

# The Toolbox



**February 2022**

**Barb Wyllie ~ Editor**

**Distribution 930**

**Please send submissions to Barb at: [THETOOLBOX7190@GMAIL.COM](mailto:THETOOLBOX7190@GMAIL.COM)**

**Deadline: 20<sup>th</sup> of the month**

## **From the Governor's Desk**

Maybe I am dating myself (back to when nobody else would date me...), but I have always thought these John Lennon lyrics were really great:

You may say I'm a dreamer, but I'm not the only one.

I hope someday you'll join us. And the world will live as one.

In the Rotary world February is Peace and Conflict Prevention/Resolution month. From the beginning Rotary has always held peace as a core value, and when we engage in service of almost any type one of the most direct outcomes almost always is the promotion of peace.

In fact, at the founding of the United Nations in 1945, following the devastation of the WWII, Rotary was allowed to participate with the initial chartering of the UN. So, even back then, Rotary's commitment to peace was universally recognized!

Today Rotary operates 6 Peace Centers throughout the world, and each year provides full scholarships for 100 individuals to study peace and conflict resolution at the Master's degree level. This commitment, plus thousands upon thousands of service projects, all serve to promote peace directly or indirectly.

When communities have good water, the tension and power plays around accessing water is reduced. When girls have access to education their voices are more readily heard, and their economic contributions help alleviate poverty. When students are better educated, and when Rotarians volunteer to mentor them, that modeling helps them gain insight and perspective through which they see the world in a more balanced way. These efforts, and so many more, serve to promote peace and understanding.

I recently attended a memorial service for a longstanding Rotarian. He and the priest had a close relationship, and each time when they met the Rotarian asked the priest: "Are you encouraged?"

What a question! Intrinsic to the question are the values of faith, hope and optimism. And if the priest felt encouraged, he was affirming those values. Or if he didn't feel encouraged, it was an amazing opening for a meaningful conversation.

In the middle of February is Valentine's Day. This is a day when love is in the air. How about this: each day, between today and Valentine's Day, try to ask just one person if they are encouraged. Find out what is encouraging them. Lean in if they are not feeling encouraged and ask why. I'll bet that of the approximately 14 people you ask, more than one of them might respond in a way that suggests Rotary could be a great fit for them. Follow up, and maybe they'll join your club!

And, don't forget to connect to the people you love on Valentine's Day. I know that I will, because of this quote also from John Lennon: "As usual, there is a great woman behind every idiot..." I love you, Lorraine.

***Yours in Rotary Service,  
DG Bruce***





## DISTRICT EVENTS AT A GLANCE

- **NOW: Rotary Clothing Sale** p 2
- **NOW: Book Reservations being taken** pp 4,11
- **February 14: Valentine's Day**
- **February 7,15,23: District Training Events** p 4
- **February 21: Presidents Day**
- **March 3: District Training Event** p 4
- **April 29 & 30: End of Year Conference** pp 2,3
- **June: RI Convention / Houston TX**

## CLUB EVENTS AT A GLANCE

- **NOW: Food Drive** by BHBL Rotary p 4
- **February 10-28: Share the Love Food Drive** by Ballston Spa Rotary p 3
- **February 12: Outhouse Races** by Shenendehowa Rotary p 3
- **March 5 & 6: Home Show** by Saratoga Springs Rotary p 5
- **March 26-April 3: Amazing Race** by Colonie-Guilderland Rotary p 5
- **May 13: Black & White Party** by Twin Bridges Rotary p 6

### Rotarians Called to a Higher Service

District 7190 bids a heartfelt farewell with prayers and very fond memories to:

**Charles Merriam**  
of Schenectady Rotary  
*61 year member*

**Geri Dunne**  
of Sharon Springs Rotary

~~~~~  
**SAVE THE DATE!!!**  
**April 29 and 30, 2022**

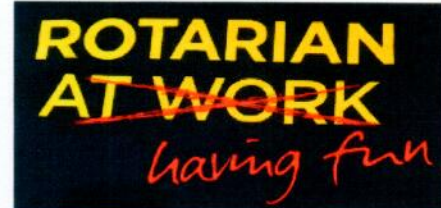
**The 2021-2022 Year-End Conference**  
to be held at the Six Flags Great Escape  
Lodge and Conference Center  
Queensbury, NY  
*Details to follow.*  
~~~~~

## District Promotion

The District is selling '*Rotarians Having Fun*' clothing for the benefit of the RI Foundation. If you would like to order please coordinate ordering with your club President or Secretary so we can keep club orders together to facilitate delivery.

DISTRICT 7190 FUND RAISER

Rotarians Having Fun Clothing Order Form



STYLE	SIZE	QUANTITY	UNIT PRICE	EXTENDED PRICE
T-Shirt			\$20	
Long Sleeve T-Shirt			\$25	
Vee-neck T-Shirt*			\$20	
Hooded Sweatshirt - Pull Over			\$35	
Golf Shirt			\$35	
			Sales Tax Included	
			TOTAL	

Sizes: S, M, L, XL, XXL, XXXL. Unisex sizing except for V-neck which is women's cut  
All items in navy blue with Rotary logo on chest and the above image on the back

CLUB NAME: \_\_\_\_\_

CUSTOMER'S NAME: \_\_\_\_\_

PAYMENT DUE WHEN CLOTHING DELIVERED  
CHECKS TO BE MADE OUT TO ROTARY DISTRICT 7190

CLUBS: PLEASE RETURN ALL CLUB ORDER INFORMATION TO DG BRUCE MCCONNELEE

[DGBruce2021@gmail.com](mailto:DGBruce2021@gmail.com)

~~~~~

**Ballston Spa Rotary Club**  
Presents its annual Valentine's Day themed

**Share the Love Food Drive**  
**February 10 - 28**

Collection boxes will be set up at several locations throughout the Village and surrounding areas including Curtis Lumber, Mangino's Buick/GMC, the Ballston Spa Agway and during the Launching Pads productions of SpongeBob, the Musical at Ballston Spa High School on **2/10, 2/11, 2/12, and 2/13** during all performances. Come enjoy the show and drop off your donation at our table in the lobby!





## GET READY FOR A WEEKEND OF FUN!

Interactive games and activities throughout the weekend.

Saturday night dinner theme is "Let's Make a Deal".

Costumes or themed attire encouraged!

Registration is now open <https://bit.ly/RotaryFTO>

Register by February 1st to get 100 points.

The top 3 point earners will receive a prize.

The #1 point earner makes the first suitcase selection!



# EARN POINTS

For sharing  
For registering  
and more!

Shenandoah Valley Rotary

Rotary

6th Annual

Winter OUTHOUSE RACES

And

WOMEN'S SKILLET TOSS COMPETITION

Saturday February 12, 2022

Registration at 12 NOON

Races begin at 1 PM

Clifton Common, Clifton Common Blvd., Clifton Park, NY

A Fundraiser for

Mechanicville Area Community Service Center and ShelterBox

Toss an iron Skillet and win prizes

Race an Outhouse and win Cash prizes

A Fun Family Event

For Outhouse Race Details Visit: [Shenrotary.org/outhouse-race](http://Shenrotary.org/outhouse-race)

FREE AND OPEN TO SPECTATORS

Build a Team

Build an Outhouse

Come Out and Race

Cash Prizes for 1st, 2nd and 3rd Place And Best Themed Team

Registration - \$50

Build your own Outhouse Racer or rent one from us for \$50 bucks!



District 7190 presents  
**Polio Survivor Louise Rourke's  
 Inspirational Story  
*Called by the Water***

Submitted by Doug Ford, End Polio Co-Chair

Learn how her life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds!

- **\$20 per book**
- **\$35 for an autographed copy**

*Your donation supports*

*the Rotary Foundation Campaign to Eradicate Polio.*

To purchase books, email Doug Ford at

[doug.ford@curtislumber.com](mailto:doug.ford@curtislumber.com)

*See flyer on page 9.*

Thank you for supporting The End Polio Campaign.

~ ~ ~

### Attention All Clubs

**Editor's Note:** Please make sure your Club members are receiving this newsletter. 1<sup>st</sup> - You can check the distribution list that I send accompanying The Toolbox (most months). And 2<sup>nd</sup>, if their names are on the list but they still aren't receiving it, have them check their spam or junk mail folder. Thank you.

### Also...

Every month, please submit the names of your new members and the names of your members who have passed on to higher service to me, Barb Wyllie at [thetoolbox7190@gmail.com](mailto:thetoolbox7190@gmail.com). Thank You.

~ ~ ~

**Burnt Hills-Ballston Lake Rotary**  
 is providing an  
**"Operation Hunger" Collection Box**  
**at Gil's Garage**  
**817 Saratoga Rd, Burnt Hills, NY**  
**to collect non-perishable food items.**

~ ~ ~



## Upcoming Training Events

The upcoming Multi-District Leadership Development Seminar is open to **all** Rotary leaders and potential leaders. MD-LDS is highly recommended for PE's (replaces PETS 1) and anyone interested in a club leadership position.

Four (4) - one (1) hour seminars on each topic presented one (1) night per week for four (4) weeks. Each session will be immediately followed by a 30-minute discussion session. Please join us to meet other President Elects from District 7120, 7150, 7170 and 7190.

MD-LDS will be held over 4 evenings at 7:00 PM

**The dates/topics are:**

**2/7** - Running Your Club

**2/15** - Setting Up Goals

**2/23** - Leadership

**3/3** - Financial Awareness

**The link to register for MD-LDS is:**

<https://conta.cc/3H3RgSs>

**After registering you will be sent a link to attend the sessions.**

### For Presidents Elect:

Multi-District President Elect Training is scheduled for Saturday March 19th in Syracuse at the Syracuse University Sheraton. MDPETS is great opportunity to network with other President -Elects, meet RI Directors and the RI President Elect Nominee - Gordon McNally. For more information about the program and to register:

<https://www.rotaryempiremdpets.org/>

~ ~ ~





# New Ideas for Your Life and Home

March 5 - 6 | Saturday - Sunday



Saratoga Springs City Center

120 Exhibitors | Booths start at \$765  
For information: [ssrotaryhomeshow@gmail.com](mailto:ssrotaryhomeshow@gmail.com)



Presented since 1973 by  
**Saratoga Springs Rotary Club**  
to benefit the Saratoga community

## 2022 Special Features

**Fine Art & Crafts Show**  
(Booths available, first floor)

**Pet Adoption**

**Special Events Each Day**

**Kids Activities**

**Grand Prize &  
Hourly Door Prizes**

**Reserve Exhibition Space NOW**

Show Will Sell Out

[www.rotaryhomeshow.com](http://www.rotaryhomeshow.com)



Major Sponsor

**ADIRONDACK**  
TRUST COMPANY

The Rotary Club of Saratoga Springs is proud to present our annual Home & Lifestyle Show on March 5 and March 6, 2022 at the Saratoga Springs City Center. We do still have booths available and would love to include other Rotarians from across the region. Our show in 2020 had over 8000 attendees over the two days. Please email [ssrotaryhomeshow@gmail.com](mailto:ssrotaryhomeshow@gmail.com) for booth information. We also have booths available in our Fine Art & Crafts Show, email [Rotaryartshow@nycap.rr.com](mailto:Rotaryartshow@nycap.rr.com) for more information on those booths. Rates vary based on booth size and location. We would also love to see Rotarians from around the region attend our show and visit our booths. Mark your calendar for a great event! This fundraiser allows us to give back to our local community and Rotary International and we can't do it without everyone's help!

~ ~ ~

## Registration now open for AMAZING RACE TO RECOVERY 2022

Colonie-Guilderland Rotary is excited to announce plans for the 4th annual Amazing Race to Recovery. The event, which raises money for Second Chance Opportunities in Albany, NY, will be held virtually March 26-April 3, 2022.

The virtual format allows you to complete the challenges at your own pace over 8 days. Even if you and your teammates only have a few hours, you can still participate.

Simply form a team of up to 5 people. Select a Captain and register your team at [www.amazingracetorecovery.org](http://www.amazingracetorecovery.org) under the "register a team" tab. The registration fee of \$20/team member can be paid online. Once you have completed your registration, there are challenges you can start straight away! All of the challenges will be available after the opening ceremony on March 26th. Challenges are family-friendly and many are great for small children. If you are in recovery, ask us about being sponsored to participate.

Funds raised from this event will be used to support Colonie-Guilderland Rotary Club's scholarship program and Second Chance Opportunities, Inc. The Second Chance Community Recovery Center offers a safe and centralized location where people with an addiction, their families and loved ones can come to get support, direction and guidance while they are dealing with substance abuse disorders.

How can you get involved?

- [Register a team](#) to participate in the event and pre-event fundraising
- [Be a sponsor](#) or help to obtain sponsors
- Submit prize donations or donations for our online auction
- Forward this information to anyone you think might be interested
- Share our [Facebook Event](#) page with your Facebook Friends
- Help to promote this event

~ ~ ~





*Twin Bridges Rotary presents*

# Black & White Party

*Live music, Dancing, Cash bar,  
Hot/cold hors d'oeuvres, Pasta station*

*Friday, the thirteenth of May 2022*

*6:30-10:00 pm*

*The Vista at Van Patten Golf Club*

*924 Main Street, Clifton Park*

*\$50 per person, Purchase tickets by May 1<sup>st</sup>*

*All proceeds to benefit Twin Bridges Rotary Foundation*

*For more information call Patti*

*518-879-0157*



## District Historian's Report

by Fred Carvin  
District Historian

### Burnt Hills-Ballston Lake

Chartered February 3, 1951 – Sponsored by Scotia  
Rotary - 71 years of service

Nominated District Governor Rev. C. Walter Kessler  
1975-1976

Nominated District Governor Dr. Stan Garrison  
1986-1987

Nominated District Governor Dan Stec 2010-2011

As the Korean War raged on that far-away peninsula, the Scotia Club began the process of bringing a new Rotary club to the joint communities of Burnt Hills-Ballston Lake in December, 1950. According to Special Representative Harley James, the two villages were uniquely separate, yet in effect they were practically one, with little or no competition in any way between them. James noted, "It is a good thing we started when we did, since another service club organizer came to town less than 24 hours after we gathered the nucleus. Our contacts were excellent, and we had no trouble signing up the leaders of the communities at all."

Celebrating their February Charter date on March 15, 1951, Club President Axel Frieburg welcomed the diverse group of farmers and agricultural workers, local business merchants, school professionals and General Electric employees.

Among the charter members was a 33-year-old veterinarian named Stan Garrison, who became a District Governor roughly 35 years later. Stan served as club president in 1970. Among his accomplishments was initiating the popular Apple Pie Festival sponsored by the club on Election Day.

Today, Burnt Hills-Ballston Lake Rotarians continue to provide critical assistance to their communities with projects like the annual cleanup at Ballston Creek Preserve. Or having fun with their neighbors at their yearly Pancake Breakfast.

*Continued on the next page...*



## Niskayuna

Chartered February 21, 1955 – Sponsored by  
Schenectady Rotary -67 years of service.

Nominated District Governor Albert Irvin 1963-1964

Nominated District Governor Guilford (Dud)  
Cummings Jr. 1974-1975

Nominated District Governor Ted O'Hara 1993-1994

Nominated District Governor Blasé Mercoglan  
1997-1998

Supported District Governor Blasé Mercoglan  
1998-1999

As Rotary International celebrated its 50<sup>th</sup> anniversary of its 1905 establishment, District 719 hailed the third set of twin club chartering's. Niskayuna and Lansingburgh (February 21, 1955) joined Glens Falls and Ballston Spa (May 1, 1922) along with Cobleskill and Granville (May 15, 1924) to share a common chartering date. Sadly, Lansingburgh Rotary returned their charter to R.I. on March 11, 2019.

Receiving its charter at a dinner at the Locomotive Club on April 15, 1955, the first president of Niskayuna, Charles Kenyon Jr., along with 174 other Rotarians from 16 clubs, listened to Leo Golden, a past Director of R.I., welcome 23 Rotarians as the newest "baby" to the Rotary world.

A few days later, on April 19<sup>th</sup>, Lansingburgh Rotary Club, the first service organization in that city, held its maiden event at the Sunset Inn in North Troy. PDG Arvie Eldred, from the sponsoring club of Troy, made the presentation in front of 195 guest to Lansingburgh's Club President Thomas Graham. Regrettably, President Graham died later that year with his term being finished by Owen Cartwright. To honor their fallen president, the club established a scholarship that was awarded annually to seniors at both the Catholic Central and Lansingburgh High School.

Niskayuna Rotary has a unique distinction in District 7190 with the club nominating and then again supporting Governor Blasé Mercoglan during

his initial year in 1997-98 and later when he was appointed to fill the term of Steve Harbula (1998-99) who died before taking office. Blasé was successful in raising \$10,000 at the Stephen J. Harbula Memorial Award dinner which was presented to the Camp Rotary Dining Hall Renovation project by his widow Sherrie Harbula. Camp Rotary is a Boy Scout camp started by Troy Rotarians in 1922.

This effort was another example of how the Niskayuna Rotary has been successful in completing large programs.

In 1974, the Niskayuna Club proudly announced the completion of the Clover Patch Swimming Pool, a project supported by 29 Rotary Clubs of District 719. The Clover Patch Pool was operated by the Cerebral Palsy Association of Schenectady.

The pool was completed for a cost that fell just within the budget of \$ 30,000. Two thirds of this amount was contributed by Rotary clubs in conjunction with Niskayuna, with the balance coming from the Cerebral Palsy Association. Contributions of services and materials were also received from many businesses.

*All clubs are encouraged to protect and save the mementos of their past. If you have any questions regarding how to accomplish this; or have specific questions regarding Rotary history, please contact Fred Carvin at Qbyfred@verizon.net*





## Rotary Club of Schenectady Community Service Grants Committee Awards Grant to Schenectady ARC Horticultural Center

Elena Alvarez, Chair of Schenectady Rotary Community Service Grants Committee, announced that a grant request from Schenectady ARC Horticultural Center for \$977 has been approved. The grant will fund the purchase of a drip irrigation system which will automatically hydrate over 800 mums and save 180 hours in labor costs at the ARC Greenhouse. Currently the lack of an automatic irrigation system requires manually watering ARC's 2,000 square foot area of mum plants resulting in significant labor costs and interfering with other pressing horticultural and direct care responsibilities.

Schenectady County Chapter, NYSARC, Inc. (Schenectady ARC) is a 69-year-old nonprofit organization located in Schenectady County, New York where 600 dedicated employees help 1,000 people with intellectual and other developmental disabilities (I/DD) to live, work and play in their community. The horticulture center in Rotterdam, New York features a 3,000 square foot commercial greenhouse where 90 people with I/DD receive training in growing over 100 varieties of flowering plants, herbs and vegetables as well as design and create magnificent event and holiday-themed centerpieces.

In 2020 alone, Schenectady ARC Horticultural Center employed seven people with I/DD who assisted in designing and/or maintaining 4,000 plants and centerpieces which were sold to approximately 1,000 customers and generated over \$30,000 in gross sales.

Schenectady Rotary Community Service Grants Committee members include Betty Barlyn, Michael Brockbank, Lisa Jackson, Judy Nocera, and Elena Alvarez.

## Albany Rotary Rings Bells for the Salvation Army



1<sup>st</sup> row (l-r) Jim Lawlor, Brian Barr, Tom Buckley, Greg Jackson

2<sup>nd</sup> row (l-r) Jessica Wilcox, Jacob Wilcox, Jessica Wilcox, Tod Wing

3<sup>rd</sup> row (l-r) George Hauenstein, Brian Barr, Rowan Kehoe, Peter Mason

There were 9 Rotarians and 6 non-Rotarians that rang the annual Salvation Army bell at Market 32 Western Ave Guilderland. This continues a tradition of over 50 years that the Albany club has done this. Season Greetings to each patron coming and going at the main entrance for the 2 days before Christmas made a lot of noise (lots of loud change and quiet noise (paper money) in all denominations. Well received by the community, we were able to collect nearly \$1700 which worked out to nearly \$94 per hour of labor. For that we all said HO HO HO.





(Reprinted from the September 2020 Toolbox.)

## Rotarian Flavors from Around the World

This is an opportunity to continue to experience the tastes of Rotary from around the world. Below, you will find recipes reprinted from the **Rotarian Flavors of the World Cookbook** (Morris Press Cookbooks 2011). Enjoy!

### Drink

#### **Rocket Punch** (page 16) (Alcoholic Drink)

From the region of District 6440 / USA

- 1 bottle champagne
- 2 L. white wine
- ½ bottle vodka
- ½ bottle gin
- ½ L. pineapple juice
- 1 L. orange juice

Mix all together in a 10-liter punch bowl.

### Salad

#### **Caprese Salad** (page 33)

From the region of District 2030-2120 / Italy

- 2 lbs. fresh mozzarella, sliced ¼-inch thick
- 3 lbs. ripe tomatoes, sliced ¼-inch thick
- 6 T extra-virgin olive oil
- 10 fresh basil leaves, chopped or torn apart
- Salt and pepper to season

Arrange tomato slices on a platter. Top each tomato with a slice of mozzarella. Drizzle extra virgin olive oil over the tomato and mozzarella. Sprinkle the chopped basil leaves on top. Season with salt and pepper and serve.



### Vegetable

#### **Veggie-Stuffed Portobello Mushrooms**

(page 91)

From the region of District 7190 / USA

- 1 small yellow sweet pepper, cut in bite-size strips
- 1 small red onion, chopped
- 1 medium zucchini, coarsely shredded
- 1 carrot, coarsely shredded
- 1 stalk celery, thinly sliced
- 2 cloves garlic, minced
- 2 T olive oil
- 1 T snipped fresh basil
- 1 T lemon juice
- 1 (5 oz) package fresh baby spinach
- ½ c fine dry bread crumbs
- ½ c finely shredded Parmesan cheese
- 4 (4- to 5-inch) portobello mushroom caps, stems removed
- 4 slices provolone cheese

Preheat oven to 425 degrees. Line a 15 x 10 x 1-inch baking pan with foil. In a 12-inch skillet, cook sweet pepper, onion, zucchini, carrot, celery and garlic in hot oil over medium-heat for 4 minutes or until soft. Stir in basil, lemon juice and ¼ teaspoon each salt and ground black pepper. Top with spinach; cover. Cook for 2 minutes or until spinach is wilted. Remove from heat. Stir bread crumbs and half of the Parmesan cheese into spinach mixture; set aside. Remove gills from mushrooms. Arrange mushrooms, stemmed side up on prepared pan. Top each with slice of provolone cheese. Divide spinach mixture among mushroom caps. Bake 15 minutes (mushrooms will water out slightly). Top with remaining Parmesan. Bake 2 minutes more until heated through. Yield: 4 servings.

*Continued on next page...*



**Main Course****Pollo con Naranja** (page 100)

(Chicken in Orange Sauce)

**From the region of District 4815-4940 / Argentina**

4 lbs. chicken, quartered  
 Freshly ground pepper  
 Salt  
 5 T butter  
 1 cup chicken stock  
 1 cup orange juice  
 Grated rind of 1 orange  
 1 T flour  
 2 eggs  
 3 T heavy cream

Season the chicken pieces with salt and pepper. Heat the butter in a heavy casserole and sauté the chicken pieces, one or two at a time, until golden on both sides. Set aside as they are done. Pour off the fat from the casserole into a small bowl and reserve. Return the chicken pieces to the casserole, putting the legs in first with the breasts on top, as the breasts cook more quickly. Add the chicken stock, orange juice and grated orange rind. Cover and simmer for 30-45 minutes or until the chicken is done. Lift out the chicken onto a serving dish and keep warm. Mix the flour with a tablespoon of the reserved fat and stir it into the liquid in the casserole. Bring to a boil and cook, stirring for a minute or two. Reduce the heat to low. Beat the eggs with the cream. Slowly stir 1 cup of the thickened liquid from the casserole into the egg mixture, then pour the mixture into the casserole and cook, stirring with a whisk until the sauce is lightly thickened, a minute or two. Do not let the sauce boil as it will curdle. Pour some of the sauce over the chicken and serve the rest in a sauceboat. Serve with rice or mashed potatoes.

**Dessert****Plum-Berry Tarts** (page 184)**From the region of District 7190 / USA**

1/3 cup canola oil  
 1/4 cup butter, melted  
 2 cups whole wheat or unbleached white flour  
 1 T powdered sugar  
 1/2 tsp salt  
 5-6 T cold water  
 1/4 cup apricot, cherry or raspberry spreadable fruit  
 3 plums, halved, pitted and cut into thin wedges  
 1 cup fresh blackberries and/or raspberries  
 1 T fat-free milk  
 1 oz semi-soft goat cheese, crumbled (opt.)  
 2 T honey

In a small bowl, stir together oil and melted butter until well combined. Cover and freeze for 1 hour or until nearly firm, stirring occasionally.

**Dough:** In medium bowl, combine flour, powdered sugar and salt. With pastry blender or fork, cut or stir in butter mixture until pieces are about pea-size. Sprinkle 1 tablespoon water over part of the flour mixture; gently toss with fork. Push moistened pastry to side of bowl. Repeat using 1 tablespoon of water at a time, until all is moistened. Form pastry in a ball (dough may be wrapped and chilled up to 24 hours.) Let stand at room temperature about 30 minutes or until easy to roll. Divide pastry into 6 equal pieces. On lightly floured surface, roll each portion to a 6-inch circle. Place on parchment or foil lined baking sheet, leaving 1 inch between pastry rounds. Spoon spreadable fruit on pastry; spread to make 2-inch circle. Top with plums and berries, leaving 2 inches of pastry edge. Fold the edge around the fruit crimping and pleating as you go. Pastry does not have to cover fruit completely. Brush crust with milk. Preheat oven to 400 degrees F. Bake 30-35 minutes or until filling is bubbly and fruit is tender, covering tarts with foil the last minutes of baking. Coll slightly on baking sheet on rack. Sprinkle cheese and drizzle with honey. Serve warm.

~ ~ ~



ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

# Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

**Louise Beckerle Rourke** is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

**Michael K. McGovern,**  
Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

**Kitty Rooney,**  
Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

**Dr. Joel Goodman,**  
Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY

