

# The Toolb



**December 2021**

**Barb Wyllie ~ Editor**

**Distribution 930**

**Please send submissions to Barb at: [THETOOLBOX7190@GMAIL.COM](mailto:THETOOLBOX7190@GMAIL.COM)**

**Deadline: 20<sup>th</sup> of the month**

## **From the Governor's Desk**

Happy Holidays, My Good Friends and Rotarians!

Just a few weeks back we had a wonderful Rotary Foundation gathering with well over 100 people together, dressed like the Roaring 20's in full gala celebration! It was great to see people having a lot of laughs, including the chance to dress me up as a woman. It was all good fun, with our Rotary family together officially for the first time in I can't remember how long, and all to raise funds for the good work Rotary continues to do around the world.

But that was last month. This is this month (how smart am I?) And this month is all about family. Wait! Last month was all about family, too! Hold on now, maybe it's all about family, all the time! You know, the one's we brought into this world, the one's we choose to bring into our life, and the one's we're bringing with us as we strive to make the world a better place. In the end, no matter which family you're with at the moment, it has been, is and always will be family first!

So, when you're in full holiday mode later this month, you'll probably be with family. And, if you're lucky like me, you'll have some little ones nearby for laughs, giggling and general silliness. So, here a few Santa jokes to prime the pump:

- How much did Santa's sleigh costs? It was on the house...
- How can you tell Santa is real? You can always tell his presents....

- What's Santa's favorite kind of music? Wrap...

I could go on, like why does Santa go down the Chimney? Because it soots him. Or, what nationality is Santa Claus? North Polish, of course... Don't get me started!

In the end, what are we doing here? I think we're all here looking to be able to connect. And that's what has made the past two years so hard; everything about this pandemic has made it so much harder to connect and make connections.

So, as one goofball to another... I love you my Rotary family! At the risk to jumping to the next month, here's a toast to the holidays and the coming year: May all your hugs be tender, may all your efforts be sincere, and may you and all your family be blessed.

I wish you, my Rotary family, all the best the holidays have to offer!

Thank you for all you do.

DG Bruce



## DISTRICT EVENTS AT A GLANCE

- **NOW: Book Reservations being taken** pp 3,10
- **November 28-December 6: Happy Hanukah**
- **December 25: Merry Christmas**
- **December 31: Happy New Year's Eve**
- **April 29 & 30: End of Year Conference** p 4

## CLUB EVENTS AT A GLANCE

- **NOW: Cash Raffle** by Schenectady East Rotary p 2
- **NOW: Food Drive** by BHBL Rotary p 4
- **NOW: Quilt Raffle** by Sharon Springs Rotary p 4
- **NOW: Christmas Tree Sale** by Ballston Spa Rotary p 3
- **NOW: Christmas Ornament Sale** by Cohoes Rotary p 2
- **December 3-4, 10-11, 17-18: Lights in the Park** by Middleburgh Rotary p 3
- **December 12: Breakfast with Santa** by Twin Bridges Rotary p 4

## New Members

District 7190 Welcomes  
the Following New Members to

### Glenville Rotary Club

Ginny Barr  
Jim Thomas

~ ~ ~

Schenectady East Rotary  
presents its:

## HOLIDAY CASH RAFFLE

**\$500 Prize to the winner!**

**Tickets are \$5.00 each** and may be  
purchased from any member of the club.

**The Drawing is December 8<sup>th</sup>** at their  
regular meeting.

Winner does not have to be present at the  
drawing.

Please contact PDG Sue Austin by email  
at: [bankr736@nycap.rr.com](mailto:bankr736@nycap.rr.com) or by phone  
518-374-8891 (leave a message if no answer).

Help them help our community through  
their good works.

~ ~ ~

## Cohoes Rotary Ornaments Feature St. Agnes Church

by Linda Tremblay

In 2004 The Rotary Club of Cohoes started a collectible series of Christmas ornaments featuring historic landmarks in the City of Cohoes. This year's ornament depicts St. Agnes Church. A portion of the proceeds for the sale of the 2021 ornament will go to support the programs at the Connect Center for Youth, currently operating in the former St. Agnes Church.

Following are previous ornament designs in the series: 2004-the Cohoes Falls; 2005-the Harmony Mills; 2006-the Cohoes Music Hall; 2007-the Cohoes Mastodon; 2008-Cohoes City Hall; 2009-the Half Moon; 2010-Silliman Memorial Church; 2011-the Van Schaick Mansion; 2012-Keveny Memorial Academy; 2013-Cohoes High School; 2014-Cohoes Library; 2015-the former Cohoes Movie Theatre; 2016-Carlson's Ice Rink; 2017-Erie Canal Locks; 2018 Cohoes Armory; 2019-Matton Shipyard; 2020-Cohoes 150<sup>th</sup> Anniversary logo. Coffee mugs with the St. Agnes design are also available for purchase.

**Cost for ornaments is \$20. Mugs are \$10.**

To purchase ornaments or mugs go to  
<http://www.rotaryclubofcohoes.org> for further  
information. Ornaments and mugs are also available  
for purchase at Marra's Pharmacy, 217 Remsen Street,  
Cohoes.



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Middleburgh Rotary presents  
its 3<sup>rd</sup> Annual  
**Lights in the Park Display**

Rotarians have been busy refreshing display items (2020's event ended with Christmas Day flooding) and getting everything set for another busy year. Dates for this year's event are:

**December 3-4, 10-11 and 17-18**

**Hours are from 6-8 pm** except for December 10, when they will be open until 10 pm to allow everyone who visits Middleburgh Area Business Association's "*Miracle on Main Street*" to drive through our lighted display at:

**Timothy Murphy Park.**

The park is located near the intersection of Rt. 30S and Rt. 145, on the edge of the Village.

**It's a free event, but donations are graciously accepted.** *We're proud to say that we've been sensitive to the plight of small businesses due to the pandemic and are staging this year's event without requesting any outside support!*



District 7190 presents  
**Polio Survivor Louise Rourke's  
Inspirational Story  
*Called by the Water***

Submitted by Doug Ford, End Polio Co-Chair

Learn how her life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds!

- **\$20 per book**
- **\$35 for an autographed copy**
- **\$50 for an autographed copy plus an End Polio Now T-Shirt & face mask**

*Your donation supports*

*the Rotary Foundation Campaign to Eradicate Polio.*

<https://go.rotary7190gives.org/calledtowater>

**See flyer on page 9.**

Thank you for supporting The End Polio Campaign.

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Ballston Spa Rotary presents  
its annual  
**Christmas Tree Sale**  
at **Curtis Lumber**  
in Ballston Spa

***Now until trees are all sold!***

by Ray Otten



This is usually their biggest month for fundraising, but unfortunately, this year is different. Due to unforeseen circumstances, supplies of trees are VERY limited this year and they have only received about 150 of the 700 trees they normally sell.

As you can imagine, this will have a huge negative effect on their fundraising abilities which means their contributions to helping those in need from their community will be significantly reduced. They are searching for additional revenue streams and ideas to come up with ways to help others.

They will have their lot open starting on November 26th every day until the trees are all gone.

They will also be selling wreaths at the lot this year to try to make up some of the deficit.

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Twin Bridges Rotary presents its annual  
**Breakfast with Santa & Mrs. Claus**  
**Sunday, December 12**

**8:30 to 11:30 am,**  
**at the Clifton Park Elks Club**

695 MacElroy Road

Enjoy a full breakfast with Santa & Mrs. Claus,  
get photos of your kids with the Clauses and  
watch them enjoy other activities as well.

**\$8 for adults**

**\$4 for kids ages 3 to 12**

**No charge for those under 3 years old.**  
**Pre-registration is strongly recommended**  
**and can be done at the Twin Bridges**  
**website (www.twinbridgesrotary.com).**

Questions may be directed to

info@twinbridgesrotary.com or 518/328-8358.

Twin Bridges will encourage all event attendees to  
wear a face mask when not seated.

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**SAVE THE DATE!!!**

**April 29 and 30, 2022**

**The 2021-2022 Year-End**  
**Conference to be held at the Six Flags**  
**Great Escape Lodge and Conference**  
**Center Queensbury, NY**  
*More details to follow.*

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Sharon Springs Rotary presents its

**Warm Up with Rotary**  
**Handmade Quilt Raffle**

Get a chance at being the owner of this  
beautiful handmade quilt! 53" x 85" (Full, Long)  
handmade patchwork quilt.

<https://www.jotform.com/assign/210504876935158/210505360928048>

**Donation: \$5/chance or 5 for \$20.**

Only 500 tickets sold. Proceeds benefit Sharon  
Springs Rotary peace & humanity projects.



Sunday, December 12, 2021

Adults \$8

8:30am to 11:30am

Children \$4

Clifton Park Elks, 695 Macelroy Road

Children Under 3 - Free

**Come Take Pictures with Santa & Mrs. Claus**

**Children's Activities Will be Provided**

BHBL Rotary is providing an "Operation  
Hunger" Collection Box at Gil's Garage  
817 Saratoga Rd, Burnt Hills, NY  
to collect non-perishable food items.



**BURNT HILLS**  
**BALLSTON LAKE**  
**ROTARY**  
**CLUB**



**Food Drive**  
**for Hunger**



**Food**  
**Collection**

## Council on Resolutions

by PDG Melissa Ward-Rathbun

The Council on Resolutions meets online each year. Representatives from all of Rotary's districts worldwide vote on resolutions proposed by clubs, districts, the RI Board of Directors, and Rotary of Great Britain and Ireland, as well as urgent enactments proposed by the RI Board.

The results of this year's vote can be found at the below link.

The Council in Legislation is scheduled to meet April 2022 in Chicago. Every three years, Rotarians meet at the Council on Legislation to review and vote on proposed changes to the legislation that governs Rotary. They consider enactments, which change Rotary's governing documents, and position statements by the RI Board.

I am your representative until June 30, 2023. If I can answer any questions or concerns, please let me know.

PDG Melissa Ward-Rathbun

[Melissawardrotary@gmail.com](mailto:Melissawardrotary@gmail.com)

<https://my.rotary.org/en/council/cor/vote>

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## District Historian's Report

by Fred Carvin

District Historian

### Delmar

Chartered December 18, 1957: 64 years of service.

Within a couple of weeks of the chartering of the Corinth Rotary Club, then District 255 witnessed the handiwork of Charles Cameron and Charles Oliver of the Albany Rotary Club, in the creation of a Rotary Club in Delmar. The headline of the Albany newsletter "The Capital Cog" proclaimed, "Delmar Rotary Club Organized." The article indicated, "After months of planning and meetings, a group of business and professional men of the Delmar-Elsmere-Slingerlands area gathered at the Delmar Methodist Church on Thursday, November 14, 1957 and organized a new Rotary Club. Our congratulations to our newest offspring. We are mighty proud of it and will follow it with keen and parental interest as it grows and flourishes."

Chartered on December 18, District Governor Frank Hines wrote in his newsletter on January 7, 1958, about the special dinner held at the Center Inn to celebrate the event. "It was a wonderful evening and congratulations to the Albany Club. The Lansingburgh Roto-Tones did give a fine performance and they were enjoyed by everyone present.... The proudest man in the hall was the secretary of the Albany Club, Lowell Gypson, Sr.- seeing his son [Lowell Gypson Jr.] installed as president of the new baby club. We extend our best wishes for success to the new officers and directors of the Delmar Club."

In 1958, the former District 255, that was established in 1954 by combining the nine counties of the capital area, was changed to district 719. There were no changes in the geographical dimensions of the district.



*Continued on next page...*

## Twin Bridges

Chartered December 5, 2002 -19 years of service.

Nominated District Governor Melissa Ward: 2012-2013

Nominated District Governor Richard Griesche: 2020-2021

In the summer of 2002, District Governor Fred Carvin was approached by Charles "Chuck" Chera, a former Rotarian, who explained the idea of starting a club in the Clifton Park, Halfmoon and southern Saratoga county area. He knew a lot of ex-Rotarians who found it difficult making morning meetings in this suburban region. Believing he could attract many of these past members back, Chuck proposed breaking the pattern of breakfast clubs by starting a new lunch-time meeting.

Working with special representative Richard Hodge and district secretary Anne Cargile, Chuck was able to have a provisional club running by September 2002. A couple of months later, the group was able to apply for a permanent charter by the end of November. Sponsored by the Rotary Clubs of Latham, Malta Sunrise, Cohoes and Shenendehowa, the issuance of the Rotary International Charter was granted on December 5, 2002.

A Chartering dinner was held at the Comfort Inn Suites in Clifton Park on January 18, 2003. At that dinner, club president Chera spoke, "The primary objective of Twin Bridges are to serve the community through local projects and activities, build and foster fellowship and support the tenets and programs of Rotary International." He continued saying his main goal is, "to get people in the various degrees of fellowship. You grow personally from fellowship."

**Note:** All clubs are encouraged to protect and save the mementos of their past. If you have any questions or comments regarding Rotary history, please contact Fred Carvin at [Qbyfred@verizon.net](mailto:Qbyfred@verizon.net)

Have a very safe and prosperous Holiday Season.



## It's a Busy Time of Year for Middleburgh Rotary Club!

by Joan Wissert

Middleburgh Rotary is full of traditions, and at this time of year, they revolve around sharing the cheer of the season with all ages! Our calendar is full, and we hope that other Rotarians will join us this year! Each year, the Village of Middleburgh gives our visitors the gift of free parking through the new year. On the Saturday after Thanksgiving, Rotarians will be transforming all of Middleburgh's parking meters into giant candy canes and lollipops. It's something that's been done for many years, and everyone enjoys seeing them appear.



In addition to our annual Holiday gathering complete with a charity auction (proceeds go to Rotary's PolioPlus initiative), we'll be distributing poinsettia plants again this year, sharing some holiday color to the homes of senior citizens in our community. This is yet another tradition that makes our club members smile!



Questions can be directed to Joan at

[Joan.wissert@outlook.com](mailto:Joan.wissert@outlook.com)

Middleburgh Rotary hopes to see you!



## Ballston Spa Rotary News

by Ray Otten

In addition to our Christmas Tree Sale (listed on page 3), we are also involved in helping **Community Emergency Corps of Ballston Spa**, in conjunction with both the **Schenectady and Ballston Spa Rotary Clubs**, in making a donation of a decommissioned ambulance (that was replaced this summer) to the people of Haiti.

This ambulance is no longer serviceable for *them* and its value as a used ambulance is minimal but the people of Haiti will be able to fix it up and make good use of it to help their Emergency Medical Services agencies deal with the many catastrophic natural disasters they suffer through on a regular basis.

We want to thank the Saratoga County Office of Emergency Services, Waterford Rescue Squad, and others for their donations of used medical equipment to help with this humanitarian mission.

Any and all donations to help finance the cost of fuel, etc. to deliver this ambulance to the port in Baltimore, Maryland would be greatly appreciated. They may be sent to **Community Emergency Corps, 78 Thompson St., Ballston Spa, NY 12020**

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### Attention All Clubs

**Editor's Note:** Please make sure your Club members are receiving this newsletter. 1<sup>st</sup> - You can check the distribution list that I send accompanying The Toolbox (most months). And 2<sup>nd</sup>, if their names are on the list but they still aren't receiving it, have them check their spam or junk mail folder. Thank you.

### Also...

Every month, please submit the names of your new members and the names of your members who have passed on to higher service to me, Barb Wyllie at [thetoolbox7190@gmail.com](mailto:thetoolbox7190@gmail.com). Thank You.

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## Rotarian Flavors from Around the World

This is an opportunity to continue to experience the tastes of Rotary from around the world. Below, you will find recipes reprinted from the **Rotarian Flavors of the World Cookbook** (Morris Press Cookbooks 2011). Enjoy!

### Appetizer

#### Crab Won Tons (page 19)

From the region of District 7620 / USA

- 1 (8-oz.) can Pillsbury Refrigerated crescent dinner rolls  
or 1 (8-oz.) can Pillsbury crescent recipe creations
- refrigerated seamless dough sheet
- 1 (3 -oz.) pkg. cream cheese, softened
- ¾ cup chopped cooked crab meat
- 1 tablespoon chopped green onion (1 medium)
- 1/8 to ¼ teaspoon ground red pepper (cayenne)
- 1 egg white, beaten

Heat oven to 375 degrees F. Spray cookie sheet with cooking spray. Unroll dough on work surface (if using crescent rolls, pinch seams to seal); cut into six rows by four rows to make 24 squares. In small bowl, mix cream cheese, crab meat, onion and red pepper. Spoon about 1 teaspoon crab mixture ½ inch from one corner of one square. Starting with same corner, fold dough over filling and tuck end tightly underneath filling; continue rolling to within ½ inch of opposite corner. Lightly brush exposed corner with egg white. Roll moistened corner of dough over roll; press to seal. Place on cookie sheet. Brush with egg white. Repeat with remaining squares and filling. Bake 10-15 minutes or until golden brown. Remove from cookie sheet. Serve warm. Makes 24 won tons.

*Continued on next page...*



**Salad****Xoriatiki** (page 57)

Greek Village Salad

**From the region of District 2470, 2481 / Greece**

- 1 onion
- 1 green bell pepper
- 5 ripe tomatoes
- 1 cucumber
- 2 tablespoons sliced olives
- 2 tablespoons capers
- 1 tablespoon fresh chopped oregano
- 1/3 lb. feta cheese, crumbled
- ½ cup olive oil
- Salt

Cut the vegetables into slices and mix in a salad bowl. Top with the olives, capers and oregano and cover with crumbled feta cheese. Pour the olive oil evenly over the top. Serves 6.

**Vegetable****Sweet Potato Fritters** (page 192)**From the region of District (not listed)**

- 2 cups finely grated sweet potato
- ¼ cup chives
- ½ cup crumbled feta cheese
- 4 beaten eggs
- 2 green onions, chopped fine
- ½ teaspoon black pepper
- ½ teaspoon salt (more if desired according to taste)
- ½ cup oil for frying

Combine all ingredients, except for oil, and mix well. Drop by spoonful's into hot oil until crisp on both sides. Serve with cocktail sauce.

**Dessert****Mixed Fruit Sauté** (page 188)**From the region of District 9350 / Angola**

- 4 bananas, peeled and sliced
- 4 mangoes, peeled and cubed (opt.)
- 1 pineapple, peeled, cored and cubed
- 3 oranges, peeled and cubed
- 3 tablespoons coconut oil
- ½ cup white grape juice
- ¾ [teaspoon?] ground coriander

In a wok or large skillet, sauté all ingredients until thick texture occurs. Serve over vanilla ice cream. Garnish with fresh raspberries and orange zest.

**Main Course****Sauerbraten** (page 141)**From the region of District 1930-1950 / Germany**

- 1½ cups cider vinegar
- 3 cups water
- 2 medium onions, coarsely chopped
- 2 teaspoons salt
- 3 bay leaves
- 1 lemon, cut into 8 wedges
- 1 teaspoon whole black peppercorns
- ½ teaspoon whole cloves
- 5 lb. top round roast
- ½ cup vegetable oil
- ¼ cup all-purpose flour
- 1 cup beef broth
- 2/3 cup packed dark brown sugar
- ¾ cup gingersnap cookie crumbs

Combine vinegar, water, onions, salt, bay leaves, lemons, peppercorns, cloves and bring to a boil. Cool. Place beef in bowl. Pour marinade over. Cover and chill 2 days, turning beef every 8 hours. Preheat oven to 350 degrees F. Remove beef from marinade and reserve the marinade. Place beef in roasting pan and roast beef until tender, about 2½ hours. Transfer beef to carving board; cool. Pour any accumulated juices from roasting pan into marinade. Strain marinade and reserve 2 cups; discard the rest. Fry the flour in oil in a heavy large skillet. Stir over medium heat until dark brown, about 10 minutes. Gradually mix in 2 cups marinade. Boil until thick, stirring often, about 8 minutes. Mix in sugar and cookie crumbs. Bring mixture to a boiling point. Season to taste with salt and pepper. Turn off heat. Slice beef and arrange in baking dish. Pour sauce over meat and serve. If preparing a day in advance, preheat oven to 400 degrees F. Bake beef until heated through, about 15 minutes and then pour warmed sauce over it.

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## Twas the Night Before Christmas for Rotarians

Adaptation by Barb Wyllie

Twas the night before Christmas in a world that's so wide  
Rotarians were resting with their missions in stride

With some in their scarves and others their caps  
They had just settled down for their sought-after naps

When out in the world there arose such a clatter  
They jumped to their feet to check out the matter

And what to their wondering eyes should appear  
Devastation so vast it was perfectly clear

Rotarians gathered and knew what to do  
A sight to behold of love through and through

Rotarians were summoned from every which way  
To fulfill all the needs that had found them that day

They sought out the things to gather and share  
They worked hard together with knowledge and care

Water filters for some shelter boxes for others  
Folks getting what's needed regardless their druthers

With some missions completed and others just starting  
Folks were arriving with others departing

The sky is the limit when folks are in need  
Rotarians are inspired to more than succeed

With global needs dire Rotarians abound  
They get right to work making barely a sound

Diversity strengthens in the very best way  
Everyone's needed together each day

Skills of all levels are really in need  
Everyone's welcome - always indeed

So, without hesitation we heard them call out  
Join a Rotary near you and strengthen our clout

It's Christmas year-round when fears they relieve  
In everyone's heart folks truly BELIEVE

With clean water in hand and shelters in place  
Their job here is done and folks truly are safe

As Clubs sprang into action to their teams gave a whistle  
Away they all flew with the speed of a missile

But we heard them exclaim as they faded from sight  
**Merry Christmas to all and to ALL A GOOD NIGHT!**



ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

# Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

**Louise Beckerle Rourke** is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

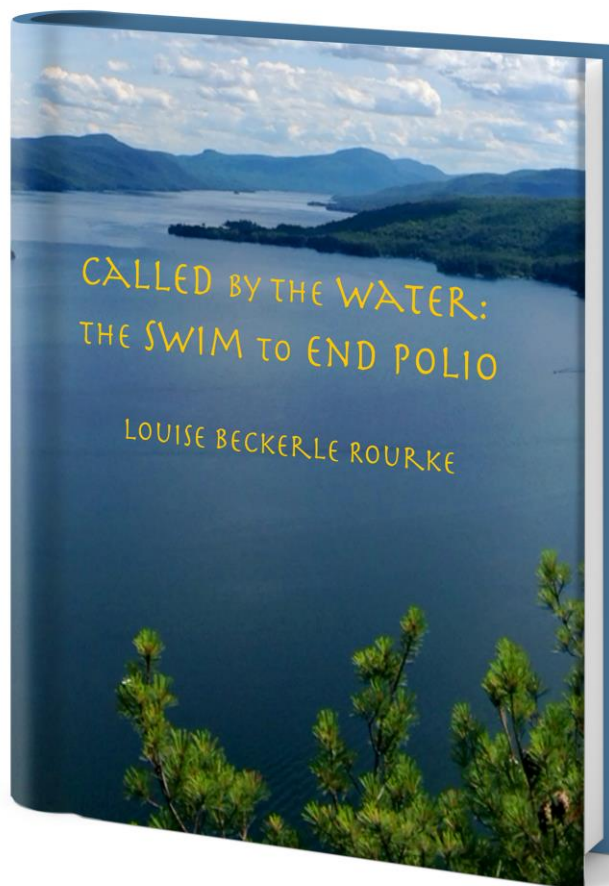
**Michael K. McGovern,**  
Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

**Kitty Rooney,**  
Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

**Dr. Joel Goodman,**  
Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY



**ALL PROCEEDS FROM THE SALE OF THIS BOOK WILL GO TO THE ROTARY FOUNDATION / END POLIO CAMPAIGN**

To reserve your copy of Louise's book or to make a donation...  
please contact District Polio Chair-Person, Doug Ford: [ford@curtislumber.com](mailto:ford@curtislumber.com)