

The Toolb



July 2019

Barb Wyllie ~ Editor

Distribution 1,113

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM Deadline: 20th of the

From the Governor's Desk

Happy New Year...Again!

As Rotarians, we get to celebrate New Year twice – once with the traditional countdown, champagne and resolutions – and once as we change our leadership on July 1. I've heard it said that Rotary is the only organization in the world that fires all of its management each year. That's an interesting twist on the concept. In any event, I continue to believe that a strong and vital Rotary movement is in the highest interest of people everywhere; and the strength of this movement in our communities is up to us.

The Family of Rotary is unique. We come together to identify and solve problems; and have fun. We raise money to provide fresh drinking water that we'll never taste. We plant trees for food and shade that we'll never eat, or sit under. We provide books and computer learning tools for children we'll never get to tutor. We donate vaccines for the world's children to stop Polio; and we will end polio!!! There are 6 million children who would have had polio were it not for Rotary. If you've been a Rotarian for 50 years or 50 days, this is part of your work, part of our shared legacy.

But Rotary is more than these few things, because Rotarians are always looking for the next problem to solve. Our affiliated organizations that do big things, like Shelter Box and Gift of Life, are only part of the story. Most of the work of Rotary is done at the grass roots; in our communities. A recently completed study shows that the 1.2 million Rotarians around the world dedicate 45 million volunteer hours each year, about 40 hours per member, with a value of over \$850 million dollars.

Our theme for the coming year is Rotary Connects the World, and indeed it does. As I've moved through the track to become District Governor, I've met people from most Rotary

countries on every continent – except Antarctica.

Meeting Rotarians in other countries is an experience akin to seeing friends you didn't know you had. They embrace the same values, share the same hopes for a better world, and like us, they take action to improve the lives of others. Ours is an amazing network of caring people, centering around our core values.

We all have special relationships in our clubs; most of us here have ties to others in the District, and some of us have connected with other Districts. The common thread is that we are able to work together. Our common goal is to do the work of Rotary, that is to help others in need. I stress that the work we can do together is greater than the sum of the work we can do alone, so I am calling on all Rotarians to reach out within their club, to neighboring clubs, to any club in the District, with an offer to help; or, to ask for help with your club.

Our vision statement from Rotary International says it all:

Together, we see a world where people unite and take action to create lasting change – across the globe, in our communities, and in ourselves.

This statement does not mention Rotarians. I submit to you, if we help engage people in our communities in the work of Rotary, not necessarily in the name of Rotary, we will be most successful. Much more gets done if no one cares who gets credit; indeed, even if there is credit.

Community, connections, change; our watchwords for this year. What Rotary does is a noble cause, a high calling, a worthy endeavor. As we celebrate what we've accomplished, let's be all the more determined to build a bigger and better Rotary experience, and connect the world.

I am yours in Rotary Service.
District Governor Larry Jones

DISTRICT EVENTS AT A GLANCE

- **July 18:** Rotary Night at the Joe *p 1*
- **August 31:** District Grant Final Reports Due *p 1*
- **September 16:** GoL Golf Tournament *pp 3,14,15*

CLUB EVENTS AT A GLANCE

- **NOW:** Cell Phone and MicroCard Collection by Niskayuna Rotary *p 4*
- **NOW:** Keep Girls in School for Only \$5 by Niskayuna Rotary *pp 3,16,17*
- **July 19-21:** Wood and Fine Art Show by Northville Rotary *pp 2, 13*
- **August 13:** Happy Gilmore Golf Open by Rotterdam Sunrise Rotary *p 2*
- **Sept 13:** Centennial Celebration by Amsterdam Rotary *p 2*
- **Nov 16-17:** Overnight Winery Tour by Glenville Rotary *pp 4,18*

Rotary Night at the Joe

Thursday July 18th

Register at the District website

Come and celebrate our

Rotarians of the Year

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Northville Rotary presents its 11th Annual

Wood and Fine Arts Show

July 19-21 Friday-Sunday

Friday 5-8pm "Meet the Artists"

Reception

Saturday 9am-5pm

Sunday 10am-3pm

Bradt Building and Park

Main Street in the Village of Northville
on Sacandaga Lake.

Featuring more than 60 accomplished artists from this area and beyond. Woodworkers, jewelers, weavers, potters, photographers, painters, and many others artists will display and sell their artwork.

Included are demonstrations, raffles, and a silent auction. Food can be purchased from a number of vendors. Proceeds from this event will be used throughout the year to provide scholarships to students, support community organizations, and projects of Rotary International.

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"ALL 2018-19 DISTRICT GRANT FINAL REPORTS ARE DUE BY August 31, 2019 and must be submitted electronically to: Grants@Rotary7190.org along with all required documentation and pictures"

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Rotterdam Sunrise Rotary presents its 41st

Happy Gilmore Golf Open

Tuesday August 13

Briar Creek Golf Course

Pangburn Road Rotterdam, NY

Golf \$125 per golfer or \$500 Foursome

Includes:

Bagels and beverages starting at 8am

Shotgun start at 9am

Lunch at the turn includes:

Burgers, dogs, beer, gatorade, water, soda

Various contests (Longest ball, closest to the pin, etc.)

Hole in one prizes

Complimentary beer & refreshments on the course

One hour open bar

The Big Buffet Dinner and Dessert

Prizes, raffles and awards

Rotary Club Team Special Sponsor Program
\$600 per team of four – all golf, dinner, etc. with signs on a tee green, and in the dining room

Please bring a canned food item for the Trinity Reform Church Food Pantry. For every item you bring you will get one free raffle ticket.

Pay Rotterdam Sunrise Rotary by August 1st

Mail to: EOS Technologies

139 Erie Blvd., Schenectady, NY 12305

Questions Call Phil Tiberio @ 518-377-8000 or email phil@eostechny.com

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Save The Date

Amsterdam Rotary Club

Centennial Celebration

Friday, September 13th 6 – 11 pm

River Stone Manor Scotia, NY

More Information to Follow



Rotary District 7190 21st Annual Golf Tournament

Monday, September 16, 2019
Pinehaven Country Club
1151 Siver Road
Guilderland, NY 12084

The Tournament this year will be played
To honor all those little hearts the
Gift of Life has healed



10:00 AM Golf Registration
11-12:00 Lunch on the Patio
12:00 PM Shotgun Start
Handicap Scramble Format

5:00 PM Cash Bar & Appetizers
6:00 PM Buffet Dinner, Awards,
Raffle Drawings & More!!

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Help Wanted

After 4 years of heading up
Rotary District 7190's Day of Service,
I would like to pass the baton. I will train
the new hire during the 2018-19 year.

Call or email me at 518-944-3997 or

Barrelbackbuilder@mail.com

for questions or interview.

Thank you. Bruce McConnelee

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For \$5, Rotarians Can Help Girls Stay in School!

THE PROBLEM: Far too many girls drop out of school when they reach puberty for lack of a secure way of handling their menstrual flow. When a girl can't complete her education, she will likely marry extremely young, have a dozen children, without ever having the means to support her family or educate her children. The last thing our planet needs is an overpopulation of poverty stricken communities.

THE SOLUTION: D7190 Rotarians Helen & Lon Penna have witnessed the sheer joy of girls who have received a free MoonCatcher kit from the [MoonCatcher Project](#). Each kit includes 3 pads. Each kit includes a small waterproof bag to wash the pads with a cup of precious water. The pads unfold to squares, so they can be dried in the sterilizing sun without embarrassment. The kits are unique in that they can be worn by girls who can't afford underwear! The accompanying health curriculum dispels myths and unhealthy practices. Got a minute? Watch this: [video](#); (YouTube Rlee0DIN2hQ).

"WE ARE ALL PEOPLE OF ACTION": The Rotary Clubs of Scotia NY and Namugongo Uganda are actively seeking partner (1) Clubs & (2) Individuals to help provide girls in Uganda with free MoonCatcher kits for \$5 each via Global Grant GG1872625. With so many giving, nobody needs to give a lot. Contributions are matched 50% and receive Paul Harris Recognition Points and credit towards Major Donor Level. The Primary Contact is Scotia Rotarian Helen Penna, who can be reached at Helen_Penna@yahoo.com or 518-858-1333. Checks can be mailed to Scotia Rotarian Phil Falconer at 7 Via Maria Drive; Scotia, NY 12302.

TWO PROJECT IDEAS: The MoonCatcher Project is always looking for TYVEK, the rip-proof material used in overnight mailers. Or for a hands-on project, we can mail a box of materials for a handful of sewists to hold a "MOONBEE" to assemble 25 MoonCatcher kits. It's fun and gratifying. Contact inventor and founder Ellie von Wellsheim, who like Jonas Salk, is *giving her design to the world*, at ellie@MoonCatcher.org or (518) 859-5114. **Photos on page 12.**

Find Pledge forms on pages 16 & 17.

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Your Help is Needed **Now!!!**

Got Cell Phones? PLUS... How Rotarians can deliver a High School Education for under \$10: the cost of a microSD card, an envelope and a postage stamp.



Niskayuna Rotarian, Keni Banda, has requested donated cell phones for his remote hometown village in Africa. Not only can cell phones be used as phones, but if the phone is a smart phone, it can be used as a tablet, and thus it can be loaded with educational software. But regardless of the type of phone, leave a message for Lon Penna, 518-399-4522, if you would like to donate a phone. [By the way, Niskayuna Rotarians also purchases new TracFones, \$30 each, and microSD cards, \$7.50 each, for holding Rotarian Frank Quinn's "education on a chip".]

HERE's THE PLUS: If your club would like to do a similar project, Niskayuna Rotary will be glad to provide the software. The software, unofficially dubbed RISE, Rotarian's Inspirational Software for Education, includes 1000 books, lots of read-and-hear books, an encyclopedia, a dictionary, maps, off line Khan Academy, PBS videos, and software from learn-to-read to learn-first-aid. Niskayuna Rotarians also load the software on refurbished desktops and laptops that we procure for \$10 from ComputerRehab.org. The computers can go in any school, any library, any 501c3 or in the home of any family in need. **GOT USED CELL PHONES?**

PLUS...HIGH SCHOOL EDUCATION on a microSD Card

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Save the Date:

**Family Picnic to support
Water and Sanitation Projects**

Sunday, August 25th at 3:00

Orenda Pavilion

Saratoga State Park

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Save the Date:

A Step Back in Time

**A 1920's Themed
OVERNIGHT Winery Tour**



November 16th-17th

Saturday-Sunday

The Inn Bed and Breakfast

Montgomery, Vermont

\$230 per person plus Inn reservation

- **Wine Tastings**
- **Coffee/Tea/Water & Pastry Service on board**
- **Ferry Ride**
- **1920's Themed:**
 - **Dinner and**
 - **Who Dunit Event**
- **Delicious Breakfast**
- **More Wine Tastings**
- **Snacks and Water available**

See flyer on page 18 for details on reserving your room(s), etc, and signing up for this trip.

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A Special District Conference Thank You from PDG Tammy

Sponsors

Celebration Sponsor:

- Lake George Rotary Club

BE THE INSPIRATION Sponsors:

- Capital Region Rotary Club
- Glens Falls Rotary Club
- Rotary E-Club of Upstate NY
- Salem Rotary Club
- Schenectady Rotary Club
- Twin Bridges Rotary Club
- Barb Wyllie



Speaker Sponsors:

- PDG Terry and Anne Phillips
- Lake George Rotary Club
- PDG Anne and Harry Cargile
- PDG Pepi Noble and Robert Flannery
- Milan and Lisa Jackson and daughters



Special Thank You

Essex Resort and Spa
Our thanks and appreciation for the care, cooperation and professionalism demonstrated by the staff. It's been fun to work with such a motivated group.

Coffee House Decorations
Pam Baxter, Mary Burch Macherone, Marisa Multari, Rachel Stark
Groove Party
Ray Otten, Pete Champagne, Ed Brown
The Song
Ray Otten, Pete Champagne, Committee Singers

Public Relations and Social Media
Barbara Wyllie, Rachel Stark, Sari Medick, Marisa Multari
Graphic Design
Sari Medick, Elissa Ebersold
Sponsorships
Dawn Vavala, Marisa Multari, Denise DiNoto, Barbara Wyllie

Rotary Foundation Celebration
PDG Susan Austin
Accessibility Coordinator
Denise DiNoto
Pajama Lady
Rachel Stark
Peace Prize Basket Design
Mary Burch Macherone



Woodstock Skit
Max Yasgur—Bruce McConnelee
Mimi Yasgur—Lorraine McConnelee
Joseph P Roberts—Rich Griesche

Speaker's Aide
Milan (4.0) Jackson and Family
Rt President's Rep Aide
PDG Anne and Harry Cargile

Printer
Camelot Print and Copy Center

Memorial Service
PDG Jim and Ellie Spencer
PDG Salute
PDG Dan Stec, Diane Dickson

Name Badges
Lorraine McConnelee, Pam Baxter
Conference Registration
Sari Medick, Nick George, PDG Harriet Noble

Thank you to all the people, organizations, and businesses that provided the contents of your Welcome Bag



Bags were donated by Nite Owl Marketing/Dawn Vavala

Peace Cash Prizes *

Vermont Teddy Bear.....donated by PDG Susan Austin
Essex Resort and Spa Overnight Stay.....donated by Essex Resort and Spa
Mary Kay Beauty Basket.....donated by Marisa Multari
Italian Food Basket.....donated by Mary Burch Macherone
K Noble Soap Relaxation Basket.....donated by PDG Susan Austin
High Peaks Distillery World-Class Bourbon.....donated by Lake George Rotary
Lake George Massage and Spa Basket.....donated by Joyce Azukas
Proctor's Gift Card.....donated by PDG Pepi Noble
Afghan Queen-size.....Handmade by PDG Susan Austin



*Conference proceeds will be donated to Logan Strong Foundation and The End Polio Now campaign

Photo Album 1969
Robin Noble, Nick George

Thank you



Rotary Activities during Lon & Helen Penna's 2019 trip to Malawi by Lon Penna

IT'S ALL ABOUT CONNECTIONS. Rotarians connect with good people, all working to make the world a better place. Dr. Brian Lisse: 'A full third of what Bridges to Malawi has accomplished is thanks to Rotary: from the Global Grant to fight malaria to Rotary's ideas & connections.'

THE BRIDGES TO MALAWI CONNECTION

This is Bridges to Malawi's 7th annual trip to central Malawi, bringing doctors, nurses, medical students, high school students, farmers, contractors and Rotarians. If there is any doubt as to the motivations of the group, they all paid their own expenses (except for 1 of the dozen teenagers). Dr. Brian Lisse, one of the founders, donates \$70,000 annually. Get it? NO administrative fees and the exact opposite of a CEO windfall. That is what first attracted many of the volunteers.



Rotarians Helen & Lon Penna accompanied Bridges to Malawi's annual humanitarian trip to MALAWI, along with teachers, farmers, contractors, medical personal, teenagers & Ellie von Wellsheim of The MoonCatcher Project.

THANK YOU ROTARY DISTRICT 7190. YOU MADE IT HAPPEN:

A Bath House and Toilet Facility for Chamwabvi Girls' School

THE MAGIC OF ROTARY: Helen & Lon Penna want to thank all the Rotarians who helped make the trip to Africa a success. Just weeks before leaving for Malawi, Ellie von Wellsheim of The MoonCatcher Project called asking if Rotary could provide \$2000 for a NEW BATHROOM AT A GIRLS' SCHOOL. Helen and Lon happened to be attending a District event that evening, and DG Tammy Heckenberg allowed time for an announcement.

Rotary District 7190 answered the call:

YES, said Ballston Spa

YES, said Cobleskill

YES, said Cohoes

YES, said Lake George

YES, said Northville

YES, said Shenendehowa

YES, said Twin Bridges

YES, said Colonie-Guilderland's Kirk Pogge

YES, said Glenville Rotarian Phil Arony

YES, said Niskayuna Rotarian Don Palmer

And "The MoonCatcher Project" put in the last \$100.

The \$2000 raised was enough to construct both a toilet facility & a bathhouse.



Construction underway for new DORMS, new KITCHEN, the new BATH HOUSE and the new TOILET FACILITIES.



HELEN PENNA selecting the best bricks.

Continued on next page...

ROTARY GLOBAL GRANT TO FIGHT MALARIA:

Good news: Malaria rates cut in half from 2017 to 2019 for the Mtunthama (pronounced Two -Tah'-mah) region.

Bad news: The cost to continue tripled, so a follow up grant idea was abandoned. (A Dairy grant will be carried out instead.)

Horrible news: Helen& Lon's host, Kalista, mother of 3, died of malaria a month after they returned to the USA. Kalista (Kah-leese-tah) was extremely proud of her graduating daughters and her garden.

In Memoriam, Niskayuna Rotarians will be shipping a box of seed packets, smart phones and K-12 education videos on memory cards.



In Memoriam: Kalista holding peanuts in her beloved garden.

The MOONCATCHER.org CONNECTION

Over 700 girls now have means of handling their menstrual flow. The MoonCatcher Project is one of the most important initiatives in terms of long term benefits for education, & for uplifting women, families and communities, for slowing overpopulation, & for helping the impoverished. (By the way: Scotia Rotary has prepared a Global Grant to provide 10,000 girls in Uganda with MoonCatcher kits in Uganda. Kits are \$5 each. If this is something anyone would like to support, contact Helen_Penna@yahoo.com for details.)



OVER 700 GIRLS RECEIVED MOONCATCHER KITS & HEALTH TRAINING.
NOW THEY WON'T NEED TO STAY HOME FROM SCHOOL 5-DAYS
EVERY MONTH.



PROJECT IDEAS: MoonCatcher Kits are \$5. Consider contributing to Scotia Rotary's Global Grant. Or help make them at regularly scheduled "MoonBees."

The SEEDS for PEACE CONNECTION & TREES

Local nutrition suffers from lack of food variety. Most Malawians only eat corn. Linda LeTendre & Burnt Hills Rotary had started a dialogue with Seeds for Peace founder, Sue Johnson. As a result, Helen & Lon carried free seeds, adding to what Dr. Lisse was doing. Dr. Lisse had already hired Vutto Kufa (below) to distribute the seeds, teach gardening & food preparation. Continued on next page...



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TREES: Remember when all 1.2 million Rotarians were asked to plant a tree? PDG Fred Daniels selected Bridges to Malawi for those wanting to sponsor trees. A favorite: Moringa Trees, \$0.50 each, where the leaves can be boiled like spinach. (Pictured on previous page.)

The COMPUTERREHAB.org CONNECTION.

9 schools now have solar and 8 refurbished laptops each. Most of the laptops were obtained for \$10 to \$20 from Elfyn's Computer Rehab group, located in the GE main plant here in Schenectady. This connection began perhaps 20 years ago when Terry Lustofin was a guest speaker at Glenville Rotary.



THE EarthTeamWork.com CONNECTION

The laptops are more than empty computers; they are each an education in a box. Each of the laptops obtained from Elfyn were preloaded with K-12 educational software and videos, compiled by Frank G. Quinn, the current President of District 7190's eClub and founder of Earth Team Work. GSAP educational software was added by students in Massachusetts, where GSAP was obtained from a Rotarian in Providence, Rhode Island.

3) Content Examples

ShareIt	Android	Audio	eBook	Image	K12	Maps	Software	Updates	Video
File Share Android, Apple & Windows	Android apps	Books Learn English	Catching Library Time Books	Search Health Multimedia	Wikispoke WikiQuest Wikivoyers	Maps4U Offline Maps Navigation	Free Programs Art/Videos Portable Apps	Desktop Windows Updates	Crash Course Khan Academy YouTube

4) Local Sharing Example - No internet or WiFi required

1) Install MicroSD - Phone/Laptop/Router/Sandisk/Flash



2) SHAREit software - Transfer/Share files between phone/laptop/tablet



3) Use/Learn/Share - educational video/audio/books, software/apps



Local Sharing: No internet or WiFi is required to share files between phones, tablets, or laptops. The SHAREit app on MicroSD works on Android, Windows, and Apple devices to share files. Insert MicroSD into device and start freely sharing knowledge in a 50+ meter/yard radius.

Continued on next page...

What's Next: Tools you can use too.

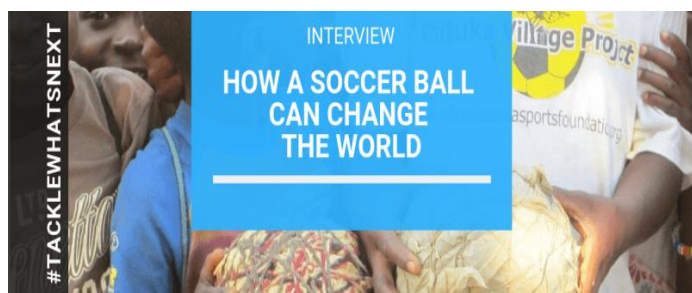


Lon Penna exchanging Scotia's Banner & Niskayuna's Banner with Mzuzu Rotarians.

Projects proposed:

- MoonCatcher kits so girls stay in school, \$2.50 each after match from The MoonCatcher Project
- K-12 Education preloaded on microSD Cards (\$6 each) for use with laptops and smart phones.
- Planting Moringa Trees in Schoolyards (\$0.50 each). The leaves can be cooked like spinach.
- Wheelchair for Emily, a cripple in Niskayuna Rotarian Keni Banda's village.
- Niskayuna Rotary offered to ship a 20-foot container of books to the nearest port, only \$500 per Rotary Club of Parole's project, "Books for International Goodwill", www.big-books.org.
- At the end of the meeting, Niskayuna Rotary funded attendee Philness Chawinga to provide 4-groups of 5-women each to have a piglet as part of a pig-pass on program, \$100 total.
- Also, a shipment of hundreds of garden seed packets is underway, \$100 to ship a large box.





An Interview with Niskayuna Rotarian Keni Banda

Here in the US many of us see sports philanthropy as sports stars or organizations giving back to causes that matter to them. While that is a big part of things, there is another part that is much more grassroots. We spoke to Kalekeni Banda about [Banda Bola Sports Foundation](#), an organization he created to encourage young people in Malawi go to school. The foundation is classified as a sport for development organization, meaning they use sport as a tool to create change in communities. Banda spoke to us about how the power of sports has impacted the lives of the children he serves.

Using Soccer to Create Banda Bola Sports Foundation



Photo Courtesy of Banda Bola Sports Foundation

Starting Banda Bola Sports Foundation wasn't always in the cards for Banda. He was born in rural Chituka Village in Malawi, and moved to the US at a young age. He has been coaching soccer here in the

US from the youth, club and college levels since 1975. "I realized that my passion in life was coaching," Banda explains. "I created the Banda Bola program (Bola means ball) and started working with young people to improve their soccer skills". Once he started running soccer clinics here stateside to earn some extra cash, Banda realized he had a viable model to share with other communities.

After losing both his parents within just a couple years of one another, Banda decided he needed to return to Chituka Village and give back to the people there. "My dad was a political activist," says Banda. "My parents, both of them, most of the time were helping people. All of that got me thinking, what can I do to help my people the way that Mom and Dad would if they were alive?" The answer he settled on was what had been his passion all along – coaching soccer.

Banda explains that in Malawi, kids don't have the opportunity to play like they do in countries like the US. There is no required physical education and no organized sport for kids in Malawi to participate in. Struggling with basic needs like running water and electricity, springing for soccer equipment and physical education isn't a top priority for schools there.

"I decided that I would bring the village some soccer balls so the kids could play," says Banda. "I was most concerned about girls going to school because my first coaching job here in the US was for women's soccer." Banda was a founding member of the NCAA Women's Soccer Championship Committee while he was coaching at the University of Massachusetts. "I wanted to make sure girls at home in Malawi also got to play soccer because they don't usually get the chance," he adds. "My goal was that for every boys team there should be a girl's team also."

Even though he had the impetus for starting the foundation, Banda needed a lot of help. "The first question was how do I officially start this?" said Banda. "I coached this woman's daughter and after practice one day I was telling her about my idea and she recommended I speak to her husband, a lawyer. From there, it was born."

Continued on next page...

Then new challenges arose. How would he get the equipment? Banda remembers going to family and friends, schools and athletic departments from his coaching career, sending mailers, emails, and more to collect the soccer equipment he needed. "Then it was the question, how am I going to ship all of this stuff to Malawi?" laughs Banda. Luckily, he had some help. His aunt, Dr. Joyce Banda, had been named President of Malawi, and through her, he was able to connect to a retired NFL athlete in the states, Jack Brewer, who [through his own foundation](#) was able to help fundraise enough for the container to go to Malawi.

Since then, Banda has [shipped 4 different containers](#) to Chituka Village for the youth to have soccer equipment, jerseys and most importantly, school supplies. "I'm dealing issues beyond soccer," says Banda. "As an educator, I want to see children grow and have fun being a child." He explains that in Malawi, many times children are forced to grow up quickly and be adults from a young age. "It's hard to fight for the idea that children have the right to play," shares Banda. "That's really my purpose for doing this- I want the kids to have fun every day and have a safe place for them to be a child."

The Power of the Soccer Ball: Current Impact in Chituka Village



Photo courtesy of Banda Bola Sport Foundation

The Banda Bola Sports Foundation is currently in 35 elementary schools and 3 secondary schools in

Chituka Village. Each school has a girls and boys travel team from grades 5-8. The elementary schools also have grassroots soccer for grades 1-4. These schools have an average population of 850 students, but in some classes the student to teacher ratio can be 80:1.

So why soccer? Banda explains that sport can change perceptions and bring people together. "For me, the soccer ball helped me open doors, and helped me get into areas that normally I wouldn't be able to access," he says. "Right now, we are discussing girls' rights and women's rights, children's rights, and more with a soccer ball. These are things that I would have never been able to talk about in my village, but the soccer ball has allowed me to have these conversations with local teachers, local leaders and local volunteers."

Banda and his team use sports to attract young people to attend school and stay through 8th grade to finish basic education. Malawi doesn't mandate their students attend school, and only [35% of young people](#) complete primary school. The foundation's goal is to have every child stay in school through 8th grade and to provide a safe space for girls and boys to play.

When faced with these kinds of external challenges, Banda explains how valuable a soccer ball can be. "When I tell kids that if they go to school they are going to play, to be on a team and get soccer shoes and a uniform, they want to go to school," he says. Banda asks the teachers to name their top 10 students and they receive extra shoes, jersey, etc. "I want them to compete both in the classroom and outside of the classroom."

His goals for improving the school experience don't just stop with the children getting to play. "I'm trying to bring happiness to not only the children but also the teachers who are overworked and struggling," says Banda. "I want to motivate the teachers to be better, and help the children go to school with a purpose. And then help the parents get on board to ensure they are helping their kids get to school." All that from a soccer ball!

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How Partnerships are Helping Banda Bola Overcome Challenges

Banda recognizes that the foundation can't make all these changes happen alone. They want to grow to surrounding villages across Malawi, but the national infrastructure and culture pose problems. "My coaches don't have transport to get to group trainings in other parts of town and most won't volunteer their time unless there are benefits in return," shares Banda. "And then, on top of that, most of those teachers that I've seen and worked with at our schools are not there long-term because they get transferred by the government." This can make building sustainable programs hard, because Banda has to spend a lot of time re-educating new coaches, teachers and other staff about the program and its benefits.

Banda Bola Sports Foundation's biggest challenge is not a unique one for grassroots organizations: fundraising. The organization currently collects from local US soccer tournaments, soccer clubs, local colleges, Banda's church, and local middle and elementary schools. Banda also makes personal visits to prospective donors, participates in speaking engagements and [media appearances](#), sends out emails, and makes phone calls to spread the word. In-kind donations are always welcome, and typically consist of soccer balls and equipment as well as school supplies.

Finding volunteers that are willing to travel to Malawi (on their own dime) or help collect supplies to ship from the US is also a struggle. But Banda has a positive attitude. "I'm a 'friendraiser'," he says. "I find friends, do my research, and hopefully I get the right people to get on board."

Most of the organization's volunteers conduct soccer clinics as well as tutor and mentor in the organization's after-school program. These volunteers can range from soccer coaches to teachers to high school and college students. "The main purpose of the volunteers is to share knowledge with the local teachers, coaches, and leaders," explains Banda.

Because of these challenges, partnerships have been a big part of Banda's plan for the future. "I need more than just me, so I'm working with other foundations in the US," recognized Banda. He's

working with Coaches Across Continents to teach curriculum to all his teachers and coaches. "About 50 to 60 teachers came in and were talking about what it means to be a teacher and how to help their students," he explains. "These teachers get something to take home or take wherever they go." Banda hopes by providing this value to the teachers, more new teachers will want to participate and word will spread about the positive impact of his program. He understands that he has limited resources and must rely on other organizations to fill those gaps.

A Soccer Ball Changing Perceptions

Despite the challenges his organization faces, Banda is hopeful for positive future for the program. He aspires to create a soccer field complex to train teachers and players regularly, that also has changing rooms and latrines to make it safer for girls to participate as well. Another goal is to add is a feeding program to the after-school mentoring program they offer. "There is no school lunch program in Malawi," Banda remind us. "Most of the kids don't eat anything before school and once they come to school, there is no food, so it's hard to pay attention in class." Banda is working on getting a makeshift kitchen and some donated snacks so that the kids continue to come back to the program.



Photo Courtesy of Banda Bola Sports Foundation

Continued on next page...

“People from the village cannot be what they cannot see,” shares Banda. “The only way I can do this successfully is to bring people to show these kids what they can do.” He hosts women’s soccer players from the US regularly to conduct demonstrations and clinics for the students in Banda Bola programs. He remembers how shocked both the boys and girls were to see these women’s soccer players be able to easily pass and play. “It changed the mindset of not only the girls but the boys too,” recounts Banda. “They had never seen a girl play soccer and that experience helped them see that girls can do the same things they can do.”

Banda reiterated that the entire program and organization would not be possible without one thing: a soccer ball. “The soccer ball is allowing these young people to look at each other the same way and understand that girls can do the same thing that boys can do,” says Banda.

“Soccer and sport is a vehicle to get people out there so that we can talk to them about other issues that impact their lives and what they need to learn,” Banda concludes. “We have boys and girls playing together and co-mingling because of sport. Sport can help change the mindsets of these young people and how they solve their problems.”

~ ~ ~

Attention All Clubs:

Every month, kindly submit the names of your new members, and the names of your members who have passed on to higher service, to
thetoolbox7190@gmail.com
 Thank you.

~ ~ ~

Looking for Speakers?

Gift of Life will be glad to arrange for a member to address your club about their life saving mission.
 Please contact Pat Herman at
phpherman@gmail.com.

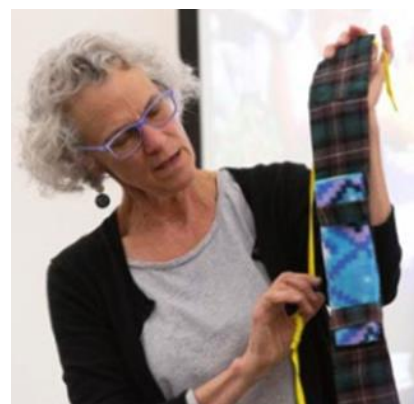
~ ~ ~

MoonCatcher Project Photos

Article on page 3.



MonCatcher sewing bee.



Sample MoonCatcher



Girls with MoonCatcher Kits

Discover Northville, NY on the Great Sacandaga Lake

11th Annual!

NORTHVILLE ROTARY CLUB

Woodworking & Fine Arts Weekend

July 19, 20, 21, 2019



Over 60 Artisans! ★ Demonstrations ★ Food ★ Music ★ Raffles

Friday, July 19, 5pm - 8pm **Meet the Artists & Preview Sale**

Saturday, July 20, 9am - 5pm Sunday, July 21, 10am - 3pm

Town Hall & Park - S. Main St., Northville, NY

2019 FEATURED ARTISTS

Carolyn Adamczyk
Stained Glass



William Betrus
Rustic Furniture



a community service project of the



www.northvillerotary.com

sowens26@gmail.com

Rotary District 7190 Gift of Life Golf Tournament

Thank you! Our program would not be able to continue healing little hearts around the world without your generous support. Please **CIRCLE** the appropriate Fees, Sponsorships, and Advertisements. →

Include handicap for EACH team member**

Team/Club Name: _____

*Address: _____

*Phone #: _____

Player 1 _____

Handicap: _____ Email: _____

Player 2: _____

Handicap: _____ Email: _____

Player 3: _____

Handicap: _____ Email: _____

Player 4: _____

Handicap: _____ Email: _____

SPONSORSHIP(S) &/OR ADVERTISEMENT(S)

You will be contacted for additional details regarding your Sponsorships and Advertisements

\$ _____ Amt. _____ Check _____ Visa _____ MasterCard _____ AMEX

Name on credit card _____

Card Number _____ Expiration _____

** To pay the day of the event contact Dennis McGlaufflin (518) 495-4712

TOURNAMENT FEES

\$135 Individual Golfer _____

\$540 Foursome _____

\$55 Awards Dinner Only _____

SPONSORSHIPS

\$1,500 Host Club Sponsor

\$1,500 Dinner Sponsor

\$1,000 Golf Cart Sponsor

\$750 Happy Hour Sponsor

\$500 Lunch Sponsor

\$100 Tee Sign Sponsor

ADVERTISEMENTS

\$100 Program Full Page Ad

\$60 Program Half Page Ad

\$35 Program Quarter Page Ad

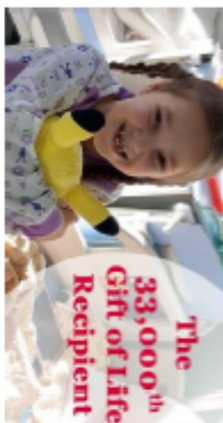
MAKE CHECKS TO:

Gift of Life District 7190

Mail check and completed registration form to:

**Rotary Dist. #7190 GOL
Attn: Dennis McGlaufflin
370 Daniels Avenue
Schenectady, NY 12304**

10:00 AM Golf Registration
11-12:00 Lunch on the Patio
12:00 PM Shotgun Start
Handicap Scramble Format
5:00 PM Cash Bar & Appetizers
6:00 PM Buffet Dinner, Awards,
Raffle Drawings & More!!



The Tournament this year will be played
To honor all those little hearts the
Gift of Life has healed

gift of life
INTERNATIONAL
Healing little hearts around the world
Rotary District 7190
21st Annual Golf Tournament
Monday, September 16, 2019
Pinehaven Country Club
1151 Silver Road
Guilderland, NY 12084

Continued on next page...

Gift of Life Golf Form - page 2



**Prizes for: Low & Net
On Course Contests:
Putting, Longest Ball,
Closest to Pin & More**

**For More Information
Contact**

**Tournament Chairman
Dennis McGlauffin
(518) 495-4712**

SPONSORSHIPS

HOST CLUB \$1500

Golf package for four golfers
Dining Room Signage
Reserved table at awards dinner
Full page ad in program
Tee Sign on course and
Special recognition

DINNER \$1500

Golf package for four golfers
Dining Room Signage,
Reserved table at awards dinner
Full page ad in program
Tee Sign on course and
Special recognition

GOLF CART \$1000

Golf package for two players
Logo signage on all golf carts
Reserved table at awards dinner
Full page ad in program

HAPPY HOUR \$750

Golf package for four golfers
Reserved table at awards dinner
Half page ad in program
Tee Sign

LUNCH \$500

Golf for 2 players
Signage on patio area
Quarter page ad in program

TEE SIGN \$100

1 tee sign on course
Listed in program
Rotary District 7190 Gift of Life has
healed the hearts of over 33,000

PRESIDENT'S MESSAGE

Rotary District 7190 Gift of Life has
healed the hearts of over
33,000 children. This is only possible
because of your continued and endless
efforts. Thank you for your continued
and unwavering support.

Respectfully, Tom Burdick

Pictures below are some of the
young lives your support has
helped the
District 7190 Gift Of Life save



Taivnaa
Mongolia



Yeny
Honduras



Chingune
Mongolia



Angel
Panama

CLUB PLEDGE LETTER (Rev. 1, 2019-05-04)

Donor's return address, phone, email & date:



DATE: _____

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

TO: Rotarian Phil Falconer

Past President, Rotary Club of Scotts, NY USA
7 Via Maria Drive, Scotts, NY 12302
H 518-399-5320; pdalfalconer@icloud.com

Letter of Support for The Rotary Club of Namugongo's MoonCatcher Project

Matching Global Grant Application GG1872625:

Providing a way for thousands of girls to stay active and to stay in school.

ROTARY DISTRICT 9211, UGANDA

The Rotary Club of _____, In District _____ is pleased to pledge \$ _____ for the subject matching grant.

We have heard that the Rotary Club of Namugongo has been visiting the schools and spoken with the school girls. They have seen firsthand how girls needlessly drop out of school, leading to early marriage, to early childbearing, and to a lack of financial stability. Our understanding is that this grant will provide thousands of FREE reusable, washable menstrual kits (3 pads per kit) to school girls that can be worn even without underwear. They will be produced in Uganda, thus supporting employment and the local economy. For sustainability, this grant also provides for sewing machines and related equipment for creating an additional sewing guild, to be supported by The Rotary Club of Namugongo.

Our Rotary Club is proud to be a part of this MoonCatcher project. Our understanding is the cost of materials and labor for each kit is \$5.00. Please find enclosed a check made out to "The Scotts Rotary Foundation" with Uganda MoonCatcher GG1872625 in the memo line. Per The Rotary Foundation (TRF), our contribution will be forwarded to TRF when the fundraising is completed and the grant is approved. We appreciate that our Rotary Club will receive Paul Harris Recognition Points for our contribution.

Yours in Rotary Service,

Club President



A project of the Rotary Club of Namugongo, Uganda in partnership with
The MoonCatcher Project and with The Rotary Club of Scotts, NY

Printed 6/28/2019, 12:01 PM

CLUB PLEDGE LETTER (Rev. 1, 2019-05-04)

Why Empower Girls?

Why is it so important to Empower Girls?

Give a man a fishing pole, and he eats for a lifetime.

But give a woman a fishing pole, and her community prospers for generations.

Around the globe, women are incapacitated 5-days every month. They drop out of school, leading to early childbearing. MoonCatcher's give women their freedom to stay in school.

One of the greatest threats to the planet is overpopulation. Experts say the only humane solution lies in the education of women.



POG Karam Babin and Helmi Bama, MoonCatcher session in Pakistan. Counter-productive suggestions that they focused included not to wash and not to eat crops or meat during menstruation. Education is the key.

Hegey's girls in Africa with their new MoonCatcher kits provided by The MoonCatcher Project.



MoonCatcher trainer Ellen von Wilheim, with interpreters. Rotarians will be providing the education component along with the kits.



Each \$5 donation provides a kit with 3 pads per kit. Thanks of how many girls will be helped with a contribution of \$200 or \$1000 after Foundation match!!

A project of the Rotary Club of Namugongo, Uganda in partnership with
The MoonCatcher Project and with The Rotary Club of Scotts, NY

Printed 6/28/2019, 12:00 PM

INDIVIDUAL PLEDGE LETTER (Rev. 3, 2016-04-04)

Senders return address, phone, email & date:



DATE: _____

NAME: _____

ADDRESS: _____

PHONE: _____

EMAIL: _____

TO: Rotarian Phil Falchner
Past President, Rotary Club of Scottia, NY USA
7 Via Maria Drive, Scottia, NY 12302
H 518-359-5320; pdfalchner@icloud.com

Letter of Support for The Rotary Club of Namugongo's MoonCatcher Project
Matching Global Grant Application GG1872625:
Providing a way for thousands of girls to stay active and to stay in school.
ROTARY DISTRICT 9211, UGANDA

I am (We are) pleased to pledge \$_____ for the subject matching grant.

I (We) have heard that the Rotary Club of Namugongo has been visiting the schools and spoken with the school girls. They have seen firsthand how girls needlessly drop out of school, leading to early marriage, to early childbearing, and to a lack of financial stability. Our understanding is that this grant will provide thousands of FREE reusable, washable menstrual kits (3 pads per kit) to school girls that can be worn even without underwear. They will be produced in Uganda for about \$5 each, materials and labor, thus supporting employment and the local economy. For sustainability, this grant also provides for sewing machines and related equipment for creating an additional sewing guild, to be supported by The Rotary Club of Namugongo. I am (We are) proud to be a part of Rotary's area-of-focus for education and for women's health.

Please find enclosed a check made out to "The Scottia Rotary Foundation", with "Uganda MoonCatcher GG1872625" in the memo line. Per The Rotary Foundation (TRF), our contribution will be forwarded to TRF only after the fundraising is completed and the grant is approved. We appreciate that our contribution will be matched 50% by The Rotary Foundation, that it is tax deductible and that we will receive Paul Harris Recognition Points.

Yours in Service,



Name(s) _____

Rotary Club (if a Rotarian) _____

Please assign the Paul Harris Points to _____
If a Rotarian, the Paul Harris Recipient's Club is _____

A project of the Rotary Club of Namugongo, Uganda in partnership with
The MoonCatcher Project and with The Rotary Club of Scottia, NY

Printed 6/28/2019, 10:49 AM

INDIVIDUAL PLEDGE LETTER (Rev. 3, 2016-04-04)

Why Empower Girls?

Why is it so important to Empower Girls?

Give a man a fishing pole, and he eats for a lifetime.

But give a woman a fishing pole, and her community prospers for generations.

Around the globe, women are incapacitated 5-days every month. They drop out of school, leading to early childbearing. MoonCatchers give women their freedom to stay in school.

One of the greatest threats to the planet is overpopulation. Experts say the only humane solution lies in the education of women.



POG Karen Babin and Helen Penna, MoonCatcher liaison in Pakistan, Counter-productive suggestion that they focus included not to wash and not to eat eggs or meat during menstruation. The accompanying education is key.

Many girls in Africa with their new MoonCatcher kit provided by The MoonCatcher Project.



MoonCatcher creator Ellie von Weizsäcker, with interpreter, demonstrates will be providing the education component along with the kit.

Each \$5 donation provides a kit with 3 pads per kit. Thousands of lives may yet be saved by having with a contribution of \$25 or \$100 after Foundation match!!

A project of the Rotary Club of Namugongo, Uganda in partnership with
The MoonCatcher Project and with The Rotary Club of Scottia, NY

Printed 6/28/2019, 10:49 AM



Glenville Rotary presents its 1st Annual
Themed Overnight Winery Tour

A Step Back in Time

When: November 16 & 17 Saturday & Sunday

Where: The Inn Montgomery Center, Vermont

Agenda: Saturday - Coffee/Tea and Pastry Service
on board

- Wine Tastings & Ferry Ride

Saturday Evening - Roaring 20's Themed

- Reception & Dinner
- Who Dunnit Event

Sunday - Delicious Home Style Breakfast

- Wine Tastings

- Snacks and Water will be available

Cost: \$230 per person plus Inn reservation

If interested: 1) View rooms at www.theinn.us

2) **CALL** 802/326-4391 to make reservations.

3) Once your room is reserved, contact Barb

Willie at bw4rctary@gmail.com to secure
your place on this trip.

Thank you.

~ ~ ~



Welcome District Governor Larry Jones

2019-2020

**District 7190 looks forward to working together with you
for a wonderfully successful year!**

