

# The Toolb



**October 2022**

**Barb Wyllie ~ Editor**

**Distribution 930**

**Please send submissions to Barb at: [THETOOLBOX7190@GMAIL.COM](mailto:THETOOLBOX7190@GMAIL.COM)**

**Deadline: 20<sup>th</sup> of the month**

## **From the Governor's Desk**

By now, most of you have heard about the case of paralytic polio discovered in Rockland County earlier this year. It was the first case of polio in the United States since 2013. Wastewater samples show the presence of the virus now in New York City, Rockland, Orange and Sullivan Counties.

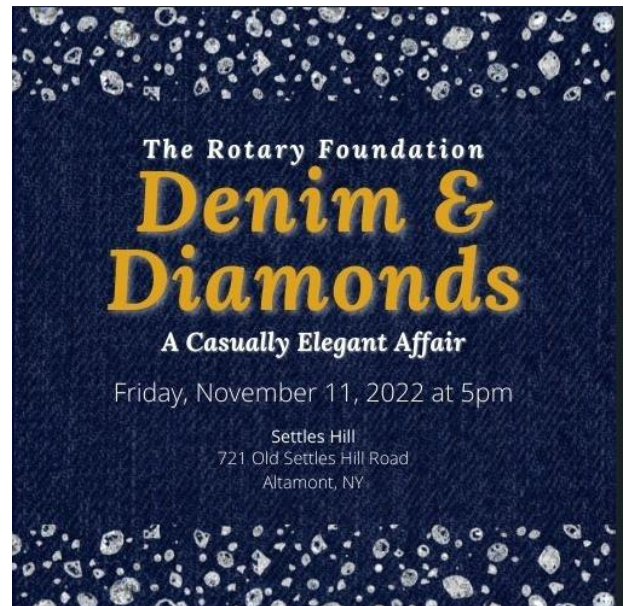
Rotarians know the importance of vaccination in disease prevention, particularly when it comes to polio. As an organization, we are committed to the eradication of this disease. We are used to discussing it as a disease that happens in other parts of the world, but without a commitment to vaccine adherence it can appear right at our door.

October 24 is World Polio Day and thanks to the Internet, you don't have to travel far to participate. Rotary International is hosting virtual events on their social media sites. You can host a watch party with your friends and club members. Or, maybe you want to be more active. Organize a walk or bike ride for your local community to raise awareness and funds. Perhaps you will invite a speaker to address your club and talk about the efforts to end polio now. Last week at the Schenectady Rotary meeting, they put purple baskets on the tables to collect change from meeting participants. Thanks to the generosity of members and guests, more than \$60 was raised for polio!

However you choose to engage, you can find sample social media posts and tools at the Rotary website. Visit [www.endpolio.org](http://www.endpolio.org) to get more ideas on how you and your club can help End Polio Now.

Have a safe and Happy Halloween. Hope to see you all next month at Denim & Diamonds (see pages 1 & 6 for more information!)

Yours in Service,  
DG Denise DiNoto



Use QR Code below to register for the Denim & Diamond event.



~ ~ ~

**DISTRICT SOCIAL**  
**Thursday, October 13<sup>th</sup>**  
**5 - 8 pm**

**Galway Rock Vineyard and Winery**  
**998 Saratoga Rd, Ballston Lake, NY**  
**We hope to see you there!**

## Meet CNY Rotary Update Fall Leads the Change

Dear Members,

Happy Fall! Summer road construction is wrapping up, but construction of CNY Rotary is underway. As we prepare this newsletter, many of the CNY Steering Committee members are participating in the Zone 28/32 Learning to Lead training in Toronto. We are enjoying the chance to listen to Rotary International leaders and network with others who have engaged in the work we are completing.

In our September newsletter, we described how we created transition teams to tackle various components of this process. The transition teams that will help build out the structure of CNY Rotary have begun their work. Last month, the groups started to meet in person to share ideas and develop a plan of action.

How does this work? There is a transition team for each of the key Rotary committees: Membership, Finance, Foundation, Public Image, Youth Exchange, and Administration. The teams are led by a member of the CNY Steering Committee with volunteers from each district serving as experts in their respective areas. These teams will develop the structure for a committee that will best serve the needs of our region drawing from current practices, policies and traditions. They will also take this opportunity to incorporate new and innovative ideas to better serve you - our members and clubs.

This is only the first phase of our work, but a very important step forward. We will continually involve other members in the planning process. Even if you have never served at the district level, consider offering your skills in the process and be a part of this exciting transition. As a Rotarian, your insight is valued and respected, so please contact us if you would like to get involved.

Remember, you can always submit any questions about the transition on our website at [www.CNYRotary.org](http://www.CNYRotary.org). We want to hear what is on your mind and will respond to you directly. We know many are probably wondering the same things, so we will also anonymously share the questions and answers in future newsletters.

Be sure to follow us on Facebook to stay connected!

DG Denise, DG Jerry and DG Rocky



## DISTRICT EVENTS AT A GLANCE

- **NOW:** Rotary Calendar Orders taken *p 5*
- **NOW:** Book Orders being taken *pp 4, 10*
- **October 2022:** Rotary Leadership Institute Virtual Training (date TBD)
- **October 10:** Columbus Day
- **October 13:** District Social *p 1*
- **October 24:** World Polio Day (event TBD)
- **October 31:** Halloween
- **November 11:** Rotary Foundation Denim & Diamonds Fundraiser (open to all) *pp 1, 6*
- **December 17:** Wreaths Across America – Saratoga National Cemetery
- **January 11:** Dist Exec Comm Meeting/ZOOM
- **January ??:** Local Pres-Elect Training Seminar (PETS) (Details TBD)
- **March 17-18:** Multi-District Pres-Elect Training Seminar (PETS) Syracuse, NY
- **April 1:** District Training Assembly & Grants Management Seminar (Open to all)
- **April 5:** Dist Exec Comm Meeting/ZOOM
- **May 5-7:** Multi-District Conference, Thousand Islands, NY (Open to all)
- **May 28-31:** Rotary International Conference Melbourne, Australia (Open to all)
- **June 21:** Dist Exec Comm Meeting/ZOOM
- **June 2023:** Dist Changeover (Open to all) TBD

## CLUB EVENTS AT A GLANCE

- **NOW:** Car Wash Raffle by Twin Bridges Rotary *p 3*
- **NOW:** Canoe Raffle by Chestertown Rotary *p 4*
- **NOW:** Food Drive by BHBL Rotary *p 6*
- **NOW:** Homemade Soap Sale by Rotterdam Sunrise Rotary *p 5*
- **October 8:** 9 Hole Golf Tournament by Burnt Hills - Ballston Lake Rotary *p 4*
- **October 9:** Visit Ballston Spa Rotary at The Way We Were Car Show *p 6*
- **October 26:** Responders Recognition Breakfast by Albany Rotary *p 5*
- **November 25-?:** Annual Christmas Tree Sale by Ballston Spa Rotary *p 5*
- **December --:** 20<sup>th</sup> Anniversary Celebration by Twin Bridges Rotary *p 4*



## Rotarian Called to a Higher Service

District 7190 bids a heartfelt farewell with prayers and very fond memories to:

**Schenectady East Rotarian**  
**Charter Member**  
**Don Bisgrove**

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Twin Bridges Rotary presents its

## Fall Raffle

**The Unlimited Signature Car Wash with Interior Package**  
**One Year Subscription**

*Donated by*



The package features high-pressure wheel cleaning, Simoniz® tire dressing, undercarriage rinse, hot carnauba wax, and the all-new Ceramic Shield & Shine + Rain-X.

This fully loaded Signature package also includes the benefits of interior cleaning. In addition to having your floors and seats vacuumed, your windows cleaned, we'll wipe all plastic/vinyl surfaces, and clean door jams.

**\$899 price value**

**Tickets \$20 each/2 for \$35**  
**Drawing to be held December 10<sup>th</sup> at**  
**their *Breakfast with Santa Event***  
**695 Mac Elroy Road, Ballston Lake**

Need not be present to win  
Contact Kathy Rode 518-429-6478 Or any  
TBR member for Tickets

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District 7190 presents  
**Polio Survivor Louise Rourke's  
 Inspirational Story: *Called by the Water***

Submitted by Doug Ford, End Polio Co-Chair

Learn how her life-long experiences shaped her desire to pursue challenges others may have considered impossible. If you recall, Louise participated in a swim relay across the 32 miles of Lake George and raised over \$100,000 for the End Polio Campaign, including matching funds!

**\$20 per book / \$35 for signed copy**

*Your donation supports*

*the Rotary Foundation Campaign to Eradicate Polio.*

**To purchase books, email Doug Ford at**

**[doug.ford@curtislumber.com](mailto:doug.ford@curtislumber.com)**

**See flyer on page 9.** Thank you for supporting The End Polio Campaign!

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## 9-hole Golf Tournament

BH-BL Rotary is hosting its annual **9-hole Golf Tournament on Saturday, October 8th, 2022 at Holland Meadows Golf Club in Gloversville. Registration starts at 8am with a shotgun start at 9am. The cost is \$60 per player or \$240 for a foursome. The rain date is October 15th.**

Lunch will be included and there will be a putting contest, two closest to the pin awards and top team awards. And you won't want to miss our traveling beverage cart.

This is an important fundraiser for our club, honoring the late Jennie Pennington, and supporting the BH-BL Education Scholarship, which is presented to a graduating senior from Burnt Hills Ballston Lake Schools.

Please find **the registration form** (on page \_\_) for individuals and teams, along with a tee sponsorship opportunity. Feel free to spread the word and please let us know if you have any questions or need additional information. Thank you!

Contact: [greggsschorr@gmail.com](mailto:greggsschorr@gmail.com)

(518) 693-3769

Burnt Hills Ballston Lake Rotary Golf Tournament  
 Committee: Darlene Bower - Gregg Schorr - Mike  
 Brewster - Steve Caine - Ken Crotty

Chestertown Rotary is currently selling chances for their annual

## Canoe Raffle

**Tickets are \$20 each**

**Draw date: October 19<sup>th</sup>**



## Columbus Day

This is a hand-hewn Cedar Plank Canoe made by a local craftsman. Measures 16' long, weighs 77 pounds. It's a piece of art! Value \$5,000!

*On display Wednesdays at the Chestertown Farmers Market.*

The Chestertown Club gives back to its community in many ways—Christmas with Santa, HS Senior Scholarships, local food pantries and libraries, and so many other neighborhood projects.

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## Save the Date!!!!

## Twin Bridges Rotary Club is Celebrating their 20th Anniversary!!!!

**December 3<sup>rd</sup>**

**The Barn at Powers Pub**

**6 to 10 pm**

To reserve your seats please go to our website.

More information will be uploaded to our website:

[twinbridgesrotary.com](http://twinbridgesrotary.com)

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## Albany Rotary will Honor a Firefighter and a Police Officer in the City of Albany



***You are invited!***

During NATIONAL RESPONDERS' WEEK in late October, the Rotary Club of Albany will honor a firefighter and a police officer for exceptionally brave and meritorious public service.

When every minute counts, firefighters and police officers act swiftly and courageously as the critical first response to urgent need. Very few occupations call for the willingness to confront the daily possibility of injury or death. Our club will spotlight the men and women on the front lines by presenting the **"First Responder Recognition Award."**

Awareness of the crucial importance of first responders is certainly not confined to the City of Albany. Throughout District 7190 – and in the greater communities we live in – we can count on a rapid response if we must make an immediate call to **911**.

We invite you, our friends in 7190, to join us in expressing gratitude to the award recipients. They truly represent their police and fire departments and first responders everywhere. Come and enjoy the comradery and hospitality of our club at a special **breakfast on Wednesday, October 26, from 7:30 to 9am**, at the American Legion Post, 4 Everett Road, Albany 12205. Our guest speaker will be the wonderful Dr. Benita Zahn, Health and Wellness Coach at Capital Cardiology.

Mayor Kathy Sheehan; Joseph W. Gregory, Chief of the Albany Fire Department, and Albany Police Chief Eric Hawkins are enthusiastic about this positive project and will be with us on October 26<sup>th</sup>.

Tickets are \$20 and may be conveniently ordered through the following link:

<https://albanyrotaryclubfireandpolicebreakfast2022eventbrite.com>

**Hoping to see you,**

*George Hauenstein, President*

Rotary Club of Albany



## Christmas Trees!!!



Ballston Spa Rotary will be selling Christmas trees again this winter!!! Their lot will be open for business at Curtis Lumber on Rt. 67 in Ballston Spa every day from the day after Thanksgiving, November 25<sup>th</sup>, until the trees are gone.

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## Rotary Birthday Calendar

Rotary District 7190  
Fundraiser for The Rotary Foundation



11 x 20 calendar with tear off sheets

- Jan 1 - Dec 31, 2023
- Birthdays & Anniversaries
- Rotary Meetings
- Club Events and Activities
- Rotary-supporting Businesses

### Why this calendar

- sharing birthdays & anniversaries with Rotary friends is fun
- Keep your Rotary-supportive businesses front and center
- Always know what day a local Rotary Club meets
- Advertise your Rotary club's events & fundraisers with Rotarians in the entire district
- Most importantly, proceeds benefit . . .

### PRICES

Calendar \$10

Ads \$40 - \$60 - \$85

Deadline to order:  
October 15, 2022

The Rotary Foundation

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Rotterdam Sunrise Rotary is selling

## Homemade Soaps

*A great gift idea for any holiday!*

**\$5/bar or \$20 for 5 bars in a decorative bag**

Free shipping and/or delivery.

Please contact Michael Surin by text at 518-810-8338 or email [msurin@nycap.rr.com](mailto:msurin@nycap.rr.com).

Or join their weekly meetings at 7:15 am at the Bellevue Café in Schenectady, NY.

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## Ballston Spa Rotary Update

by Ray Otten

We're now into Fall and our Big News is WE WILL HAVE CHRISTMAS TREES BACK THIS YEAR. We struggled with fund raising last year due to the lack of trees but we have 600 beauties on the way this year. Our lot will be open for business at Curtis Lumber on Rt. 67 in Ballston Spa every day from the day after Thanksgiving until the trees are gone. We again want to thank those that supported us last year which allowed us to continue the programs so needed in our community and beyond.



But before that happens, come visit us at the Way We We're Car Show on October 9th on Front St. in Ballston Spa. Tons of cars and lots of vendors, stores, and restaurants to see. Rain date is 10/16.

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## Seeking Assistance for African Sustainable Farming Global Grant

by Darlene Bower

The Burnt Hills-Ballston Lake Club is working on a global grant for sustainable farming in the countries of Kenya and Uganda. This project would help thousands of people to grow their own indigenous food using organic techniques. It would give them local control over their food sources and enhance the environment at the same time.

Here is what we have accomplished so far:

- The grant writing is nearly complete.
- The needs assessments are done.
- The partner clubs in Kenya and Uganda who would oversee details there have been identified.

What we need help with now is identifying funding sources.

We are asking any Rotarians in the district who could help identify and organize funding sources to contact Linda LeTendre at [letendre.linda@gmail.com](mailto:letendre.linda@gmail.com).

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## What is the Denim & Diamonds Event All About? (Rerun)

by Pam Baxter *Foundation Event Chair*

"Denim and Diamonds" is this year's Rotary Foundation event theme. Don't be fooled into thinking this is a ho-down affair because it is anything but! The "Denim & Diamonds" theme is another challenge for you to IMAGINE what could be, just as RI President Jennifer Jones has challenged us to IMAGINE Rotary, and the world, in new, exciting, and different ways. This year, District Governor Denise challenges us to IMAGINE our annual Rotary Foundation banquet in a new and different way.

The theme "Denim & Diamonds" describes casual and formal wear worn together in an ostentatious way, similar to a costume that celebrates the best of both clothing worlds. This means you are free to wear your jeans and gemstone jewelry, or sequins and upscale pieces combined in whatever way you feel comfortable. Feel free to dress up in whatever you prefer, blending formal and informal in the same way Rotary approaches blending together people from all walks of life in service to others.

This year each club is encouraged to invite community partners to the Rotary Foundation event. The event is our opportunity to share with community partners the great works The Rotary Foundation has helped make possible in the past. It also encourages us all to IMAGINE what great projects can be done in the future, not just with Rotarians but by working with the many other community partners looking to make our world a better place.

Watch your email and the District website for registration and additional information about the "Denim & Diamonds" event and about how to invite your club's community partners.

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**Burnt Hills-Ballston Lake Rotary**  
continues to provide an  
**"Operation Hunger" Collection Box**  
**at Gil's Garage**  
**817 Saratoga Rd, Burnt Hills, NY**  
**to collect non-perishable food items.**

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## Festive Pumpkin Pie with Spiced Nut Crust

Submitted by Susan Morse of Albany Rotary

*"For your new food section, attached is a delicious recipe for pumpkin pie that I clipped out of a Syracuse newspaper over 40 years ago, and have been making it ever since (and it's easy). It's timely with Halloween and Thanksgiving coming right up." Susan*

### Mix in a large bowl:

16 oz. can of pumpkin  
14 oz. can sweetened condensed milk (not evaporated; low fat is fine)  
2 eggs  
1 tsp. ground cinnamon  
½ tsp. ginger  
½ tsp. ground cloves  
½ tsp. salt

### Ingredients for the crust:

½ cup of butter  
1 cup of unsifted flour  
¼ cup of firmly packed light brown sugar  
1 cup of finely chopped pecans or walnuts (or a combination of both)

Melt butter on stove or in microwave. Add the melted butter to the rest of the crust ingredients. Mix well. Pat on the bottom and sides of a 9-inch pie plate. (This is fun, and children also enjoy doing it.)

Pour ingredients into the prepared crust Bake at 350 for app. 40 minutes, testing for doneness by inserting a knife near the middle to see if it comes out clean. It's a good idea to put tinfoil around the top of the crust before the pie is baked.

Delicious with vanilla or eggnog ice cream or whipped cream.

## New Twist on Our Recipe Section

by Barb Wyllie

Each year I like to add something new to The Toolbox. For the past couple of years, I have included recipes from the **Rotary Flavors of the World Cookbook** (Morris Press Cookbooks 2011). This year I'm mixing it up and am opening this section to you! I would love for you to share YOUR favorite recipes. It would be even more fun if they were in keeping with the season, but they don't have to be.

Thank you, and I'm looking forward to hearing from you. I know for a fact that we have many creative and very good cooks in our District. These recipes don't need to be original, but you do need to cite their source if they aren't.

Please send your recipes to me at [THETOOLBOX7190@GMAIL.COM](mailto:THETOOLBOX7190@GMAIL.COM).

Thank you and bon appetite!

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[The article below is from the 9/27/2022 Albany Times Union eEdition, and was sent to me by Joanne Devoe of Schenectady Rotary.]

## 10th Global Citizen Festival raises \$2.4 billion in pledges

By Glenn Gamboa Associated Press



Brittany Newman / Associated Press

Above, Charlie Puth performs at the Global Citizen Festival in Central Park in New York on Saturday. The event, which included performances by Metallica, Mariah Carey and Usher, generated more than \$2.4 billion in commitments to fight extreme poverty and disease.



Noam Galai / Getty Images

Above, Rosalía performs onstage during Global Citizen Festival 2022: New York at Central Park on Saturday in New York City. Attendees of the event must volunteer time to take various actions to fight extreme poverty and disease.

NEW YORK — The 10th anniversary of the Global Citizen Festival, which included performances from Metallica, Mariah Carey and Usher, generated more than \$2.4 billion in commitments to fight extreme poverty and disease.

European Commission President Ursula von der Leyen, U.S. House Speaker Nancy Pelosi, Barbados Prime Minister Mia Mottley and others addressed the crowds gathered in New York's Central Park and Black Star Square in Accra, Ghana, for nine hours Saturday.

"Amidst all the doomsday messages we hear today, hope lies in the fact that millions of citizens are rising up to take action, more than any other point in history," Global Citizen CEO Hugh Evans said at the event. "Ending extreme poverty is not a partisan issue, and those most in need cannot be treated like political pawns. Our job is to not let our leaders forget that."

What makes Global Citizen Festival different from other fundraisers is that tickets for the event are not for sale. To attend, supporters must volunteer time to take various actions — from signing petitions and calling or messaging world leaders on social media to address certain issues — during a six-week campaign. This year's campaign generated more than two million actions, more than doubling the previous record for the advocacy nonprofit.

International leaders announced new policies at the festival, influenced, in part, by Global Citizen supporters. French President Emmanuel Macron confirmed that he would reallocate 30 percent of his country's Special Drawing Rights reserves with the International Monetary Fund to the world's poorest countries, specifically in Africa, to help them fund projects battling extreme poverty and climate change. The governments of Ghana and South Africa announced the formation of the \$1 billion African Prosperity Fund, to finance infrastructure, technology and sustainability projects across the continent.

*Continued on next page...*



Rotary International President Jennifer Jones announced a \$150 million, three-year commitment to fight polio through the Global Polio Eradication Initiative, part of the service organization's work against the disease since 1985.

"Quite honestly, until everyone is protected, no one is protected," Jones told The Associated Press in an interview. "And we see now with the state of emergency being declared in New York and the case of vaccine-derived polio that has entered here, it's close to home. I think it's a little bit of an alarm bell to a lot of people who thought, 'Well, this is something that's gone. Why do we even need to immunize our children?'"

Jones said she wanted to announce Rotary International's new commitment at Global Citizen Festival's 10th anniversary because the organization made a similar announcement at the first festival.

"They have millions and millions of Global Citizens and we have 1.4 million citizens who are people of action, who are doing things every single day in the field," Jones said. "So the ability for us to take our activated populations and showcase that we want to help and help people understand what they can do to make a difference, it's just a great synergy between our two organizations."



ROTARY DISTRICT 7190 INVITES YOU TO DIVE INTO THIS REMARKABLE READ!

# Reserve Your Copy Today!

Coming soon to your local bookstore and amazon.com!



Photo By Gretta Hochsprung of The Post Star

**Louise Beckerle Rourke** is a polio survivor from six months of age. With her right leg paralyzed, she is a lifetime swimmer of Lake George. In 2018 Louise Rourke was joined by Bridget Simpson in a two-person relay to swim the length of Lake George. This epic 32-mile "Swim To End Polio" raised over \$120,000 for polio eradication. The dedication and determination of people like Louise motivates Rotarians and others today to not give up until global eradication of polio is complete.

**Michael K. McGovern,**  
Rotary International PolioPlus Committee Chair

"Louise's book brings to life her remarkable journey and success in overcoming adversity. It is a moving and personal story of her deep appreciation of Lake George. This is truly an inspiration and pleasure to read."

**Kitty Rooney,**  
Lifelong Lake George resident, Lake George Historical Association Trustee

"This is a book about *memories* and *mission*. It is an inspiring, heart-warming, motivating memoir of the purposeful path that Louise Rourke took from being stricken with polio as a young child to become the Queen of the Queen of American Lakes. Jump in the water with Louise in this swimmingly touching story."

**Dr. Joel Goodman,**  
Founder and CEO of The HUMOR Project, Inc. in Saratoga Springs, NY

