

The Toolb



May 2019

Barb Wyllie ~ Editor

Distribution 1,113

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM Deadline: 20th of the month

From the Governor's Desk

May is the month that we focus on Youth Services in the world of Rotary. We have strong ties to our Youth in District 7190.

Our Youth Exchange program is a vibrant part of the Rotary experience. We bring Youth in from other countries to experience life in our part of the world and send our Youth out to visit other countries. What a great way to learn about each other...around a dinner table and living in each other's homes. What an amazing way to experience new cultures. Currently, there are about 9,000 students sponsored by Rotary clubs every year.

Interact clubs bring together young people ages 12-18 to develop leadership skills while discovering the power of Service Above Self. These groups tackle service projects and usually have some structure similar to our Rotary clubs.

RYLA or Rotary Youth Leadership Awards is an intensive leadership experience where Youth develop skills as leaders while having fun and making connections. Our District RYLA program is very unique and specifically tailored to our students.

IPDG Fred Daniels initiated our Peace Summit for Youth program. This is a one day intensive training where Youth are asked to define what Peace means to them while the adults in the room are only there to help guide the day. This program will expand in very exciting ways this year with an even deeper and more relevant direction...stay tuned!

Rotaract is for people aged 18-30 years old, and has 291,006 members worldwide. At the recent Council on Legislation, there was a huge decision made on including our Rotaractors as part of our Rotary clubs. PDG Melissa Ward, our District Representative, will be sharing with us these developments soon.

And while our NextGen is not a Youth group, it is comprised of younger, and younger thinking, Rotarians. This group is on fire! Did you attend their

second annual Capital Cabaret a few weeks ago? If not, why not? This group deserves our support.

Our Youth are our future! If you believe that, please help in any way you can...talk to the members of these groups, financially support these programs or hey... why not volunteer your time in making sure these groups continue to thrive.

Thank You in advance.

DG Tammy

Be the Inspiration!

DISTRICT EVENTS AT A GLANCE

- **May 3-5: District Conference** p 2
- **May 5: GoL 5K Run** by Delmar Rotaract Club p 2
- **June 1-5: RI International Conference**
- **September 16: GoL Golf & Bocce Tournament**

CLUB EVENTS AT A GLANCE

- **NOW: Cell Phone and MicroCard Collection** by Niskayuna Rotary p 4
- **May 4: Pancake Breakfast** by Malta Rotary p 2
- **May 15: Youth recognition Luncheon** by Albany Rotary p 3
- **May 23: Blaze Pizza Fundraiser for Polio** by Shenendehowa Rotary p 3
- **June 7: Golf Outing** by Colonie-Guilderland Rotary p 3
- **June 8: Run for the Roses** by Glove Cities Rotary p 4
- **June 20: Change Over Dinner** by Twin Bridges Rotary p 4
- **Sept 13: Centennial Celebration** by Amsterdam Rotary p 5

Peace, Love and Rotary

2019 Conference of Clubs!!!

May 3-5

Essex Resort

Essex Junction, Vermont

Please check Rotary7190.org for details!!!

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"PLEASE REMEMBER ALL 2019-20 District Grant Applications are DUE BEFORE JUNE 1, 2019 and must be sent electronically to:

Grants@Rotary7190.org"

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"ALL 2018-19 DISTRICT GRANT FINAL REPORTS ARE DUE BY August 31, 2019 and must be submitted electronically to:

Grants@Rotary7190.org along with all required documentation and pictures"

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NEW MEMBERS

District 7190 Welcomes the Following New Members!!!

Schenectady East Rotary

Arik Yetwin

Saratoga Springs Rotary

New Corporate members from UHY LLP

Patrick Farrelly

Serena Kirkpatrick

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Wilton Rotary - New Schedule:

1st and 3rd Tuesday

Skidmore Dining Hall 7:30 AM

2nd and 4th Tuesday

The Wishing Well Restaurant 6PM

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Malta Sunrise Rotary Club will be holding a

Pancake Breakfast

Saturday, May 4th

8:00 -11:30 am

at the **Ballston Spa VFW Post 358**

Malta Rotary will be partnering with the Leatherstocking Honor Flight, to raise funds to send our aging Veterans to Washington DC to visit the various memorials and Arlington National Cemetery. The VFW is located just off Route 50, north of downtown Ballston Spa. We invite fellow Rotarian and their families & friends to join us.

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Gift of Life 5K

On **Sunday May 5th, 2019**, yes that's Cinco de Mayo Day, Bethlehem Central Middle School children will put on **the 2nd Annual 5K Run/Walk to benefit Rotary District 7190 Gift of Life.**

Last year BCMS children got over 220 runners and walkers to help raise \$2,500. The money was used to perform a lifesaving heart surgery on Tai'na from Mongolia.

It was a very magical moment when Tai'na and his mother visited the children responsible for organizing the 1st 5K Run/Walk. With the help of an interpreter, Tai'na's mother's eyes lit up with wonder when she was told that these 6th, 7th & 8th grade children put together a fundraiser to help her son whom they had never met. And there was not a dry eye in the room when the BCMS children were reminded that this little boy from Mongolia would die if not for the lifesaving operation they had helped provide. Tai'na will live a normal healthy life because of their hard work and generosity.

Please come out and join the 5K Run/Walk for Gift of Life on May 5th at the Bethlehem Middle School 332 Kenwood Ave in Delmar at 10 am to help save another child's life. You can run, walk, donate or be a volunteer. **For more information** call Tom Burdick at 518 441-3800 or email Tom at Tom@empirefa.com.

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Albany Rotary's 35th Annual
Youth Recognition Luncheon

Wednesday, May 15th

12:00 PM – 1:30 PM

\$25 per person

American Legion Post #1520

4 Everett Road, Albany, NY

Come join celebration! This event honors youth of the six childcare agencies in the city of Albany, NY. The agencies represented are St. Anne's Institute, St. Catherine's Center for Children, La Salle School, Equinox Inc., Community Maternity Services and Parsons Child & Family Center. Each of the agencies nominates a child to highlight their accomplishments in overcoming adversity.

Pastor David Traynham is the special guest speaker this year.

The event starts promptly at 12:00pm so please arrive a few minutes early to check in. For more information, contact the club directly at info@albanyrotary.org

Recently, Albany Rotarian Brian Barr was interviewed on a community service TV program called Forum. The link below gives you the gist of the upcoming Albany Youth Recognition luncheon on May15th.

<https://wnyt.com/lifestyle/rotary-clubsquot-youth-recognition-day/5315755/?cat=12521>

The names of candidates are just starting to come in, so the excitement is starting to build. One agency has an ice cream party for all the youth who were nominated for the award. The Altamont Enterprise, a local newspaper, likes the concept so much they're going to profile one of the candidates (if a confidentiality waiver can be secured) for their paper.

Your interest and support is most appreciated. Please click on this link, www.youthrecognitionday.eventbrite.com, for information on how you can purchase your ticket to join the fun and festivities to honor these worthy young candidates. Tickets are \$25/each.

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Shenendehowa Rotary presents
End Polio Now with Blaze Pizza

...to raise awareness and funds to support the eradication of polio – a vaccine-preventable disease that still threatens children in parts of the world today.

Thursday, May 23rd

5-7pm

Blaze Pizza

11 Clifton Country Road, Clifton Park

20% of the proceeds from your meal will fund

Rotary's efforts to End Polio Now

For more information and to download a flyer visit

www.shenrotary.org

Contact: Alex Gutelius

518-728-6613

shenendehowa.rotary@gmail.com

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Colonie-Guilderland Rotary is sponsoring
 their annual

Golf Outing

...at a new location!

Friday, June 7

at Mill Road Acres, Latham

**Registration is \$90/golfer which includes
 lunch and post-golf appetizers.**

**Tee/Hole sponsorships are still available
 for \$125.**

**Or, take advantage of our Tee Sponsor
 plus 4 golfers package for \$425.**

There will be prizes for the top men and mixed/women's teams, as well as closet-to-the-pin winners. You can compete in the putting contest or enter the raffle for a chance to win an Otesaga Leatherstocking Golf Course foursome with carts.

An afternoon of fun to benefit CGRotary club projects. Proceeds support programs in the towns of Colonie and Guilderland and the Albany Ronald McDonald House.

Register and pay online at
www.cgrotary.org/golf-outing.

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Local Groups to Host 6th Annual 5K Triple Crown Running Event



Three local groups are joining forces to raise money and promote their causes in Fulton County with the 5K Triple Crown presented by St. Mary's Healthcare. 5K races will be held on the three days that coincide with the Triple Crown horse races resulting in one male and female grand champion. Dr. Jen Hulbert, President of the Glove Cities Rotary Club, said, "The collaboration between these three 5K traditions in our community will elevate the caliber of the racing season for area runners. Participants will have a chance to enter three of their favorite races as a series, with the added bonus of possibly winning cash and/or prizes: runners gear, activities and more in their quest for the Triple Crown title."

Glove Cities Rotary will host the first leg which is the Run for the Roses 5K on Saturday, May 4th starting from Partner's Pub, 21 S. William St., Johnstown. The second race is to benefit Johnson Hall State Historic Site on May 18th beginning at the historic site on Hall Avenue. **The third race will be a benefit for Lexington ARC Family Services on June 8th starting at 465 N Perry Street in Johnstown.** There will also be cash prizes and medals awarded and other prize drawings for those who enter the Triple Crown.

All Triple Crown entrants are automatically entered to win raffle prizes, including gift certificates, running gear, clothing and more. Runners will also receive a free Triple Crown shirt, as well as a shirt and goody bag for each of the three races. Runners may also choose to enter individual races.

All 3 Races for only \$50! (If registered by May 1. Individual races \$20 each)

Register Online At:

<https://www.zippyreg.com?event=1066> or visit

Facebook at

<https://www.facebook.com/5ktriplecrown>

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Twin Bridges Rotary Club
Changeover Dinner
Thursday, June 20th
6:00 p.m.

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Your Help is Needed Now!!!

Got Cell Phones? PLUS... How Rotarians can deliver a High School Education for under \$10: the cost of a microSD card, an envelope and a postage stamp.

Niskayuna Rotarian, Keni Banda, has requested donated cell phones for his remote hometown village in Africa. Not only can cell phones be used as phones, but if the phone is a smart phone, it can be used as a tablet, and thus it can be loaded with educational software. But regardless of the type of phone, leave a message for Lon Penna, 518-399-4522, if you would like to donate a phone. [By the way, Niskayuna Rotarians also purchases new TracFones, \$30 each, and microSD cards, \$7.50 each, for holding Rotarian Frank Quinn's "education on a chip".]

HERE's THE PLUS: If your club would like to do a similar project, Niskayuna Rotary will be glad to provide the software. The software, unofficially dubbed RISE, Rotarian's Inspirational Software for Education, includes 1000 books, lots of read-and-hear books, an encyclopedia, a dictionary, maps, off line Khan Academy, PBS videos, and software from learn-to-read to learn-first-aid. Niskayuna Rotarians also load the software on refurbished desktops and laptops that we procure for \$10 from ComputerRehab.org. The computers can go in any school, any library, any 501c3 or in the home of any family in need.

GOT USED CELL PHONES?
PLUS...HIGH SCHOOL EDUCATION on a
microSD Card



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Foundation Gives 34 Schools Sports Equipment

Niskayuna Rotarian and US-based physical education (PE) expert Kalekeni Mtalika Banda, founder of Bola Banda Foundation, has donated sports equipment to 34 primary schools in Nkhata Bay and Mzuzu.

The equipment, comprising boots, jerseys and footballs, was sourced from well-wishers in the US. Mtalika Banda (in cape) presents the equipment to Mzuzu schools.



Speaking during the handover ceremony at Zolozolo Primary School ground in Mzuzu, Banda said they decided to reach out to four primary schools in Mzuzu to help more children.

He said they initiated the programme in primary schools to inculcate a sports culture among the youth.

"What is more important to me is that the children are given the resources to enjoy the game they love most. It is my hope that this donation will inspire them to pursue sports as a career," Banda said.

The donation to Matope, Ching'ambo, Chiputula and Zolozolo Primary Schools targeted women football teams.

Speaking on behalf of the beneficiaries, Zolozolo Primary School sports prefect, Mirriam Simeza, said the gift will promote women's football development.

On her part, Northern Region sports development officer Georgina Msowoya urged learners in the country to take sports seriously because they can make a career out of it.

"Let the children play games apart from class work. Sports is a serious business. If you take it seriously, it can offer you with opportunities just as other white-collar jobs," she said.

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Save The Date Amsterdam Rotary Club Centennial Celebration

Friday, September 13th

6 – 11 pm

River Stone Manor

Scotia, NY

More Information to Follow

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Save the Date:

Sept16: GoL Golf & Bocce Tournament

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Meeting Time Change!!

Racing City Rotary Club has changed their meeting time **from 5:30 pm to 6:30 pm**, same location, as follows:

1st and 3rd Monday, 6:30 PM

(excluding holidays)

VFW Post 420

190 Excelsior Avenue

Saratoga Springs, NY 12866

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New Meeting Location for Capital Region Rotary

EFFECTIVE IMMEDIATELY, Capital Region Rotary will now meet at Warehouse Grill and BBQ located on Wolf Road in Albany.

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Help Wanted

After 4 years of heading up Rotary District 7190's Day of Service, I would like to pass the baton. I will train the new hire during the 2018-19 year.

Call or email me at 518-944-3997 or

Barrelbackbuilder@mail.com

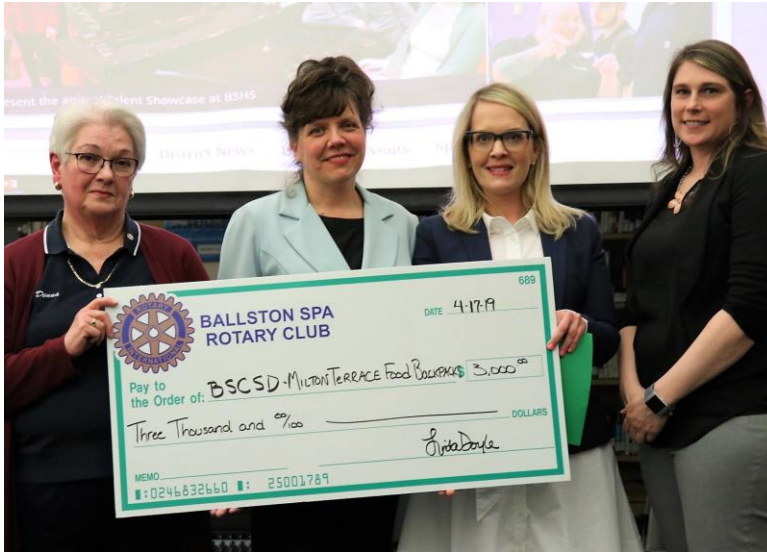
for questions or interview.

Thank you. Bruce McConnelee

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Ballston Spa Rotary Club News

Ballston Spa Rotary Club is proud to award the Milton Terrace Food Backpack program a total of \$3,000 to help them ensure that no children go hungry. This program helps tremendously towards getting food to kids that may not have proper food to eat due to many situations. Pictured are President Donna and Treasurer Linda with two school officials.



They also took part in this year's Ballston Spa Central Schools Health and Wellness Expo at the High School. They are trying to get the word out about what Rotary does to try and eliminate Polio in our world. Rotary is almost there but could use just a little more help in trying to accomplish this daunting goal. Pictured are, left to right, President Donna and members Jere and Peter. Hey, guys, is that a prospective new member with you???

They also thank District 7190 for helping them get their wonderful table drape that just screams "ROTARY".

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Attention All Clubs:

DG Tammy has requested that every month all clubs kindly submit the names of their NEW members to thetoolbox7190@gmail.com for District recognition.

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Attention All Clubs:

DG Tammy has also requested that every month all clubs kindly submit the names of their members who have passed on to higher service to thetoolbox7190@gmail.com for remembrance.

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Looking for Speakers?

Gift of Life will be glad to arrange for a member to address your club about their life saving mission.

Please contact Pat Herman at phpherman@gmail.com.

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Membership Summit



Youth Exchange Weekend

NextGen Capital Cabaret

