

The Toolbox



April 2023

Denise DiNoto ~ District Governor

Barb Wyllie ~ Toolbox Editor

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM

Deadline: 20th of the month

From the Governor's Desk

Spring is here! At least, that is what the calendars say. With spring, we have a season of new growth and opportunity. I have been able to get out to more in-person visits with clubs again now that the temperature has started to rise. As a person who lives with disability, I am grateful for the technology that allows me to remain connected through weather challenges and winter cold. The adaptations we make as clubs allow more people to engage in meaningful ways. Increased engagement leads to increased membership and there is good news to report!

Our district has grown this year and at this point in the year, we are poised to end the Rotary year with a net positive number! We have a new club in Galway, and for the first time in years, our membership trend is positive! This means the steps we have been taking the past few years are starting to show outcomes. We must continue to make Rotary appeal to others and show the value of Rotary.

Our upcoming multi-district district conference is one opportunity to further the work we are doing. In addition to fellowship and learning opportunities with our fellow districts, we will have the opportunity for joint service projects on the Saturday afternoon during the conference. As you know, performing service with someone else is a great way to get to know a fellow Rotarian or community member. I hope you will join us for the conference on May 5-7.

The Annual Meeting for our district will take place on Sunday morning at the conference. The meeting will be hybrid, so you can join even if you can't make it to the conference in person.

Around the world, Rotarians will participate in activities recognizing Earth Day and the environment. Rotary added the environment as an area of focus and several clubs have pursued activities in this area. Imagine the impact if we all made one change to reduce our carbon footprint or increase recycling. I encourage all of you to take part in your community electronic recycling day or other Earth Day celebrations.

I'm looking forward to seeing you at district conference!

DG Denise



ROTARY DISTRICT 7190 INVITES YOU TO JOIN THEM

Drop the Puck on POLIO

ADIRONDACK THUNDER HOCKEY NIGHT



FRIDAY - 7pm

APRIL 7th

COOL Insuring Arena

1 Civic Center Plaza • Glens Falls



vs



**Chuck-A-Puck
To Benefit The Polio Foundation!**

Tickets are \$21 each.

For more details and to purchase tickets, contact District Polio Chairperson, Doug Ford:
doug.ford@curtislumber.com or 518-365-4958

Link for tickets:

<https://www.crsadmin.com/EventPortal/Registrations/PublicFill/EventPublicFill.aspx?evtid=5fde0fa1-bd8a-4c89-aa48-9789cf5f8bb0>

DISTRICT EVENTS AT A GLANCE

- **NOW:** Book Orders being taken *pp 5, 11*
- **April 1:** District Training Assembly & Grants Management Seminar (Open to all) *p 3*
- **April 5:** District Exec Comm Meeting/ZOOM
- **April 7:** Drop the Puck for Polio *p 2*
- **April 9:** Easter Sunday
- **May 5-7:** Multi-District Conference, Thousand Islands, NY (Open to all) *pp 9, 10*
- **May 28-31:** Rotary International Conference Melbourne, Australia (Open to all)
- **June 21:** District Exec Comm Meeting/ZOOM
- **June 2023:** District Changeover (Open to all) TBD

CLUB EVENTS AT A GLANCE

- **NOW:** Help Girls in Malawi by Niskayuna Rotarian *p6*
- **NOW:** Food Drive by BHBL Rotary *p6*
- **NOW:** Homemade Soap Sale by Rotterdam Sunrise Rotary *p 6*
- **NOW:** Buy a Water Tank by Lake George Rotary *p8*
- **April 1:** 4 Season 4K (pt 2) by Burnt Hills Ballston Spa Rotary *p3*
- **April 2:** Pancake Breakfast by Schenectady East Rotary *p7*
- **April 5:** Brooks BBQ by Scotia Rotary *p4*
- **April 8:** Breakfast with the Easter Bunny by Twin Bridges Rotary *p 4*
- **April 19:** Doggie Paddle Speaker by Chestertown Rotary *p4*
- **May 6:** Medium Brandon Russ by Sharon Springs Rotary *p5*
- **May 17:** Youth Recognition Day by Albany Rotary *p5*
- **June 1:** Black/White Party by Twin Bridges Rotary *p5*
- **June 16-17:** Rotary Show by Amsterdam Rotary *p6*
- **June 17:** Cornhole Social by Chestertown Rotary *p6*
- **July 9:** Cornhole for a Cause by Schenectady R. *p7*
- **August 7:** Golf Classic by Glenville Rotary *p 7*



Grant Management Seminar 2023

Saturday, April 1st

1:15 - 3:15pm

In Person OR by Zoom

Register on the District Web Site to receive your attendance package and Zoom invitation.

Every Club must have 2 people in attendance to be qualified for a 23-24 District Grant!

In Person will be at the First Reformed Church

Church St at Union St, Schenectady

Following the District Training Assembly

23-24 DISTRICT GRANT APPLICATIONS ARE DUE BY JUNE 1, 2023! NO EXCEPTIONS!

~ ~ ~

BH-BL Rotary Event presents

Part Two of the new fun run series

4 Season 4K

Saturday, April 1st

Suggested donation is **\$10** per runner.

10:00 am

Camp Stomping Ground

3430 Boyhaven Rd, Middle Grove NY

Community members, families and pets of all ages and abilities are welcome to run, walk or dance through the trails of Camp Stomping Ground.

Proceeds from the events will go to BH-BL Rotary Club, which supports many other local organizations and events, including Camp Stomping Ground, and Immersion PT's "Team Teen" programming for young female athletes.

Link —> <https://bhblrotary.org/event/4-season-4k/>

~ ~ ~

FOLLOW THE DISTRICT CONFERENCE

JOIN OUR FACEBOOK EVENT & INVITE FELLOW ROTARIANS

We'll post updates as event plans come together and you can connect with us there in real time!

Press 'control & click' on the link below:

<https://www.facebook.com/events/1158926078076499>



Editor's NOTE: *The correct date for Breakfast w/ the Easter Bunny below (according to Twin Bridges website) is Saturday, April 8th.*

Breakfast With The Easter Bunny

Saturday, April 3, 2023
8:30 am to 11:30 am
Clifton Park Elks Lodge
695 Macelroy Road

- Take photos of your kids with the Easter Bunny and enjoy a full breakfast!
- Giveaways and prizes.
- Easter Egg Hunts.
- Buy tickets for the big, big Twin Bridges 50/50 Raffle!

Adults \$10
Kids, age 3 to 12 \$5
Under 3 FREE

Advance registration strongly encouraged:

www.twinbridgesrotary.com

Hosted by TWIN BRIDGES ROTARY CLUB
Questions? info@twinbridgesrotary.com



Egg Hunts at 9:15, 10:15 and 11:15

Schenectady East
Rotary
Club



ANNUAL PANCAKE BREAKFAST

For the benefit of

Crossroads Center for Children

At the Ancient Order of Hibernians Hall
1748 State Street, Schenectady

Sunday, April 2, 2023 8 am ~ 12 Noon
Adults \$12.00 Children 5-12 \$6.00 (Children under 5 free)



SCOTIA ROTARY BROOKS BBQ CHICKEN DINNER



GLENVILLE MAALWYCK PARK

WEDNESDAY, April 5, 2023

3 PM UNTIL 6 PM

CHICKEN DINNER \$15

HALF CHICKEN ONLY \$12

DRIVE THROUGH ONLY - NO ADVANCE SALE - CASH OR CHECK

300 Maalwyck Park Rd., Schenectady, NY 12302

*Proceeds support the Scotia Glenville Food Pantry
And other local charities*

Meet

**Jimmy Thomas,
U.S. Army Vet**

He travelled
4,000 miles to
raise awareness
for Veterans in
need of
Service Dogs
April 19, 7pm



*Going the distance for veterans in need
of service dogs*

Visit doggiepaddle.org to learn more

Jimmy's remarkable journey — kayaking from New York to Florida and return trip by bicycle — has made headlines all over the country. Now he visits Chestertown to share his amazing adventure with our community. His trek has helped to raise awareness for Veterans in need of service dogs. Jimmy is a Member of the Rotary Club of the Glenville NY and a U.S. Army Veteran.



Wednesday, April 19 at 7:00 pm

Chester Town Hall Gymnasium
Presentation, Discussion, Q&A

All ages are welcome
Doors open at 6:15 pm

Sponsored by

Chestertown NY
Rotary
Club

For more info call or text 518-538-5605

Visit a variety of Veterans' Services Organizations before and after the main presentation.

Sharon Springs Rotary presents



Medium Brandon Russ is BACK!

Saturday, May 6th

6 pm

\$38

Van Alstyne Homestead

42 Moyer St Canajoharie, NY

Brandon brings the stories of Funny You Should Say That to life! With a blend of stories and messages with audience members, prepare for an evening of being uplifted and connected.

As a developed demonstration Medium, he channels his inner comedian and is funny in the most unexpected ways. Because of the style of his new show, seating is LIMITED.

Come support the regional Rotary in the super fun shows! Brandon brings his unique style Mediumship with his wit and humor. You will leave uplifted and inspired!

For tickets:

<https://spirittreeconnections.ticketspice.com/book-em-tour-23-van-alstyne-homestead-for-rotary-56>

~ ~ ~

Albany Rotary presents its 39th Annual Youth Recognition Day

May 17th

11:45 am

Come join us as we celebrate our 39th Annual Youth Recognition Day! This event honors youth from childcare agencies in the Capital Region.

Purchase your tickets via EventBrite on our Facebook or contact any Albany Rotary Club Rotarian. Looking forward to seeing you there.

~ ~ ~

District 7190 continues to offer Polio Survivor Louise Rourke's Inspirational Story: *Called by the Water*

Learn how Louise's life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds! Thank you for your support.

\$20 per book / \$35 for a signed copy

Your donation supports the Rotary Foundation Campaign to Eradicate Polio.

To purchase books, email Doug Ford at

doug.ford@curtislumber.com

See flyer on page 12.

~ ~ ~

Save the Date!



Thursday, June 1, 2023
6:30 to 9:30 pm

Fairways of Halfmoon
17 Johnson Road, Halfmoon

Twin Bridges Rotary Fundraiser

Black & White Party

- Italian Buffet Dinner
- Dancing
- Big, Big 50/50 Raffle
- Wine Pull

music by
DJ Raphael Peralta

Invite your family, friends, coworkers, significant other or gather your gal pals for a fun "Girls Night Out"!

Make
your
plans
now!

\$60 per person
Please purchase tickets
by May 15

*All proceeds benefit
Twin Bridges Rotary Foundation*

buy tickets now at
www.twinbridgesrotary.com

Attire:
your favorite black, white
or black & white outfit!

Details on page 8.

~ ~ ~

Save the Date!

**Amsterdam Rotary presents its annual
Rotary Show**

**Friday, June 16th & Saturday, June 17th
Amsterdam High School**

This year's theme is "The 80's"

You will not want to miss it!!

Details to follow.

~ ~ ~

Save the Date!

Rotary Cornhole Social

Saturday, June 17, 11 AM to 4 PM

Chester Conservation Club-Knapp Hill Rd

Chestertown, NY



\$20 Adult * \$5 Age 7-15

Free—Kids 6 and Under

3 Plays for Every Team

Prizes for Winners * 50/50 Raffle

Door Prizes * Concession Stand

Live Music by The Soggy Derby Boys

Practice & Registration starts 10 AM

Brought to you by the Chestertown Rotary Club
70+ Years of Service to our Community

Need info? Call or text 518-538-5605

Visit our FB page

fb/ChestertownNYRotary



***This is a fundraising tournament full of fun! Get
your Club's team together!!
Special prize for top Rotary Club!!***

~ ~ ~

Burnt Hills-Ballston Lake Rotary

continues to provide an

**"Operation Hunger"
Collection Box**

at Gil's Garage

817 Saratoga Rd, Burnt Hills, NY

to collect non-perishable food items.

~ ~ ~

Rotterdam Sunrise Rotary is selling

Homemade Soaps

A great gift idea for any holiday!

\$5/bar or \$20 for 5 bars in a decorative bag

Free shipping and/or delivery.

Please contact Michael Surin by text at 518-810-8338 or email msurin@nycap.rr.com.

Or join their weekly meetings at 7:15 am at the Bellevue Café in Schenectady, NY.

~ ~ ~

Help Empower Girls in Malawi

Please, check out the link below. Share, and bookmark it to support our foundation:

<https://smile.amazon.com/ch/26-3821877Viullage>

Chituka Village Project update here:

<https://youtu.be/m7qO2lsXdBo>

Thank you very much.

Kenji Mtalika Banda, Niskayuna Rotarian
Founder/CEO Banda Bola Sports Foundation, Inc.

~ ~ ~



Save the Date!



SAVE THE DATE

July 9, 2023

**Schenectady Rotary Club's July ACL Regional
Tournament**

Cornhole for a Cause

Rivers Casino and Resort

Doors open at 9am, Bag fly at 10am

www.SchenectadyRotary.org

*Benefiting the students and families of
William C. Keane Elementary School*




Details in next column.

~ ~ ~

Save the Date!

Glenville Rotary presents its annual
Golf Classic
Monday, August 7th
Pinehaven Country Club

Come join us for fun and
helping us help others!
Details to follow.

~ ~ ~

Cornhole for a Cause Fundraiser

by Lisa Jackson

Schenectady Rotary is partnering with the **Adirondack
Cornhole League** for their 2nd Annual

Cornhole for a Cause Tournament

They are excited to announce that this year's
event will be hosted by their Event Sponsor, **Rivers
Casino and Resort**, at Mohawk Harbor in
Schenectady, on **Sunday, July 9, 2023!**

**Registration opens at 9:00am and bags will
fly at 10:00 am.**

Cornhole for a Cause features a day-long



tournament for professionals and amateurs alike, as
well as an assortment of drawings, auctions, and retail
vendors.

Spectators are welcome! Come cheer on your
friends as they play for the trophy and support the
cause and have some fun!

Visit www.SchenectadyRotary.org for more
information and registration.

For more information, contact: Lisa Jackson at
518-441-1225 or SchenectadyRotaryClub@gmail.com

Follow us at

www.facebook.com/SchenectadyRotary and watch
for more information.

**In Partnership with: Schenectady Community Schools
& Adirondack Cornhole
Hosted by Rivers Casino**

Proceeds will be used to fully furnish a
community resource room at a **William C. Keane
Elementary School** where families can access medical
and mental health services, food, clothing, childcare,
transportation, and enrichment programs.

~ ~ ~

Black & White Party

Twin Bridges is hosting a **Black & White Party!** That's right—get out your little black dress or your white pantsuit or anything that's black, white or black and white. It's all good for the *Black & White Party*.

This exciting event is set for Thursday, June 1 at 6:30 pm with music from DJ Raphel Peralta, dancing (plenty of space), food, drink, the Big, Big Twin Bridges Raffle, a Wine Pull and most importantly, lots of fun! An Italian buffet dinner is included. This is the second time Twin Bridges has held the *Black & White Party* and this one will be bigger and better than before.

Held at Fairways of Halfmoon, 17 Johnson Road, Halfmoon, the cost is \$60 per person and all proceeds will benefit the charitable efforts of the Twin Bridges Rotary Foundation. **Pre-registration is strongly encouraged--sign up now at twinbridgesrotary.com.**

~ ~ ~

Ballston Spa Rotary Update

by Ray Otten

We had a successful Brooks Barbeque fundraiser earlier this month and want to thank everyone involved. We were able to also collect a good amount of items to donate to the BSHS for their Scotties Pantry to help those kids in need.

Coming up in the Spring we will be working on our Village Park clean up as well as continuing to add more convenience benches throughout our Village.

We are always looking for speakers for our meetings so visit our website, Ballstonsparotary.com, for more information.

~ ~ ~



Lake George Rotary presents

KEEP GIRLS SAFE & IN SCHOOL



SOKONI WOMEN'S DEVELOPMENT INITIATIVE (SOWETE)



In Kenya, women and children walk an average of **10 MILES** a day to get dirty water.

Young girls **miss school** to help their mothers get water.

PARTNERSHIPS

Lake George Rotary, Rotary Club of Karura and a grant from Rotary International to provide:



Dorca, 2012



Dorca, 2021

- 💧 Sustainable gutter systems
- 💧 Connect to their home
- 💧 Provide clean, treated rain water
- 💧 Keep women safe + girls in school

<https://bit.ly/WaterTankDonation>

Send a check payable to:
Lake George Rotary Foundation
Kenya Water Project
P.O. Box 321
Lake George, NY 12845



~ ~ ~

DEI Information

By Pam Baxter

Did you know that the Learning Center on Rotary.org has a plethora of training and education on the subject of Diversity, Equity and Inclusion. You can access this information, free and easy, in the privacy of your own space, or you can use it as a club training. Check it out.

<https://my.rotary.org/en/learning-reference/about-rotary/diversity-equity-and-inclusion>

~ ~ ~



DISTRICT CONFERENCE

May 5-7, 2023 | 1000 Islands Harbor Hotel, Clayton, New York

Discounted packages available for teens and children, so bring the whole family!

All three districts are invited to be part of a weekend filled with celebrations, connections and fun!

IMPORTANT: You must register for conference AND ALSO book a stay directly with the hotel

CONFERENCE SCHEDULE

FRIDAY FUN: Celebrate Cinco de Mayo with Pesos for Polio

A portion of all drink sales go to End Polio, learn about our progress towards eradication, and enjoy seeing old friends and meeting new

SATURDAY LEARNING: Get inspiration & explore the area

We'll spend the morning hearing from local organizations doing great work, with all three districts sharing some key projects from their areas. Then in the afternoon attendees will have free time to shop, taste and see the beautiful riverside community. In the evening, we will celebrate Youth Exchange and get the latest from CNY Rotary at dinner.

SUNDAY SEND-OFF: A time to reflect and look ahead

After breakfast we will remember Rotarians we have lost at the memorial service, following by a look ahead to the next conference, then say, "See you soon!"

Rotary 
District 7150

Rotary 
District 7170

Rotary 
District 7190

REGISTER NOW

Press 'control & click' on the link below:

<https://rotary7150.org/page/conference-2023>

CALL FOR MEMORIALS



Help us honor Rotarians we've lost at this year's conference with a memorial service on Sunday morning. Submit details about members who have passed since the last conference by April 21st for them to be included.

Submissions should include:

Name (including nickname)

Club Name

Rotary Bio (date joined, positions held, etc.)

High Resolution Photo

Submit to: pdg.dennis.s@gmail.com

For more information press 'control & click' on the link below:

<https://rotary7150.org/page/conference-2023>

A photograph of the 1000 Islands Harbor Hotel, a large, multi-story building with a mix of blue and tan siding, many windows, and balconies. It is surrounded by greenery and a paved walkway.

May 5-7, 2023 | 1000 Islands Harbor Hotel, Clayton

ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

Louise Beckerle Rourke is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

Michael K. McGovern,
Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

Kitty Rooney,
Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

Dr. Joel Goodman,
Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY

