

97th Rotary District 9213 Conference (97th DISCON)

DELEGATE HANDBOOK



THEME: Celebrating Service that Changes Lives

NAIVASHA, NAKURU COUNTY, REPUBLIC OF KENYA





Aerial View of
Enashipai Resort & Spa,
the Main Conference Venue

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Introduction

The 97th District Conference Change Makers team, with great pleasure and honour, graciously invites you to celebrate a Rotary year of Service that has changed lives in 2021-2022. We are stepping out with a bang for the first time ever in Uganda's Rotary History to hold a district conference outside our home district and geographical country.

This special District Conference (DISCON) shall be held between 21st - 24th April 2022, next door to a great tourism town, at the prestigious Enasphai Resort and Spa in Naivasha, Nakuru - Kenya.



Key Contact Information

DISCON Chair - Rtn. Phyllis K. Kwesiga

Tel: +256772439828

Email: kob_phyllis@yahoo.com

DISCON Vice Chair - Rtr. Simon Okwi

Tel: +256706923655

Email: gen.okwisimon@gmail.com

DISCON Secretariat: 97thdico@gmail.com

Rtn. Julie Kamuzze (Secretary) & Rtr. Janet Alice Nagawa (Vice-Secretary)

Tel: +256772586200

Tel: +256772280736

DISCON Accommodation: discon97_D9213accomodation@googlegroups.com

Rtn. Ronald Mulindwa (Chair) & Rtr. Patience Asiimwe (Vice-Chair)

Tel: +256773633942

Tel: +256701778442

DISCON Transport, Excursions, Safaris & Tours: discon97@lastaevents.com

Rtn. Peter Mwanja & Rtr. Gerald Katongole & Rtn. Farouk Busulwa

Tel: +256776212155

Tel: +256703888749

Tel: +256703888749

DISCON Medical Services: dennisokwir@yahoo.com / edokucm@gmail.com

Rtn. Dr. Dennis Okwiir (Chair) & Rtr. Dr. Edoku Max Conrad (Vice-Chair)

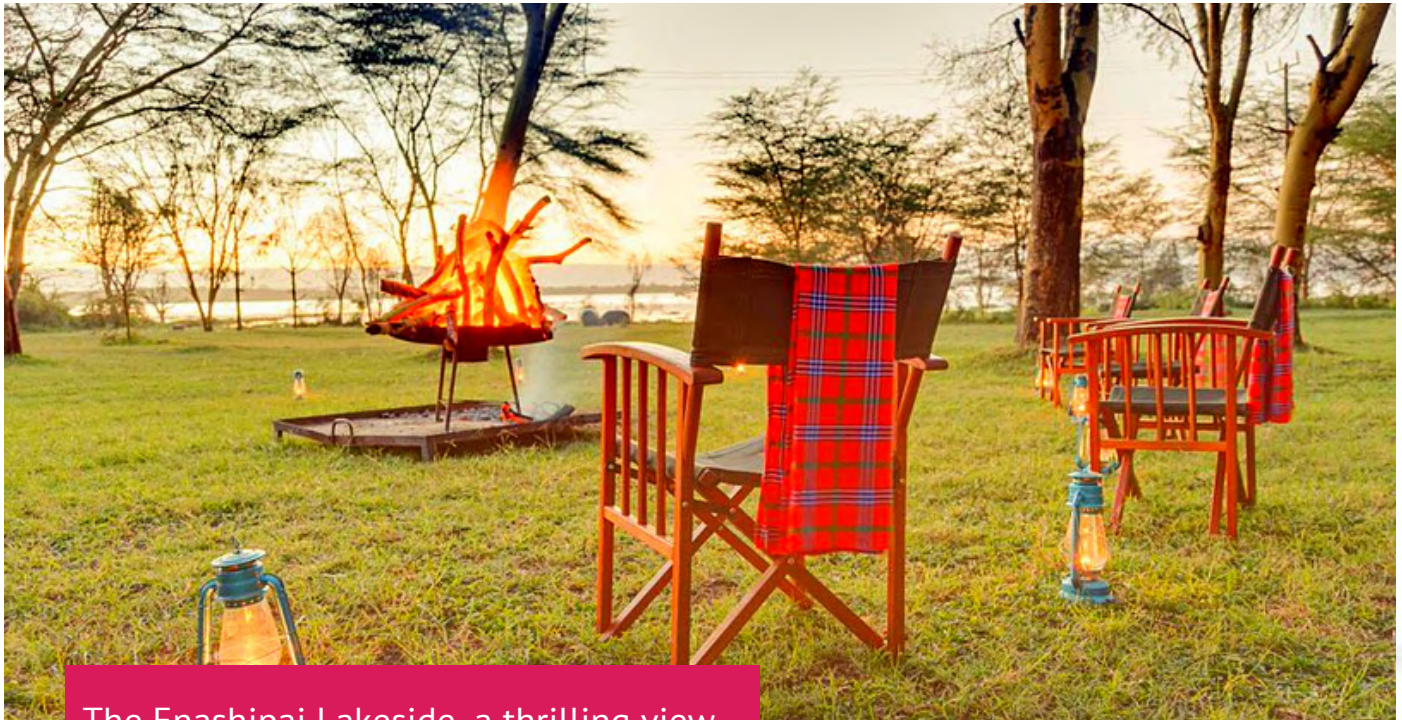
Tel: +256771874918

Tel: +256775501553

DISCON Fellowships: musasekamatte@gmail.com / aishaganda6@gmail.com

Rtn. Musa Ssekamate (+256704936089) & Rtr. Aisha Ganda (+256704525714)

About the DISCON Venue



The Enashipai Lakeside, a thrilling view.

Enashipai Resort and Spa is located in Nakuru County in the Great Rift Valley, offering asplendid view of Lake Nagivasha. Enashipai is a Maasai word meaning happiness. Our 97th DISCON participants are assured of plenty fun while here. The hotel has more than 80 luxurious rooms and cottages that are spread over the 50-acre property. The spacious and elegant executive rooms with chic African décor are well-equipped to guarantee a memorable stay. The facility has the capacity to host simultaneous activities for up to 2,000 people, with a fully equipped gym, swimming pool, and a spa that offers a wide range of unisex therapies and saloon services. The hotel's four restaurants cater to different tastes, backed by a lounge that serves great coffee and other beverages. For those with a taste for history, the hotel has a museum with original Maasai artefacts. The DISCON venue is more like a little city with something for everyone; from state-of-the-art recreation and spa facilities, sunny family areas, lush and extensive green gardens, top of the range conference facilities for the world-class speakers we shall host, various inhouse restaurants and a night club.

DISCON Programme Overview

DAY ONE: April 21, 2022



Road trips and Excursions (inclusive of agricultural tourism in Eldoret), closed off with a poolside cocktail hosted by all Northern Uganda Rotary clubs.

DAY TWO: April 22, 2022



Half day Motivational Sessions and Business Forums with potential partners in Kenya and East Africa at large. Tourism and Relaxation in the afternoon, crowned with a special celebration organised by District 9213 Rotaractors in the evening.

DAY THREE: April 23, 2022



Half day Motivational Sessions and sharing of Project Experiences. Tourism and Recreation in the afternoon, sealed off with an evening gala – DG's Banquet – hosted by the Rotary Club of Kampala North.

DAY FOUR: April 24, 2022

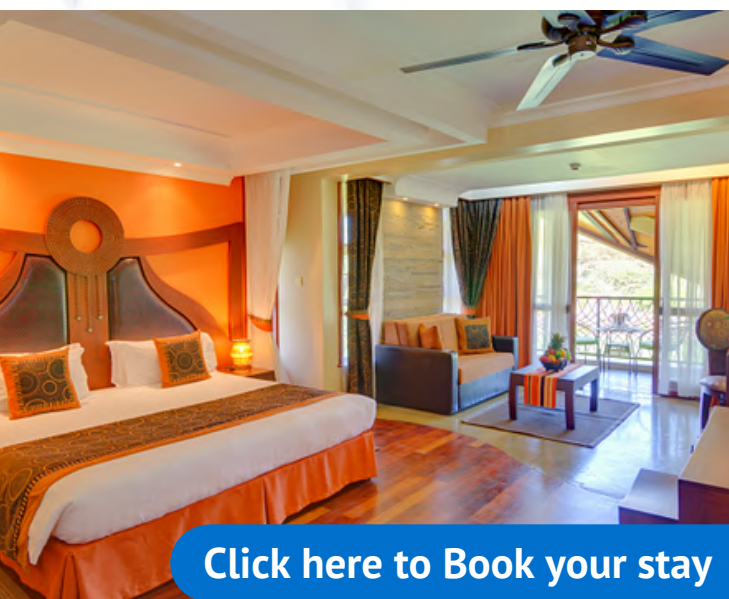


Road trips and Excursions (National Park, Lake Naivasha, Hell's Gate etc.)

Logistical Arrangements

Accommodation

- With the exception of the District Governor's Special Guests, all delegates shall meet their accommodation costs.
- Special discounted rates have been negotiated for delegates at the designated hotels. All delegates are advised to book their stay directly with any of the designated Hotels. Costs on any other booking platform are not a part of the negotiated arrangement.



[Click here to Book your stay](#)



[Book your Ride - click here](#)

Transport

- All delegates shall meet their transport costs. Travel arrangements with special discounted offers are available. Communal movement of delegates from Uganda to Naivasha shall be coordinated by the Transport Subcommittee. Regular Shuttle transport will also be provided to all delegates to and from ONLY the designated hotels to the main DISCON venues.
- Delegates who will need additional vehicles will hire them at their own cost with support from the DISCON Transport team.

Logistical Arrangements

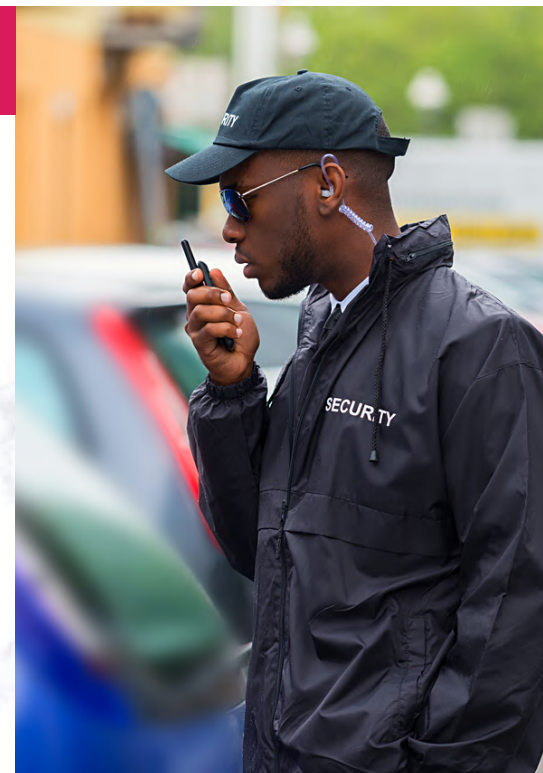
DISCON Meals

- All lunches and dinners (except the Welcome Cocktail and DG's banquet) shall be on self-catering basis. Conferences teas and bites shall be available to all delegates at specified times as per the programme. Working rates range from KES 250–1,000 (UGX 8,000–32,000) upwards based on your budget.



DISCON Security

- The Enashipai Resort and Spa in collaboration with local authorities will be responsible for the security of all delegates during their stay in Naivasha. Adequate security will be provided at the Conference venue, designated hotels and other areas where delegates shall visit during their stay in Naivasha. Any requests for special security arrangements should be channeled to the DISCON Secretariat in advance.



Registration for the DISCON



The Enashipai Entumo Conference Center

**Complete
Your Registration -
discon.jjengo.com**

An online system has been developed and is currently up and running. This system is the official registration point for all participants to the 97th DISCON.

Accreditation of Delegates:

All delegates will be issued with badges bearing their particulars which they have to wear at all times to gain access to the Conference venue. Badges will be issued/collected on arrival at the 97th DISCON Venue from the Registration Team.

- **Special Lapel Pins/Badges;** DGs, PDGs, DRRs, PDRRs, Special Guests
- **Official Badges;** DISCON Organising Committee
- **Security Badges;** Armed/Unarmed Security personnel
- **General ID Badges;** All other Delegates/Guests
- **Support Staff;** for all DISCON Service Providers



Linguistic Support & DISCON Help Desk

- The proceedings of the 97th DISCON shall be conducted in English. Should a delegate participating in the 97th DISCON require simultaneous interpreting into other languages, they should notify the DISCON Secretariat in advance.
- The DISCON Organising Committee shall maintain help desks at designated venues. The DISCON Sergeant-at-Arms will facilitate all delegates attending the conference and may be approached in case of any emergency.

Visas, Immigration & Entry to Kenya

- Delegates may use valid national passports to travel to Kenya. National Identification Cards are also recognized as travel documents by Kenya, Rwanda and Uganda and can be used when travelling between the three Partner States. Citizens of any one of the six EAC Partner States do not need a visa to travel to any of the countries within the EAC bloc. [See list of exempted countries](#)
- Certificates of Identity/Inter-state Passes, issued by local immigration authorities to citizens who cannot be readily issued with a passport in emergency situations, may be used to travel across the EAC in place of a passport.

Check Eligibility -
<https://evisa.go.ke/eligibility.html>

Apply for a VISA -
<https://evisa.go.ke/evisa.html>





Visas, Immigration & Entry to Kenya

- All International delegates who require VISAS to travel to Kenya (Naivasha) are encouraged to complete their application to the Kenya e-immigration portal by February 2022.
- The DISCON Secretariat shall provide invitation letters to all international delegates to aid their visa application process. The following documents must accompany your application **i.e.** Temporary Hotel Booking, Flight Itinerary/Ticket. Delegates who face challenges in completing their visa application on time should notify the DISCON Secretariat on 97thdico@gmail.com

Check Eligibility -
<https://evisa.go.ke/eligibility.html>

Apply for a VISA -
<https://evisa.go.ke/evisa.html>

Customs, Air and Road Connectivity

- All delegates are advised to land at Jomo Kenyatta International Airport (JKIA). The airport boasts of over 40 passenger airlines and 25 cargo airlines.
- A movement plan for ground transportation of delegates to the DISCON will be published by the Transport Subcommittee - www.lastaevents.com/discon97/
- All travelling exhibitors are urged to visit the Kenya Revenue Authority website kra.go.ke/en/ to establish whether or not their products require prior approval.



Air and Road Connectivity

Most major European and African airlines—including Uganda Airlines—fly into Jomo Kenyatta International Airport in Nairobi, which is Kenya’s main airport. Kenya Airways also flies nonstop from the U.S (New York). The fastest routes to Nairobi are usually two nonstop legs routed through London or another European city such as Amsterdam, Frankfurt or Paris. Other possible connections are available through the Middle East, Qatar and Dubai; and via Asia, Kenya Airways has flights between Nairobi and Bangkok, Hanoi, Hong Kong and Guangzhou in China.

Uganda Airlines	Kenya Airways	Oman Air
Turkish Airlines	KLM - Royal Dutch Airlines	Ethiopian Airlines
Fly Emirates	EgyptAir	Qatar Airways
Etihad Airways	Brussels Airlines	RwandAir
Air Burkina	Precision Air	African Express Airways
Air Canada	Air Austral	Singapore Airlines
Air France	Finnair	Saudi Arabian Airlines
Air India	Fly540	SriLankan Airlines
Asiana Airlines	Korean Air	Swiss
Air Arabia	Daallo Airlines	Aeroflot
China Southern Airlines	Delta Air Lines	United Airlines
Coastal Aviation	Lufthansa	LAN Airlines

Medical Information

Port Health:

The Kenyan authorities will ensure provision of Port Health Services. All delegates are requested to comply with international guidelines and policies. However, exception will be granted based on medical reasons and international practice. As is with all international travel, all delegates are highly encouraged to obtain medical travel insurance.

Yellow Fever and COVID-19 Vaccination:

All delegates travelling to Kenya shall be required to present a valid **yellow fever** and **COVID-19** vaccination certificates at the point of entry.

Designated Hospitals for emergencies:

The medical team will be present at all designated venues, however, these hospitals have been earmarked to handle emergency and any other cases:

- North Kinangop Catholic Hospital
- Leshwa Medical Centre
- Mt. Longonot Hospital
- Naivasha District Hospital



Provision of a 24/7 medical response

About Naivasha-Kenya

Location and Time:

Naivasha is a large town on the shore of Lake Naivasha and part of the Nakuru County, lying 92.8 km by road north west of Nairobi. It is located at 0° 43' 0" S, 36° 26' 0" E which is 2084m above sea level on the highlands of Kenya giving it a climate similar, albeit a bit colder, to Nairobi. **Time** is GMT + 3 Hours

Population and Language:

Over 190,000 people (2019 census). English and Swahili are the official languages of the Republic of Kenya.

Climate:

Kenya enjoys a tropical climate. The month of April in Naivasha experiences essentially constant cloud cover; it is generally expected to be rainy. Average temperatures during this month range from 79°F to 52°F (26°C to 12°C).





About Naivasha-Kenya

History and Government:

The history of Nakuru can perhaps be traced to the prehistoric period due to the archaeological discoveries located about 8 km from the Central Business District at the Hyrax Hill Reserve. Nakuru is Kenya's 4th largest urban centre with a population of 570,674. (The modern town, as with many others in Kenya, derives its name from the 'Massai' speaking people of Kenya.) Nakuru was established by the British as part of the White highlands during the colonial era and it has continued growing into a cosmopolitan city. It received township status in 1904 and became a municipality in 1952. The history of Kenya as a country is closely intertwined with that of Nakuru as a town and a district that is now a county. The first and second presidents of Kenya (Jomo Kenyatta, and Daniel Arap Moi) maintained their semi-official residences within the city.

About Naivasha-Kenya

The Government:

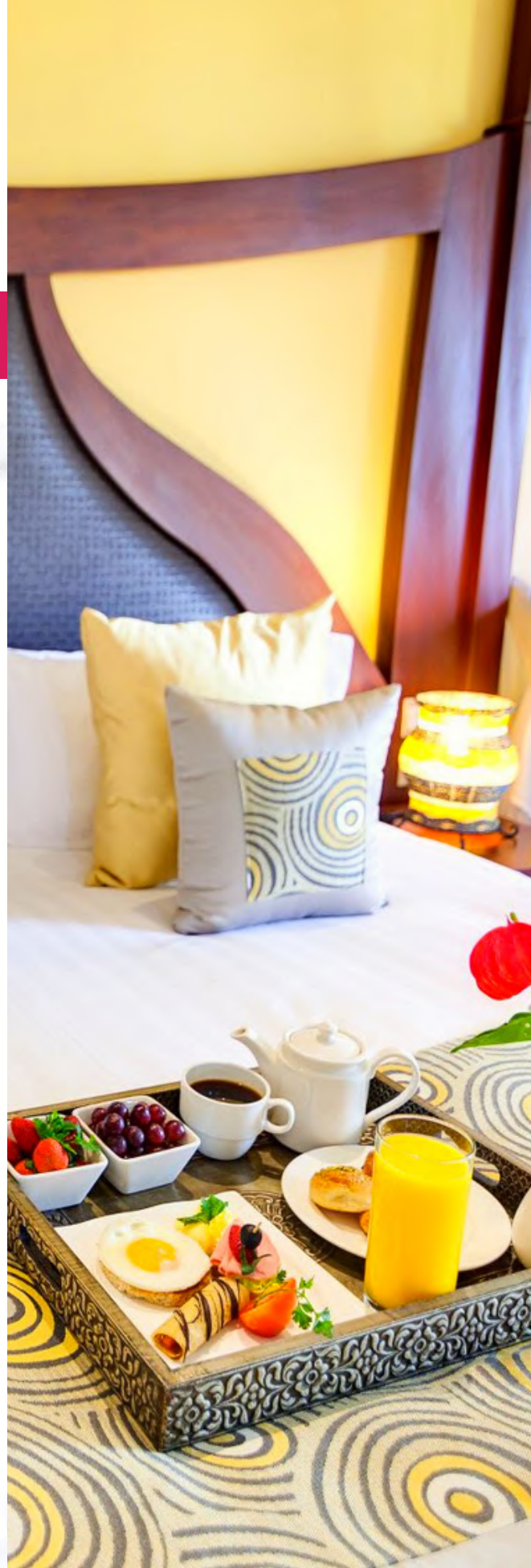
Naivasha is part of 16 administrative divisions of the Nakuru County currently led by H.E. Governor Lee Maiyani Kinyanjui.

Business and Shopping Hours:

Most businesses generally open from 08:00hrs to 17:00hrs. However, some shopping malls operate until late in the night. Delegates who wish to shop may seek advice from their hotels on the nearest shopping facilities.

Electricity Supply:

In Kenya, the standard voltage is 240V. However, electric appliances from countries whose standard voltage is between 220V-240V can be used. The power sockets are three-pin, square, type G.





About Naivasha-Kenya

Economy:

Agriculture, manufacturing and tourism are the backbones of Nakuru's economy. The area surrounding the city is known for its vast agricultural potential with numerous small farms and vast agricultural enterprises. The main crops grown around Nakuru and marketed in the city include coffee, wheat, barley, maize, beans and potatoes. These crops are stored in massive silos at the outskirts of the city and provide the primary raw material for the manufacturing industries in Nakuru and Nairobi. Dairy farming is a key economic activity and provides the inputs for various milk processing plants around the city.

The city also prides itself on being the home of Kenya's largest retail supermarket chains. Nakumatt, Naivas, Tusky's, and Gilanis supermarkets were all founded in Nakuru.

About Naivasha-Kenya

Banking Services:

Banking hours are from 09:00hrs to 16:00hrs on weekdays and from 09:00hrs to 12:00hrs on Saturdays. Most banks have Automated Teller Machines (ATMs) accepting various international debit and credit cards. Major banks include: Equity Bank, Stanbic Bank, National Bank of Kenya, Cooperative Bank of Kenya, Standard Chartered Bank, National Industrial Credit Bank, African Banking Corporation, Commercial Bank of Africa, Kenya Commercial Bank (KCB), Barclays Bank of Kenya.

Kenya Currency, Credit Cards:

The currency structure of Kenya consists of banknotes and coins and is denoted in Kenya Shilling (Kes/Ksh). Major credit and ATM cards are accepted in major hotels, restaurants & large stores/shops.



About Naivasha-Kenya

Exchange Rates:

Foreign Currencies can be exchanged at all banks and at a number of Bureau de Changes in the country. There is no fixed exchange rate. The Kenya currency is freely convertible into all major currencies including; USD, EURO, UK POUND and SWISS FRANCS.

ICT and Communications Services:

Mobile telephone services are quite efficient in Kenya. Some of the main mobile telephone service providers are: Safaricom, Airtel, Telkom and Equitel mobile. Mobile telephone service providers also provide gateway to internet using 3G and 4G. Mobile phone SIM cards are easily available at the cost of approximately USD1. Delegates should note that registration is required for activation. Fixed telephone services are also available at hotels & other facilities.



About Naivasha-Kenya

Transport and Mobility:

Reliable taxis are readily available within the town, including taxi hailing Apps like Uber and Taxify.

Cuisine and Dining:

African, Western and Oriental cuisine are all available in many Naivasha restaurants. When dining in Kenya, leaving a tip is voluntary but considered courteous. The same applies to tipping hotel porters.

Nature & Wildlife Areas - Places of interest:

Naivasha is also a popular tourist destination. Hell's Gate National Park (the main locations for The Lion King, including Pride Rock and the Gorge, are modelled after the park), Mount Longonot National Park and Mount Longonot are nearby attractions. Tourists also get to enjoy Lake Naivasha, observe birdlife and hippopotamus and other wild animals. For more information, contact the Safaris and Tours sub-committee.





DISCON Protocol Subcommittee

#97thDISCON

#ServeToChangeLives

@D9213DISCON

97thdico@gmail.com

korievanie@gmail.com

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