### **Rotary International - District 7120**





October 2024

### **Dave DeMers, District Governor**

Issue 4



This month, Rotary is concentrating on **Economic and Community Development**, a vital service area that empowers individuals, strengthens communities, and fosters sustainable growth. Discover how Rotary tackles this challenge.

Rotary plays a crucial role in the economic and community development. Globally, numerous communities grapple with issues such as poverty, unemployment, and restricted educational opportunities. Rotary's support for local economies enables individuals to overcome these obstacles. It finances initiatives that offer microloans to small enterprises, vocational

education, and clean water access, empowering people to shape their own futures.

Rotary Clubs can take several impactful steps to support Economic and Community Development, both locally and globally. Here are some actionable ways to contribute:

#### **Support Local Entrepreneurs and Small Businesses**

- Host Business Fairs or Markets: Rotary Clubs can organize events that highlight local businesses, offering them a platform to reach new customers.
- Microloans and Financial Literacy Programs: Partner with organizations to provide microloans or grants to help small businesses grow. Offer financial literacy workshops to equip entrepreneurs with budgeting and business planning skills.

#### **Invest in Vocational Training**

- Youth and Adult Education Programs: Clubs can collaborate with vocational schools or community centers to provide training in trades such as carpentry, coding, or healthcare.
- Scholarships and Apprenticeships: Offer scholarships or apprentice opportunities to individuals seeking new career paths, helping them gain valuable skills that increase their employability.

#### **Mentorship and Networking Programs**

- Business Mentorship Initiatives: Rotarians with business experience can mentor local entrepreneurs, helping them navigate challenges and grow their businesses.
- Job Placement Assistance: Rotary Clubs can create networks that connect job seekers with employers in their community, offering support with résumé writing and interview preparation.

Through participation in such initiatives, Rotary Clubs contribute to economic development and also empower people, fostering independence and enriched lives. This month let's persist in our commitment to Economic and Community Development. Together, we can have an impact locally and globally.

Let us continue to focus on mental health and to ask the question, "How are you really?"

DG Dave DeMers Rotary District 7120 District Governor 2024-2025



## Ways To Help Those Affected By The Hurricanes In Florida and NC

On September 26, 2024, Hurricane Helene made landfall in the Big Bend area of Florida causing tremendous damage from the west coast of Florida up and through the Asheville, North Carolina area. As I write this article, Hurricane Milton is bearing down for a direct hit on the west coast of Florida in the Tampa/Sarasota area.

As Rotarians, we can help to donating to the following disaster relief funds:

Rotary District 6940 (hit directly by Hurricane Helene): https://www.paypal.com/donate?campaign\_id=K5QQ7FYHZM57Y

Rotary District 7670 (Asheville, NC area)
Click here to Donate to Rotary District 7670 Hurricane Relief

Zone 33 & 34 also has a disaster relief fund:

https://4grj2.r.sp1-brevo.net/mk/cl/f/sh/1t6Af4OiGsE8LIikuJLjRmeLjherDe/ TQ9XcjPcGFOc

Keep these areas in our prayers and please donate to help those in need.









rotary youth exchange













## Applications are Now Being Accepted for 2027-2028 District Governor

**Now is the time for action** for all 2027- 28 District Governor candidates. Applications are due by Tuesday, **October 15, 2024.** 

If you are interested in being considered a candidate:

- Discuss with members of your Rotary Club.
- Each Rotary Club will consider any and all interested Rotarians in good-standing with the club.
- The Rotary Club will make a resolution at a regular meeting of the club naming one suggested candidate.
- The selected candidate from the club will complete and sign the DG Application for 2027-2028. It is available as a writable PDF on the district website.
- The club's secretary or executive director will sign and mail the application by **Tuesday**, **October 15**, **2024** to Dick DuBois, 157 Sunset Dr., Horseheads, NY 14845 or ddubois50@gmail.com

  A prospective candidate should **NOT** contact any member of the Nominating Committee, as this would be construed as electioneering, which is forbidden. Prospective candidates should contact District Governor Elect Jim Crane at <a href="mailto:jpsarchery@gmail.com">jpsarchery@gmail.com</a> or District Governor Nominee Lisa Norwood at <a href="mailto:jpsarchery@gmail.com">jpsarchery@gmail.com</a> with any questions.

Per District 7120 "Policies and Procedures", pgs. 3-4, a Nominee for District Governor must have the following minimum qualifications:

- Served a full term as a club president and been a Rotarian for seven years;
- Be physically fit and able to withstand three rigorous years plus a fourth year as Immediate Past District Governor (IPDG);
- Be willing to devote the required time and be able to perform the required duties as hereinafter set forth:
- Should have at least one year working at the district level in a leadership position;
- Have a good working knowledge of Rotary
- NOT be a member of the sitting Nominating Committee;
- Have the support of his/her club.

Additional information on the roles and responsibilities of District Governor (DG), District Governor-Elect (DGE) and District Governor-Nominee (DGN) can be found on the District 7120 website in the Policies and Procedures document, pgs. 3-5.

The Nominating Committee will review all fully completed applications received by the deadline of October 15, 2024 and select the top three (3) candidates. The Chair of the District Nominating Committee will contact the top three (3) candidates to schedule each for a personal interview with the entire Nominating Committee on October 27, 2024 after the District 7120 Foundation Brunch. The spouse or partner of each candidate is highly encouraged to attend the interview.

#### <u>District 7120 Nominating Committee 2024-2025\*</u>

Dick DuBois (Chair)

Vern Hecker

Wendy Winnett

Chris McDonald

Ann Bastine

Nancy Stelnyk

Bill Gormont PDG

Tom Rogers PDG\*

Mike Slovak PDG\*

Julie Carney IPDG\*

ExOfficio: Dave DeMers, DG, Jim Crane, DGE Observer: Lisa Norwood DGN





#### Rotary District 7120 Governor 2027-2028 Application

This application form must be fully completed by the candidate and approved by his/her Rotary Club BOD, Club President and Club Secretary. Please return via US Post or email to the Nominating Committee Chairperson: Dick DuBois, 157 Sunset Dr., Horseheads, NY 14845 or email to ddubois50@gmail.com This application form must be emailed and/or post- marked on or before **Tuesday**, **October 15**, **2024**.

PERSONAL INFORMATION (Please Pri	nt)	
Name:	Application Date://_	Birth Place:
Address:	Home Phone:	Cell Phone:
Email:	Name of Spouse/Partne	er (If Applicable):
Business/Profession/Occupation:		
Employer (Name, Address, Phone):		
ROTARY INFORMATION (Please Print)		
Home Rotary Club:	Classification:	
Total years as a Rotarian: A	Attendance Record (%) for the last 5 Y	/ears:
Other Rotary Club Memberships and y Kind of Membership (Choose Only One Rotary Service (Indicate year or years :	e): [ ] Active  [ ] Honorary	
President: President-E	lect: Vice President:	Secretary:
Treasurer: Director:	Other:	·····
District Assignments during the past fi	ve years:	
Candidate has attended the following District Assembly:	(Indicate years attended): District Conference:	
International Convention:	Rotary Leadership Institute	:
General Information (Community/Civi	c/Activities):	
*********	*********	******
Candidate Signature:		Date://
Approved by Club President and Secre	etary (Please Print Names)	
Signatures: Club President:	Date://_ Club Secr	retary: Date://_



#### Rotary Friendship Exchange from Sweden, Session One September 25 – 29, 2024

The session started when hosts from five different Rotary Clubs (Bloomfield, Avon, Palmyra-Macedon, Clifton Springs and Wayland) met our guests at the Doubletree Hilton in Henrietta. After a brief get together, we all traveled to the Cobb's Hill Reservoir to get a geographical overview of the Rochester area. A group lunch followed at Tom Wahl's in Canandaigua and then the hosts took their guests to settle in at home.

On Thursday, hosts and guests met at the Seneca Art & Culture Center, at the Ganondagan State Historic Site in Victor, for a museum and longhouse tour with a very informative Docent. After the tour, the group was hosted by the Canandaigua Rotary Club for lunch, which included a presentation about Sweden by the inbound Rotarians.

Following the meeting, the group toured Sonnenberg Gardens & Mansion in Canandaigua. The well experienced tour guide was Barb Howard from Bloomfield Rotary. The day ended with a group dinner at Cheap Charlies Restaurant in Bloomfield, which was also attended by several Bloomfield Rotarians.

Friday's travel included meeting at the Women's Rights National Historic Park in Seneca Falls for a museum tour and presentation by a park Ranger in the historic Wesleyan Chapel. The group then traveled to Three Brothers Winery near Geneva for lunch and wine tasting. The hosts then drove off to take their guests home by various routes.

Saturday's destination was the Naples Grape Festival to meet with members of the Naples Rotary Club, who are Festival co-sponsors. Everyone got the opportunity to sample grape pies and grape related foods. After navigating through huge crowds and stopped traffic, the hosts and guests returned home.

Sunday was host exchange in Canandaigua, where the guests met their new hosts and travelled to the Southern Tier for session 2.



PDG Gun Klevas & partner Goran @ Sonnenberg Gardens

Bob Howard - District 7120 RFE Committee - Session 1 organizer



RFE team visiting Sonnenberg Gardens



RFE Chair Cat Jensen @ Women's Rights National Park

(Continued from page 6)

## Rotary Friendship Exchange with Sweden - Session Two - Southern Tier Sept 29th - Oct 2, 2024

Elmira and Corning Rotarian hosts picked up our inbound RFE Swedish guests at Wegmans in Canandaigua. After a quick stop at the Finger Lakes Welcome Center in Geneva we had a wonderful lunch on the deck at Ginny Lee Café with a beautiful view of Seneca Lake. Following lunch most of our guests hiked parts of the lower gorge at Watkins Glen State Park. Despite a light drizzle the gorge was beautiful and we had a great time. Monday was Corning day. We started with a tour of Corning Museum of Glass with volunteer docents, a pizza lunch on Market St, followed by a tour of the Rockwell Museum of Western Art. As always these two world class museums are a major draw for Corning and the Swedish team very much enjoyed the visits. We had an informal pot luck dinner at the home of Matt and Sue Weibel Monday evening. A taco bar, chili, amazing chocolate mousse, games, singing and plenty to drink made for a spirited and fun evening. Tuesday was Elmira Day where we visited the Mark Study at Elmira College and learned about Mark Twain's connection to Elmira, attended a Rotary Club of Elmira meeting at Tanglewood Nature Center and heard a great presentation about Sweden by Nils Hessel, followed by a great presentation and tour at the John W. Jones Museum in Elmira. Tuesday ended with a farewell dinner at Hill Top Inn overlooking the beautiful Chemung Valley. On Wednesday it was difficult for all our hosts to say goodbye to the Swedish RFE team. We had developed a strong bond with the wonderful guests.



Learning about John W. Jones



RFE team & hosts with Mark Twain @ Elmira College



RFE team presenting at the Elmira Rotary Club



(Continued from page 7)

### Friendship Exchange with Sweden - Session Three October 2 to October 7, 2024

The third and final session began with the Exchange at Sunshine Rotary Camp. Our Swedish guests were able to get a tour of the sunshine camp and see all of the amenities the camp offers.

Later that evening we enjoyed a delicious dinner and music with the Rochester Latino club.

On Thursday, we had a tour of the Churchville Chili School district high school and middle school. The Swedes got to see 1872 café, tour of Susan B. Anthony house and tour of SBA and Frederick Douglas graves. The Rotary club of SW. hosted a delicious dinner that night with the RIT Robotics showing us a robot.

Friday, was a tour of city hall, followed by lunch at the Genesee Brew House. A farewell dinner that night was hosted by the Spencerport Rotary Club at Pineway Ponds Park.

On Saturday we visited Niagara Falls and did an adventure on the Maid of the Mists. WE all got wet, but a fun time had by all.

Sunday with sadness we said goodbye to our Swedish friends.

Submitted by DG Dave DeMers





## Rotary Friendship Exchange

Hosting Rotarians from other countries, learning different cultures, communicating through language barriers, and watching their faces as they enjoy new adventures in the United States...PRICELESS!





Page 9

I recently hosted a couple from Sweden in my home for four days and it was amazing. Not only were Gunilla and Lars lovely people and I enjoyed their company, I am confident we will be friends for life. I miss them already! All this in four days! Thank you, Rotary Friendship Exchange! It's the best program ever invented!

Eleven Rotarians from District 2395 in Southern Sweden arrived September 24th for an awesome holiday. They were picked up from the airport by members of the RFE District planning committee and spent their first evening in the DoubleTree Hotel in Henrietta to rest and unwind from their hours of travel. The next day their hosts met them in the lobby of the hotel, they were presented with "swag bags" packed with small gifts, wine, information regarding the Finger Lakes, itinerary of activities, and a map of New York. After a brief orientation we were off to Cobb's Hill in Rochester for a scenic look at the Rochester skyline. This gave us all an opportunity to make introductions, get to know one another, and realize their English was much better than folks who actually live here! Gunilla explained she began English lessons in fourth grade. Today, Swedish kids begin their language journey in second grade. Surprisingly, Gunilla and Lars spoke at least four languages fluently. So much for Americans with our limited grasp of languages!

With RFE, the point is to travel and experience the itinerary together as a group to learn the cultural aspects of the visitors so much more. We escorted the group to The Seneca Art & Cultural Center at Ganondagan hearing a highly informed docent explain specific details of her heritage. For me, this was a personal favorite. The docent told incredible stories of history and culture of the Indigenous Peoples. I recommend this stop on the local tour if you ever have the opportunity.

Onto the Canandaigua Rotary club for their lunch meeting. The Swedes were the program for that meeting giving an interesting synopsis of their respective clubs, home towns, and lives. Thank you, President Kim Tenreiro. One of our RFE members, Barb Howard from the Bloomfield Club gave us a guided tour of Sonnenberg gardens. Another plus of this hosting experience is visiting overlooked local places.

The visit would not be complete without a trip to Seneca Falls for the historic Women's Rights Park. The Ranger gave a stellar talk of the importance of this place including local figures Elizabeth Cady Stanton, who along with Susan B Anthony, were remarkable gutsy women - considering the times.

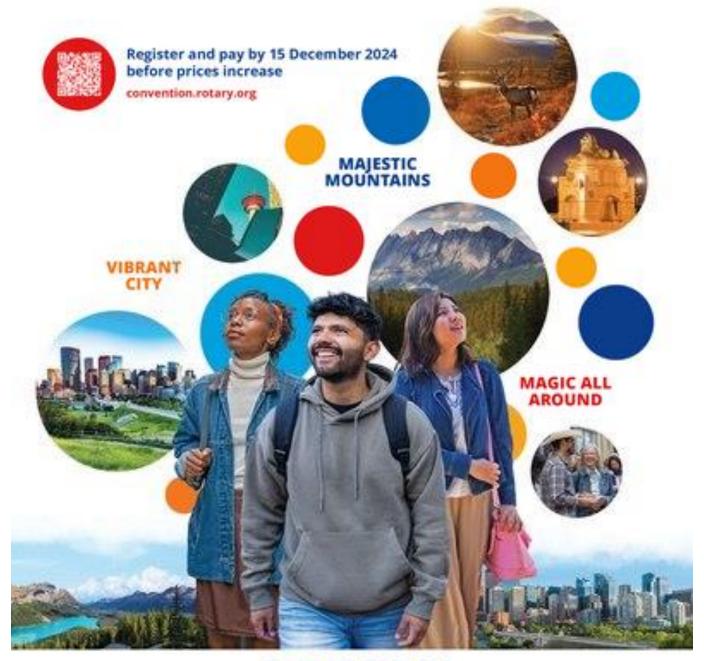
After all the educational activities we made a stop at the "3 Brothers Winery" and Bellhurst Castle to unwind. There's just so much seriousness you need in a day!

Lastly, we visited the Rotary Grape Festival in Naples. Grape pies, grape donuts, grape everything. The Swedes were surprised grapes are used for so many foods other than wine. After a quick four days with the Swedes, we delivered them to Elmira/Watkins Glenn hosts for another few days. Lastly, they finished their trip with Rochester SW, PalMac, Rochester Latino club hosts.

This is the second time this year I've hosted RFE guests and both experiences have been incredible. My suggestion for my fellow Rotarians is to try a hosting experience. It will enhance your life in ways you never imagined.

Submitted by: Cat Jensen Avon Rotary Club RFE District Chair

Gunilla & Lars with Brittany



## ROTARY INTERNATIONAL CONVENTION

21-25 JUNE 2025 • CALGARY, CANADA





## Attention Rotarians of District 7120!

- How would you like to enhance your Rotary knowledge?
  - Hone your leadership skills?
- Enjoy fellowship opportunities as you learn from well-trained facilitators and fellow Rotarians?

## Come and attend Rotary Leadership Institute (RLI)

When: Saturday, October 19, 2024 Where: Victor Junior High School

953 High Street, Victor, NY 14564

Register NOW! ... Click on https://rlinea.org/

Once on the RLI home page, scroll down past the map and click on the appropriate choice.

- If you have attended before? Click on RLI Member.
- New? Click on RLI Guest Registration
- Having difficulty? Click on Request ezLink Registration

## Registration fee is \$70.00/person

to cover a light breakfast, coffee break and lunch.

For class information, the course outlines are attached.

If you have any questions, please contact PDG Norma Madayag-Reilly at 585-451-6822 or madayag.reillyn@frontier.com

> See you at Victor Junior High School! Thank You!

**Course Outlines on next page** 



## 2024-25 ROTARY LEADERSHIP Institute Course Outlines



#### **PART I**

- My Rotary World
- Ethics & Vocational Service
- Foundation I: Our Foundation
- Engaging members
- Creating Service Projects
- My Leadership in Rotary

#### **PART II**

- Rotary Opportunities
- Effective Leadership
- Attracting Members
- Club communication
- Team Building
- Foundation II: Targeted Services

#### **PART III:**

- Strategic
- Foundation III: International Service
- Public Image & Public Relations
- Making A Difference

#### **GRADUATE:**

- Capturing the Value of Our Impact
- Change
- Conflict

## DISTRICT ENVIRONMENTAL ACTION COMMITTEE SEEKING CLUB REPRESENTATIVES

The district's environmental action committee is the newest addition to district organizations. It has been active in fundraising and promoting local environmental initiatives for four years. However, the committee has been a small core group. This year, we have a goal of expanding membership to include representatives from all 62 clubs. We are hoping that, in addition to being on the district committee, they will chair club EACs. We ask that potential members ask the following questions:

Would you like to help the environment?

Would you like to do an environment project but don't know where to start?

Would you like to participate on a committee that is focused on environmental projects?

If the answer is yes: Join the District Environmental Action Team.

We welcome your ideas and we can help with projects.

Please contact Gary Anderson gwa1948@aol.com.



## **WORLD POLIO DAY OCTOBER 24, 2024** PDG DAVID HANNAN

October 24 is the day each year that Rotary International recognizes WORLD POLIO DAY.

The purpose is 3-fold: Learn, Share, and Donate.

Know that Polio is caused by a virus, spreads from person to person, causes paralysis and even death, usually in children under 5 years of age, and is now endemic in only 2 countries, Afghanistan and Pakistan. There is no cure, but two safe and effective vaccines are available to prevent polio.

In 1985, after a successful pilot project in the Philippines, Rotarians decided to "Eradicate Polio from the Face of the Earth." That became our promise to the children of the world. In 1988 there were 350,000 cases of Polio worldwide. For each of the last 4 years less than 100. This is historical! Share this with your family, friends, and community.

I encourage Every Rotarian, Every Year to donate \$25 to The Rotary Foundation PolioPlus Fund. I ask every club to donate \$1500 annually. Be part of history.

When the day comes, and it will, that the world is certified free of Polio, you will never be more proud to be a Rotarian.

I am available to provide club programs on Rotary's PolioPlus Campaign, as well as other programs on The Rotary Foundation.







To:

Club Presidents, Presidents Elect and Presidents Nominee Club Chairs of Membership, Rotary Foundation and Public Image Members who want to help elevate their Club to a higher level Assistant Governors

What: You are invited to attend the Rotary One Summit

When: Saturday, November 9, 2024 9:00 AM to 12:30 PM

Where: Avon High School 245 Clinton Street, Avon, NY

### Why attend?

- ➤ One Summit is a meeting and a learning event where, as club leaders, you will meet your fellow club leaders in the district and share ideas on how to grow your club and make it irresistible and attractive by leveraging on the synergy among the three key elements of Rotary, namely, Membership, Rotary Foundation and Public Image.
- ➤ An opportunity to learn about the Rotary's Action Plan and its four priorities and why it matters to you and your club. How the Action Plan can assist in your efforts to move your club into action (Increase Your Impact, Expand Your Reach, Enhance Participants Engagement, and Increase your Ability to Adapt).

To register: Please register by November 4th to help with planning

- To register P click on this link <a href="https://bit.ly/OneSummit2024">https://bit.ly/OneSummit2024</a> OR
- Call PDG Norma at 585-451-6822 and leave your name and club name, if phone is unattended OR
- Email Norma at Madayag.reillyn@frontier.com. Leave name and club name

If you have any questions, please call or email me.

See you on November 9<sup>th</sup>!

Yours in Rotary Service, PDG Norma





#### **Proposed Rotary One Summit Outline**

## 8:30 AM Check in and fellowship Summit - 9:00 AM - 12:30 PM

#### Outcomes for this One Summit (OS) - Participants will:

- 1. Gain new insights about the irresistibility that comes from Membership & Public Image & The Rotary Foundation working together and Rotary's Action Plan and its priorities.
- 2. Be ready to apply those insights and move your club to action (to increase impact, expand reach, enhance engagement, and increase adaptability).
- 3. Take home an "Action Toolkit" to share with their clubs.

Segment	Tentative Minutes	Notes			
Welcome	10	Greeting & Welcome			
		Overview of the One Summit			
		Session Outcomes			
Setting the Stage	30	Brief review of the activities for the day:			
		Video- RI President Stephanie Urchick Small group Breakout sessions (Rotary's Action Plan and the 4 priorities & Synergy among Membership + Public Image + The Rotary Foundation (M + PI + TRF = Impact) Debriefing (re-group for large group session) Moving to Action – Time to formulate Club Action Plan(s) and develop Action Toolkit.			
Break	10	Transition to Breakout Groups/Rooms			
Sharing Ideas	75 (70 +5 for stretching)	Breakout Sessions – Discussion and sharing Part A – Action Plan and the 4 priorities and how to help club become irresistible  5 minutes- Stretch time Part B – Synergy - Membership, Public Image, Rotary Foundation - growing club tips/techniques			
Break	15	Break & Transition to Big Group			
Debriefing - Sharing Ideas	35	<b>Debrief</b> – back to big group to share ideas from the small group sessions			
Moving to Action	20	Moving to Action Review "Action Toolkit" as Commitments for implementation Q & A			
Closing Comments and announcements & Thank You		Announcements & Thank You: Post Summit follow up in 3 months to see how clubs are progressing with their plan(s) and any resource/assistance needed Second Follow Up – Special Post Summit session at the District Learning Assembly on April 5, 2025 - to celebrate and update Thank you Safe travel home			

**Please note:** This is a proposed Outline. There may be slight changes as the Committee continues to meet and finalize plans. The Committee sincerely hopes that you and/or someone from your club will attend this Summit. We encourage you to send **at least one representative from your club.** 

Thank you, PDG Norma





An exciting opportunity... for building bridges of friendship & enjoying the MAGIC OF ROTARY...

## District 7120 Rotary Friendship Exchange with District 3100 India!

The Rotary Friendship Exchange (RFE) Program is one of Rotary's best kept secrets! For those Rotarians and their partners who have discovered the secret, it has proven to be both a rewarding and worthwhile experience.

The purpose of the RFE is to build friendship and understanding by promoting reciprocal visits between Rotarians in different countries. Although the primary purpose is to learn about another culture and build goodwill among Rotarians around the world, the RFE also provides Rotarians the opportunity to learn about humanitarian projects and other areas of need in the Rotary districts they visit. The exposure often generates an interest in betting involved in the projects and frequently leads to future assistance and collaborations.

District 3100 is in the western part of the Indian state of **Uttar Pradesh**, which is comprised of three major cities, with 50% of the Rotary clubs located therein: **Moradabad, Meerut and Muzaffarnagar**. District 3100 also includes the city of **Agra**, home to the iconic Taj Mahal; **Delhi**, India's capital territory, and **Jim Corbett National Park**, 201 square miles of hills, riverine belts, marshy depressions, grasslands and a large lake.

A team of six couples or 12 individuals will visit District 3100 **February 20-March 10, 2025**. It is worth noting that all team members are expected to pay their own travel expenses and attraction entrance fees and that all boarding and lodging expenses will be borne by the hosts. Individuals selected to participate on the outbound potion of this exchange will be given first dibs at hosting the inbound team from India April 28-May 9, 2025.

Rotarians seeking an unusual vacation and fellowship experience should seriously consider participating. The application form is available at <a href="https://forms.gle/U8gHh31LNbLzWnJn9">https://forms.gle/U8gHh31LNbLzWnJn9</a> and should be submitted no later than **November 1**, **2024**.

The District 7120 Rotary Friendship Exchange Committee:

Cat Jensen, Chair Linda Ġrovanz Nancy Loughlin
John Brown John & Maureen Hall Scott MacDonell
Dave & Ann DeMers Bob Howard Vivian Ryan
Dick DuBois Jim Hughes Janet Tenreiro
Bill Gormont Lisa Norwood



## TO: All District 7120 Rotary Club members Dear Rotarian,



You are cordially invited to register for the District Rotary Foundation Brunch to be held on Sunday, October 27, 2024, 11:00am-3:00pm, at the RIT Inn & Conference Center.

## Deadline for registration is Sunday, October 20.

Access the registration site on the District Homepage, https://rotary7120.org or click the link to the district calendar or events. Your guests are welcome!

Please mail your check for \$50 per person, payable to "NEWARK ROTARY FOUNDATION, INC.," to PO Box 374, Newark, NY 14513.

At this event we will celebrate Rotary's International Service.

The keynote speaker is Dr. Ross Boyce, an infectious disease specialist from North Carolina who has worked extensively in Uganda to control malaria.

We will also recognize 2023-2024 Paul Harris Fellows, PHF+'s, and Major Donors.

(The Bills play the late Sunday afternoon game that day!) Dave Hannan, Past District Governor District 7120 Foundation Chair, 2022-2025

cell: 585-721-8819

email: DavidTHannan@icloud.com

## **Strategic Planning Workshop**

The Rotary District 7120 Strategic Direction/Planning Committee assists and guides the development and updating of the strategic direction of the district and its Rotary clubs.

Do you dream of your Rotary Club being known as the premier service organization in your community? Would you like to retain and attract more members to your Rotary club? You can achieve all this and more when you discover the value and importance of an effective Strategic Plan. These concepts have helped many clubs grow membership and become a sought-after leader in their community.

Making a commitment to keep or regain vibrancy within your Rotary Club is the beginning of an attitude mind-shift that will allow your club to transform the results of its efforts from average to EXTRAORDINARY.

A well-designed strategic plan allows the club to more effectively use its budget dollars, member's skills and community resources to make a positive difference locally and internationally. The process sets the stage for continued strategic visioning and organizational growth development.

For more information or to schedule a workshop for your Rotary Club, contact ...

**PDG Bill Gormont** 

PDG Scott MacDonell

## **WORLD MENTAL HEALTH DAY**

### **OCTOBER 10, 2024**

How can I take care of my mental health?

Self-care means taking the time to do things that help you live well and improve both your physical health and mental health. This can help you manage stress, lower your risk of illness, and increase your energy. Even small acts of self-care in your daily life can have a big impact.

Here are some self-care tips:

- Get regular exercise. Just 30 minutes of walking every day can boost your mood and improve your health. Small amounts of exercise add up, so don't be discouraged if you can't do 30 minutes at one time.
- Eat healthy, regular meals and stay hydrated. A balanced diet and plenty
  of water can improve your energy and focus throughout the day. Pay
  attention to your intake of caffeine and alcohol and how they affect your
  mood and well-being—for some, decreasing caffeine and alcohol
  consumption can be helpful.
- Make sleep a priority. Stick to a schedule, and make sure you're getting
  enough sleep. Blue light from devices and screens can make it harder to fall
  asleep, so reduce blue light exposure from your phone or computer before
  bedtime.
- Try a relaxing activity. Explore relaxation or wellness programs or apps,
  which may incorporate meditation, muscle relaxation, or breathing exercises.
   Schedule regular times for these and other healthy activities you enjoy, such as listening to music, reading, spending time in nature, and engaging in low-stress hobbies.
- Set goals and priorities. Decide what must get done now and what can wait.
   Learn to say "no" to new tasks if you start to feel like you're taking on too much. Try to appreciate what you have accomplished at the end of the day.
- **Practice gratitude.** Remind yourself daily of things you are grateful for. Be specific. Write them down or replay them in your mind.
  - Focus on positivity. Identify and challenge your negative and unhelpful
- **Stay connected.** Reach out to friends or family members who can provide emotional support and practical help.

Self-care looks different for everyone, and it is important to find what you need and enjoy. It may take trial and error to discover what works best for you.



## **Create Your Peace Pole Project**

## **Become a Peace Builder** and plant a Peace Pole to inspire peace within and between all people

- 1. Link with a group of people in your community.
- 2. Find a location to put a Peace Pole.
- 3.**Get permission** to plant a Peace pole on the site.
- 4. Decide what to write on each side of the peace pole.

We strongly suggest one side say "May Peace Prevail on Earth" in English. The other three sides may say the same in other languages or be variations on the theme such as "May Peace Prevail in Our Community"

Be sure to include your Rotary Club logo on the Peace Pole.

5. Order your Peace Pole – see the district website for ordering options

Get the QR Code Decal to put on your Peace Pole to link to the world map.

- 6. Enjoy creating a community ceremony to plant your Peace Pole.
- 7.**Invite** children, teens, adults, seniors, Rotary members, other civic groups, schools, and clergy to your Peace Pole dedication ceremony to celebrate peace with you.
- 8. Invite the media to attend to tell the story and take photos.

#### **Peace Pole Ordering**

Peace Poles can be a variety of sizes and materials. Below are a few options for obtaining a Peace Pole for your community.

- A standard peace pole will have graphics on each of the four sides of an 8-foot post. The post and sleeve will be buried in the ground  $\sim 2 \frac{1}{2}$  ft. of post and six inches of sleeve will then be secured with concrete. Another option instead of using cement is to dig a two feet hole and put gravel in the bottom and pack the dirt back in and around it.
- **Option One: Order from the Local Community** using a vinyl sleeve over a pressure treated wooden post *(Estimated cost: \$110)*
- Order a white composite vinyl post sleeve from **Lowe's (Item #1)** and have it sent to **Fuse Graphics in Spencerport** (191 S Union St. Spencerport, NY 14559, Attn: Harry Sotomayor).

Contact fusecreative@gmail.com or phone 585-509-0954 to make arrangements (provide expected delivery date, design and graphics for each side). Estimated cost for printing - \$10/side plus \$10 for the Rotary logo - \$50.

#### **Full Materials List:**

- 1. **Vinyl Post Sleeve (\$26.98):** <a href="https://www.lowes.com/pd/Freedom-4-in-x-4-in-x-8-ft-White-Composite-Deck-post-Sleeve/5015285283">https://www.lowes.com/pd/Freedom-4-in-x-4-in-x-8-ft-White-Composite-Deck-post-Sleeve/5015285283</a>
- 2. Post Cap (\$4.48): https://www.lowes.com/pd/Freedom-Fits-Common-Post-Measurement-4-in-Actual-4-125-in-x-4-125-in-White-Vinyl-Post-Cap/4008751
- 3. **Fence Post (\$16.88):** https://www.lowes.com/pd/Severe-Weather-Common-4-in-x-4-in-x-10-ft-Actual-3-5-in-x-10-ft-2-Treated-Lumber/4222509-
- 4. **Bag of Concrete (\$4.46):** <a href="https://www.lowes.com/pd/Sakrete-High-Strength-60-lb-High-Strength-Concrete-Mix/5015648043">https://www.lowes.com/pd/Sakrete-High-Strength-60-lb-High-Strength-Concrete-Mix/5015648043</a>
- 5. **Peace Pole QR Code (\$10):** Contact Larry Strober at <a href="mailto:lsstrober@gmail.com">lsstrober@gmail.com</a>. Provide the physical location of the pole to be added to the map.

**Option Two**: **Order a Custom Pole** from <u>www.peacepoles.com</u> or <u>rotarypeacepoles</u>.world (*Estimated cost:* \$300 - \$1500)

Submitted by Ann DeMers



#### Diversity, Equity, and Inclusion and National Recovery Month

September is National Recovery Month, and it is a great time to raise awareness about substance use disorders and their impact on us as Rotarians, our families and our communities. Recovery Month is held every September to promote and support evidence-based treatment and recovery practices, recovery communities, and the dedication of services providers and communities that make recovery possible.

**Who's Impacted?** Addiction is a complex issue that affects people from all walks of life. Recovery is a journey that can be influenced by various factors, including cultural background, socioeconomic status, and access to resources. No matter the circumstances, addiction and recovery are not easy and impact more individuals and families than you may realize.

Recent data indicate that 2.8 million (14.3%) of New Yorkers aged 12 years and older had a SUD in the past year. with 47.2% of those admissions being for individuals in Upstate NY. The provisional data indicating that 6,358 New York State residents died of a drug overdose in 2022 and 2,003 died from alcohol-related causes. Additionally, the data shows that the primary substance of concern for individuals seeking treatment continues to be alcohol (46%) with a 5-year review for treatment admissions between 2017 and 2022, the identification of alcohol as a primary substance increased by 21.8% for alcohol and decreased by 24.4% for heroin.

This data is in line with a report from the Centers for Disease Control identifying deaths from excessive alcohol use (high daily average drinking levels defined as > 2 drinks for females and > 4 drinks for males), including both partially and fully attributable conditions, increased 29% from 2016 to 2021, with a sharper increase noted for females at 34.7%<sup>2</sup>.

What's my Role? So what does this mean for you? Well, first you or a loved one may be directly impacted and it's often validating to recognize that you and they are not alone. We have come a long way in destigmatizing addiction and recovery in the past 50 years, but stigma, judgement, and barriers still exist. The more we share our stories, the more our communities and colleagues who may be fortunate enough to not have direct experience are able to put a new face or frame to what addiction and recovery look like in their communities. Further, by embracing DEI principles, Rotary can create a more inclusive and supportive environment for individuals in recovery as it is an opportunity to recognize that while most in stable recovery will not shy away from participation in activities where alcohol is served, ensuring people have options for non-alcoholic beverages and feel comfortable not engaging in alcohol use during events supports the message that people in recovery are welcome and belong in Rotary.

Submitted by Danielle Tilden

#### Citations

1. Addiction Data Bulletin, September 2023. addiction\_data\_bulletin.pdf (ny.gov)

Morbidity and Mortality Weekly Report, February 29,2024. <u>Deaths from Excessive Alcohol Use — United States</u>, 2016–2021 | MMWR (cdc.gov)



## MENTAL HEALTH AND WELLNESS

Make sure that you are checking in with people, especially those we haven't seen in a while. This can make a big difference. Asking, "How are you?" is common, but asking, "How are you really?" shows a deeper level of care and concern, creating a space for genuine conversation.

It's an important practice for maintaining strong relationships, whether in personal life or within ROTARY, where the well-being of participants and community members is key.

If you, yourself are struggling, please find someone to talk to – you are not alone!

Thank you for keeping the conversation open on breaking the stigma! - Julie Carney IPDG









## **Literacy Corner**

RC Blacksburg VA developed a project they called "Giving Hope Through Literacy". It centers on offering support for beginning and struggling readers in one of their elementary schools and recognizes and reflects the passion of their District Governor, a former librarian. A team of Rotarians work with first and second grade readers from a local school that has been identified as a school in need of support. The Rotarians attend for at least one a day a week for six weeks in both the fall and the spring term. They work in the same classroom each time, listening to children practice their reading skills, helping to develop their abilities and confidence. Rotarians are given instructions in how best to help beginning readers so there is consistency between what the teacher does and how the Rotarian helps the children. Additionally, the club purchases books and support materials identified by the Reading Specialists and the principal for use in classrooms from Kindergarten to Grade 3. All materials are marked with the Rotary Wheel.

Submitted by Mary Merritt

**District Literacy Committee** 





## Criteria for the 2024-2025 Literacy Recognition

Theme: Helping Adults to Teach Other Adults

#### **Must Complete 5 Different Projects to Qualify**

#### **General Ideas and Suggestions:**

- 1. Attend the Seminar in September
- 2. Show how your club observed Literacy Month in September; March is National Reading Month
- 3. Make Treasure Boxes, make a "Free Little Library"
- 4. Place books in a Food Cupboard, Community Center, Laundromat or Homeless Shelter
- 5. Award Scholarships
- 6. Give large print books and/or activity books to Senior Centers or Nursing Homes
- 7. Give to Books of the World
- 8. Provide School Supplies, Books and Snacks (Back Pack Program)
- 9. Read to children at a school or library
- 10. Consult best seller lists/NYT, Barnes & Noble, Washington Post, Book Page, etc.

11.	Any other project	s or events t	that your cl	ub accomp	lished or p	articipated	l in.	
me of C	Club							
	erson w/email							

Form must be submitted by March 31, 2025.

**Send to:** JoAnn Terry, 100 McAuley Drive, Apt. 150, Rochester. NY 14610,

or email to JoAnn @ joannterry7@gmail.com

Please use the back of this form if you need more room







ROTARY 201: OCTOBER ZOOM Link: Rotary 201

October 24: Sign in 7:50, Start 8:00 PM EDT ROTARY Magazine: The Lombardi Award (Houston RC)
•Rhonda Kerby, PDG (D-5890) 2025 Co-Chair ECONOMIC AND COMMUNITY DEVELOPMENT
•Ray Defendorf, Corning Rotary:
Rotary Foundation project in Uganda





November 21: Rotary Foundation month
• Dave Hannan, PDG
ROTARY Magazine: tba

December 19: Disease Prevention/Treatment ROTARY Magazine: tba

**FACULTY**: members of any age or district experience who have a special interest in discussing the lead article in that month's **ROTARY** magazine or **Rotary's** monthly theme.

Have an idea or suggestion: Jack Best, Dean Rotary 201 Phone/text: 585-261-0073

Email: jackbest@rochester.rr.com









# Oratorical/Music Competition

2024-2025

- Featuring classical music, music theatre and public speaking
   Open to all high school juniors
- \$10,000 Scholarships and cash awards Sponsored by Rotary District 7120 In collaboration with twelve Finger Lakes Universities

## **Deadline** for applications, fees: January 15, Oratorical; January 24, Vocal

Specific details and deadlines at <a href="https://www.Rotary7120.org">www.Rotary7120.org</a>

Don Collins
Oratorical Competition Chair
collinsdonf@gmail.com

c/t: 585-704-9415

Jack Best, PRID
Vocal Competition Chair
jackbest@rochester.rr.com

c/t: 585-261-0073

As the chair of Rotary New Generations Service Exchange (NGSE), here's an overview of the program and the various ways to participate:

#### Overview of NGSE Program

The Rotary New Generations Service Exchange (NGSE) program offers young adults between the ages of 19 and 30 the opportunity to engage in international cultural and professional exchanges. Each applicant is usually available for 2-3 months. The program fosters international understanding, professional development, and cultural immersion.



Page 25

#### **Ways to Participate**

#### 1. Be a Host

- Hosting a Participant: Open your home to an NGSE participant, providing them with room and board during their exchange. Hosts play a crucial role in helping participants adapt to the local culture and community.
- o **Cultural Exposure**: Introduce participants to local traditions, cuisine, and social activities, ensuring a rich and immersive cultural experience.

#### 2. Offer an Unpaid Internship or Mentoring Opportunity

- Professional Development: Provide NGSE participants with unpaid internships or shadowing
  opportunities in your organization. This allows them to gain valuable professional skills and experience in a
  different cultural context.
- Mentoring: Serve as a mentor to guide and support participants in their career development, offering insights and advice from your professional background.

#### 3. Be an Applicant from District 7120

- Explore the World: If you are from District 7120, you can apply to participate in the NGSE program and travel to various parts of the world. This opportunity allows you to experience new cultures, enhance your professional skills, and contribute to international understanding.
- Application Process: The application process involves completing forms, providing recommendations, and participating in interviews to ensure a good match between participants and hosts.
   email:juliecarney7120@gmail.com if interested.

#### **Benefits of Participation**

#### For Hosts and Mentors:

- o Enrich your life by connecting with young people from different cultural backgrounds.
- o Contribute to the professional and personal growth of future leaders.
- o Enhance your understanding of other cultures and create lifelong international friendships.

#### For Participants:

- o Gain international experience and develop professional skills.
- o Immerse yourself in a new culture, expanding your worldview and understanding.
- Build a global network of contacts and friends through Rotary's extensive network.

#### **Contact and More Information**

If you are interested in participating in any capacity, please reach out to me at <a href="mailto:juliecarney7120@gmail.com">juliecarney7120@gmail.com</a> for more information. Your involvement can make a significant impact on fostering global understanding and professional development.

Currently, I have applications from a young man from Germany who is in law school and would like to learn more about the laws of our country. He would be available from mid-August through October for an 8 week placement. I also have a young woman from Italy who would like to shadow in an American primary school setting. She is looking to be here from mid-October through mid-December. I also have a young woman from India interested in learning more about marketing who will be shadowing Paul Guiglielmo and helping to build a web presence. I am still in need of housing for her. If anyone in the Brighton/Penfield area is interested please let me know.

The District has already completed two exchanges through New Generations. I would like to thank Geneva Rotary/ David Cook for housing and Brian Nault/Professor and Program Leader from the College of Agriculture and Life Sciences at Cornell University for hosting Hugo Yamada from Brazil for three months in 2023. Hugo worked in the entomology department investigating sustainable practices for agriculture.

I would also like to thank Avon Rotary/Kirk and Karen Vanderbilt for housing and the Avon Central School District for hosting Isabelle Bonafe from Brazil who shadowed the Counseling and Mental Health teams to learn more about the benefits of preventative care. She was here from January-April 2023.

By mentoring an NGSE participant, you will have the opportunity to benefit from their enthusiasm and fresh ideas while contributing to their professional development and cultural understanding.

Thank you for considering this request. Your support will make a significant difference in the lives of young professionals and help foster international understanding and cooperation.

Julie Carney NGSE Program Chair



## INFECTIOUS DISEASE UPDATE: September 10, 2024 COVID-19, INFLUENZA, RSV, and POLIO by PDG DAVID HANNAN

IT'S TIME TO GET YOUR UPDATED 2024-2025 COVID-19 and INFLUENZA VACCINES, EVEN IF YOU WERE PREVIOUSLY VACCINATED and EVEN IF YOU WERE PREVIOUSLY SICK WITH THESE VIRUSES! THEY CAN BE GIVEN SIMULTANEOUSLY.



RSV does NOT need a second vaccine.

#### **Core Prevention Strategies**

<u>CDC recommends</u> that all people use core prevention strategies to protect themselves and others from **COVID-19**:

- Stay up to date with <u>COVID-19 vaccines</u>.
- Although vaccinated people sometimes get infected with the virus that causes COVID-19, staying up
  to date on COVID-19 vaccines significantly lowers the risk of getting very sick, being hospitalized, or
  dying from COVID-19.
- Practice good hygiene (practices that improve cleanliness)
- Take steps for cleaner air

#### When you are sick:

- Use <u>precautions to prevent spread</u>, including staying home and away from others (including people you live with who are not sick) if you have respiratory symptoms.
- Learn when you can go back to your normal activities.

Seek health care promptly for <u>testing</u> and/or <u>treatment</u> if you have <u>risk factors for severe illness</u>. Treatment may help lower your risk of severe illness, but it needs to be started within a few days of when your symptoms begin. **Order your free COVID-19 tests at the end of September.** 

U.S. households will be eligible to order 4 free COVID-19 tests at COVIDTests.gov. The COVID-19 tests will detect current COVID-19 variants and can be used through the end of the year. Visit COVIDTests.gov

#### **Additional Prevention Strategies**

In addition, there are other prevention strategies that you can choose to further protect yourself and others.

Wearing a mask and putting distance between yourself and others can help lower the risk of COVID-19 transmission.

Testing for COVID-19 can help you decide what to do next, like getting treatment to reduce your risk of severe illness and taking steps to lower your chances of spreading COVID-19 to others.

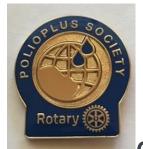
#### What to watch out for

Using these prevention strategies can be especially helpful when:

- Respiratory viruses, such as COVID-19, flu, and RSV, are causing a lot of illness in your community
- You or those around you have <u>risk factors</u> for severe illness
- You or those around you were recently exposed to a respiratory virus, are sick, or are recovering

#### POLIO:

- 1. A resident of Rockland County, who had not traveled overseas, contracted Polio in 2022 and the Polio Virus has been detected in sewage samples in Rockland, Orange, Sullivan, and Nassau Counties, and in New York City. Fortunately, there have been no other cases in the US.
- 2. Polio is a paralyzing and potentially deadly disease. The IPV (Salk) Polio Vaccine is safe and effective. It has been used for decades, is required for school entry in NY, and is available to anyone over 2 months old. Protect yourselves and your family. If you had the full Polio Vaccine series as a child, you do not need a booster at this time.
- 3. There were 12 cases of Wild Polio Virus Type 1 worldwide in 2023, 6 in Afghanistan and 6 in Pakistan. To date, there have been 34 cases of WPV1 in 2024, 18 in Afghanistan and 16 in Pakistan.
- 4. There were 517 cases in 26 countries of circulating Vaccine Derived Polio Viruses (cVDPV) worldwide in 2023. To date in 2024, there have been 122 cases in 17 countries of cVDPV. This includes 1 case in the occupied Palestinian territory (Gaza) on July 25, 2024.
- I am available to provide club programs on Rotary's PolioPlus Campaign, as well as other programs on The Rotary Foundation.





### Our wish is to have at least

## one member of the PolioPlus Society from every club.

Rotary has been working to eradicate polio for more than 35 years. Our goal of ridding the world of this disease is closer than ever.

As a founding partner of the <u>Global Polio Eradication Initiative</u>, we've reduced polio cases by 99.9 percent since our first project to vaccinate children in the Philippines in 1979.

Rotary members have contributed more than \$2.1 billion and countless volunteer hours to protect nearly 3 billion children in 122 countries from this paralyzing disease. Rotary's advocacy efforts have played a role in decisions by governments to contribute more than \$10 billion to the effort.

Today, polio remains endemic only in Afghanistan and Pakistan. But it's crucial to continue working to keep other countries polio-free. If all eradication efforts stopped today, within 10 years, polio could paralyze as many as 200,000 children each year.

## By the numbers:

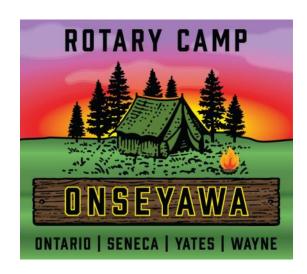
\$3 average cost to fully protect a child against polio 430 million children in total vaccinated in 39 countries in 2017

\$100 million cost to conduct polio surveillance worldwide

District 7120 now has a PolioPlus Society recognized by Rotary International. To become a member, you pledge to donate \$100.00 or more per year until Polio is eradicated in the world. October 24<sup>th</sup> is World Polio Day – please consider participating by making this pledge. The commitment form is below! Remember that every dollar is matched 2 to 1 by the Gates Foundation.











ROTARY CAMP



## The ADVENTURES of Rotary Camp ONSEYAWA!

#### **FALL NEWS 2024**

This camp has been in operation for over 65 years serving youth with physical,





mental, and emotional challenges. On August 11, 71 campers joyfully arrived

at Camp Whitman and nervously anticipated a great camping experience. For most of these kids, they had such a great time that they wanted to stay a second week. That is just what they did. The camp staff rose to the challenge and delivered a memorable summer camp program that will last a lifetime.

The adventure, however, goes far beyond what

happens in camp. Many dedicated Rotarians work all year to recruit and train a camp staff, organize work weekends, complete many capital projects, secure all the necessary legal paperwork and permits, process all accounting regulations, and especially secure the funds to balance the budget. Two vital fundraising events are planned for this purpose to raise \$12,000:

The ANNUAL FALL DINNER is set for November 1, 5:30 PM at Club 86 in Geneva. Cost is \$60 per person and checks may be sent to: Gina Suffredini, 64 Stark Street, Waterloo, NY 13165, payable to Camp Onseyawa or may be giving to your Onsewaya Club Director by October 25th. This year's dinner will be a buffet and will honor camp staff of over 40 years. It will also feature a special camp parent message: "From A Parent's Point of View". There will be a Silent Auction and 50/50 Drawing.

The ANNUAL BIG RAFFLE is off and running. Tickets are out to the 19 Rotary Clubs. This fun raffle will have a number of prizes including a smart TV, Golf packages, Gift Certificates, case of Finger Lakes Wine, etc. Winners will be chosen during the Annual Dinner set for Nov. 1. See your Club Director ASAP for tickets.

The ANNUAL FALL WORK WEEKEND is planned for Saturday, October 19 from 10 AM to 4 PM. Lunch will be provided. RSVP ASAP to Robin Mark 585-370-2389. Many projects are planned so come and enjoy a beautiful fall day. Camp Whitman is located on the West side of Seneca Lake, 150 Whitman Road, Penn Yan, NY 14527.

The GENEROUS SUPPORT from so many people has been heartwarming. On behalf of your board of directors, please know that your donations are always deeply needed and appreciated. I am constantly reminded that Camp Onseyawa is on the mind of so many people who care deeply about it. Recently, a volunteer staff member left us a large donation that expanded our endowment fund and another family gave a major gift to support the budget needs. In 2024, over 125 people and businesses have made donations to support these kids. Gifts large or small can be sent to PO Box 723, Canandaigua, NY 14424

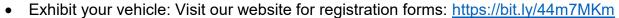
By Victor Arsenault

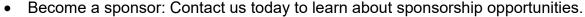
### **Rev Up Your Engines for Camp Haccamo!**

Camp Haccamo's primary fundraiser, its annual car, truck, and cycle show is approaching and the team is looking for **sponsors** and **exhibitors**. Do you have a friend with an awesome car in their garage? Please send them our way! Do you have a friend who works at a dealer or auto repair shop? Please send them our way!

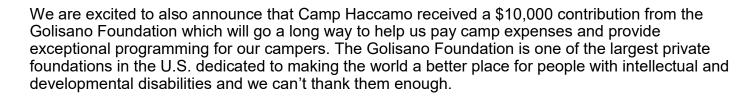
#### Join the Auto Show Fun!

Save the Date: Auto Show, June 7th, 2025, at Greece Ridge Mall





- Spread the word: Share this with your friends, family, and networks!
- Visit our Facebook page: https://www.facebook.com/haccamo/.



"There's a real buzz around Camp Haccamo right now," says Board President Neal Gorman. "We're growing, reaching new people, and making a bigger impact than ever before. We're spreading the word and inviting everyone to be a part of our growing movement. It's an exciting time to be involved with our camp."

#### **Why Camp Haccamo Matters**

For 68 years, Camp Haccamo has been providing life-changing summer camp experiences for children and adults with special needs. We create a safe, fun, and supportive environment where campers can build friendships, develop skills, and make memories that last a lifetime.

And lastly, a very huge thanks to the Rotary clubs that routinely support camp activities. Whether it's through volunteering, hosting meetings, tidying up garden spaces, your generosity is appreciated and makes it possible for us to provide life-changing experiences year after year for our campers and their families.

Thank you for being part of the Camp Haccamo family.

Submitted by Neal Gorman



## **Wolcott Rotary Club**

Wolcott Rotary enjoyed meeting our new foreign exchange student from Argentina, Ariana Ottonello. She is 17 years old with one older and one younger sister. She is already on the varsity volleyball team and especially enjoying her business classes. We enjoyed seeing her positive attitude and are so glad she is enjoying her stay.

Submitted by Barbara Harper





### **Red Creek Rotary Club**

Members of the Red Creek Rotary Club dedicate their completed Porch Project at the American Legion. Great job, Rotarians!
Submitted by Susan Salvaggio



## **Elmira Rotary**

Elmira Rotarians were happy to induct our newest member, Alexis (Lexi) Sinclair at our recent meeting. Lexi is the Assistant Director of the Youth Advocate Programs in Chemung County. At that same meeting we had the added bonus of having District Governor, Dave DeMers as our guest. One of Dave's significant goals for this year is increasing district-wide membership. Adding our New member is one step toward helping meet that goal.



President Katrina Manning and District Governor, Dave DeMers presenting this year's Rotary International theme banner



Sponsor Laurie Liberatore, New Member Lexi Sinclair, Long-time Elmira Rotarian who inducted Lexi, Carol Lincoln

Submitted by Laurie Liberatore

## **Dundee Rotary Presents Check to Dundee Fire Department**



At the regular September 18, 2024, Walt Verdi presented a check from the Club to Ray Miller for \$1,000 for the Dundee Fire Department and Emergency Squad. Walter explained that the Club has been donating to the Fire Department for many years. Ray thanked the Rotary Club for the donation and spoke about the difficulties that volunteer Departments are having recruiting and retaining members, increased requirements from the State, and the escalating cost of equipment making it tough for small departments to replace aging equipment. All these factors make running a volunteer fire and emergency service very difficult.

Submitted by Lauren Snyder



#### **Bath Rotary**

BATH ROTARIANS PLAY IN ROTARY DISTRICT 7120 GOLF TOURNAMENT

On September 6, Bath Rotarians joined other Rotarians from clubs throughout Rotary District 7120 and their family members and/or friends in the Annual Rotary District 7120 Golf Tournament on the greens of the Reservoir Creek Golf Club in Naples, rated one of the top five public courses throughout District 7120. The Bath Rotary would like to thank John French and Jack Fredericks, members of the Naples Rotary Club, for serving as Co-Chairs of this "It's Time to Make Magic" event.

Brandi Graham and Jay Maslyn, members of the Bath Rotary Club, competed in the tournament. Also competing for the local club were Woody Latour, who was officially named a few years ago a Friend of Rotary, and Kellie Okoniewski, a friend of Graham and 7120 Golf Tournament, held September 6th on the greens of the Nancy Latour, who was disappointed that she was unable to participate due to a prescheduled appointment.



The Bath Rotary Club provided a team for the 2024 Rotary District Reservoir Creek Golf Club in Naples. Standing left to right are: Woody Latour, Jay Maslyn, Brandi Graham, and Kellie Okoniewski.

Okoniewski displayed her putting skills by hitting three bottles of wine in the wine putting cotest. She was pleased to pick any bottle of wine she wanted.

Those participating in the tournament enjoyed not only a fun-filled afternoon of golf but also fellowship with other district Rotarians, family members, and friends. In addition to the 18 holes of golf, the participants enjoyed lunch, dinner, prizes, and raffle items, provided by the clubs in District 7120.

"Although the sky became ominous about 5:00 p.m. as the Bath team was finishing, it was otherwise a beautiful day to play golf on such a great course and to compete in a friendly manner with so many other Rotarians," noted Graham.

Written by Elaine Tears Pictures by Brandi Graham



Jay Maslyn, a member of the Bath Rotary Club, competed in the wine putting contest at the recent Rotary District 7120 Golf Tournament.



Brandi Graham, a member of the Bath Rotary Club, carefully drove a Reservoir Creek Club golf cart around the greens at the recent Rotary District 7120 Golf Tournament in Naples.

#### **Dundee Rotarian Receives Paul Harris +6**

Dundee Rotarian, Steve Owens, was presented with his Paul Harris +6 award at the September 18, 2024, meeting by President Alan Giles. Steve is a Past President of the Club. He is also well known for the delicious meals that he prepares for our meetings. Steve is an integral part of many of Dundee Rotary's fundraising and community service projects. Pictured are President Alan Giles (L) and Steve (R).

Submitted by Lauren Snyder



### **Pal-Mac Rotary**

Our club enjoyed an informal occasion on Friday, September 27, at Twisted Rail Brewing Company in Macedon. Members, friends, and family worked hard at directing car-parking (more than 5,00) for the Purple Painted Lady Festival the weekend before. It was time to "let our hair down!" A good time was had by all.

#### Submitted by Jeff Crawford



From left to right, Ted Fessler, Elianna Rouland, Marie Fessler, Bob Sloan (with a thumb up).



From left to right, Bob Yost, Edie Chapman, Deb LeMoyne, Eric Chapman.

## **Webster Rotary**

A number of years ago, the Webster Rotary Club was awarded a District Simplified Grant that helped improve and restore the Webster Rotary Grove at the Webster Arboretum. As a part of that effort, the club wanted a new way to memorialize the past Rotarians that donated their time, talents, and treasures to the Webster community and the global community at large. Out of that effort, the Webster Rotary Club is proud to share the new pathway that leads visitors into Webster Grove with the engraved names of the past Webster Rotarians who reflected and exhibited Service Above Self! A formal ceremony will take place in 2025 to dedicate the walkway and remember those we have lost.

Joseph Corona







### **Pal-Mac Rotary**

Our evening meeting on Wednesday, October 11, included an excellent presentation by Ashley Hendershot, RN-NP, from the Wilmot Cancer Center in Webster. She unpacked the benefits of genetic testing for cancer, emphasizing the preventative nature of knowing the risk of cancer in both hereditary and familial situations.

Club President, Marie Fessler, presented Ashley with a gift mug.

Submitted by Jeff Crawford



### **Geneva Rotary**

Since the Geneva Rotary Club's annual golf tournament was on Friday the 13th this year, the club took the opportunity to add some spooky touches, including President "Jason" Haag in a "Jason" mask made famous in the Friday the 13th movie series and a putting contest through black cats.









### **Newark Rotary Club**

The Newark Rotary Club recently hosted its annual Newark Rotary Family Fest, a fun-filled event that brought families in the community together. With various activities, including a bounce house, magician, yard games, live music, food vendors, craft vendors, and silent auction, the festival successfully raised over \$20,000. These funds will support local student scholarships and provide grants to initiatives aimed at strengthening the Newark community. Thanks to the generous participation of attendees and sponsorships from local businesses, the Rotary Fest once again highlighted the power of community and commitment to service.



Submitted by Charles L. Waterman



















PEACEBUILDING AND CONFLICT PREVENTION

DISEASE PREVENTION
AND TREATMENT

WATER, SANITATION, AND HYGIENE

MATERNAL AND CHILD HEALTH

BASIC EDUCATION COMMUN
AND LITERACY DEVE

COMMUNITY ECONOMIC
DEVELOPMENT

ENVIRONMENT

### Victor – Farmington Rotary Club – Hiking in Nepal

Those Rotarians old enough to remember the iconic (1947-1954) radio show "Escape", will recall the opening lines of that show: "Tired of the everyday grind? Ever dream of a life of romantic adventure? Want to get away from it all? We offer you... Escape!"

V-F Rotary club president John Summers, an enthusiastic hiker, and his good friend Lynn Brookes, recently took a page from that chapter and "got away from it all."

In mid-September they boarded an airplane at Rochester International Airport and began a series of connecting flights to Kathmandu, Nepal. In early October, upon their return, John spoke to the club and discussed their trip.



VF Rotary president John Summer

After arriving in Kathmandu, they traveled to Lukala where they joined a hiking group and began a sixty-eight-mile hike to the Mount Everest base camp. It would take them six days and would involve crossing the rugged terrain of the Himalayas. They would hike through a network of trails, paths, and small villages where all goods are brought in by Yak, donkey horse, or Sherpa.

The weather was good, and they stayed at Tea Houses that provided a bed, dinner, and breakfast before the next day's hike.

Their longest day of hiking - that included crossing many suspension bridges. - covered eighteen miles. They were at 17,500 feet at base camp for Mt. Everest. Before them loomed the peak of Mt. Everest at 29,032 feet. The base camp was their original objective, and they had no plans to climb to the peak.

They made the return hike to Lukala enduring a torrential rain that did not subside until they reached the airport. It was the heaviest rain Nepal would experience in fifty years. Creeks flooded the trails and streets. Landslides caused over one hundred deaths, and several avalanches happened during this time. The return hike covered forty-eight miles in three days of pouring rain.

Looking back, John concluded, "It was extremely rewarding. We experienced beautiful scenery and met some wonderful people along the way."



John and Lynne



John in Himalaya's

Submitted by Dave Luitweiler



### **FUN TIMES RETURN FOR THE Honeoye Lake Rotary Club**



As part of our "Adopt a School" program, the HLRC, once again presented our "Gift Book A Month" to each elementary student. September also involves presenting each teacher with a set of ten books for her classroom. This year we are able to invite students from our C.O.R.A.L. to share in the fun as well.

This is a great way to get the kids familiar with Rotary and all we do in the community. It is amazing when we enter the building how many students recognize us and what we do/stand for. Their smiles are amazing and their knowledge of the HLRC grows each year. The fun continues outside of school when we are often recognized in public.

Book selections are varied and we cover all levels so students have a wide choice of books to select from. Many thanks go to Elaine Ackroyd-Kelly and Jeanne Hamele for all they do to order and organize our well-stocked shelves. Once we receive our book orders we take time to stamp them as a gift from our club and prepare them for distribution. Our schedule for distribution times is well set and so those who share in this fun can plan on this monthly activity and can be sure to reserve their time for a fun event. Thanks to our regulars for being there each time. Sandy Hubble, Marilyn Passer, and Linda Zukaitis help the students put their names in their selections and date stamp them so in the future they can recall when and where their got their books. Dave Richardson is our master of ceremonies and can be very entertaining as he preps each class for their selection session.

Submitted by Jeanne Hamele







### **Greece Rotary Club**

The Greece Rotary Club's District Grant in 2024-25 was to supply 250 book bags with 7 components including 2 books, jumbo pencil, sharpener, crayons, journal and alphabet cards.

They will be going to Greece School District Pre-K and Kindergarten students in the language development program, the assembly line team is pictured, Henry Ford would be so Proud!! .

Submitted by Chuck Gannon



### **Rush Henrietta Rotary**

The Rush Henrietta Rotary was out this weekend in force for "Calkins Road Cleanup". The clubs cleans up the section between East Henrietta Rd and West Henrietta Rd 4-times a year.

Submitted by STEVE SYNESAEL



### **Chemung Sunrise Rotary**



Dave Demers

Dave Demers, this year's District Governor visited on September 11th. He stopped by for breakfast to introduce this year's Rotary International theme: the Magic of Rotary. This year Rotary is focused on growing our membership so that we can introduce more to "the Magic of Rotary".

Not only do we as Rotarians work in our local communities, we also work internationally.

Submitted by Sandra Jessup



Dave Demers and Melissa Morse, President

Our Rotary Club fun night of kayaking was cancelled due to the weather and plan B was to gather at the Erin Tavern for burger night on September 25th, Seated from the left are Melissa, President, Kevin Sullivan, Patrick Crouse, Kristie Crossley, Jodi Crouse, Jackie Stevens, Al Preucil, Barb Preucil and Brian McGinley.



### Canandaigua Rotary Inducts New Member

The Canandaigua Rotary Club recently inducted Cat Barnum as a new member. Ms. Barnum is originally from West Irondequoit, but has lived most of her life in Canandaigua, and has two grown children and one in Junior High Dalton. She is in Real Estate and working on a project called Cat's Blossom and Blooms that is geared toward landscaping and scheduled to open in 2025. Cat has as many as eight Rotary American Flags on her Rt. 21 property.

Pictured are Club President Kim Tenreiro, Cat Barnum, Janet Tenreiro, and Mark Sheppard:

Information and photos by: Jack Kellogg





### **Honeoye Lake Rotary**

CVS KIOSK UP AND READY TO USE

As part of working with the town, the HLRC kiosk crew installed the triangular kiosk close to CVS. The pad was laid just over a week ago, the boys spent a few hours putting the kiosk together on Tuesday evening and it was then actually able to stand on its own three legs on Saturday, September 28<sup>th</sup>. This was funded by a District 7120 grant as well as funding from the HLRC.

Thanks to Gary Hubble, Dave Richardson, Dick Hamele, Andy Evenski and Daryl Marshall, our town has one more place where news and information can be shared with town residents as well as visitors and newcomers. The kiosk area is now all sealed and ready to do its work.

Submitted by Jeanne Hamele



INSTALLED KIOSK SEPTEMBER 28, 2024





### **Rochester Deaf Rotary**

Rochester Deaf Rotary Hosts Guest Bartenders' Fundraiser with Success for All!

September 24th- Rochester Deaf Rotary hosted a Guest Bartenders' Fundraiser at MicGinny's on the River, in celebration of Deaf Awareness Week. This event was to raise funds to purchase a memorable bench for our beloved Sara, a devoted member who passed away. Members of Rochester Deaf Rotary became the bartenders, and served drinks to the guests. These guests generously "tipped" the bartenders to help raise the money for the bench. Several Rotary Clubs were represented at this event and we thank everyone very much for coming! Cheers!

Article & Photo submitted by Michele Randall (Rochester Deaf Rotary Club President)



FRONT ROW- Left to Right: Phil Evringham, John Haynes (Rochester Deaf), Judy Bennett (NorthWest), Janet Walker (Rush Henrietta), Michele Randall (Rochester Deaf), Gary Morris (Rochester Deaf), and Karen Beiter (Rochester Deaf)

BACK ROW- Karen Emerson (SouthWest), and Paul Minor (NorthWest)



### Penfield Rotary Club's New Car Magnets are a Hit!

The Penfield Rotary Club is excited to share the latest buzz in our community – our brand-new round Rotary magnets! These stylish magnets are perfect for showing off your Rotary pride on your automobile, and they've already become a big hit among our members.

Not only do these magnets look great, but they also help spread awareness about the incredible work our club does in the community. Whether you're driving around town or on a road trip, you'll be proudly representing the Penfield Rotary Club and our mission to make a difference.



Interested in getting your own Rotary magnet? Join the excitement and message us here. Let's keep the momentum going and show our Rotary spirit wherever we go. Thank you for your support and for being a part of the Penfield Rotary Club family.

### **Euchre Tournament – Register Now**

Our Euchre Tournament is fast approaching on October 19. Registration is open! This tournament will raise funds for local charities the Penfield Club supports.

### There's lots of new energy in Penfield!

Penfield Rotary Club President Lisa Ford recently presented a \$500 sponsorship check to the awesome Penfield High School Robotics team, "511 Rolling Thunder." See photo here. The check presentation took place at the Penfield High School homecoming event attended by a number of our Penfield Club members!

### **Upcoming CLUB Events:**

October 19, 2024: Penfield Rotary Euchre Tournament

November 1, 2024: Penfield Rotary

Apple Picking For Food Pantry Wickham Farms





If you would like to join us in these efforts, or learn more about our other projects, please visit our website <a href="https://penfieldrotary.org/">https://penfieldrotary.org/</a> or Facebook page <a href="https://www.facebook.com/PenfieldRotary">https://www.facebook.com/PenfieldRotary</a>. We welcome new members and supporters who share our vision of service above self. Together, we can make the world a better place!

Thanks for all your help!!
Penfield Rotary Club

Submitted by Neal Gorman



### **Perry Rotary Club**

Perry Rotary's Peace Garden Advances Goodwill and Fosters Peace

Perry Rotarians, plus garden designers and Emerie Mack, daughter of Rotarians Todd and Amy Mack, planted more than 140 tulips on Sat., October 5, 2024 for the new Rotary Peace Garden in downtown Perry. From left in front: Emerie and Amy Mack; in back: Past President Hans Kunze, Linda Doud, Tara Harding, Past President Kim Brown-Webster, Sean Valdes, Trini Kuzmicki, with garden designers Larissa and James Reynolds. Not in picture, Rotary Past President/photographer Eleanor Jacobs, Rotary's Peace Garden point person.

Perry Rotary, through its Peace Garden, is creating an environment where people can find peace and beauty. It will provide a quiet spot near the historic mural that Rotary helped fund. The design includes a walking path and benches among an array of bushes and perennial and annual flowers.

Tulips are a staple of all Peace Gardens across the U.S. and abroad. When in 1991 the Canadian government gifted a tulip garden to the U.S., Peace Garden International formed. Since then, Peace Gardens have been established in five continents, recognizing the importance of promoting peace and goodwill among nations and their people.

The hope is that Perry Rotary's Peace Garden will be a stop on a larger Peace Garden trail. If so, it will encourage visitors to the community. Still, the primary goal is to sup-

port Rotary's missions: to advance goodwill, give back to its community and foster peace. The location within what has long been called Memorial Park also serves as the South Main Street trailhead for Silver Lake Trail, a community project that has received much Rotary support and was also dedicated this year.

Rotary Past President Betty Emerling and her husband, John, donated Dutch tulips as foundation plants for the Peace Garden.

Spring will be all the more beautiful in Perry. Please come sit a spell and enjoy the beauty. – L. Sturm, Perry Rotary Secretary

Lorraine Sturm









### SPENCERPORT ROTARY

First we headed over to the Erie Canal Depot and Museum to gather around the flag, which was donated by the club using a District Grant.



Then we visited Aurora House, a local hospice center, to present \$500 worth of grocery gift cards from our annual Geranium Sale, along with dedicating the flower boxes and benches built by club members as a service project. A big thanks to the building team...Dave DeMers, Stu and Laura McFarland, Cory Grant and Simon Devenish. Submitted by Colleen Farley



Picture L-R Ann Demers, District Governor Dave DeMers, Simon Devenish, Laura and Stu McFarlane, Cory Grant, Kasey Perkins, Aurora House Executive Director, Kos Mihalitsas, Michele Mihalitsas, Kathy Magin, Joe Marasco.



L-R: Ann Demers, District Governor Dave DeMers, Kathy Magin, Anne Forberg, Michele Mihalitsas, Kos Mihalitsas, Mike Zale.

### SPENCERPORT ROTARY

Colleen Farley, Club President and Kathy Magin, President Elect were honored to be chosen as the Grand Marshalls of the Spencerport School's Homecoming Parade. They had a grand time but sorry to realize that the giant mascot "Ranger Bear", who rode with them received more attention than they did!

Submitted by Colleen Farley



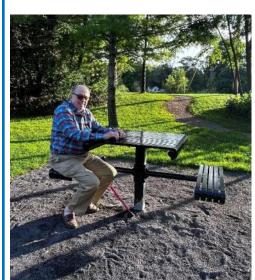




### **Fairport Rotary Club**

Fall is in full gear in Fairport. Club members completed a service project weeding and pruning the butterfly garden at Fairport's Thomas Creek Wetlands Walk. Our club has recently purchased and installed an accessible picnic table at the site, which was a welcome improvement to this hidden gem of a park. Additionally, as part of Fairport's Scarecrow Festival, Rotary members crafted a Rotary-themed scarecrow in their contest. While our submission did not win, we applaud Maureen, Dan, and Becky (pictured below), for their creativity and for not forgetting to promote our upcoming Pasta Dinner (Saturday October 26<sup>th</sup> from 4-7p; tickets can be purchased at FairportRotary.com).

Submitted by Domenick Cecconi









### **Fairport Rotary**

On September 16<sup>th</sup>, Fairport Rotary held the 3<sup>rd</sup> Annual Pete Lovier Memorial Golf Tournament. This year the tournament was held at Sycamore Golf Club where Rotarians and guests enjoyed an amazing afternoon (even with the subpar golf performances). Our winning team consisted of Bob Hartnett, Dave Dosier, Tom Povlock, and Jeff Lovier.

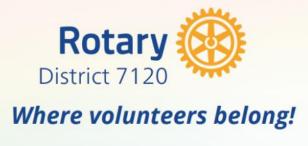
Afterwards players and special guests gathered for fellowship, dinner, and raffles. It was a great day remembering our friend, Pete.

Submitted by Domenick Cecconi











### **Corning Rotarian Wins Award**

The Foundation for Southern Tier Libraries has awarded its inaugural Library Lion Award to **Rotarian Pauline Emery** of the Corning Rotary Club.

The award focuses on the outstanding contributions to public library leadership and advocacy. Pauline has been the face of the Rotary literacy program for years, chairing the literacy committee. She began the club's Rotary Reads program in two of the elementary schools in the Corning School District. This includes participating in the schools' reading open houses, providing weekly classroom readers in several classrooms and providing books monthly through the school year to kindergarten, first and second grade classes.

Pauline received her award from **Past President Dale Wexell** at the Foundation's special "STAND UP! FOR LIBRARIES EVENT" on Saturday September 21<sup>st</sup>. Several Rotarians were present to celebrate this honor with Pauline.

Submitted by Dale Wexell and Jan Harvey



### **Naples Rotary Club**

New Member Kelli Becka was inducted on 9/23/24. John French is her sponsor and was joined by Liz Yee, Jack Fredericks, Rose Hogan and Cindy Scoda for the ceremony. Welcome to Naples NY Rotary Club, Kelli!

Submitted by John French





### **Naples Rotary Club**

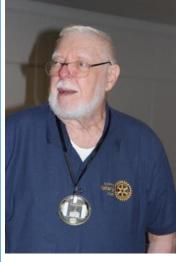
Naples NY Rotary Club once again enjoyed putting on the 63rd Annual Naples Grape Festival over the last weekend of September. While there is no way to accurately measure the tens of thousands of people who came to Naples that weekend to enjoy our time honored tradition of a grape pie contest, great live music, a beverage garden loaded with Finger Lakes wineries, microbreweries and distilleries. This year not even the liquid sunshine so prevalent on Saturday could dampen the fun, folksy vibe of our annual festival. We were fortunate to enjoy having the Rotary Friendship Exchange group from Sweden join us for much of Saturday. Laughter, fellowship, and sharing our community with so many allowed us to make memories galore. Ultimately, we are excited to share the proceeds of this festival equally with the Naples Historical Society.

Submitted by John French









# CORNING ROTARY AND SOROTI CENTRAL CLUBS TEAM UP ON SOYODI GLOBAL GRANT

The Rotary Clubs of Central Soroti (Uganda) and International Sponsor, the Corning Rotary Club, have been awarded the first of three Global Grants to resume the Sewing and Tailoring skills development classes in three villages in Uganda. Spearheaded by Corning Rotarian **Ray Defendorf**, chair of our International Committee, this grant was supported by additional district Rotary clubs: Bath, Gananda, Dansville, Canandaigua, Rochester, Penn Yan, Naples, Clifton Springs, Geneva, Spencerport, Watkins-Montour, Perry, Geneseo, Palmyra-Macedon, Bloomfield, Elmira, Avon, Dundee, Horseheads, and Chemung Sunrise. It is amazing what Rotary accomplishes when we all pitch in!

The Global Grant provides participants with vocational training, business skills, and upon graduation, a Sewing Machine Kit with a treadle sewing machine, fabric, and materials. Select students will receive internships in teaching or sewing machine repair and maintenance. Most graduates will start their own

businesses but some will be employed in a SOYODI microbusiness producing affordable sanitary products for women.

Corning Rotary has supported SOYODI (Soroti Youth Development Initiative) in Uganda with a grant to sponsor a skills development program training about 50 young people (mainly young women) in sewing and tailoring. In 2019, our first SOYODI grant of \$3600, administered in Uganda by the Rotary Club of Soroti Central, purchased ten treadle sewing machines, fabric, sewing materials, a laptop computer, and a video camera. SOYODI acquired the use of a local church hall where the students lived and learned during the three months of classes.





In 2019, the Ugandan government called for the closing of all schools due to the COVID-19 Epidemic. With the pandemic came severe food shortages in the Teso region. So SOYODI turned to the second prong of its vocational education curriculums – Horticulture and Organic Farming. Again with help from Corning Rotary during 2020 – 2022, sustainable community gardens were created in two villages in the Teso district on land donated by local Parish churches. One hundred young people were taught organic farming skills and sustainably raised bountiful vegetable crops during this period. Over 400 family members were fed produce from each garden during two planting seasons annually. These gardens are

still producing two harvests annually.

Watch for future updates on the Second Global Grant in the near future as well as updates from the SOYOTI staff and students.

Submitted by Ray Defendorf and Jan Harvey



### Victor - Farmington Rotary Assists School Workplace Learning Efforts

The V-F Rotary club has been a resource asset and staunch supporter of the Victor Senior High School's Workplace Learning Program. The V-F club was able to assist the program by securing placement for two of the students with workplace opportunities that matched their career goals.

Ryan Gill, a senior in the program, is interested in a career in finance. He was placed into an internship program with Summers Financial Services in Victor, under the guidance of V-F club president John Summers. Ryan reports to the firm on a weekly basis and assists with investment research, client service duties, monitors social media platforms, and is developing an understanding of portfolio management and fee-based practices that service the client's needs.



Student Kendra Santillo and Trooper Adam Latulipe at Troop E Headquarters



L to R – Student Ryan Gill with mentors Louis Giuliano and John Summers at Summers Financial Services

Kendra Santillo, a junior in the program, is interested in a career as a State Trooper. Via the cooperation of NYSP Troop E headquarters in Farmington, Kendra was provided with background information on the duties of a trooper. She had an opportunity to shadow a trooper on a road patrol shift in Ontario county. She reported, "It was an amazing

experience as I want to be a NYS trooper in the future. I learned valuable information that I did not realize was a part of the job. I also learned how troopers accomplish tasks and what a day in their working life looks like. I am grateful that I had the chance to be a part of the job shadow experience."

Sue Utz, Work-Based Learning Coordinator at Victor Senior High School, noted that Kendra's job shadowing experience with the NY State Police provided a valuable opportunity to further explore a career pathway she has always dreamed of pursuing!

Submitted by Dave Luitweiler





# MEMBERS OF DANSVILLE'S ROTARY ARE JOINED BY COMMUNITY HELPERS PREPARING TAKE OUT DINNERS

Nearly 500 chicken and biscuits dinners were served to community members presenting pre-purchased tickets for this annual October event on the 3rd. Kent Rounsville prepared the meal, and Kent is best known in District 7120 for his culinary skills at the Genesee Valley Rotary Camp for special needs children held each year in August.

The Annual Chicken Dinner emerged post-COVID and soon after the NYS Festival of Balloons ended that BUSY Labor Day weekend event. Dansville Rotary depended upon food sales at the Balloon Fest to support its many community service projects. Kent's catered and tasty meals are locally famous, and this project has helped Dansville recover from loss of funds during the pandemic. Perhaps the favorite feature of many of Mr. Kent's dinners is his famous Apple Crisp!

Members of Dansville Rotary Club were assisted by other community members in preparation and packaging. The meal was served and boxed and distributed as take outs only. Rotary President Amy Pollard is shown in the yellow t-shirt distributing biscuits at the head of the packaging process.

### Submitted by Teresa Dearing









### **DISTRICT CALENDAR CLUB EVENT SUBMISSION FORM**

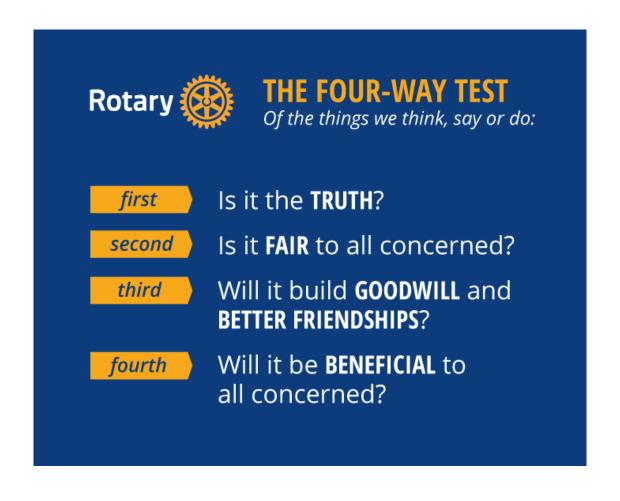
There are two ways to get your club event onto the District Calendar.

1) If your club <u>does not use</u> Club Runner, go to the **District Calendar Submission Page**: <a href="https://rotary7120.org/sitepage/club-calendar-submission-form">https://rotary7120.org/sitepage/club-calendar-submission-form</a>

Complete the Club Calendar Submission Form and click the submit button.

If there are Registration Forms, Image Files, Graphics, or any Other File you wish to make accessible to Rotarians for this event, send them as attachments to: Jim Kozlowski, <u>District Calendar Coordinator</u> at jim.koz65@gmail.com and mention the name and date of your event.

**2)** ) If your club <u>does use</u> Club Runner, go to : <u>https://www.clubrunnersupport.com/kb/articles/how-do-i-create-an-event-in-event-planner</u> And the article will help you create an event.





For more information: https://www.rochesterrotary.org/events/rotary-award-2/



The Rochester Rotary Award is the oldest civic award in Rochester, honoring community members who personify Rotary International's motto, "Service Above Self." It is presented annually to a citizen who has made a significant contribution to the business, professional, cultural or civic life of our community.

The Rochester Rotary Award was first presented to Sol Heumann in 1936. At the time, Rochester Rotary Club was credited with inaugurating the modern custom of formal recognition of those whose contributions to the public have marked them for special distinction and honor. This year marks the 86th presentation of the Award.

Past recipients have included Donald A. Alhart, Constance Mitchell, Dr. Walter Cooper, Nelson B. and Norman Leenhouts, B. Thomas Golisano, R. Carlos Carballada, James B. Isaac, Karen and Andy Gallina, Victor E. Salerno, Paul J. DeCarolis, Dr. Vito C. Quatela, Howard Konar and Elaine Spaull.

Join Us To Celebrate



Justin Vigdor

86TH ROTARY AWARD RECIPIENT

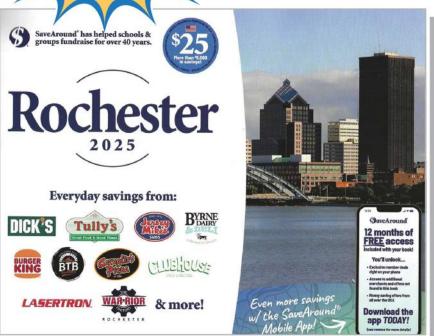
Tuesday, October 15th | George Eastman Museum
5:15 p.m. ~ Registration
5:45 p.m. ~ Program & Award Presentation, Dryden Theatre
6:30-8:00 p.m. ~ Reception Celebration
(Dinner Stations and Open Bar)
RSVP by Monday, October 7th with the enclosed response card or at
www.rochesterrotary.org



# 2025 Rochester SaveAround Coupon Book, for only \$25!







### **Order Yours Today!**

Please help us continue to support the Rochester Deaf Community, and many other worldwide projects, by purchasing the **2025 Rochester SaveAround Coupon Book, for only \$25!** There are many excellent coupons inside featuring restaurants, entertainment, services, recreation, and more!

You can purchase online at <a href="https://www.SAPayNow.com/17252">https://www.SAPayNow.com/17252</a> - Books can be shipped directly to you with no shipping cost (processing fee of 99 cents per book will be charged for online payment). Or hand delivered by RDR members.

Contact: deafrotary@gmail.com to order your books!

You can begin to use your book(s) right away!

THANK YOU FOR YOUR SUPPORT! WAVING HANDS!
Rochester Deaf Rotary Club





**RUNNERS** 

Fri. October 18th 4:30 PM START

**1st Beer On Us** 

**Medals Ceremony • Dry Wick Shirt** 

**BEER LOVERS / RUNNERS** 

**6 Breweries • Live Music • Food Trucks** 



# **REGISTER NOW**

trailmixrun.sunshinecamp.org











### **Chemung County Sunrise Rotary Club**



- \*Food, live music, story telling, pumpkin hunt and a scavenger hunt.
- \*Family activities
- \*Costume contest for kids and adults at 2 PM
- \*Free train rides

8th Annual Pumpkin Express Festival Hosted by the Sullivan Family Saturday, October 26, 2024 12PM - 4PM

61 Old Ithaca Road, Horseheads, NY



Curbside/Takeout Dinner Only

Saturday, October 26, 2024

4:00 - 6:30 p.m.

VFW Post 8495

300 Macedon Center Rd (Rt 31F)

Proceeds to Benefit Fairport Rotary Charities

All Tickets - \$15.00

Tickets available at Fairport LNB Bank and Fairportrotary.com (scan QR code), or contact any Fairport Rotarian to get tickets

ADVANCE SALE ONLY



# Camp Onseyawa

### 2024 Camp Onseyawa Annual Fall Dinner

Friday November 1st, 2024











### Club 86

### 86 Avenue E, Geneva New York

5:30 PM – Hors d'oeuvres & Cash Bar 6:30 PM – Buffet Dinner

This year's dinner will honor staff of over 40 years and will feature Carl Schwartz as our Keynote Speaker

#### "From a Parent's Point of View"

\$60.00 per person – Make checks payable to Camp Onseyawa RSVP & payment due by October 25th

There is a Silent Auction and 50/50 Drawing!
All proceeds from the evening benefits Camp Onseyawa!

Tear on Dotted Line	Complete all Info & Return w/	payment by October 25th
---------------------	-------------------------------	-------------------------

Number attending: \_\_\_\_\_\_
Name(s): \_\_\_\_\_
Payment Amount: \_\_\_\_\_
Cash:

Check #:

Please complete the Reservation Information & Return w/payment to your Club Representative or Mail to: Gina Suffredini

64 Stark Street,

Waterloo NY 13165

### **Wolcott Rotary Raffle**

Wolcott Rotary will be picking the winner for their major fundraiser on November 2nd.

Top prize is \$5000 Second prize is \$1000 Third prize is \$500 Fourth prize is \$250 There are 10 fifth prizes of \$100 each

Cost per ticket is \$100 and includes dinner at the Wolcott Elks Club, 6161 W. Port Bay Rd., Wolcott. Additional attendees pay \$40 for dinner. Cash bar is available.

Social hour begins at 5:30, dinner at 6:30. Need not be present to win.

Silent Auction and 50/50 are also part of the fun.

Submitted by Barbara Harper





Vecember 7, 2024

Trains depart from 1 Railroad Place, (Behind the Public Safety Bldg) at: 10 a.m., 11:30 a.m., 1 p.m., 2:30 p.m\*., & 4 p.m\*.



\$25 Fer Ferson

Lap-sitters under age two ride for free

Food and beverages available for purchase on the train.

Children receive a keepsake ornament, coloring book & crayons, and candy cane.

Donate a new hat or pair of gloves/mittens and receive a free hot cocoa on the train



GENEVAROTARYCLUB.ORG



Or Scan The QR Code With Your Smart Phone To Purchase Tickets

\*2:30 and 4:00 Are Pajama Trains

Proudly Sponsored by:



Finger Lakes

Brenda & Dave Rickey Foundation

Federal Credit Union





People You Know. Service You Trust.



Page 66

### **Bath Rotary Club - Big Game Raffle**

The Bath Rotary Club will participate again this year in a raffle connected to the 59th edition of Pro Football's biggest game to be held on February 9, 2025 at Caesar's Superdome in New Orleans, Louisiana.

The raffle is organized by the Indian Rocks Beach Rotary Club in Florida. The Bath Rotary Club will receive 50% of the gross proceeds from every ticket it sells. These funds will be used to support many local club's projects.

Please find listed below details regarding the raffle prizes:

Grand Prize: 2 tickets to the game, 4 nights' lodging in the New Orleans area, and \$1000 in cash (Option: take a virtual big game package which will be negotiated directly with the winner and the Indian Rocks Beach Rotary Club)

2nd Prize: \$1000 in cash 3rd Prize: \$500 in cash 4th Prize: \$300 in cash 5th Prize: \$200 in cash

Grand Prize Drawing: Sunday, December 8, 2024 at 5:30 p.m. Visit the Indian Rocks Beach Rotary Club's website at www.indianrocksrotary.org for drawing details.

Please find listed below raffle ticket information:

1 ticket: \$5.00 5 tickets: \$20.00

Make checks payable to Bath Rotary Club (Cash is also accepted.).

Mail check or cash to: Elaine Tears, 211 East Washington Street, Bath, NY 14810.

Also send the first and last name of person(s) AND phone number(s) (include area code) which you want printed on the ticket stub(s) to be sent to the Indian Rocks Beach Rotary Club.

As soon as I receive your check or cash and the above-noted information, I will send you your portion(s) of the ticket(s).

Thank you in advance for considering to support the Bath Rotary Club in this fundraiser.

Submitted by Elaine Tears

## **Check the District Calendar** for additions and changes

"Click" on the calendar



### **Upcoming DISTRICT Events**

# Rotary District 7120 Governor 2027-2028 Application

Deadline Tuesday, October 15, 2024.

### **Rotary Leadership Institute**

Saturday October 19, 2024

### **Foundation Brunch**

October 27, 2024

### **District 7120 One Summit**

Saturday, November 9, 2024

### **District Learning Assembly**

Sat April 05, 2025 8:30 a.m. - 12:30 p.m.. Midlakes High School 1554 NY-488 Clifton Springs, NY 14432

### **Upcoming CLUB Events**

### OCTOBER 2024

October 18 Rochester Rotary TrailMix 5K

October 19 Penfield Rotary Euchre Tournament

October 24 Naples Rotary "Meet & Greet" 6 - 8pm

**October 26** Chemung County Sunrise Rotary Pumpkin Express 12 - 4:00pm

October 26 Fairport Rotary Annual Pasta Dinner 4-6:30

### NOVEMBER 2024

November 1 Camp Onseyawa Annual Dinner

November 2 Wolcott Rotary Raffle

**November 9** Rochester Deaf Rotary Dingo Night

#### December 2024

**December 7** Geneva Rotary Santa Train Express

**December 8** Bath Rotary Club - Big Game Raffle



Marilyn Lyon - Newsletter Editor Geneseo, NY 14454

Email - 7120news@rochester.rr.com

The Grapevine deadline is the 10th of every month