

The Toolbox



January 2022

Barb Wyllie ~ Editor

Distribution 930

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM

Deadline: 20th of the month

From the Governor's Desk

In the land of Rotary, January is vocational service month. Rotary International holds that vocational service is intrinsic to our shared experiences. It is, in fact, **The Object of Rotary**.

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

First: The development of acquaintance as an opportunity for service;

Second: High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;

Third: The application of the ideal of service in each Rotarian's personal, business, and community life, and;

Fourth: The advancement of international understanding, goodwill, and peace through a world fellowship of business and professional persons united in the ideal of service.

If 2021 taught us anything... certainly a tall order in my own case... it has helped us to recognize there is a common ingredient in **The Object of Rotary** which binds us together: kindness. When you look at the four ideals listed above, kindness is the binder in each.

And so, I wondered what the great Google in the sky might have to say about kindness. I asked: what are the kindest things that have happened in 2021? And, after the miracle of vaccines development was fully described, I chanced across this article from Global Citizen ([click here](#) to see the full article). It references 2021 progress in the following kindness areas:

1. **Defeating Poverty:** More countries are stepping up to support rural farmers living in poverty; small communities are

supporting each other to combat food insecurity; China eliminated malaria; a new HIV vaccine has shown a 97% response rate in Phase 1 clinical trials; and, El Salvador is trying to expand access to education through digital resources.

2. **Defend the Planet:** 77 countries in the world now have announced full or partial ban on plastic bags; and, Reddit investors adopted 3,500 endangered gorillas in 6 days.
3. **Demand Equity:** Canada passed two laws to affirm the rights of indigenous peoples; the US made Juneteenth a federal holiday after decades of campaigning; misogyny is now a hate crime in England and Wales; governments, corporations and philanthropists pledged \$40 billion of investments in gender equality initiatives at the Gender Equality Forum; and, more regions of the world are tackling period poverty.

This article was written in August, and by now even more kindness has been generated. As Rotarians our fingerprints are on a number of these global initiatives, and at the local level we are even more active. We should feel good about what we do, even though what remains to be done seems daunting at best.

Thank you for the role you play. Thank you for supporting the world's most dynamic all-volunteer organization, by far. During the holidays, hug those you love often, and gently explain to them how what you are doing will make their lives better tomorrow. And, then find a way to hug a stranger with a good deed or deeper commitment.

Everyone can use a little kindness in their lives, and kindness starts with you. Have you been kind today?

Yours in Rotary Service,

DG Bruce

DISTRICT EVENTS AT A GLANCE

- **NOW:** Book Reservations being taken *pp 2,9*
- **January 1:** Happy New Year!!!
- **January 17:** Martin Luther King Day
- **April 29 & 30:** End of Year Conference *p 2*
- **June:** RI Convention / Houston TX

CLUB EVENTS AT A GLANCE

- **NOW:** Food Drive by BHBL Rotary *p 3*
- **NOW:** Quilt Raffle by Sharon Springs Rotary *p 3*
- **February 12:** Outhouse Races by Shenendehowa Rotary *p 3*

~ ~ ~

Scotia Rotarians Called to a Higher Service in 2021

District 7190 bids a heartfelt farewell with prayers and very fond memories to:

Nelson Austin
1/26/2021

Victor Friedman
2/14/2021

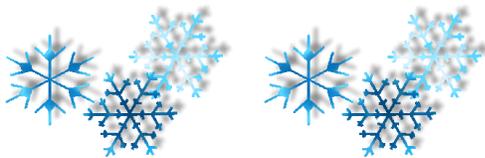
Twitty Styles
8/20/2021

David Schweizer
9/2/2021

Bruce Bellamy
11/12/2021

Kenneth Hughes
12/11/2021

~ ~ ~



SAVE THE DATE!!!

April 29 and 30, 2022

The 2021-2022 Year-End Conference to be held at the Six Flags Great Escape Lodge and Conference Center
Queensbury, NY
Details to follow.

~ ~ ~

District 7190 presents Polio Survivor Louise Rourke's Inspirational Story *Called by the Water*

Submitted by Doug Ford, End Polio Co-Chair
Learn how her life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds!

- \$20 per book
- \$35 for an autographed copy
- \$50 for an autographed copy plus an End Polio Now T-Shirt & face mask

Your donation supports

the Rotary Foundation Campaign to Eradicate Polio.

<https://go.rotary7190gives.org/calledtowater>

See flyer on page 9.

Thank you for supporting The End Polio Campaign.

More details to follow.

~ ~ ~

Attention All Clubs

Editor's Note: Please make sure your Club members are receiving this newsletter. 1st - You can check the distribution list that I send accompanying The Toolbox (most months). And 2nd, if their names are on the list but they still aren't receiving it, have them check their spam or junk mail folder. Thank you.

Also...

Every month, please submit the names of your new members and the names of your members who have passed on to higher service to me, Barb Wyllie at thetoolbox7190@gmail.com. Thank You.

~ ~ ~



BURNT HILLS
BALLSTON LAKE
ROTARY
CLUB



Feeding the
Community

Food Drive
for Hunger



Food
Collection

BHBL Rotary is providing an
"Operation Hunger" Collection Box
at Gil's Garage
817 Saratoga Rd, Burnt Hills, NY
to collect non-perishable food items.



Sharon Springs Rotary presents its

Warm Up with Rotary Handmade Quilt Raffle

Get a chance at being the owner of this
beautiful handmade quilt! 53" x 85" (Full, Long)
handmade patchwork quilt.

<https://www.jotform.com/assign/210504876935158/210505360928048>

Donation: \$5/chance or 5 for \$20.
Only 500 tickets sold. Proceeds benefit Sharon
Springs Rotary peace & humanity projects.



Rotary

**Shenandehowa
Rotary**

6th Annual **Winter
OUTHOUSE RACES**

Saturday February 12, 2022
Registration at 12 NOON
Races begin at 1 PM
Clifton Common, Clifton Common Blvd., Clifton Park, NY

*A Fundraiser for
ShelterBox and the Mechanicville Area Community Services Center*

Race an Outhouse and win Cash prizes

A Fun Family Event

For Outhouse Race Details Visit: Shenrotary.org/outhouse-race

FREE AND OPEN TO SPECTATORS

**Build a Team
Build an
Outhouse
Come Out and
Race**

Cash Prizes for 1st,
2nd and 3rd Place
And Best Themed
Team

Registration - \$50

Build your own Outhouse Racer or rent one from us for \$50 bucks!

Glenville Rotary Club Sponsors Annual Veterans Day Event

by Peter Lewis

November 11 at 11:00 AM Glenville celebrated its annual Veterans Day Event sponsored by the Glenville Rotary Club. A patriotic parade of military flags touched off the event escorted by the GPD and Thomas Corners Fire Dept. Each of the military banners were proudly presented, to the tune of their respective anthem, and surrounded the podium. The last flag to be brought in was the POW/MIA flag honoring the over 80,000 men and women who are listed as missing in action. It was led in by Scotia-Glenville High School bagpiper Cameron Breslin playing Amazing Grace. The BH-BL Choraleers followed up with the singing of the National Anthem.

Five local war veterans were awarded "Service Above Self" plaques of appreciation for their service and sacrifice: Robert Brandt was a WWII Navy sailor; David Pisano was a Vietnam Veteran as well as Michael Carhidi who was a Purple Heart recipient. Michael Ward was a Marine who had served in Saudi Arabia, and Linda Brandt, a retired Colonel from the 109th ANG who had over 2,700 hours as a Flight Nurse.

It has been Glenville's custom to lay wreaths at the Veterans Monument out of respect for our veterans, signifying our continuous commitment as American citizens to honor and remember the sacrifices made by generations of fallen heroes in defense of our American way of life. Club Colonel Frank Quinn invited several of the local community groups to show their respect by laying wreaths at the monument.

Original, Glenville Rotary issued, American Flag Veteran's pins were once again awarded to all Veterans in attendance. Also dispensed were stars from retired American flags accompanied by a poem of remembrance.



Glenville Club member, Ed Culhane, provided his annual patriotic poem for the occasion:

The Elevens

On a long-ago November's eleventh hour and eleventh day, the fighting and the killing ceased, and for peace the world did pray

But sadly, peace was not to be,
So, our soldiers still sacrifice, so we can
be free.

History shows down through the years
Our soldiers conquered combat's fears
They bravely marched off to each war,
As their faithful forebearers did before.

We must never forget what they have
paid,
And the sacrifices, they have made.
So, let's take time this Veteran's Day,
And bow our heads to fervently pray.

That come a November's eleventh day
and hour,
When we yield ourselves to the Almighty
power,
That we may finally see peace prevail,
And put an end to war's travail.

'Till that day comes let us give thanks
To the men and women of all ranks
Who swore the oath to protect and defend
And preserved our Nation for family and
friend.

EC 2021

Both the Glenville Town Supervisor, Chris Koetzle and State Senator Jim Tedesco gave their usual inspirational talks. The program ended with the ringing and reciting of 23 names of previous awardees who have passed over the years and was followed with the playing of Taps by Sgt Ramirez from the 109th ANG. Approximately 150 people participated on a beautiful Fall Day.

Related photos on next page...

Salem Rotary Club Fuel Fund Raising

by Al Cromier



Salem Rotary Club members in photograph.

On December 2, 2021, Salem Rotary Club members served 131 curbside meals, raising over \$4,500 in donations to the Salem/Shushan Fuel Fund managed by the Salem Methodist Church. Since 2009, the Salem Rotary Club has partnered with the Salem Methodist Church to assist those in need of heating fuel during the winter months. The fuel fund provides about \$10,000 worth of fuel to as many as 35 families every winter. A second food fuel fund raiser will be held early in 2022. Interested Rotarians can send a donation to John Hickland, Salem Rotary Club President, 12 Williams Street, Salem, NY 12865. The check should be made out to the Salem Methodist Church Fuel Fund.

~ ~ ~



Veteran's Day Event Photos

Photos by Barb Wyllie



District Historian's Report

by Fred Carvin
District Historian

Sharon Springs, NY

Chartered January 3, 1948 - Sponsored by Cobleskill - 74 years of service

The Sharon Springs provisional club was approved by R.I. on January 3, 1948. Its charter celebration occurred Thursday evening, February 5. The new Rotarians and guests enjoyed pine-apple cabbage salad, baked ham and fresh apple pie with cheese. Rev. Robert Moore, the first elected president greeted twenty-one community leaders to the new club, along with 125 visiting Rotarians and "a few Kiwanians from a near-by village." District Governor Wiley boasted, "The Sharon Springs outfit looks like a winner." For years, the Sharon Springs Charity of Choice funds were generated by the successful Annual Wine and Tea tasting held at Clausen Farm B&B.

Northville, NY

Chartered January 10, 1950 – Sponsored by Gloversville - 72 years of service

Nominated District Governor James H. Casey
1961 -1962

Nominated District Governor Lee Barnes
1987-1988

The idea of a Rotary Club in Northville started in June 1949 when Walt Casanova wrote, "I had a letter from Floyd Brownell, a lawyer in Northville, saying he had been talking Rotary with Carlton Nellis and some other men who were interested and ready to go." With help from both the Johnstown and Gloversville Rotary clubs, roughly eight provisional meetings were held in Northville before R.I. issued a new charter on January 10, 1950. According to the *Morning Herald* newspaper reported January 18, "Because of the enthusiasm, loyalty, and fellowship found in the community, Thomas McDermott, Nyack governor of District 255, predicted the Northville Club will become one of the outstanding [clubs]."

During the charter night program held at the Tower Hotel in the village, 156 members from twenty-one different Rotary clubs on hand to welcome the new recruits.

Coming close to disbanding a few year ago, Northville has rallied to become, once again, a vital contributor of service to its community, district and world. Congratulations on keeping the spirit of Rotary alive.

Shenendehowa, NY

Chartered Jan. 29, 1958 Sponsored by Burnt Hills-Ballston Lake - 64 yrs. of service

Nominated District Governor Francis
Almstead 1982-1983

Nominated District Governor Anne
Cargile 2006-2007

The process of establishing a club in Schenendehowa actually started in 1955, when Axel Freiburg from Burnt Hills/Ballston Lake began surveying the territory. According to District Governor Hines, the prospects looked discouraging, but Axel never quit. Enlisting the help of John King-chairman of the district extension committee and George Moore. Their efforts paid off when Shen's charter event occurred at the Edison Club on March 11th, where first club president Fred Droms, Jr. received the presentation from Governor Hines.

Shen was number 4 of 5 clubs chartered by the team of Moore and King during Governor Hines year. This was the second time; five clubs were chartered in one year. The first time occurred in the 1940's when Governor Al Bantham and extension chair Walt Cassanova had five clubs.

Schenectady East, NY

Chartered Jan. 23, 1976 Sponsored by Schenectady - 46 yrs. of service

Nominated District Governor Susan Austin
2013-2014

It had been 8 years since District 719 had chartered a new club. District Governor the Reverend C. Walter Kessler had been wrestling with the need to establish a breakfast club somewhere. The main roadblock was finding a club willing to shift their territorial boundaries to allow a new club to exist. Enlisting the aid of Tony Renna to conduct a survey, the Schenectady club showed a willingness to establish a breakfast club.

Continued on next page...

Within a month, enough new members were on board to apply for a charter that was granted on Jan. 3, 1976. The charter dinner held March 24, at the Hogan's Towne House Restaurant, heard Rotary International Director George Uhlig from Pennsylvania welcome the new members to Rotary.

Club president Bill Himmelwright wrote of the occasion, "We of Schenectady East Rotary want to take this opportunity to express our appreciation to the Schenectady Rotary Club for its continuous support in getting our club started and to extend a special thank you to the following Rotarians of the Schenectady Club for their tireless efforts: Tony Renna, Harry White, George Horch and President Art Laurence.

All clubs are encouraged to protect and save the mementos of their past. If you have any questions regarding how to accomplish this; or have specific questions regarding Rotary history, please contact Fred Carvin at Qbyfred@verizon.net.



(Reprinted from the July 2020 Toolbox.)

Rotarian Flavors from Around the World

This is an opportunity to continue to experience the tastes of Rotary from around the world. Below, you will find recipes reprinted from the **Rotarian Flavors of the World Cookbook** (Morris Press Cookbooks 2011). Enjoy!

Salad

Fruity Slaw (page 41)

From the region of District 9830 / Australia

- 5 medium Kohlrabi bulbs, peeled and grated
- 1 c cabbage, shredded
- 2 small red onions, diced
- 2 Red Delicious apples, cored and diced
- ½ c currants
- ½ c seedless grapes
- 2 tsp olive oil
- ¼ c apple cider

Combine the first 6 ingredients in a large bowl. Lightly drizzle the oil and cider over the top. Gently toss and refrigerate for several hours to let the flavors mellow. Toss and serve.

Soup

Crab Soup (page 37)

From the region of District 9220 / Seychelles

- 3 common crabs
- 4 c. water
- 2 T soy sauce
- 3 stalks lemon grass, chopped
- 2 tsp grated ginger
- 2 chili peppers, chopped
- 2 limes, grated and zested
- 2 sweet potatoes, cooked and sliced
- 2 tsp chopped fresh mint plus a few whole leaves for garnish

Boil crabs for 6 minutes. Remove and cut into quarters and sauté in hot oil. Put the crabs back into the water and bring to a boil. Simmer for a few minutes, skimming the surface. Remove crab and set aside. Strain the broth. Put broth in a saucepan and heat for 6 more minutes. Now add the chili, lime zest, soy sauce, ginger and lemon grass. Cook for another 2 minutes and then add the crab to it and simmer for 2 minutes.

To serve: Put sliced sweet potato in individual serving bowls, sprinkle with fresh mint and crab and then pour broth over. [Should] be served hot.

Vegetable

Chakalaka (page 65)

(South African Vegetable Dish)

From the region of District 9320 / Lesotho

- ½ ground nut oil
- 2 medium onions, finely diced
- 6 large tomatoes, finely chopped
- 3 green bell peppers, finely diced
- 4 large carrots, peeled and grated
- 1 lb can baked beans
- 4 tsp hot curry powder
- 2 hot chilies, very finely diced
- ½ tsp salt

Sauté the onions and green peppers until soft. Add the carrots, tomatoes, chilies and baked beans. Mix thoroughly and allow the mixture to simmer gently for 2 minutes, stirring occasionally. Squash the ingredients against the side of the pan so that the mixture becomes smooth. Add all the remaining ingredients and cook for a further 15 minutes. Serve warm. *Continued on next page...*

Main Course**Beef and Beer Stew** (page 95)**From the region of District 1030-1140 / England**

- 1 lb. boneless beef chuck or round steak, 1 inch thick
- ¼ c olive oil
- 3 medium onions, sliced
- 2 cloves garlic, chopped
- 3 T all-purpose flour
- 1 c water
- 1 large (about 16 oz) can of dark beer
- 1 bay leaf
- 2 T packed brown sugar
- 2 tsp salt
- ½ tsp dried thyme leaves
- ¼ tsp pepper
- 2 T vinegar
- 1 c cooked chopped bacon
- Minced parsley
- Hot, cooked noodles

Cut beef into ½-inch slices; cut slices into 2-inch strips. Sauté onions and garlic in olive oil until onion is tender, about 10 minutes. Remove onions. Sauté and stir beef in remaining oil, about 15 minutes. Stir in flour to coat beef; gradually stir in water. Add onions, beer, bay leaf, brown sugar, salt, thyme and pepper. The water should cover the beef. Add more if necessary. Heat to boiling, reduce heat. Cover and simmer until beef is tender, 1 to 1½ hours. Remove bay leaf. Stir in vinegar, sprinkle with bacon and parsley.

Serve hot over noodles. Serves 6.

**Dessert****Mapopo** (page 179)

(Papaya Candy)

From the region of District 9210 / Zimbabwe

- 1 lb. papaya
- 2½ c sugar
- 1 lemon peel, grated
- ½ tsp mint, dried or fresh

Peel the papaya and slice into little strips. Place the papaya, mint, grated lemon and sugar over low heat until the sugar dissolves. Cook for 10 minutes, then set aside for half an hour. Reheat over medium heat until the mixture crystallizes. Remove from heat. Mixture will be very hot. Using a spoon and fork, mold into ball or stick shapes.

~ ~ ~



ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

Louise Beckerle Rourke is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

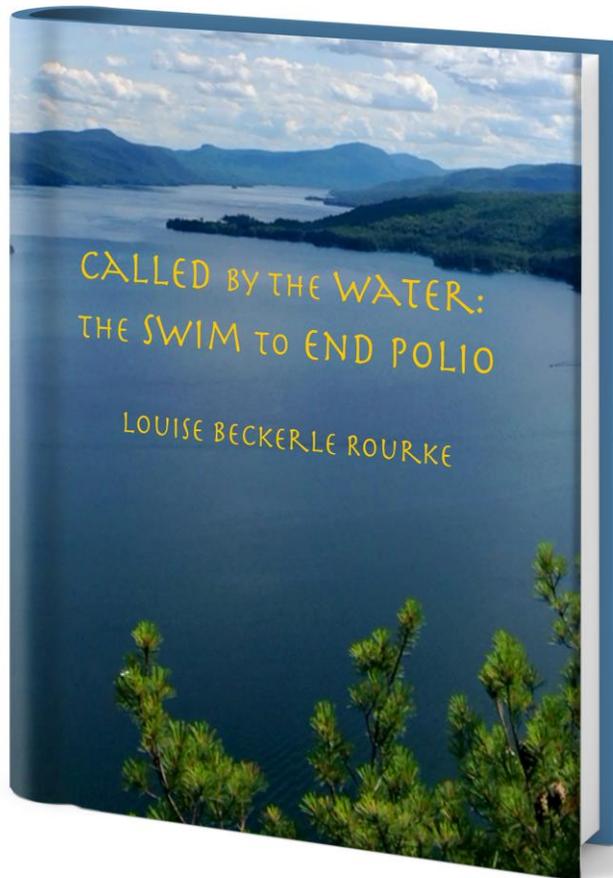
Michael K. McGovern,
Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

Kitty Rooney,
Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

Dr. Joel Goodman,
Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY




ALL PROCEEDS FROM THE SALE OF THIS BOOK WILL GO TO THE ROTARY FOUNDATION / END POLIO CAMPAIGN

To reserve your copy of Louise's book or to make a donation... please contact District Polio Chair-Person, Doug Ford: ford@curtislumber.com