



## March - Water and Sanitation Month



## **The Object of Rotary**

*re-written for modern members*



**To promote the idea that service is valuable and, in particular, to encourage and foster:**

- 1** The opportunity to build friendships while serving your community
- 2** High ethical standards in business, the value of different occupations and the use of each Rotarian's professional skills in giving back
- 3** Incorporating service into every aspect of a Rotarian's life – personal, business and community
- 4** Increased cultural understanding, goodwill and peace around the world through a unified goal of community service

## **The Four-Way Test**

**Of the things we think, Say or do:**

1. Is it the TRUTH?
2. Is it FAIR to all concerned?
3. Will it build GOODWILL & BETTER FRIENDSHIPS?
4. Will it be BENEFICIAL to all concerned?

## **A Prova Quádrupla**

**Do que pensamos, dizemos ou fazemos:**

1. É a VERDADE?
2. É JUSTO para todos os interessados?
3. Criará boa VONTADE e MELHORES AMIZADES?
4. Será BENÉFICO para todos os interessados?

## **DISTRICT 9400**



Botswana



Mozambique



South Africa



Eswatini

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## President's message

The first object of Rotary is the opportunity to build friendship while serving your community. At the Rotary Club of Pretoria East many service and fellowship opportunities are created to serve our communities. In the Rotary Club of Pretoria East the different personalities and abilities of the various members blend together towards successful meetings, get-togethers, planning of projects and service to the community. The aim is to try and improve the lives of those less privileged than ourselves.

All communities require love, freedom and harmony for a peaceful co-existence even though they might be physically or financially challenged. To establish the meaning of love in life, one needs to experience it or witness another have it. Love brings people together even in tough times. To experience love and acts of sharing and care is an essential tool to every member of the society. We aim to share our love for people in Rotary, our club, our group of friends and especially to those who struggle to make ends meet and are in need of a spark of sunshine and love in their lives.

Rotarians are people who are committed to the community and the various projects where they serve. They tend to express a sense of ownership for what happens in and a sense of belonging to the different communities they are involved in through the projects in which they serve. They demonstrate this by being involved in various ways, but especially through the activities they are serving in as Rotarians. Through service they help to build the communities in their areas of involvement, share knowledge, skills and ideas.

Every Rotarian in the Rotary Club of Pretoria East is involved in different ways in service to various projects in the community. An indication of some areas of involvement is indicated in the various reports of fellowship and service in this newsletter.

Regards in Rotary

President Doulien Knopjes



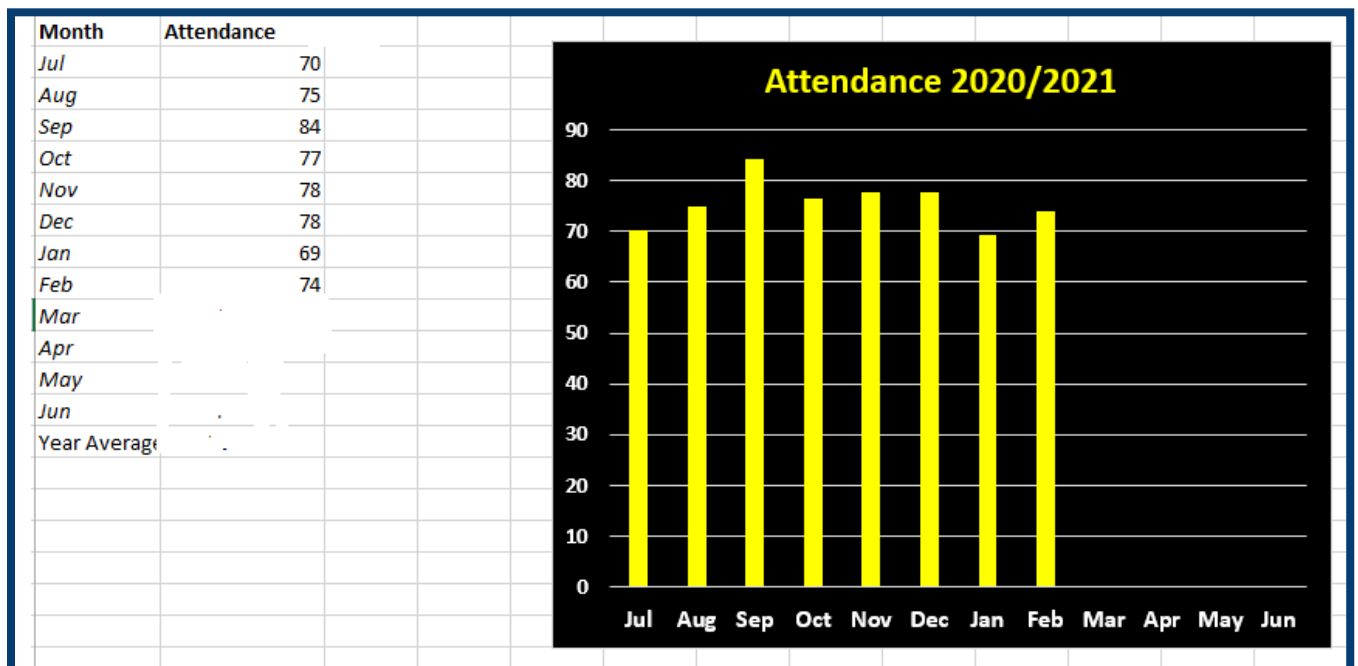
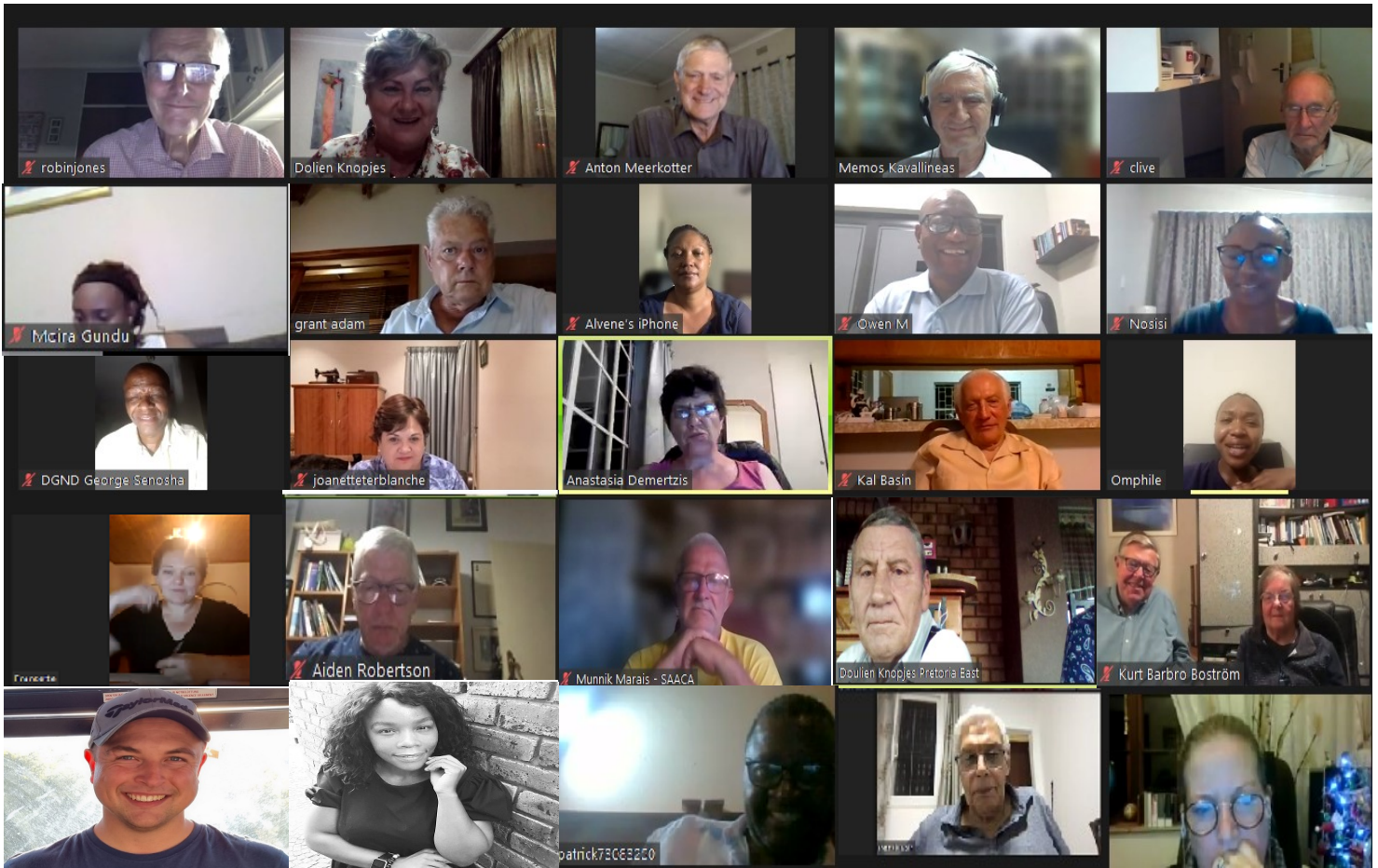
DG Stella, PDGS and DGES attended the Rotary International Presidential Conference in Maputo. Rotary International President Shekhar Mehta also attended this conference. A group of Rotarians dedicated to service above self.





# Caught by the camera

## Fellowship and interaction through zoom meetings



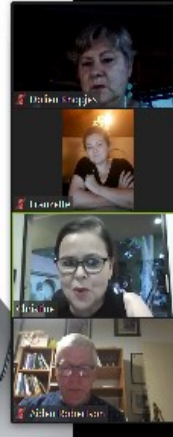
## \* Speakers of the month

On 7 February, Rtn Bert Knopjes spoke about his experiences as a Metallurgic Engineer who worked in the mining industry for many years



Building a nation and building  
a brand through symbolism . . .  
Show the necessary respect  
when you display the

- National flag
- Playing the anthem
- Displaying of other symbols
- And to have a strong company brand
- Protocol guidelines and directives



On 14 February, the speaker arranged by Rtn Joanette Terblache, was Christine van Heerden. She is a specialist responsible for International Protocol, Diplomacy & Business Etiquette Training.



On Monday 21 February, Rtn Owen Maroleni arranged for PDG Anton Meerkotter to speak to the members of the Rotary Club of Pretoria East and visitors from other clubs on the development of Rotary Health Days and the changes that was made due to Covid-19

On 7 March, Rtn Omphile Rashope arranged a speaker.

The speaker was Ms. Kea Rankhumise, a final year student at the South African College of Applied Psychology and Counselling who spoke on Stress management.



On Monday 14 March, Rtn Reinhardt Lourens arranged Mart-marie

Lourens as the speaker . She spoke about the role played by her and the lawyers in their company to assist disabled people or people who do not have the ability to represent themselves in court, to get a fair hearing.





# Fellowship events



Matt, Doulien and Grant at the table for the selling of flowers arranged as a fundraiser at Bronberg Retirement Village



Rose, Aiden and Alvene assisting at The Wilds Estate



Doulien, Munnik and Martiens at the SAACA Family PET expo supported by Rooi Rose and UP Faculty of Veterinary Science



Joanette, Grant, Doulien, Aiden, Bert and Anastasia assisting at the fundraiser at The Wilds Estate



Munnich, Omphile, Moira and various other Rotarians attended the Vocational Expo at the St Alban's College



Grant visited honorary Rotarian Allan Joss



## **Awesomeness at the Rotary Youth Leadership Awards Conference 4 -6 March 2022: Camp Extreme Life at Die Hoekie Hartbeespoort .**

**(Rtn Moira Gundu)**

Youth officers Moira Gundu and Omphile Rashope accompanied two (2) learners from St Augustine's Leap school, Ga-Rankuwa to the Rotary Youth Leadership Awards (RYLA) leadership conference hosted by Harties and Brits Rotary clubs at Camps Hoek in Harties.

Originating in 1959 in Australia, RYLA was created as a festival highlighting local youth organized in honor of a royal visit by Princess Victoria. Since then, RYLA has grown in leaps and bounds to be an intense and incredibly challenging leadership program, designed for young adults to help develop leadership skills and good citizenship. The conference is open to all young people, selected by their local Rotary clubs, who are invited to participate in leadership training meetings organized and run by Rotarians.

The 2022, District 9400 RYLA Conference was attended by twenty-two (22) girls and four boys (4) between Grade 10 and 12 who were drawn from schools in Johannesburg, Harties, Brits and Pretoria. The 3-day, 2-night confer-

ence was filled with group activities focused on listening and communicating, time management, team building, and public speaking. The students gained awareness of ways to manage their own lives, serve their communities and make their service footprint. The delegates had the opportunity to exchange ideas about current issues and discuss leadership and personal and networking with other young people from the district. I am sure some

friendships forged at this conference will last a lifetime. It was amazing to see how the four boys who were initially shy and felt outnumbered got into the arena to be counted. The students had fun and were well fed by the camp staff and Rotarians who treated them to boerie rolls on the last day. They said the highlight was food, the outdoor activities and their own fellowship.

While these events are incomparable and unique every year, it is worth noting that the champion of the conference was Zoe, a physically challenged young woman who did not let anything deter her. She was always the first to volunteer for the rigorous physical activities facilitated by camp manager Pieter. The mental activities that were also facilitated by Peter the camp manager, opened a window to the struggles faced by the youths and in some ways a voice of how they prefer to be heard. It was deep! The Rotarians however decried the small number of boys. We need to recruit more young men if we hope to get an antidote for toxic masculinity in our societies. We want to inspire and nurture youth who are accomplished, confident, educated, successful, and well adjusted

Attendance at RYLA is supported by fully paid scholarships provided by the generosity of Rotarians. Special mention goes to the huge

support from the District Governor Grant Smit, President Allan and his team who were present throughout the conference. This included but not limited to Tsungi Incoming president, Alice, Past Assistant Governor, and Youth Officer for Harties and Secretary for admin for the District, Coordinator of the interact club at Mountain Cambridge school as well as Incoming youth officer of the Brits-Hartbeespoort, Terri Gil, Rotarian Debbie Smit, Youth officer and project manager, Kyalami club. These Rotarians also sponsored lunch and served the delegates on the last day. Special mention goes to Rotary club of Pretoria East and the Incoming President, Patrick Kain who co-sponsored the two LEAP students, to St Albans College who sponsored transport and to the learners that gave up their weekend for a worthy cause that will stay with them for life.

The people said:

*What a remarkable group of youngsters. It's amazing to watch these students grow in leaps and bounds over a short weekend! I come every year to see them problem-solve and communicate. (RYLA District Chair, Cheryl, Havenga)*

The camp has been amazing and well planned. (President of the Rotary East Rand e-club and RYLA facilitator Geoff)


*It was a great and safe experience for the students and fulfilling to see the future unfolding and being a part of that. (Brits Hartbeespoort President Allan)*

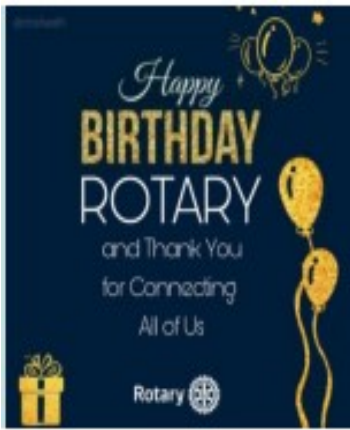
*We were very happy to have this camp of many that we will have in the future. (Assistant Governor Grant)*

Many thanks again to the hosting club, the sponsors, facilitators, the youth officers, the cleaning and cooking staff at Camp Hoek, to the young people from the various clubs and to the Rotary club for its vision for the youths. RYLA is awesome!



## CLUB CALENDAR FEBRUARY TO JUNE 2022, AND DUTY ROSTER

<div>  </div>				
ROTAY CLUB OF PRETORIA EAST. CALENDAR AND DUTY SHEET				
Date	Reception, Welcoming Officer, Thought for the Day, 4 Way Test	Sergeant	Object of Rotary	Speaker Responsibility/ My Talk/ Fellowship
<b>FEBRUARY</b>	<b>Peacebuilding and Conflict Prevention Month</b>			
5	Fellowship: Sell flowers at Morning market at Bronberg Retirement Village and have coffee together at the market			
7	Aiden	Joanette		Bert
11	Fellowship: Sell flowers at Evening market at The Wilds and have coffee together at the market			
12	Breakfast at Bronberg Retirement Village. Receive knitted and crocheted blankets and baby clothes			
14	Anastasia	Owen		Joanette
21	Grant	Alvene		Owen
28	Nosisi	Bert	Clive	Business meeting
<b>MARCH</b>	<b>Water, Sanitation, and Hygiene Month</b>			
4-5	Presidential conference in Maputo			
4-6	RYLA. Harties			
7	Patrick Kain	Doulien		Omphile
14	Robin	Lisa		Reinhardt
19	Fellowship: To be confirmed by Munnik and Doulien			
21	Public holiday: Human Right's Day			
28	Moirra	Omphile	Alvene	Business meeting
<b>APRIL</b>	<b>Maternal and Child Health Month</b>			
4	Joanette	Munnik		Alvene
11	Hala	Cheryl		Cheryl
15	Public holiday: Good Friday			
18	Public holiday. Family Day			
25	Alvene	Owen	Munnik	Business meeting
27	Public holiday. Fellowship. Bring and Braai at Grant's house			
<b>MAY</b>	<b>Youth Service Month</b>			
1	Public holiday. Worker's Day			
2	Public holiday. Fellowship. Potjiekos Competition			
9	Reinhardt	Aiden		Moirra
16	Omphile	Anastasia		Patrick Kain
23	Munnik	Grant		Robin
25 May to 2 June	Club visit to Rotary Club in Sweden			
30	Cheryl	Nosisi	Anastasia	Business meeting
<b>JUNE</b>	<b>Rotary fellowships Month</b>			
6	Robin	Patrick Kain		Nosisi
13	Patrick Mdluli	Hala		Anastasia
16-19	District Conference. Hybrid at Bela-Bela			
20	Owen	Patrick Mdluli		Clive
27	<b>Induction of new President at Restaurant</b>			
27	Bert	Aiden	Patrick Mdluli	Business meeting



## Sharing is caring

Having finalized the project to provide knitted and crocheted scarves and beanies to our Project at Winterveld, RCPE embarked on another project. to lighten up the lives of people less privileged than ourselves. More knitted and crocheted articles were distributed to two shelters in Hermanstad. We appreciate every act of kindness knitted into the articles, the money provided for the wool, the food that we were able to deliver and for the fellowship that we as Rotarians and friends could share.

Rotary's birthday was celebrated with a visit to two projects. The ladies of the Bronberg Retirement Village have been diligently knitting and crocheting blankets, baby clothes, scarves and beanies. Members of RCPE gathered and visited two shelters on Sunday 27 February. Buns were buttered by Karen and Amy Godrich and family. The buns and viennas were sponsored by the Projects Committee of RCPE.

On Sunday 27 February, members of the club visited two shelters in Hermanstad to hand out hotdogs and cool drinks to all the residents. The first visit was to a shelter for mothers and children. There are 80 people living there. Every child was given a knitted blanket, and a scarf or a beanie to protect them against the cold. Baby clothes and blankets were distributed to all the mothers with babies or pregnant ladies. Secondhand clothes and vegetables as well as tinned food for future use was also greatly appreciated.

The second visit was to a shelter for homeless people who share a house, live in wendy houses or old unused caravans. The hotdogs, knitted articles and cool drinks were appreciated by the residents. All the members who attended were made aware of the privilege we have to sleep in a warm and comfortable bed every night and to know that a warm meal will be available at home.

The next project will be scarves and beanies for the pupils of a primary school in the same area.

President Doulien Knopjes







Rtn Clive Perkins, Rtn Patrick Kain, Rtn Nosisi Dlambewu and the trust from the Mitchel sisters keep the Winterveld project and the feeding scheme up and running. Marks and a friend from Winterveld visited Clive to collect scarves and beanies and clothes. These were donated by Rotary, Bronberg Retirement Village and Clive.

**SAACA & ROTARY PRETORIA EAST INVITE YOU TO A GOLF DAY**

**SANDONIA GOLF CLUB**

**Rotary golf day**  
29 APRIL 2022

**SERVE TO CHANGE LIVES**

**SAACA** **Medwell SA**  
The Home Health Care Specialists

**CLUB:** Sandonia golf club  
**PRIZES:** Book a four ball and sponsor a green R 2500-00  
Book a Four ball R 2200-00 (Gifts to each player compliments MedWell SA)  
Sponsor a Green R 500-00  
All Includes 18 holes of golf and prizegiving dinner  
10h00  
**START:** 10h00  
**FORMAT:** 2 BBB IPS – best score to count  
**NOTE:** Longest drive no 5 | Closest to the pin no 9

**GOLF CARTS:** Available at R 300-00 book with MARTIN on 072 939 7218

**BOOK YOUR 4 BALL AND SPONSORSHIP HERE:**  
PCP to bark@saaca.org.za  
Bank Name: SAACA | FNB Acc# 62864 550655 | Branch# 252145 | Ref: GolfR2022  
CEO: Munnik Marais | Cell 083 268 8701 | Email: bark@saaca.org.za  
SAACA - THE SOUTHERN AFRICA ANIMAL CANCER ASSOCIATION (SAACA) NPC# 2020/04814/08  
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**Rotary Club of Pretoria East  
en Bronberg Aftreeoord**

**BRONBERG** **Rotary Club of Pretoria East D9400 South Africa**

**nooi u hartlik  
uit na 'n  
HANNON  
ROADSHOW**

Aangebied deur Hannon Bothma

**2 April '22  
10h00**

**R 80 p.p**  
(Kaartjie sluit lasagna in. Bring gerus eie drinkgoed.)

Bronberg Retirement Village,  
47 Midas Str,  
Olympus

**VIR BESPREKINGS:**  
**Doulien Knopjes cell: 079 499 8392**  
doulienvdm@gmail.com