

Barb Wyllie ~ Editor

**Distribution 930** 

Please send submissions to Barb at: THETOOLBOX7190@GMAIL.COM Deadline: 20th of the month

## From the Governor's Desk PEOPLE OF ACTION

Happy May! So many great things happening around the district this month - community clean-ups, fundraising BBQ's, plant & flower sales, and food distributions to name a few! All hosted by Rotary Clubs in the district, and organized & run by all our dedicated "People Of Action". We have been successful in showing the world that COVID-19 did not stop Rotary and its members from serving their communities and the world. And we have created new ways to bring awareness to Rotary and attract new & younger members. Our current efforts with Satellite Clubs and cause-based clubs should also prove to be very successful.

May is Youth Services Month on the Rotary calendar. As we all know, most of our youth service programs have been suspended due to the pandemic. The RI Board has decided to suspend in-person exchanges through June 2022. Our interact program is still functioning, and hopefully RYLA will begin again in the late summer/early fall. A quote from RI President Holger Knaack - "Our ability to meet in person is limited now, but we know that Rotary Opens Opportunities, always. Now is the time to get ready, so that when the pandemic is behind us, Rotary's exchange programs will come back stronger than before, serving a world that is yearning to reconnect".

The district is also interested in helping those clubs that would like to have "hybrid" meetings. If you want to do this, and need help with the technical & connectivity issues that some clubs experience, contact me, richg851@aol.com, and the district team will make every effort to help your club. It is so important now to make sure that all club members

can still be included at meetings, and also to be able to invite Rotarians from around the world to join your meeting.

Please make sure you attend the virtual District Conference on Saturday, May 15<sup>th</sup>. opportunity to see your fellow district members. I look forward to seeing you all then. (please note-our usual "day of service" as part of the district conference will be a # of Regional Food Bank drivethru food distributions, held throughout the district in May & June on different days so that many of you can participate).

Service Above Self DG Rich

## **DISTRICT EVENTS** AT A GLANCE

- NOW: Book Reservations being taken pp 4,12
- May 3: Membership Monday A Multi-District Event
- May 8: RYLA Schedule (Jan TB p 5)
- May 9: Mother's Day
- May 11: Multi-District Conference RI Speaker Event
- May 15: District Conference (8am start): business meeting, remembrance service, recognitions/awards
- May 22: RYLA Schedule (Jan TB p 5)
- May 31: Memorial Day

## **CLUB EVENTS** AT A GLANCE

- NOW: Ranger 570 Raffle by Amsterdam Rotary p 3
- NOW: Spring Flower Fundraiser by Schenectady Rotary p 2
- **NOW: Food Drive** by BHBL Rotary p 5
- NOW: Quilt Raffle by Sharon Springs Rotary p 4
- NOW: 20/20 Club by Shenendehowa Rotary p 4
- **NOW:** Field of Flags by Glenville Rotary pp 3,11
- NOW (through June 2021): Hoffman's Car Wash **Fundraiser** by Albany Rotary *p 4*
- May 4: Chicken BBQ by Twin Bridges Rotary p 2
- June 10: Trivia Night by Schenectady Rotary p 5
- June 19: Golf Classic by Wilton Rotary pp 3, 8-10

## **Members Called to a Higher Service**

District 7190 bids a heartfelt farewell with prayers and very fond memories to:

Shenendehowa Rotary Club's Mike Popolizio

PDG 2008/09

Chestertown Rotary Club's Howard Kennedy

Tuesday, May 4, 2021
4—6 pm

Chicken Barbecue Annually

A fundraiser for Twin Bridges Rotary

Please pay in advance \$14 www.twinbridgesrotary.com PLUS— an opportunity to donate

a dinner to those in need

- Parking lot of Catricala Funeral Home 1597 Route 9, Clifton Park
- · Takeout only
- 1/2 Chicken Dinner includes baked potato, coleslaw, roll & butter, cookie, and paper package.



GIFFY'S BAR-B-Q LOCAL FOLKS AND GREAT FOOD!

Twin Bridges Rotary is a part of Rotary International and serves the Clifton Park/Halfmoon area with hands-on work and financial support of local charitable organizations.

info@twinbridgesrotary.com 518/328-8358



Schenectady Rotary Club presents its annual

## **Spring Flower Fundraiser**

These flowers and herbs are wonderful Mother's Day or Memorial Day gifts and look beautiful on your patio all season long!

10" Hanging Baskets: 10" Patio Flower Pots

10" Patio Pots: Assorted Herbs

Cost: \$20 each

Orders will be taken throughout April and May at:

https://schenectadyrotary.org/fundraisers

<u>Pick up orders at</u> Sch'dy ARC's Maple Ridge Day Center 2999 Hamburg Street, Rotterdam

Order pickup-up dates

For orders placed prior to May 6<sup>th</sup>: Friday, May 7: 2-5 pm Saturday, May 8: 9 am-Noon

For orders placed after May 6 & before May 22: Saturday, May 22: 9am-Noon

Please drive to the rear of the building where the outdoor pick-up site will be located.

Social distancing precautions will be observed. Email: <a href="mailto:schenectadyrotaryclub@gmail.com">schenectadyrotaryclub@gmail.com</a> with any questions.

Happy Mother's Day to all Moms! Thank you for all you do for us!



#### **Attention All Clubs**

Every month, please submit the names of your new members and the names of your members who have passed on to higher service to Barb at thetoolbox7190@gmail.com. Thank You.

~ ~ ~

## The Field of Flags Program

by Pete Lewis, Andy Tomko, David Walsh

For the past ten years Glenville Rotary proudly posts American flags to honor our Veterans during Memorial Day and Veteran Day weeks at the Schenectady County Veteran Park, Rt 50 and Freeman's Bridge Road in Glenville. You may purchase an American flag in honor of your veteran and have it flown in the park during the two major Veteran observance weeks, and then you may claim it for your own.

(See flyer on page 11 for details.)



Photo by Andy Tomko

Wilton Rotary Club presents its 16<sup>th</sup> Annual

**Golf Classic** 

Saturday June 19<sup>th</sup> 11am Registration Airway Meadows Golf Club

> Airwaymeadowsgolf.com 262 Brownville Rd Gansevoort, NY

See flyers on pages 8-10.



With Honor & Gratitude
We Remember

Remembering all who have served to keep us SAFE and FREE!
WE THANK YOU!!!





\$20 A TICKET

DRAWING DATE: June 30, 2021

GOLD LEVEL SPONSOR













TICKET HOLDERS CAN VISIT AMSTERDAM-ROTARY.ORG OR THE AMSTERDAM ROTARY FACEBOOK PAGE

Drawing will be livestreamed from the Amsterdam Rotary Facebook page.

Contact Tim O'Brien at <a href="mailto:tim@libertyarc.org">tim@libertyarc.org</a> for tickets or more information.

## **Hoffman's Car Wash Fundraiser** Now through June 2021 **Tickets are \$12 or \$42\***

(\*The full-service package **now** includes extra detailing and interior sanitizing.)

### Tickets can be purchased at the link below:

http://www.hoffmanhelpinghands.com/fundraiser. cfm?id=20486. Proceeds will help support Albany Rotary's local projects. Peter J. Rose (518) 843-1920

Sharon Springs Rotary presents its

## **Warm Up with Rotary Handmade Quilt Raffle**

Get a chance at being the owner of this beautiful handmade quilt! 53" x 85" (Full, Long) handmade patchwork quilt.

https://www.jotform.com/assign/2105048769351 58/210505360928048

## Donation: \$5/chance or 5 for \$20.

Only 500 tickets sold. Proceeds benefit Sharon Springs Rotary peace & humanity projects.









DONATE TODAY FOR A CHANCE AT THIS BEAUTIFUL QUILT VARM UP WITH ROTARY QUILT RAFFLE

onation: \$5/ Chance.... 5 Chances / \$20. Scan QR code for entry Proceeds benefit Peace and Humanity projects

## District 7190 presents

## Polio Survivor Louise Rourke Shares Her Inspirational Story in a New Book, Called by the Water

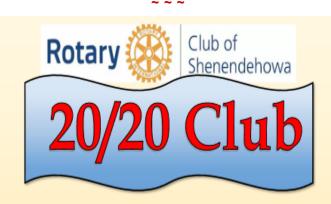
Submitted by Doug Ford, End Polio Co-Chair

Learn how her life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds!

Cost: \$20 per book, or an autographed copy for \$35. For \$50 you will receive an autographed copy plus an End Polio Now T-Shirt and face mask. Your donation supports the Rotary Foundation Campaign to Eradicate Polio. See flyer on page ----.

https://go.rotary7190gives.org/calledtowater

Thank you for supporting The End Polio Campaign



## Only \$20/Ticket

A One Hundred Dollar Winning Ticket will be drawn every Thursday for 20 weeks starting March 4th, 2021

One ticket gets you entered into

ALL 20 Drawings!

## Only 200 Tickets Available

For information contact Mike Popolizio at

(518)461-5520 or mpopoli1@nycap.rr.com

Tickets can be purchased at shenrotary.org



Schenectady Rotary Club presents its annual

## **Trivia Night Fundraiser**

Schenectady Rotary is partnering with

**That Trivia Guy New York** 

to bring you a fun-filled evening of Trivia and Prizes!

June 10th

6 - 9pm

Hybrid Event with In-Person or Virtual Options to Participate

**Frog Alley Brewing Co.** 

108 State St, Schenectady, NY 12305

Tickets: \$30 each for single players or \$100 for a team of 4

https://schenectadyrotary.org/trivianight2021



Collecting non-perishable food items in cans, jars & boxes. BHBL Rotary Club is providing an " Operation Hunger" collection box at Gil's Garage, 817 Saratoga Rd, Burnt Hills, NY.

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## **Ballston Spa Rotary Club Update**

by Ray Otten

This year, as in years past, we spent a Spring Saturday in our Beautiful Downtown Ballston Spa Parks raking, cutting, and generally doing whatever lawn and plant cleanup that we could.

Among the 30 or so people that helped out were numerous Rotarians from our club along with members of the local Lions club, a group from a local fitness club, and other citizens and their kids that took the time to show their pride in our little Village and also how much they care about their Community.

And a big Thank You goes out to our DPW for picking up all the piles we left in the streets after the work was done. As always, they did a great job.



## Rotarian Flavors from Around the World (Happy Cinco de Mayo)

This is an opportunity to continue to experience the tastes of Rotary from around the world. Below, you will find recipes reprinted from the **Rotarian Flavors of the World Cookbook** (Morris Press Cookbooks 2011). Enjoy!

#### **Drink**

# **Drunkin Bourbon** (page 6) From the region of District 5300 / USA

9 cups water

2-3 cups bourbon

- 1 (12-oz.) can frozen orange juice concentrate, thawed and undiluted
- 1 (12-oz.) can frozen lemonade concentrate, thawed and undiluted

1¼ cup sugar

1 T. instant tea

3 (16-oz.) bottles lemon-lime carbonated beverage

Combine first 6 ingredients, stir well. Freeze overnight or until firm. Remove from freezer 30 minutes before serving (mixture should be slushy); combine with lemon-lime beverage, stirring well.

Makes 1 gallon.

#### **Appetizers**

Avocado Salsa (page 14)

Guatemala Appetizer

#### From the region of District 4250 / Guatemala

2 mangoes, peeled and chopped

1 red pepper, diced

2 tomatoes, diced

3 avocados, peeled and chopped

½ cup red onion, diced

Dash of garlic

Dash of salt

Combine all ingredients in a medium-sized bowl. Cover and chill for 20-30 minutes. Serve with tortilla or bread chips. Enjoy!

Continued on next page...

Pq 6

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## American-Mexican Taco Dip (page 14) From the region of District 6000 / USA

Spread on large serving plate/platter in layers:

1<sup>st</sup> Layer:

2 reg. cans refried beans (low-fat is fine)

2<sup>nd</sup> Laver:

1 cup prepared avocado dip (add more if you like avocados)

Or, make your own:

Meat of 1 avocado, mashed

2 T. lemon juice

½ tsp. salt

¼ tsp. pepper

3<sup>rd</sup> Layer (blend):

1 cup sour cream

½ cup mayonnaise

Sprinkle on top ¼ to ½ package taco seasoning (the amount depends on your taste). Top with your preferred toppings: shredded lettuce, finely chopped onions, diced tomatoes, sliced ripe olives and finely shredded cheese of your choice. Eat with tortilla chips of your choice. Don't be surprised if none is left.

#### Soup

#### Aztec Soup/Tortilla Soup (page 29) From the region of District 4150 / Mexico

10 refrigerated tortillas

8 tomatoes

2 garlic cloves

1 pinch oregano

1 pinch pepper

Knorr chicken flavor bouillon to taste

Salt

Oil

Avocado

Chihuahua cheese

Guajillo chile to taste

Set the tomatoes in water to boil. Once cooked, empty them into the blender and add garlic, oregano, Knorr bouillon, salt and a little water. Blend and set aside. Cut the tortillas into small strips. Then fry them in oil until they are nice and crunchy. Set aside. Empty the tomato mixture into a pot and let it boil with the Guajillo chile. Serve the soup. Add the tortilla strips. Adorn with avocado strips and Chihuahua cheese.

#### **Main Course**

## Corny Chicken (page 195)

From the region of District (unlisted)

2 cups diced, cooked rotisserie chicken

1 cup cooked corn kernels

½ cup onions, sliced fine

½ cup diced tomato

1 packet taco seasoning

¼ cup water

1 T. oil

¼ cup chopped cilantro

Over medium heat, sauté the onions in hot oil for 3 minutes. Now add the tomato and continue cooking for 2 minutes. Add the chicken, corn, taco seasoning and water. Cook for 3 more minutes. Turn off heat. Mix in the cilantro. Serve warm. Serves 2.

#### **Dessert**

Quindao (page 183)

**Brazilian Coconut Torte** 

From the region of District 4700-4780 / Brazil

10 egg yolks

2 eggs

2½ cups sugar

2 cups unsweetened coconut

Pinch of ground cloves

½ T. unsalted butter, room temperature

Preheat your oven to 325 degrees F. Mix the eggs, egg yolks and sugar until the mixture is creamy. Add the coconut, butter and a pinch of cloves. Mix for another minute or so. Use butter to grease a 9-inch pie pan. Pour the mixture from your food processor into your greased pie pan. Cook the pie in a water bath for round 40 minutes. The top should look dry and a toothpick should come out clean. Let the coconut torte cool for about 20 minutes and then unmold it onto a serving plate. Serve right away or refrigerate until you are ready to eat it.



## 16th Annual Wilton Rotary Golf Classic Saturday, June 19th 2021 11AM Registration

Airway Meadows Golf Club airwaymeadowsgolf.com

262 Brownville Rd. Gansevoort, NY 12831



wiltonrotary.com

The Rotary Club of Wilton, NY, presents its 16th annual golf tournament at Airway Meadows Golf Club on Saturday, June 19, 2021. Registration begins at 11AM - Shotgun Start at 12 NOON!! It will be a 4-person scramble followed by a delicious dinner under the clubhouse tent. We will have a variety of challenges on the golf course including Longest Drive, Most Accurate Drive, Closest to the Pin, chipping and putting contests, and a Hole-In-One sponsored by Saratoga Honda - you could win a BRAND NEW VEHICLE!! And don't forget about the Golf Ball Drop - you could win \$500 cash! Proceeds from this year's Golf Ball Drop will support Alliance 180, a non-profit program that aims to prevent suicide among veterans and first responders facing the effects of trauma through a transformative equine experience.

If you don't golf, please join us afterwards for dinner (approx. 5:30 PM) - guests are only \$25 per person. Questions??? Call Don Wildermuth at 518-430-8670 More forms available at: www.wiltonrotary.com -----Cut alone perforated line------YES - Sign me(us) up for golf! \$100 per golfer - incl. golf, light lunch, and dinner (If you do not enter as a foursome we will match you up with other friendly golfers!) # of carts needed (due to pandemic, you may request your own cart or ride with another golfer): 1 2 3 4 \_\_\_\_\_\_\_Hdcp:\_\_\_\_\_\_\_Hdcp:\_\_\_\_\_\_\_ Cell phone: \_\_\_\_\_ E-mail address: Dinner Guest Name(s) \$100 x \_\_\_\_ golfers = To pay by credit card: CC Accepted (circle one): Visa / MC / Disc / Amex \$25 x dinner guests = Credit Card # OPTIONAL PRE-PURCHASE: Expiration date \$5 Puttigan x (like a mulligan, but can only be used on CSV Code (on back of card) green; 1 per golfer, 4 max. per foursome) Zip Code (of billing address) \$5 Golf Ball Drop x\_\_\_ balls = (unlimited, each is a chance/raffle to win To pay by check: Please make check payable and mail to: \$500 cash) Wilton Rotary Club P.O. Box 2098 Wilton, NY 12831

\*\*\*Please bring a can or non-perishable food item to support the Wilton Food Pantry\*\*\*

TOTAL ENCLOSED \$



## 16th ANNUAL WILTON ROTARY GOLF CLASSIC SATURDAY JUNE 19, 2021 12 NOON AIRWAY MEADOWS GOLF CLUB

262 Brownville Rd. Gansevoort, NY 12831

airwaymeadowsgolf.com

#### wiltonrotary.com

#### Sponsor Form

It's that time of year again, time to get ready for Wilton Rotary's 16th annual golf tournament at Airway Meadows Golf Club! It will be a shotzun-start, 4-person scramble that includes lunch and a delicious dinner under the clubhouse tent. In order to help make this fun-filled day of golf, food, and fellowship a success, we are asking local businesses for sponsorships and/or product donations. Listed below are the various sponsorship opportunities available for you to make an impact in our community.

IMPORTANT! Due to the ongoing pandemic we are discounting sponsorships this year. We are well aware of the financial strain it has caused all of us, especially our Sponsor Information: local business owners. If you are comfortable making a contribution to the Wilton Rotary Club to help us continue the good work we do for our community, please feel free to mail a check for the Company Name suggested\* amount listed (address listed on form below) or call Don Wildermuth at 518-430-8670 and we will arrange for someone to pick up the merchandise you would like to donate Contact Person \*suggested = we will gladly accept any contribution amount you can make and add your company name to our list of sponsors E-mail address Was: (suggested) \$500 \$1,000 Banner Sponsor Unlimited Corporate name will appear in all media releases Phone # Corporate banner on display at clubhouse tent Link on the Wilton Rotary Club website To pay by credit card: CC Accepted (circle one): \$500 Golf Ball Drop Sponsor One Available \$850 Corporate name will appear in all media releases Visa / MC / Disc / Amex Corporate banner on display at 18<sup>th</sup> green Link on the Wilton Rotary Club website Credit Card # Hole-in-One Sponsor One Available - SOLD!!!! \$500 \$250 Corporate sign at all four Par 3 tee boxes Link on the Wilton Rotary Club website Expiration date \$125 \$50 Tee Spousor Corporate sign at tee box CSV Code (on back of card) (Please list your business name as it should appear on the sign) Zip Code (of billing address) To pay by check: -SEE OVER FOR ADDITIONAL INFORMATION-Please make payable and mail to: Wilton Rotary Club P.O. Box 2098

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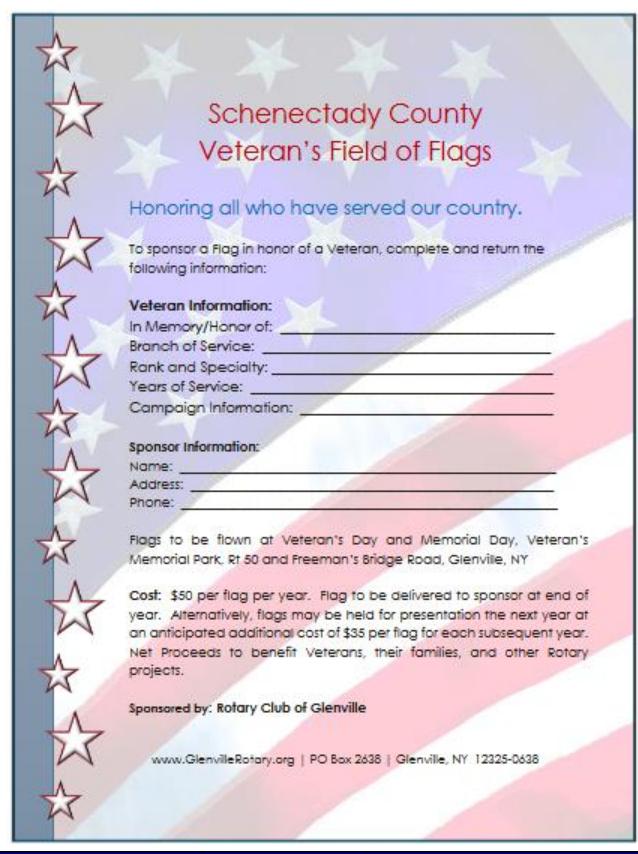
Wilton, NY 12831

#### AUCTION/RAFFLE PRIZE DONATIONS

Please accept our donation of merchandise or a gift certificate in the amount \$ for the Wilton Rotary Golf Tournament.			
Merchandise Description:			
	GOLFER SI	GN UP	
Our Company would like to sign up foursome(s) at \$400 each. (enter below)			
Our Company would like to sign upgolfer(s) at \$100 each. (enter below)			
Due to the pandemic, and to maintain social distancing, please note how many golf carts your group would like: $1  2  3  4$			
Golfer names (if	applicable):		
Golfer 1:		Hdep:	
Golfer 2:		Hdcp:	
Golfer 3:		Hdcp:	
Golfer 4:		Hdcp:	
	2 <sup>ND</sup> FOURS	<u>OME</u>	
Golfer 1:		Hdcp:	
Golfer 2:		Hdcp:	
Golfer 3:		Hdep:	
Golfer 4:		Hdcp:	

\*PLEASE BE SURE TO FILL IN CORRECT HANDICAPS FOR EACH PERSON, ALL BLANKS WILL BE ASSIGNED A "0" HANDICAP.

Please contact Don Wildermuth with any questions at (518) 430-8670



## ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

# Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

Louise Beckerle Rourke is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

#### Michael K. McGovern,

Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

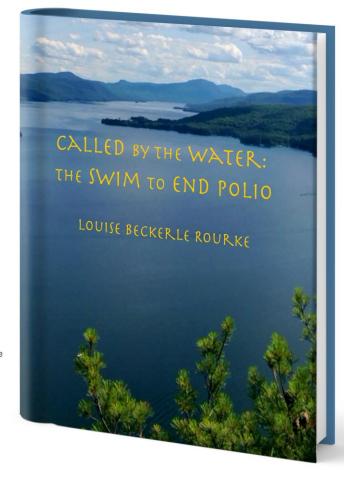
#### Kitty Rooney,

Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes, Jump in the water with Louise in this swimmingly touching story."

#### Dr. Joel Goodman,

Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY





## ALL PROCEEDS FROM THE SALE OF THIS BOOK WILL GO TO THE ROTARY FOUNDATION / END POLIO CAMPAIGN

To reserve your copy of Louise's book or to make a donation...
please contact District Polio Chair-Person, Doug Ford: ford@curtislumber.com

The Toolbox: Vo

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Rotary International District 7190