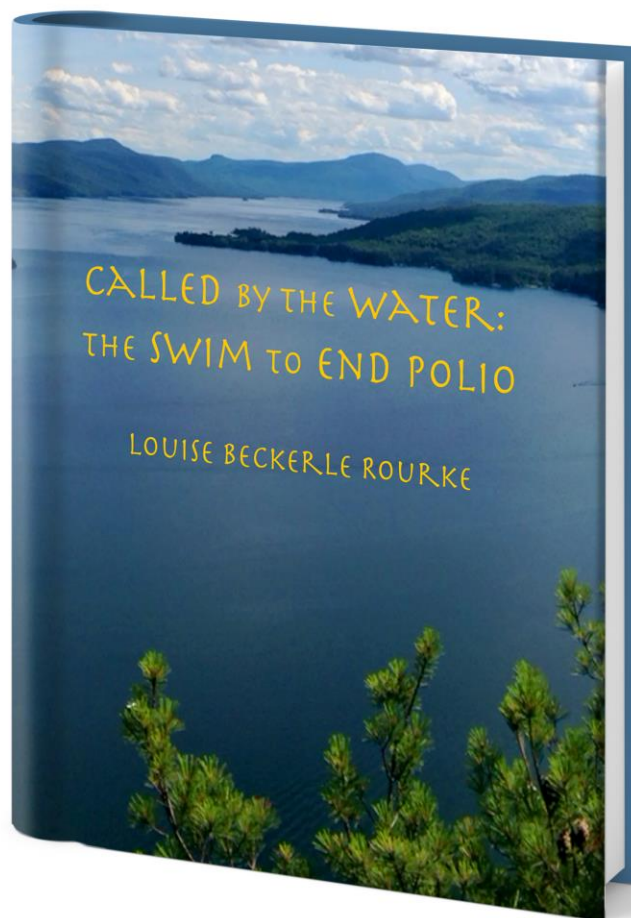
Michael K. McGovern,
Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

Kitty Rooney,
Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

Dr. Joel Goodman,
Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY



ALL PROCEEDS FROM THE SALE OF THIS BOOK WILL GO TO THE ROTARY FOUNDATION / END POLIO CAMPAIGN

To reserve your copy of Louise's book or to make a donation...
please contact District Polio Chair-Person, Doug Ford: ford@curtislumber.com