

June 2023

Denise DiNoto ~ District Governor Barb Wyllie ~ Toolbox Editor

Please send submissions to Barb at: <u>THETOOLBOX7190@GMAIL.COM</u>

Deadline: 20th of the month

From the Governor's Desk

G'day Rotarians! I am writing this, my final Toolbox newsletter, sitting in the Melbourne Convention Center watching all of the Rotarians who have gathered at the International Convention. It is an uplifting and inspirational event, full of fellowship and fun.

Some of you know of my past history with Australia. In 1990, I left New York State to be a youth exchange student and spent my senior year of high school in Tasmania, Australia. That year was one that would change the trajectory of my life, leading me on the path to eventual Rotary membership and District Governor.

What am honor it has been to reconnect with my host families and friends from Australia. Prior to coming to the RI Convention, I had the chance to visit Tasmania and the Rotarians who took a chance on a young American exchange student. These Rotarians gave me permission to try new things, explore new ideas, and develop into a self-assured, independent young woman. I was also given a safe space in which to fail, and the opportunity to try again when I didn't first succeed. I returned to the US ready to take on the challenges of college and employment as a person with a disability because of the advocacy skills I got to practice in Australia.

Sitting in the general sessions, listening to the inspiring speakers and watching the crowd, I am struck again by the breadth of this organization. Our Rotary membership grants us access to a global network of friends united for positive change. When we see someone wearing the Rotary logo, we see a friend we haven't met yet rather than a stranger.

Your Rotary membership may not take you to Australia. It may not even take you outside of the USA. But your membership gives you instant connection to millions of potential friends who are committed to the same ideals that drive us: truth, goodwill and better friendship, equity, and fairness. This year we have imagined many dreams and turned them into new projects. My wish for all of you is that you continue to imagine, and serve selflessly, with compassion and gratitude.

It has been an honor and privilege to serve as your District Governor this year. Thank you for letting me witness the results of your imagination. As you continue your work, remember to keep saying yes, do it all. You never know if you'll get another chance!

DG Denise

Save the Date!

The Rotary District 7190 Annual Meeting will be held on Tuesday, June 20 at 7pm. This meeting will be held on Zoom and is open to all Rotary members of District 7190.

Please watch your email for more information as the meeting date approaches.

THANK YOU

7190 District Governor Denise DiNoto for all you have done for Rotary and us this past year!



Your strength, positivity, and leadership have helped pave the way for our upcoming merge, and over the hurdles we have encountered along the way.

With warm regards and gratitude,
Your 7190 Rotarian Friends

POWERED BY ROTARY CLUB OF VICTORIA ISLAND SHARE YOU PROMOTE CONNECT V DOWNLOA

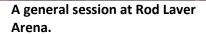
DG Denise being interviewed for Rotary Radio.

Photos from the 2023 International Rotary Conference in Australia

Sent by DG Denise



Some fellow DGs with DG Denise.



DG Denise with her host family from Kingston, Tasmania.

Final Night in Australia Vivid Sydney 2023 Photo supplied by DG Denise



Vivid Sydney is an annual festival of light, music and inspiration held in Sydney, Australia.



THURSDAY JULY 6TH 6:00-9:00PM

Wolf Hollow Brewing Company 6882 Amsterdam Rd. Schenectady, NY 12302

Family friendly celebration of the installation of the new club presidents and district officers

> Food Truck: Two for the Road Cotton Candy by Galway Rotary





June 2023

DISTRICT EVENTS AT A GLANCE

- NOW: Book Orders being taken pp 10, 17
- June 14: Flag Day
- June 18: Father's Day
- June 20: 7190 Annual Meeting / Zoom p 1
- June 21: First Day of Summer
- June 21: District Exec Comm Meeting/ZOOM
- July 6: District Changeover (Open to all) p 5
- Sept 14: Gift of Life Golf Tournament p 15

CLUB EVENTS AT A GLANCE

- NOW: Barrow of Beer Raffle by Schenectady R. p 7
- NOW: Help Girls in Malawi by Niskayuna Rotarian p9
- **NOW: Food Drive** by BHBL Rotary p 9
- NOW: Homemade Soap Sale by Rotterdam Sunrisep9
- NOW: Buy a Water Tank by Lake George Rotary p 16
- June 1: Black/White Party by Twin Bridges p 6
- June 8: Supermarket Sweepstakes Draw Date by Rotterdam Sunrise Rotary p 6
- June 9: Golf Outing by Colonie-Guilderland p 6
- June 13: Supermarket Sweepstakes by Rotterdam Sunrise p 6
- June 16-17: Variety Show by Amsterdam Rotary p 7
- June 17: Cornhole Social by Chestertown Rotary p 7
- June 26: Mission for Marcus golf event by Delmar Rotary p 8
- July 9: Cornhole for a Cause by Schenectady R. p 8
- July 14-16: Woodworking & Fine Arts Show by Northville Rotary p 8
- August 7: Golf Classic by Glenville Rotary p 9, 13, 14
- September 8: Golf Tournament by Saratoga p 9





Colonie-Guilderland Rotary's 18-Hole Golf Outing June 9th

18th Annual Colonie-Guilderland Rotary Club Par 3 - 18-Hole Golf Outing & Shootout

Friday, June 9th, 2023, Mill Road Acres, 30 Mill Rd, Latham, NY

Price Per Golfer: \$95 Includes Lunch and a Shared Cart

Tee/Hole Sponsorships Available for \$150
Tee Sponsor Plus 4 Golfers Package \$450

ponsor Plus 4 Golfers Package \$450 Register at cgrotary.org

Our Club's fund raising supports various programs, such as Albany Ronald McDonald House, Guilderland Food Pantry, college scholarships for local students, Pure Water for the World, St. Jude Children's Hospital, and the Rotary Foundation.

Any team that has at least one Rotary member, will be entered into a drawing for a \$500 donation to a charity of their choice.

~ ~ ~

Amsterdam Rotary presents its 25th Anniversary Variety Show Back to the 80's

Friday, June 16th & Saturday, June 17th Amsterdam High School

Bert DeRose Auditorium Saratoga Avenue Amsterdam NY 12010

Advance Tickets on Sale Now \$10 / \$12 at door Or become a Patron!

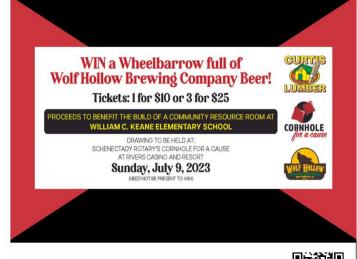
Buy 3 tickets get the 4th one free.

See any Amsterdam Rotarian for tickets.

Contact Pete Rose

518-848-0401 or <u>pjrose69@icloud.com</u>







www.SchenectadyRotary.org



Tickets can be purchased via VENMO (@Lisarmj33) or by contacting the club at SchenectadyRotaryClub@gmail.com.

Rotary Cornhole Social

Saturday, June 17, 11 AM to 4 PM
Chester Conservation Club-Knapp Hill Rd
Chestertown, NY

\$20 Adult * \$5 Age 7-15

Free—Kids 6 and Under

3 Plays for Every Team

Prizes for Winners * 50/50 Raffle

Door Prizes * Concession Stand

Live Music by The Soggy Derby Boys
Practice & Registration starts 10 AM

Brought to you by the Chestertown Rotary Club
70+ Years of Service to our Community

Need info? Call or text 518-538-5605 Visit our FB page













Northville Rotary presents its annual **Woodworking and Fine Arts Show** July 14th -16th

Northville Rotary's Fourteenth Annual Woodworking and Fine Arts Weekend July 14-16 will feature more than 50 accomplished artists from this area and beyond. Woodworkers, jewelers, weavers, potters, photographers, painters, and many other artists will display and sell their artwork at the Bradt Building and Town Park on Main Street in the Village of Northville on the beautiful Great Sacandaga Lake.

We are proud to announce that this year's Featured Artists are **Diane Babin** from Schenectady who creates intricate and unique pine straw bowls and wall hangings as well as William Paul Wiatr of Poland, NY whose beautiful paintings of the area earned him the name of "The Adirondack Artist".

The festivities will run Friday from 5:00-8:00. Hours Saturday will be 9-4 and Sunday 10-3 and include demonstrations, raffles, and a silent auction. Food can be purchased from a number of vendors. Proceeds from this event will be used throughout the year to provide support scholarships to students, organizations, and projects of Rotary International.

Schenectady Rotary presents



Schenectady Rotary Club's July ACL Regional Tournament

Sunday, July 9, 2023 9:00 am **Rivers Casino & Resort**



FUNDRAISING EVENT BY SCHENECTADY ROTARY TO BENEFIT

COMMUNITY ROOM PROJECT AT **KEANE ELEMENTARY SCHOOL**



Grass Roots-Funds Stay Local! Seeking Sponsorships—Marketing Opportunity! Cornhole Team Sign Ups - Novice to Pro! Inside Rivers Casino Event Center

Raffles & Drawings

\$5 Door Fee Applies to All

Cash Bar





Purchase Raffle Tickets: SchenectadyRotaryClub@gmail.com













Save the Date!

Saratoga Springs Rotary presents its
Golf Tournament
Friday, September 8th
Saratoga Lake Golf Club
8:00 am Registration
9:00 am Shotgun Start
Scramble Format

Join us for a great day of golfing, contests, raffle prizes, 50/50 in support of the Saratoga Springs community. Breakfast Sandwiches available for purchase at At the Turn restaurant (lower level), Lunch at the turn, appetizers post event.

Cost: \$125/player, \$250/twosome, \$450/foursome

\$50.00 MEGA BUNDLE: includes Putting Contest, Chipping Contest, Mulligans, Raffle tickets (10), door Prizes (10) and 50/50 (10)! Saves you time & Money!

Registration: Make checks payable to: Rotary Club of Saratoga Spring, PO Box 1307, Saratoga, NY 12866



Save the Date!

Glenville Rotary presents its annual
Golf Classic
Monday, August 7th
Pinehaven Country Club

Come join us for fun and helping us help others!

Registration forms and additional info on pages 13 & 14.

Burnt Hills-Ballston Lake Rotary continues to provide an

"Operation Hunger" Collection Box at Gil's Garage

817 Saratoga Rd, Burnt Hills, NY *Collecting non-perishable food items.*

Rotterdam Sunrise Rotary is selling Homemade Soaps

A great gift idea for any holiday!

\$5/bar or \$20 for 5 bars in a decorative bag

Free shipping and/or delivery.

Please contact Michael Surin by text at 518-810-8338 or email msurin@nycap.rr.com.

Or join their weekly meetings at 7:15 am at the Bellevue Café in Schenectady, NY.

Help Empower Girls in Malawi

https://smile.amazon.com/ch/26-3821877Viullage Chituka Village Project update here: https://youtu.be/m7qO2lsXdBo Thank you very much.

Keni Mtalika Banda, Niskayuna Rotarian Founder/CEO Banda Bola Sports Foundation, Inc.

Salem Rotary News

by Al Cromier

At a recent Salem Rotary Club meeting, Salem's Japanese exchange student, Mei Hashimoto, for the 2022-2023 year, and David Viall, outgoing student to Belgium for the 2023-2024 year, were welcomed. Since no Salem student applied to be Salem's out going exchange student for the coming year, the Salem club offered to take on the responsibility of hosting an outgoing student for the Scotia Rotary Club. David's mother attended the meeting as well, taking the photograph of the attending Rotarians and the two students. Mei and her host families and David and his family were invited to attend the Salem exchange student picnic in Salem to be held on June 19. Salem club president, Tom Rogers, has announced that Salem's incoming exchange student for the next school year was coming from India--a first for Salem and the second for District 7190.





District 7190 continues to offer **Polio Survivor Louise Rourke's Inspirational Story:** *Called by the Water*

Learn how Louise's life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds! Thank you for your support.

\$20 per book / \$35 for a signed copy *Your donation supports the Rotary Foundation Campaign to Eradicate Polio.*

To purchase books, email Doug Ford at doug.ford@curtislumber.com
See flyer on page 17.

Free College Courses

By Lon Penna, Niskayuna Rotarian

Do you know any HIGH SCHOOL STUDENTS, ANYWHERE IN THE WORLD, who would like to take FREE COLLEGE COURSES, July 3 to Aug 10. (FREE if outside the USA, and FREE for USA Juniors & Seniors who qualify for the free or reduced lunch program.) The courses are being offered by Hudson Valley Community College (HVCC). [My wife Helen attended HVCC when she learned to be an X-ray technician.]

The work is all online, so you don't need to coordinate your schedule with the teachers. You can attend and learn using a smartphone, but to complete all requirements to get the official college credits, it is much better to have access to a computer. Your Internet service does not need to be strong.

Courses are in biology, nutrition, health, education, justice, personal finance, accounting, business, engineering, programming, economics, child development, electricity, electronics, art, history, marketing, philosophy, astronomy, politics, psychology, social problems, and more. For the complete course list and register, visit https://www.hvcc.edu/programs/highschool/glob al-classroom/

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The Toolbox: Volume 234 June 2023 Rotary International District 7190

Trees for Prosperity

by Eric Hamilton

Since Rotary's areas of focus has included the environment, Shenendehowa Rotary has included a series of projects that add a border of native tree species to Garnsey Park, Rexford. Incrementally this adds trees as a border between Route 146 and a wildflower meadow. This spring two more trees, nursery grown red oaks, were added. Volunteers from Rotary were joined by volunteers from the Shenendehowa Nordic Club to plant the two trees on Saturday morning before Mother's Day. In the image below taken by Ray Anthony, the hole is being measured to assure it is the proper size to accommodate the root ball and soil augmentation around it.



In the following image captured by Eric Hamilton, the two oaks lovingly planted with green watering collars are being readied for water. Route 146 is to the left. The potential Interact member is seen checking and rescuing tadpoles in the irrigation water.





Exchange Students Spruce Up Clayton, NY

"The In-bound and Out-bound exchange students from all three districts (CNY) attended the District Conference in Clayton, NY. While there they contributed to 2 service projects. The attached is a news article that was published about them and their service projects." *Thomas Rogers*

By KATHY TABER-MONTGOMERY

Watertown Daily Times

CLAYTON — It was sunshine and smiles on Saturday as 27 Rotary International Youth Exchange students walked the streets of Clayton to provide community service as part of an annual conference held this year at the Harbor Hotel.

Students worked alongside members of Rotary International from Districts 7150 Mohawk Valley and Central New York, 7170 Binghamton area, and 7190 Albany area, with a representative of the Clayton Floral Society, and fellow exchange students to clear trash and debris to beautify the community.

While community service was a small part of the threeday three-district event, participation in the conference greatly impacted those in attendance, including the exchange students. Inbound Chairperson for District 7150 William "Bill" Rosentel coordinates exchange students visiting the United States, in Central New York, through the Rotary program. He assisted the students throughout the conference.

Mr. Rosentel said, "It's important for Rotarians to meet our inbound youth exchange students. The conference features a parade of flags, and the students each represent their

Kathy Taber-Montgomery/Watertown Daily Times



International exchange students stop for a group photo after clearing debris from Lions Field in Clayton on Saturday.



Rotary International Youth Exchange students and volunteers Caitlyn Yengo, Thayer Grimes, Marc Winston, and Lily Bennett help beautify Lions Field in Clayton on Saturday.

countries. There are information tables about various programs. Guest speakers. The students and Rotarians learn a lot from each other."

Visiting the United States from Brazil, teenager Maria Melo De Carvalho has been residing with a family in Broome County since August. She and the other exchange students were excited to travel north for the large three-district Rotarian conference.

"We learned about polio; Rotary wants to eradicate it. And we learned about a program helping people to go to college," she said. "Meeting exchange students from other districts and learning about their culture, language, customs, and getting to know each other has been fun."

ROTARY from page A1 to A9

Ceasar Kihlbergh of Sweden resides with a family in Glens Falls, and Alejandra Lahoz-Outhwayte of Spain lives near Oneonta. Both students agreed with Maria's commentary.

After wrapping up the afternoon service activities, some students visited The Scoop and took advantage of a photo opportunity with the business owner and Area Governor Mary Zovistoski of Clayton Rotary.

~ ~ ~



24th Annual Glenville Rotary Club Golf Classic



DATE:

MONDAY AUGUST 7, 2023

TIME:

10:00 AM SHOTGUN START

LOCATION:

PINEHAVEN COUNTRY CLUB 1151 SIVER ROAD GUILDERLAND, NEW YORK

REGISTRATION:

www.GlenvilleRotary.org

COST:

\$150.00 PER PLAYER \$135.00 if registered and paid BY JULY 1ST

FORMAT OF PLAY:

SCRAMBLE

Glenville Rotary invites you to participate in their 24th Annual Golf Classic.

The Glenville Rotary has a long history of helping to build and maintain many projects in the Scotia and Glenville communities.

That service will continue as we designate a portion of the

Proceeds from this Golf Tournament support the following: Student Scholarships, Veterans, Legacy Park for Veterans, Backpacks for Kids, Food Pantry of Scotia, Northeast Regional Food Bank and other charitable groups and businesses in need.

Your REGISTRATION fee includes a great day of fun & enjoyment on a championship golf course

- Greens fee and Cart
- Light Breakfast
- * Buffet lunch on the patio by The Pines Restaurant Includes: Appetizers, Carving & Pasta Stations, Desert & More
- * Chances to win prizes & contests
- ** YOUR DAY ALSO INCLUDES A SPECIAL SURPRISE AT THE CADDY SHACK FOR THOSE WHO CHOOSE TO ENJOY A DELICIOUS SNACK
- ** CHANCES TO WIN THE DOOR PRIZE GIVEAWAY
- ** PURCHASE TICKETS TO BID ON MANY SILENT OR CHANCE AUCTION ITEMS
- ** DRAWINGS TO WIN A 2 NIGHT TRIP TO CAPE COD FOR 2,

\$500 LOWE'S GIFT CARD, OR A HD SAMSUNG TV AND SO MUCH MORE!







See next page for registration form and additional information.

GLENVILLE ROTARY GOLF CLASSIC

2023 REGISTRATION FORM

(EARLY BIRD: \$135 per golfer if paid before July 1, \$150 after that)

PLEASE SUBMIT REGISTRATION NO LATER THAN 7 DAYS BEFORE EVENT

Contact DENNIS MCGLAUFLIN with questions at (518) 495-4712

IEAN	M NAME:
Cont	act Person :
	Player 1: Handicap:
	Email:
	Online payment**: Please circle one YES NO
	Player 2: Handicap:
	Email:
	Online payment**: Please circle one YES NO
	Player 3: Handicap:
	Email:
	Online payment**: Please circle one YES NO
	Player 4: Handicap:
	Email:
	Online payment**: Please circle one YES NO
	BUFFET ONLY: (\$40.00 per person) Please circle one YES NO
ne:	
ail:	Phone Number: ()

SEND ENTRY FORM AND PAYMENT TO:

Glenville Rotary PO Box 2638 Glenville, New York 12325-0638

OR Pay online via Pay Pal or Venmo

www.GlenvilleRotary.org



IF YOU CAN NOT ATTEND, PLEASE CONSIDER MAKING A DONATION GLENVILLE ROTARY

The Fairways of Halfmoon 17 Johnson Road Mechanicville, NY 12118

8:00—Registration with coffee & donuts.

9:00—Shotgun start, scramble format

- · Lunch & ice cream truck at the
- · Pick up your photo coffee cup & free drink ticket when you finish golfing.
- Dinner, awards, and raffles follow golfing.

Prizes for:

- Top 3 teams
- Putting
- · Longest drive: Men, Ladies,
- Closest to the pin (2)

Rotary District 7190 Gift of Life has contributed to many of the Global VTT's sponsored by Gift of Life International that have healed the hearts of over 46,000 children around the world. This is only possible because of your dedicated efforts & generosity. We thank you, appreciate you, and hope to see you at this year's tournament.

SPONSORSHIPS

All sponsors will be recognized on our social media.

HOST CLUB \$1600

- Includes 4 golfers
 Dining room signage
 Reserved dinner table
- Full-page ad in program Tee Sign on putting green

PICTURE COFFEE CUP \$1500

- Your company logo + photo of golfer
- Each golfer receives his/her cup
 Reserved dinner table
- Half-page ad in program Tee Sign on putting green

DINNER SPONSOR \$1300

- Includes 4 golfers Reserved dinner table
- Half-page ad in program Tee Sign on putting green

LUNCH SPONSOR

- Includes 4 golfers
 Reserved dinner table
 Half-page ad in program
 Tee Sign on putting green

ICE CREAM TRUCK

- Includes 2 golfers Signage at ice cream truck
- Reserved dinner table
- Half-page ad in program Tee Sign on putting green

GOLF CART • Includes 2 golfers

- Logo signage on all golf carts
 Reserved dinner table
- Half-page ad in program

HAPPY HOUR

- Includes 2 golfersReserved dinner table
- Half-page ad in program
- Tee Sign on putting green



The young 9 years old Polina who was unable to receive critically-needed surgery in war-torn Ukraine has gotten the gift of life from doctors on Long Island.



Over 1.3 million children are born each year with a congenital heart defect and 93% are born in a country that cannot provide them treatment.

SPONSORSHIPS

T-SHIRT SPONSOR \$250

- Half-page ad in programTee Sign on putting green
- FLAG TEE Tee sign on course

** All registrants receive a T-shirt ** For Sponsors \$250 and up, registration forms with payment are due before 8/25 to be named on the back of the T-shirts.

> Sponsors and Advertisers will be contacted for additional details.

Your Name, Team, or Club

Name:	
*Phone #	
PLAYER 1:	
Email:	
Email:	
PLAYER 3:	
Email:	
PLAYER 4:	

PAYMENT

Amount: \$
circle one→ Check - Visa - Mastercard - Amex
Name on Card:
Card #:
Expiration Date:
Sec. Code(3-4digits):

The 25th Annual **Rotary District 7190** Gift of Life **Golf Tournament**

Thursday September 14th 2023

The Fairways of Halfmoon 17 Johnson Road Mechanicville, NY 12118



Rotary District 7190 Gift of Life Golf tournament proceeds will continue to heal little hearts around the world thanks to your generous support with the many raffle prizes & golfing.

TOURNAMENT FEES

\$150 Single Golfer, by 8/1 \$160 Single Golfer, 8/1 to 9/14 \$600 Foursome by, 8/1 \$640 Foursome, 8/1 to 9/14

PLEASE MAKE CHECKS PAYABLE TO "GIFT OF LIFE DISTRICT 7190"

MAIL CHECK & COMPLETED REGISTRATION TO: Rotary Dist. #7190 GOL Attn: Richard Suker 215 Altamont Road Voorheesville, NY 12186

To pay the day of the event please contact Richard Suker: 518-858-8839 richs1247@gmail.com

You can also register online at ... https://birdease.com/22408 or by using the QR code below...



Lake George Rotary presents

KEEP GIRLS SAFE & IN SCHOOL

REEP GIRLS SAFE & IN SCHOOL

SOKONI WOMEN'S DEVELOPMENT INITIATIVE (SOWETE)

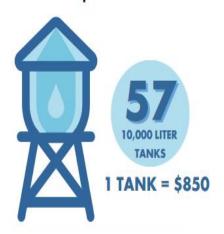


In Kenya, women and children walk an average of 10 MILES a day to get dirty water.

Young girls miss school to help their mothers get water.

PARTNERSHIPS

Lake George Rotary, Rotary Club of Karura and a grant from Rotary International to provide:





Dorca, 2012



Dorca, 2021

- Sustainable gutter systems
- △ Connect to their home
- Provide clean, treated rain water
- Keep women safe + girls in school

https://bit.ly/WaterTankDonation

Send a check payable to: Lake George Rotary Foundation Kenya Water Project P.O. Box 321 Lake George, NY 12845



June 2023

ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

Louise Beckerle Rourke is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

Michael K. McGovern,

Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

Kitty Rooney,

Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about memories and mission. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

Dr. Joel Goodman,

Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY

