

The Toolb



June 2019

Barb Wyllie ~ Editor

Distribution 1,113

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM Deadline: 20th of the month

From the Governor's Desk

Another Rotary year comes to an end and what a year it was! Thank You, Thank You, Thank You for your selfless Service Above Self, District 7190 Rotarians...we have made the world and our communities a little bit better because of all you have accomplished. And, Thank You for your never-ending support to me as your District Governor...hugs! I pass the baton on to the very capable hands of Larry, Rich and Bruce...you got this guys!

Because of YOU, we have done amazing local and global projects. We have provided scholarships, dictionaries, clean water, helped our Elders, made sure girls in other countries stay in school and enhanced our local neighborhoods.

Because of YOU, we have welcomed new members into our Rotary family and we have tearfully said good bye to Rotarians moving on to higher service.

Because of YOU, we have worked tirelessly to grow our membership and give others the gift of Rotary.

Because of YOU, we have learned a lot about Rotary through our many training opportunities.

Because of YOU, we have opened the eyes of our Youth to service and helped them grow personally in ways they didn't know were possible.

Because of YOU, you gave to our Foundation so Rotary International can masterfully use those

funds to help those in need.

Because of YOU, we have raised monies for our End Polio Now campaign and immunized thousands of children...we are this close!

Because of You, we have provided life-saving heart surgeries to little ones through Gift of Life.

Because of YOU, we have provided shelter to those that have lost everything through Shelter Box.

Because of YOU, we have told our Rotary stories through our Public Relations efforts.

Because of YOU, we have honored our Veterans by placing wreathes on their graves during the holidays.

Because of YOU, we have built stronger friendships.

Because of YOU, we had fun!

Thank you for the honor and privilege of serving as your District Governor...my heart is full!

Hugs!
DG Tammy



**Thank You for
BEING
the Inspiration**

DISTRICT EVENTS AT A GLANCE

- **June 1-5:** RI International Conference
- **June 22:** District 7190 Change Over Picnic *p 4*
- **September 16:** GoL Golf Tournament

CLUB EVENTS AT A GLANCE

- **NOW:** Cell Phone and MicroCard Collection by Niskayuna Rotary *p 4*
- **June 7:** Golf Outing by Colonie-Guilderland Rotary *p 2*
- **June 7 & 8:** Variety Show by Amsterdam Rotary *p 3*
- **June 8:** Run for the Roses by Glove Cities Rotary *p 3*
- **June 20:** Change Over Dinner by Twin Bridges Rotary *p 3*
- **Sept 13:** Centennial Celebration by Amsterdam Rotary *p 4*

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"PLEASE REMEMBER ALL 2019-20 District Grant Applications WERE DUE BEFORE JUNE 1, 2019"

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"ALL 2018-19 DISTRICT GRANT FINAL REPORTS ARE DUE BY August 31, 2019 and must be submitted electronically to: Grants@Rotary7190.org along with all required documentation and pictures"

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Member Called to a Higher Service:

District 7190 bids a heartfelt farewell with prayers and fond memories.

**Schenectady Rotary Club:
Don Reid**

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Wilton Rotary - New Schedule:

**1st and 3rd Tuesday
Skidmore Dining Hall 7:30 am
2nd and 4th Tuesday
The Wishing Well Restaurant 6 pm**

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Colonie-Guilderland Rotary is sponsoring their annual

Golf Outing

...at a new location!

Friday, June 7

at Mill Road Acres, Latham

Registration is \$90/golfer which includes lunch and post-golf appetizers.

Tee/Hole sponsorships are still available for \$125.

Or, take advantage of our Tee Sponsor plus 4 golfers package for \$425.

There will be prizes for the top men and mixed/women's teams, as well as closet-to-the-pin winners. You can compete in the putting contest or enter the raffle for a chance to win an Otesaga Leatherstocking Golf Course foursome with carts.

An afternoon of fun to benefit CGRotary club projects. Proceeds support programs in the towns of Colonie and Guilderland and the Albany Ronald McDonald House.

Register and pay online at
www.cgrotary.org/golf-outing.

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Photo by Larry Bailey

Local Groups to Host 6th Annual 5K Triple Crown Running Event



Three local groups are joining forces to raise money and promote their causes in Fulton County with the 5K Triple Crown presented by St. Mary's Healthcare. 5K races will be held on the three days that coincide with the Triple Crown horse races resulting in one male and female grand champion. Dr. Jen Hulbert, President of the Glove Cities Rotary Club, said, "The collaboration between these three 5K traditions in our community will elevate the caliber of the racing season for area runners. Participants will have a chance to enter three of their favorite races as a series, with the added bonus of possibly winning cash and/or prizes: runners gear, activities and more in their quest for the Triple Crown title."

Glove Cities Rotary will host the first leg which is the Run for the Roses 5K on Saturday, May 4th starting from Partner's Pub, 21 S. William St., Johnstown. The second race is to benefit Johnson Hall State Historic Site on May 18th beginning at the historic site on Hall Avenue. **The third race will be a benefit for Lexington ARC Family Services on June 8th starting at 465 N Perry Street in Johnstown.** There will also be cash prizes and medals awarded and other prize drawings for those who enter the Triple Crown.

All Triple Crown entrants are automatically entered to win raffle prizes, including gift certificates, running gear, clothing and more. Runners will also receive a free Triple Crown shirt, as well as a shirt and goody bag for each of the three races. Runners may also choose to enter individual races.

All 3 Races for only \$50! (If registered by May 1. Individual races \$20 each)

Register Online At:

<https://www.zippyreg.com?event=1066> or visit

Facebook at

<https://www.facebook.com/5ktriplecrown>

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Twin Bridges Rotary Club Changeover Dinner Thursday, June 20th 6:00 pm

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Photo by Larry Bailey

District 7190 Change Over Event

A Celebration of Rotary will be held.

Saturday, June 22nd

11am-2pm

\$10 per person / \$7 ages 6-12

under 5 free

Mabee Farm

Route 5S in Rotterdam Junction, NY

Families Welcome!

This will be a **FAMILY FRIENDLY** event, cookout style, with a lot of activities for all ages! Casual attire is suggested, and children of all ages are welcome.

As we celebrate, we want to share our successes so be prepared to tell your club's story to your fellow Rotarians.

Please check with your club president on how to register. [REGISTER BEFORE JUNE 10](#) to be entered into a drawing for a special prize!

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Save The Date

Amsterdam Rotary Club

Centennial Celebration

Friday, September 13th

6 – 11 pm

River Stone Manor Scotia, NY

More Information to Follow

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Save the Date:

Sept 16: GoL Golf Tournament

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Photo by Larry Bailey

Your Help is Needed **Now!!!**

Got Cell Phones? PLUS... How Rotarians can deliver a High School Education for under \$10: the cost of a microSD card, an envelope and a postage stamp.



Niskayuna Rotarian, Keni

Banda, has requested donated cell phones for his remote hometown village in Africa. Not only can cell phones be used as phones, but if the phone is a smart phone, it can be used as a tablet, and thus it can be loaded with educational software. But regardless of the type of phone, leave a message for Lon Penna, 518-399-4522, if you would like to donate a phone. [By the way, Niskayuna Rotarians also purchases new TracFones, \$30 each, and microSD cards, \$7.50 each, for holding Rotarian Frank Quinn's "education on a chip".]

HERE's THE PLUS: If your club would like to do a similar project, Niskayuna Rotary will be glad to provide the software. The software, unofficially dubbed RISE, Rotarian's Inspirational Software for Education, includes 1000 books, lots of read-and-hear books, an encyclopedia, a dictionary, maps, off line Khan Academy, PBS videos, and software from learn-to-read to learn-first-aid. Niskayuna Rotarians also load the software on refurbished desktops and laptops that we procure for \$10 from ComputerRehab.org. The computers can go in any school, any library, any 501c3 or in the home of any family in need. **GOT USED CELL PHONES?**

PLUS...HIGH SCHOOL EDUCATION on a microSD Card

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New Meeting Location

Sharon Springs Rotary Club meeting location has changed. New location: Beekman 1802 Mercantile, 187 Main Street Sharon Springs, NY 13459.

We generally will be meeting on the 2nd floor which is not handicap accessible BUT we welcome everyone and will happily meet on first floor, which is accessible via elevator from parking lot anytime someone with accessibility challenges wants to joins us.

Time: 2nd & 4th Mondays 6:30pm

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Meeting Time Change!!

Racing City Rotary Club has changed their meeting time from 5:30 to 6:30 pm, same location, as follows:

1st and 3rd Monday, 6:30 PM
(excluding holidays)

VFW Post 420

190 Excelsior Avenue
Saratoga Springs, NY 12866

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New Meeting Location for Capital Region Rotary

EFFECTIVE IMMEDIATELY, Capital Region Rotary will now meet at Warehouse Grill and BBQ located on Wolf Road in Albany.

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Help Wanted

After 4 years of heading up Rotary District 7190's Day of Service, I would like to pass the baton. I will train the new hire during the 2018-19 year.

Call or email me at 518-944-3997 or Barrelbackbuilder@mail.com

for questions or interview.

Thank you. Bruce McConnelee

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Photo by Larry Bailey

A Day of Service Thank You

(Editor's note: The following letter was received in appreciation for the work done during the Day of Service at the recent District Conference in Vermont.)

Hi Harriet,

Thank you so much for the contributions you and your colleagues have offered to the Chittenden Emergency Food Shelf. I wish I could have been here to welcome you but I appreciate you covering while many of us were away. Meeting the needs of so many food insecure people in the community is a tall task. We can't do this work without organizations like yours taking the time out of your busy day to stock shelves, receive donations, package food, clean and offer customer service. Thank you again and please let me know if you would like to volunteer in the future.

All my best,

Anisa

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Congratulations Ray Otten!

District 7190 Rotarian of the Year



Photo by Larry Bailey

Salem Rotary

District Governor, Tammy Heckinberg is shown giving Salem Rotary President Al Cormier a Rotary International Flag at the Salem Rotary Club's International Food Dinner. In turn Tammy was given Salem products of Dry Brook Farm maple syrup and Steininger chocolates. Tammy attended as a guest at the club's fund raiser for its international student program, a program that has served 100 students since 1969.



Youth at the Conference of Club



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Ballston Spa Rotary Helps Feed the Children

One of the programs we have always felt very strongly about is making sure the children in our area have enough food to eat **all** the time. We assist with bringing food from the Regional Food Bank in Latham to the Episcopal Church Food Pantry. In lieu of wasting money on nicknacks to give to our 2 speakers a week, we make a donation in their name to the local Baptist Children's Summer Lunch Program (most speakers have enough STUF around anyway). And we have now committed to assisting the Milton Terrace Elementary Weekend Food BackPack Program, not only through a monetary donation but by actually helping them to pack the bags with food. The accompanying pictures show some of our members helping this past week. We, in Ballston Spa, feel that no child should **EVER** go hungry, even for a minute, and hope that more clubs can get involved in their own areas helping those less fortunate get the healthy food they need.



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Attention All Clubs:

DG Tammy has requested that every month all clubs kindly submit the names of their **NEW** members to thetoolbox7190@gmail.com for District recognition.

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Attention All Clubs:

DG Tammy has also requested that every month all clubs kindly submit the names of their members who have passed on to higher service to thetoolbox7190@gmail.com for remembrance.

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Looking for Speakers?

Gift of Life will be glad to arrange for a member to address your club about their life saving mission.

Please contact Pat Herman at phpherman@gmail.com.

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Day of Service ~ Service Project



Photo by Larry Bailey

Youth Exchange at Conference of Clubs



District 7190 Dignitaries



Photo by Larry Bailey

Racing City Rotary Club partnering with American Veteran Archeological Recovery...what a great collaboration!



Conference of Clubs Planning Committee



Photos by Larry Bailey

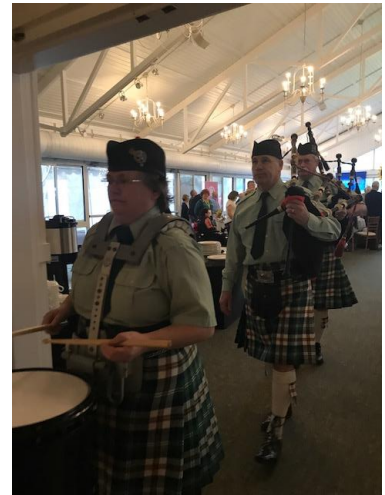


More Conference Fun and Hugs



Photos by
Barb Wyllie

...and More!



Photos by Barb Wyllie

DG Tammy, thank you for being OUR inspiration this past year.

**A zillion 'hugs from the heart' are sent your way
from the collective hearts of District 7190!!!!**

