

June 2021

Barb Wyllie ~ Editor

Distribution 930

Please send submissions to Barb at: <u>THETOOLBOX7190@GMAIL.COM</u>

Deadline: 20th of the month

From the Governor's Desk

THE FINAL WORD

OPPORTUNITY! As I pondered over what my last Toolbox message would be, I thought what would be more appropriate than the RI president's theme for the year – Rotary Opens Opportunities. And this past year has opened many opportunities, not only for me, but for everyone in Rotary!

Although this year has been extremely challenging because of the COVID-19 pandemic, we took on these challenges as opportunities to grow Rotary in new ways. I think we have all gotten an education in technology, whether we wanted it or not. We learned new ways to raise money through online fundraising, social media, marketing and public image awareness. Our meetings remained virtual, but again, this was the opportunity to include all club members all the time. Also invite Rotarians from all over the world to join us. What an opportunity to meet new people, share ideas and learn about our fellow Rotarians.

We have taken these opportunities to attract a younger more diverse group of new Rotarians. We are starting new cause-based clubs, with a wide variety of causes to attract new Rotarians. There are also two new Rotaract clubs being organized. We need to work together with these new clubs to create an environment that is inviting to all. The opportunity to serve is so important right now, and so many people want to give back and help in their communities. Let's give them the chance by inviting them to Rotary!

I am very proud of all the work that District 7190 did this past year. I have so many things to be thankful for, and am very happy that I was able to serve as District Governor. As we move on to a new

Rotary year, accept all challenges as opportunities to make the world a better place. Thank you for all you do. And remember – "Success has nothing to do with what you gain in life for yourself. It's what you do for others".

Service Above Self DG Rich

DISTRICT EVENTS AT A GLANCE

- NOW: Book Reservations being taken pp 5,11
- June 12-16: RI Virtual Convention
- June 14: Flag Day
- June 20: Father's Day
- June 20: Summer Begins
- June 24: District Changeover p 4

CLUB EVENTS AT A GLANCE

- NOW: Ranger 570 Raffle by Amsterdam Rotary p 4
- **NOW: Food Drive** by BHBL Rotary p 3
- NOW: Quilt Raffle by Sharon Springs Rotary p 5
- NOW (through June 2021): Hoffman's Car Wash
 - **Fundraiser** by Albany Rotary *p 4*
- June 10: Trivia Night by Schenectady Rotary p 3
- June 18: Golf Outing & Shoot-Out
 - by Colonie-Guilderland Rotary p 4
- June 19: Golf Classic by Wilton Rotary pp 4, 8-10



Thank You District Govenor Richard Griesche for Your Leadership in Guiding District 7190 Successfully Through 2020-2021!



DG Richard Griesche with RI President Holger Knaack & his wife Susanne.

Photo taken at 2020 International Assembly.

June 2021



Schenectady Rotary Club presents its annual

Trivia Night Fundraiser

Schenectady Rotary is partnering with

That Trivia Guy New York

to bring you a fun-filled evening of Trivia and Prizes!

Thursday, June 10th

6 - 9pm

Hybrid Event with In-Person or

Virtual Options to Participate Frog Alley Brewing Co.

108 State St, Schenectady, NY 12305

Tickets: \$30 each for single players or \$100 for a team of 4

https://schenectadyrotary.org/trivianight2021



Collecting non-perishable food items in cans, jars & boxes. BHBL Rotary Club is providing an "Operation Hunger" collection box at Gil's Garage, 817 Saratoga Rd, Burnt Hills, NY.

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Calling All Duffers, Hackers and Pros



16th Annual
Colonie-Guilderland Rotary
Club
Par 3 - 18-Hole Golf Outing &
Shootout For Duffers, Hackers
and Pros
Friday, June 18th, 2021
11:30 am

Mill Road Acres, 30 Mill Rd, Latham, NY

Rotary
Club

Price Per Golfer \$95 (Includes box lunch and snacks after golf)

Tee/Hole Sponsorships Available for \$125

Tee Sponsor Plus 4 Golfers Package \$425

Register online at www.cgrotary.org

Our Clubs fund raising supports various programs such as Albany Ronald McDonald House, Guilderland Food Pantry, college scholarships for local students, Pure Water for the World, St. Jude children's hospital, and the Rotary Foundation.

For the first tine this year everyone will have the opportunity to bid on foursomes at some of the areas best courses and other items on the Districts Eventgroove fund raising site. Look for the links to the auction on our club website around June 1st.

District Changeover Thursday, June 24th 6pm Virtual

Watch your email for details and link!

Hoffman's Car Wash Fundraiser Now through June 2021 Tickets are \$12 or \$42*

(*The full-service package **now** includes extra detailing and interior sanitizing.)

Tickets can be purchased at the link below:

http://www.hoffmanhelpinghands.com/fundraiser.cfm?id=20486. Proceeds will help support Albany Rotary's local projects.

Peter J. Rose (518) 843-1920

Wilton Rotary Club presents its 16th Annual

Golf Classic Saturday, June 19th 11am Registration Airway Meadows Golf Club

Airwaymeadowsgolf.com 262 Brownville Rd Gansevoort, NY

See flyers on pages 8-10.





\$20 A TICKET

DRAWING DATE: June 30, 2021

GOLD LEVEL SPONSOR



SILVER SPONSORS







UNDERWRITING SUPPORT BY
RICK'S ROBO WASH

TICKET HOLDERS CAN VISIT AMSTERDAM-ROTARY.ORG OR THE AMSTERDAM ROTARY FACEBOOK PAGE FOR MORE INFO

Drawing will be livestreamed from the Amsterdam Rotary Facebook page.

Contact Tim O'Brien at tim@libertyarc.org for tickets or more information.

~ ~ ~

Sharon Springs Rotary presents its

Warm Up with Rotary Handmade Quilt Raffle

Get a chance at being the owner of this beautiful handmade quilt! 53" x 85" (Full, Long) handmade patchwork quilt.

https://www.jotform.com/assign/2105048769351 58/210505360928048

Donation: \$5/chance or 5 for \$20.Only 500 tickets sold. Proceeds benefit Sharon Springs Rotary peace & humanity projects.









DONATE TODAY FOR A CHANCE AT THIS BEAUTIFUL QUILT

WARM UP WITH ROTARY QUILT RAFFLE

Donation: \$5/ Chance... 5 Chances / \$20. Scan QR code for entry
Proceeds benefit Peace and Humanity projects

Attention All Clubs

Every month, please submit the names of your new members and the names of your members who have passed on to higher service to Barb at thetoolbox7190@gmail.com. Thank You.

~ ~ ~

District 7190 presents

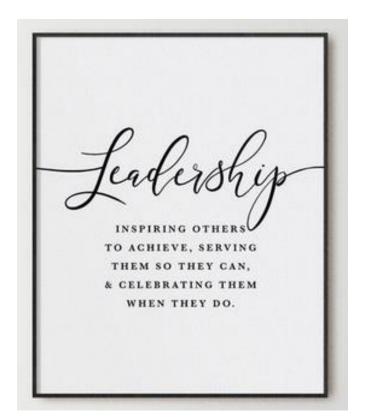
Polio Survivor Louise Rourke Shares Her Inspirational Story in a New Book, Called by the Water

Submitted by Doug Ford, End Polio Co-Chair Learn how her life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds!

Cost: \$20 per book, or an autographed copy for \$35. For \$50 you will receive an autographed copy plus an End Polio Now T-Shirt and face mask. Your donation supports the Rotary Foundation Campaign to Eradicate Polio. See flyer on page 11.

https://go.rotary7190gives.org/calledtowater

Thank you for supporting The End Polio Campaign



The Toolbox:

Rotarian Flavors from Around the World

This is an opportunity to continue to experience the tastes of Rotary from around the world. Below, you will find recipes reprinted from the **Rotarian Flavors of the World Cookbook** (Morris Press Cookbooks 2011). Enjoy!

Drink

Punch Slush (page 24)

From the region of District 6440 / USA

9 cups water

3 (3 oz.) boxes strawberry Jello (or flavor of choice)

4 cups water

4 cups sugar

2 (46-oz.) cans pineapple juice

1 (8-oz.) bottle lemon juice

2 (2-L.) bottles ginger ale, chilled

[Optional: Sherbet of choice]

Bring 9 cups of water to a boil. Mix in the boxes of Jello, stir to dissolve and set aside to cool. Bring to boil 4 cups water and sugar; remove from heat and cool. Add Jello water and juice. Mix well and freeze. Set out 2 hours before serving. When ready to serve, add the ginger ale to the slush. May add sherbet of choice to punch.

Tip: Freeze some of the liquid in a container and float as a large ice chunk in the punch. It keeps it cold and doesn't dilute the punch.

Appetizer

Reuben Dip (page 21)

From the region of District 6000 / USA

½ lb. corned beef, chopped

1 cup chopped sauerkraut, drained

1/4 cup chopped onion (microwave with 1 tsp. butter)

1 ½ cup shredded cheese

4 oz. cream cheese

2 T. catsup

2 tsp. Dijon mustard

¼ tsp. pepper

Microwave everything, except beef and sauerkraut, for 2 ½ minutes, then add other two ingredients. Serve with toasted rye bread wedges.

Soup

Ploughman's Soup (page 30)

From the region of District 1170-1220 / England

1 cup finely chopped onions

3 T. butter

¼ cup whole wheat flour

3 c. chicken stock

1 c. light ale (do not substitute beer)

1 tsp. Worcestershire sauce

2 c. crumbled Cheshire cheese

Salt and pepper, to taste

Slices of scallion for garnish

Sauté the onions in butter until golden. Stir in the flour and cook 1 minute. Remove from the heat, then gradually whisk in the stock and ale, a little at a time. Return to the heat and bring to a boil. Simmer 5 minutes or until thickened. Stir in the Worcestershire sauce. Stir in the 1½ cups cheese, a little at a time (keeping heat low), until the cheese is all melted. Season with salt & pepper. Garnish each bowl with the reserved cheese and the scallion. Serves 4.

Salad

Zesty Bean Salad (page 57) From the region of District 6270 / USA

2 (14.5-oz.) cans cut green beans

1 (14.5-oz.) can yellow beans

1 (14.5-oz.) can red kidney beans

1 (14.5-oz.) can garbanzo beans

1 c. diced celery

1 sm. onion, chopped

Dressing:

¼ c. cider vinegar

¼ c. oil

¼ c. sugar

1 tsp. black pepper

1 T. Italian herb seasoning

Combine all dressing ingredients; stir and mix well. Pour over beans, celery and onions. Refrigerate. Stir

again before serving.

Continued on next page...

Main Course

Chicken Waterzooi (page 101)

From the region of District 1620, 1630 / Belgium

3 stalks celery, julienned

4 medium carrots, julienned

5 boneless, skinless chicken breast halves

2 T. vegetable oil

2 T. unsalted butter

1 T. peppercorn

½ lb. sliced mushrooms

1 lg. leek, white part only, thinly sliced

Fresh thyme (a few sprigs)

3 minced shallots

10 oz. ale

2½ cups half-and-half

Salt and pepper

Steam the celery and carrots for 4 minutes and set aside. Heat the oil and 1 tablespoon of butter in a deep skillet; sauté chicken until golden and juices run clear (about 4 minutes per side). Cut into large strip pieces and set aside. Add remaining butter to pan and lightly sauté the shallots, mushrooms, leek, and thyme for about 5 minutes. Add the ale and peppercorns, increase heat and simmer for about 10-15 minutes until the liquid is reduced by half, stirring to loosen brown bits in the pan. Stir in half & half and simmer for 12 minutes until sauce thickens. Add chicken, celery and carrots; heat through. Add salt and pepper to taste and serve immediately. Serve with steamed new potatoes and more ale. Serves 6.



Dessert

Fresh Strawberry Pie (page 175) From the region of District 6270 / USA

1 baked Never-Fail Pie crust (recipe below)

1 qt. lg. firm strawberries

3 T. cornstarch

½ cup water

1 T. lemon juice

¼ tsp. salt

1 cup sugar

Prepare pie crust; cool. Meanwhile, wash and hull strawberries. In large bowl, combine cornstarch and water, stirring until smooth. Stir in half of berries. Crush berries with fork or potato masher. Stir in lemon juice, salt and sugar. Microwave on high 5-8 minutes, stirring every minute, until mixture thickens. Cool. Cut remaining berries in half. Place in cooled pie crust. Pour cooled strawberry mixture over berries and refrigerate until firm, about one hour. If desired, top with whipped cream or ice cream.

Never-Fail Pie Crust:

1½ cups flour

1 T. sugar

¼ tsp. salt

½ cup cooking oil

2 T. milk

In bowl, combine flour, sugar and salt. In another bowl, combine oil and milk. Add liquid to flour mixture and mix until well blended. Pat into 9-inch pie plate and prick with fork around sides, bottom and bend of plate. Microwave 4-7 minutes on high or until lightly browned and obviously not doughy, turning dish ¼ turn after every 2 minutes, after additional 2 minutes and every 1 minute thereafter (do not over bake).





16th Annual Wilton Rotary Golf Classic Saturday, June 19th 2021 11AM Registration

Airway Meadows Golf Club airwaymeadowsgolf.com 262 Brownville Rd. Gansevoort, NY 12831



Wilton, NY

wiltonrotary.com

The Rotary Club of Wilton, NY, presents its 16th annual golf tournament at Airway Meadows Golf Club on Saturday, June 19, 2021. Registration begins at 11AM - Shotgun Start at 12 NOON!! It will be a 4-person scramble followed by a delicious dinner under the clubhouse tent. We will have a variety of challenges on the golf course including Longest Drive, Most Accurate Drive, Closest to the Pin, chipping and putting contests, and a Hole-In-One sponsored by Saratoga Honda - you could win a BRAND NEW VEHICLE!! And don't forget about the Golf Ball Drop - you could win \$500 cash! Proceeds from this year's Golf Ball Drop will support Alliance 180, a non-profit program that aims to prevent suicide among veterans and first responders facing the effects of trauma through a transformative equine experience.

If you don't golf, please join us afterwards for dinner (approx. 5:30 PM) - guests are only \$25 per person. Questions??? Call Don Wildermuth at 518-430-8670 More forms available at: www.wiltonrotary.com -----Cut alone perforated line-----YES - Sign me(us) up for golf! \$100 per golfer - incl. golf, light lunch, and dinner (If you do not enter as a foursome we will match you up with other friendly golfers!) # of carts needed (due to pandemic, you may request your own cart or ride with another golfer): 1 2 3 4 Hdcp:_____ Hdcp:_____ Cell phone: _____ E-mail address: Golfer 3 ______ Hdcp:_____ Golfer 4 ______ Hdcp:____ Dinner Guest Name(s) \$100 x ____ golfers = To pay by credit card: CC Accepted (circle one): Visa / MC / Disc / Amex \$25 x dinner guests = Credit Card # OPTIONAL PRE-PURCHASE: Expiration date \$5 Puttigan x (like a mulligan, but can only be used on CSV Code (on back of card) green; 1 per golfer, 4 max. per foursome) Zip Code (of billing address) \$5 Golf Ball Drop x balls =

Please bring a can or non-perishable food item to support the Wilton Food Pantry

The Toolbox:

\$500 cash)

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(unlimited, each is a chance/raffle to win

TOTAL ENCLOSED \$

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Rotary International District 7190

To pay by check: Please make check payable and mail to:

Wilton Rotzry Club P.O. Box 2098 Wilton, NY 12831



16th ANNUAL WILTON ROTARY GOLF CLASSIC SATURDAY JUNE 19, 2021 12 NOON AIRWAY MEADOWS GOLF CLUB

262 Brownville Rd. Gansevoort, NY 12831

airwaymeadowsgolf.com

wiltonrotary.com

Sponsor Form

It's that time of year again, time to get ready for Wilton Rotary's 16th annual golf tournament at Airway Meadows Golf Club! It will be a shotgun-start, 4-person scramble that includes lunch and a delicious dinner under the clubhouse tent. In order to help make this fun-filled day of golf, food, and fellowship a success, we are asking local businesses for sponsorships and/or product donations. Listed below are the various sponsorship opportunities available for you to make an impact in our community.

IMPORTANT! Due to the ongoing pandemic we are discounting sponsorships this year. We are well aware of the financial strain it has caused all of us, especially our Sponsor Information: local business owners. If you are comfortable making a contribution to the Wilton Rotary Club to help us continue the good work we do for our community, please feel free to mail a check for the Company Name suggested* amount listed (address listed on form below) or call Don Wildermuth at 518-430-8670 and we will arrange for someone to pick up the merchandise you would like to donate Contact Person *suggested = we will gladly accept any contribution amount you can make and add your company name to our list of sponsors E-mail address Was: (suggested) \$500 \$1,000 Banner Sponsor Unlimited Corporate name will appear in all media releases Phone # Corporate banner on display at clubhouse tent Link on the Wilton Rotary Club website To pay by credit card: CC Accepted (circle one): \$500 Golf Ball Drop Spousor One Available 2250 Corporate name will appear in all media releases Visa / MC / Disc / Amex Corporate banner on display at 18th green Link on the Wilton Rotary Club website Credit Card # Hole-in-One Sponsor One Available - SOLD!!!! \$500 \$250 Corporate sign at all four Par 3 tee boxes Link on the Wilton Rotary Club website Expiration date \$125 \$50 Tee Spousor Corporate sign at tee box CSV Code (on back of card) (Please list your business name as it should appear on the sign) Zip Code (of billing address) To pay by check: -SEE OVER FOR ADDITIONAL INFORMATION-Please make payable and mail to: Wilton Rotary Club P.O. Box 2098 Wilton, NY 12831

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AUCTION/RAFFLE PRIZE DONATIONS

Please accept our donation of merchandise or a gift certificate in the amount \$ for the Wilton Rotary Golf Tournament.			
Merchandise Description:			
	GOLFER	R SIGN UP	
Our Company would like to sign up foursome(s) at \$400 each. (enter below)			
Our Company would like to sign upgolfer(s) at \$100 each. (enter below)			
Due to the pandemic, and to maintain social distancing, please note how many golf carts your group would like: $1 2 3 4$			
Golfer names (if appli	cable):		
Golfer 1:		Hdcp:	
Golfer 2:		Hdep:	
Golfer 3:		Hdcp:	
Golfer 4:		Hdep:	
	2 ND FOU	URSOME	
Golfer 1:		Hdep:	
Golfer 2:		Hdep:	
Golfer 3:		Hdep:	
Golfer 4:		Hdep:	

*PLEASE BE SURE TO FILL IN CORRECT HANDICAPS FOR EACH PERSON, ALL BLANKS WILL BE ASSIGNED A "0" HANDICAP.

Please contact Don Wildermuth with any questions at (518) 430-8670

ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

Louise Beckerle Rourke is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

Michael K. McGovern,

Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

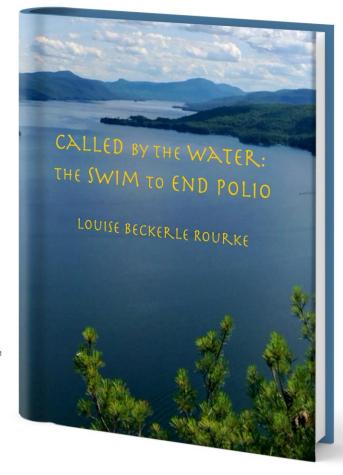
Kitty Rooney,

Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

Dr. Joel Goodman,

Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY





ALL PROCEEDS FROM THE SALE OF THIS BOOK WILL GO TO THE ROTARY FOUNDATION / END POLIO CAMPAIGN

To reserve your copy of Louise's book or to make a donation... please contact District Polio Chair-Person, Doug Ford: ford@curtislumber.com

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