# The Toolbox

### April 2022

Barb Wyllie ~ Editor

**Distribution 930** 

Please send submissions to Barb at: <u>THETOOLBOX7190@GMAIL.COM</u>

Deadline: 20<sup>th</sup> of the month

### From the Governor's Desk

What's your favorite childhood memory? Was it climbing trees? Throwing mostly dried horse manure at your older sister and running like hell? Riding your bike all over town, without a care in the world, hoping that your brothers didn't eat your dinner because you came home late? Kissing Nancy behind the barn? These are all uniquely American experiences, happening also in other parts of the world even today. But Rotary understand that memories like these are unlikely in many parts of the world, and so Maternal and Child Health is one of Rotary's 7 Areas of Focus.

Why? Because for most of the world's children and mothers their fondest childhood memory was occasionally having enough to eat. The day their child's health finally improved a little. The moment when they didn't have to walk 6 miles to bring home enough water for the family because the village pump got installed. And, like today, the moment they crossed a border to escape violence and could relax just a little.

Rotary for years had only 6 Areas of Focus, and just recently added the 7<sup>th</sup>:

- Peace and conflict prevention/resolution
- Disease prevention and treatment
- Water and sanitation
- Maternal and child health
- Basic education and literacy
- Economic and community development
- Supporting the Environment

What's interesting to me is that Maternal and Child Health is intrinsic or drives each of the other 6 Areas. Children and mothers are the most innocent of wartime victims, so conflict prevention and resolution improves their safety. In many parts of the world

most children don't live to see adulthood, so disease prevention (including Rotary's Polio work) improves this statistic. Poor water and sanitation are the primary cause of illness and under-development, so our work there helps mothers and children do better. Basic education and literacy bring both mothers and children out of poverty and provides more opportunity, which brings additional economic and community development benefits across the globe. And support to the environment ensures that the next generations have a sustainable world in which to live and prosper.

It's really hard, especially for old coots like me, to image what motherhood and childhood are like for the kind of people served by Rotary's 7 Areas of Focus. Yet, despite our relatively idyllic upbringing, with everything that America has to offer, we can and do understand that it is our job, our responsibility, our duty to get involved, be involved, and do whatever we can to make sure that mothers and children can be safe, healthy and realize their dreams. Rotary helps to make that possible. You help to make that possible. Thank you for everything that you do, for Moms and kids everywhere, and for your support of everything Rotarian.

Yours in Rotary Service, DG Bruce



### **DISTRICT EVENTS AT A GLANCE**

- NOW: Rotary Clothing Sale p 2
- NOW: Book Reservations being taken pp 3, 14
- April 15-23: Passover
- April 17: Easter
- April 29-May 1: End of Year Conference pp 2,3,7,8
- June: RI Convention / Houston TX

### **CLUB EVENTS AT A GLANCE**

- March 26 April 3: Amazing Race by Colonie-Guilderland Rotary p 3
- NOW: Food Drive by BHBL Rotary p 3
- NOW: Raffle by Twin Bridges Rotary p 4
- April 6: Brooks BBQ by Scotia Rotary p 5
- April 10: Pancake Breakfast by Schenectady East Rotary p 5
- April 10: Best Buddies Walk by BHBL Rotary p 5
- April 16: Breakfast w/ Easter Bunny by Twin Bridges Rotary p 5
- April 23: 5K/Corp Challenge by Glens Falls p 6
- April 23: Regatta/Ironman/Triathlon by Middleburgh Rotary p 6
- April 25: Pints for Polio by BHBL Rotary p 6
- May 13: Black & White Party by Twin Bridges Rotary p 9
- May 18: Drive Thru Catering by BHBL Rotary p 9
- May 27: Sloughter 5K by Middleburgh Rotary p 9
- June 20: Tuskegee Airmen Presentation by BHBL Rotary p 9
- August 1: Golf Classic by Glenville Rotary p 9

# Save the Date April 29<sup>th</sup> & 30<sup>th</sup>

The 2021-2022 Year-End Conference to be held at the Six Flags Great Escape Lodge and Conference Center Queensbury, NY

Details on pages 3, 7, 8



### **District Promotion**

The District is selling 'Rotarians Having Fun' clothing for the benefit of the RI Foundation. If you would like to order, please coordinate ordering with your club President or Secretary so we can keep club orders together to facilitate delivery.

DISTRICT 7190 FUND RAISER Rotarians Having Fun Clothing Order Form



STYLE.	SIZE	QUANTITY	UNIT PRICE	EXTENDED PRICE
T-Shirt			\$20	
Long Sleeve T-Shirt			\$25	
Vee- neck T-Shirt*			\$20	
Hooded Sweatshirt - Pull Over			\$35	
Golf Shirt			\$35	
			Sales Tax Included TOTAL	

All items in navy blue with Rotary logo on chest and the above image on the back

Sizes: S. M. I. XI. XXI. XXXI. Unisex sizing excent for V-neck which is women's cut

CLUB NAME:	
CUSTOMER'S NAME:	

PAYMENT DUE WHEN CLOTHING DELIVERED CHECKS TO BE MADE OUT TO ROTARY DISTRICT 7190

CLUBS: PLEASE RETURN ALL CLUB ORDER INFORMATION TO DG BRUCE MCCONNELEE

DGBruce2021@gmail.com

**Rotarian Called to a** 

# **Higher Service** istrict 7190 bids a heartfelt farewell with p

District 7190 bids a heartfelt farewell with prayers and very fond memories to:

### **Maria Heise**

Originally of Schenectady East Rotary Club (as Club Treasurer) and then of Saratoga Springs Rotary Club as President and Home Show Chairperson, as well as serving on other committees.

~ ~ ~



### GET READY FOR A WEEKEND OF FUN!

Interactive games and activities throughout the weekend.

Saturday night dinner theme is "Let's Make a Deal".

Costumes or themed attire encouraged!

Registration is now open https://bit.ly/RotaryFTO

Register by February 1st to get 100 points. The top 3 point earners will receive a prize.

The #1 point earner makes the first suitcase selection!



District 7190 presents

### Polio Survivor Louise Rourke's Inspirational Story Called by the Water

Submitted by Doug Ford, End Polio Co-Chair

Learn how her life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds!

- \$20 per book
- \$35 for an autographed copy

Your donation supports

the Rotary Foundation Campaign to Eradicate Polio.

To purchase books, email Doug Ford at doug.ford@curtislumber.com

See flyer on page 14.

Thank you for supporting The End Polio Campaign.



### **Attention All Clubs**

**Editor's Note:** Please make sure your Club members are receiving this newsletter.  $1^{\text{st}}$  - You can check the distribution list that I send accompanying The Toolbox (most months). And  $2^{\text{nd}}$ , if their names are on the list but they still aren't receiving it, have them check their spam or junk mail folder. Thank you.

### Also...

Every month, please submit the names of your new members and the names of your members who have passed on to higher service to me, Barb Wyllie at <a href="mailto:thetoolbox7190@qmail.com">thetoolbox7190@qmail.com</a>. Thank You.

# **Burnt Hills-Ballston Lake Rotary**

is providing an

"Operation Hunger" Collection Box at Gil's Garage 817 Saratoga Rd, Burnt Hills, NY to collect non-perishable food items.

~ ~ ~

### Registration is Now Open for Amazing Race to Recovery 2022

Submitted by Denise DeNoto, DGE

**Colonie-Guilderland Rotary** is excited to announce plans for the 4th annual Amazing Race to Recovery. The event, which raises money for Second Chance Opportunities in Albany, NY, will be held virtually **March 26-April 3, 2022**.

The virtual format allows you to complete the challenges at your own pace over 8 days. Even if you and your teammates only have a few hours, you can still participate.

Simply form a team of up to 5 people. Select a Captain and register your team at

www.amazingracetorecovery.org under the "register a team" tab. The registration fee of \$20/team member can be paid online. Once you have completed your registration, there are challenges you can start straight away! All challenges will be available after the opening ceremony on March 26th.

Challenges are family-friendly, and many are great for small children. If you are in recovery, ask us about being sponsored to participate.

Funds raised from this event will be used to **Colonie-Guilderland Rotary** Club's support scholarship program and Second Chance Opportunities, Inc. The Second Chance Community Recovery Center offers a safe and centralized location where people with an addiction, their families and loved ones can come to get support, direction and guidance while they are dealing with substance abuse disorders. How can you get involved?

- Register a team to participate in the event and pre-event fundraising
- Be a sponsor or help to obtain sponsors
- Submit prize donations or donations for our online auction
- Forward this information to anyone you think might be interested
- Share our <u>Facebook Event</u> page with your Facebook Friends
- Help to promote this event

1st Annual Twin Bridges Rotary Club Raffle
to Benefit

Twin Bridges Rotary Foundation &

Chuck Chera Trade School Scholarship

Tickets \$20 Each

First Prize \$1500 Second Prize \$1000 Third Prize \$500

Drawing May13,2022 at the

Twin Bridges RotaryBlack & White Party

The Vista at Van Patten

924 Main Street Clifton Park, New York 12065

Need Not be Present to Win

Fortickets or Information Contact Kathy Rode

ktravis56@yahoo.com

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# SCOTIA ROTARY BROOKS BBQ



### **CHICKEN DINNER**

**GLENVILLE MAALWYCK PARK** 

WEDNESDAY, APRIL 6, 2022

3 PM UNTIL 6 PM

**CHICKEN DINNER \$15** 

**HALF CHICKEN \$12** 

THIS WILL BE A DRIVE THROUGH EVENT
NO ADVANCE SALE

300 Maalwyck Park Rd., Schenectady, NY 12302
West of Village of Scotia on Rte. 5





# ANNUAL PANCAKE BREAKFAST

For the benefit of

Schenectady Little League

At the Ancient Order of Hibernians Hall 1748 State Street, Schenectady

Sunday, April 10, 2022 Adults \$10.00 Childr

Children 5-12 \$5.00

8 am ~ 12 Noon (Children under 5 free) Burnt Hills Ballston Lake Rotary presents

### **Best Buddies Walk**

Sunday April 10<sup>th</sup> Crossgates Mall

Join the BH-BL Rotary Club Walk Team or donate at

https://www.bestbuddiesfriendshipwalk.org/albany/



8:30 am to 11:30 am Clifton Park Elks, 695 Macelroy Road

Enjoy breakfast, beverages, and a chance for you to take the photos of your kids with the Easter Bunny! We'll have giveaways and prizes during the Easter Egg Hunts for the children (9, 10, & 11am). And you can buy tickets for the big Twin Bridges Raffle!



info@twinbridgesrotary.com or 518-328-8358

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### The Glens Falls Rotary 5K and Corporate Challenge

Saturday, April 23, 2022

SUNY Adirondack START TIME: 9:30 am

Registration and packet pick-up opens at 8:00 am the morning of the race. The race starts at 9:30. Refreshments including drinks and food will be served in the Student Center after the race.

The Rotary 5K Corporate Challenge finishes with awards in individual categories, team awards, and an award for the organization with the most participants crossing the finishing line. T-shirts: Available for the first 300 entrants.

#### Entry fee:

- 13 and older: \$26
- 12 and younger: \$17





#### Benefiting:







Register online at glensfallsrotary5k.itsyourrace.com or scan the QR code. Registration closes at 12:00 pm Friday, April 22, 2022.

Burnt Hills Ballston Lake Rotary presents

### Pints for Polio Monday, April 25<sup>th</sup> 5:00pm Frog Alley Brewing

108 State Street, Schenectady

Join members and guests while we raise money for Polio. No RSVP needed; all are welcome. For more information, contact Darlene Bower (dbower@bhhsblake.com or 518.466.5735)



Middleburgh Rotary Presents its

### Sloughter Regatta/Ironman/Triathlon

Saturday, April 23 Ironman/Triathlon: 10 am Start Regatta: 11 am Start



https://runsignup.com/Race/NY/Middleburgh/ MiddleburghRotarySloughterRegatta

### **Pre-registration ONLY!**

Hope you see lots of Rotarians there! Questions? <u>middleburghsloughter@gmail.com</u>



### **Attention All Clubs**

**Editor's Note:** Please make sure your Club members are receiving this newsletter.  $1^{st}$  - You can check the distribution list that I send accompanying The Toolbox (most months). And  $2^{nd}$ , if their names are on the list but they still aren't receiving it, have them check their spam or junk mail folder. Thank you.

### Also...

Every month, please submit the names of your new members and the names of your members who have passed on to higher service to me, Barb Wyllie at thetoolbox7190@gmail.com. Thank You.





### YOU ARE INVITED TO A

### **A FUN TIME OUT**

Rotary District

APRIL 29 - MAY 1, 2022

ROTARY 7190 DISTRICT CONFERENCE

### 2021-2022 Rotary 7190 District Conference at



### Queensbury, NY

Interactive games and activities throughout the weekend.

Saturday night dinner theme is "Let's Make a Deal!"

Costumes or themed attire encouraged!

### **Registration open now at** www.Rotary7190.org

	Weekend Package	Saturday Overnight Package	Saturday Day Only Package	Saturday Dinner Only
Cocktail Hour - Friday Evening	$\checkmark$			
Breakfast - Saturday Morning	$\checkmark$			
Lunch - Saturday Afternoon	$\checkmark$	$\checkmark$	$\checkmark$	
Cocktail Hour - Saturday Evening	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Dinner - Saturday Evening	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Breakfast - Sunday Morning	$\checkmark$	$\checkmark$		
Fun Interactive Games and Activities	$\checkmark$	$\checkmark$	$\checkmark$	
Participation in Meetings	✓	✓	✓	
Registration Cost*	\$195.00	\$150.00	\$125.00	Adult: \$50.00 Kids: \$25.00 (Chicken Fingers and Fries)

All business will be conducted on Saturday.

All clubs should plan to send at least one representative.

\*Hotel rooms not included and should be booked separately from conference registration.

Reservations: 518-824-6000 ext. 0. Use code ROTARY for the group rate until April 1, 2022

Contact Milan Jackson 4.0 at milanj71@yahoo.com or Lisa Jackson at lisarmj33@gmail.com with any questions.

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YOU ARE INVITED TO A

### A FUN TIME OUT



APRIL 29 - MAY 1, 2022

### ROTARY 7190 DISTRICT CONFERENCE

### **Itinerary**

Friday Eve	ning:			
4:00 pm	8:00 pm	Conference Registration		
7:00 pm	9:00 pm	Social Gathering		
9:00 pm	11:00 pm	Hospitality Suite		
Saturday				
7:00 am	9:00 am	Breakfast Buffet		
9:30 am	11:30 am	Business Plenary		
11:45 am	1:00 pm	Lunch Plenary		
1:15 pm	3:00 pm	Afternoon Plenary		
5:30 pm	6:30 pm	Governor's Reception		
6:30 pm	8:30 pm	Dinner Plenary		
8:30 pm	11:00 pm	Hospitality Suite		
Sunday Morning:				
7:00 pm	9:00 pm	Breakfast Buffet		

### **Hotel Reservations**

Hotel rooms are not included and should be booked separately from conference registration.

Great Escape Lodge & Indoor Waterpark is offering a group rate through April 1, 2022.

\$199 (+taxes and fees) for a 2-Queen Room

Room Rate includes access to the Waterpark

A limited number of rooms are held at this rate. Rates will increase after April 1, 2022.

Reservations: 518-824-6000 ext. 0. Use code ROTARY.

Explore the Resort here -> https://www.sixflagsgreatescapelodge.com

### **Families Welcome!**

Family and friends are eligible for discounted waterpark day tickets, Birch Bark Grill and Johnny Rocket's vouchers, available at the Rotary registration table.

Guests who would like to participate in the Rotary dinner and activities on Saturday evening must register for the Saturday evening meal (adult and kid's options available).

### **COVID Protocols**

We will be following the resort guidelines as of the conference date.

Contact Milan Jackson 4.0 at <u>milanj71@yahoo.com</u> or Lisa Jackson at <u>lisarmj33@gmail.com</u> with any questions.



Twin Bridges Rotary presents

# Black & White Party

Live music, Dancing, Cash bar, Kot/cold hor d'oeuvres, Pasta station

Friday, the thirteenth of May 2022 6:30-10:00 pm

The Vista at Van Patten Golf Club 924 Main Street, Clifton Park

\$50 per person, Purchase tickets by May 1st All proceeds to benefit Twin Bridges Rotary Foundation

For more information call Patti

518-879-0157

### Save the Date!

Burnt Hills Ballston Lake Rotary presents

Drive-Thru Dinner with Spartan Catering Wednesday May 18<sup>th</sup> 4:30-6:00pm

More details to follow, save the date.

Middleburgh Rotary Presents its **Sloughter 5K Friday May 27**<sup>th</sup>



https://runsignup.com/Race/NY/Middleburgh/ MiddleburghSloughter5K

Pre-registration ONLY! Hope you see lots of Rotarians there!

Questions? <a href="mailto:shoerzy@midtel.net">shoerzy@midtel.net</a>

Burnt Hills Ballston Lake Rotary presents

### **Tuskegee Airmen Presentation**

## Monday June 20<sup>th</sup> 6:00pm

This is a free community event, sponsored by BH-BL Rotary, joined by Ballston Lake resident, Warren Dart, discusses his father's experience as a Tuskegee Airman during World War II. Held at Town of Ballston. Space is limited, RSVP to Linda LeTendre (letendre.linda@gmail.com or 518.330.7683)

### Save the Date!

Glenville Rotary presents its annual

### Classic Golf Tournament August 1<sup>st</sup>

### **Pinehaven Country Club**

Mark this fun event on your calendar! Help us help others! More information to follow.

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### **Ballston Spa Rotary Club**

by Ray Otten

It's already April and the year seems to be flying by. We are already planning a couple of important Spring events.

First, our annual *Clean-up Day* in the Village is coming soon. We usually concentrate on **Wiswall** and **Old Iron Spring Parks** along with the Library and the **Submarine Memorial Park**next to the library. Always looking for extra hands to help. Date is to be determined. Watch our facebook page for more details.

We are also looking for families that might be interested in helping out as **Host Families** for our **Foreign Exchange Student** program. It takes a commitment but will help these students immensely.

Contact any Club member if you have any interest.

### ~ ~ ~

### **District Historian's Report**

by Fred Carvin
District Historian

### **Cobleskill Rotary**

Chartered April 15, 1924. Sponsored by the Rotary Club of Oneonta, NY. *98 years of service* 

Nominated District Governor A. Eugene Bourdon: 1967-1968

Nominated District Governor Lewis Wilson: 1981-1982

Nominated District Governor Dr. Olive Scott: 1995-1998

Nominated District Governor Blair Hartman: 2004-2005

### **Granville Rotary**

Chartered April 15, 1924. Sponsored by the Rotary Club of Glens Falls, NY *98 years of service* 

Nominated District Governor Dr. A. Gardner Barrett: 1959-1960

### **Mechanicville Rotary**

(aka Rotary E-Club of Upstate New York)
Chartered April 16, 1924. Originally sponsored by the
Rotary Club of Troy, NY. *98 years of service* 

Nominated District Governor Harriet (Pepe) Noble.

In 1924, a mere two years after Ballston Spa and Glens Falls shared a common Charter Date, three new clubs all were Chartered within one day of each other. Cobleskill and Granville came to life on April 15<sup>th</sup> and Mechanicville on April 16<sup>th</sup>.

The driving force behind the creation of Cobleskill was its first president George Ryder, a local businessman, who brought together a group of "young, energetic men who saw the possibilities of community and international service under the Rotary banner. According to club secretary H.J. Curtis, "Our club is made up of high type citizens who carry Rotary in their daily work. As a group we do few things of spectacular nature- each man works in a quiet way to carry out the ideals of Rotary in his own business or profession."

Once it was determined women would be allowed into Rotary, Cobleskill's desire to adjust with the times, was the nomination of Olive Scott to the position of District Governor. In 1995, she was one of the original group of 8 women in the world to be elected to the District Governor position.

As Cobleskill was being built by the Oneonta Club, the Glens Falls Club, with help from Bill Norton, who ran Wilson Clothing Company in Granville successfully launched Rotary in that town. District Governor Ray Knoeppel was so pleased at the formation of the club he promised to return every 5 years on their anniversary date to address the club. He kept that promise until he died in 1950.

The Rotary Club of Mechanicville was born in the dining room of St. Luke's Episcopal Church. The planning for a club in Mechanicville had taken place over a two-year span. One of the men interviewed was George Slingerland, newly elected mayor of Mechanicville. With help from his friend Adolph Ochs, owner of the *New York Times*, Slingerland and other members of the new Rotary club were successful in

Continued on next page...

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taking the lead in forming the Saratoga Battlefield Association. They joined with other local Rotary clubs in 1926 to get the NYS legislature to purchase and preserve land in Stillwater as a historical site.

The feeling at the time was Rotary wanted to avoid the limelight. Most clubs wanted their involvement kept as quiet as possible. During the early 1920's Rotary's position was it went against the essences of being a Rotarian by publicizing their participation in saving the battlefield.

### **Cohoes Rotary**

Chartered April 10, 1927. Sponsored by Troy Rotary

95 years of service

Nominated District Governor Frank Hines: 1957-1958

Rotary began in Cohoes, according to charter member Rev. "Vic" Blekkink, when businessmen in the community realized collectively, an organization was needed to foster friendship and better relations among its citizens. Their hope was to render some distinctive service that would be beneficial to the entire community.

The man most responsible for the formation of this new group was Edward Doyle, a Rotarian in the near-by Troy Club who lived in Cohoes. Along with the inaugural club president Chester Davis, the charter members received a warm welcome from the surrounding Rotary clubs of Troy, Albany and Glens Falls. Visiting guest Henry Rickman commented, "The Glens Falls Rotarians came to Cohoes on a Hudson Valley electric coach with a piano to keep them in tune."

The Rotary Club of Cohoes mission statement says they exists, "to promote goodwill and better friendships through service and support to the people of Cohoes." Which is in keeping with the town motto of, "Honor the Past -Explore the Present-Inspire the Future."

### **Chestertown Rotary**

Chartered April 13, 1949. Sponsored by South Glens Falls, NY Rotary. *73 years of service* 

District Governor Al Bantham wrote in his newsletter, "Striking with the suddenness of Morgan's raiders, the Northern Extension Committee swept into Chestertown Monday night, March 21, 1949. Eleven men headed by Walt Casanova met with representatives' citizens of Chestertown. In less than three weeks, the paperwork for the chartering of a Chestertown Rotary was approved. The chartering dinner was held on June 1, 1949, at the Friend's Lake Inn. Interestingly, the sponsoring club for Chestertown was South Glens Falls that was only chartered roughly seven months before. District Governor Bantham commented, "The meeting was one of the most spirited I have attended this year."

If anyone could judge charter dinners, Chestertown was the last of five clubs organized by the Northern Extension Committee established by Governor Al Bantham. This record of new clubs was the most prolific expansion since four clubs were started in 1924.

All clubs are encouraged to protect and save the mementoes of their past. If you have any questions regarding how to accomplish this; or have specific questions regarding Rotary history, please contact Fred Carvin at Qbyfred@verizon.net.



### Think About It

### **DEI\* and Children's Literature**

by Harriet Noble

Although the 21st century brings some change to diversity, equity and inclusiveness to children's books, there is still much to be done and I believe that openly discussing these issues will help identify how we can bring about change.

For years it is well known that the main character in children's lit is a male. Research on this topic shows that anywhere from 50+% to almost 70% occur. (I used data from a number of sources, and you can also just by using a search engine to query.

The graph below puts things in perspective, I think.

Not much into graphs or internet search? See for yourself - go into your child's room (or grandchild) and pick up five or six of the books you see. Ask yourself how many mail characters are male, how many or white or another color, how many or young, how many run and play with no encumbrance??

Many of these things are subtle - is Mama Bear wearing an apron? Does Papa Bear carry or read a newspaper?

Some of you may wonder if any of this really matters. Let me ask how a child might feel if no one in the books they read look like they do or act as they do? After a while it sure would make me ask a lot of auestions.

Last year Little Free Library kicked off Read in Color®, an initiative bringing diverse books to Little Free Libraries around the world. These books celebrate the voices of BIPOC, LGBTQ, and others incorporating experiences from all identities for all readers.

As noted previously change has occurred and is picking up momentum as more people become aware and look for alternate reading materials.

As part of the Initiative I pledged to continue to provide diverse reading material in my LFL. With my primary focus on books for young readers, And I add diverse reading for adults as I buy additional books.

Notes from the writer:

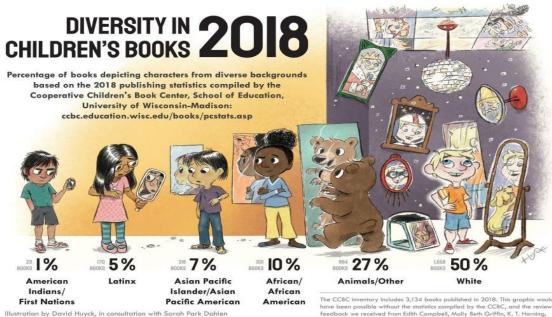
DEI in children's literature is a complex issue with no easy answers. Much has occurred in the past 10 years to bring about change. But there are many layers to reveal and histories to understand.

Little Free Library is a nonprofit organization based in Hudson, Wisconsin. Our mission is to be a catalyst for building community, inspiring readers, and expanding book access for all through a global network of volunteer-led Little Free Libraries. For information please check https://littlefreelibrary.org/

To be fully transparent I have been a Little Free Library Steward for the past four or five years. The books in my library at 1 Arbor Lane in Clifton Park come from my own private library, those that I

> purchase, those donated by family and friends and those that are left by who use the people library. Books most be in good condition and have covers and are never censored.

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### Rotarian Flavors from Around the World

This is an opportunity to continue to experience the tastes of Rotary from around the world. Below, you will find recipes reprinted from the **Rotarian Flavors of the World Cookbook** (Morris Press Cookbooks 2011).

### **Salad**

## Fruity [Chicken] Salad (page 194) From the region of District?/?

2 cups cooked, diced chicken

1 cup seedless grapes

1 cup pineapple chunks

1 cup walnut pieces

1 ½ cups sour cream

Mix all together and serve on a bed of lettuce.

### **Side Dish**

### **Bean Bonanza** (page 192) From the region of District?/?

1 cup cooked chickpeas

1 cup cooked black beans

1 cup cooked kidney beans

1 cup chopped tomato

1 cup chopped red onion

1 cup chopped cilantro

1 cup lemon juice

½ teaspoon salt

Mix all ingredients and let stand for 10 minutes. Serves 6.

### **Main Course**

### **Broccoli Chicken** (page 189) From the region of District ?/?

2 cups Minute Rice, cooked according to package

1 cup frozen chopped broccoli

2 cups shredded, cooked rotisserie chicken

1 cup nacho cheese sauce

Layer a small casserole dish with the prepared rice. In a mixing bowl, combine the broccoli, chicken and nacho cheese sauce. Layer this over the rice and bake in a preheated 400 degree F oven for 10 minutes. Serve hot. Serves 4.

### **Dessert**

## Marmalade Cake (page 186) From the region of District 1230 / Scotland

1 cup butter

2/3 cup sugar

3 large eggs

8 tablespoons orange marmalade

2 1/4 cups self-rising flour

1/2 cup white raisins (sultanas)

Cream the butter and sugar until light and fluffy. Add the eggs, one at a time, beating well between each addition. Mix in marmalade, sultanas and flour. Turn into greased cake pan and bake at 350 degrees F for 45 minutes or until a skewer from the center comes out clean. Cool for 15 minutes and turn out onto rack to cool completely.



### ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

# Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

Louise Beckerle Rourke is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

### Michael K. McGovern,

Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

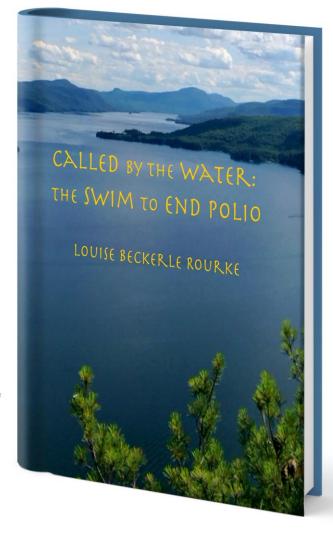
### Kitty Rooney,

Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

### Dr. Joel Goodmar

Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY



### **Notes:**

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