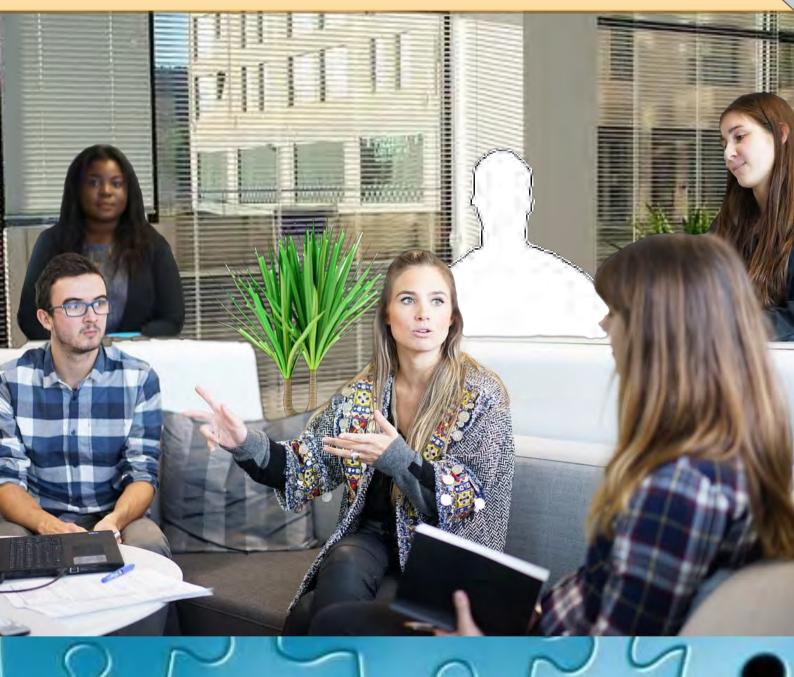
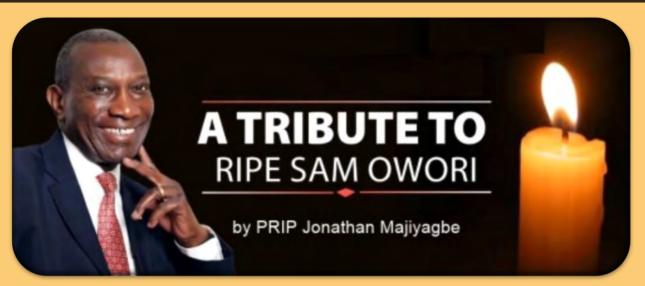


# ROTI BREADBASKET

August 2017



Are you the 7 missing piece 2



When the announcement was made that Sam Frobisher Owori of the Rotary Club of Kampala, Uganda, was the choice of the Nominating Committee for President of Rotary International 2018-19, it was sensational news! It was greeted with rapturous applause, not only because he was a popular choice, but also because it had taken a long time to produce another President from the African continent.

'Small Sam' as he was affectionately called, was the 2nd African to be Rotary International President in the 113 year history of the Organisation. This is why his untimely death has been so painful, and shocking beyond belief, leaving all his many friends and well wishers around the world utterly devastated.

Sam Owori was a man of many parts: a seasoned banker who served in his country, as well as at the African Development Bank in Abidjan. He was also a Law graduate.

Sam was a gentleman of impeccable character, polite, humble and always wearing a winsome smile. He was a good Christian and together with Norah, prayerfully encouraged me during my health challenges.

Our late President-elect had great plans for the future of Rotary in the areas of membership and extension. As a member of the International Polio Plus Committee, Sam was dedicated to the eradication of Polio.

The many tributes that have appeared on social media and the fact that his country is organising a state funeral for him bear testimony to the life of a truly great leader and the esteem in which they hold him.

A part of the "Psalm of Life" by Henry Wadsworth Longfellow best describes Sam and his impact on us.

'Tell me not, in mournful numbers Life is but an empty dream For the soul is dead that slumbers And things are not what the seem

Lives of great men all remind us. We can make our lives sublime And, departing, leave behind us Footprints on the sands of time

Our thoughts and prayers are with his loving wife, Norah and the entire Owori family. May his soul rest in Peace.

Jon Majiyagbe

This Memorial by PRIP Jon Majiyagbe is by invitation for eFlashOnline

## Message from the cair

reetings to All!

Friends, it is sad that we lost our RIPE Sam Owori recently and we thereby lost a great leader. Sam's acceptance speech in the RICON in Atlanta in June left all of us speechless and we all knew that we would have had a great leader in 2018-19. On behalf of ROTI, I extend our heartfelt condolence to Nora and her family and may Sam's soul rest in peace!

Our friend Tom Telfer, ROTI Coordinator for Toronto RICON, has been able to book 40 rooms in Best Western Plus Toronto Airport between June 22-28, 2018 for CAD63.28 per night. I request all our members who are attending RICON in Toronto to stay in this hotel and our friends who are yet to register, please register NOW and please let us stay together to enjoy the wonderful fellowship that we have. We are also going to have the ROTI Party on June 24, 2018 — details of which will be notified by Tom soon. The train fare to and from the Convention Center in downtown would be CAD24 and CAD12 for senior citizens. The Toronto Host Committee is trying to either reduce the train fare or have it waived off like earlier years. We shall know as dates draw near. ROTIan friends are requested not to book the hotel directly as Tom is coordinating with the travel agent. The website is www.bestwestern.com. Please have a look as Trip Advisor has a good review uploaded by various people.

Friends, please contribute towards our BB much more than was being done as BB is ours and our Editor Giovanna McKay has been doing such a wonderful job. She needs all our support and what better ways than contributing towards the BB. We need contribution through articles along with 2-3 photos in JPG format

I wish our members the very best with good health and prosperity at all times

YIR Madu Bishnu Chair 2017-19



Madhumita Bishnu E-club of Melbourne, D9800

# Remembering Sam

The Rotary flags in front of Rotary International World Headquarters in Evanston, Illinois, USA, and Rotary offices around the world fly at half-staff this week as friends and Rotary colleagues mourn President-elect Sam F. Owori, who died on 13 July from complications after surgery.

With an engaging smile and a calming voice, Sam put everyone he talked to at ease, says Hilda Tadria, a member of the Rotary Club of Gaba, Uganda, and a close friend of Sam and his wife, Norah.

"I call it the 'Sam Smile," says Tadria. "It made him very approachable and easy to talk to. I think his smile is one of the things Rotary and his friends will miss most."

Sam, who had been elected to serve as president of Rotary International in 2018-19, would have been the second African Rotary member, and the first Ugandan, to hold that office. He joined Rotary in 1978 and was a member of the Rotary Club of Kampala, Uganda.

"No matter the situation, Sam was always upbeat, always joking around and putting everyone else in a good mood," says Tadria.

One of the admirable things about Sam, Tadria says, was his love and devotion to his wife. They met in primary school in Tororo, Uganda. Sam described Norah Owori as beautiful, well-educated, and full of character.

Sam F. Owori, Rotary's president-elect, was always optimistic and brought an unyielding sense of right and wrong to his work. Owori died 13 July. Photo - Monika Lozinska/Rotary International

"He adored Norah and always put her first." Tadria says. "They were best friends and partners for life. It was very sweet to see them together. They never left each other's side."

Sam was highly respected in Uganda, Tadria says, for his high integrity and consistent ethical standards. Those qualities, she says, are important in a Rotary president. "He was a man everyone could trust."

She adds, "He preferred listening to speaking. It's one reason he was so well-liked."

#### The road to president-elect

Like many members, Sam was invited to Rotary by a persistent friend. "I did not want to go," he cheerfully acknowledged years later. "I had no interest. But I had respect for my friend, so I went. And when I got there, I was in shock. The room was full of people I knew."

The more Sam saw of Rotary's good work, the more enthusiastic he became. He is largely credited with the tremendous increase in clubs in Uganda: from nine in 1988, when he was district governor, to 89 today. His friends called his enthusiasm "the Owori madness" — to which he mildly replied, "If it is madness, I would be glad if more people would catch it."

Sam described himself as "an incorrigible optimist" who chose to see the best side of everyone and the bright side of any situation. Gentle in manner, unfailingly modest, and quick to smile, Sam is remembered as "Smiling Sam," says RI President Ian Riseley.

John Smarge, who was selected by Sam to be his presidential aide, called Sam a "rock star" among Rotary members. "In just the two weeks he was president-elect, you could see how much he was loved," Smarge says.

"The Rotarians in Uganda view him as a national treasure."

Smarge adds, "He spoke with quiet confidence and simple complexity."

Sam brought an unyielding sense of right and wrong to his work as chief executive officer of the Institute of Corporate Governance of Uganda, to his previous work with the African Development Bank and other institutions, and to his work with Rotary.

Sam, who was one of 15 children, attributed his deep ethical sense to his upbringing, and particularly his father, who had been a school principal and then a county chief in Uganda. "He was a very strict disciplinarian," Sam remembered, "and when he became chief, he ran that county like a big school — with a ruler. He insisted that everything was done the right way."

Sam's Rotary career spanned some of Uganda's most difficult years, including the dictatorship of Idi Amin, who was deeply suspicious of Rotary and often sent agents to spy on Rotary meetings. "Sometimes people came as guests, and you wouldn't know exactly where they were coming from or who invited them," Sam said later. "We always welcomed them. We had nothing to hide."

Prominent Ugandan Rotary members, including Sam's own manager at the bank where he worked, were picked off the streets by Amin's forces and killed. Many Rotary clubs closed and most members withdrew: from a high of 220 members, Rotary membership dropped to around 20.

One day, Sam recalled, a member was taken right in front of Sam's club. "We had just finished our meeting and standing in front of the entrance of the hotel. He got picked up right there in front of us. Two guys threw him in the truck of a car and we never saw him again." Undeterred, Sam was back at his meeting the next week.



An avid learner, Sam held a graduate degree in labor law from the University of Leicester, England; a business management degree from California Coast University; and a management graduate degree from Harvard Business School.

He served Rotary in many capacities, including RI director, trustee of The Rotary Foundation, regional Rotary Foundation coordinator, regional RI membership coordinator, and RI representative to the United Nations Environment Program and UN-Habitat. He was a member or chair of several committees, including the International PolioPlus Committee, the Drug Abuse Prevention Task Force, and the Audit Committee.

Sam and Norah became Paul Harris Fellows, Major Donors, and Benefactors of The Rotary Foundation.

Sam is survived by his wife, Norah; three sons, Adrin Stephen, Bonny Patrick, and Daniel Timothy; and grandchildren Kaitlyn, Sam, and Adam. Condolences can be addressed to Mrs. Norah Agnes Owori, c/o Institute of Corporate Governance of Uganda, Crusader House, Plot 3 Portal Avenue, Kampala, Uganda or via sam.owori@rotary.org.

Memorial contributions in honor of Sam can be directed to the Sam F. Owori Memorial to Polio.

Rotary's 2017-18 nominating committee will select a new president-elect, in addition to the president-nominee, during its scheduled meeting in early August.

- Ryan Hyland and Abby Breitstein in www.rotary.org

## THE CHANGING FACE OF ROTARY – WORLD'S YOUNGEST ROTARY PRESIDENT?



The person thought to be the world's youngest Rotary club President may well have taken the reins at Manchester's newest club

Manchester Trailblazers Rotary Club is certainly living up to its name having recently named 22-year-old Martin Judd as their new President for the year.

He is also among the youngest in Rotary's 112-year international history, and for Martin, having the chance to lead the way is something he is relishing.

"Rotary is often thought of as a club for older men but this is just not true," Martin explained. "The idea of breaking the mould and helping to change the image appeals to me a lot."

That goes for Martin's 18-year old girlfriend Nicole Harris too. She is the newest Trailblazers recruit, along with becoming the youngest female Rotarian among the Great Britain and Ireland's 47,500 members. "Age has become a big issue in Rotary," Martin added, "the pressure is on to generate the next generation who can take our international network into the future. Without younger members the proud history of this great humanitarian voluntary organisation could grind to a halt."

Martin, son of a racehorse trainer, was born in Tokoroa on North Island, New Zealand, but moved to the UK in 2012.

It was in New Zealand that he became interested in Rotary when school friends joined a sponsored youth exchange group to Brazil. So, in 2014, he joined the newly formed Manchester Trailblazers and was elected President Nominee within a year.

Martin currently lives in Oldham, works in customer services at Manchester Piccadilly's Waitrose branch and is studying for an Open University degree in economics and mathematical sciences.

His targets for the club during his presidential year are to raise membership, boost the charity fundraising programme and launch his own personal education and literacy projects.

Want to get involved in your community? Get in touch today.

Published: Monday 17th July 2017 <a href="https://www.rotarygbi.org/youngest-rotary-president/">https://www.rotarygbi.org/youngest-rotary-president/</a>



# Retention of Members in a Rotary Club©

by Ron Nethercutt RC Mabalacat, D3790 The Philippines

ow can you retain members in your Rotary Club? Why not compare your club to a business. Ask yourself, "why do people continue to shop or go to a particular store?" Do you have good merchandise, reasonable prices, and friendly sales people?

Compare your club to a restaurant. Do you serve what the customers want? Is the atmosphere appropriate? Is the menu variable, or do they serve the same thing all the time? Do you feel comfortable with the other customers? Does the management listen to your concerns? Would you go back there to eat?

Those of you in business realize that a satisfied customer is better advertisement than any radio, TV, or printed ad. Should not the same ideas pertain to your Rotary Club?

Now think about your club with the same questions?

Is your 'menu' or agenda, the same at every meeting, or do you add other items to serve a wide audience? Do members leave the meeting satisfied with what they were served in your agenda? Do they leave the meeting knowing something they didn't know when they came? Do they appear inspired or bored during the meeting?

You might ask members why they stay in the club? Why would they leave? Have your members visited another club? What did they Enjoy? What did they not like? Don't ask them to name the club, just tell the club about ideas that your club might use. When I was AG in my former district in the USA, I gave an award to each club that sent a car of four members to visit the other nine clubs in our cluster. Their sharing what they learned upon returning proved 'beneficial to all.'

Hopefully this sharing may help you retain your members. Just consider them 'customers' and remember they are volunteers, not employees. Your members can either continue to 'shop' at your club or take their business elsewhere.

Business people realize that retention of customers is easier and cheaper than developing new customers. In a similar manner, Rotary Clubs need to place as much emphasis on retaining members as they do on recruiting new members. It is the retention of experienced Rotarians that allow your club to better serve the needs of your community.

#### SUSTAINABILITY HAPPENS WHEN YOU LEARN WHAT REALLY MATTERS

#### Why good intentions aren't enough

Rotary member and author Marilyn Fitzgerald stresses the importance of community involvement for sustainable service projects.

#### By Sallyann Price

otary members, volunteers, and donors are usually excited to talk about successful projects. Marilyn Fitzgerald, a member of the Rotary Club of Traverse City, Michigan, USA, draws inspiration from a far less popular topic: failure.

A clinical psychologist and author, Fitzgerald has spent years studying economic development projects in poor countries, where well-intentioned efforts to improve lives sometimes backfire. Now she travels the world to consult on projects and speak to Rotary clubs about sustainability and lessons from her fieldwork. We caught up with her at One Rotary Center, where she had addressed Rotary staff.

#### Q: How did you come to focus on sustainability in projects?

A: Looking back on international projects I've been involved with, I realized that they often created a dependency on the Rotarians, outsiders coming into a community with money and good intentions. I asked myself why projects no longer existed, why the people we wanted to help weren't carrying on like we planned. I started to realize that those people were not included in project planning, and that's not sustainable.

What does it take for people to sustain a project themselves, and go on without our help? It's about getting away from the charity model, where we give things away, and getting into the opportunity model, where we empower people to carve their own paths out of poverty.

#### Q: How does that work?

A: I work with microloan programs that provide entrepreneurs with capital to start or invest in a business, and the programs I work with always incorporate an educational component. People sometimes don't know how to count or even the cost of the goods they're selling. They can get themselves into terrible financial trouble.

It's amazing to watch in the field: You teach financial literacy, and the people that will listen and learn are the youth and the mothers and grandmothers, the core of the community. In the past we've given loans mostly to men and learned when we give a loan to a man, he gets some money, develops a business, and often leaves his family. Women tend to take better care of the money and share their skills with the community.

It's about getting away from the charity model, where we give things away, and getting into the opportunity model, where we empower people to carve their own paths out of poverty.

Does what you're offering matter to them? If not, you have to go back to the drawing board and come up with something that will matter.

### Q: How do we define sustainability with respect to humanitarian work?

A: There are two main areas of humanitarian aid. One is relief aid, and we don't expect for that to be sustainable; we expect to take people out of dire straits and help them get back on their feet. Development aid has to do with people being able to do something for themselves, so they're not dependent on us. It's a simple litmus test: What will happen to these people if you walk away today? I was involved in a scholarship program in Indonesia where I was raising \$72,000 a year for 1,200 kids to go to school. I didn't think too much about what would happen if I didn't show up [with the money] one year, because I planned to keep showing up. You know who thought about it?

The mothers and the children — every year they worried if I was going to be there or not. That wasn't a sustainable source of income for tuition and we had to change our approach. Income from livestock eventually helped that community become more self-sufficient.

## Q: What steps can Rotary clubs take to make their projects more sustainable?

A: The first step is to involve the community you want to help; talk to the people who live there about their priorities.

In Guatemala, I worked with women who lived and worked on a city dump. A group of Rotarians came in with the goal of providing shelter for these women and their children. But the houses they built were four miles from the dump, and it wasn't practical for the women to stay there during the workweek.

One woman later told me she had never asked for a house, that she was used to living outside, and what she really wanted was an education for her children. Do you know how much cheaper that would have been than building houses?

As Westerners, we often think we know the answers, we know people need clean water. What we forget to ask is whether they think they need clean water. Does what you're offering matter to them? If not, you have to go back to the drawing board and come up with something that will matter.

# CHINESE SCIENTISTS JUST TELEPORTED AN OBJECT INTO EARTH'S ORBIT FOR THE FIRST TIME

https://uk.news.yahoo.com/chinese-just-teleported-object-earth-225500655.html?.tsrc=daily\_mail&uh\_test=1\_06

Business Insider UK12 July 2017

Not long ago, in the early 1990s, scientists only speculated that teleportation using quantum physics could be possible.

Since then, the process has become a standard operation in quantum optics labs around the world. In fact, just last year, two separate teams conducted the <u>world's first quantum teleportation outside of a laboratory</u>.

Now, researchers in China have taken the process a *few* steps further: they <u>successfully teleported a photon</u> from Earth to a satellite orbiting more than 500 km (311 mi) away.

The satellite, called Micius, is a <u>highly sensitive</u> photo receiver capable of detecting the quantum

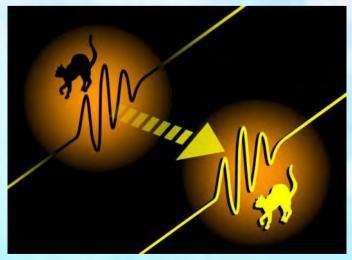


Earth (Shutterstock)

states of single photons fired from the ground. Micius was launched to allow scientists to test various technological building blocks for quantum feats including entanglement, cryptography, and teleportation.

This teleportation feat was announced as one of the first results of these experiments. Not only did the team teleport the first object ever from the ground to orbit, they also created the first satellite-to-ground quantum network, smashing the record for the longest distance for which entanglement has been measured.

"Long-distance teleportation has been recognized as a fundamental element in protocols such as large-scale quantum networks and distributed quantum computation," says the Chinese team to <u>MIT Technology Review.</u> "Previous teleportation experiments between distant locations were limited to a distance on the order of 100 kilometers, due to photon loss in optical fibers or terrestrial free-space channels."



quantum teleportation (Science/AAAS)

#### **Defining teleportation**

What comes to mind when you think of teleportation?

Your brain might conjure images of Scotty beaming up the Enterprise crew in Star Trek, but it's actually quite a different process than sci-fi films present.

Quantum teleportation relies on quantum entanglement — a situation where one set of quantum objects (such as photons) form at the same instant and point in space. In this way, they

share the same existence. This shared existence continues even when the photons are separated – meaning a measurement on one immediately influences the state of the other, regardless of the distance between them.

This link can be used to transmit quantum information by "downloading" the information associated with one photon over an entangled link to another photon. This second photon takes on the identity of the first.

Voilà. Teleportation.

In this particular instance, the Chinese team created entangled pairs of photons on the ground at a rate of about 4,000 per second.

They then beamed one of these photons to the satellite, and kept the other photon on the ground. Finally, they measured the photons on the ground and in orbit to confirm that entanglement was taking place.

It's worth noting that there are some limits to this technology. Transporting anything large, for instance, is a ways off.

In theory, there's also no maximum transportation distance, but entanglement is fragile, and the links can easily be broken.

Despite these limits, this research paves the way for even more ambitious studies of quantum teleportation. "This work establishes the first ground-to-satellite up-link for faithful and ultra-long-distance quantum teleportation, an essential step toward global-scale quantum internet," says the team.





#### How to Host Your Own World Polio Day Event

This year's World Polio Day celebration will take place in Seattle, Washington, on the campus of The Bill & Melinda Gates Foundation, on 24 October. The Gates Foundation, one of our partners in the Global Polio Eradication Initiative, will co-host the event which will include a live-stream update with experts and celebrity ambassadors on where we are at in our goal of eradicating polio.

But even if you can't plan a trip to Seattle to be a part of the big day in person, you can help expand our reach and impact by planning a World Polio Day event in your own community.

#### Ideas include:

- Hosting a viewing party for friends and club members to watch the World Polio Day event. <u>Register your event at endpolio.org</u>
- Inviting local media, elected officials, and community leaders to a viewing party to show new audiences and potential members the power of what we can accomplish as an organization.
- Dedicating a club meeting to World Polio Day and update your website with information about the event.
- Organizing a fundraising or community event. Every \$1 you raise for polio is matched 2-to-1 by the Bill & Melinda Gates Foundation.
- <u>Download materials for World Polio Day</u> at endpolio.org, or <u>make a donation now</u> to fund continued immunizations and surveillance efforts.

Rotary continues to take a strong leadership role in the effort to eradicate polio, as was on display recently during the 2017 Rotary Convention in Atlanta, Georgia, USA. Rotary committed to raise another \$50 million each year during the next three years. The Gates Foundation will match those contributions 2 to 1 for up to \$100 million a year. Combined, those contributions will add another \$450 million toward disease surveillance, responses to outbreaks, and continued vaccinations of more than 400 million children annually.

Together, governments and partners pledged more than \$1 billion during the convention, substantially shrinking the gap in funding the Global Polio Eradication Initiative says will be needed to reduce the cases of polio to zero.

Help us build on that momentum. Supporters in 90 countries registered more than 1,400 World Polio Day events in their communities last year. Join us to make this year's event even bigger and better.

http://www.endpolio.org



# POLIO ERADICATION EFFORTS ACKNOWLEDGED BY G20 HEADS OF STATE

Leaders of the Group of Twenty commit to complete polio eradication

At their Summit in Hamburg, Germany, the Heads of State of the Group of Twenty (G20) acknowledged the global effort to eradicate polio and the need to finish the job in their 2017 Summit Statement, committing to "strive to fully eradicate polio".

While the annual summits of the G20 have traditionally focussed on issues of global significance closely linked to economy, trade and finance, this year global health has been added to the agenda for the first time under the German presidency. In May, Ministers of Health from G20 countries issued their first ever declaration on global health, recognising the historic opportunity that the world faces to eradicate polio. The inclusion of health in the Statement of the Heads of State is a further confirmation that health, and the eradication of polio, is a global priority at the highest level. This high level political commitment will be key to success in countries such as Nigeria, Afghanistan and Pakistan, where the wild poliovirus remains endemic, and to ensure that the programme is fully funded to achieve its goals.

The German Chancellor, Angela Merkel, said: "The engagement for strong healthcare systems generates new jobs and employment. People remain in good health for longer. They can participate in the work process more reliably. Investment in healthcare systems also means investment in economic systems and improves the prospects of all countries, particularly the emerging economies and developing countries". The eradication of polio is projected to lead to savings of US\$ 20 – 30 billion by 2035, making it an example of the economic impact that can be achieved through a focus on health.

The polio eradication infrastructure is part of the global effort to improve health systems and the health of the world's population, as it addresses other public health issues over and beyond polio. In May, the World Health Assembly reviewed progress toward polio eradication and adopted a resolution on the polio transition planning process, to ensure the infrastructure established to eradicate polio will continue to benefit broader public health efforts even after the disease has been eradicated.

http://polioeradication.org/news-post/polio-eradication-efforts-acknowledged-by-g20-heads-of-state/

# Toronto House of Friendship Applications Available

The Exhibitor application is now available for the 2018 House of Friendship. You can follow the appropriate link below to the online form. Terms and Conditions can be viewed and downloaded from within the application.



**The deadline for Applications is Friday, 20 October 2017**. Booth awards are scheduled to be sent Monday, 13 November.

We have very limited space in the exhibit hall this year, so please ensure your application is complete, accurate and detailed. Priority will not be awarded solely on first-come first-served basis.

Apply for a **Rotary Club/District Project, Fellowship, or Rotarian Action Group** booth here: <a href="https://rotary.gualtrics.com/ife/form/SV">https://rotary.gualtrics.com/ife/form/SV</a> bNIZnk81cAhBAAB

Apply for **Licensed Vendor** booths here: <a href="https://rotary.qualtrics.com/jfe/form/SV\_0p3BM2q9ueQIUyp">https://rotary.qualtrics.com/jfe/form/SV\_0p3BM2q9ueQIUyp</a>

If you have any questions please contact exhibitor@rotary.org.

We look forward to your applications!

RI Exhibits Team

Courtesy: www.eflashonline.org

### [membership matters]

# Why we changed our meeting



Past President Chris Brand works the webcast computer during a recent meeting.

By Margie Kersey, Rotary Club of Stone Mountain, Georgia, USA

format

I love my club, but I was concerned. When I joined in 2006, there were over 60 members. By July 2016, there were only 43. We were adding new members

every year, but we were losing more. Looking at the average age of my club, I was more worried – over 30 percent of the club was over the age of 70. The future didn't look bright.

My goal as club president in 2016-17 was to make my club stronger. Membership was at the top of my agenda. The board and I identified two major issues: 1. We charged the second highest dues in our district and 2. Many members couldn't make a weekly meeting.

We addressed dues first. We moved our meeting to a church hall and hired a caterer that charges far less than the country club. We presented the plan to our members, who enthusiastically supported reducing our dues from \$800 per person to \$380 annually. Our dues didn't include food or anything else, meals and Foundation donations were on top of this charge!

Dues had gotten out of control because the membership didn't want to conduct fundraisers, so they voted to assess themselves instead. It cost us members – both senior members who were retired and on a fixed income and potential new members who could join "cheaper" clubs within 20 miles of us. We now pay our annual dues in full on 1 July, and our quarterly bill includes the meals we have eaten and other assessments.

That was the easy part.

#### Going hybrid

To address the second problem, we became a hybrid club. Thanks to the Council on Legislation providing more flexibility and removing some of the distinctions between clubs that meet in person and E-clubs that meet online, we became both. We live stream our meeting every week using software. Members can log in to view and hear the

meeting, as well as interact with other members and the speaker.

We purchased the equipment for \$400. It was small and easy to install. The camera fits in the palm of your hand and the microphone sits on top of the slide projector along with the laptop. Most people don't even notice the equipment.

Now, all our members are able to attend a meeting any way they wish. It has resulted in better attendance from our existing members and has generated a lot of excitement with potential new members. We have added six members so far, and we expect our club membership to continue to grow.

Our next step is adding membership types.

Throughout Membership and New Club Development month, we will be featuring blog posts that focus on club flexibility. From a hybrid club to dual membership, these posts feature clubs who have benefited greatly from restructuring or implementing new membership options.



### [bitesize news]

https://rotarynewsonline.org/in-brief-august-2017/



Forest bus

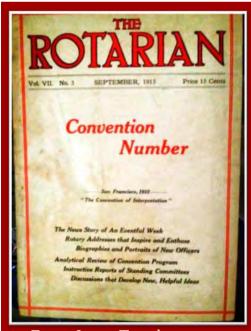
With moss-covered seats surrounded by vibrant flowers wrapped around poles,

Taiwan's 'forest bus' is now charming passengers with a lush green ride. Florist Alfie Lin has decorated an ordinary single -deck city bus with moss, orchids, ginger lilies and a variety of ferns, converting it into a mobile green house. The bus, that targets tourists, will be driving through Taipei with stops at art galleries, temples and a night market, and can carry 20 passengers.



#### Flying suit

Ever fantasised about flying in an Iron Man-style flight suit? Well, British inventor Richard Browning can help your dream come true. He designed a Daedalus-inspired suit and amazed delegates at a recent TED Conference when he lifted off from the Vancouver Harbour. Powered by six gas turbine engines and attached with a helmet and body armour, the suit is capable of flying at 320 kmph at an altitude of a few thousand feet. Browning is eyeing a business opportunity and sees potential for its use in the military, search and rescue work, and theme parks. The suit could cost around \$250,000.



From Jesse Tanchanco —
"Finally found one of my valued
Rotary memorabilia - An
original Sept 1915 (almost 102
years old) issue of the Rotarian
Magazine."



#### Globetrotter dog

Chapati, a stray dog from Kochi, Kerala, once starved and dying on the roadside, now has a passport and is touring the world. Chapati was adopted by a Ukranian couple, and has visited Thailand, Philippines and Nepal till now, apart from covering 5,500 km, touring 10 cities, staying in 13 hotels and travelling in 16 trains within the country. Chapati has been on every mode of transport — buses, trains, planes, cars, rickshaws, ferries, catamarans, and even a motorbike. She has an Instagram account too where she shares photographs of her travel adventures.



Includes Polio

Eradication

Activities

## WEST AFRICA PROJECT FAIR

October 03 - 12, 2017 Accra, Ghana



8 Days • Land Only

\$1,689 Per Person,

Price includes hotel, sightseeing, transfers, meals, Project Fair registration, polio immunization activities, Rotary events, community service/humanitarian programs.

Double Occupancy, Land Only

(Round trip airfare not included.

To be to be offered separately September 2017)

This week-long trip is a hands-on experience in polio eradication, community service, friendships and learning how to support the Rotary projects of West Africa.

We plan to participate in a polio eradication exercise. This day will be a landmark event in your Rotary experience. It also may be your last chance to give two drops of the polio vaccine to a child.

We work at local project sites, supported by local Rotary clubs and the Rotary Foundation, in hands-on community service projects. It will be a day of accomplishment and satisfaction.

We attend The West Africa Project Fair, which showcases Rotary projects from 15 West African nations. It will be a time to learn, experience and see how you and your club can be a part of "Doing Good" in Africa.



#### **Howard Tours**

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#### West Africa Project Fair, Humanitarian and Community Health Program

8 Days – Only \$1,689—Add \$575 for a Single Room Based on Per Person, Double Occupancy • Land Only

#### **Itinerary**

Tue., Oct., 03 - Depart North America

Wed., Oct. 04 - Arrive in Accra: Evening arrival in Accra, Ghana. Hotel transfer provided for group members on specified flights. First-class accommodations at the La-Palm Royal Beach Hotel, which includes daily breakfasts and internet.

**Thu., Oct. 05 – Accra:** Morning tour of Accra, including Independence Square, Christiansborg Castle, Ussher Fort, Franklin House, Jamestown and Kwame Nkrumah Memorial Park. Lunch is provided. Afternoon visit to the U.S. Embassy for a briefing. This evening, we attend a welcome reception/orientation at the hotel. Thereafter, the evening is free for rest and individual enjoyment.

**Fri., Oct. 06 - Polio Immunizations/Community Health Program:** We join with the local Rotarians who will take us into Accra's communities in to distribute polio and Guinea-worm vaccines, etc., it is both an emotional and enlightening experience as you connect with the children of Africa. This evening, the District Governor will host us in special dinner event.



Sat., Oct. 07 - West Africa Project Fair: Today, we attend the Fair and engage with Rotarians from 15 West African nations. Events include the Opening Ceremony, Rotary Foundation seminars to learn how to support and engage club projects. Lunch is provided. This evening, we will be guests in the home of local Rotarians.

**Sun., Oct. 08 - West Africa Project Fair:** We visit the Project Fair booths to learn about the projects of the West African clubs and discover how to join them in addressing their humanitarians needs. Lunch is included. Tonight, we enjoy a special closing dinner and entertainment event.

**Mon., Oct. 09 - Community Service/Humanitarian Day:** We join with local clubs to create friendships and be exposed to the community service and humanitarian programs of the Accra Rotary clubs. We expect to engage in a hands on project with many of the clubs. Lunch provided by local Rotarians.

**Tue., Oct. 10 - Cape Coast/Elmina Slave Castle:** All day sightseeing along the coast of Ghana en route to visit the Cape Coast Castle a UNESCO World Heritage Monument. This castle housed slaves before they boarded ships to new world. A special beachfront lunch provided. Evening free.

Wed., Oct. 11 - Accra/Last Minute Shopping/Depart for Home: This morning, we will provide an opportunity for last minute shopping, rest and free time to connect with the local Rotarians. Evening flight from Accra back to North America.



Thu., Oct. 12. – Arrive in North America.

#### **Howard Tours**

Founded in 1948, Howard Tours has been operating tour programs worldwide for over six decades. Thousands of Rotarians have joined us to participate in polio eradication campaigns, wheelchair deliveries, humanitarian missions, and played a critical role in the creation of the West Africa Project Fair by providing an easy, comprehensive travel program for North American participants. Over 600 people from North America have traveled with us to prior Fairs.

#### **Rotarian Purpose**

The West Africa Project Fair (WAPF) was Rotary's first humanitarian project fair in Africa, and is a part of Rotary's Reach Out to Africa initiative. It was created by Rotarians from 15 West African nations to facilitate partnerships and projects that will make a significant contribution to the needs of this continent.

By joining this program, you will work with the local Rotarians to understand how important Rotary is to their communities. You will also have the opportunity to select and support Rotary Foundation projects during the Fair, engage in field work in the local communities, create strong friendships with the West African Rotarians, and participate in hands-on humanitarian and health related field work.



#### Polio Immunization, Hands-on Work Project, and West Africa Project Fair:

The Ghana National Polio Plus Committee has told us that they will conduct a Sub-National Immunization program in the greater Accra during our stay.

Our members will go into the local communities to give two drops of the polio vaccine to save the lives of the children.

The Ghanaian Rotarians are planning a day of activities in their local communities so that our member will be able to engage in a hands on humanitarian project. Our group will have the chance to visit a number of humanitarian project sites to witness the work of Rotary and The Rotary Foundation. During these activities, you will have extraordinary experiences, develop a unique insight into the life and challenges in Africa, and be in the safety and care of local Rotarians.

#### Passport, Visa and Health Requirements:

All U.S. citizens are required to have a valid passport and Ghana visa. The cost of obtaining your passport, visa and inoculations are not included in the tour price. It is your responsibility to apply and pay for the following items:

U.S. Passport: Must be valid at least six months after your scheduled return to the U.S.

Ghana Visa for all U.S. citizens: An application and information on applying for the visa will be sent to you with your trip confirmation materials. Allow four weeks to process the visa application.

<u>Required Inoculations</u>: The Center for Disease Control (http://www.cdc.gov) states that a yellow fever inoculation is required. They also recommend that U.S. citizens take precautions against malaria and other diseases. Please consult your physician to determine precautions appropriate for you.

**Special Airfare Note:** Tour price does NOT include round trip airfare. This tour is offered to Rotarians throughout the U.S., making it impossible to anticipate and include the necessary flight itineraries in our tour price. In Aug/Sep, after our group has formed, we will offer all North American members the most appropriate flight options. Alternatively, you are free to purchase your round trip airfare or use frequent flyer mileage.





## To Sign Up or for questions please contact:

#### **Howard Tours**

www.HowardTours.net <a href="mailto:lnfo@HowardTours.net">lnfo@HowardTours.net</a>

516 Grand Ave., Oakland CA 94610 Tel: 800-475-2260 510-834-2260







Students at African Dream Academy in Liberia.

On the 1st of July, the African Dream Academy successfully concluded our 2016-17 academic year, our sixth year educating the children of Liberia. Despite lingering effects of the Ebola outbreak (2014-15) in our country and many other poverty-related obstacles, we were able to educate 945 children this year, and provide free health care to 17,000 children under the age of six.

#### This year's graduates.

In 2011, the African Dream Academy began an enrichment class for about 140 students at the fourth grade level. This year, among our 945 students, we graduate 78 kindergartners to first grade, 57 sixth graders to seventh grade, and we are getting ready to add ninth grade for the 2017-18 academic year. It is unbelievable that we have been able to do this with a very small number of people willing to sacrifice to help educate these children, many of whom they do not know or have not met.

Our board member Mr. Moses and his family have provided free health care for children through six years of age at the Childrens Health Center. Through his support, the African Dream Academy established the only free health care for children that age anywhere in our country.

#### Impact of Ebola

We express our sincere thanks and appreciation to our board, partners, and staff. We started the school year with an influx of students due to the Ebola outbreak. Many kids who lost their parents were brought to the school for help, and we took them in for the 2015-16 school year. But that year did not end properly. We were told to close, and later reopened for the 2016-17 year.



This year's graduates.

We went from 500 to 929 students, with a dedicated staff of 74. It's been very busy but rewarding and hopeful. The African Dream Academy continues to bring meaningful changes and hope to hundreds of families. We started a technical school for 1,500 women offering training in various skills including tailoring, cosmetology, catering, hair braiding, interior decoration, working with computers, soap making, Tie-dye coloring, fashion designing, working with beads, slipper making and weaving.

Hundreds of children were able to stay in school for the entire year. They got a quality education, hot meal, bus ride to school, and an environment of love and care. We saw real joy and hope as their lives slowly transformed for the better.

#### Saving lives with free health care

Hundreds of children were brought to our childrens health center at the point of death. Their parents came running to us in tears. They were hopeless and desperate, seeking help from anywhere. Many of them were poor traders or single parents. Hourly, sad stories were turned to celebration, as they left with their children happily playing. What a joy to see children who were at the point of death leave with enough energy to play. Our dedicated staff work daily to make sure we save lives, give hope, and build future leaders for African and the world.

Our success is only possible because of our partners. Words cannot express how grateful we are. Because of you, hundreds of children are not on the streets selling; many young girls are in school, and their future is bright.

**About the author**: Samuel R. Enders is founder and executive director of <u>African Dream Academy</u>. He is a graduate of Anderson University with a BS in Organizational Leadership, and the Anderson University School of Theology with a Masters of Divinity. He is completing his MBA at Walden University, and has served as a minister and youth and community leader.



## Idle Thoughts

I planted some bird seed. A bird came up. Now I don't know what to feed it.

I had amnesia once - or twice.

I went to San Francisco. I found someone's heart. Now what?

Protons have mass? I didn't even know they were Catholic.

All I ask is a chance to prove that money can't make me happy.

If the world were a logical place, men would be the ones who ride side saddle.

What is a "free" gift? Aren't all gifts free?

Someone told me I was gullible and I believed them.

Teach a child to be polite and courteous, and when he grows up, he'll never be able to merge his car onto the freeway.

Experience is the thing you have left when everything else is gone.

One nice thing about egotists: they don't talk about other people.

My weight is perfect for my height - which varies.

I used to be indecisive. Now I'm not sure.

The high cost of living hasn't affected its popularity.

How can there be self-help "groups"?

If swimming is so good for your figure, how do you explain whales?

Show me a man with both feet firmly on the ground, and I'll show you a man who can't get his pants off.

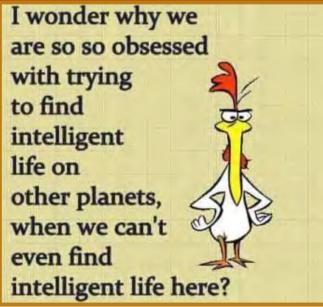
Is it just me - or do buffalo wings really taste like chicken?

\*\*\*\*\*



I MIGHT WAKE UP EARLY
AND GO RUNNING. I ALSO MIGHT
WAKE UP AND WIN THE LOTTERY.
THE ODDS ARE ABOUT THE SAME.





#### WE EACH CAN MAKE A DIFFERENCE

We're being flooded with negativity. Every day, it seems, there's something newly horrific, upsetting, depressing, embarrassing, or just wrong that comes across our news feeds or in our personal communications. I think that's having a deeper impact on our collective well being that most people realize.

I've said for a long time that most news is news precisely because it's unusual. It's the exception, not the rule. And yet, when faced with a constant stream of negativity, it's all too easy to start to feel just the opposite - to "normalize" what we read and hear.

A constant diet of negative news is bad for you. It can "exacerbate" or contribute to the development of stress, anxiety, depression, and even post-traumatic stress disorder (PTSD).

But it's not normal. Not only should we not accept it as normal, we also need to realize that all this negativity that we do hear about is far, far outweighed in everyday life by the average and the good that we don't see. The average and the good that really is normal.

That's why I started supporting HeroicStories many years ago, and took the project on as its publisher in 2014.

Twice weekly original stories remind us that people are good, that individuals and individual action matter.

You can help, too.

- Start sharing some good news with your friends, instead of continually debating the current state of affairs.
- Read something other than news. Perhaps even step away from it for a while.
- Volunteer.
- Don't correct someone who's wrong on the internet. (Bonus points: compliment them instead.)
- Support organizations that make the world a more positive place, by whatever definition you choose. Do so in whatever way you choose. It doesn't have to be financial, though that's often the most effective.
- Support people who need it. Donate to a GoFundMe that comes across your radar, or consider something like micro-lending at Kiva.org.

Basically, use the resources that you have to take action that makes your world, and the world of the people around you, a more positive place.

In our focus on the negative it's simply too easy to lose sight of all that remains good and true and honest around us. The difference we can all make is to notice, and as a result, balance the actions we take so that we're not guilty of simply spreading more negativity.

We can all, in our own small ways, make the world a better place.



#### INTERESTING LAWS

#### Lorenz's Law of Mechanical Repair:

After your hands become coated with grease, your nose will begin to itch.

#### Anthony's Law of the Workshop:

Any tool, when dropped, will roll to the least accessible corner.

#### **Kovac's Conundrum:**

When you dial a wrong number, you never get an engaged tone.

#### Cannon's Karmic Law:

If you tell the boss you were late for work because you had a flat tyre, the next morning you will have a flat tyre.

#### O'brien's Variation Law:

If you change queues, the one you have left will start to move faster than the one you are in now.

#### **Bell's Theorem:**

When the body is immersed in water, the telephone rings.

#### **Ruby's Principle of Close Encounters:**

The probability of meeting someone you know increases when you are with someone you don't want to be seen with.

#### Willoughby's Law:

When you try to prove to someone that a machine won't work, it will.

#### Zadra's Law of Biomechanics:

The severity of the itch is inversely proportional to the reach.

#### **Breda's Rule:**

At any event, the people whose seats are farthest from the aisle arrive last.

#### Owen's Law:

As soon as you sit down to a cup of hot coffee, your boss will ask you to do something which will last until the coffee is cold.

From Ashok R Mirchandani. Hon. Consul Gen. Of India to Benin Chairman ARPPC, NPPC (Rotary)



From Patricia Robertson RC Attadale, D9465 Western Australia

### How did they get there?













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The BREADBASKET is a monthly publication of the Rotarians On The Internet. Please send articles and high resolution photos to giomckay@gmail.com on or before the 10th of each month

# INSPIRATION AROUND EVERY CORNER





From: TELFER

**Date:** 74/4<sup>1</sup>/645<sup>1</sup> 6:76:5<sup>2</sup> AM

To: giomckay@gmail.com

Subject: Menu for Roti dinner in Toronto

#### (\$69.78 tax & gratuity included)

- Spring mix salad with assorted dressings
- Coleslaw salad
- Cold pasta sales with sundried tomatoes, feta cheese, roasted red peppers & zucchini
- Rosemary Roast Beef as jus
- Chicken Supreme in creamy mushroom sauce
- Roasted potatoes
- Steamed vegetables
- Rice pilaf
- Assorted dinner rolls & butter
- Seasonal fruit platters
- Chef's selection of assorted desserts
- Coffee & Tea

Every one flying into Canada must apply online for an Electronic Travel Authorization (eTA)