

September 2020

Barb Wyllie ~ Editor
Distribution 963

Please send submissions to Barb at: <u>THETOOLBOX7190@GMAIL.COM</u>

Deadline: 20th of the month

From the Governor's Desk

A GOOD READ!!!

We hear this phrase all the time from avid readers – that was a great book & "a good read." But, what if you found reading difficult or impossible? More than 775 million people over the age of 15 are illiterate. That's 17 percent of the world's population.

September's focus for Rotarians around the world is Basic Education and Literacy. The goal is to strengthen the capacity of communities to support basic education and literacy, reduce gender disparity in education, and increase adult literacy. We support education for all children and literacy for children and adults. Worldwide, 1.7 million additional teachers are needed to meet the goal of universal primary education.

Rotary members around the globe make amazing things happen, like opening schools; teaching adults to read; providing new teaching methods; making schools healthy; and enhancing educational systems. Now more than ever, these projects are crucial as we are trying to coordinate opening schools & colleges, virtual classrooms at home, in-school instruction, and so many other challenges connected to the ongoing COVID pandemic. Do I put my student on a bus or drive them myself? What impacts will that have? The bottom line is the importance of continuing education. We must continue to educate, no matter what it takes.

Rotary is developing new ways to help as you read this. Partners help Rotarians promote this area of focus. Since 2009, Rotary International has been working with Dolly Parton's Imagination Library to promote early childhood reading. Through the program, a child receives an age-appropriate book each month until age five. Rotary clubs throughout the

USA, Canada and the UK have been teaming up with Dolly to bring books to children in over 300 communities. Dolly, who was a keynote speaker during the 2010 RI Convention in Montreal, Quebec, Canada, says, "You can never get enough books in the hands of children."

For Rotary, September is usually the start of our Youth Programs: Youth Exchange, RYLA, and re-igniting or starting new Interact Clubs. As many of you know, we had to cancel this year's Youth Exchange program. RYLA will begin virtually and the Interact facilitators in the clubs are working with the school districts for the Interact Clubs. If you are asked to help in any way, please do! Better yet, reach out and offer to help. Education is so important, not just this month but every day, and we need to help in any way we can.

"Education is the passport to the future, for tomorrow belongs to those who prepare for it today" -Malcolm X

Service above self,
District Governor Rich Griesche

DISTRICT EVENTS AT A GLANCE

- **September 7: Labor Day**
- September 21: GoL Golf Tournament pp 4,13,14
- September 22: Autumn Arrives

CLUB EVENTS AT A GLANCE

- NOW through June 2021: Hoffman's Car Wash Fundraiser by Albany Rotary p 4
- Sept 8: Preorder date for Mums Purchase by Schenectady Rotary & Rotterdam Sunrise Rotary p 3
- Sept 12 & 13: Pickup dates for Mums p3
- **Sept 17: Pints for Polio** by BH-BL Rotary *p 3*
- **Sept 17: Giffy's BBQ** by Shen Rotary *pp 3,16*
- Sept 23: Brooks BBQ by Scotia Rotary pp 4, 17
- Sept 25: Ziti Dinner by Sch'dy East Rotary pp 5,15

Important Editor's Note

Greetings All,

Please be advised that the articles and notifications found within this newsletter are mostly Rotary related items submitted to me by Rotarians for publication. I trust that all items are correct. While I am editor of this publication, it isn't my place (nor is there sufficient time) for me to fact check all items.

From here on out, I will try my best to supply 'by lines' for items included. This way, if questions arise, the contributor may be contacted...at least through their club.

Mistakes happen. If a contributor's inadvertent error is brought to my attention, I will contact the contributor for clarification and a correction will be included in the next edition.

In the case that I feel something is inappropriate for inclusion, the current District Governor will be the deciding factor.

During these past few months, when there was little going on in the District due to CoVid19, I tried to include uplifting, motivating and/or humorous items of interest. In each case, either credit was given to the author (if known) or its origin was listed as 'unknown'.

Thank you very much. Barb Wyllie, Editor

Celebrate Your Club's 2020 Rotarian of the Year

I'm starting a new column featuring 2020 Rotarians of the Year from District 7190. Please send me the name of your Club's 2020 Rotarian of the Year, along with their photo, your name and your Club's name and what makes this Rotarian valuable to your Club.

Please send this information, in a word document of approximately 200 words or so, to me at

thetoolbox7190@gmail.com.
Thank you! Barb Wyllie

CONGRATULATIONS 2019-2020 Distinguished District 7190 Award Winners!

CLUB OF THE YEAR: Glens Falls Club

ROTARIANS of the YEAR:

Lisa and Milan Jackson Schenectady Rotary Club & Rotterdam Sunrise Rotary Club

LINC CATHERS AWARD for OUTSTANDING ASSISTANT GOVENOR:

Bruce McConnelee Scotia Rotary Club

GEORGE FROST AWARD for OUTSTANDING SERVICE by a PAST DISTRICT GOVENOR:

Sue Austin Schenectady Rotary East Club

SPECIAL AWARD for SUSTAINED SERVICE:

Lon Penna Niskayuna Rotary Club

Amsterdam Rotary Club's Rotarian of the Year is Kim Roberts

by Jeanne So

Kim is the branch manager at Community Bank in Amsterdam. She is a past president and current board member. She was chosen for her many years of assistance with our major fund raiser, constant participation in other events, and her lightheartedness in our club. It was noted that she is approachable and engaging as she often mentors new members. She adds the word FUN to our rotary projects and meetings.

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Member Called to a Higher Service

District 7190 bids a heartfelt farewell with prayers and very fond memories to

Schenectady East Rotary Club's Richard "Dick" Frigolette

Burnt Hills Ballston Lake Rotary's 2nd Annual Pints for Polio Thursday September 17th 4-8pm

(Rain date September 24)
Wolf Hollow Brewing Company &
Buzzards Bay BBQ

6882 Amsterdam Rd Schenectady NY
Food available for purchase from
Sammy's Country Wagon.
Portions of purchased beer and food
proceeds will be donated to Polio Plus.
Socially distancing event with outdoor dining
on patio or under tents. Bring chairs or blanket to
dine under the trees or in the yard.

Shenendehowa Rotary Club's Giffy's BBQ

Thursday, September 17th 4-6pm

Online orders only: <u>shenrotary.org/chicken-bbq</u> Shen United Methodist Church

971 Rt 146, Clifton Park

Proceeds to benefit: Shenendehowa Bountiful Backpacks Related article on pg 9 and flyer on pg 16.

Correction:

Last month's Toolbox included an article listing the many items built by Glenville Rotary. One of the entries contributed inadvertently omitted one important word. The item mentioning building the bridge over the Indian Kill should have read that Glenville Rotarians <u>assisted</u> in its building. They regret

Schenectady Rotary & Rotterdam Sunrise Rotary Clubs' Fall Flowers Fundraiser



Beautiful, colorful mums from Schoharie Valley Farms in 8" pots!

Proceeds to benefit local teen programs*

Pre-orders accepted until noon Sept 8th.

https://schenectadyrotary.org/mums2020/
(A limited selection will be available for drop-in purchases.)

<u>Drive Through Pick Up on September</u> 12th and 13th

Saturday, September 12th 9am to 1pm

The Liberty St Parking Lot of Saratoga Nat'l Bank (behind 251 State Street in downtown Schenectady) Please enter the parking lot off of Liberty Street (near Erie Boulevard) to the rear of the building where the outdoor pick-up site will be located.

or

Sunday, September 13th Noon to 4pm Allstate Insurance Co.

1801 Altamont Ave, Rotterdam

All orders must be pre-paid via PayPal, cash and checks will not be accepted to limit physical transactions.

Social distancing precautions will be observed.

*<u>Teen Programs to benefit are:</u>
Rotary Youth Leadership Academy (RYLA)
develops leadership skills in high school students

Mohonasen H.S. Academic Letter Program recognizes graduates with academic achievements

Rotary Interact Youth Programs at the Steinmetz Career and Leadership Academy of the Schenectady School District and Schalmont High School (Interact is a school club promoting community & global service activities and leadership development.)

Each of these programs focuses on developing strong character, leadership skills, academic focus, and community-mindedness in local high schools.

the omission.

Gift of Life Golf Tournament September 21st Pinehaven Country Club

Listed below are the rules of Pinehaven Country Club to protect golfers of COVID-19

by Rich Suker GoL Golf Tournament Chairman

- 1. There is NO dinner.
- 2. Rather than a shotgun start, we will have a staggered start beginning at 10 AM on tee 1 and tee 10. Every 10 minutes 4 more golfers will start on tee 1 & tee 10. I will be organizing starting times from all registered golfers and notifying them on Friday or Saturday before the tournament.
- 3. Wear a mask when you are walking in any building at Pinehaven. When seated you may remove your mask. Masks are not required when golfing.
- 4. When you arrive go to the registration area which will be located in the grassy area alongside of the parking lot. Golfers should confirm their starting time, if you wish to participate you may purchase raffle tickets at this time at these tables.
- 5. Pick up your "to go lunch" on the patio. You have a choice of a hamburger, cheeseburger, or hotdog. Included will be chips & coleslaw. You may eat this at any time while you are golfing. A beverage cart(s) will be on the course with free beer, water, etc.
- 6. When purchasing your raffle tickets register your name and phone number/email with your ticket numbers. Drawings will take place during golf and posted in our white board when you finish golfing. If you depart when you finish golfing, we will contact you if you win a raffle and left without picking it up.
- 7. The restaurant/bar will be open after golf for anyone that wishes to stay and purchase dinner. One drink will be on us after golf.

If you have any questions that may not be addressed above please call me at 518-858-883.

Thanks for your support. And remember GOL has no overhead so once we pay our expenses with Pinehaven all the remaining money is used to save another child's life.

I look forward to seeing you on Sept 21.

Registration forms are on pp 13 & 14.

Albany Rotary Club's
Hoffman's Car Wash Fundraiser
Now through June 2021
Tickets are \$12 or \$29
Tickets can be purchased
at the link below:

http://www.hoffmanhelpinghands.com/fundraiser.cfm?id=20486. Proceeds will help support Albany Rotary's local projects."

Scotia Rotary Club's annual **Brooks BBQ**

Wednesday, September 23rd
Full Chicken Dinner (incl. bev) \$12
Half Chicken \$10
Rib Dinner \$15
Just Ribs \$13

4 pm UNTIL SOLD OUT Glenville Senior Center

32 Worden Road Glenville, NY 12302 **Tickets Available at The Door**

DRIVE THROUGH ONLY Flyer on page 17.

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Schenectady East Rotary Club's

2nd annual

Ziti Dinner

\$12 (Cash only)

Friday, September 25th
4pm to 7pm
iont Order of Hibernians

Ancient Order of Hibernians

1748 State Street, Schenectady

ONLY **Drive-Thru Take Out dinners** will be available.

The meal includes: Ziti, Meatballs, Salad, Roll and Dessert.

Flyer on page 15.

RLI NEA Rotary Leadership Institute

KEEP WATCHING THE TOOLBOX AND YOUR EMAIL INBOX FOR EXCITING INFORMATION regarding the new methods we will be using to deliver the quality Rotary Education you are used to.

Highlights: ALL VIRTUAL, MORE OPPORTUNITIES TO ATTEND AND THE BEST ONE, LOWER COST.

Sue Austin, PDG 13-14 RLI NEA Regional Vice Chair

Attention All Clubs

Every month, kindly submit the names of your new members, and the names of your members who have passed on to higher service, to Barb at thetoolbox7190@gmail.com. Thank You.

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The Foundation Corner

by Harriet Noble



Paul Harris Society

The Paul Harris Society recognizes Rotary members and friends of The Rotary Foundation who elect to contribute \$1,000 or more each year to Annual Giving, PolioPlus Fund, or an approved Global Grant.

The purpose of the Paul Harris Society is to Honor and Thank individuals for their generous, ongoing support of The Rotary Foundation.

Rotary District 7190 created its Paul Harris Society in 2006 by then-Governor Samuel J Hall. The District honors new members of the Paul Harris Society by presenting them with a certificate and chevron (wings) at a district or club event.

What YOUR giving supports**

By giving from your heart each and every year, you'll support families and change lives. Paul Harris Society gifts have helped provide:

- Vocational training for teachers establishing an early childhood education center in South Africa
- Water filters, toilets, and hygiene training to prevent fluorosis, diarrhea, and other diseases in India
- A scholarship for a medical professional in Italy to research treatments that minimize mortality rates among premature babies
- Peace-building seminars for 200 teachers and 1,300 students in Uganda
- Treated mosquito nets and medical services that prevent malaria in Mali

PHS Impact

It is remarkable that fewer than 3 percent of Rotarians contribute at or above the Paul Harris Society level, yet those gifts represent over 35 percent of contributions to the Foundation's Annual Giving, which supports global grants, district grants, polio eradication, vocational exchanges, scholarships, and more.

Continued on next page...

An Invitation to Join

You can join the Paul Harris Society without having any history of contributing US\$1,000 or more to the approved funds. In fact, an immediate US\$1,000 contribution is not even required at the time of enrollment. You can fulfill your commitment gradually over the Rotary year through any combination of giving. For example, annual contributions of US\$500 to PolioPlus and US\$500 to Annual Giving would fulfill your PHS commitment.

To join, you can:

- Notify District7190 Foundation Chair (PDG Susan Austin <u>bankr736@nycap.rr.com</u>) or Paul Harris Society coordinator (PDG Pepi Noble hnoble@nycap.rr.com)
- Sign up for <u>Rotary Direct</u> either monthly (approximately 85.00) or annual deductions from your credit/debit card or checking account)
- 3. Make your contribution at www.rotary.org/give

** Gifts to the Paul Harris Society must be monetary (not points) and are tax deductible

SPECIAL NOTE – Thank you to the 2019-2020 Members of Rotary District 7190 Paul Harris Society for your ongoing support of The Rotary Foundation. With your support we can do even MORE good in our world.

Rotary Direct form link:

https://my.rotary.org/en/rotary-direct
(Below you will find the information
requested when you click on the **Rotary Direct** link
above.)

Rotary Direct Form

(Just a sample – This NOT interactive)

Enroll in Rotary's recurring giving program, Rotary Direct, which makes giving easy, fast, and secure. You can schedule a monthly, quarterly, or annual donation that empowers Rotarians to change lives in communities around the world.

All fields are required unless marked optional.

Choose what you would like to support:

Contributions to these featured causes are eligible for Paul Harris Fellow recognition:

Annual Fund

Polio Fund World Fund Disaster Response Fund

Enrollment details

Select your country
United States

Select your currency
US Dollar

Choose frequency
Select

Select an amount
USD25
USD100
USD250
USD1000
USD0ther

Sign in to My Rotary to track your donations and receive recognition

You can **create an account** after you donate Your data is safe.

Your privacy is important to Rotary. The personal data you share with Rotary will only be used for official Rotary business. This means that the personal data you provide will primarily be used for financial processing, supporting The Rotary Foundation, communicating key organizational messages and responding to your inquiries. Personal data collected on this form is subject to Rotary's Privacy Policy.

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History of The Toolbox

by Olive Scott

The first "Toolbox" was published on July 1, 1995, beginning of my year as District Governor. At that time RI required a District report each month with attendance numbers for each club and activities going on in the District. Up until then, nothing was done on a regular basis and then only something to RI and perhaps the District officers. We did not have Assistant Governors then; you could have area representatives. Blair Hartman was my Governor's Assistant. I wanted to put out a monthly bulletin, however, very few members had email at that time. Blair said he would put it on a desk top program if I would email him all the material I wanted in it and make mailing labels for all the members. He helped me get copies run each month, put labels on all them and mail them. I had a very limited budget as DG and it did not include mailing a bulletin.

We envisioned this bulletin as something that would help incoming club presidents find some of the information they would need for their year, therefore, **Toolbox**. We were playing with ways to use the Rotary Wheel and decided we could use it as the "O" in 'box'. We were also trying for something that would turn the cogs on the wheel, and the "X" was born.

We decided to sell a limited number of ads to pay for the printing and mailing. We also decided, because of cost, to send to all members in the District four times (per year) and that it would be printed on newspaper stock. The other eight annual issues were sent to PDG's, club presidents and secretaries and all District officers. It contained 8-10 pages during my year. The printing and mailing costs were always factors in putting it together. Oh yes, Blair wanted a lot of "white space," he was more interested in the overall looks of the finished product.

Terry Phillips continued the Toolbox during his year, but Blasé Mercoglan decided to call it something else during his two-year term. I don't remember the name. The name Toolbox had "caught on" with District members, and James went back to the name Toolbox. It has retained the name up to the present time. A much larger and more inclusive publication.

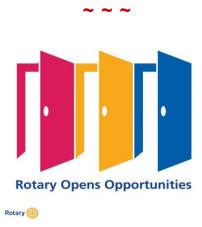
Salem Rotarians Install Lakes to Locks Kiosks

by Nancy Artz

Thanks to the combined efforts of The Lakes to Locks Passage, Inc. and members of the Salem Rotary Club, the rest stop on State Route 22 between the Salem/Jackson town line is now enhanced by two informative kiosks. One describes the historic Northern Turnpike from Lansingburgh to Whitehall, the other depicts three covered bridges on the Battenkill: Rexleigh, Eagleville, and Shushan. Kiosk text and photos were provided by Salem Town Historian Al Cormier.



Pictured left: Locks to Lakes Board Member Bruce Ferguson. Rotarian Allyson Barber, Bruce Gordon, contractor; Rotarians Al Cormier and Jim Carrolan.



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History of Scotia Rotary's Rotalette

by Frank B Strauss

The original Rotalette started about the time the club was chartered, in 1929, mostly written, I believe, by charter member Doc Leo Snell, Scotia chiropractor. Doc Snell established high editorial standards, and since then material needs to pass the 'Snell Test' before it makes publication. When I joined Rotary in 1975, I had to go to Doc's house for an informational meeting. At the time I didn't know what Rotary was, or if I wanted to take the time to be in it. Bill Stearns, Scotia Police Chief was another attendee. After the meeting Doc gave us each a bill for the \$25 initiation fee, no if, ands, or buts; he was a force to be reckoned with. I was proposed by Don Glindmyer. Sadly Doc, Don, and Bill have passed, but happily, I am still here, at least for a bit more. My neighbor and good friend Hal Tately came on the Rotalette staff in 1988, became Editor in Chief in 1991, and invited me to be an editor at the end of that year. Hal retired from GE, built a house on Cape Cod, and in 1998 left Scotia, turning over the Editor in Chief job to me. As Barb Wyllie mentioned in the August Toolbox, the time has passed quickly.

Publication of the Rotalette was done for many years as text only, a copy given to a secretary at Buhrmaster Oil Company. She typed the copy onto a mimeograph transfer, and Buhrmaster Oil ran off the Rotalettes on their mimeo machine. Mimeo started to pass away and then we began doing the Rotalette on a copy machine. The master was done using an early word processor; sometimes pictures were cut out and taped onto the master. Time marched on and several different schemes were developed for printing the Rotalette, including the use of a dot matrix printer set to do NLQ, or near letter quality printing. local printer did the printing using paper pre-printed with the masthead by the Scotia High School print shop, 5,000 pieces at a time. Up until this point everything was in black and white. Now we use sophisticated word processors, we insert images that have been cropped and processed, we print on a color printer. Just like the New York Times, maybe better.

The history of Scotia Rotary lives on the pages of the Rotalette. As Club Historian, I have many back issues, both hard copy and those stored digitally, including a number of Doc Snell's editions. I have digitized some of the old Rotalettes, but not too many. I thought for a while that I might embark on a digitizing project during the pandemic, but I ended up just eating and playing with the computer. Someday.

A Special Message for You

Author Unknown

"Today let there be peace within. May you trust that you are where you are meant to be. May you not forget the infinite possibilities that are born of faith in yourself and others. May you use the gifts that you have received and pass on the love that has been given to you. May you be content with yourself just the way you are. Let this knowledge settle into your bones, and allow your soul the freedom to sing, dance, praise and love. It is there for each and every one of us."

A Little Levity

Credit: Beechworth Rotary / District 9790

A doctor, lawyer, and a Rotarian in charge of fundraising all die and arrive at the Pearly Gates about the same time. St. Peter tells them they may each have one thing to take with them to Heaven.

The doctor is first, and asks for \$1 million. This is given and proceeds to enter Heaven. The lawyer, not to be outdone, asks for \$2 million. "Very well," says St. Peter and opens the gate to Heaven for the lawyer.

Finally, it is time for the Rotarian, who had just finished a fundraising project for The Rotary Foundation. St. Peter asks him what he would like to take to Heaven. The fundraiser moves up very close to St. Peter, and in a soft voice asks, "It it's not too much trouble, could I just have the names of those two people who were ahead of me in line?"

Pq8

Rotary Community Outreach

by Ray Otten

In a joint venture involving both the Ballston Spa Rotary Club (as well as the Niskayuna Rotary Club) and the folks from Community Emergency Corps of Ballston Spa, we were able to collect about 150 pairs of used shoes to donate as part of a fundraiser for <u>Saratoga Therapeutic Equestrian Program (STEP)</u> in Glenville. This program involves folks that have special needs such as Autism, PTSD, etc. They work with the gentle horses in the program as a form of therapy to help them cope with their issues. It is a program that is much needed in our area.

STEP has partnered with an organization called Funds2Orgs. They pick up the shoes and pay STEP, per pound, for everything collected and the money received from them helps to pay for food, shelter and veterinary care for their horses, as well as scholarship opportunities for their program participants. All donated shoes will then be redistributed throughout the Funds2Orgs network of micro-enterprise (small business) partners. Next year, when you're doing Spring cleaning, hang onto



your old shoes and we can do it again. We even had shoes donated from Florida!



Bountiful Backpacks Program

by Raymond Anthony

The Shenendehowa Bountiful Backpacks Program was born out of the experience of one elementary school mom, Beth Miles. Beth was volunteering in a classroom one day when she observed a child wrapping up a portion of their snack and putting into their backpack. Later the teacher explained that what she had observed wasn't unusual. A number of children don't have sufficient or consistent access to food at home. Beth never imagined such an issue existed in her community and she was moved to do something about it. It started with a discrete backpack the child could pick up at the end of the day. It was filled with some snacks and nutritional food items that a child could prepare for themselves at home. Soon friends, neighbors, and teachers all started to pitch in with food and snacks and more backpacks. What started in one classroom spread to several classrooms and then several elementary schools. Beth was operating under the radar until one day she was called into the school district's superintendent's office.

"I've heard about what you have been doing in our elementary schools. Do you think this is something you could do for all our schools?" Beth did not hesitate in her answer, "Yes." The Shenendehowa Bountiful Backpacks Program was born.

Before COVID-19, the program worked with an army of volunteers, local churches and the Regional Food Bank of Northeastern New York to provide backpacks filled with food to meet the needs of hungry children in the Shenendehowa Central School District.

When COVID shut down the schools, it did not shut down Bountiful Backpacks. In fact, the need for Bountiful Backpacks became greater than ever. Beth and her team put on their masks and gloves and went to work, collecting, sorting and delivering food to children and families who are depending on them.

Please join us in the Rotary Club of Shenendehowa in supporting Shen Bountiful Backpacks program by purchasing bar-b-que chicken dinners for your whole family. Tell all your friends and neighbors to go to the link below and purchase their dinners today:

https://www.shenrotary.org/chicken-bbq

There are a limited number available and if you know Giffy's Bar-B-Que you know they will not last for long. Enjoy a great dinner and feed a child. No one should go hungry.

Pg 9

Gift of Life Update

by Pat Herman



Chinguunagi, known to us Chinguunee, had heart surgery in Albany almost 3 years ago. He is a healthy and strong little boy. He loves kindergarten and was attending for a little while before Covid-19 shut things down.

One of his favorite things to do is to play with his toy dinosaurs. He loves playing with his 'big sister' and has no trouble keeping up with her. His family is grateful to Samaritan's Purse and Rotary Gift of Life for giving him the precious gift of Life.



Batnasan had heart surgery in Albany in March of this year. Because of Covid-19 he has just recently returned to his home in Mongolia. Batnasan is growing strong and healthy. He is very active and 'runs everywhere'. He likes to play with his toy cars and his cousins. His mom is very grateful to the medical people and everyone who helped to save her son's life.

Think of these children and the many others whose 'little hearts have been healed' as you enjoy a game of golf at the Gift of Life Golf Tournament.

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Rotarian Flavors from Around the World

This is an opportunity to continue to experience the tastes of Rotary from around the world. Have you been homebound for too long? Do you feel like shaking things up? Well, here's your chance to do just that.

Below, you will find recipes reprinted from the **Rotarian Flavors of the World Cookbook** (Morris Press Cookbooks 2011). Enjoy!

Drink Rocket Punch (page 16)

(Alcoholic Drink)

From the region of District 6440 / USA

1 bottle champagne

2 L. white wine

1/2 bottle vodka

½ bottle gin

1/2 L. pineapple juice

1 L. orange juice

Mix all together in a 10-liter punch bowl.

Appetizer

Tadam Mimli (page 3)

(Stuffed Tomatoes)

From the region of District 2110 / Malta

8 large tomatoes

1 large cup fine bread crumbs

1 T capers

8 anchovy fillets

1 T mint

2 T olive oil

1 T wine vinegar

Salt and pepper to season

Halve tomatoes horizontally, peel and de-seed. Chop capers, anchovies and mint and mix well with bread crumbs, adding oil, dash of vinegar to moisten. Knead well using hands and fork, adding salt and pepper to taste. Fill tomatoes and let stay in the refrigerator. *Usually tastes better the next day.

[*Editor's levity: If not, try again after enjoying some of the Rock Punch listed above.]

Continued on next page...

Pq 10

<u>Salad</u>

Caprese Salad (page 33)

From the region of District 2030-2120 / Italy

- 2 lbs. fresh mozzarella, sliced 1/4-inch thick
- 3 lbs. ripe tomatoes, sliced 1/4-inch thick
- 6 T extra-virgin olive oil
- 10 fresh basil leaves, chopped or torn apart
- Salt and pepper to season

Arrange tomato slices on a platter. Top each tomato with a slice of mozzarella. Drizzle extra virgin olive oil over the tomato and mozzarella. Sprinkle the chopped basil leaves on top. Season with salt and pepper and serve.

Soup

Cucumber Soup - Cold (page 38)

From the region of District 1470 / Denmark

2 cucumbers

6 dl yogurt (*Editor's Note: 1 dl=10 ml*)

Chives

½ onion

2 pinches crushed dry chili seeds

Lemon juice

Salt & pepper

Add cucumbers, yogurt, chives, onion and chili together in a blender. Cool it for a couple of hours. Taste with lemon, salt and pepper. Can be served with fried tandoori shrimp and fresh mint or some toast. Serves 4 pairs.

<u>Salsa</u>

Mango Salsa for Vegetables and Fish (page 69) From the region of District 9220 / Mauritius

- 3 green mangoes, peeled and grated
- 2 very large carrots, peeled and grated
- 2 cucumbers, peeled, seeded and grated
- 2 onions, finely sliced
- 2 chilies, chopped
- 2 tsp vinegar
- 4 T salad oil

Salt & pepper to taste

Mix all ingredients in a bowl. Let sit for one hour. Serve with any main dish.

<u>Vegetable</u> Veggie-Stuffed Portobello Mushrooms

(page 91)

From the region of District 7190 / USA

- 1 small yellow sweet pepper, cut in bite-size strips
- 1 small red onion, chopped
- 1 medium zucchini, coarsely shredded
- 1 carrot, coarsely shredded
- 1 stalk celery, thinly sliced
- 2 cloves garlic, minced
- 2 T olive oil
- 1 T snipped fresh basil
- 1 T lemon juice
- 1 (5 oz) package fresh baby spinach
- 1/2 c fine dry bread crumbs
- 1/2 c finely shredded Parmesan cheese
- 4 (4- to 5-inch) portobello mushroom caps, stems removed
- 4 slices provolone cheese

Preheat oven to 425 degrees. Line a 15 x 10 x 1-inch baking pan with foil. In a 12-inch skillet, cook sweet pepper, onion, zucchini, carrot, celery and garlic in hot oil over medium-heat for 4 minutes or until soft. Stir in basil, lemon juice and 1/4 teaspoon each salt and ground black pepper. Top with spinach; cover. Cook for 2 minutes or until spinach is wilted. Remove from heat. Stir bread crumbs and half of the Parmesan cheese into spinach mixture; set aside. Remove gills from mushrooms. Arrange mushrooms, stemmed side up on prepared pan. Top each with slice of provolone cheese. Divide spinach mixture among mushroom caps. Bake 15 minutes (mushrooms will water out slightly). Top with remaining Bake 2 minutes more until heated Parmesan. through. Yield: 4 servings.

Continued on next page...

Main Course Pollo con Naranja (page 100)

(Chicken in Orange Sauce)

From the region of District 4815-4940 / Argentina

4 lbs. chicken, quartered Freshly ground pepper

Salt

5 T butter

1 cup chicken stock

1 cup orange juice

Grated rind of 1 orange

1 T flour

2 eggs

3 T heavy cream

Season the chicken pieces with salt and pepper. Heat the butter in a heavy casserole and sauté the chicken pieces, one or two at a time, until golden on both sides. Set aside as they are done. Pour off the fat from the casserole into a small bowl and reserve. Return the chicken pieces to the casserole, putting the legs in first with the breasts on top, as the breasts cook more quickly. Add the chicken stock, orange juice and grated orange rind. Cover and simmer for 30-45 minutes or until the chicken is done. Lift out the chicken onto a serving dish and keep warm. Mix the flour with a tablespoon of the reserved fat and stir it into the liquid in the casserole. Bring to a boil and cook, stirring for a minute or two. Reduce the heat to low. Beat the eggs with the cream. Slowly stir 1 cup of the thickened liquid from the casserole into the egg mixture, then pour the mixture into the casserole and cook, stirring with a whisk until the sauce is lightly thickened, a minute or two. Do not let the sauce boil as it will curdle. Pour some of the sauce over the chicken and serve the rest in a sauceboat. Serve with rice or mashed potatoes.

<u>Dessert</u>

Plum-Berry Tarts (page 184)

From the region of District 7190 / USA

1/3 cup canola oil

1/4 cup butter, melted

2 cups whole wheat or unbleached white flour

1 T powdered sugar

1/2 tsp salt

5-6 T cold water

 $\ensuremath{^{1\!\!/}\!\!4}$ cup apricot, cherry or raspberry spreadable fruit

3 plums, halved, pitted and cut into thin wedges

1 cup fresh blackberries and/or raspberries

1 T fat-free milk

1 oz semi-soft goat cheese, crumbled (opt.)

2 T honey

In a small bowl, stir together oil and melted butter until well combined. Cover and freeze for 1 hour or until nearly firm, stirring occasionally.

In medium bowl, combine flour, powdered sugar and salt. With pastry blender or fork, cut or stir in butter mixture until pieces are about pea-size. Sprinkle 1 tablespoon water over part of the flour mixture; gently toss with fork. Push moistened pastry to side of bowl. Repeat using 1 tablespoon of water at a time, until all is moistened. Form pastry in a ball (dough may be wrapped and chilled up to 24 hours.) Let stand at room temperature about 30 minutes or until easy to roll. Divide pastry into 6 equal pieces. lightly floured surface, roll each portion to a 6-inch circle. Place on parchment or foil lined baking sheet, leaving 1 inch between pastry rounds. Spoon spreadable fruit on pastry; spread to make 2-inch circle. Top with plums and berries, leaving 2 inches of pastry edge. Fold the edge around the fruit crimping and pleating as you go. Pastry does not have to cover fruit completely. Brush crust with milk. Preheat oven to 400 degrees F. Bake 30-35 minutes or until filling is bubbly and fruit is tender, covering tarts with foil the last minutes of Coll slightly on baking sheet on rack. baking. Sprinkle cheese and drizzle with honey. warm.

Rotary District 7190 Gift of Life Golf Tournament

Thank you! Our program would not be able to continue healing little hearts around the world without your generous support. Please CIRCLE the appropriate Fees, Sponsorships, and Advertisements. → Include handicap for EACH team member**	\$130 Individual Golfer\$520 Foursome
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SPONSORSHIP(S) &/OR ADVERTISEMENT(S) You will be contacted for additional details regarding your Sponsorships and Advertisements \$Amt Check Visa MasterCard AMEX Name on credit card	MAKE CHECKS TO: Gift of Life District 7190 Mail check and completed registration form to:
Card NumberExpiration Sec. Code (3 or 4 digits)	Rotary Dist. #7190 GOL Attn: Richard Suker 215 Altemont Road Voorheesville, NY 12186
**To pay the day of the event contact Richard Suker (518) 858-8839	

Awards and Raffle Drawings following golfing Happy Hour begins when you finish golfing (check if you are a winner at registration table)

10:00AM until 12:00PM

Handicap Scramble Format

Pick up boxed lunch at patio

Staggered start every ten minutes

starting time a few days before hand Everyone will be notified of their



The Tournament this year will be played To honor all those little hearts the Gift of Life has healed

Monday, September 21, 2020 Pinehaven Country Club Guilderland, NY 12084 1151 Siver Road

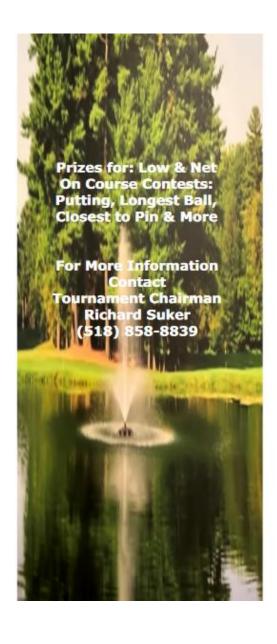
22[™] Annual Golf Tournament

The Toolbox:

Volume 201

September 2020

Rotary International District 7190



SPONSORSHIPS

HOST CLUB \$1500

Golf package for four golfers Dining Room Signage Reserved table at awards dinner Full page ad in program Tee Sign on course and Special recognition

GOLF CART \$1000

Golf package for two players Logo signage on all golf carts Reserved table at awards dinner Full page ad in program

HAPPY HOUR \$750

Golf package for four golfers Reserved table at awards dinner Half page ad in program Tee Sign

LUNCH

\$500

Golf for 2 players Signage on patio area Quarter page ad in program

TEE SIGN

\$100

1 tee sign on course Listed in program

PRESIDENT'S MESSAGE

Rotary District 7190 Gift of Life has healed the hearts of over 38,000 children. This is only possible because of your continued and endless efforts. Thank you for your continued and unwavering support.

Respectfully, Tom Burdick

Pictures below are some of the young lives your support has helped the District 7190 Gift Of Life save



Taivnaa Mongolia



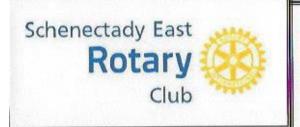
Yeny Honduras



Chinguune Mongolla



Angel Panama



ZITI DINNER

Includes
Ziti, Meatballs, Salad, Roll
and Dessert

DRIVE-THRU TAKE-OUT ONLY

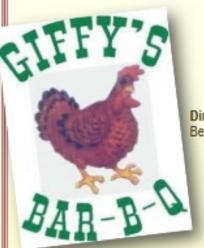
Ancient Order of Hibernians

1748 State Street Schenectady



Enjoy a delicious meal and support Schenectady East Rotary's Community Projects!

Friday, September 25, 2020 4:00 PM - 7:00 PM \$12.00 CASH ONLY



Thursday September 17th

Giffy's Bar-B-Q

~~~ Online Orders Only ~~~ No Drive-Up Orders

Dinner Includes: 1/2 Chicken, Bake Potato, Coleslaw, Roll, Cookie, Beverage, Paper Package

COST: \$14

Pickup Dinners on Thursday September 17th 4p - 6p

If you do not pickup your dinner by 6pm, we thank you for your donation.

Shenendehowa United Methodist Church 971 Route 146, Clifton Park

To Order Your Bar-B-Q Dinners Go To shenrotary.org/chicken-bbq

Proceeds to Benefit Shenendehowa Bountiful Backpacks



Shen Bountiful Backpack is an all volunteer organization providing nutritional food for school aged children in the Shenendehowa CSD.

Event Sponsored by:



facebook.com/ShenRotary | ShenRotary.org

SCOTIA ROTARY BROOKS BBQ

Glenville Senior Center 32 Worden Road Glenville, NY 12302

WEDNESDAY, SEPTEMBER 23 4 PM UNTIL SOLD OUT

Full Chicken Dinner (incl. beverage) \$12.00-Half Chicken \$10.00 Rib Dinner \$15.00-Just Ribs \$13.00

Tickets Available At The Door





DRIVE THROUGH ONLY