

The Toolbox



December 2020

Barb Wyllie ~ Editor

Distribution 963

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM

Deadline: 20th of the month

From the Governor's Desk

Cheerful Thoughts

We need cheerful thoughts. We need love and compassion. We need peace and understanding. We need giving. We need each other. As I looked at the Rotary calendar, the theme for December in our Rotary World is: Disease Prevention and Treatment Month. I thought how fitting this is, as we enter into the ninth month of dealing with the COVID-19 pandemic, and there is a "cheerful" hooray as we are getting closer to a vaccine to help stop the spread of this virus.

As I reflect back on 2020, I realize how much our lives have changed. Some for the better, some for the worse. Through this, we, as Rotarians, have stayed the course. Just in different ways. As Rotarians, we have moved on with our missions, to make the world safer, healthier, cleaner, smarter and caring. We have learned that many of our past activities have been transformed into virtual events. I would like to thank the generosity of our members for the successful virtual Foundation Event held on 11/24.

I am hopeful that everyone will have a healthy and happy holiday season. And as we look to the new year, 2021 will be a better year, and we will return to brighter days.

From my home to yours, Happy Holidays!!

District Governor Rich Griesche

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DISTRICT EVENTS AT A GLANCE

- **NOW: Book Reservations** being taken *p 3*
- **December 1: A Visit with Louise Rourke** *p 2*
- **December 10-18: Happy Hanukah**
- **December 25: Merry Christmas**

CLUB EVENTS AT A GLANCE

- **NOW: Christmas Ornaments:** Cohoes Rotary *pp 2, 12, 13*
- **NOW: Christmas Wreath Sale:** Sch'dy Rotary *p 4*
- **NOW: 12 Days of Christmas Raffle:** Saratoga Springs Rotary *p 5*
- **NOW: Memory Tree Fundraiser:** Chestertown Rotary *p 2, 14*
- **NOW: Christmas Tree Sale** by Ballston Spa Rotary *p 4*
- **NOW: Coupon Books** by Albany Rotary *p 2*
- **NOW through June 2021: Hoffman's Car Wash Fundraiser** by Albany Rotary *p 4*
- **December 5: Candy Cane Lane Drive Through Event** Twin Bridges Rotary *p 5*



MERRY CHRISTMAS!

HAPPY HANUKAH!

A Visit with Louise Rourke

Join us on **December 1st**, at **1 pm** to hear Louise's story and discuss where we are with polio today. <https://bit.ly/FighttoEndPolio>

With special guests:

Michael McGovern, RI Polio Plus Chair
Doug Ford, Rotary District 7190 Polio Chair

Hosted by Melissa Ward

In 1954:

- Marilyn Monroe marries Joe DiMaggio
- Elvis Presley releases his first single
- The first mass vaccination of children against polio begins in Pittsburg, PA.

But in Lake George, NY, 6-month-old Louise Rourke is diagnosed with polio, beginning her life long journey with the disease.

With a paralyzed right leg, 4-year-old Louise was inspired by Diane Struble, the first woman to swim the 32 miles of Lake George. In 2018 that inspiration led to the Swim to End Polio.

Related book flyer on page 3.

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Albany Rotary is selling
SaveAround Greater Albany
Coupon Books
Cost \$25

Area restaurants include: Swifty's, Koto, Texas Roadhouse, Professor Java's, Front St Deli, Dozer's Bar & Grill, MochaLisa's Caffe.

There is also an app that you can download to get coupons for locations all over the country.

Money raised will help the club fund this year's grant project: The RED Bookshelf in Albany.

Contact Manoj Ajmera manorita12@gmail.com or Kevin Pittz kpittz@aol.com if you would like to make a purchase or to get more information.

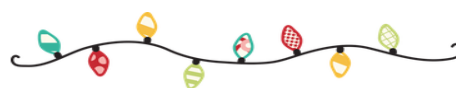
Cash, check or credit cards are accepted.

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Chestertown Rotary Club's Memory Tree Fundraiser

Remember your loved ones by adding their names to this beautifully lit Christmas tree.

Details & registration form on page 14.



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Cohoes Rotary Ornaments Celebrate 150TH Anniversary of Cohoes

In 2004 The Rotary Club of Cohoes started a collectible series of Christmas ornaments featuring historic landmarks in the City of Cohoes. This year's ornament celebrates the 150th Anniversary of the City of Cohoes. A portion of the proceeds for the sale of the 2020 ornament will go to support the programs at LifePath Cohoes (formerly Cohoes Senior Center).

Following are previous ornament designs in the series: 2004-the Cohoes Falls; 2005-the Harmony Mills; 2006-the Cohoes Music Hall; 2007-the Cohoes Mastodon; 2008-Cohoes City Hall; 2009-the Half Moon; 2010-Silliman Memorial Church; 2011-the Van Schaick Mansion; 2012-Keveny Memorial Academy; 2013-Cohoes High School; 2014-Cohoes Library; 2015-the former Cohoes Movie Theatre; 2016-Carlson's Ice Rink; 2017-Erie Canal Locks; 2018 Cohoes Armory; 2019-Matton Shipyard. Coffee mugs with the 150th Anniversary design are also available for purchase.

Cost for ornaments is \$20. Mugs are \$10. To purchase ornaments or mugs go to <http://www.rotaryclubofcohoes.org> for further information. Ornaments and mugs are also available for purchase at Marra's Pharmacy, 217 Remsen Street, Cohoes, or The Local, 159 Remsen Street, Cohoes.

See flyers on pages 12 & 13.

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Polio Survivor Louise Rourke Shares Her Inspirational Story in a New Book, *Called by the Water*.

Learn how her life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds!

Get a copy of *Called By The Water* for \$20, or an

autographed copy for \$35. For \$50 you will receive an autographed copy plus an End Polio Now T-Shirt and face mask.

Your donation supports the Rotary Foundation Campaign to Eradicate Polio.

<https://go.rotary7190gives.org/calledtowater>

Thank you for supporting The End Polio Campaign.

Doug Ford, End Polio Co-Chair.

ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

Louise Beckerle Rourke is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

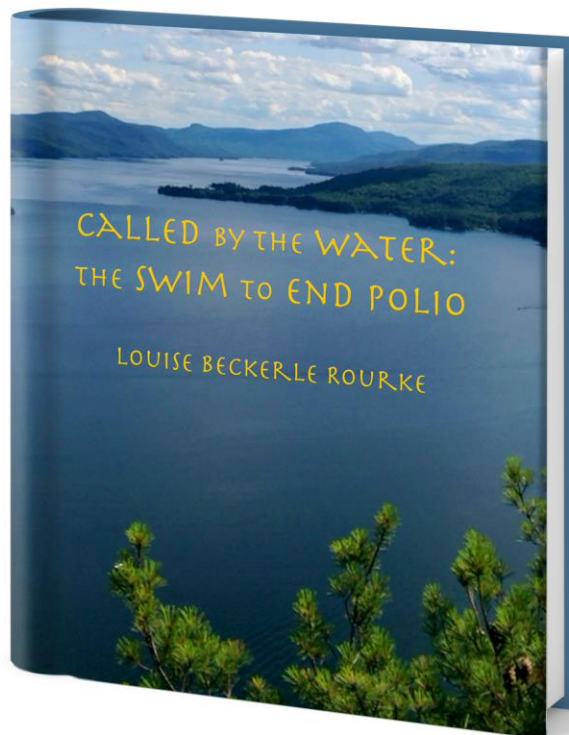
Michael K. McGovern,
Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

Kitty Rooney,
Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

Dr. Joel Goodman,
Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY



ALL PROCEEDS FROM THE SALE OF THIS BOOK WILL GO TO THE ROTARY FOUNDATION / END POLIO CAMPAIGN

To reserve your copy of Louise's book or to make a donation... please contact District Polio Chair-Person, Doug Ford: ford@curtislumber.com



24" Wreaths

Adorned with
Red Bow and Pinecone Cluster

\$25 each

Pickup Dates December 4th and 5th



Schenectady Rotary Club's

Holiday Wreath Sales

\$25 each

These are 24" Wreaths made of fresh greenery and adorned with a red bow and pinecone cluster.

All orders to be preordered on the club website:
<https://schenectadyrotary.org/wreaths2020/>

**Presales through December 1, 2020
only, limited quantities available for
purchase at pickup**

Easy, Drive-Through Pickup at Maple Ridge
ARC, 2999 Hamburg St, Schenectady, NY 12303

Friday, December 4: 2pm to 4pm

Saturday, December 5: 9am – 12pm

Comments or questions:
schenectadyrotaryclub@gmail.com

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Attention All Clubs

Every month, kindly submit the names of your new members and the names of your members who have passed on to higher service to Barb at thetoolbox7190@gmail.com. Thank You.

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Ballston Spa Rotary Club's

Holiday Tree Sale

at the Curtis Lumber store

on Rt. 67 south of the Village

Sales begin on November 25th

Our sales crews will be required to wear masks and socially distance as will our customers. We will have a **HUGE** selection of about 800 trees from our local vendor (Bob's Trees) and they will make your Holiday celebration very special since all profits go right back into our Community.

Like most of the other Rotary Clubs in our District, we are hoping to raise money to continue our projects focused on helping others this year. We make most of our funding through this event.

For information contact Pete Champagne at pete4793@nycap.rr.com or Mike Palma at mpalma@nycap.rr.com.

Hope to see you there!

---Ray Otten

~ ~ ~

Albany Rotary Club's

Hoffman's Car Wash Fundraiser

Now through June 2021

Tickets are \$12 or \$42*

(*The full-service package **now** includes extra detailing and interior sanitizing.)

**Tickets can be purchased
at the link below:**

<http://www.hoffmanhelpinghands.com/fundraiser.cfm?id=20486>. Proceeds will help support Albany Rotary's local projects.

Peter J. Rose
(518) 843-1920

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Saratoga Springs Rotary Club's
12 Days of Giving Raffle
December 13th – 24th

**Raffle prizes range in value from
 \$239 to \$1299**

Raffle tickets cost \$20 Each

(Cash or check made out to Rotary Club of
 Saratoga Springs.)

Each ticket has a perforated end that needs
 to be filled out and returned to the Raffle
 Committee by December 12 to be included in
 all drawings.

Once daily drawings from December 13-
 December 24.

All tickets entered for every drawing. One
 prize per ticket.

Prize Packages:

Life Made Simpler
 Family Fun
 Ski Package
 Spa/Salon Package
 Health Package
 Weber Grill
 Fashion Package
 Kitchen Fun Package
 Arts & Crafts Package
 Sweets Package
 SPAC Package
 Saratoga Getaway Package

Sponsors:

Adirondack Trust Co, Allerdice
 Granite & Marble Works, SPAC

Check out our Facebook Page:
 Facebook.com/SaratogaSpringsRotary for
 more package details and LIVE daily drawings
 from lovely Downtown Saratoga Springs.

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**Candy Cane Lane
 Christmas Adventure**

***NOTE: REGISTRATION IS FULL AND
 CLOSED FOR THIS EVENT.***

*Twin Bridges Rotary—known for years in
 Southern Saratoga County as the sponsor of the
 annual “Breakfast with Santa & Mrs. Claus”—has
 a new Christmas program tailored for a pandemic
 holiday season.*

*“Candy Cane Lane Christmas Adventure” will
 be held December 5 from 10 am to Noon at the
 Clifton Park Elks Club, 695 Macelroy Road,
 Clifton Park. It's the same location as in years
 past but this time it will be in the driveway and
 parking lot of the Elks Club as a “Santa Drive-
 Thru” event.*

*As parents drive through the property there
 will be several stations to stop at. The first will
 have a bag for each child to collect presents. The
 treats and toys will be different at each station and
 will be handed out by masked “elves.” The
 highlight will be seeing Santa and Mrs. Claus who
 will wave and talk to the kids.*

*Masks and social distancing will be strictly
 observed. There is no fee to attend but a donation
 box at the end of the drive will allow parents to
 choose to help fund Twin Bridges charitable
 activities.*

Important: In order to ensure enough
 supplies for all kids who attend, please email Twin
 Bridges at info@twinbridgesrotary.com with your
 name and how many children will be with you.



Two Rotarians Honored

by Al Cormier

Recently two District 7190 Rotarians, William "Al" Cormier of Salem, and Carolyn Ouderkirk of Fort Ann, were among seniors honored at the annual Older New Yorker's Day. Each year two citizens from each New York county are nominated by their peers for this honor based on their volunteer services. In addition to both being Rotarians, both recipients are retired teachers.

Ms. Ouderkirk has for 25 years volunteered her services as a member of Rotary and for numerous other organizations in Fort Ann such as founding the Fort Ann Historical Society and serving as secretary of the Old Stone House Library Committee. She served as a Red Cross volunteer after the 911 attack in New York City and after Hurricane Katrina in New Orleans. In 2007, she wrote and published *Fort Ann: 300 Years History*.

Cormier, in addition to volunteering his time as a Rotarian for 54 years, has served on many other community organizations such as the Salem Food Pantry, served on the board of the Mary McClellan Hospital, and oversaw the restoration of the Revolutionary War Cemetery in Salem. As town historian he has written many articles and books. He has said his book, *Next Year in Salem, A Chronicle of the Home Front During World War II, 1940-1945*, best exemplifies both sacrifice and "Service Above Self."

Because the normal banquet at The Egg was cancelled due to the COVID 19 epidemic, this year's winners were honored virtually on November 17 with Director of the New York State Office of the Aging, Greg Olson officiating. Each honoree was given a commemorative medal and a published book, *Make Your Mark*, containing the biography of each winner.

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Smiling behind their masks are Alice Marcus and Cathy Lucas.

Eyeglasses Headed for Nigeria

by Lon Penna

Niskayuna Rotary wants to thank **Chris Trow of The Rotary Club of Glenville** for obtaining seven boxes of eyeglasses collected by the Lions Club. Niskayuna Rotarian Dr. Fox and his wife Randy provided the guidance needed to process and sort the eyeglasses. Dr. Rob and Randy have been going on volunteer eyeglass missions to Mexico for years. Niskayuna Rotarian Alice Marcus, in her usual no-nonsense fashion, has already arranged for an optician in Nigeria to provide these eyeglasses to the needy villagers who have probably not seen clearly for much of their lives.



Dr. Rob Fox & his wife Randy providing instructions to the crew.



7 Boxes of Eyeglasses in Chris Trow's Van



Florin Vlad with Dr. Rob Fox and his optical measuring equipment.



About 2000 pair of eyeglasses passed the sturdiness test.

~ ~ ~



Randy Fox and Helen Penna sorting the bifocals.

SEEDS for PEACE Headed for Nigeria YOU CAN REQUEST SEEDS TOO!

Niskayuna Rotary wants to thank **The Rotary Club of Burnt Hills-Ballston Lake** for offering the SEEDS for PEACE program to folks in need around the world. And in particular, for providing nearly 4000 seed packets that Niskayuna Rotarian Alice Marcus is shipping to her village in Nigeria. Alice herself was born in extreme poverty. She knows firsthand what it is like to go for days without food. Since becoming a Rotarian in March of 2020, Awesome Alice has provided her home village with a water system, 500 Covid masks, 2 sewing machines, \$10,000 in microloans, and with these seeds provided by BH-BL Rotary, an estimated 20 acres of gardens will be forthcoming. For more information about the SEEDS for PEACE program, or to request seeds, contact BH-BL Rotarian Linda LeTendre at 518 330 7683 or Seedsforpeacerequests@gmail.com. To give a little towards the shipping expenses, hit the "Donate" button at SeedsForPeace.org.



Shown here are some of the nearly 4000 seed packets on their way to poor families in Nigeria.

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Rotarian Flavors from Around the World

This is an opportunity to continue to experience the tastes of Rotary from around the world. Below, you will find recipes reprinted from the **Rotarian Flavors of the World Cookbook** (Morris Press Cookbooks 2011). Enjoy!

Spread

Fruit Cheese Spread (page 7)

From the region of District 5360 / Canada

1/2 cup mixed dried fruits
2 T Port or orange juice
250g package cream cheese
1/2 cup grated cheddar cheese
Grated rind of 1 orange

Combine fruits in bowl. Add port (or orange juice), cover, stand for 1-2 hours. Beat softened cream cheese and cheddar cheese in electric mixer, stir in orange rind and fruit mixture. Spoon into a small serving dish and serve with crackers. For maximum flavor, prepare a day in advance. It will keep for 4 days.

Salad

Iceberg Salad (page 44)

From the region of District 5010 / USA

2 cups vegetable oil
3/4 cup cider vinegar
1/3 cup lemon juice
1/2 cup chopped fresh parsley
2-3 cloves garlic, minced
1/2 tsp salt
1/2 tsp pepper
2 cups (8 oz) freshly grated Romano cheese
3 heads iceberg lettuce, torn

Combine first 7 ingredients in a large jar. Cover tightly and shake vigorously until blended; stir in cheese. Toss dressing as needed with lettuce; store remaining dressing in refrigerator. Yield: 18 servings.

Continued on next page...

Soup**Belgian Soup** (page 31)**From the region of District 1620, 1630 / Belgium**

- ¾ lb. Brussels sprouts
- 4 green onions, chopped
- 2 cups rich chicken stock
- ½ tsp salt
- ¼ tsp white pepper
- ¼ tsp tarragon
- ¼ cup nonfat dry milk
- 3 T low fat yogurt
- 1 T chopped parsley
- Yogurt or chopped parsley for garnish

Cook sprouts and onions in chicken stock with salt, pepper and tarragon until tender, about 12 minutes. Puree in a blender with dry milk, parsley and yogurt. Reheat until hot through. Garnish with a dollop of yogurt and parsley.

Main Course**Cheese Crowned Tenderloins** (page 106)**From the region of District 5360 / Canada**

- 4 (4 oz.) beef tenderloins or top sirloin grilling steaks
- ¼ cup herbed Boursin or cream-style cheese
- ½ cup seedless raspberry jam
- ¼ cup balsamic vinegar

In medium oiled skillet over medium-high heat, brown steaks 3-4 minutes on each side. Remove to baking pan and top each steak with one-quarter of the cheese. Broil 3 minutes or until the cheese is browned. Meanwhile, stir jam and vinegar into skillet and bring just to a boil. Serve steaks on a pool of sauce, drizzling a little over top.

Preparation time: 2 minutes.

Cooking time: 10 minutes.

**Dessert****Rum Cake** (page 151)**From the region of District 7230/ Bermuda**

- 1½ cup chopped pecans
- 1 package yellow cake mix
- 1 (3.4 oz) package instant vanilla pudding mix
- 4 eggs
- ½ cup water
- ½ cup vegetable oil
- ½ cup rum

Glaze:

- ½ cup butter
- ¼ cup water
- 1 cup white sugar
- ¾ cup dark rum

Heat oven to 325 degrees. Grease and flour a 10-12 cup bundt pan. Sprinkle the nuts on the bottom of the pan. In a large bowl, mix together the cake mix, pudding mix, eggs, water and oil and rum. Pour over the nuts. Bake in the preheated oven for 50 minutes or until a toothpick inserted into the cake comes out clean. Let rest for 15 minutes and then invert onto a serving platter. In a saucepan, melt butter, sugar and water until it comes to a boil. Continue boiling for 4 minutes. Get it off the heat and stir in the rum. Brush glaze over top and sides of cake.

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International Travel: A Little Used Benefit of Being a Rotarian.

by Lon Penna

With Covid, there isn't much traveling happening. But you can fasten your seat belt for when things get better.

Old or young, Rotary has a travel plan for you. For young Rotaractors, family & friends, the program is called **NEW GENERATIONS SERVICE EXCHANGES**. For Rotarians, family & friends, Rotary gives us **FRIENDSHIP EXCHANGES** that allows participants to take turns hosting one another in their homes and clubs. Friendship Exchanges can be 1-way; that is, they need not be reciprocal. The purpose can be for service, or simply for fun & fellowship. Simply download the ROTARY CLUB LOCATOR app to your smart phone, enter a country, and you will have the phone and email addresses of all the club officers in that country. Simply ask if someone would like to host you, in exchange for you hosting them. Who can say no to that?

Many districts are more formalized, with a Friendship Exchange Committee (blue dots) or a website (green dots.) Search for **Rotary Friendship Exchanges** to view the **Exchange Finder Map**.



COST: Figure \$1500, which includes airfare, immunizations and visa. But don't let cost be an obstacle. Niskayuna Rotarians will be sure that any Volunteer who wants to go, will be able to go.

Continued on next page...

READY-MADE EXCHANGES FOR DISTRICT 7190

Our district 7190 has been hosting exchange students for years. Nearly every one of them would be delighted to have you visit, or to help you arrange a Friendship Exchange. Paris anyone?

Here are some ready-made exchanges offered by Niskayuna and Scotia Rotarians.

NIGERIA (Alice Marcus): Here you will get your own 2-story, new house, kitchen, running water, electricity, a car and driver. All expenses are covered in country.

UGANDA (Helen Penna): You would stay with local Rotarians, or with employees of the MoonCatcher Project.

PAKISTAN (Helen & Lon Penna): Here you will stay with host Rotarians. They too will cover ALL of your expenses in-country. Helen and Lon have been there half-a-dozen times.

NORTHERN MALAWI (Keni Banda): Here Keni would arrange for housing. When Lon was there, Keni arranged for a luxury lake-side resort for about \$100 per night, including food. In addition to the project ideas below, there are gardens & pig cooperatives that you could visit. And a local college professor has asked that D7190 help arrange for students to plant nutritious Moringa trees in their school yards. The seedlings are available from the government for 50-cents each, and the trees start to provide food after just a few (3?) years. You could also take the ideas that Dr. Lisse has (BridgesToMalawi.org) and bring them to Keni's village. For example, you could show villagers how to grow and drink a tea plant (Artemisia) the significantly reduces malaria!

CENTRAL MALAWI (Dr. Brian Lisse & the Pennas): Here you would get room and board from a local family, in a house with electricity, and with running water intermittently. Figure \$100 per week for your host family. (Helen & Lon went with a group of 40, so maybe the water will be more reliable with a small group. You can check out projects you could assist with on the homepage of BridgesToMalawi.org.

ROMANIA (Florin Vlad): The goal here is to allow rural students to participate in school again via WiFi. The mechanism would be to bring phones, tablets, and laptops filled with educational materials. One hindrance here is most of the rural students would not speak English. The educational materials we would install would be in Romanian (Wikipedia, Kolibri-Khan Academy which "makes **high quality education technology** available in low-resource communities such as rural schools, refugee camps,...")

PHILIPPINES (Helen & Lon Penna): They are just starting up their own MoonCatcher project.

CHINA (Helen & Lon Penna): The goal here is to show Rotaractors that Americans are not their enemies. Chinese citizens are not allowed to be Rotarians and Chinese students are not allowed to be Rotaractors, but they are allowed to attend meetings and participate. They just can't vote or hold office. Helen Penna has been there twice and she and her fellow Rotarians had their own penthouse, courtesy of a Shanghai Rotarian.

ALL COUNTRIES (Club Locator App): We would be glad to help you connect with Rotarians in nearly every country in the world.

Continued on next page...

PROJECT IDEAS (if you decide to have service be part of the exchange.)

- You could **teach** in the schools, any grade, any subject. Many school(s) would be excited just to have an English speaking guest teacher.
- Assist with **MicroLoans**. In Nigeria, Alice has seeded this program with \$10,000 giving loans of \$125 and \$250. You could help be seeing how it is working, and sharing ideas with the recipients, and with us. In Malawi, Dr. Lisse gives \$10 loans.
- **MicroSD education**. We can provide you with a dozen smart phones or tablets, filled with K-12 education. Any one in a classroom will allow any other smart phones to access the educational software via phone to phone WiFi using the ShareIt app. You could start an educational revolution.
- The schools in Nigeria & Malawi have requested **toilets**, and the need is universal. You can share the toilet designs provided by WASrag, and pending funding for materials, you could supervise the construction of their prototype toilet(s). You can teach them that urine has more fertilizer value than manure, how to collect it, sterilize it, dilute it and apply to gardens.
- BH-BL Rotary's **Seeds for Peace** can provide you with a suitcase filled with garden seeds, for you to distribute and teach gardening.
- We can send you down with some **seed grinders and solar ovens**. You could teach how to make bread from grain to finished product. You could bring a hundred 50-cent temperature indicators (160F) that show when a liquid is safe to drink. (These devices need to be assembled.)
- Niskayuna Rotarians have collected 50+ **vocational videos**. You could set up evening film watching sessions, followed by discussions on how to get started using the videos to support themselves. (You could also set somebody up in the entertainment - movie -showing business with power, a projector, and 100 DVDs we can get essentially for free at the library book sales.)
- You could help with the distribution of **MoonCatchers**, which includes teaching a health curriculum to the boys. This would require either carrying MoonCatchers with you, or time your visit when Rotarians are in full swing with their matching grants. You could also support, or set up a sewing guild, that could start making MoonCatchers. Sewing machines are about \$125. You would bring samples, patterns, training videos, shopping lists and Tyvek inserts.
- You could teach how to make Tippy Taps. These are **hand-washing stations** made out of branches, rope, a nail and a gallon water jug. These are especially important during Covid. Search on YouTube for how to make and operate a Tippy Tap.
- Set up exchanges. Invite students, and folks you meet, to spend some time in the USA.
- Etc., etc, etc.

GETTING STARTED

Run with it, or give Niskayuna Rotarians a call. We will be glad to help. Lon Penna, Secretary, Niskayuna Rotary, 518-312-6588.

~ ~ ~



Cohoes Rotary Christmas Ornament Sale



Cohoes 150th Anniversary

In 2004 The Rotary Club of Cohoes started a collectible series of Christmas ornaments featuring historic landmarks in the City of Cohoes. Following are the ornaments in the series: 2004-the Cohoes Falls; 2005-the Harmony Mills; 2006-the Cohoes Music Hall; 2007-the Cohoes Mastodon; 2008-Cohoes City Hall; 2009-The Half Moon; 2010-Silliman Memorial Church; 2011-the Van Schaick Mansion; 2012-Keveny Memorial Academy; 2013-Cohoes High School; 2014-Cohoes Public Library; 2015-Cohoes Movie Theatre; 2016-Carlson's Ice Rink; 2017-Erie Canal Locks; 2018-Cohoes Armory; 2019-Matton Shipyard.

The 2020 ornament, Cohoes 150th Anniversary, is the sixth in the slim ornament style, white china with a gold band edge. A portion of the proceeds will go to support the programs at LifePath Cohoes (Cohoes Senior Center).

Cost: \$20

To purchase ornaments contact

Linda or Ed Tremblay

at 518-235-4311 or email ljt@nycap.rr.com

Ornaments are also available for purchase at

Marra's Pharmacy and The Local

Remsen Street, Cohoes

Cohoes Rotary Christmas Mug Sale



Cohoes 150th Anniversary

In 2004 The Rotary Club of Cohoes started a collectible series of Christmas ornaments featuring historic landmarks in the City of Cohoes. Following are the ornaments in the series: 2004-the Cohoes Falls; 2005-the Harmony Mills; 2006-the Cohoes Music Hall; 2007-the Cohoes Mastodon; 2008-Cohoes City Hall; 2009-The Half Moon; 2010-Silliman Memorial Church; 2011-the Van Schaick Mansion; 2012-Keveny Memorial Academy; 2013-Cohoes High School; 2014-Cohoes Public Library; 2015-Cohoes Movie Theatre; 2016-Carlson's Ice Rink; 2017-Erie Canal Locks; 2018-Cohoes Armory; 2019-Matton Shipyard; 2020-Cohoes 150th Anniversary. Ornament designs are available on white mugs.

Cost for Mug: \$10

To purchase mugs contact

Linda or Ed Tremblay

at 518-235-4311 or email ljt@nycap.rr.com

**Ornaments and mugs are also available for purchase at
Marra's Pharmacy and The Local
Remsen Street, Cohoes**

Supply is limited. Get yours today!

CHESTERTOWN ROTARY ANNUAL MEMORY TREE FUNDRAISER

The Holiday Season approaches quickly. It is the season to celebrate the thoughts and memories of the people who shaped our lives. The shared and wonderful memories from our families, friends, teachers, co-workers, clergy, even the kindness of a stranger who changed our lives for the better. Take time to remember these important connections this year by sponsoring a light on the Chestertown Rotary Club Memory Tree, located again in the center of Chestertown.

This year's tree is in memory of Rotarians called to a Higher Service – Jerry Meader, Doug O'Brien, and Jay and Carol Becker. Immediate family members only are invited to the lighting ceremony.

Your \$20.00 contribution will shine lights on the Memory Tree for five names (or \$5.00 per individual name) for all to see this Christmas season and help support local families in need through the food pantry, heating fuel assistance, clothing, etc.

In addition, you and those you remember will be a part of a specially designed Memory Tree announcement appearing in *The Sun Community News* towards the end of the holiday season.

Please fill out the form below and send it with the appropriate contribution no later than November 30th. Enjoy the Holidays!

The Memory Tree lighting will be December 1st, 2020. We will host the event on our Facebook Page with a Live Feed. Facebook.com/ChestertownRotary12817

-----Cut Here-----

Please Print

Remit to Chestertown Rotary Club, P.O. Box 260, Chestertown, NY 12817

<u>Person to be Remembered</u>	<u>Honor/Memory H or M</u>	<u>Remembered by</u>	<u>Charge</u>
_____	_____	_____	<u>\$5.00</u>
_____	_____	_____	<u>\$10.00</u>
_____	_____	_____	<u>\$15.00</u>
_____	_____	_____	<u>\$20.00</u>
_____	_____	_____	<u>5TH NAME FREE</u>

Contact Name & Address _____

Contact Telephone Number _____ Contact e-mail _____

For additional names write on reverse of this form and include \$5 for each additional name